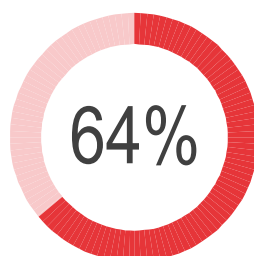




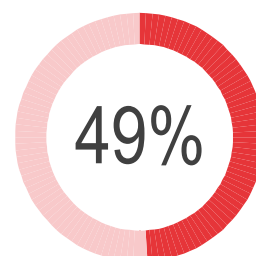


## LITCHARD PRIMARY 2015 Results Summary

**HOOKED ON SPORT**  
**WEDI GWIRIONNI AR**  
**CHWARAEON**



LITCHARD PRIMARY



WALES



78%

of pupils enjoy PE lessons **a lot**



70%

of pupils enjoy sport in after-school or lunchtime clubs **a lot**



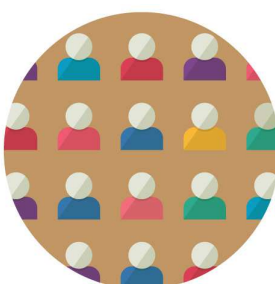
82%

of pupils feel confident trying new activities



27%

of pupils feel their ideas about PE and school sport are **always** listened to



82%

of pupils are **always** comfortable taking part in PE lessons and school sport



82%

of pupils think that PE lessons and sport help you to have a healthy lifestyle **a lot**

The Sport Wales School Sport Survey took place during the summer term of 2015. This report presents the results for LITCHARD PRIMARY, providing evidence on pupils' well-being in relation to physical education (PE), extracurricular sport and community activity, focusing on the four well-being outcomes indicated in Estyn's Inspection Framework for Schools in Wales:

- **Attitudes to keeping healthy and safe**
- **Participation and enjoyment in learning**
- **Community involvement and decision-making**
- **Social and life skills**

In 2015, a total of 116,000 pupils and over 1,000 schools in Wales took part in the School Sport Survey. 97 pupils from LITCHARD PRIMARY took part in the survey, giving them the chance to have their voices heard on sport, health and wellbeing.

Your report will provide you with evidence to see how many of your pupils take part frequently in sport and physical activity. You'll be able to **compare your results** with the results for primary schools across Wales and schools with a similar free school meal profile to your school.


The percentage of pupils who are '**hooked on sport**' and take part frequently in sport and physical activity (three or more times a week) is a key indicator across Wales. We will present information about activity levels in your school and in Wales. We'll outline which sports are the most popular with pupils - both in school time and in the community, and look at the other types of activities that are having an influence on their spare time.

We know that pupil voice is important - if pupils feel they are **listened to** and can help to shape delivery then they are more likely to **take part regularly** which contributes to them leading **healthy active lifestyles**.

Finally, feedback from your pupils will give you an idea of any **actions** you want to take based on the evidence that has been collected. The types of sports and activities pupils want to do more of are highlighted, along with their perceptions about sport – and the kinds of barriers and motivations which can have an influence on their participation levels.

**Thank you for taking part in the survey. We hope you will find the evidence in this report useful for inspection, planning, and as a tool to aid discussion about sport, activity and health and well-being with pupils and staff.**

Yours sincerely,



Sarah Powell  
CEO | Prif Weithredwr

## Section 1: Attitudes to keeping healthy and safe

Sports participation and regular physical activity have a positive impact on health and well-being. The prominence of health and wellbeing as one of the six Areas of Learning and Experience recommended in Professor Donaldson's review of the curriculum in Wales, along with the aspirations of the Well-being of Future Generations (Wales) Bill, highlight the need to ensure that the education process produces **healthy and confident** individuals. The importance of physical activity in achieving this goal is recognised.

### Key Findings for LITCHARD PRIMARY



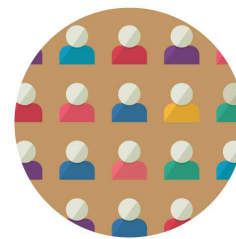
64%

of pupils are 'Hooked on Sport'



82%

of pupils think that PE lessons and sport help you to have a healthy lifestyle **a lot**



82%

of pupils are **always** comfortable taking part in PE lessons and school sport

### Hooked on sport



Since 2011, the School Sport Survey has captured a detailed picture of frequency of participation, allowing us to explore the number of occasions per week pupils take part in organised sport and physical activity outside of the curriculum\*. The Vision for Sport in Wales refers to this as being 'hooked on sport'. In LITCHARD PRIMARY, 64% of pupils are hooked on sport compared with 49% for Wales.

\* Pupils are counted as being 'hooked on sport' if they take part in school-based extracurricular sport, or sport with a club not at school on three or more occasions per week. This gives us a measure of their participation in structured activities.

Figure 1: Percentage of pupils hooked on sport

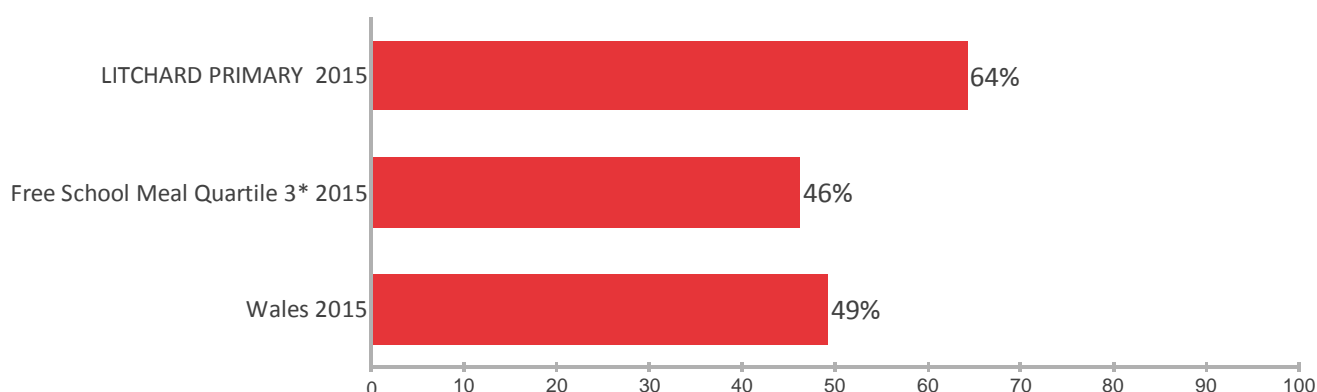
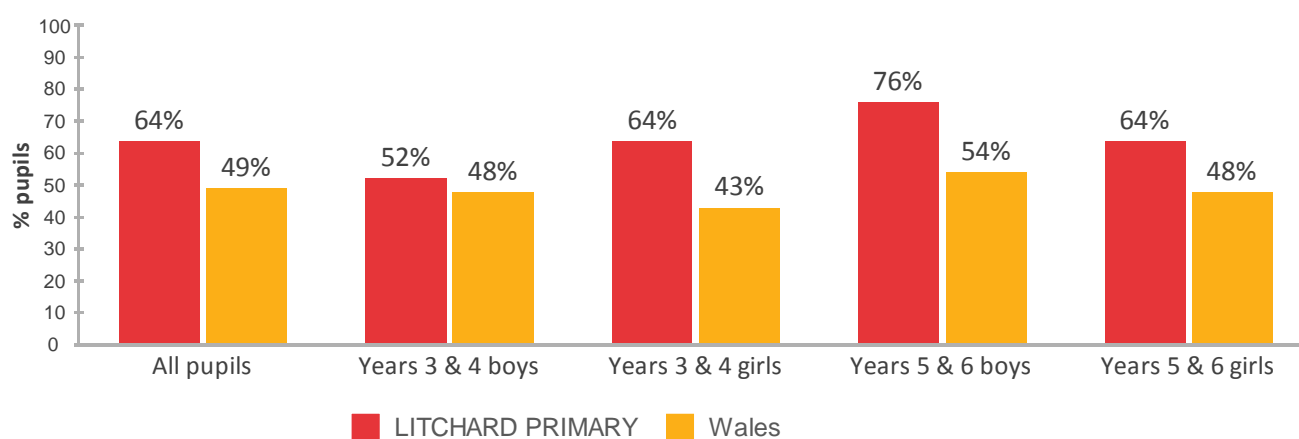


Figure 2: Percentage of pupils who are hooked on sport by key stage and gender



Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

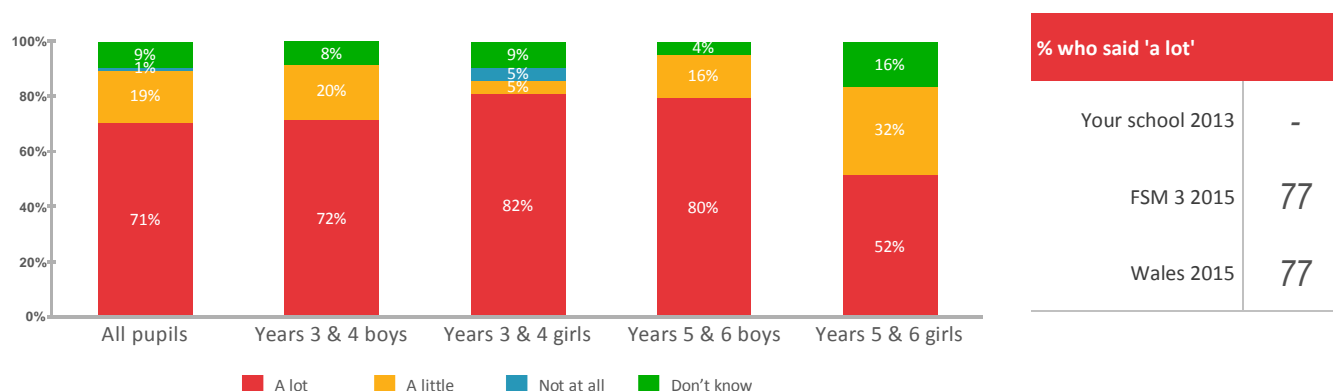
Across Wales, we see a general pattern of girls taking part less frequently than boys. We also see lower participation rates among older pupils. Understanding the needs of different pupils can help us to take action to address these gaps.

