

Sailing & Racing and Training Programme for 2017

Hello, as we continue to develop the Sailing and Training Programme for 2017, we want to be sure we offer Training Opportunities which are relevant and which interest you.

Coaching

Gairloch Boat Club has agreed to host a weekend of Coaching for <u>Juniors</u>, organised by <u>Highland Moray Sailing</u>.

Saturday 18th & Sunday 19th March, in Gairloch.

Coaching fees: Single-handed boat: £40

Double-hander boat: £60

Criteria: RYA Stage 3, with some Race practice.

All details from

Highland Moray Sailing website:-

http://www.hmsailing.org.uk/hms-coaching.html

or

contact Phil Youell at GBC 01445 712094

Snacks & Lunches will be available both days, £2.50 each day.

This is a fantastic opportunity for local sailors to improve their skills under the Coaching of qualified and enthusiastic Coaches

Visiting juniors should also be here.