

SOPA Age-friendly Communities in Rural Settings

Thursday March 14th, 2024 (11am-3pm)

Norie-Miller Studio, Perth Theatre & Concert Hall, Mill Street, Perth, PH1 5HZ

Seminar Programme

1) Arrival – Tea/Coffee (11.00am – 11.15am)

2) Welcome & Programme (11.15am – 11.20am) – Tony Donohoe, (AfC Project Co-ordinator, SOPA)

3) Introduction to AfCs in Rural Context (11.20am – 11.40am) – Tony Donohoe, (AfC Project Co-ordinator, SOPA) & Rebecca Lines, (Learning Officer, Centre for Ageing Better)

4) Developing AfCs in Rural Northern Ireland (11.40am - 12.00pm) – Liam Hinphey, (AfC Coordinator/NI AfC Network Co-chair, Causeway Coast and Glens Borough Council) - **Online**

5) Perth & Kinross: Setting out on the AfC Journey (12.00pm - 12.25pm) – Zoe Robertson (Head Of Service, Adult Work & Social Care) & Andreea Paus (Policy & Commissioning Officer, Perth & Kinross HSCP)

6) North Yorkshire Council: Age Friendly Community Journey (12.25pm-12.45pm) – Carly Walker, (Public Health Manager, North Yorkshire Council) – **Online**

7) Question & Answer Session (12.45pm-1.00pm) - All

Lunch (1.00pm – 1.45pm) All

8) Older People and Loneliness in Rural Areas (1.45pm – 2.10pm) – Nicola Watson (IMPACT/Stirling University)

9) Healthy Ageing in a Changing Climate & AfC Rural Research (2.10pm – 2.35pm) – Ryan Woolrych (Heriot-Watt University)

10) AfC Rural Discussion & Next Steps (2.35pm – 3.00pm) – All & Tony Donohoe (AfC Project Co-ordinator, SOPA)