\* The percentage of pupils who are eligible for Free School Meals (FSM) is used as a proxy measure of socioeconomic status. Schools in Free School Quartile 1 (FSM 1) have low levels of pupils eligible for FSM – and are considered the least deprived. Schools in FSM 4 have high levels of pupils eligible for free meals and are most deprived. **Throughout this report, your school is compared with other schools across Wales who are in the same quartile as yours.**

## How much do you think PE lessons and sport help you to have a healthy lifestyle?

Pupils are asked how much they think PE lessons and sport helps them to have a healthy lifestyle. 82% of pupils said that PE lessons and school sport contributed **a lot** towards a healthy lifestyle.

Figure 3: How much do PE lessons and sport help you to have a healthy lifestyle?

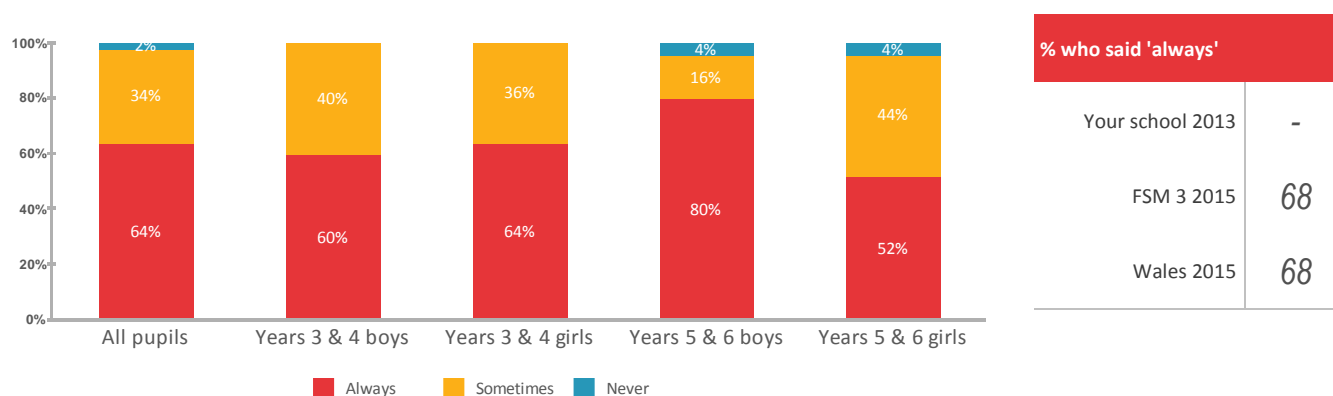


Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

## Do pupils feel comfortable taking part in PE lessons and school sport?

The 2015 and 2013 surveys show that there is an increased likelihood of pupils being hooked on sport and active if they **always** feel comfortable doing PE and school sport. The 2015 survey shows that 82% of pupils in LITCHARD PRIMARY say they **always** feel comfortable in PE lessons and school sport.

Figure 4: How often do you feel comfortable in PE lessons and school sport?



Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

## Informal recreation

Informal opportunities to take part in sport and physical activity have a part to play in contributing to pupils leading a healthy and active lifestyle. Pupils are asked about whether they take part in sport and physical activity other than in organised sessions delivered by schools and community providers. In LITCHARD PRIMARY, 100% of pupils (100% of girls and 100% of boys) took part in informal activity – at home, with friends in a park, or visiting a leisure centre for example.

## Active travel

Active travel options also play their part in contributing to healthy and active lifestyles. 67% of pupils at LITCHARD PRIMARY either walked, cycled or scooted to school, as shown in Figure 5 below. Others travelled by car or bus:

Figure 5: How do pupils travel to school?

Break % Respondents	Your School	Wales
<b>Walk</b>	33%	38%
<b>By car</b>	30%	49%
<b>By taxi</b>	-	1%
<b>By bus</b>	-	5%
<b>Cycle</b>	15%	3%
<b>Scooter or skate</b>	20%	3%
<b>Other</b>	2%	1%

Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

Pupils who are comfortable taking part and enjoy being active are more likely to be frequent participants and as a result, more likely to enjoy the health and wellbeing benefits of physical activity.

The **participation and enjoyment in learning** section provides further information.

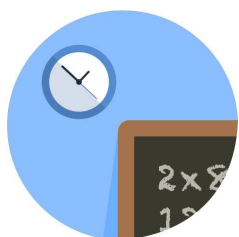


## Section 2: Participation and enjoyment in learning

We need to equip young people with the skills and capabilities to become physically competent, within environments where they enjoy these experiences, providing the opportunities for them to gain the confidence and motivation to increase their levels of participation.

This section covers school provision, school-organised extracurricular participation in sport and discusses pupils' enjoyment of PE and school sports clubs.

### Key Findings for LITCHARD PRIMARY



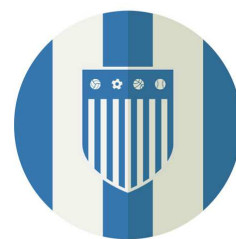
120

minutes of curricular PE provided  
per week



78%

of pupils enjoy PE lessons **a lot**



70%

of pupils enjoy sport in after-  
school or lunchtime clubs **a lot**

The Welsh Government set out in Climbing Higher\* a target for all primary and secondary schools to provide a minimum of 2 hours of curricular based sport and physical activity per week. On average, LITCHARD PRIMARY offer 120 minutes per week to pupils in Years 3 and 4, and 120 minutes per week to pupils in Years 5 and 6. This compares with a national average of 96.7 minutes in Years 3 and 4, and 97.8 minutes in Years 5 and 6.

**Overall, LITCHARD PRIMARY provides 120 minutes of curricular PE per week compared with 97.3 in primary schools across Wales.**

Providing a variety of activities can help engage with all pupils, and give them the opportunities to develop a range of different skills and competencies. LITCHARD PRIMARY provides 17 different curricular based activities compared with an average of 15 for Wales.

**LITCHARD PRIMARY provides 12 different extracurricular activities compared with an average of 11 for Wales.**

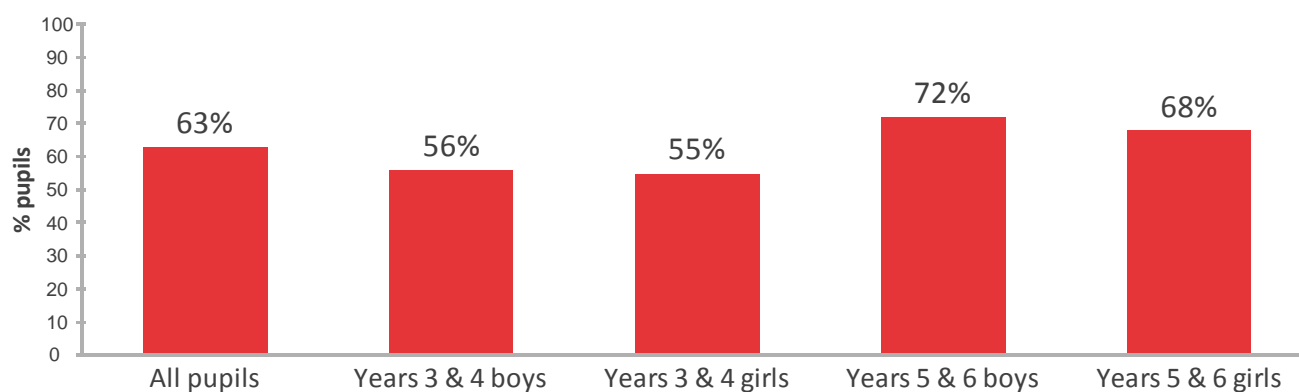
\* <http://gov.wales/topics/cultureandsport/sportandactiver recreation/climbing/?lang=en>  
<http://gov.wales/topics/cultureandsport/sportandactiver recreation/climbing/?skip=1&lang=cy>

### Taking part in extracurricular activity

63% of LITCHARD PRIMARY pupils participated frequently (participating at least once a week on average in extracurricular sport in the 2014/15 school year), compared with a national participation rate of 56%.

