



ramblers scotland
at the heart of walking

***Forth Valley, Fife & Tayside
Area Joint Programme***

October 2015 to March 2016

Walks and Events for:



**Blairgowrie & District
Brechin
Broughty Ferry
Dalgety Bay & District
Dundee & District
Dunfermline & West Fife
Forfar & District
Glenrothes
Kinross & Ochil
Kirkcaldy
Perth & District
St Andrews & NE Fife
Stirling, Falkirk & District
Strathtay**

Information Page

Welcome to the 32nd edition of the joint programme covering the Winter programme for 2015/16. We hope that you find the programme informative and helpful in planning your walking programme for the next 6 months. You can now download a PDF version of this programme to your computer, phone, etc. The complete program as printed is available through the Dalgety Bay website. This page can be accessed directly at <http://ochileer.co.uk/ajp.html>

Publication Information for Next Issue

Deadlines: Electronic walk programmes to Trevor Abell by 15th February 2016

Articles, News Items, Letters etc to Area Secretary by the same date.

Group News, single A4/A5 sheet, 1 or 2 sided, hard copy ready for photocopying.

Please send it directly to Trevor Abell by the end of February. Email attachments are also acceptable and indeed preferred.

The FV, F & T Joint Programme Team:

Publications and Advertising Secretary: Trevor Abell, 8, Culteuchar Road, Ardargie, Forgandenny Perth, PH2 9QE. Tel 01738 813123, e-mail: tmbabell@gmail.com

Assistant Publications Secretary: Ian Bruce, 4 Spencerfield Cottages, Dunfermline, KY11 9LA. Tel: 01383 616062, e-mail ianbruce100@btinternet.com



From the Area Convenor

An opportunity to be seized!

It seems to me that our rather inadequate summer has been racing away faster ever and we are left hoping for an Indian version before the winter chill arrives. It's amazing how quickly time has been shifting since the occasion in January which resulted in my reluctantly accepting the responsibilities of an Area Convenor. I'm hoping very much that a new face will be taking over from me at the next opportunity, but, even if that does not happen, I could tolerate continuing a while longer because of the brilliant support I've had from members of the Area Council, especially the officers whose efforts keep the ship afloat. So, I want to thank them very sincerely for their assistance and to make a special point of acknowledging the years of hard work and imagination that we have had from Ben Douglas as Area Secretary. Ben has decided to step down from the role at the AGM in January and we will therefore be looking for a successor. Ben has stamped his own style on the role, but, apart from a few basic essential tasks, the job can be handled in a very flexible way. Please start to think about people you know who could fit the bill – and don't ignore yourself!

Following the coast.

A friend of mine has recently been exploring the whole extent of the Fife Coast – by using local bus services. Intent on walking the length of the Fife Coast path during the month of August – though not necessarily on successive days, he was surprised and delighted to find that he could travel day from Perth to the start of each day's section and then return home again using only the local bus services as his means of transport. Others might like both to know that and to try out similar expeditions for themselves.

A secret world?

I'm still learning about how we can make the most of our access opportunities in Scotland and I have been starting to discover just a little about how the complex world of agricultural payments and regulations affects our access to the countryside and how these can have positive benefits for walkers, riders, etc. I haven't made enough progress yet to feel that I have grasped the essential details, but I hope to get there soon. Some of you must already be better informed than I am and I would welcome your advice. This is definitely a 'Watch this space!' matter.

John Andrews

General Information

Walks Grading

The walks in this programme are graded according to the following:

E Easy Access Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections: visitors are advised to check with the walk leader.

D Leisurely Walks for reasonably fit people. May include unsurfaced rural paths. Walking boots or comfortable footwear and warm, waterproof clothing are recommended. 2 to 5 miles.

C Easy, mainly on level ground and often paths and tracks.

C+ Easy to moderate, for those with improving fitness, offering some modest challenges.

B Moderate, demanding higher standards of fitness and stamina than C+.

B+ Between moderate and strenuous, for the reasonably fit. Standard grading for summits taken at a slower pace in summer conditions.

A Strenuous. For the fit, involving some or all of the following factors: on high or rough ground; with steep ascents and descents; distances over 15 miles.

A+ Severe. Arduous walks for the experienced and very fit, involving some or all the following factors: high, exposed ground; steep ascents and descents; brisk pace; distance over 15 miles. Standard grading for hill-walking in winter conditions.

The walk grade is intended as a rough guide only. More information is supplied in each entry.

Walker's Responsibilities

Walkers must be 18+ or accompanied by an adult holding parental responsibility. Ramblers volunteers cannot provide direct care and supervision to children under 15. Instead the children must be accompanied by an adult who holds parental responsibility, such as a parent, legal guardian, carer, teacher or youth worker.

Unaccompanied walkers aged 15-17 are welcome (except on overnight stays) with a valid 15-17 Year Old Parental Consent Card, obtainable free from Ramblers main office, tel 020 7339 8500 or see www.ramblers.org.uk/localgroups.

If you are unsure of the suitability of a walk contact the Walk Leader beforehand. It is not always possible to shorten a walk if you are overexerting yourself; choose a grade of walk suitable to your level of fitness and experience.

All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering

into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise. Personal accident insurance is available from several sources. The Walk Leader or Deputy must be a member of the RA. The Leader may change a walk at his/her discretion. Members or visitors should not leave a walk without informing the Leader or divert from a walk without the agreement of the Leader. Many groups carry a first aid kit and/or mobile phone. Individuals are reminded that they are responsible for carrying any special medication that they require for personal use. Walkers must also inform the Walk Leader of any medical condition that could affect their ability to complete the walk.

Dogs are not generally suitable on most walks; however some walks are indicated as being suitable for dogs. **Please note: for all walks Registered Assistance Dogs (RADO) are welcome.**

The Weather

Listen to the weather forecast (hill walkers' forecast on Radio Scotland) and prepare accordingly. If extreme weather is expected the walk may be cancelled. If you are in doubt, contact the Walk Leader.

Clothing and Equipment

Dress according to the season. *Note:* Denim clothes are not suitable.

Winter: thermal base layer and layers of clothing, (shirt, trousers, jumper or fleece, and a windproof shell, plus hat, scarf, and gloves). A waterproof jacket (with hood) and waterproof trousers are also needed.

Summer: wear fewer, thinner layers but take sun protection.

Wear well-fitting walking boots and take a rucksack to carry your gear.

Food and Drink

In general, for a day walk take a flask containing a hot drink, a packed lunch, and various snacks. In warmer weather extra liquid is *essential*.

Ticks

Some of the areas walked may contain ticks, which are known to be a source of infection in humans. It is advised that you wear long trousers, a long sleeved shirt and a hat, even in summer. It is also advisable to tuck your trousers into your socks and apply insect repellent. Examine yourself for ticks after a walk and if you find one remove it immediately and cleanly using tweezers. It is advised that you then contact your general practitioner for further advice

Transport

Generally cars are used to transport walkers to the start of a walk; car sharing is encouraged. Abbreviations for car parks used as pick up points are included in this programme.

When car sharing, it is recommended that car passengers make a contribution to the running costs, the method of calculation and mileage rates are set by individual groups.

Car drivers are reminded to call in at the pick up point prior to departure for the walk if they have a spare seat. Passengers are advised to take shoes and a bag for dirty boots and spare dry clothes in wet weather. The times given in this programme are departure times, if you are from a different group and/or going straight to the start of the walk, it is recommended that you contact the Walk Leader beforehand.

Walks may also use public transport, the fare may be indicated and it is the individual's responsibility to pay. Various walks use hired minibuses, in this case the person responsible, a deadline for booking, and (possibly) a fee will be indicated in the programme. If you book a place on a bus and then find that you must cancel at a later date, unless a replacement is found, you may still be liable for the full cost.

Broughty Ferry Group: Any member who has difficulty in getting to a walk meeting place should contact, in the first instance, the Walk Leader, who will try to arrange transport. Car drivers are also reminded that they should advise the walk leader of spare seats in their vehicles.

Additional Description and Location Maps

More detail including location maps can be found on the Ramblers website at –

www.ramblers.org.uk/walksfinder

You can also use the local website of: -<http://perthramblers.blogspot.com>

Acronyms used in the Programme

RADO = Registered Assistance Dogs Only

DWOL = Dogs welcome on Leads

CWRA = Children with responsible adults

NoSC = Not suitable for children



THE RAMBLER'S ASSOCIATION (SCOTLAND) – FORTH VALLEY, FIFE AND TAYSIDE AREA

Draft Minutes of the 19th Annual General Meeting of the Forth Valley, Fife and Tayside Area held on Saturday 31st January 2015 at Dalgety Bay Parish Church.

1. Welcome Alan Bridges, Area Convener, welcomed members.

2. Apologies: John Andrews, Pat Fraser, Jacqui Ritchie.

3. Minutes of the previous AGM held on Saturday, 1st February 2014

Add to section 7 after point 2 – Ben Douglas

3. From time to time, an Area Secretary is involved in dealing with sensitive issues which crop up at Group level. This type of issue is infrequent. From now on, the Area Convener would request an experienced member of Area Council to try and resolve such issues.

The Minutes as amended were approved - proposed by Betty Barton, seconded by Alan Paul.

4. Matters Arising – Ben Douglas

(a) Following the AGM, I sent out an email on 4th February 2014 to my Area contacts summarising how the Area Secretary's role would be split between a Liaison Secretary and a Minutes Secretary.

(b) Mr Denis Taylor (Stirling, Falkirk and District)

(i) Alan Bridges (AB) empowered Ben Douglas (BD) to continue to try and resolve the issue of Mr Denis Taylor after last year's AGM. AB received regular briefings from BD as events unfolded.

(ii) As a result of frequent breaches of the Ramblers Code of Conduct – Point 5, Mr Taylor was banned from participating in the Stirling, Falkirk & District Group's activities until December 31st 2014. The first breach had taken place on 28th September 2013.

(iii) Further emails from Mr Taylor which breached the Code of Conduct occurred between November 2014 and January 2015.

(iv) On 21st January 2015, this email was sent from Central Office.

Mr Taylor has appealed directly to the Chair of Ramblers about his exclusion and the behaviour of everybody involved, including group and area committees, Convener Ramblers Scotland and Chief Executive. The Chair, Jonathan Kipling, has rejected Mr Taylor's appeal and upheld the decision- making of everybody involved and to extend his exclusion from the group for a further 6 months.

5. Presentation of the Area Annual Report 2014

The Area Annual Report was distributed to all those attending the AGM. Copies were available on request by e-mail from the Area Liaison Secretary prior to the AGM. The Annual Report set out the Reports from the relevant Area Office-Bearers. (A summary was published in the AJP Issue 31.)

6. Adoption of the Report and the Accounts

The adoption of the Annual Report 2014 and of the Income & Expenditure Account for the year ending 30th September 2014 was proposed by Chris Barton and seconded by Ken Wright. This was approved by the meeting.

7. Appointment of Office-Bearers

The following appointments were approved by the meeting

Convener	<u>Proposed by</u>	<u>Seconded by</u>
John Andrews Vice Convener Area Minutes Secretary Area Liaison Secretary	Ben Douglas VACANT VACANT	Ken Wright
Ben Douglas Area Treasurer	Mike Gray	John Andrews
Mike Gray Membership Secretary Colin Thomson Access Officer John Andrews Publications Secretary Trevor Abell Assistant Publications Sec. Ian Bruce Advertising Officer Trevor Abell	Pat Ritchie Mike Gray Ken Wright Alan Paul Chris Barton Mike Gray	Dorothy Cameron Alice McEwan Rose Nutt June Wright Will Aitken Colin Thomson

8. Appointment of Independent Examiner of Accounts

Alan Paul: proposed by Ben Douglas; seconded by Rose Nutt and approved by the meeting.

9. Appointment of two Area Delegates to General Council, March 27th – 29th 2015

1. John Andrews: proposed by Ben Douglas; seconded by Ian Bruce.
2. Mike Gray; proposed by Ben Douglas; seconded by Betty Barton.

10. Date of Next Area AGM

Saturday 30th January 2016 was decided as most feasible date with the possible venue being in the northern part of the Area.

FORTH VALLEY, FIFE AND TAYSIDE AREA ANNUAL GENERAL MEETING & OPEN DAY

Saturday 30th January 2016: 9.30 a.m. – 3.00 p.m.

Venue: Forfar Guide Hall, DD8 1AZ

Directions

1. **Coming from the south, east or west**, take the A90 from Dundee as far as the Glamis junction (signposted for Glamis and Forfar). Follow the signs for Forfar and drive through the town as far as the first set of traffic lights. Turn left here and then almost immediately turn right at the sign for the free Myre car park. The Guide Hall is in the right hand corner of this car park.

2. **Coming from the north**, take the Kirriemuir exit from the A90 and drive through Forfar as far as the roundabout just past Tesco. Turn right here and follow the road round as far as the sign for the Myre car park on the left.

PROGRAMME

9.30 -- 10.00 am.	Registration and Coffee/Tea
10.00 – 11.00 am.	Area AGM
11.00 – 11.25 am	◇ Interval ◇
11.25 -- 11.55 am.	Update from Ramblers Scotland
11.55 – 12.30 pm	Open discussion Chaired by Area Convener
12.30 - 1.20 pm. packed lunch ◇	◇ Lunch: members bring own
1.20 – 1.50 pm.	Short Walk (should weather conditions permit)
2.00 -- 2.55 pm.	Guest Speaker – to be announced later
2.55 -- 3.00 pm.	Closing remarks

Please use the Registration Form opposite

Copies of the Accounts and the FV, F & T Area Annual Report 2015 will be available at the Meeting.

Registration Form

AGM and Open Day FV, F & T Area

Date: Saturday 30th January 2016
Start Time: 9.30 a.m. for 10.00 a.m. **Finish:** 3.00 p.m.
Venue: Forfar Guide Hall, DD8 1AZ

To register, please complete this form and return it no later than **15th January 2016** to the Area Liaison Secretary

Mr. Ben Douglas, 17 Longhill Gardens, Dalgety Bay, Fife, KY11 9SG

There will be **no charge** of for teas/coffees at registration and morning interval. Members should bring their own packed lunch.

If you do not wish to cut this form out of your programme, a photocopy or scanned email pdf attachment is acceptable.

Please tick the relevant box

I wish to attend the AGM/Open Day & receive teas/coffees ☐

I wish to attend the AGM/Open Day but not receive teas/coffees ☐

*I cannot attend the AGM/Open Day, but I would like to receive a copy of the FVF&T Area Annual Report (*by email only).* ☐

Name(s): _____ / _____

Group: _____

Address: _____

Postcode: _____ **Telephone:** _____

E-mail: _____

*Contact the Area Secretary at bendoug@tiscali.co.uk

Meeting Points

The following abbreviations are used for group meeting places:

Blairgowrie	WCPB	Wellmeadow Car Park, Blairgowrie.
Brechin	SNSB	St Ninian's Square, Brechin.
Broughty Ferry	TBCP	Tay Road Bridge (South) Car Park
Dalgety Bay	DBSCCP	Dalgety Bay Shopping Centre Car Park.
Dundee East	OCCP	Odeon Cinema Car Park, Douglasfield, Dundee
Dundee West	CWCP	Cineworld Car Park, Camperdown Leisure Park, Dundee
Dunfermline & West Fife	LPRCP	Leys Park Road Car Park, Dunfermline.
Forfar	EGCP	East Greens Car Park, Forfar.
Glenrothes	LCCP	Lomond Centre Car Park, Glenrothes.
Kinross & Ochil	RASCP	Ramblers Association Scotland Car Park, Kingfisher House, Auld Mart Business Park, Milnathort.
	BURN	Dollar Burnside Car Park.
Kirkcaldy	KRSN	Kirkcaldy Railway Station North (Forth Ave).
Perth	ASDACP	Asda Supermarket Car Park, Perth.
St Andrews & NE Fife	FCPC	Fluthers Car Park, Cupar.
Stirling & Falkirk	LACP	Linden Ave Car Park, Stirling..
Strathtay	CGCP	CGCP Car Park behind Co-op Garage, Aberfeldy.



