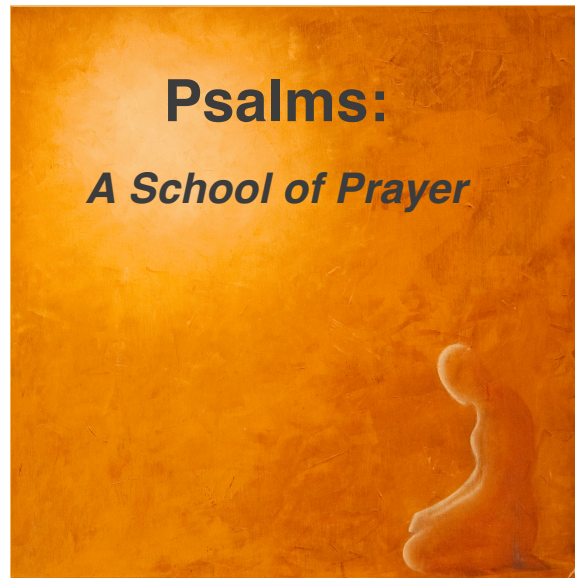


***Our Lady of Mt Carmel
and
St Simon Stock***



While the historical books of the Bible recount God's creative and redemptive acts in history, the Psalms reveal Israel's response to God's covenant offer and serve as a model for our response to Him. Indeed, one could say that the historical books tell the "outside" of the story of Israel by giving an historical perspective, while the Psalms tell the "inside" story, which comes from the deeply personal perspective of one who is seeking God. Our communication with God is enhanced by a deeper understanding of the book of Psalms and of the individual psalms that reside in each of our hearts.

There is a regular monthly meeting here in our Parish discovering this way into prayer. If you would like to be part of this group why not contact Fr Anthony Parsons O.C.D. and find out more details on how to join others in this unique journey of Faith.

Contact Fr Anthony: anthonylparsons@aol.com