Figure 6 shows the breakdown of extracurricular participation.











Figure 6: Participation in any extracurricular sport (%) by Key Stage and gender



Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

The extracurricular sports that pupils are **most likely** to take part in are shown below. A full list is shown in the Appendices.

Figure 7: Popular extracurricular activities in LITCHARD PRIMARY

Boys	%	Girls	%
	62%		51%
Football		Running or jogging	
	62%		45%
Rugby		Swimming	
	46%		43%
Swimming		Netball	
	38%		40%
Cricket		Dance	
	36%		32%
Athletics		Cycling	

Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

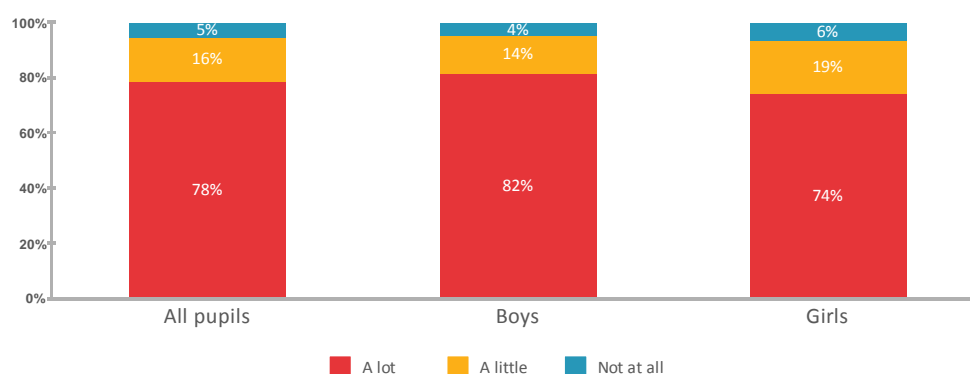
## Enjoyment

In 2013, the School Sport Survey demonstrated that pupils were almost twice as likely to be hooked on sport and regularly active if they enjoyed school sport **a lot**. In 2015, we are able to track this progress.

Pupils are asked whether they enjoy their PE lessons and whether they enjoy taking part in sport in after-school or lunchtime clubs (our measure of extracurricular sport).

In LITCHARD PRIMARY, 95% of pupils enjoy PE (78% say they enjoy it **a lot**), and 96% enjoy extracurricular sport (70% say they enjoy it **a lot**).

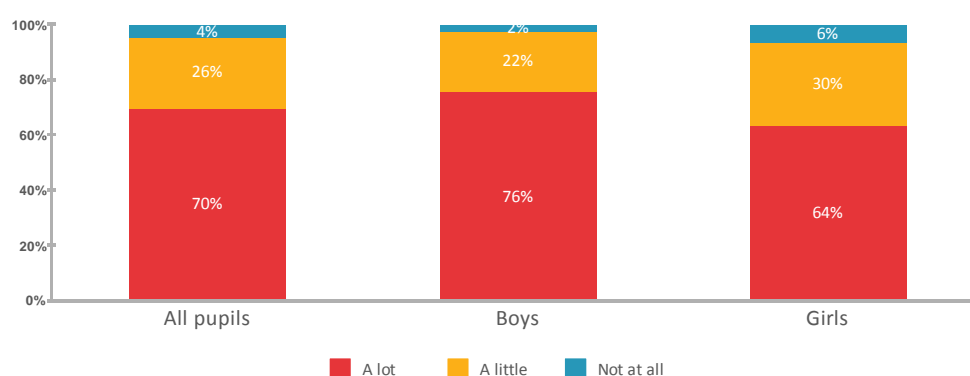
Figure 8: Enjoyment of PE, by gender



% who said 'a lot'	
Your school 2013	-
FSM 3 2015	79
Wales 2015	78

Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

Figure 9: Enjoyment of extracurricular sport, by gender



% who said 'a lot'	
Your school 2013	-
FSM 3 2015	69
Wales 2015	69

Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

Enjoyment and good experiences of sport in school can lead to participation outside of school and help build a habit of a healthy and active lifestyle.

## Section 3: Community involvement and decision-making

Evidence from the School Sport Survey can help us evaluate the extent to which pupils are involved in the community and feel they are participating in decision-making processes. We can look at pupils' involvement in community club sport and whether pupils of different ages and gender enjoy sport outside of school and are making use of community settings to do sport or exercise.

### Key Findings for LITCHARD PRIMARY



72%

of pupils participate in sport at least once a week in a community club



27%

of pupils feel their ideas about PE and school sport are **always** listened to

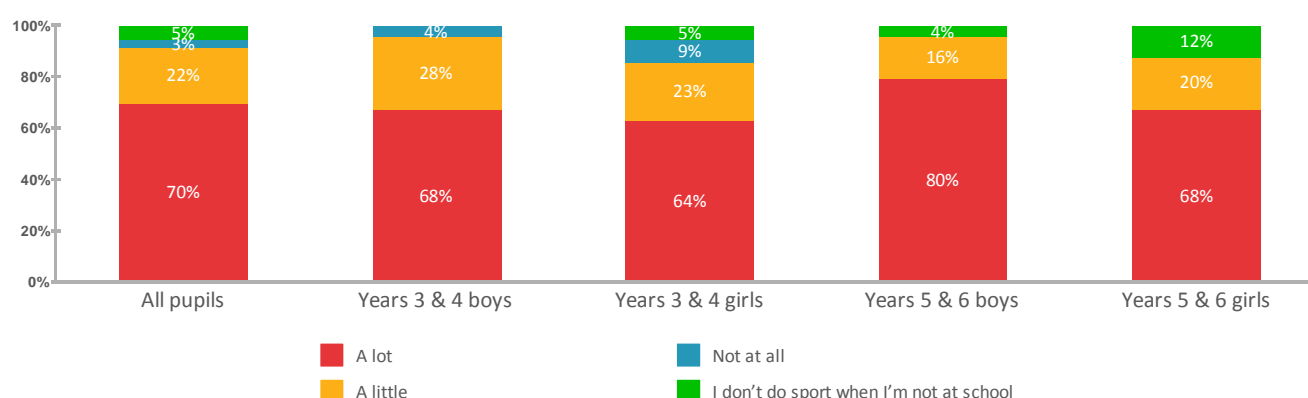


86%

of pupils enjoy sport **a lot** when they are not at school

86% of Pupils in LITCHARD PRIMARY told us that they enjoy doing sport **a lot** when they are not at school.









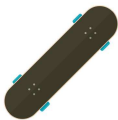

Figure 10: Enjoyment of sport outside of school, by gender



Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

Popular community club activities that pupils in LITCHARD PRIMARY take part in are shown in the table below:

Figure 11: Popular community club activities

Boys	%	Girls	%
	60%		40%
Football		Dance	
	50%		38%
Swimming		Gymnastics	
	34%		38%
Rugby		Swimming	
	26%		34%
Cycling		Running or jogging	
	24%		26%
Street sports		Trampolining	

Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

A full breakdown of activities is shown in Appendix B.

The measures above show the percentages of pupils who take part in club activities. In addition, 82% of pupils say they are a **member** of a sports club (80% of boys and 83% of girls).

## Use of leisure centres and other community settings for sport or exercise

Figure 12 shows the percentage of pupils in LITCHARD PRIMARY who say that they have used the following places to do sport or exercise.

Figure 12: Use of community settings for sport or exercise

Break % Respondents	All pupils	Years 3 & 4 boys	Years 3 & 4 girls	Years 5 & 6 boys	Years 5 & 6 girls
<b>Park</b>	74%	80%	73%	76%	68%
<b>Swimming pool</b>	73%	60%	82%	80%	72%
<b>Playing field - at school</b>	68%	84%	77%	72%	40%
<b>Streets near my home or school</b>	57%	52%	73%	64%	40%
<b>Playing field - not at school</b>	55%	48%	55%	72%	44%
<b>Beach/Sea</b>	48%	44%	59%	56%	36%
<b>Playground - not at school</b>	43%	44%	45%	60%	24%
<b>Outdoor activities centres</b>	34%	24%	41%	32%	40%
<b>Skatepark</b>	26%	32%	27%	28%	16%
<b>Leisure centre</b>	26%	16%	27%	36%	24%
<b>A gym or fitness centre</b>	26%	16%	36%	28%	24%
<b>Community Centre</b>	21%	12%	9%	28%	32%
<b>Tenpin bowling alley</b>	15%	16%	14%	24%	8%
<b>Ice rink</b>	10%	12%	23%	4%	4%
<b>None of these</b>	1%	4%	-	-	-

Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

Of those pupils who visited a leisure centre, 23% of pupils in LITCHARD PRIMARY (22% of males and 23% of females) went once a week or more often. This compares with 31% of primary pupils across Wales (30% of males and 33% of females).