Walks Diary

Glenrothes Strollers walks

On most Thursdays over the dates of the programme, Glenrothes Strollers have a midweek walk, to which all are welcome. The walk is selected by the walk leaders on the week of the walk, the location and distance depends on the weather conditions. To go on the walk meet at St. Columba's Church.

Grade C: 4 - 6 miles 2.5 - 3.5 hours. **Meet/Time:** Car Park behind St Columba's Church next to Glenrothes town centre at 10.00 **OS:** 59 **GR:** NO269008 **Description:** A short local walk (mostly within a 10 mile radius of Glenrothes), for details call one of the leaders.

Leaders: D. Cumming or D. Bell, 01592 742782 or 01592 630296

Kinross & Ochil Tuesday Walkers

These walks usually take place every second Tuesday. All are welcome.

All walks are **Grade C:** maximum 4 miles, approx 2 hours, and usually within a 10 mile radius of Kinross). **Meet/Time:** Old Health Centre, Kinross (next to Leisure Centre) at 10.00 **OS:** 58 **GR:** NO115037 **Description:** For details of any walk, please phone leader.

Leader: Edna Burnett, 01577 862977.

Thursday 1st October

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

St. Andrews & NE Fife: Booking for Christmas Lunch

Description: If wish to come to Group Christmas Lunch--details on 5th December, please send deposit of £5 to Will Aitken by 21st November.

Contact: W. Aitken, 01334 470066, 07908 721466, wh.aitken@talktalk.net

Saturday 3rd October

Blairstown: Tentsmuir Point

Grade C: 6mils **Depart:** WBCP at 09:30 **Walk start:** Kinshaldy Beach Car Park - fee payable at 10:30 **OS:** 54 **GR:** NO498242 **Description:** The outward leg follows a sandy beach with the likelihood of seeing seals. After reaching the nature reserve the route returns through the forest with plenty of wildlife and a historic ice house. **Note:** RADO.

Leader: Sean Galbally, 01250 874667, seangalbally@talktalk.net

Dalgety Bay: Little Glenshee

Grade B: 8mils/5hrs ▲250m/820ft. **Depart:** DBSCCP at 09:00 **Walk start:** Little Glenshee off the B8063 Luncarty to the Sma' Glen Road at 10:15 **OS:** 52 **GR:** NN988340 **Description:** A circular walk in the hills and open moors via Moine Folaich and the Craig Gibbon Obelisk. Return by Strath Head and Loch Tullybelton. **Note:** RADO.

Leader: Alistair Robb, 01383 820632, 07757 809102

Dundee: Broad Cairn, via Bachnagairn and return (also easier option)

Grade B+: 10.5mils ▲900m/2952ft. **Depart:** OCCP at 08:15 **Walk start:** Glendoll Car Park at 09:30 **OS:** 44 **GR:** NO283761 **Description:** There is an easier walk to Bachnagairn and return.

Leader: Peter Hargraves, 01307 462882, 07986 423328

Forfar: Mystery (Bring a Friend) Walk

Grade C+: 6.5mils **Walk start:** East Greens Car Park, Forfar at 10:00 **OS:** 54 **GR:** NO457508 **Description:** Starting just outside the town boundary, mostly on tarmac very minor roads & private drives. An excellent country enterprise with great views (weather permitting). **Note:** RADO.

Leader: Dave Phillip, 01307 463181

Glenrothes: Dunfermline - Dean Plantation circular

Grade B: 9mls/5hrs ▲60m/196ft. **Depart:** LCCP at 10:00 **Walk start:** CP end W Fife Cycle way, William Street - near Baldridgeburn Road, Dunfermline at 10:45 **OS:** 65 **GR:** NT081881 **Description:** An interesting walk to the West of Dunfermline with good views to the Forth, using rights of way, the Berry Law and the Dean Plantation. **Note:** DWOL. CWRA. **Leader:** J Duncan, 01337 831888, john@johnandmorven.co.uk

Kirkcaldy: Round Glen Sherup

Grade B: 9mls **Depart:** KRSN at 09:00 **Walk start:** Car park on A823 past Glendevon Castle at 10:00 **OS:** 58 **GR:** NN973053 **Description:** A long fine walk, mostly on hill paths, over broad smooth summits taking in Innerdownie, Whitewisp Hill and Tarmangie Hill before dropping down and walking out along side of Glensherup Reservoir. **Note:** RADO. CWRA. **Leader:** Alison Matthews, 01592 780450

Perth: Dronley and Templeton Woods

Grade C+: 7.5mls ▲200m/656ft. **Depart:** ASDACP at 09:00 **Walk start:** Clatto Country Park CP Dundee at 10:00 **OS:** 54 **GR:** NO368343 **Description:** A circular walk, via Dronley Wood, Birkhill and return by Templeton Wood. **Note:** RADO. Accompanied children if fit. **Leader:** Stewart Inglis, 01738 621367

Sunday 4th October

Broughty Ferry: Carnoustie Circular

Grade C: 6mls/3hrs **Depart:** OCCP at 10:00 **Walk start:** Tayside St. Car Park (at sea side of Railway station level crossing) at 10:30 **OS:** 54 **GR:** NO567344 **Description:** Circular walk around Carnoustie via Panbride. **Note:** DWOL. **Leader:** Alex Kelman, 01382 776928, 07840 732842

Kinross and Ochil: The moor road, Ceres and Hill of Tarvit

Grade C+: 8mls **Depart:** RASCP at 09:30 **Walk start:** Fluthers car park, Cupar at 10:00 **OS:** 59 **GR:** NO378146 **Description:** Walk starts in Cupar and progresses via an old pre-turnpike road to Ceres up Hill of Tarvit then return to Cupar. **Note:** DWOL. CWRA. **Leaders:** Rosemary Smith, 01577 862520 and Mike Smith 01577 862520

Stirling & Falkirk: River Ericht (Coach)

Grade C+: 8mls/4.5hrs ▲0m/0ft. **Depart:** LACP at 09:30 **Walk start:** Wellmeadow CP Blairgowrie at 10:45 **OS:** 59 **GR:** NO180453 **Description:** Following the river southwards from Blairgowrie to Kitty Swansons bridge and return on the other side. **Note:** RADO. NoSC. Coach Walk £12 - Names to Ray by 20th September **Leader:** Ray Finlay, 01786 449135, 07792 549363, rayfin_1@hotmail.com

Tuesday 6th October

Kinross and Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. Details on first page of this programme.

Kirkcaldy: Langtoun Daunders - Pathhead to West Wemyss (Victoria Copse)

Grade C: 6mls **Depart:** KRSN at 09:45 **Walk start:** Public car park at top of Path at 10:00 **OS:** 59 **GR:** NT288925 **Description:** Walk along Coastal Path from Pathhead to West Wemyss (Victoria Copse picnic area) and return by same route. Proposed lunch venue Path Tavern. **Note:** DWOL. CWRA. **Leader:** Elma Jackson, 01592 200334

Thursday 8th October

Dalgety Bay: Roamers Walk - Fordell Estate Circular

Grade D: 4mls/2hrs ▲25m/82ft. **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156835 **Description:** A morning walk through woodland and farmland. **Note:** RADO. **Leader:** June Wright, 01383 822358

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Friday 9th October

Dunfermline & West Fife: Autumn Weekend Meet

Description: Long Weekend Meet - Speyside. For more details check our web site.

Contact: Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

Saturday 10th October

Brechin: Goyle Hill

Grade C+: 8mils **Depart:** SNSB at 09:30 **Walk start:** Drumtochty car park at 10:15 **OS:** 45 **GR:** NO697799 **Description:** Gentle climb on forest tracks up to Goyle Hill (464m /1,520ft). Return by same route.

Leader: Colin Whyte, 01356 622283, 07949 402506, colinwhyte@colinwhyte.plus.com

Dundee: Glenartney to see Deer Rut

Grade C: 7mils/4hrs **Depart:** CWCP at 09:00 **Walk start:** Car Park Glenartney. From Comrie turn right over bridge to Army Hut then down single track road to car park at 10:30 **OS:** 57 **GR:** NN712162 **Description:** Leisurely walk hoping to see and hear deer rutting. Some road walking, bring binoculars. **Note:** CWRA.

Leader: Rose Garvie, 07812 826905

Perth: Benarty Hill, Harran Hill Wood from Lochore Meadows

Grade B: 7.5mils ▲356m/1167ft. **Depart:** ASDACP at 09:15 **Walk start:** Main CP next to Lochore Meadows Visitor Centre at 10:00 **OS:** 58 **GR:** NT170962 **Description:** Walk from Lochore Meadows, through Harran Hill Wood onto Benarty Hill. Return via Benarty Wood. Some strenuous, sustained climbs. Suggest waterproof boots, gaiters & walking poles. (Poss.1.5mils extension around Loch Ore - weather dependant) **Note:** RADO.

Leader: Tara Harper, 07762 265869

St. Andrews & NE Fife: Blairadam Forest

Grade C+: 7mils/4hrs ▲64m/210ft. **Depart:** FCPC at 09:30 **Walk start:** Blairadam Forest car park,, 400m from Jn 4 on M90,taking the B914 west from Kelty (signposted Dollar) at 10:30 **OS:** 58 **GR:** NT130937 **Description:** Moderate, low level, circular walk following good paths and tracks through forest, with one short section on minor road. Look out for red squirrels, lofty trees, elegant bridges and old mine workings. **Note:** RADO. NoSC.

Leader: J. Forret, 01334 656137, james.forret@btinternet.com

Sunday 11th October

Glenrothes: Pentlands Circular

Grade B: 8mils/4.5hrs **Depart:** LCCP at 10:00 **Walk start:** Top of Torphin Rd, Colinton at 11:15 **OS:** 344 **GR:** NT204680 **Description:** Walk to Blinkbonney Glen via the Water of Leith. Uphill to Pentlands Regional Park and on to Bonaly Reservoir via Harbour Hill. Returning by Clubbidean Reservoir and track below Torphin Quarry. **Note:** RADO. CWRA.

Leader: S. Fury, 01592 756497, sheena_fury@yahoo.co.uk

Stirling & Falkirk: Drumpellier Country Park and Bishop Loch

Grade C: 7mils/3.5hrs ▲99m/324ft. **Depart:** LACP at 09:30 **Walk start:** Drumpellier Country Park Visitor Centre CP at 10:30 **OS:** 64 **GR:** NS705664 **Description:** The walk does a circuit of the Country Park, with a detour to Bishop Loch. Good paths throughout. **Note:** RADO. NoSC.

Leader: James Higgins, 01786 470641, jameshig0@gmail.com

Strathay: Glen Tilt and Glen Bruar

Grade B: 13mils **Depart:** CGCP at 09:30 **Walk start:** Old Bridge of Tilt at 10:00 **OS:** 43 **GR:** NN874662 **Description:** A circular route up Glen Tilt, over the shoulder of Beinn a' Chait to Glen Bruar and return. **Note:** RADO.

Leader: John & Lily Fleming, 01887 820575, jandlfleming@btinternet.com

Monday 12th October

St. Andrews & NE Fife:

Group Committee Meeting

Meet: Cupar "Y" at 19:00

Contact: N. Haxell, 01334 839117, nickyhax@gmail.com

Tuesday 13th October

Dalgety Bay:

Round the Reservoirs, Lomond Hills

Grade C+: 7mls/4hrs ▲100m/328ft. **Depart:** DBSCCP at 09:30 **Walk start:** Holl Reservoir Car Park at 10:30 **OS:** 58 **GR:** NO224035 **Description:** From Car Park Harperleas Reservoir and return past Ballo Reservoir. Mainly on tracks and paths with little road walking. **Note:** RADO.

Leaders: Rose Nutt, 01383 822669, 07969 198917 and Heather Haines, 07990 660724

Thursday 15th October

Dundee:

Newtyle Circular

Grade C: 4mls/2hrs **Depart:** CWCP at 10:00 **Walk start:** Car Park North Street Newtyle at 10:30 **OS:** 53 **GR:** NO296415 **Description:** Disused Railway Tracks, pleasant views, can be muddy.

Leader: A L Gibson, 01382 814890

Glenrothes:

Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 17th October

Blairgowrie:

Bishop Hill Circular from Holl Reservoir

Grade C+: 7.5mls ▲273m/895ft. **Depart:** WBCP at 09:15 **Walk start:** Parking area at Holl Reservoir at 10:30 **OS:** 58 **GR:** NO224035 **Description:** Tracks and hill paths, can be very boggy. **Note:** RADO.

Leader: Mike Morris, 01828 632548, morris.inchley@btinternet.com

Dalgety Bay:

South Queensferry to Eagle Rock

Grade C+: 8mls/4hrs ▲100m/328ft. **Depart:** DBSCCP at 09:30 **Walk start:** South Queensferry Esplanade CP at 10:00 **OS:** 65 **GR:** NT136783 **Description:** A figure of eight walk on paths and tracks. The outward leg follows the coastal path. The return leg is through Dalmeny Park. **Note:** RADO.

Leader: Ben Douglas, 01383 822715, 07852 658675

Glenrothes:

Lochore Meadows – Kelty Circular (Negligible ascent)

Grade C: 7mls/3.5hrs **Depart:** LCCP at 10:00 **Walk start:** Lochore Meadows CP at 10:30 **OS:** 58 **GR:** NT171962 **Description:** Farm tracks and a little road walking with excellent views. **Note:** RADO. CWRA.

Leader: C & B Barton, 01383 725859, chrisandbetty@glenrothesramblers.co.uk

Kinross and Ochil:

Around Fanny Hill

Grade B: 7mls **Depart:** RASCP 09.30 or BURN at 09:30 **Walk start:** Castlehill Reservoir Car Park at 10:00 **OS:** 58 **GR:** NO002028 **Description:** A pleasant walk in a little visited part of the Ochils. Takes in 3 tops with good views and a forest walk. "Satisfaction guaranteed" (John Cleland). **Note:** CWRA.

Leaders: Alan Bridges, 01577 866813 and Jacqui Ritchie 01577 866813

Kirkcaldy:

Carriston Reservoirs & Kennoway Den

Grade C: 7.5mls **Depart:** KRSN at 09:30 **Walk start:** Car park at Durie Vale Roundabout, Windygates. at 10:00 **OS:** 59 **GR:** NO350006 **Description:** A pleasant walk in the countryside. A little pavement walking. Last day for reservation, with £5.00 deposit, for Group Winter Evening Meal on Saturday 28th November (£22.00 including tip). **Note:** RADO. NoSC. For details of Group Winter Evening Meal contact Liz Greig Tel 01592 653682.

