

## BERWICKSHIRE GROUP RDA

## **NEWSLETTER**

June 2016

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Welcome to the Berwickshire Group RDA Newsletter.

The newsletters will be published 4 times a year.

Any volunteers, riders, vaulters, schools, parents or friends, who have any stories or pictures you'd like to be included in the newsletter please make sure they are submitted before the end of each term.

Articles to be considered for inclusion can be emailed to either admin@berwickshirerda.org.uk or judelogan@aol.com

There is widespread delight in Berwickshire at the news that Margaret Morgan, a stalwart of the local Riding for the Disabled Association group, has been made a Member of the British Empire (MBE).



Thursday vaulters have worked really hard this year towards their grade tests and the newest vaulters did Endeavour Awards. Studying for grade tests involves learning parts of the grooming kit, points of the horse, different colours of the horses, different markings on the horse, parts of the bridle and vaulting tack, looking at the horses feet and different feed. Vaulters also have to learn different moves on the horse from running in towards the horse to doing various gymnastic moves whilst on the horse.

All Thursday vaulters passed their tests.



Important Dates for 2016			
MONDAY	(Ride 1.30pm – 3 pm)		
Volunteer Training Day	Monday 29th August		
Autumn Term Start Date	Monday 5th September		
TUESDAY EVENING	(Ride 7pm – 8.30 pm)		
Volunteer Training Day	Tuesday 30th August		
Autumn Term Start Date	Tuesday 6th September		
WEDNESDAY MORNING	(Ride 10 am - 11:45am)		
Volunteer Training Day	Wednesday 31st August		
Autumn Term Start Date	Wednesday 7th September		
THURSDAY MORNING	(Ride 10 am – 11:45am)		
Volunteer Training Day	Thursday 1st September		
Autumn Term Start Date	Thursday 8th September		

The Monday afternoon vaulters stepped up to the mark during their end of term competition with each of them giving their best. They looked so smart in their matching green outfits and everyone behaved perfectly in what was for some their first competition. Huge smiles and full rounds of applause for each vaulter helped to create such a happy atmosphere, all are looking forward to returning in September.



## **End of Term Competition Results**

The end of term competitions are a great way to celebrate how hard all the vaulters & riders have been working. Everyone & every horse receives recognition for the hard work they have put in during the year.

Monday Vaulters	Tuesday Evening Dressage Competition	Wednesday Morning Handy Horse Competition	<u>Trophys</u>
Class 1			Borthwick Trophy for most
1st Alise & Jean 2nd Jessica & Anthea	<u>Dressage</u>	1st Lauren 2nd Shaun	improved Monday vaulter - Emily
3rd Finian & Sharon	1st Neil with Sarah &	3rd Gregor	Most improved rider in 2016
4th Charlie & Lucy	Bart Simpson	4th John	The Andy Millar Quach - Sheena
5th Jokubas & Gillian 6th Christopher & Diane	2nd Sheena with Jenny, Jamie & Shamus (Bankie Moon) 3rd Alice with Janice, Cicely &	Judged By Sandra	2016 winner of the Domino Trophy - Lauren
<u>Class 2</u>	Housten (Mahon Vale)	Thursday Vaulters	
1st Harry & sharon			Tony Trophy for most improved
2nd Cammy & Diane 3rd Lanna & Deb	Judged by Susan & Jock	1st Corey & lan 2nd Cameron & Jill	Thursday vaulter - Cameron
4th Emily & Claire	Dressage to Music	3rd Kade & Fiona	The Tullie Trophy Group
5th Leona & Claire		4th James & Lynn	Volunteer of the Year - Sarah
	1st Neil	5th Kayden & Lynn	
Judged by Lucia	2nd Sheena	6th Oskar & Fiona	2016 Winner of the
	3rd Alice	7th Bobbie & Irene	Poppy Drysdale Trophy For Citizenship - Sandra
	Judged by Stacey & Steven	Judged by Claire	
		- '	The Caffrys Trophy - Jock Hay & Steven Swanson

## Volunteering with RDA

A couple of years ago I happened to mention to one of my yoga friends that I loved horses...but that I was really insecure around them. Sharon (Baker) suggested I try volunteering with the Berwickshire RDA group and I would soon get the hang of them. To my own amazement, I decided to give it a go...and I've never regretted it! Everyone was so supportive; I've been able to develop at my own slow pace thanks to the patience of Margaret, the other volunteers and of dear old Baloo! I've learned to groom, and to lead, (that was a scary day the first time I did this!). Last week, our new horse. Seamus, decided to take a hike after Houston with me holding the lead rein...l didn't panic (well, only a bit), and successfully walked him round and back into place! I've learned much about riding and horsemanship, even though I don't ride myself, and about the nature of horses as a prey and herd animal. I've seen how they respond to human emotions and experienced their gracious support during some sad moments of my own. I've really enjoyed learning how to work with people with a range of disabilities, and to observe humans and horses interacting. We all get so much from these sessions...both riders and volunteers! I've been pleased that some of my skills from my previous career have transferred to be useful here at RDA, taking on the role of Safeguarding Officer with the Trustees. Why not give it a go yourself... you might be surprised!

Susie

For more information and updates please go to the group website: www.berwickshirerda.org.uk or our Facebook Page: www.facebook.com/groups/ berwickshirerda Contact us at :admin@berwickshirerda.org.uk Tel: 01361 883 863 Barnaby Baloo Presented with his 5 Year Long Service Medal

The Nisbet Trophy -Groups Favourite Horse Royal Dalton