## Pupil Voice and Decision Making

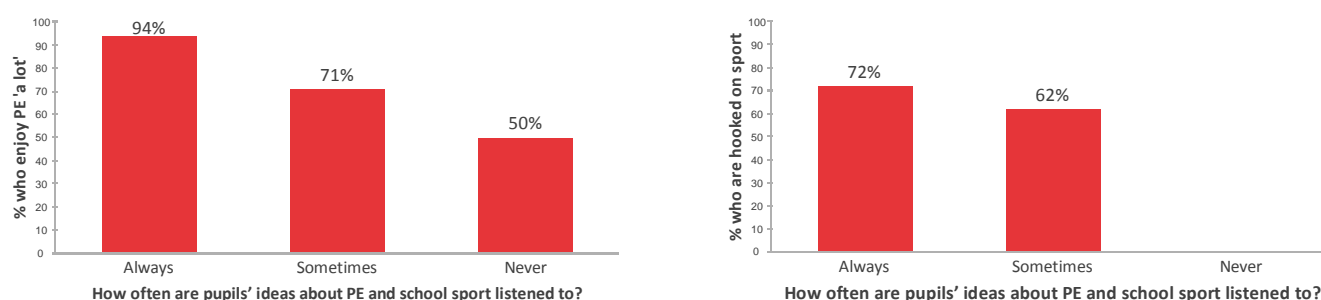
Listening to pupils and shaping provision to meet their different needs can help to increase their enjoyment, confidence and ensure they feel comfortable taking part in sport and physical activity.

Across Wales, pupils who **always** feel listened to are more likely to be **hooked on sport** and enjoy PE and sport at school.

**In LITCHARD PRIMARY , 27% of pupils (40% of boys and 17% of girls) said their ideas were listened to 'always'.**  
In Wales, 42% of pupils (43% of boys and 41% of girls) said their ideas were listened to **always**.

The figure below shows us how listening to pupils can have an impact on the extent to which they a) enjoy PE and b) are hooked on sport.

Figure 13: How often are pupils ideas listened to, broken by enjoyment of PE and 'hooked on sport'



Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

School councils and school sports councils can provide an opportunity for pupils to be involved in decision making processes. LITCHARD PRIMARY has a school council.

LITCHARD PRIMARY open up their sports facilities to community use. Facilities are opened on the basis of service level agreements with community clubs and informal agreements with community clubs and other organisations.

LITCHARD PRIMARY have fostered links with community clubs in the following sports:

- Cricket
- Netball

Sport Wales encourages schools to make links with the community as a means of providing exit routes for pupils to take part when they are not at school and to provide opportunities for pupils to further develop skills and get involved in community sport and competition.



## Section 4: Social and life skills

In this section, we examine the extent to which LITCHARD PRIMARY pupils are:

- confident participants
- whether they have represented their school in competitive sport
- whether they take part in sport with their friends and family, and
- whether they prioritise sport and being active, or choose other activities in their leisure time.

### Key Findings for LITCHARD PRIMARY



# 82%

of pupils feel confident trying new activities



# 91%

of pupils have represented their school in a sports match or competition



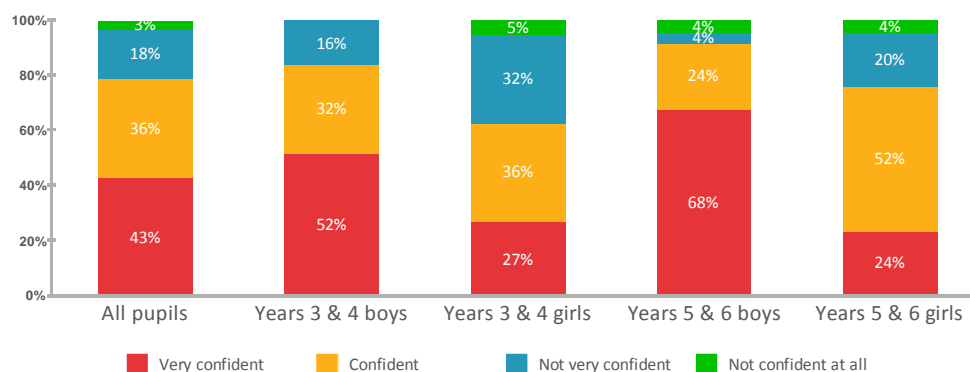
# 36%

of pupils selected 'play sport' as one of their top 3 priorities in leisure time

### Confidence to try new activities

Overall, 82% of pupils at LITCHARD PRIMARY are **very confident or confident** to try new activities. By gender, 90% of boys are **very confident or confident**, compared with 75% of girls.

Figure 14: How confident are pupils in trying new activities?



% who said 'very confident or 'confident'

Your school 2013

-

FSM 3 2015

86

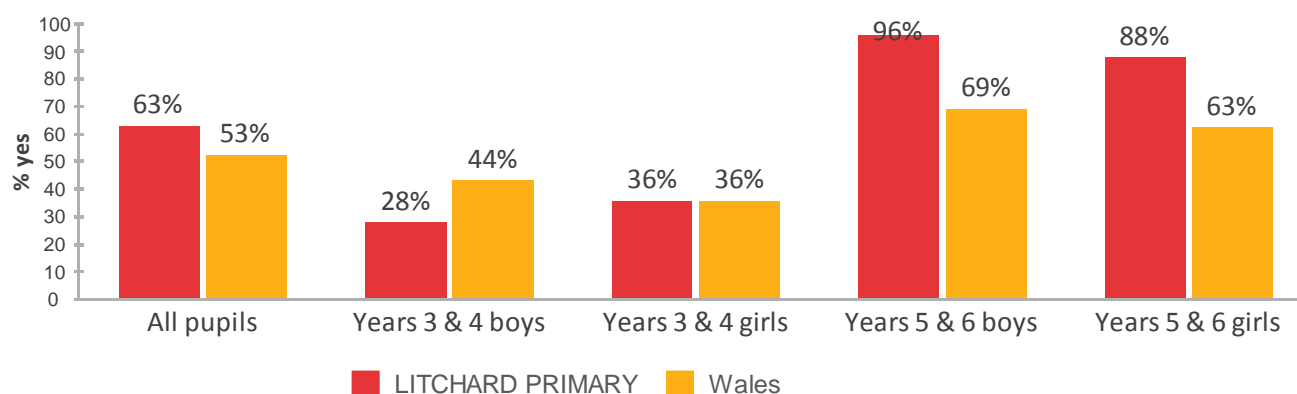
Wales 2015

86

Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

If pupils have developed skills and confidence then they are able to enjoy sport as a recreational or competitive opportunity. A proxy measure of a pupil's ability level is whether they have represented their school in a sports match or competition against another school. This can help to demonstrate levels of sporting success at the school. It gives a measure of the proportion of pupils who have had access to competitive sport and a chance to further develop their skills and ability levels.

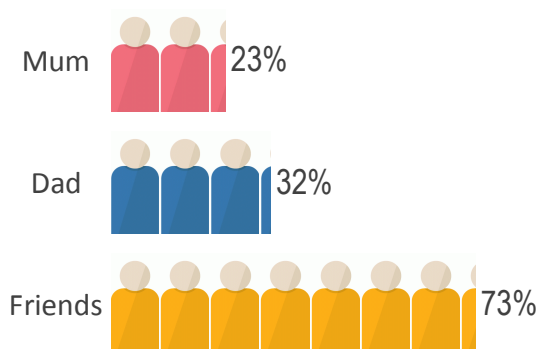
Figure 15: Have you represented your school in a sports match or competition against another school?



Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

## Family and peer involvement

Figure 16: Who do pupils in LITCHARD PRIMARY take part in sport with?



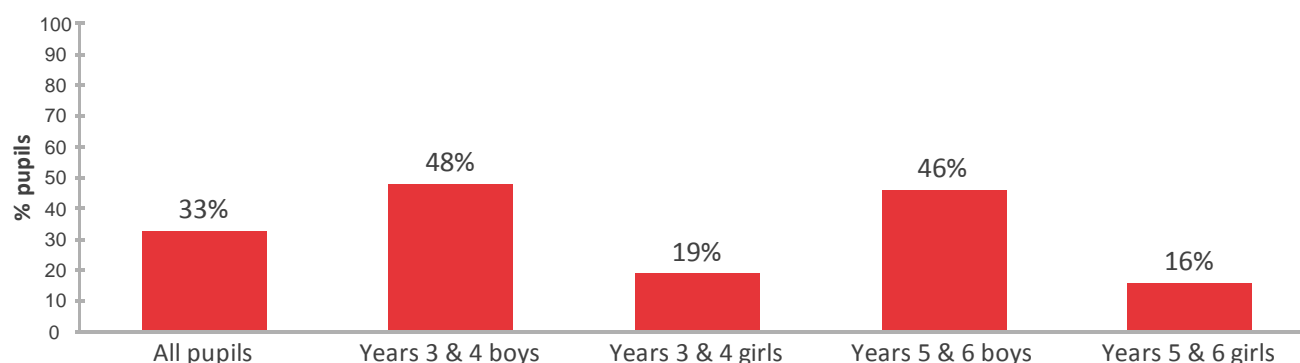
There is an increased chance of a pupil being 'hooked on sport' if their parents or friends are also involved in sport. A positive influence from friends and family can help create an environment where an active lifestyle is the norm, and many pupils say that having their friends with them would encourage them to do more sport. Across Wales, pupils are most likely to take part with their friends (68%), followed by their brother or sister (44%) their dad (33%) and their mum (23%).