Leader: Margaret Miller, 01592 266956

Sunday 18th October

Broughty Ferry: Cortachy - Airlie Monument

Grade C+: 7mls/4hrs **Depart:** OCCP at 09:30 **Walk start:** Corachy Car Park (next to school) at 10:30 **OS:** 54 **GR:** NO392596 **Description:** Circular walk by river and tracks to Dykehead. Some minor road walking and tracks up to Airlie Monument then Scott Monument. Return to car park via Coilamy, Dykehead. **Note:** DWOL.

Leader: Steve Carmichael, 01382 534119

Dundee: Spittalfield Circular

Grade C: 8mls **Depart:** CWCP at 09:45 **Walk start:** Spittalfield Bowling Green at 10:30 **OS:** 53 **GR:** NO106408 **Description:** Circular route on country tracks with lovely views. **Note:** Please note Sunday walk as shooting on Saturday

Leaders: Pat Hargraves, 01307 462882 and L Mitchell 01241 431641

Forfar: Lundie Crags from Hallyburton Car Park

Grade C+: 5mls **Depart:** EGCP at 10:00 **Walk start:** Hallyburton Car Park at 10:30 **OS:** 53 **GR:** NO264388 **Description:** A gentle climb from Car Park on Forestry Commission tracks to Lundie Crags with lovely views of River Tay and also of the Valley of Strathmore, then on to Ledcrieff Loch and return.

Leader: Dot Eaton, 01307 465319

Perth: Cat Law and Long Goat

Grade B+: 9mls ▲630m/2066ft. **Depart:** ASDACP at 09:00 **Walk start:** Roadside on minor road 0.5mile north of Muir of Pearsie at 10:00 **OS:** 44 **GR:** NO356618 **Description:** Along South Esk river to Bykenhillock, then climbing via The Crandard to summit of Cat Law and descending over Long Goat. **Note:** RADO.

Leader: John Andrews, 01738 827275, 07526 884953, john@jdandrews.co.uk

Stirling & Falkirk: Lower Largo /Shell Bay Circular

Grade C: 8mls/4hrs **Depart:** LACP at 09:30 **Walk start:** Lower Largo Car Park at 11:00 **OS:** 59 **GR:** NO423025 **Description:** Walk from Lower Largo to Shell Bay via old railway track. Return via Fife Coastal Path and beach. **Note:** RADO. NoSC.

Leader: Betty Brodie, 01324 556762, 07936 380395, bettybrodie@aol.com

Tuesday 20th October

Kinross and Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. Details on first page of this programme.

Wednesday 21st October

Dunfermline & West Fife: Glen Sherup & Ben Shee

Grade C+: 5mls/3hrs ▲300m/984ft. **Depart:** LPRCP at 09:30 **Walk start:** Glen Sherup car park at 10:15 **OS:** 366 **GR:** NN972051 **Description:** Forest road to reservoir. Cross dam then track along reservoir and up on to ridge SW of Ben Shee. Return either over Ben Shee or via Glen Devon.

Note: DWOL.

Leader: Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

Thursday 22nd October

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 24th October

Brechin: Johnshaven - Inverbervie Circular

Grade C+: 8.5mls **Depart:** SNSB at 09:30 **Walk start:** Johnshaven beach caravan park at 10:15 **OS:** 45 **GR:** NO801672 **Description:** Coastal path to Haughs of Benholm then up past Benholm Mill. Hill track past Tillygrain to Inverbervie. Return by coastal path via Gourdon.

Leaders: Janette Henderson, 01307 818872, hndrsnross@aol.com and Ross Henderson 01307 818872, hndrsnross@aol.com

Dundee: The Hermitage and Birnam Glen

Grade C+: 7mls/4hrs **Depart:** CWCP at 09:30 **Walk start:** Hermitage Car Park - Charge payable at 10:30 **OS:** 52 **GR:** NO013423 **Description:** Lovely walk taking in Hermitage, Pine Cone Viewpoint, Rumbling Fall and Birnam Glen.

Leaders: L Brown, 01382 884649, 07597 690186 and A McCreery 07519 650998

Dunfermline & West Fife: Ben Vrackie

Grade B+: 6mls/5hrs **▲**841m/2759ft. **Depart:** LPRCP at 08:30 **Walk start:** Ben Vrackie car park N of Moulin at 10:00 **OS:** 43 **GR:** NN945598 **Description:** Well made path through woodland and open moorland with some steep sections on ascent. Fine views towards Beinn a Ghlo and the Cairngorms. Return via Loch a Choire and Bealach na Searmoir. **Note:** DWOL.

Leader: Anne Laird, 01383 727515, 07768 860066, anne-laird@hotmail.co.uk

Perth: Lucklaw Hill from Balmullo

Grade C+: 6mls **▲**250m/820ft. **Depart:** ASDACP at 09:00 **Walk start:** Permission to park at Balmullo Inn CP at 10:00 **OS:** 59 **GR:** NO429209 **Description:** Figure of 8 walk taking in Wullie's wood, Cuplahills, Brighthouse through woods round back of Lucklaw up to top. Return downhill to Balmullo. Farm tracks, quiet road, steep sections. Some narrow paths overgrown & muddy. Lovely views if clear. **Note:** RADO.

Leader: Lynn Salvin, 01738 634628, 07712 298939, salvin@blueyonder.co.uk

Strathay: Kinnoull Hill

Grade C+: 8mls **Depart:** Chapel Street Bus Stop Aberfeldy at 08:55 **Walk start:** Mill Street Bus Stop Perth at 10:15 **OS:** 53 **GR:** NO116236 **Description:** Circular route past Quarrymill and Scone and up and over Kinnoull Hill, a fine viewpoint. **Note:** RADO.

Leader: Jenny Rees, 01887 830521, jenny.rees@virgin.net

Sunday 25th October

Glenrothes: Linlithgow circular

Grade C: 8mls/5hrs **Depart:** LCCP at 10:00 **Walk start:** CP off A706 at end of St Ninians Way at 11:00 **OS:** 65 **GR:** NS997771 **Description:** Around Loch passing Palace then along High Street to canal towpath, River Avon to viaduct, back to start point. Good paths and tracks. **Note:** RADO. CWRA.

Leader: G Christie, 01592 743282, 07943 178810, grant911a@yahoo.co.uk

Kirkcaldy: Seamab

Grade B: 8mls **▲**274m/900ft. **Depart:** KRSN at 09:00 **Walk start:** Lay-by at Castlehill Reservoir at 10:00 **OS:** 58 **GR:** NN997032 **Description:** A circular walk on hill paths and tracks which offers good views. **Note:** RADO. CWRA.

Leader: Liz Greig, 01592 653682, 07919 985239

St. Andrews & NE Fife: Murthly Castle Circular

Grade C+: 7mils/4hrs ▲137m/450ft. **Depart:** FCPC at 09:30 **Walk start:** Gellyburn Road end beside Murthly Castle on B9099 at 10:30 **OS:** 53 **GR:** NO093393 **Description:** A walk along forest tracks into Murthly Castle Estate, coming back alongside River Tay. Great river scenery. Good tracks throughout: may be muddy in places. **Note:** RADO. NoSC.

Leader: S. Dallas-Ross, 07828 403601, sarahadele.sdr@gmail.com

Stirling & Falkirk: Balforn & Endrick Water

Grade C+: 7.5mils/4hrs ▲200m/656ft. **Depart:** LACP at 09:30 **Walk start:** Car park beside The Cop in Buchanan Street, Balforn at 10:15 **OS:** 57 **GR:** NS545890 **Description:** This is an undemanding, scenic, interesting walk. Terrain is very varied with good views: hard surface, farm track, estate track, riverside foot path beside the Endrick Water. **Note:** RADO. NoSC.

Leader: Janette Seale, 01786 447107, 07709 957317, janette.seale@hotmail.co.uk

Tuesday 27th October

Dundee: AGM

Meet: Lochee Bowling Club, Muirton Road, Dundee at 19:30 **Description:** Hopefully the business part will be short and a tasty supper will be provided at a cost of £2 per person, payable on the night. Please contact Brian or Jean if you are coming as they need numbers for catering. **Note:** We have a speaker John Alexander who will give a talk on Whaling from South Georgia

Contact: J MacGillivray, 01382 623052, 07932 014859, jean.macgillivray@btinternet.com

Thursday 29th October

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 31st October

Blairgowrie: The Eye of the Window

Grade C+: 7mils **Depart:** WBCP at 09:15 **Walk start:** House of Bruar Car Park at 10:30 **OS:** 43 **GR:** NN820660 **Description:** We will follow the military road for 2 miles then on to the open moor and return using the path by Colrig Hill. **Note:** RADO.

Leader: Frances Cameron, 01250 875062, ron.cameron2@btinternet.com

Dalgety Bay: Kirkcaldy to Aberdour Linear

Grade C+: 9mils/5hrs ▲250m/820ft. **Depart:** Meadowfield Bus Stop for No. 7 bus at 09:00 **Walk start:** Seafield CP, Kirkcaldy at 10:00 **OS:** 66 **GR:** NT279898 **Description:** The walk follows the Coastal Path to Kinghorn, then inland to the Craigencalt Ecology Centre and over the Binn. The final section follows the Coastal Path. **Note:** RADO. The bus stops at the Sensory garden in Aberdour at 09:10

Leader: Margaret Johnston, 01383 860725

Forfar: Fiddlers and Bishop's Path - Dunkeld

Grade C: 6.5mils **Depart:** EGCP at 10:00 **Walk start:** Dunkeld North Car Park at 11:00 **OS:** 52 **GR:** NO026428 **Description:** Walk along banks of River Tay - Circular route past the cathedral - lovely woodland, crossing the river at the Jubilee Bridge and back via Neil Gow's Oak.

Leader: Lexie Lumsden, 01307 465829

Glenrothes: Howe of Fife Circular

Grade C: 6mils/3.5hrs **Depart:** LCCP at 10:00 **Walk start:** Birnie Loch CP on B937 off A91 at 10:30 **OS:** 59 **GR:** NO285125 **Description:** Virtually flat walk along tracks and rights of way - some road walking. Through farmland and forests. Some gates to climb. **Note:** RADO. CWRA.

Leader: H. Morrison, 01592 749170, hazmgtnor@hotmail.com

Kirkcaldy: Linlithgow Circular

Grade C+: 9mls **Depart:** KRSN at 09:00 **Walk start:** Vennell car park, Linlithgow (down Water Yett) at 10:00 **OS:** 65 **GR:** NT001772 **Description:** Walk with good views on minor roads and paths to Parkley Craigs, Bo'mains Farm, Bonnytounside Linlithgow and alongside Loch. **Note:** RADO. CWRA.

Leader: Liz Greig, 01592 653682, 07919 985239

Perth: Newburgh and Glenduckie Circular

Grade C+: 8mls ▲200m/656ft. **Depart:** ASDACP at 09:00 **Walk start:** CP near Newburgh Primary School at 09:45 **OS:** 59 **GR:** NO241182 **Description:** A walk mainly on farm tracks with slight uphill stretches via Lindores Hill, Higham to Glenduckie. Good views of the River Tay and beyond. **Note:** RADO. CWRA.

Leader: Kenny Valentine, 01738 446496

Sunday 1st November

Broughty Ferry: Wormit - Balmerino Loop

Grade C+: 9mls/5hrs **Depart:** TBCP at 09:30 **Walk start:** Bay Road Wormit (CP at end of road) at 10:00 **OS:** 54 **GR:** NO391260 **Description:** Circular Walk - Best and longest coastal woodland walk in Fife with superb views of Dundee and the Tay. Walking along paths and farm tracks (could be muddy). **Note:** DWOL.

Leaders: Evelyn Watson, 01382 480325 and Morag Banks 01382 858495

Kinross and Ochil: Torwood Castle & Tappoch Broch

Grade C: 6.5mls **Depart:** RASCP 09.00 or BURN at 09:15 **Walk start:** Plean Country Park Car Park at 10:00 **OS:** 57 **GR:** NS828868 **Description:** A circular walk through woodland and minor roads with a visit to two relics from the past. **Note:** DWOL. CWRA.

Leader: Peter Edgerton, 01577 840449

Stirling & Falkirk: Trossachs Trail

Grade C+: 9mls/5hrs ▲80m/262ft. **Depart:** LACP at 09:30 **Walk start:** Milton Car Park, Aberfoyle at 10:15 **OS:** 57 **GR:** NN499012 **Description:** A varied walk on good forest and lochside tracks. **Note:** RADO. NoSC.

Leader: Fiona McMurray, 01324 632740, 07814 995319, fionanmcmurray@btinternet.com

Tuesday 3rd November

Kinross and Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. Details on first page of this programme.

Kirkcaldy: Langtoun Daunderers - Kirkcaldy NE Circular

Grade C: 5mls **Depart:** KRSN at 10:00 **Walk start:** ASDA car park (Kirkcaldy) at 10:15 **OS:** 59 **GR:** NT287941 **Description:** Follow tracks and paths past Carberry to River Ore and Thornton before returning to car park. Intended lunch venue is 'The Dining Room'. **Note:** DWOL. CWRA.

Leader: Brian Clark, 01592 784553, bjclark@live.co.uk

Wednesday 4th November

Dunfermline & West Fife: Almondell Country Park and Union Canal Circular

Grade C+: 8mls/3.5hrs **Depart:** LPRCP at 09:30 **Walk start:** Car park at South entrance to Almondell Country Park at 10:15 **OS:** 65 **GR:** NT091681 **Description:** Interesting circular walk through Country Park and along Union Canal tow path. **Note:** DWOL.

Leader: Alan McGuckin, 01383 731557, 07970 172593, atmccg53@gmail.com

Thursday 5th November

Glenrothes: Glenrothes AGM

Meet: St Columba's church hall. at 19:30 **Description:** Tea & biscuits will be served. Please attend if you are keen to see our group thrive.

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Kirkcaldy: Annual General Meeting

Meet: St Bryce Church, Kirkcaldy at 19:30 **Description:** An opportunity for members to select their committee and to air their views. Please come along, have your say and support your Group.

Friday 6th November

Perth: Perth & District Annual General Meeting

Meet: Scone Old Church Hall, Burnside, Scone at 19:00 **Description:** AGM followed by free buffet & fun evening. Your opportunity to have your say about the group's activities. Business meeting including nominations for committee members & officers please. Come and join us for some surprises. **Note:** Plenty parking /No.7 bus route

Contact: Trevor Abell, 01738 813123, 07913 288098, tmbabell@gmail.com

Saturday 7th November

Brechin: Lundie Circular

Grade C: 7mils **Depart:** SNSB at 09:30 **Walk start:** Tullybaccart car park at 10:30 **OS:** 53 **GR:** NO263360 **Description:** Past Ledcreeff Loch and Lundie to Thripley. Return via Round Loch, Long Loch, the Mackenzie Meridian (Privy Prap) and Drumsuldry Wood.

Leader: Linda Robbie, 01307 464512, lnr1@btinternet.com

Dundee: Tullybaccart

Grade C: 7mils **Depart:** CWCP at 10:00 **Walk start:** Tullybaccart at 10:30 **OS:** 53 **GR:** NO263360 **Description:** Circular walk via Ledcreeff Loch, Leys and Lairds Loch. Mostly on tracks but a short stretch of road walking where great care should be taken.

