

# Carmelite Community Events

## December Schedule

### Weekday masses in Advent

As part of the Carmelite community's preparations, for the 5<sup>th</sup> Centenary of the birth of St Teresa of Avila, our friars will present some short catechetical reflections based on the life and teaching of St Teresa of Avila. These will be preached reflections at the 12:12pm daily mass.

**Week 1. Mon-Friday: 2<sup>nd</sup> – 6<sup>th</sup> - St Teresa and spiritual life**

**Week 2. Mon – Fri: 9<sup>th</sup>-13<sup>th</sup> - St Teresa and Community**

**Week 3. Mon-Fri: 16<sup>th</sup> – 20<sup>th</sup> - St Teresa and Prayer**

### **Advent December evenings: 7:30-9:30pm**

Continuing with the Advent theme of waiting with expectation, the friars along with some friends of the community, will do a more in depth exploration of our spiritual lives via a variety of ways. Music, art, traditions will all combine to present ways and means of preparing for Christmas in a spiritual way.

**Week 1: Mon –Fri: 2<sup>nd</sup> – 6<sup>th</sup>: School of Prayer – Prayer of the Heart**

Week one from Mon-Fri will enable people to get in touch with that ancient of traditions called Prayer of the Heart. In this spiritual exercise people will be equipped to approach scripture in a whole new manner that is ever ancient ever new!

**Week 2. Mon-Fri 9<sup>th</sup> -13<sup>th</sup> : School of Prayer – Various approaches**

Week Two has its focus too. Through the medium of art, two guest speakers will deliver a focus on Advent. One will provide insights to the theology of the body – a teaching of the late John Paul II, and invite people to use their creativity in representing their insights on the presentation. Another will chose an artist who has depicted an advent theme and talk us through their insights of the master to assist us in reflecting on the season of Advent.

**Week 3. Mon –Fri 16<sup>th</sup> – 20<sup>th</sup>: Taize evenings (8-9pm)**

Familiar to the community now, in prepration for Christmas, come and join the Carmelite community in a series of Taize meditations throughout the week. Combined with Eucharistic adoration and the chants of Taize, come and bring your cares and concerns to Emmanuel in his sacramental gift of us.