Figure 16 shows who pupils take part with most often.

## Sport and activity as part of leisure time – How high a priority is participation in sport for young people?

Pupils are asked about how they spend their leisure time and using this data we can see where sport fits or doesn't fit in relation to other activities they prefer to do or need to do. Figure 17 shows the percentage who choose to prioritise participation in sport and figure 18 shows how this fits in the top ten activities for pupils by key stage and gender.

Figure 17: Leisure-time priorities: the percentage of LITCHARD PRIMARY pupils who choose to prioritise participation in sport



Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

60% of boys and 17% of girls at LITCHARD PRIMARY selected 'play sport' as one of their top 3 priorities in leisure time.

Figure 18: The top ten prioritised leisure-time activities, by gender and key stage

BOYS	Years 3 & 4	Years 5 & 6	GIRLS	Years 3 & 4	Years 5 & 6
<i>Play computer games / Wii / PlayStation / Xbox</i>	52%	50%	<i>Dancing</i>	29%	24%
<i>Play sport</i>	48%	46%	<i>Play in the garden</i>	33%	16%
<i>Spend time with family</i>	12%	29%	<i>Swimming</i>	43%	8%
<i>Relax</i>	20%	17%	<i>Go to the park</i>	14%	24%
<i>Swimming</i>	24%	8%	<i>Play sport</i>	19%	16%
<i>Go out with friends</i>	16%	17%	<i>Read</i>	14%	16%
<i>Go on the computer / use the Internet</i>	12%	13%	<i>Watch TV</i>	14%	16%
<i>Go for walks</i>	12%	8%	<i>Homework</i>	24%	8%
<i>Play in the garden</i>	12%	8%	<i>Go for bike rides</i>	10%	16%
<i>Go for bike rides</i>	8%	13%	<i>Listen to music</i>	5%	20%

Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

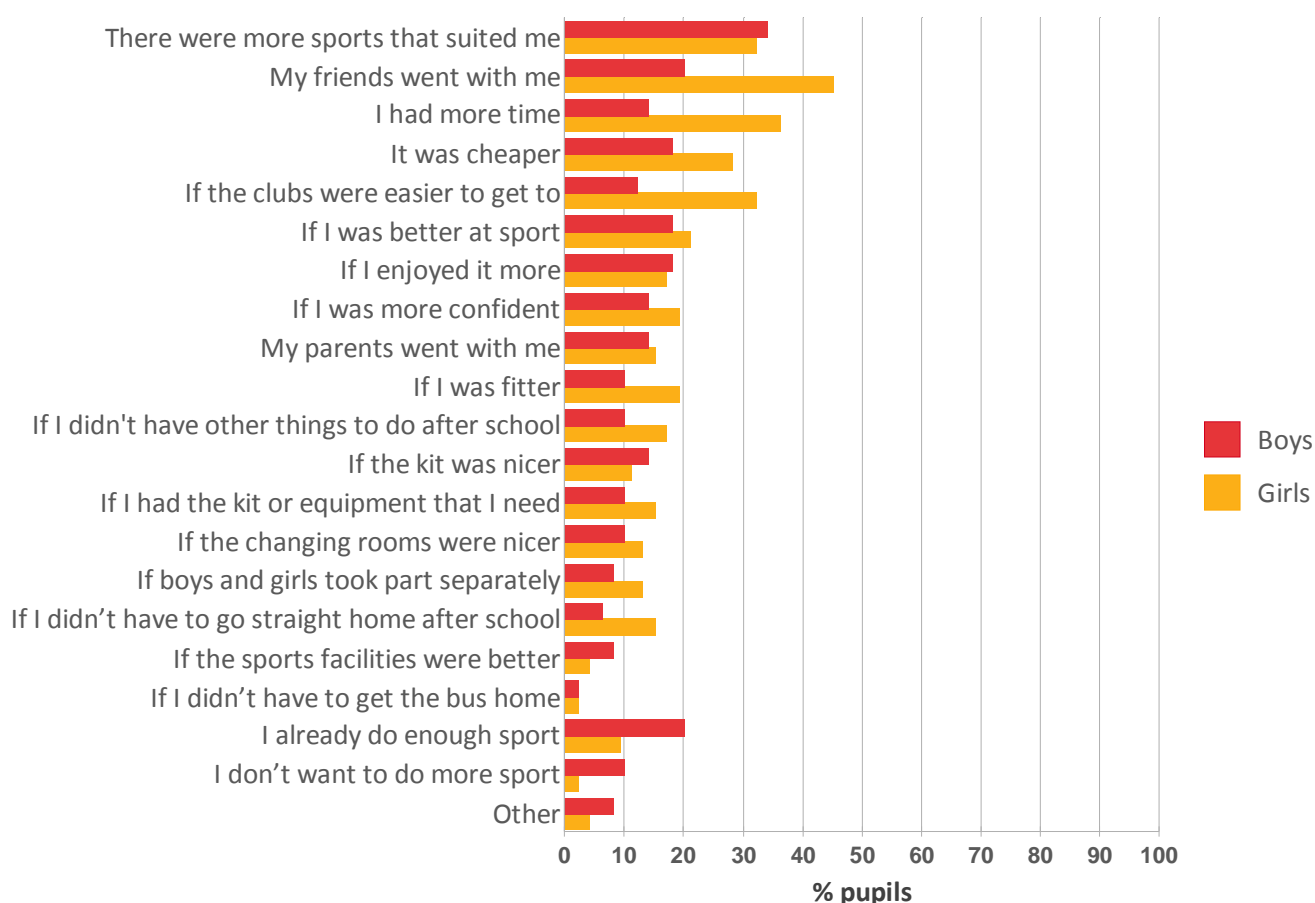
Pupils who feel that their ideas about sport and PE are listened to are more likely to be active and more likely to enjoy PE and sport at school. The 2015 survey demonstrates the extent to which pupils feel they have had an opportunity to be involved in the decision-making process and feel they are valued and listened to when it comes to their ideas on PE and school sport. Their enjoyment of sport in school can have a lasting impact on their involvement in community sport and the likelihood of them developing the skills to stay active throughout their lives.

## Section 5: Action planning

This final section presents feedback from pupils that will inform the development of any **actions** you want to take based on the evidence that has been collected. This includes highlighting which types of activities pupils have shown an interest in doing more of, plus some of their perceptions about sport and being healthy and active.

Given that we know there are inequalities in participation across Wales and the UK, with certain groups not taking part and accessing opportunities, we ask pupils what would encourage them to do more sport.

Figure 19: What would encourage LITCHARD PRIMARY pupils to do more sport?









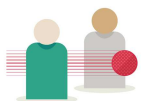



Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

Different pupils experience different barriers and motivations for taking part. These findings from your school can be used to start discussions among pupils and staff. Barriers and motivations for doing sport and being active could be debated in lessons, or with young ambassadors/young leaders, and shared with the school council or school sports council if one is in place. Giving pupils the chance to expand on the feedback they gave via the survey and find solutions to the issues they raised is likely to help increase levels of sports participation, enjoyment and well-being.

## What types of sport and physical activity do pupils want to do?

We asked pupils about the types of activities they would prefer to do more of. Figure 20 below shows the results for LITCHARD PRIMARY .

Figure 20: Latent demand – which sports do pupils from LITCHARD PRIMARY want to do more of?

Boys	%	Girls	%
	58%		57%
Swimming		Swimming	
	54%		51%
Football		Cycling	
	54%		49%
Rugby		Horse riding	
	52%		47%
Dodgeball		Dance	
	52%		47%
Running or jogging		Gymnastics	

Base: All pupils of LITCHARD PRIMARY in school years 3 - 6 (n=97)

A full breakdown of activities is shown in Appendix C.

## Conclusion

Compared with the results for Wales, evidence from the School Sport Survey shows that LITCHARD PRIMARY has:

*1: Attitudes to keeping healthy and safe*

- a higher than average number of pupils who are **hooked on sport** and take part in sport and physical activity three or more times a week outside of lesson time.

*2: Participation and enjoyment in learning*

- a similar to average number of pupils who **enjoy PE** 'a lot'.
- a similar to average number of pupils who **enjoy sport in after-school and lunchtime clubs** 'a lot'.

*3: Community involvement and decision making*

- a lower than average number of pupils who feel that **pupils' ideas about PE and sport are 'always' listened to**.

*4: Social and Life skills*

- a lower than average number of pupils who feel **confident trying new activities**.

There are many reasons why pupils may not currently be hooked on sport, and factors such as age, gender and socioeconomic circumstances can play their part.

We know from the evidence of the last School Sport Survey that to become hooked on sport a child must have the right physical skills to take part in sport (the ability), along with the confidence and motivation to want to take part and try new activities (created by enjoyable experiences). They will also benefit from having lots of opportunities to take part in many different sports and activities and to practice their skills (developing ability, confidence and enjoyment).