Leaders: L Beveridge, 01382 730832, 07811 462266 and J Cumming 01382 642752, 07526 237526

Perth: Gartmorn Dam from Coalsnaughton Circular

Grade C: 7mils ▲61m/200ft. **Depart:** ASDACP at 09:00 **Walk start:** Muircot Farm Shop CP Coalsnaughton (FK13 6LS) at 10:00 **OS:** 58 **GR:** NS927957 **Description:** Circular walk from Muircot Farm shop dropping south of Gartmorn dam on good paths, tracks and old railway line, returning along north shore of dam with views to Ochils. **Note:** RADO.

Leader: Sue Henderson, 01738 861026, 07980 147967, tanniesue_peru@yahoo.com

St. Andrews & NE Fife: Around Fife Ness

Grade C: 6mils/3.5hrs ▲20m/65ft. **Depart:** FCPC at 10:00 **Walk start:** Marketgate in Crail at 10:45 **OS:** 59 **GR:** NO614078 **Description:** Walk on to Fife Coastal Path at Roome Bay, through caravan park, skirting former Royal Navy Air Station, to Danes' Dike & Fife Ness. Walk along path/shore, passing golf course, to Wormiston and return to Crail by minor roads and paths. **Note:** Possible walk extension round harbour and medieval town. Look out for low flying seagulls and wild golf shots.

Leader: J. Miller, 07936 382339, goodered@aol.com

Sunday 8th November

Glenrothes: Lochore Meadows - Benarty Hill

Grade B: 8mils/4.5hrs **Depart:** LCCP at 10:00 **Walk start:** Lochore Meadows CP at 10:30 **OS:** 58 **GR:** NT171962 **Description:** A walk by the lochside up Benarty Hill, over heather moorland with good views of Loch Leven and beyond. **Note:** RADO. CWRA.

Leader: G Christie, 01592 743282, 07943 178810, grant911a@yahoo.co.uk

Kirkcaldy: Blairadam & Loch Glow

Grade B: 10mls **Depart:** KRSN at 09:15 **Walk start:** Keltiehill Ave. footbridge, Keltie at 10:00 **OS:** 58 **GR:** NT133944 **Description:** A circular walk through forest and moorland with a circuit of Loch Glow. **Note:** RADO. NoSC.

Leaders: Mike Fairgrieve, 01592 784454 and Ros Fairgrieve 01592 784454

Stirling & Falkirk: Dupplin Cross

Grade C: 5mls/3hrs ▲ 121m/400ft. **Depart:** LACP at 09:30 **Walk start:** Take unsigned entrance on right hand side off A9 going north, 1km north of right turning for B934. Park on the 'old A9' roadway at 10:30 **OS:** 58 **GR:** NO040200 **Description:** A countryside ramble on good tracks with a wee steepish ascent. **Note:** RADO. NoSC.

Leader: Colin Thomson, 01786 472726, 07702 636505, colinbthomson@gmail.com

Strathtay: Deuchary Hill

Grade B: 10mls ▲ 438m/1440ft. **Depart:** CGCP at 09:30 **Walk start:** Dowally at 10:00 **OS:** 52 **GR:** NO000481 **Description:** Circular walk up Deuchary Hill by Loch Ordie and Mill Dam. **Note:** RADO.

Leader: Muriel Findley, 01887 820095, murfin41@btinternet.com

Monday 9th November

St. Andrews & NE Fife: St Andrews & NE Fife Ramblers Annual General Meeting

Meet: Cupar "Y" at 19:00 **Description:** Your support needed to approve accounts and ensure we have Group Committee for next year. We shall also seek views on future of annual holiday.

Contact: N. Haxell, 01334 839117, nickyhax@gmail.com

Tuesday 10th November

Dalgety Bay: Group AGM

Meet: Louie Browns, Dalgety Bay at 19:30 **Description:** Members are encouraged to attend.

Contact: Rose Nutt, 01383 822669, 07969 198917

Thursday 12th November

Blairgowrie: Annual General Meeting

Meet: Royal Hotel, Blairgowrie at 19:30 **Description:** The AGM will be preceded as usual by a bar meal at 6pm. The speaker is Eric Drummond, a long time member of Tayside Mountain Rescue. Any items for the agenda should be sent in by 29th October.

Contact: Pat Fraser, 01250 873577, patriciafraser@btinternet.com

Dalgety Bay: Roamers - In and Around Culross (minimal ascent)

Grade C: 4mls/2hrs **Depart:** Dalgety Bay Library at 09:30 **Walk start:** Culross East CP at 10:00 **OS:** 65 **GR:** NS989859 **Description:** A walk including a circuit of Preston Island. **Note:** RADO.

Leader: Ben Douglas, 01383 822715, 07852 658675

Dundee: Camperdown Circular with Coffee Stop

Grade C: 4mls/2hrs **Walk start:** Camperdown Car Park 1st right main drive at 13:15 **OS:** 54 **GR:** NO367328 **Description:** Paths in Camperdown Park.

Leader: A L Gibson, 01382 814890

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 14th November

Blairgowrie: Fife Coastal Path: Part 3

Grade B: 11mls ▲ 50m/164ft. **Depart:** WBCP at 09:00 **Walk start:** Street parking in Dalgety Bay at 10:15 **OS:** 66 **GR:** NT170837 **Description:** A flat walk from Dalgety Bay to Kinghorn. Return to start by bus or car shuttle. **Note:** RADO. Visitors must telephone in advance to confirm car parking and travel arrangements.

Leader: Bill Phillips, 01250 870260

Dalgety Bay: Allermuir - Glencorse circular in Pentland Hills

Grade B: 5.5mls/3.5hrs **▲**300m/984ft. **Depart:** DBSCCP at 09:30 **Walk start:** Flotterstone Visitors Information Centre at 10:30 **OS:** 66 **GR:** NT233632 **Description:** Visiting an iron age fort first, then a gradual ascent on east side of Castle Law to Allermuir (493m), then to Capelaw and Glencorse on good tracks and paths. **Note:** RADO.

Leader: Matsue Williams, 0131 332 4395

Dunfermline & West Fife: Barnton to Wester Hailes

Grade C: 7mls/4hrs **Depart:** LPRCP at 09:00 **Walk start:** Barnton bus stop at 09:30 **OS:** 66 **GR:** NT179755 **Description:** Suburban, linear walk through Cammo Estate, Craigmount, North & South Gyle Edinburgh Park, Union Canal to Wester Hailes Plaza. Bus back into Edinburgh. **Note:** DWOL. CWRA.

Leader: Olive Inglis, 01383 842693, 07773 995015, oliveminglis@aol.com

Glenrothes: Murthly Castle Estate

Grade C+: 7mls/4hrs **Depart:** LCCP at 10:00 **Walk start:** just south of the entrance to Murthly Castle Estate at 11:00 **OS:** 53 **GR:** NO093393 **Description:** A very pleasant walk by Roman bridge, River Tay and through the estate on good paths and tracks. **Note:** RADO. CWRA.

Leader: M Laing, 01337 832724, mlaing@glenrothesramblers.co.uk

Kinross and Ochil: Quarrymill, Scone & the Coronation Road

Grade C: 4mls **Depart:** RASCP at 09:30 **Walk start:** Car Park at Scone Old Parish Church at 10:00 **OS:** 58 **GR:** NO132256 **Description:** Woodland, historic paths and a royal connection. Walk will be followed by a meal (details later) and our AGM. **Note:** CWRA.

Leader: Andrew Burnett, 01577 862977

Kirkcaldy: Around Aberdour

Grade C: 7mls/4hrs **▲**121m/396ft. **Depart:** KRSN at 09:45 **Walk start:** Silver Sands car park, Aberdour at 10:30 **OS:** 66 **GR:** NT198851 **Description:** A circular walk from Aberdour, inland for some lovely views and back along Fife Coastal Path. **Note:** RADO. NoSC.

Leader: Carole Shann, 01592 328742, 07910 099262, caroleshann@gmail.com

Perth: Around Errol

Grade C: 11mls **▲**50m/164ft. **Depart:** ASDACP at 09:00 **Walk start:** CP to west of Errol Parish Church at 09:30 **OS:** 59 **GR:** NO253229 **Description:** Circular walk along Tay past Port Allen, inland to Lornie Wood, Inchcoonans, return by Errol Station to start. Almost level walk on minor roads, tracks and paths, with couple of field edges which could be muddy. Can be shortened to 9.5mls. **Note:** RADO.

Leaders: Pete Trant, 01738 565075, 07985 202934 and Anne Trant 07557 785696, thetrants@virginmedia.com

Sunday 15th November

Broughty Ferry: Perth Town Centre

Grade D: 4.5mls/3hrs **Depart:** CWCP at 10:15 **Walk start:** South Inch Car Park Perth at 11:00 **OS:** 58 **GR:** NO119231 **Description:** Walk the medieval streets of Perth, taking in the towns early expansion during the 17th and 18th century. Walking mainly on pavements and roads. **Note:** DWOL.

Leader: Dave Banks, 01382 858495, 07719 382703

Forfar: Tannadice Circular

Grade C: 5mls **Depart:** EGCP at 10:00 **Walk start:** Tannadice School at 10:20 **OS:** 54 **GR:** NO475582 **Description:** Walk from school along farm tracks and return.

Leader: Dorothy Hutcheon, 01307 468034

Stirling & Falkirk: Fungarth Hill Dunkeld and River Tay

Grade C+: 7.5mls/4hrs **▲**243m/800ft. **Depart:** LACP at 09:30 **Walk start:** North Car Park Dunkeld, Atholl Street PH8 0AR at 10:45 **OS:** 53 **GR:** NN995497 **Description:** walking generally on good tracks and roads. **Note:** RADO. NoSC.

Leader: Nigel Whitelaw, 07421 057930, nwhitelaw@hotmail.co.uk

Tuesday 17th November

Kinross and Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. Details on first page of this programme.

Wednesday 18th November

Broughty Ferry: Group AGM

Meet: At Ladies Panmure Golf Club 7 Princess St. Monifieth at 19:00 **Description:** All Welcome.

Contact: Lorraine Carmichael, 01382 501599

Dunfermline & West Fife: Moncrieff Hill

Grade C+: 5mls/3hrs **▲**250m/820ft. **Depart:** LPRCP at 09:30 **Walk start:** Tay Car Park, north of Moncrieff Hill at 10:15 **OS:** 369 **GR:** NO137211 **Description:** Circular walk through Moncrieff Hill woods. along the sculpture trail and on to Moredun Top fort. **Note:** DWOL.

Leader: Maureen Paul, 01383 727875, 07842 386718, apaspaul9@gmail.com

Thursday 19th November

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 21st November

Brechin: Auchenblae

Grade C: 7mls **Depart:** SNSB at 09:30 **Walk start:** Auchenblae Cemetery car park at 10:15 **OS:** 45 **GR:** NO722789 **Description:** Via Coupers Road to Drumelzie Wood then forest tracks to Garrold Wood and Strathfinella. Return by same route.

Leader: Colin Whyte, 01356 622283, 07949 402506, colinwhyte@colinwhyte.plus.com

Dalgety Bay: Craigie & Mailer Hill

Grade C: 5mls/3.5hrs **▲**230m/754ft. **Depart:** DBSCCP at 09:30 **Walk start:** Low Road, Perth at 10:20 **OS:** 58 **GR:** NO100226 **Description:** Gentle walk through Buckie Braes past Craigie Hill Golf Course and then on to Mailer Hill. Return via St. Magdalene's Hill. **Note:** RADO.

Leader: Audrey Price, 01383 824173, 07871 806582

Dundee: Backwater Reservoir to Eskielawn via Glenhead Lodge

Grade C+: 7mls **▲**607m/1991ft. **Depart:** CWCP at 09:15 **Walk start:** End of public road on right (east) side of Backwater Reservoir at Glenhead Farm - Limited Parking at 10:15 **OS:** 44 **GR:** NO260628 **Description:** A nice walk in hill country on tracks all the way. Good view from summit.

Leader: Ian Young, 01382 643846

The Forfar McGonagall - A Walk in Glen Isla

As we set out on another weekend ramble with a look at the sky it
could be a gamble,

Sending up the glen with its unequalled view, it's into Freuchie carpark
with room for a few.

Out of our cars we all gather together, still looking at the clouds and
checking the weather,

But off we go and it starts with a climb, with the surrounding area so
sublime

As we follow this winding forestry track, after two miles we decide to
stop for a snack,

Refreshed, watered and feeling perky, we are now in view of the lodge at
Glenmarkie.

Passing this very substantial white building and opposite the chance of
some pony trekking,

As we head up around Craigie Law, it is now time for another
"Blaw".

This we call our midway break, not a long stop we would take,

With all being attacked by an army of flies, as usual in the hills this is
no surprise.

We are walking again on top of this plateau, with light drizzle and the
mist being rather low,

But still clear enough to see dozens of deer, with Loch Shandra now
becoming near.

***As we come out of this tree felled land, the loch now appears to our
right hand,***

***With the jumping circles of the excited brown trout and the two men in a
boat trying to take them out.***

***A family of swans just enjoying every inch, while we spotted on a post
a lovely bullfinch,***

***As we pass this peaceful loch's man- made sluice, just in time for a
quick stop and a drink of juice.***

***Now that we have reached our Seven mile mark, one more and we will
be back at the car park,***

***After a day in Isla and its lovely scenic glen, without doubt we will be
back again.***



The Angus Glens

Dunfermline & West Fife: Ben Vane from the North

Grade B+: 6mils/5hrs ▲620m/2034ft. **Depart:** LPRCP at 08:30 **Walk start:** Ballimore Farm in Glen Buckie, 2 miles south of Balquhiddar at 10:30 **OS:** 57 **GR:** NN529174 **Description:** A fairly short, straightforward hill walk to a Trossachs Corbett, with great views of the surrounding Southern Highlands and lochs. **Note:** DWOL.

Leader: Grant Robertson, 01383 729171, 07936 738581, grobert50@tesco.net

Perth: Coast and Country around Kinghorn

Grade B: 8.5mils ▲270m/885ft (**Grade C+:** 6.5mils ▲200m/656ft) **Depart:** ASDACP at 09:00 **Walk start:** Kinghorn Loch CP at 10:00 **OS:** 66 **GR:** NT261873 **Description:** **B:** By minor roads and tracks passing Banchory and Tyrie to south end of Kirkcaldy, then along coast path to Kinghorn and Grangehill. Longer walk includes Binnend. **C+:** **Note:** RADO.

Leader: John Andrews, 01738 827275, 07526 884953, john@jdandrews.co.uk.

St. Andrews & NE Fife: Newburgh-Glenduckie Circular

Grade C+: 8.5mils/5hrs ▲120m/393ft. **Depart:** FCPC at 09:30 **Walk start:** Car park beside Newburgh Primary School at east end of village at 10:00 **OS:** 59 **GR:** NO241182 **Description:** A walk on farm tracks with some uphill stretches via Lindores Hill, Higham to Glenduckie. Return by coastal path. Good views of River Tay and beyond. **Note:** RADO. NoSC.

