

Carmelite School of Prayer

The Workshops of Monday through Friday

Week 1

Evening Workshop

7:30pm – 9:30pm

Monday 2nd – 5th December 2013

Prayer of the Heart: *A Carmelite Approach*

Venue: Priory

Jean KHOURY BSc MA obtained his Bachelors in Philosophy and his Masters in Spiritual Theology from the Institute Catholique de Toulouse and from the Carmelite University in Rome the Teresianum. He is currently completing his PhD in Spiritual Theology at the Angelicum, Rome. He is a highly respected authority for his work on spiritual life and studies on mysticism. Jean has lectured and led retreats world-wide on spiritual life and meditation. In 2003 he founded the School of Mary. Jean is from the Diocese of Southwark, London, UK. www.amorvincit.com

The Prayer of the heart is traditionally regarded as an important aid to deepening one's Christian life. This workshop presents a distinctively Carmelite approach to form of prayer, which focuses on helping persons to pray contemplatively and to deepen their relationship with Jesus Christ. Topics covered in the workshop will be: The goal and stages of the spiritual life; Our Lady in our Spiritual lives; the relationship between dogma and the spiritual life and finally the Prayer of the Heart.

Week 2

Evening Reflection

7:30pm-9:30pm

Wednesday 11th December

Art and Advent delivered by artist Alex Roberts.

Venue: Priory

Alex Roberts is a British artist that lives and works in London. She studied at City of Bath Art College and Reading University before completing a further diploma at the London College of Printing. This autumn has marked the start of her own Masters of Arts (MA), at Chelsea College of Art & Design, University of Arts London, alongside her return to the Institute of Contemporary Interdisciplinary Arts, University of Bath as a part-time Artist/Tutor. Roberts is an artist who works predominantly with paint. Her current focus, working with the figure, is on how we perceive identity and change. Her work resides in numerous private, and public collections. Works, exhibitions and forthcoming projects can be viewed at www.alexroberts.com

A talk designed to take listeners on a journey of visual discovery, revealing a range of artistic masters' and contemporary artists' insights and reflections upon the theme of Advent.

You will learn about Renaissance virtuosos, Masaccio, Fra Angelico & Raphael to the Baroque brilliances of Caravaggio and Rembrandt. The event will culminate with a brief, current contemplation on the idea of the 'anticipated gift', looking at one of Roberts's own artworks.

Alex Roberts is happy to contribute to the "School of Prayer" talks, focusing on Art and Advent.

Week 2
Evening Workshop
7:30-9:30pm
Thursday 12th December

Incarnation: As Redemption and Transformation

"Karolina Stolarska facilitates Art & Prayer sessions where making art as a response to input from Scripture and Catholic teaching is an aid to reflection. She has a background in Philosophy and Theology as well as a foundation certificate in Art Therapy. www.karolinastolarska.wordpress.com

Teresa enthusiastically exhorted her spiritual daughters and sons to follow her example and to piously venerate the Child Jesus. The first Carmelites, then, felt the presence of the divine Child as a powerful source of inspiration and protection. This workshop will be an opportunity to reflect on the Incarnation and its transformative effects through expressive art-making in a supportive atmosphere. No techniques - just child-like openness of response. Basic collage, paint and paper provided...