Sport Wales encourages schools to make use of their report as a source of robust evidence for making continuous improvements in PE and sport, helping children to become physically literate and improving levels of wellbeing.

Sport Wales is developing a toolkit of resources that schools and partners can use to help with this process.

For examples of schools that have used School Sport Survey findings to improve PE and sport and develop healthy, confident and active pupils, please go to our website:

**[www.schoolsportsurvey.org.uk](http://www.schoolsportsurvey.org.uk)**

To find out more about physical literacy and the resources that are available please go to:

**<http://physicalliteracy.sportwales.org.uk/cy/>**

**<http://physicalliteracy.sportwales.org.uk/en/>**

**Appendix A - My Local School Information** provides further details on key indicators from the survey, so you can see how your school compares with Wales and other schools that are in the same Free School Meal Quartile as yours.

## Appendix A: My Local School Information

This information was collected by LITCHARD PRIMARY through Sport Wales' *School Sport Survey 2015*. Key indicators from the School Sport Survey are presented on Welsh Government's My Local School website:

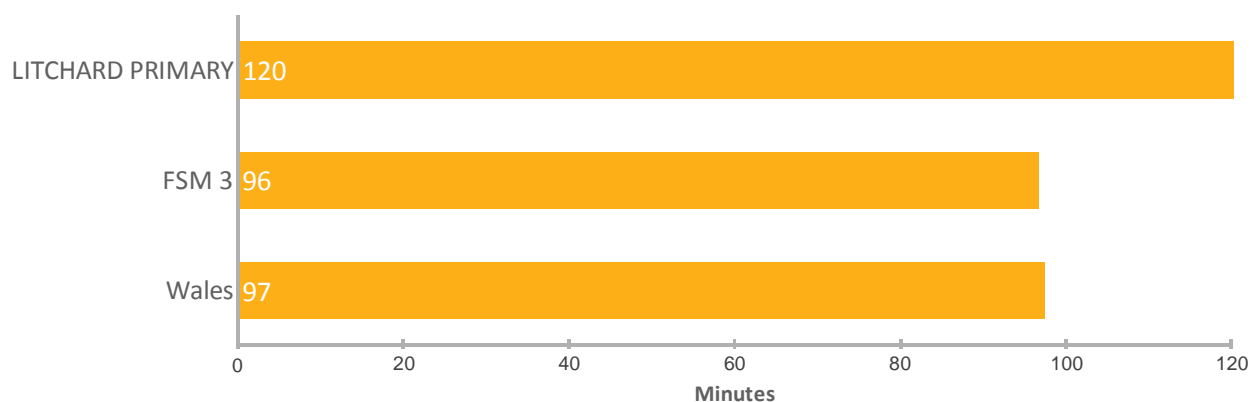
<http://mylocalschool.wales.gov.uk/>

<http://mylocalschool.wales.gov.uk/index.html?iaith=cym>

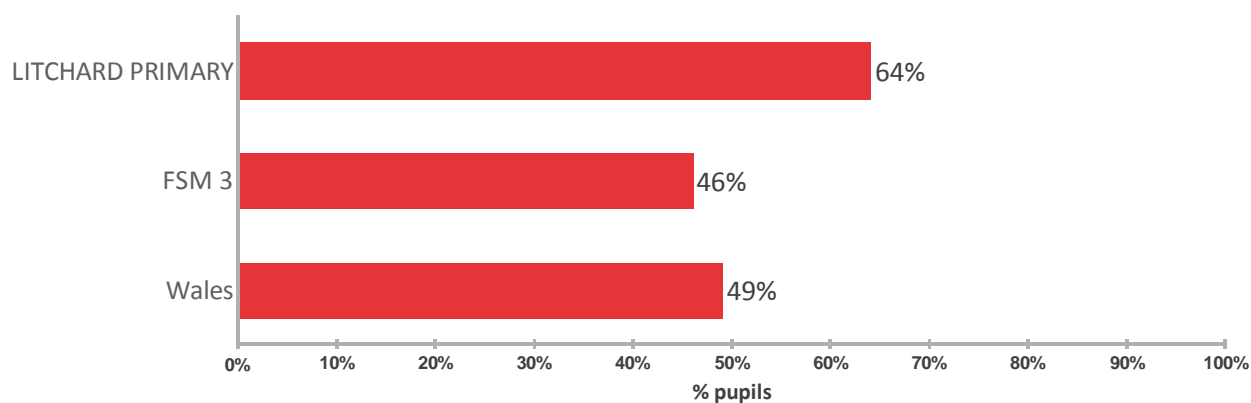
Indicator	2015 score
% of pupils in the school who are 'hooked on sport'	64%
% of pupils in the school who enjoy doing sport in after-school or lunchtime clubs 'a lot'	70%
% of pupils in the school who 'always' feel comfortable taking part in PE lessons and school sport	82%
% of pupils in the school who are confident in trying new activities without worrying	82%
% of pupils in the school who enjoy PE lessons 'a lot'	78%
% of pupils in the school who think PE lessons and school sport help you to have a healthy lifestyle 'a lot'	82%
% of pupils in the school who feel that pupils' ideas about PE and school sport are listened to 'always'	27%
Average number of minutes per week allocated for curricular PE	120



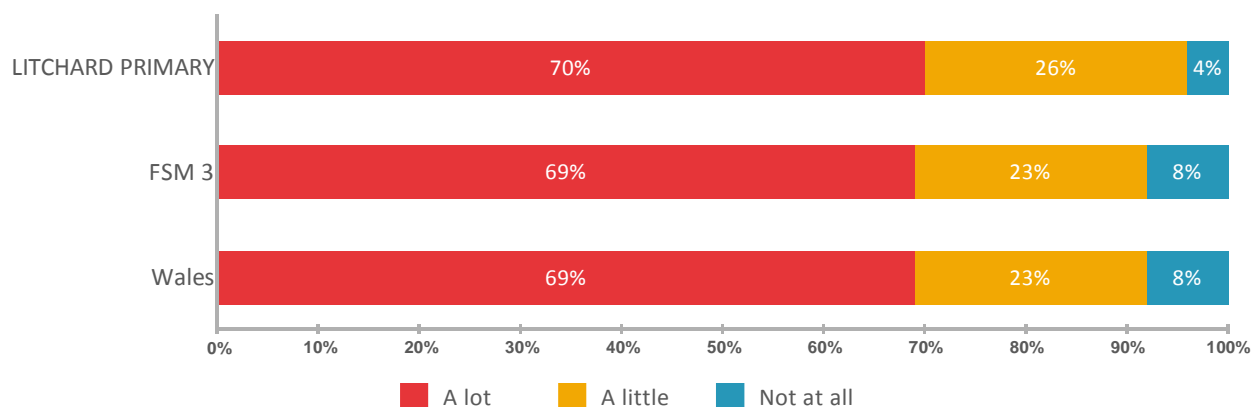
### Minutes of curricular PE provided per week



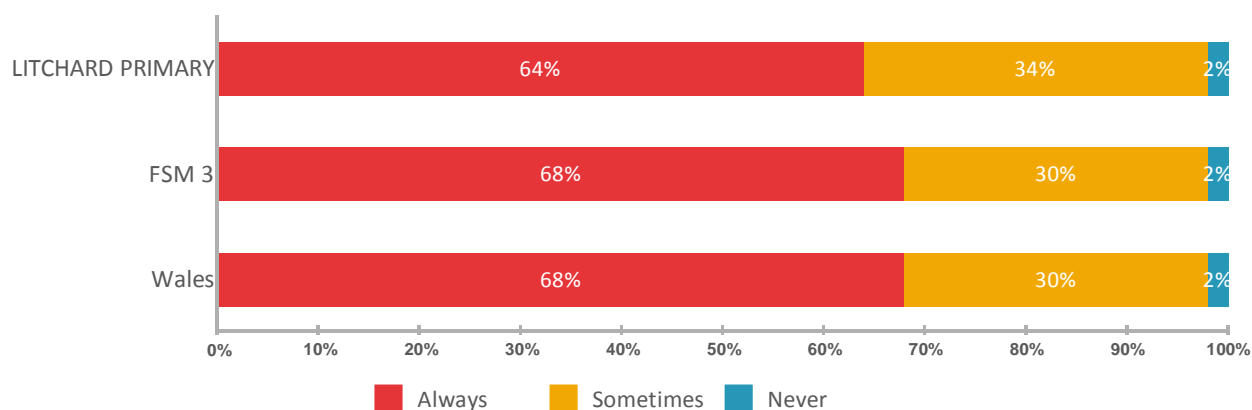
### Percentage of pupils who are Hooked on Sport