Leader: S. Richmond, 01382 542516, susanrichmond@live.co.uk

Strathguy: Birnam Hill

Grade C+: 6mils ▲352m/1155ft. **Depart:** Chapel Street Bus Stop Aberfeldy at 08:55 **Walk start:** Bridge Street Dunkeld at 09:30 **OS:** 52 **GR:** NO026422 **Description:** Circular route up Birnam Hill and Kings Seat. **Note:** RADO.

Leader: Margaret & Dick Thomas, 01887 829710, zyzythomas@waitrose.com

Sunday 22nd November

Glenrothes: Wormit to Balmerino Circular

Grade C+: 8mils/4.5hrs **Depart:** LCCP at 10:00 **Walk start:** Wormit at far end of Bay Road at 10:45 **OS:** 59 **GR:** NO392259 **Description:** A coastal and woodland walk with superb views of the River Tay and Dundee. Minimal ascent. **Note:** RADO. CWRA.

Leader: I. Rankin, 01337 830360, ishabel.rankin@mypostoffice.co.uk

Kirkcaldy: Bowhill - Lochore Meadows Circular

Grade C+: 11mils **Depart:** KRSN at 09:30 **Walk start:** Bowhill Institute (opposite bowling green) at 10:00 **OS:** 58 **GR:** NT215955 **Description:** Circular walk on minor roads, woodland paths and tracks via Woodend, Crosshill, the Meadows, Lochgelly, Dundonald and Cardenden Den. **Note:** RADO. CWRA.

Leader: Elaine Collins, 07739 964212

Stirling & Falkirk: Braeval, Aberfoyle

Grade C+: 7mils/5hrs ▲152m/500ft. **Depart:** LACP at 09:30 **Walk start:** Braeval Car Park at 10:15 **OS:** 57 **GR:** NN541006 **Description:** A good walk in the foothills of the Menteith Hills from Braeval with a mixture of forest and open views. **Note:** RADO. NoSC.

Leader: Janet McNee, 01324 872205, 07929 130582, janet.mcnee@googlemail.com

Tuesday 24th November

Dalgety Bay: Programme Planning Meeting

Meet: Louis Brown's, Dalgety Bay at 19:30 **Description:** Come along to discuss the programme for next summer. All members welcome to attend. It would be helpful if walks ideas could be submitted by e-mail, if possible, one week prior to the meeting.

Contact: Andrew Lees, 01383 824795, 07901 806024, piano.man@btinternet.com

Thursday 26th November

Dunfermline & West Fife: Annual General Meeting

Meet: Dell Farquharson Centre at 19:30

Contact: Marion Webster, 01383 728132, mjpwebster@aol.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 28th November

Blairgowrie: Burleigh Sands and Castle

Grade C: 6mls ▲40m/131ft. **Depart:** WBCP at 09:30 **Walk start:** Car Park at Burleigh Sands at 10:15 **OS:** 58 **GR:** NO134040 **Description:** Starting at Burleigh Sands, we walk along paths and tracks beside Loch Leven with a coffee stop at the Laird's Larder. We return via the loch and a disused railway track through woodland to Burleigh Castle and return to the sands. **Note:** RADO.

Leader: Anne Easson, 01828 628001, a.easson@btinternet.com

Dundee: Gella Circular

Grade C+: 6mls/5hrs **Depart:** OCCP at 09:15 **Walk start:** Gella Bridge at 10:30 **OS:** 44 **GR:** NO378655 **Description:** Gella Farm to tracks near Monawee, return Glencuilt.

Leader: Nan Hargraves, 01307 462016

Forfar: Rossie Estate Abernyte

Grade C: 6mls **Depart:** EGCP at 10:00 **Walk start:** Abernyte Church at 10:45 **OS:** 53 **GR:** NO267312 **Description:** A circular walk around the estate starting at Abernyte Church.

Leader: Mary Morrison, 01307 464912, 07514 491168

Glenrothes: Tay Bridge to Newport circular

Grade C+: 9mls/5hrs **Depart:** LCCP at 10:00 **Walk start:** Tay Bridge car park at 10:45 **OS:** 59 **GR:** NO427288 **Description:** Through Tayport on the coastal path then to Morton Lochs and Kirkton Barns returning via Chesterfield and Causewayhead. **Note:** RADO. CWRA.

Leader: T. McLaren, 07903 132319, tmclaren39@gmail.com

Kirkcaldy: Hill of Tarvit from Ceres & Evening Meal

Grade C+: 7.5mls **Depart:** KRSN at 10:15 **Walk start:** Car park opposite Fife Folk Museum, Ceres. at 11:00 **OS:** 59 **GR:** NO400115 **Description:** By Denhead and Craigrothie to monument on Hill of Tarvit. Returning by Scotstarvit Tower & Chance Inn to Denhead and start at Ceres. Walk shall be followed with an evening meal at Elmwood Golf Club, 4.00 pm, where non walkers may join. **Note:** RADO. NoSC.

Leader: Glena Douglas, 01592 640163, 07847 675961

Perth: Tracks to Loch Skiach

Grade C+: 8mls ▲350m/1148ft. **Depart:** ASDACP at 09:00 **Walk start:** Layby on the uphill side of the road 400m NW of Balmacneil at 10:00 **OS:** 52 **GR:** NN976507 **Description:** Circular walk on fishermen's tracks through woods to moorland above Strath Tay with a lochside bothy stop for lunch. Tracks mostly good but sometimes extremely narrow in the heather. **Note:** RADO.

Leader: Gil McGeachy, 01738 583940, 07946 655068, gil.mcgeachy@gmail.com

Sunday 29th November

Dalgety Bay: Blackford & Gleneagles Circular

Grade C: 7.5mls/4hrs ▲80m/262ft. **Depart:** DBSCCP at 09:30 **Walk start:** Eaglesgate Retail Village CP in Blackford at 10:30 **OS:** 58 **GR:** NN895088 **Description:** The walk follows a right of way across Gleneagles Golf Course passing near Gleneagles Hotel, before returning to Blackford via another right of way. **Note:** RADO.

Leader: Audrey Robertson, 01383 860569

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Kinross and Ochil: Crook of Devon to Muckhart

Grade C: 7mls **Depart:** RASCP at 09:45 **Walk start:** Crook of Devon Hall at 10:00 **OS:** 58 **GR:** NO038002 **Description:** A circular walk on paths and tracks, taking in Rumbling Bridge Gorge. Some road walking. **Note:** RADO. CWRA.
Leader: Margaret Best, 01577 864112

Stirling & Falkirk: Braco Lochs

Grade C: 6mls/3hrs ▲60m/200ft. **Depart:** LACP at 09:30 **Walk start:** Feddal Road (B8033), Braco at 10:00 **OS:** 57 **GR:** NN836097 **Description:** Easy walk around Lower Rhynd and Upper Rhynd reservoirs, mostly on good tracks and roads. **Note:** RADO. NoSC.
Leader: Janet McAuley, 01786 489903, janetsfr@btinternet.com

Tuesday 1st December

Kinross and Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. Details on first page of this programme.

Kirkcaldy: Langtoun Daunderers - Kinghorn to Kirkcaldy

Grade C: 5mls **Depart:** KRSN for 9.59 train to Kinghorn at 09:50 **Walk start:** Kinghorn railway station at 10:05 **OS:** 66 **GR:** NT270868 **Description:** Linear walk inland by Grangehill, Craigencait and Banchory to Inveriel. N.B. Walk Leader will be on the train. Proposed lunch venue will be at 'Morrison's'. **Note:** DWOL. CWRA.
Leader: Ros Fairgrieve, 01592 784454

Thursday 3rd December

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 5th December

Brechin: Hillside Circular

Grade C: 6mls **Depart:** SNSB at 09:30 **Walk start:** Hillside car park at 10:00 **OS:** 45 **GR:** NO708610 **Description:** Circular walk round the Hillside area.
Leader: June Greig, 01674 676413

Dunfermline & West Fife: Lochore & Harran Hill

Grade C+: 5mls/3hrs ▲80m/262ft. **Depart:** LPRCP at 09:30 **Walk start:** Car park at Western end of Country Park, just off the Great North Road. at 10:00 **OS:** 367 **GR:** NT152949 **Description:** Approach Lochore from the west. Path over Harran Hill and along Ladath Stripe to visitor centre. Return along south shore of loch. **Note:** DWOL.
Leader: Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

Perth: Walk to Keillour Forest

Grade C: 8mls ▲60m/200ft. **Depart:** ASDACP at 09:00 **Walk start:** Keillour Forest on back road from Methven to Strathalmond at 09:30 **OS:** 52 **GR:** NN964264 **Description:** Figure of eight walk along forest tracks with many views to north and south. Might be muddy. **Note:** RADO.
Leader: Roger Brickell, 01764 656114, 07733 317725, roger@brickell.eclipse.co.uk

St. Andrews & NE Fife: Group Christmas Lunch with optional pre-lunch circular walk

Meet: The View Restaurant, Wormit at 12:30 **Description:** 3 course lunch at estimated cost of £22-£25 (2 course option available). Confirm attendance by 21st November. Optional walk -4miles, C+ , start from restaurant car park at 10:00. May be muddy in places but fine views. **Note:** Walking on pavements, country and coastal paths and tracks, field edges. Uphill section(200ft) near start.
Contact: W. Aitken, 01334 470066, 07908 721466, wh.aitken@talktalk.net

Sunday 6th December

Broughty Ferry: Arbroath - St. Vigeans

Grade C: 5mls **Depart:** OCCP at 09:45 **Walk start:** West Links C/P (Pleasureland) Arbroath at 10:30 **OS:** 54 **GR:** NO637402 **Description:** Semicircular Walk to St Vigeans. **Note:** DWOL.
Leader: Alex Kelman, 01382 776928, 07840 732842

Glenrothes: Coull Reservoir to Holl Reservoir

Grade C: 7mls/4hrs **Depart:** LCCP at 10:00 **Walk start:** Pitcairn Ranger Station at 10:15 **OS:** 370 **GR:** NO267034 **Description:** Walk in the Lomond Hills passing the reservoirs. Good views. **Note:** CWR. RADO. Leader will meet at start of walk. **Note:** RADO. CWR. **Leader:** Wendy Cumming, 07568 163296, splish2splish@gmail.com

Stirling & Falkirk: South Falkirk, "Where Town Meets Country"

Grade C: 7.5mls/4hrs **Depart:** LACP at 09:30 **Walk start:** Greenrig Car Park, Lochgreen Road at 10:15 **OS:** 65 **GR:** NS859785 **Description:** Another foray into the extensive path network around Falkirk. A variation on a previous walk - hopefully this time not in thick fog!! **Note:** RADO. NoSC. **Leader:** Fiona McMurray, 01324 632740, 07814 995319, fionanmcmurray@btinternet.com

Strathay: Garth Circular

Grade C+: 7mls **Depart:** CGCP at 09:30 **Walk start:** Keltneyburn at 09:45 **OS:** 52 **GR:** NN773491 **Description:** Up the side of the Keltney Burn and past Garth Castle. **Note:** RADO. **Leader:** Alistair Cameron, 01887 820555, alistair@cameron2.plus.com

Thursday 10th December

Dalgety Bay: Roamers - Dalgety Bay to Aberdour (minimal ascent)

Grade D: 2.5mls/3hrs **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156835 **Description:** A walk along the Coastal Path with seasonal refreshment in Aberdour. Return by bus. There is the option to return on foot, **Grade C:** 5mls 4hrs. **Note:** RADO. **Leader:** Donald Wallace, 01383 822905

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Friday 11th December

Kirkcaldy: Summer 2016 Walk's Programme

Please send suggestions for summer walks programme to Brian Clark (Walks Prog. Co-Ord.) by 30th December.

Contact: Brian Clark, 01592 784553, bjclark@live.co.uk

Saturday 12th December

Blairgowrie: Dowally to Loch Ordie

Grade C+: 8mls ▲200m/656ft. **Depart:** WBCP at 09:30 **Walk start:** Bridge at Dowally - not Craft Centre at 10:15 **OS:** 52 **GR:** NO002481 **Description:** Steady ascent to Loch Ordie with beautiful views, returning round Deuchary Hill and on to Roar Lodge passing Rotmell and Dowally Lochs. **Note:** RADO.

Leader: Madeleine McIntosh, 01250 872005, 07904 382840, madeleine.mcintosh@hotmail.co.uk

Dalgety Bay: Christmas Lunch

No venue has been chosen yet, but members will be informed in the usual way.

Contact: Rose Nutt, 01383 822669, 07969 198917

Dundee: Alyth Circular

Grade C: 7mls **Depart:** CWCP at 09:45 **Walk start:** Alyth Market Square at 10:30 **OS:** 53 **GR:** NO246485 **Description:** Circular route with good paths and drove roads. Through Den of Alyth then through farmlands.

Leaders: Pat Hargraves, 01307 462882 and Martha McCallin 01307 462272

Forfar: Glamis/Charleston (Followed by Christmas Meal)

Grade C: 6mils **Depart:** EGCP at 10:30 **Walk start:** Strathmore Arms Car Park at 10:50 **OS:** 54 **GR:** NO384468 **Description:** A pleasant walk around Glamis or Charleston, depending on weather, followed by Christmas Lunch in the Strathmore Arms, Glamis at 1pm Contact Christine by 15th November to book your place.

Leader: Christine Ferguson, 01382 532384

Kirkcaldy: East & West Lomond Summits

Grade B: 9mils **Depart:** KRSN at 09:15 **Walk start:** Car park at East Lomond Signal Station at 10:00 **OS:** 59 **GR:** NO252058 **Description:** A climb of both East & West Lomond Hills followed by a walk back to the start via Harperleas Reservoir. Hill paths and tracks all the way. Excellent views on a good day. **Note:** RADO. CWRA.

Leader: Brian Clark, 01592 784553, bjclark@live.co.uk

Perth: Black Hill near Falkland and East Lomond

Grade B: 7mils ▲400m/1312ft. **Depart:** ASDACP at 09:00 **Walk start:** Pillars of Hercules near Falkland on A912 about 2miles west of Falkland at 09:45 **OS:** 59 **GR:** NO242082 **Description:** Walk up Black Hill forest climbing to Tyndall Bruce monument. Continue through plantation onto path leading to West Lomond. Turn back to climb East Lomond then descend through the Douk Plantation to Falkland. Return to start through estate. **Note:** RADO.

Leader: Trevor Abell, 01738 813123, 07913 288098, tmbabell@gmail.com

Sunday 13th December

Broughty Ferry: Broughty Ferry - Barnhill Circular

Grade C: 4mils/3hrs **Walk start:** Broughty Ferry Esplanade Car Park (opposite Shiell St. Path) at 11:00 **OS:** 54 **GR:** NO476310 **Description:** Circular Walk via Barnhill and the Seven Arches. **Note:** DWOL.

Leader: Alex Kelman, 01382 776928, 07840 732842

Glenrothes: A choice of two walks followed by a festive meal

Grade C: 7.5mils/4.5hrs (Shorter walk: 5mils/3.5hrs) **Walk start:** LCCP at 11:00 for longer walk or Car Park behind St Columbas Church at 13:00 **Description:** Two easy walks with the object of preparing you for a Christmas meal at Drummonds Steakhouse (Markinch - was the Laurel Bank) at 4 pm (everyone should meet, including those who are not walking at the hotel by 3.30pm). To ensure a place, please book at least two weeks before (John Duncan or Donald Cumming). **Note:** RADO. CWRA. There will be a quiz, so be prepared.

