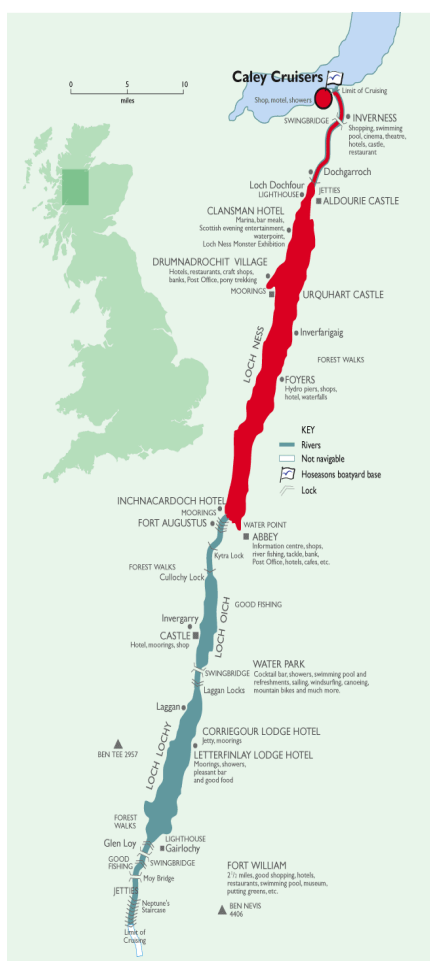




ARDNAMURCHAN HIGH SCHOOL

Well done to both our Bronze and Silver Groups for successfully completing their expeditions. Both groups investigated the Great Glen and its canals and lochs, the Bronze Group walking from Gairloch to Fort Augustus from 27th and 28th of September and Silver Group kayaking from Fort William to Foyers from 11th -13th October.

Both groups chose to produce video diaries, recording of their journeys as the aim for their expeditions and we look forward to seeing their presentations which will bring the expedition element of their awards to a close.





We would like to thank Matt Groves, Programme Leader, School of Adventure Studies and Simon Wells Outdoor Activities Coordinator School of Adventure Studies, both of West Highland College Fort William for their support and use of sea kayaks.

A big thank you also to Lyn & Donald Forbes, Loch Ness Shores Camping and Caravanning Site, Foyers for allowing access through their site so that our bus and trailer were able to collect the kayaking group at the end of their journey.

The work does not stop here as some of our groups still have work to do on the other sections of the ward;

The physical section, with football, shinty, yoga and kayaking being pursued.

The skills section, with activities ranging from learning to play drums, woodturning to sports filming being undertaken.

The volunteering section, for which our participants are giving their time and support to local youth clubs, Room 13 art studio, shinty coaching with local primary schools and football coaching.

Elaine Jackson Ardnamurchan Parent Council DofE co-ordinator.