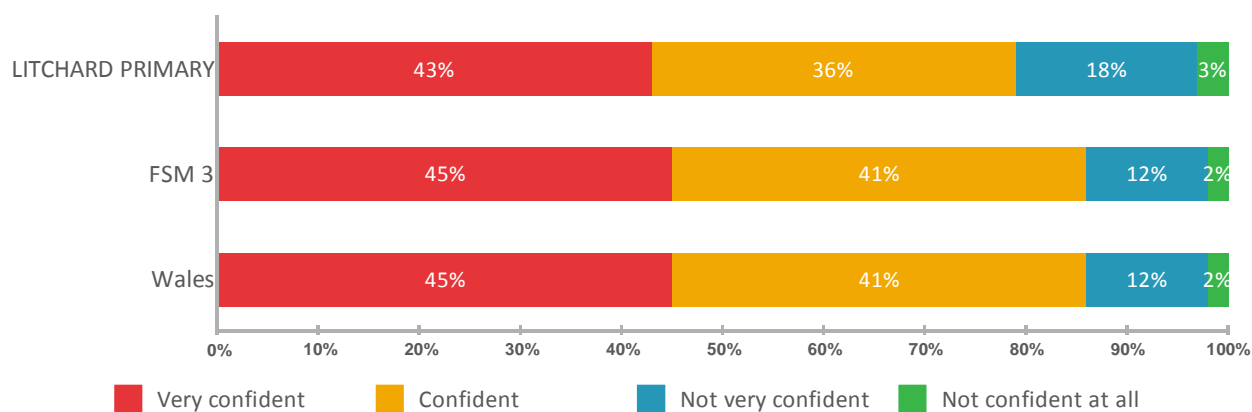
### How much do you enjoy doing sport at after-school or lunchtime clubs?



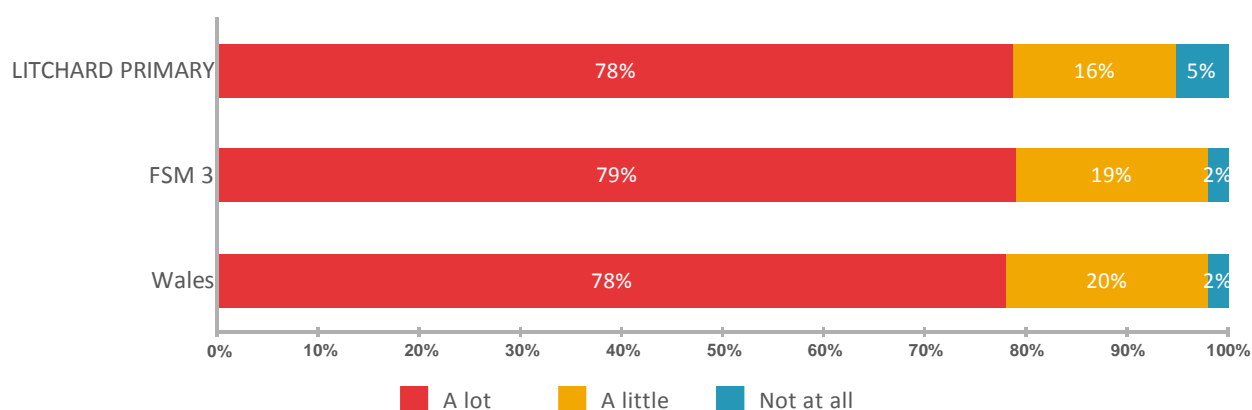
### How often do you feel comfortable taking part in PE lessons and school sport?



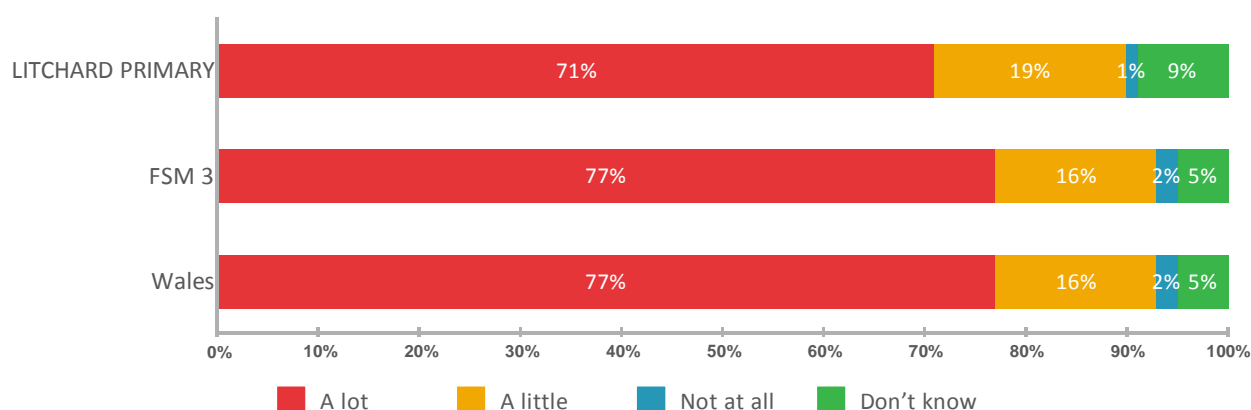
### How confident are you in trying new activities without worrying?



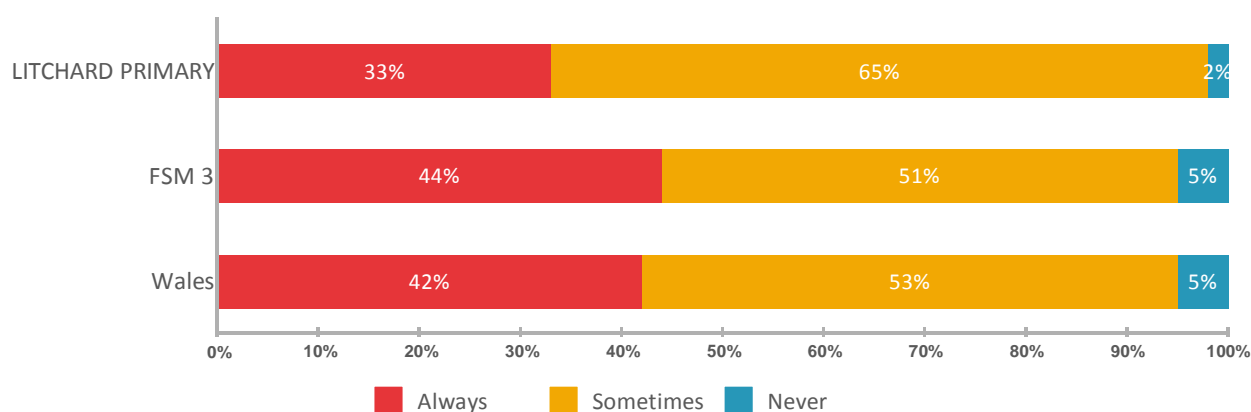
### How much do you enjoy PE lessons?



## How much do you think PE lessons and sport help you to have a healthy lifestyle?



## How often do you feel that pupils' ideas about PE and school sport are listened to?



The content of the School Sport Survey has been informed by the following resources and documentation:

- Estyn (2010) *Guidance for the Inspection of Primary Schools from September 2010*. Estyn: Cardiff.
- Estyn (2010) *Guidance for the Inspection of Secondary Schools from September 2010*. Estyn: Cardiff.
- Qualifications and Curriculum Authority (2005) *Do you have high quality PE and sport in your school? A guide to self-evaluating and improving the quality of PE and school sport*. QCA: Annesely.
- Sport Wales (2010) *Guidance Notes for Completing PESS Self-evaluation*. Sport Wales: Cardiff.
- WAG (2006) *Physical Activity in School Assessment School: a tool for monitoring and evaluating a whole school approach to physical activity*. WAG: Cardiff.

Sport Wales has run surveys of primary and secondary school pupils, in school years 3 to 11, for over 17 years. All schools which collect a sufficient number of survey responses from their pupils receive unweighted results from the survey. For the 2015 Survey, LITCHARD PRIMARY surveyed 97 pupils.

In this report, statistics for LITCHARD PRIMARY are presented alongside the following:

- Wales – representative of all primary pupils/schools in Wales;
- Free School Meal quartile – representative of all primary schools in Wales, with a similar percentage of pupils who qualify for free school meals to LITCHARD PRIMARY .

Further information on the School Sport Survey can be found on the School Sport Survey website:

**[www.schoolsportsurvey.org.uk](http://www.schoolsportsurvey.org.uk)**

## Appendix B

The following table shows the percentage of pupils participating in extracurricular sport in Wales and in your school.