Leaders: J. Duncan, 01337 831888, john@johnandmorven.co.uk (Shorter walk: D. Cumming 01592 742782 & D. Bell 01592 630296)

Kinross and Ochil: Christmas Walk & Lunch

Grade C: 5mils **Description:** A short walk in the Stirling University/Bridge of Allan area, followed by lunch. Details to be confirmed later.

Leaders: Aileen Whitelaw, 07508 243124 and Liz Burns 01259 750389

Stirling & Falkirk: River Forth from Stirling to Dobbies Garden Centre Linear

Grade D: 5mils/3hrs **Depart:** Catch No. 59 bus from Dobbies Garden Centre, FK9 4UF, Drip Road at 10:17 **Walk start:** Stirling Bus Stn. Goosecroft Road at 10:30 **OS:** 57 **GR:** NS799935 **Description:** Good tracks although muddy in places. **Note:** RADO. NoSC. Park away from Dobbies please

Leader: Hilary Thomson, 01786 472726, 07834 529694, hilarydthomson@gmail.com

Tuesday 15th December

Dundee: Christmas Meal

Meet: Queens Hotel Dundee at 19:00 **Description:** Once again we are having our Christmas Meal in the Queen's Hotel, Dundee. Cost £17. Name and £7 deposit to Nessie by 1st November and balance to be paid by 3rd December.

Contact: Nessie Cowie, 01382 507682

Kinross and Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. Details on first page of this programme.

Thursday 17th December

Dunfermline & West Fife: Craigluscar Hill and Forestry - afternoon walk

Grade C+: 4mls/2.5hrs ▲100m/328ft. **Depart:** LPRCP at 12:00 **Walk start:** Craigluscar car park at 12:15 **OS:** 367 **GR:** NT059907 **Description:** A walk on forest and open hillside tracks. The actual route taken will depend upon weather conditions. **Note:** DWOL.

Leader: Margaret Graham, 01383 738429, 07745 219494, margaret.graham@live.co.uk

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 19th December

Brechin: Christmas Walk & Lunch - Glamis

Grade C: 5mls **Depart:** SNSB at 09:30 **Walk start:** Strathmore Arms, Glamis at 10:00 **OS:** 54 **GR:** NO384468 **Description:** A pleasant walk near Glamis, followed by Christmas lunch. **Note:** Meal choice to walk leader by 5th December

Leader: Sheena Leven, 01356 630208

Dunfermline & West Fife: Culross and Christmas Lunch

Grade D: 4mls/2hrs **Depart:** LPRCP at 10:30 **Walk start:** West Car Park, Culross at 11:00 **OS:** 367 **GR:** NS983859 **Description:** A short, optional walk in the Culross area followed by Christmas lunch at the Red Lion Inn, Culross at 13.00. Booking is essential, please show your interest to Maureen by 31st October 2015. **Note:** DWOL.

Leader: Maureen Paul, 01383 727875, 07842 386718, apaspaul9@gmail.com

Perth: Perth Christmas lunch and walk at Craigie Hill area

Meet: Craigie Hill Golf Course Car Park at 09:20 **Description:** Short walk dependent on weather conditions on the day DEPART 9.30. Followed by Christmas lunch at the golf course club house. Lunch 12.30 for 13.00 further details provided in the Perth Newsletter.

Contact: John Whitehurst, 01738 637286

St. Andrews & NE Fife: Elie-Kilconquhar-Earlsferry Circular

Grade C: 7mls/4hrs ▲30m/100ft. **Depart:** FCPC at 09:45 **Walk start:** Ruby Bay, Elie, Coastal Path Car Park at 10:30 **OS:** 59 **GR:** NT497997 **Description:** Escape the Christmas shopping for this very pleasant circular country walk on farm tracks and minor roads. Undulating terrain with some short uphill sections.

Leaders: J. Coates, 01337 831113, james.coates1944@btinternet.com and S. Richmond 01382 542516, susanrichmond@live.co.uk

Stirling & Falkirk: Christmas walk & Lunch

Meet: Woodside Hotel, Doune at 10:00 **Description:** Walk at 10 o'clock or lunch only at 1.30 pm. The walk around Doune will take approx. two and a half to three hours, with a short stop for tea/coffee. The hotel provides changing rooms at the end. Names to John by Sun 30th November. **Note:** After the meal there will be the usual entertainment, last year was the best ever, we're hoping to continue that standard

Contact: John Ferguson, 01324 823230, 07966 044794, john-ferguson@blueyonder.co.uk

Strathay: Aberfeldy to Grandtully

Grade C: 9mls **Walk start:** Aberfeldy Cemetery CP (note late start) at 10:30 **OS:** 52 **GR:** NN866497 **Description:** Walk along the river and old railway track to Grandtully and back, with a stop for a warming bowl of soup in the Inn on the Tay. Option to return by bus. **Note:** RADO.

Leader: Bill McEwan, 01796 472780, billmcewan40@gmail.com

Sunday 20th December

Glenrothes:

Auchtermuchty - Pitmedden forest circular

Grade B: 8mls/4.5hrs **Depart:** LCCP at 10:00 **Walk start:** Clink car park, Auchtermuchty at 10:30
OS: 370 **GR:** NO222128 **Description:** A circular walk through the Clink and Pitmedden forests using forest tracks and footpaths, returning by Raemore. **Note:** RADO. CWRA.

Leader: C. Mackie, 01592 756058, 07960 513994, catherineannmackie@hotmail.co.uk

AGM and Open Day FV, F & T Area

Date: Saturday 30th January 2016
Start Time: 9.30 a.m. for 10.00 a.m. **Finish:** 3.00 p.m.
Venue: Forfar Guide Hall, DD8 1AZ

To register, please complete the form on page 9 and return it no later than **15th January 2016** to the Area Liaison Secretary

Mr. Ben Douglas, 17 Longhill Gardens, Dalgety Bay, Fife, KY11 9SG

Sunday 27th December

Blairgowrie:

Laird's Loch and North Ballo Hill

Grade C: 5mls/3hrs **▲** 100m/328ft. **Depart:** WBCP at 10:30 **Walk start:** Car Park on south side of A923 at 11:00 **OS:** 53 **GR:** NO264360 **Description:** Mostly flat woodland walk with good views over Strathmore. **Note:** RADO.

Leader: Kathleen Frew, 01250 873805, 07900 531159, kathleenfrew@msn.com

Dundee:

Crombie Country Park - Festival of Winter Walks

Grade C: 3mls **Depart:** OCCP at 10:30 **Walk start:** Crombie Car Park at 11:00 **OS:** 54 **GR:** NO503383 **Description:** Short walk round loch followed by soup and sandwiches at the Coach Inn, Monikie at 1.30pm.

Leaders: Pat Hargraves, 01307 462882 and Martha McCallin 01307 462272

Kirkcaldy:

Lady's Walk & Lochty Park

Grade C: 7mls **Depart:** KRSN at 09:30 **Walk start:** Car park at Thornton library at 10:00 **OS:** 59 **GR:** NT288975 **Description:** Circular walk by Coaltown of Balgonie and Woodside on tracks, footpaths and cycle paths. **Note:** DWOL. CWRA.

Leader: Ruth Beddall, 01592 260578

St. Andrews & NE Fife:

Lost Villages of Fife -- Luthrie, Brunton & Creich

Grade C+: 8mls/4hrs **▲** 45m/150ft. **Depart:** FCPC at 10:00 **Walk start:** Luthrie Village Hall Car Park at 10:30 **OS:** 59 **GR:** NO331198 **Description:** Via minor road and track to Ayton, then follow track skirting Ayton & Fliskmillan Hills, to reach Tay shoreline and Flisk Point. Turning inland to Pittachope and return by minor roads to Brunton, Creich and back to Luthrie. Undulating walk. **Note:** RADO. CWRA. Opportunity to freshen up again after all that Christmas turkey and pud!

Leader: J. Miller, 07936 382339, goodered@aol.com

Stirling & Falkirk: Callendar Estate & Union canal, Falkirk

Grade C: 6mils/3.5hrs **Depart:** LACP at 10:00 **Walk start:** Callender Park Car Park (off A803 Laurieston-Falkirk road) at 10:30 **OS:** 65 **GR:** NS893796 **Description:** An easy walk to end the year - around Callendar woods, the Antonine Wall and along a stretch of the Union Canal including the Falkirk tunnel. **Note:** RADO. NoSC.

Leader: Janet McNee, 01324 872205, 07929 130582, janet.mcnee@googlemail.com

Tuesday 29th December

Dalgety Bay: In and Around Dalgety Bay (minimal ascent)

Grade C: 5mils/3hrs **Walk start:** DBSCCP at 09:30 **OS:** 65 **GR:** NT156835 **Description:** A walk along the Coastal Path and on woodland paths. **Note:** RADO.

Leader: Ben Douglas, 01383 822715, 07852 658675

Saturday 2nd January

Brechin: Baggerton Circular

Grade C: 6mils **Depart:** SNSB at 09:30 **Walk start:** Green Street car park, Forfar at 10:00 **OS:** 54 **GR:** NO454506 **Description:** To Baggerton via Lunanhead. Return by Carse Gray.

Leader: Moira Dunbar, 01356 622327, 07759 215616, moiradunbar@talktalk.net

Sunday 3rd January

Glenrothes: Falkland Estate Circular

Grade C: 7mils/4hrs **Depart:** LCCP at 10:00 **Walk start:** Falkland Estate Stables CP at 10:30 **OS:** 370 **GR:** NO247074 **Description:** A circular walk on good paths through woodland. **Note:** RADO. CWRA.

Leader: T. McLaren, 07903 132319, tmlaren39@gmail.com

Kinross and Ochil: Loch Leven Heritage Trail

Grade C: 6mils **Depart:** RASCP at 10:00 **Description:** Our annual walk along the lochside to Loch Leven's Larder for a tasty snack/lunch then return. A chance to catch up after the festive season and to blow away any lingering cobwebs!. **Note:** DWOL. CWRA.

Leader: Sybil Taylor, 01259 571734

Perth: Moncreiffe Hill and Old Fort

Grade C+: 5mils ▲150m/492ft. **Depart:** ASDACP at 10:00 **Walk start:** Tay CP North side of the hill on the Rhynd road at 10:20 **OS:** 58 **GR:** NO139209 **Description:** A steady climb to the top of Moncreiffe Hill will offer fine views of Perth, the river Tay and the surrounding countryside as well as seeing the iron age fort. **Note:** RADO.

Leader: Jim Pirie, 01738 451314, 07923 457219

Stirling & Falkirk: River Carron Loop Path

Grade C: 6mils/3.5hrs **Depart:** LACP at 10:00 **Walk start:** Dorrator Car Park (off A9) at 10:30 **OS:** 65 **GR:** NS867815 **Description:** Circular walk following the River Carron Loop Path, which connects communities, taking in visit to Carron Dams Local Nature Reserve. **Note:** RADO. NoSC.

Leader: Muriel Clark, 01324 556108, 07934 781320, clarkm2@virginmedia.com

Strathay: Glassie Circular

Grade C: 6mils ▲304m/1000ft. **Depart:** CGCP at 09:30 **Walk start:** Boltachan at 09:45 **OS:** 52 **GR:** NN850498 **Description:** Circular route mainly on woodland tracks round Glassie. **Note:** RADO.

Leader: Bill Bruce, 01887 829753, bill_1_bruce@btinternet.com

Tuesday 5th January

Kinross and Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. Details on first page of this programme.

Kirkcaldy: Langtoun Daunders - Kirkcaldy West Circular

Grade C: 5mls **Depart:** KRSN at 10:00 **Walk start:** Beveridge Park car park (Abbotshall Road) at 10:15 **OS:** 59 **GR:** NT273909 **Description:** Walk on pavements, core paths and tracks to West Mill and Balwearie Castle before returning via Mill Dam to Beveridge Park. Proposed lunch venue is Kirkcaldy Golf Club (Balwearie). **Note:** DWOL. CWRA.

Leader: Brian Clark, 01592 784553, bjclark@live.co.uk

Wednesday 6th January

Dunfermline & West Fife: Short Winter Stroll

Grade C: 5mls/2.5hrs **Walk start:** LPRCP at 10:00 **OS:** 65 **GR:** NT098877 **Description:** An easy, local walk, no more than 5 miles, dependent upon the weather conditions. Contact the leader a day or two before to find out more. **Note:** DWOL.

Leader: Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

Thursday 7th January

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 9th January

Blairstown: Alyth Circular

Grade C+: 5mls ▲230m/754ft. **Depart:** WBCP at 10:00 **Walk start:** Alyth Market Square at 10:30 **OS:** 53 **GR:** NO247485 **Description:** We will climb Alyth Hill via Loyal track, cross the hill to Whiteside and descend via Trodlem returning through the Den of Alyth. **Note:** RADO.

Leader: Phil Taylor, 01828 633646

Dalgety Bay: Thornton, Dunnikier & R. Ore Circular (minimal ascent)

Grade C: 6mls/3hrs **Depart:** DBSCCP at 10:00 **Walk start:** Riverside Rd, near council depot at 10:45 **OS:** 59 **GR:** NT285975 **Description:** An easy walk from Thornton to the northern outskirts of Kirkcaldy. Return via Dunnikier House and along the R.Ore. **Note:** RADO.

Leader: Ken Wright, 01383 822358

Dundee: Sidlaw Walk

Grade C+: 5mls/3hrs **Depart:** CWCP at 10:00 **Walk start:** Balkello Car Park at 10:30 **OS:** 54 **GR:** NO365385 **Description:** Walk in Sidlaws. Route will depend on weather. **Note:** Coffee at Pine Cone Cafe

Leaders: I Cowie, 01382 884367, 07810 011232 and L Brown 01382 884649, 07597 690186

Glenrothes: Anstruther - Pittenweem - Kilrenny - Cellardyke Circular

Grade C+: 8mls/4hrs **Depart:** LCCP at 10:00 **Walk start:** CP opposite Waid Academy/Anstruther Cemetery at 11:00 **OS:** 371 **GR:** NO563038 **Description:** Figure of eight coastal and inland walk following the coastal path and grassy tracks with lovely views over surrounding countryside and the Forth. **Note:** RADO. CWRA.

Leader: C. Mackie, 01592 756058, 07960 513994, catherineannmackie@hotmail.co.uk

St. Andrews & NE Fife: Dairsie-Foodieash Circular

Grade C: 7mls/4hrs ▲76m/250ft. **Depart:** FCPC at 10:00 **Walk start:** Lane beside Dairsie School at 10:30 **OS:** 59 **GR:** NO411173 **Description:** Circular undulating country walk via Foodie, Kingask and Dairsie Castle, mostly on farm tracks and quiet country roads. **Note:** RADO. CWRA.

Leader: W. MacKay, 01334 652903

Sunday 10th January

Forfar: Local Walk (Followed by Walks Planning Meeting)

Grade C: 5mls **Walk start:** East Greens Car Park, Forfar at 10:00 **OS:** 54 **GR:** NO457508
Description: Short local walk round Forfar followed by the Walks Planning Meeting in St John's Church Hall at 2pm.