<i>Break % Respondents</i>	<b>Wales</b>	<b>Your school</b>	<b>Male pupils at your school</b>	<b>Female pupils at your school</b>
<b><i>Adventurous activities</i></b>	-	-	-	-
<b><i>Athletics</i></b>	25%	31%	36%	26%
<b><i>Badminton</i></b>	4%	-	-	-
<b><i>Basketball</i></b>	12%	5%	2%	9%
<b><i>Boccia</i></b>	1%	-	-	-
<b><i>Bowls</i></b>	2%	-	-	-
<b><i>Boxing</i></b>	3%	1%	-	2%
<b><i>Canoeing or kayaking</i></b>	3%	1%	2%	-
<b><i>Cheerleading</i></b>	4%	3%	-	6%
<b><i>Cricket</i></b>	21%	29%	38%	19%
<b><i>Cycling</i></b>	12%	28%	24%	32%
<b><i>Dance</i></b>	18%	20%	-	40%
<b><i>Dodgeball</i></b>	4%	10%	16%	4%
<b><i>Fitness classes</i></b>	-	-	-	-
<b><i>Football</i></b>	47%	41%	62%	19%
<b><i>Golf</i></b>	5%	1%	2%	-
<b><i>Gymnastics</i></b>	11%	12%	-	26%
<b><i>Hockey</i></b>	10%	-	-	-
<b><i>Horse riding</i></b>	3%	1%	-	2%
<b><i>Life saving</i></b>	4%	4%	2%	6%
<b><i>Martial arts</i></b>	4%	1%	2%	-
<b><i>Netball</i></b>	22%	21%	-	43%
<b><i>Rounders, baseball or softball</i></b>	26%	18%	14%	21%
<b><i>Rowing</i></b>	1%	1%	2%	-
<b><i>Rugby</i></b>	21%	36%	62%	9%
<b><i>Running or jogging</i></b>	38%	42%	34%	51%

<i>Break % Respondents</i>	<b>Wales</b>	<b>Your school</b>	<b>Male pupils at your school</b>	<b>Female pupils at your school</b>
<b>Sailing</b>	1%	1%	2%	-
<b>Sitting volleyball</b>	1%	-	-	-
<b>Squash</b>	-	-	-	-
<b>Street sports</b>	4%	16%	18%	15%
<b>Surfing</b>	2%	3%	-	6%
<b>Swimming</b>	35%	45%	46%	45%
<b>Table tennis</b>	6%	5%	2%	9%
<b>Tennis</b>	21%	14%	18%	11%
<b>Trampolining</b>	5%	8%	4%	13%
<b>Triathlon</b>	3%	2%	2%	2%
<b>Volleyball</b>	3%	3%	2%	4%
<b>Water polo</b>	3%	25%	26%	23%
<b>Wheelchairbasketball</b>	0%	-	-	-
<b>Wheelchairrugby</b>	0%	-	-	-
<b>Other sports</b>	27%	28%	26%	30%
<b>Multi-skills</b>	13%	19%	22%	15%

## Appendix C

The following table shows the percentage of pupils participating in sport at clubs outside of school, for Wales and for your school.

<i>Break % Respondents</i>	<b>Wales</b>	<b>Your school</b>	<b>Male pupils at your school</b>	<b>Female pupils at your school</b>
<b><i>Adventurous activities</i></b>	-	-	-	-
<b><i>Athletics</i></b>	17%	20%	16%	23%
<b><i>Badminton</i></b>	5%	1%	2%	-
<b><i>Basketball</i></b>	9%	7%	12%	2%
<b><i>Boccia</i></b>	0%	-	-	-
<b><i>Bowls</i></b>	3%	2%	2%	2%
<b><i>Boxing</i></b>	8%	11%	18%	4%
<b><i>Canoeing or kayaking</i></b>	5%	2%	2%	2%
<b><i>Cheerleading</i></b>	5%	5%	-	11%
<b><i>Cricket</i></b>	13%	6%	10%	2%
<b><i>Cycling</i></b>	15%	23%	26%	19%
<b><i>Dance</i></b>	20%	23%	6%	40%
<b><i>Dodgeball</i></b>	14%	8%	10%	6%
<b><i>Fitness classes</i></b>	-	-	-	-
<b><i>Football</i></b>	38%	36%	60%	11%
<b><i>Golf</i></b>	9%	8%	14%	2%
<b><i>Gymnastics</i></b>	16%	24%	10%	38%
<b><i>Hockey</i></b>	7%	1%	-	2%
<b><i>Horse riding</i></b>	9%	7%	2%	13%
<b><i>Life saving</i></b>	7%	6%	6%	6%
<b><i>Martial arts</i></b>	12%	14%	22%	6%
<b><i>Netball</i></b>	12%	8%	-	17%
<b><i>Rounders, baseball or softball</i></b>	12%	7%	6%	9%
<b><i>Rowing</i></b>	2%	1%	2%	-
<b><i>Rugby</i></b>	19%	21%	34%	6%
<b><i>Running or jogging</i></b>	28%	27%	20%	34%

<i>Break % Respondents</i>	<b>Wales</b>	<b>Your school</b>	<b>Male pupils at your school</b>	<b>Female pupils at your school</b>
<b><i>Sailing</i></b>	3%	1%	-	2%
<b><i>Sitting volleyball</i></b>	1%	-	-	-
<b><i>Squash</i></b>	-	-	-	-
<b><i>Street sports</i></b>	8%	18%	24%	11%
<b><i>Surfing</i></b>	5%	6%	10%	2%
<b><i>Swimming</i></b>	44%	44%	50%	38%
<b><i>Table tennis</i></b>	9%	6%	10%	2%
<b><i>Tennis</i></b>	17%	15%	20%	11%
<b><i>Trampolining</i></b>	12%	20%	14%	26%
<b><i>Triathlon</i></b>	4%	5%	8%	2%
<b><i>Volleyball</i></b>	4%	1%	-	2%
<b><i>Water polo</i></b>	6%	12%	12%	13%
<b><i>Wheelchairbasketball</i></b>	1%	1%	2%	-
<b><i>Wheelchairrugby</i></b>	0%	-	-	-
<b><i>Other sports</i></b>	26%	31%	34%	28%
<b><i>Multi-skills</i></b>	9%	16%	24%	9%



## Appendix D

The following table shows the percentage of pupils that would like to do more sport, in Wales and in your school.

<i>Break % Respondents</i>	<b>Wales</b>	<b>Your school</b>	<b>Male pupils at your school</b>	<b>Female pupils at your school</b>
<b><i>Adventurous activities</i></b>	-	-	-	-
<b><i>Athletics</i></b>	32%	38%	46%	30%
<b><i>Badminton</i></b>	16%	10%	12%	9%
<b><i>Basketball</i></b>	36%	41%	48%	34%
<b><i>Boccia</i></b>	4%	4%	4%	4%
<b><i>Bowls (not ten-pin bowling)</i></b>	12%	12%	18%	6%
<b><i>Boxing</i></b>	24%	34%	50%	17%
<b><i>Canoeing/Kayaking</i></b>	15%	18%	24%	11%
<b><i>Cheerleading</i></b>	20%	23%	6%	40%
<b><i>Cricket</i></b>	31%	32%	34%	30%
<b><i>Cycling</i></b>	45%	48%	46%	51%
<b><i>Dance</i></b>	31%	31%	16%	47%
<b><i>Dodgeball</i></b>	38%	39%	52%	26%
<b><i>Fitness classes (e.g. aerobics, yoga, circuits)</i></b>	-	-	-	-
<b><i>Football</i></b>	49%	39%	54%	23%
<b><i>Golf</i></b>	27%	26%	40%	11%
<b><i>Gymnastics</i></b>	32%	35%	24%	47%
<b><i>Hockey</i></b>	25%	21%	26%	15%
<b><i>Horse Riding</i></b>	32%	31%	14%	49%
<b><i>Life saving</i></b>	17%	21%	24%	17%
<b><i>Martial Arts (e.g. Judo, Karate)</i></b>	19%	26%	34%	17%
<b><i>Netball</i></b>	29%	31%	16%	47%
<b><i>Other sports</i></b>	23%	28%	38%	17%
<b><i>Rounders/Baseball/Softball</i></b>	35%	28%	28%	28%
<b><i>Rugby</i></b>	33%	39%	54%	23%
<b><i>Running or jogging</i></b>	41%	48%	52%	45%

<i>Break % Respondents</i>	<b>Wales</b>	<b>Your school</b>	<b>Male pupils at your school</b>	<b>Female pupils at your school</b>
<b><i>Sailing</i></b>	14%	12%	14%	11%
<b><i>Sitting volleyball</i></b>	6%	4%	4%	4%
<b><i>Squash</i></b>	-	-	-	-
<b><i>Street sports (e.g. skateboarding)</i></b>	20%	32%	46%	17%
<b><i>Surfing</i></b>	26%	29%	34%	23%
<b><i>Swimming</i></b>	55%	58%	58%	57%
<b><i>Table tennis</i></b>	29%	30%	40%	19%
<b><i>Tennis</i></b>	33%	27%	36%	17%
<b><i>Trampolining</i></b>	37%	36%	42%	30%
<b><i>Triathlon</i></b>	13%	6%	6%	6%
<b><i>Volleyball</i></b>	20%	15%	18%	13%
<b><i>Water polo</i></b>	18%	37%	50%	23%
<b><i>Wheelchair basketball</i></b>	5%	1%	2%	-
<b><i>Wheelchair rugby</i></b>	4%	-	-	-
<b><i>I don't want to do more sport</i></b>	3%	5%	8%	2%
<b><i>Multi-skills</i></b>	17%	25%	32%	17%
<b><i>Rowing</i></b>	12%	8%	10%	6%