Leader: Dot Eaton, 01307 465319

Kirkcaldy: Wormit Countryside

Grade C+: 7mls **Depart:** KRSN at 09:00 **Walk start:** Car park at Wormit Bay at 10:00 **OS:** 59 **GR:** NO392259 **Description:** Circular walk taking in Newton Hill and West Links Wood on tracks, footpaths, field edges and some tarmac. **Note:** RADO. CWRA.

Leader: Ruth Beddall, 01592 260578

Perth: Braid Burn and Braid Hills, Edinburgh

Grade C: 6mls **Depart:** ASDACP at 09:00 **Walk start:** Outside Braid Hills Hotel, Braid Road, EH10 6JD plentiful parking on road nearby at 10:30 **OS:** 66 **GR:** NT243699 **Description:** Varied walk, quiet glen and ridge with superb views. Possibility to do as BUS walk need to notify walk leader two days in advance (for numbers). Bus details on request. Afternoon in Edinburgh an option. **Note:** RADO. Mob.07840762493 (on day of walk only)

Leader: Rachel Gillespie, 01738 621016, rachelgillespie@talktalk.net

Stirling & Falkirk: In and around Kippen

Grade C+: 8.5mls/4hrs ▲200m/656ft. **Depart:** LACP at 09:30 **Walk start:** The Cross Kippen at 10:00 **OS:** 57 **GR:** NS653947 **Description:** A circular walk round Kippen through varied countryside with wonderful views of the Trossachs. **Note:** RADO. NoSC. Parking on main street and side streets in Kippen.

Leader: Val Smith, 01786 470976, 07828 149859, vps6@iname.com

Monday 11th January

St. Andrews & NE Fife: Summer Walks Planning Meeting

Meet: Cupar "Y" at 19:00 **Description:** Come with ideas for walks or to comment on possible walks. A good turnout ensures we have an interesting and varied summer programme. If unable to attend, pass walk ideas to Walks Coordinator or other attendees. **Note:** At this meeting, we may decide on any walking holiday in 2016

Contact: W. Aitken, 01334 470066, 07908 721466, wh.aitken@talktalk.net

Thursday 14th January

Dalgety Bay: Roamers - Dalgety Bay to Inverkeithing (minimal ascent)

Grade D: 2.5mls/2hrs **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156835
Description: A walk along the Coastal Path and, after refreshment, return by bus. There is the option to return on foot, **Grade C:** 5mls 3hrs. **Note:** RADO.

Leader: Ben Douglas, 01383 822715, 07852 658675

Dundee: Clatto Woods Circular with Coffee Stop

Grade C: 4mls/2hrs **Depart:** CWCP at 13:15 **Walk start:** Clatto Reservoir Car Park at 13:30 **OS:** 54 **GR:** NO368343 **Description:** Woodland walk on tracks. Can be muddy.

Leader: A L Gibson, 01382 814890

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 16th January

Brechin: Dun Circular

Grade C: 5mls **Depart:** SNSB at 09:30 **Walk start:** House of Dun car park at 09:45 **OS:** 54 **GR:** NO669599 **Description:** A pleasant walk to the north of the House of Dun. **Note:** Walk start is on OS Sheet 54: most of the walk is on OS Sheet 45.

Leader: Morag Boyd, 01674 830657

Dunfermline & West Fife: Blackford and the Northern Ochil Hills

Grade B: 9mls/5hrs **▲** 450m/1476ft. **Depart:** LPRCP at 08:30 **Walk start:** Minor road on opposite side of A9 from Blackford (access from A823 at Gleneagles Junction on A9.) at 09:30 **OS:** 58 **GR:** NN896086 **Description:** Taking the long-distance footpath between Blackford and Tillicoultry as far as the Upper Glendevon Reservoir, possibly via Craigentaggert Hill. **Note:** DWOL.

Leader: Grant Robertson, 01383 729171, 07936 738581, grobert50@tesco.net

Kinross and Ochil: Preston Island, Culross

Grade C: 6mls **Depart:** RASCP at 09:45 **Walk start:** Culross West Car Park at 10:30 **OS:** 65 **GR:** NT010861 **Description:** Walk from car park along path adjacent to railway, then round Preston Island where evidence of salt pans is preserved. **Note:** DWOL. CWRA.

Leader: Gwen Perry, 01577 861556

Perth: Auchlinsky and Hillfoot hill circular

Grade B: 8mls **▲** 300m/984ft. **Depart:** ASDACP at 09:15 **Walk start:** Castle Hill reservoir car park at 10:00 **OS:** 58 **GR:** NN996033 **Description:** Following paths and forest trails via Auchlinsky hill and Hillfoot hill then dropping down to return path via Glenquey reservoir to Castlehill start point. **Note:** RADO. NoSC. Walk leaders will meet walkers at starting point of this walk.

Leaders: Bryson Porter, 07780 139566, brysongp@aol.com and Gary Martin, 07932 437068, garygrose@aol.com

Strathtay: Birnam Circular

Grade C: 6mls **Depart:** Chapel Street Bus Stop Aberfeldy at 08:55 **Walk start:** Dunkeld North Car Park at 09:35 **OS:** 52 **GR:** NO025428 **Description:** Circular walk past the cathedral and alongside the River Tay. **Note:** RADO.

Leader: Joyce Cameron, 01887 840343, jemcameron@hotmail.co.uk

Sunday 17th January

Broughty Ferry: Town Walk (Dundee) and Festive Meal

Grade D: 2.5mls/1hrs **Walk start:** Tay Street - Nethergate Junction at 11:00 **OS:** 54 **GR:** NO400298 **Description:** Short walk to Magdalen Green followed by festive meal. Non walkers meet at 12.15pm. Names to leader by 20th December please.

Leader: Alex Kelman, 01382 776928, 07840 732842

Glenrothes: Cupar: Hopetoun Monument circular

Grade C: 8mls/4.5hrs **▲** 160m/524ft. **Depart:** LCCP at 10:00 **Walk start:** Deer Centre car park at 10:30 **OS:** 59 **GR:** NO328130 **Description:** Walk from the Deer Centre by Over Rankeilour, Westhall to Mount Hill where the Hopetoun Monument is situated. Return by Fernie, walking on mostly farm tracks with interesting views over the Howe of Fife. **Note:** RADO. CWRA.

Leader: J Duncan, 01337 831888, john@johnandmorven.co.uk

Stirling & Falkirk: Blairadam Forest Trails

Grade C+: 7.5mls/4hrs **▲**180m/590ft. **Depart:** LACP at 09:30 **Walk start:** Park at the public car park beside the Forestry Commission depot, Clentry. at 10:30 **OS:** 58 **GR:** NT129946 **Description:** This is an undemanding forestry walk on good waymarked paths. We include a walk through the hamlet of Maryburgh. **Note:** RADO. NoSC. Start point - From the B914 W of Kelty follow the road through the Blairadam CP for about ½ mile to reach Clentry car park
Leader: Janette Seale, 01786 447107, 07709 957317, janette.seale@hotmail.co.uk

Tuesday 19th January

Kinross and Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. Details on first page of this programme.

Wednesday 20th January

Dunfermline & West Fife: Short Winter Stroll

Grade C: 5mls/2.5hrs **Walk start:** LPRCP at 10:00 **OS:** 65 **GR:** NT098877 **Description:** An easy, local walk, no more than 5 miles, dependent upon the weather conditions. Contact the leader a day or two before to find out more. **Note:** DWOL.
Leader: Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

Thursday 21st January

Brechin: Summer Walks Meeting

Meet: St Andrews Church Hall, Brechin at 19:00

Contact: Moira Dunbar, 01356 622327, 07759 215616, moiradunbar@talktalk.net

Dundee: Walks Planning Meeting

Meet: Methodist Church Hall, Marketgate, Dundee at 19:30 **Description:** All members welcome to exchange ideas and offer suggestions for walks and outings. Offers to lead walks would most welcome and experienced leaders will help anyone who has never led a walk before. Tea and coffee provided.

Contact: J MacGillivray, 01382 623052, 07932 014859, jean.macgillivray@btinternet.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 23rd January

Blairgowrie: Winter Walk and Lunch

Grade C: 5mls **▲**50m/164ft. **Depart:** WBCP at 10:15 **Walk start:** Red House Hotel Car Park at 10:30 **OS:** 53 **GR:** NO223402 **Description:** A flat walk around Coupar Angus returning to the Red House for lunch at 1pm. **Note:** RADO. Please see newsletter for booking details or contact Pat Fraser, 01250 873577, patriciafraser@btinternet.com
Leader: Sean Galbally, 01250 874667, seangalbally@talktalk.net

Dalgety Bay: Linlithgow: Loch, River & Canal

Grade C+: 9mls/5hrs **▲**25m/82ft. **Depart:** DBSCCP at 09:15 **Walk start:** Linlithgow Sports Club, Boghall, Edinburgh Road, Linlithgow at 10:00 **OS:** 65 **GR:** NT011773 **Description:** A figure of eight walk including Linlithgow Loch, R. Avon, Union Canal, Muiravonside Country Park and parts of the town. **Note:** RADO.

Leader: David Thomson, 01383 860324, 07922 050562, davidthomson@tesco.net

Dundee: Bus Trip - Kelpies and Callendar House

Details to be confirmed at AGM or Christmas Dinner. If information require beforehand please contact Maureen or Linda.

Contacts: M Watson, 01382 738025, 07754 548068 and L Mitchell 01241 431641

Forfar: Lunan Bay/Ethiehaven

Grade C: 5.5mls **Depart:** EGCP at 10:00 **Walk start:** Lunan Car Park at 10:40 **OS:** 54 **GR:** NO691515 **Description:** An easy walk to Redcastle then along the beach to Ethiehaven. Returning via Redcastle Farm. Short part road walking.
Leader: Margaret Mackie, 01307 464656

Glenrothes: Kinross-Milnathort Circular

Grade C: 6mls/3.5hrs **Depart:** LCCP at 10:00 **Walk start:** West end of Kirkgate Park, Kinross at 10:15 **OS:** 369 **GR:** NO124019 **Description:** A gentle walk through woodland past Burleigh Castle and along part of the Loch Leven Heritage trail. **Note:** RADO. CWRA. Leader will meet at start of walk
Leader: C. Jenkins, 07925 972650, carolynjenkins@btinternet.com

Kirkcaldy: Auchlinsky Hill & Glenquey Reservoir

Grade C+: 8mls **Depart:** KRSN at 09:00 **Walk start:** Castlehill Reservoir lay by at 10:00 **OS:** 58 **GR:** NN997032 **Description:** Circular walk on hill tracks and paths in lovely countryside. **Note:** RADO. CWRA.
Leader: Brian Clark, 01592 784553, bjclark@live.co.uk

Perth: Walk to Sheriffmuir

Grade C+: 9mls **▲**243m/800ft. **Depart:** ASDACP at 09:00 **Walk start:** CP to north of Dunblane Cathedral at 10:00 **OS:** 57 **GR:** NN781014 **Description:** Ascend to Sheriffmuir but not as far as pub then return across the moor to Bridge of Allan returning along the banks of Water of Allan. **Note:** RADO.
Leader: Roger Brickell, 01764 656114, 07733 317725, roger@brickell.eclipse.co.uk

St. Andrews & NE Fife: Tayport Circular

Grade C: 7mls/4hrs **▲**60m/200ft. **Depart:** FCPC at 09:30 **Walk start:** Tayport Harbour Car Park at 10:15 **OS:** 54 **GR:** NO460291 **Description:** Walk along coastal path to Newport. Return through wooded area to Inverdoval, Scotsraig, Burnside, Garpit, Scotsraig Golf Course and Tayport Esplanade back to harbour. Tay & Dundee views along with quiet countryside. **Note:** DWOL. CWRA.
Leader: R. Stirrat, 01334 652481, 07980 371588, robertstirrat@hotmail.co.uk

Sunday 24th January

Stirling & Falkirk: Cambus, Glenochil and Inglewood

Grade C+: 8mls/4hrs **▲**120m/393ft. **Depart:** LACP at 09:30 **Walk start:** Cambus at 10:00 **OS:** 58 **GR:** NS854939 **Description:** The walk encircles Tullibody, on paths and tracks, with views of the Ochils and a section along the River Forth. **Note:** RADO. NoSC.
Leader: Phil Seale, 01506 847956, 07840 957215, phil@philseale.co.uk

Thursday 28th January

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 30th January

Forfar: AGM and Open Day FV, F & T Area 9.30 am

Forfar Guide Hall, DD8 1AZ

Glenrothes: Lindores Loch

Grade C+: 7mls/4.5hrs **▲**228m/750ft. **Depart:** LCCP at 10:00 **Walk start:** Abdie and Dunbog Church at 10:30 **OS:** 59 **GR:** NO257166 **Description:** Circular walk on paths alongside Lindores Loch via Woodmill, Braeside and Inchrye. **Note:** RADO. CWRA.
Leader: I. Rankin, 01337 830360, ishabel.rankin@mypostoffice.co.uk

Sunday 31st January

Broughty Ferry: Newport Circular

Grade C: 6mls/4hrs **Walk start:** Taybridge Car Park at 10:30 **OS:** 54 **GR:** NO425288 **Description:** Newport and surrounds. **Note:** DWOL.

Leader: Sandra Haworth, 01382 202784

Dunfermline & West Fife: Devilla Forest

Grade C: 5mls/3hrs **Depart:** LPRCP at 10:00 **Walk start:** Devilla Forest - main car park at 10:30 **OS:** 367 **GR:** NS964871 **Description:** A walk in the woods taking in the Red Squirrel walk, Moor Loch and Peppermill Dam. **Note:** DWOL.

Leader: Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

Kinross and Ochil: Falkland - Drumdreel Wood

Grade C: 6mls **Depart:** RASCP at 09:30 **Walk start:** The Stables Car Park, Falkland at 10:00 **OS:** 59 **GR:** NO248074 **Description:** An interesting variety of forestry and estate tracks with good views, weather permitting. **Note:** DWOL. CWRA.

Leader: Liz Douglas, 01337 827582

Perth: Around Dunkeld and Birnam

Grade C+: 8mls **Depart:** ASDACP at 09:30 **Walk start:** Beatrix Potter Garden, Birnam. Parking available in side streets at 10:00 **OS:** 53 **GR:** NO031419 **Description:** Pleasant winter walk on mainly good paths and through woodland near the Hermitage. **Note:** CWRA.

Leader: Tom Ross, 01821 650838, 07949 715716, tomwoodville@aol.com

Stirling & Falkirk: Callander and Its Surroundings

Grade C: 6mls/3.5hrs **Depart:** LACP at 09:30 **Walk start:** In front of the Visitor Centre, Ancaster Square, Callander at 10:15 **OS:** 57 **GR:** NN628079 **Description:** From the centre of Callander, a circular walk through meadows and woodland. **Note:** RADO. NoSC.

Leader: Fiona McMurray, 01324 632740, 07814 995319, fionanmcmurray@btinternet.com

Strathay: Aberfeldy to Kenmore (Book in advance)

Grade C: 6mls **Walk start:** Birks of Aberfeldy at 09:30 **OS:** 52 **GR:** NN855486 **Description:** Walk from Aberfeldy to Kenmore. Option of a cup of soup in Kenmore. Return by taxi (book with leader in advance) or walk back. **Note:** RADO.

Leader: Muriel Findley, 01887 820095, murfin41@btinternet.com

Tuesday 2nd February

Kinross and Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. Details on first page of this programme.

Kirkcaldy: Langtoun Daunders - Raith Estate Circular

Grade C: 5mls **Depart:** KRSN at 10:00 **Walk start:** Beveridge Park car park (Abbotshall Road) at 10:15 **OS:** 59 **GR:** NT273909 **Description:** A walk up through Longbraes Plantation via Raith Lake then around Raith Estate core path before returning to start. Proposed lunch venue is Novar Bar.

Note: DWOL. CWRA.

Leader: Liz Greig, 01592 653682, 07919 985239

Wednesday 3rd February

Dunfermline & West Fife: Short Winter Stroll

Grade C: 5mls/2.5hrs **Walk start:** LPRCP at 10:00 **OS:** 65 **GR:** NT098877 **Description:** An easy, local walk, no more than 5 miles, dependent upon the weather conditions. Contact the leader a day or two before to find out more. **Note:** DWOL.

Leader: Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

Thursday 4th February

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 6th February

Blairgowrie: Faskally and Killiecrankie

Grade C+: 7mils/3.5hrs ▲50m/164ft. **Depart:** WBCP at 09:00 **Walk start:** Loch Faskally Boat House at 10:00 **OS:** 52 **GR:** NN928587 **Description:** Through Faskally Wood and along the Garry to Killiecrankie. Return via the forest track above the A9 and Pitlochry golf course. **Note:** RADO. Some limited road walking. Negligible ascent with no major climbs
Leader: Graham Bullock, 07964 769475

Dundee: Charleston Circular

Grade C: 6.5mils/3.5hrs **Depart:** OCCP at 09:45 **Walk start:** Car Park at Glamis at 10:30 **OS:** 54 **GR:** NO385465 **Description:** Walk around Hunter's Hill to Charleston, holemill and back through woods to Glamis.
Leaders: M Watson, 01382 738025, 07754 548068 and Moira Dobson 01382 459543, 07792 140781

Perth: Loch Faskally

Grade C: 7mils **Depart:** ASDACP at 09:00 **Walk start:** Car park at the boating station at 10:00 **OS:** 52 **GR:** NN928587 **Description:** A mainly level walk on good paths through woodland and fields around the loch. Includes a stretch of minor road. Ideal for a winter's day. Walk is also on map 43. **Note:** RADO.
Leader: Allen Bardwell, 01738 444459, 07952 339171, allenbardwell@blueyonder.co.uk

Sunday 7th February

Forfar: Alyth/St Fink/Den of Welton Circular

Grade C+: 6.5mils **Depart:** EGCP at 10:00 **Walk start:** Alyth Square at 10:40 **OS:** 53 **GR:** NO246485 **Description:** Through open countryside over St Fink and skirting Den of Welton. Returning via Alyth Den. Short part road walking. **Note:** RADO.
Leader: Dave Philip, 01307 463181

Kirkcaldy: Almondell Circular

Grade C+: 10mils **Depart:** KRSN at 09:00 **Walk start:** North car park (Almondell & Calderwood Country Park) at 10:00 **OS:** 65 **GR:** NT091697 **Description:** Woodland trail on tracks and paths mostly on the level. **Note:** RADO. CWRA.
Leader: Elaine Collins, 07739 964212

St. Andrews & NE Fife: Spittalfield-Caputh Circular

Grade C+: 8.5mils/5hrs ▲30m/100ft. **Depart:** FCPC at 09:15 **Walk start:** Spittalfield Green at 10:30 **OS:** 53 **GR:** NO108409 **Description:** Circular country walk on undulating farm tracks and minor roads with great views to River Tay. Some short uphill sections. **Note:** RADO. NoSC. Possible shorter 6 mile route according to weather and views of walkers
Leader: J. Coates, 01337 831113, james.coates1944@btinternet.com

Stirling & Falkirk: Carron Valley Reservoir (north side)

Grade C: 8mils/4hrs ▲121m/400ft. **Depart:** LACP at 09:30 **Walk start:** layby opposite Todholes wind farm at 10:15 **OS:** 57 **GR:** NS672858 **Description:** A circular walk on good paths with lovely views - around Cairnoch Hill on the north side of the reservoir. **Note:** RADO. NoSC.
Leader: Janet McNee, 01324 872205, 07929 130582, janet.mcnee@googlemail.com

Thursday 11th February

Dalgety Bay: **Roamers -Townhill Loch, Dunfermline (minimal ascent)**

Grade D: 4mls/2.5hrs **Depart:** Dalgety Bay Library at 10:00 **Walk start:** Townhill Loch CP at 10:30 **OS:** 65 **GR:** NT103891 **Description:** A pleasant easy walk on good paths around Townhill Loch on the north side of Dunfermline. **Note:** RADO.

Leader: Ken Wright, 01383 822358

Glenrothes: **Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 13th February

Brechin: **Kinnaird Estate Circular**

Grade C: 6mls **Depart:** SNSB at 09:30 **Walk start:** SNSB at 09:35 **OS:** 44 **GR:** NO601602 **Description:** From St Ninians Square to Kinnaird Estate via River Street, Brechin Bridge and Dalgety. Round the back of Kinnaird Castle, down to the lake and return to Brechin. **Note:** Walk start is on OS Sheet 44: most of the walk is on OS Sheet 54.

Leader: Moira Dunbar, 01356 622327, 07759 215616, moiradunbar@talktalk.net

Dalgety Bay: **Murthly Castle Circular**

Grade C: 6mls/4hrs **▲** 140m/459ft. **Depart:** DBSCCP at 09:00 **Walk start:** Small walker's car park at entrance to Murthly Castle at 10:15 **OS:** 53 **GR:** NO093393 **Description:** Riverside and woodland walk around the Murthly estate. VERY limited parking so please car share. **Note:** RADO.

Leader: Audrey Price, 01383 824173, 07871 806582

Dunfermline & West Fife: **From Sorrow to Care**

Grade B: 7mls/5.5hrs **▲** 580m/1902ft. **Depart:** LPRCP at 08:30 **Walk start:** Lower car park in Dollar Glen, above Dollar at 09:30 **OS:** 58 **GR:** NS963990 **Description:** A hill walk in the Ochils, approaching and leaving Tarmangie and Whitewisp Hills from the glens. Some rough walking by the burns - a bit off the beaten track. **Note:** DWOL.

Leader: Grant Robertson, 01383 729171, 07936 738581, grobert50@tesco.net

Kinross and Ochil: **Hopetoun Monument Hill**

Grade C+: 6.5mls **Depart:** RASCP 09.15 OR BURN at 09:00 **Walk start:** SP Fife Deer Centre at 09:45 **OS:** 59 **GR:** NO328130 **Description:** Circular walk through Rankeilour Estate at West Hall to Mount Hill, returning via Fernie. **Note:** RADO. CWRA.

Leader: Bill Bedborough, 01259 742491

Perth: **Loch Leven Shore Path - Kirkgate to Vane Farm (RSPB)**

Grade C: 7mls **Depart:** ASDACP at 09:00 **Walk start:** Kirkgate CP, Kinross at 10:00 **OS:** 58 **GR:** NO128018 **Description:** Anti-clockwise from Kirkgate CP to Vane Farm on good path. Car drivers will be taken back to Kirkgate to collect cars for return to Vane Farm for passengers. Good facilities at Vane Farm. **Note:** RADO.

Leader: Jim McCulloch, 01738 624831, 07954 255876, jamesmcculloch@tiscali.co.uk

Strathtay: **St Mary's Church**

Grade C: 7mls **Depart:** Chapel Street Bus Stop Aberfeldy at 08:55 **Walk start:** Grandtully Castle at 09:00 **OS:** 52 **GR:** NN893515 **Description:** From Grandtully Castle to St Mary's Church and back to Aberfeldy. **Note:** RADO.

Leader: John & Lily Fleming, 01887 820575, jandlfleming@btinternet.com

Sunday 14th February

Broughty Ferry: **Forfar Loch - Balmashanner**

Grade C+: 5mls/3hrs **Depart:** OCCP at 09:45 **Walk start:** Forfar Leisure Centre C/P at 10:30 **OS:** 54 **GR:** NO450507 **Description:** Circular walk around loch and up to Bummie. **Note:** DWOL.

Leader: Alex Kelman, 01382 776928, 07840 732842

Glenrothes: Lomond Hills - Holl to Harperleas reservoirs circular
Grade C+: 7mils/3.5hrs ▲152m/500ft. **Depart:** LCCP at 10:00 **Walk start:** car park at Holl Reservoir at 10:30 **OS:** 58 **GR:** NO223034 **Description:** A circular walk in woodland and open moorland via Harperleas Reservoir. Paths good but muddy. **Note:** RADO. CWRA.
Leader: C & B Barton, 01383 725859, chrisandbetty@glenrothesramblers.co.uk

Stirling & Falkirk: Forgandenny to Forteviot via Invermay Linear
Grade C: 5mils/3hrs ▲152m/500ft. **Depart:** LACP at 10:00 **Walk start:** minor road heading north off B935 at 11:00 **OS:** 58 **GR:** NO086181 **Description:** Woodland and farmland tracks, with some road walking. We hope for a good show of snowdrops. **Note:** RADO. NoSC. This is a linear walk and will require a car shuttle. Advise leader in advance of your attendance and transport arrangements

Leader: Hilary Thomson, 01786 472726, 07834 529694, hilarydthomson@gmail.com

Tuesday 16th February

Dundee: West End Dundee
Grade C: 4mils/2hrs **Walk start:** Discovery Point Dundee at 10:30 **OS:** 54 **GR:** NO403298
Description: Walk from Discovery Point to the new Seabraes Bridge. Then other paths depending on the weather.
Leader: J MacGillivray, 01382 623052, 07932 014859, jean.macgillivray@btinternet.com

Kinross and Ochil: Tuesday Walkers
All are welcome to join this max 4 mile walk. Details on first page of this programme.

Thursday 18th February

Glenrothes: Strollers Walk
All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 20th February

Blairgowrie: Inver Circular
Grade C: 6mils ▲182m/600ft. **Depart:** WBCP at 09:30 **Walk start:** Large car park on the A822 at 10:15 **OS:** 53 **GR:** NO017418 **Description:** Varied walk through woodland and open countryside, then following the picturesque River Braan and passing the Hermitage. **Note:** RADO.
Leader: Catherine Robertson, 01250 873009, cathandbill@btinternet.com

Dalgety Bay: Kilsyth: Forth & Clyde Canal /Antonine Wall
Grade C+: 8mils/4.5hrs ▲100m/328ft. **Depart:** DBSCCP at 09:30 **Walk start:** Auchinstarry Marina off the B802 between Kilsyth and Croy at 10:45 **OS:** 64 **GR:** NS722767 **Description:** A circular walk along canal towpaths and narrow hill tracks. **Note:** RADO.
Leader: Ben Douglas, 01383 822715, 07852 658675

Dundee: Carnoustie/Barry
Grade C: 7.5mils/4hrs **Depart:** OCCP at 10:00 **Walk start:** Car Park 1st right into Carnoustie on A930 from Muirdrum exit on A92 at 10:30 **OS:** 54 **GR:** NO564354 **Description:** Walk around Carnoustie via West Haven and the golf course and Barry Mill.
Leader: L Mitchell, 01241 431641

Forfar: St Andrews Circular
Grade C: 5mils **Depart:** EGCP at 10:00 **Walk start:** Free Car Park (close to University) at 10:45 **OS:** 59 **GR:** NO502169 **Description:** An interesting walk taking in the harbour, university campus, castle and other places of interest.
Leader: Christine Ferguson, 01382 532384

Glenrothes: Culross - Preston Island Circular
Grade C: 7.5mils/4.5hrs ▲91m/300ft. **Depart:** LCCP at 10:00 **Walk start:** Culross East CP at 10:45 **OS:** 58 **GR:** NS990858 **Description:** Good paths round to Preston Island and through Valleyfield Woods (may be snowdrops). Return by Culross Abbey. **Note:** RADO. CWRA.
Leader: C & B Barton, 01383 725859, chrisandbetty@glenrothesramblers.co.uk
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Kirkcaldy: Cairneyhill Circular

Grade C+: 9mls **Depart:** KRSN at 09:00 **Walk start:** Parking area by Scout Hut, Northbank Road, Cairneyhill at 10:00 **OS:** 65 **GR:** NT047865 **Description:** Pleasant walk through country tracks. **Note:** RADO. NoSC.

Leader: Margaret Miller, 01592 266956

Perth: Laggan, Maam, Melville and Twenty Shilling

Grade C: 7.2mls **▲**268m/879ft. **Depart:** ASDACP at 09:00 **Walk start:** Golf Course Access Road CP at 10:00 **OS:** 52 **GR:** NN776223 **Description:** A very scenic winter walk with gentle, easy climbs in the Comrie area. **Note:** RADO. Accompanied children if fit.

Leader: Jim Morrison, 01738 842802

St. Andrews & NE Fife: Balbirnie-Star Moss Circular

Grade C: 7mls/4hrs **▲**60m/200ft. **Depart:** FCPC at 09:30 **Walk start:** Balbirnie Park Car Park, off B9130 west of Markinch at 10:15 **OS:** 59 **GR:** NO292018 **Description:** Low level easy circular walk via Markinch, Star Moss, returning though Balbirnie Estate with lovely woodlands. Walk on tracks and minor roads with no major climbs in country to east of Glenrothes. **Note:** RADO. NoSC.

Leader: T. Hartshorne, 01337 857791, terry.hartshorne@live.co.uk

Sunday 21st February

Stirling & Falkirk: Invertrossachs Estate

Grade B: 8mls/4.5hrs **▲**250m/820ft. **Depart:** LACP at 09:30 **Walk start:** CP beyond East Lodge at end of public road on S side of Loch Venacher at 10:30 **OS:** 57 **GR:** NN593056 **Description:** A forest walk on Paths and tracks on South side of Loch Venacher. **Note:** RADO. NoSC.

Leader: Ray Finlay, 01786 449135, 07792 549363, rayfin_1@hotmail.com

Thursday 25th February

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 27th February

Brechin: Tarriebank Circular

Grade C: 6mls **Depart:** SNSB at 09:30 **Walk start:** West Woods of Ethie at 10:15 **OS:** 54 **GR:** NO655454 **Description:** Past West Mains of Auchmithie to Auchmithie. Return via Boghead, Rosehill and Kinaldie.

Leader: Christine Bean, 01356 624285, cchrisbean@yahoo.co.uk

Dalgaty Bay: Kirkcaldy: Mill Dam /Rabbit Braes /Long Dykes

Grade C: 5mls/3hrs **▲**80m/262ft. **Depart:** DBSCCP at 09:30 **Walk start:** Beveridge Park car park at 10:00 **OS:** 59 **GR:** NT273907 **Description:** A walk mainly on woodland paths gradually rising to Bennochty then down via Long Dykes. **Note:** RADO.

Leader: Chris Roberts, 01383 822184, 07749 757587

Dunfermline & West Fife: Saline Area

Grade C: 4.5mls/2.5hrs **Depart:** LPRCP at 10:00 **Walk start:** Car park/turning circle near church on West Road at 10:30 **OS:** 367 **GR:** NT023925 **Description:** Tracks, paths and country roads around Saline. **Note:** DWOL.

Leader: Linda Moyes, 07840 759384, lm57.moyes@gmail.com

Kirkcaldy: Aberdour Countryside

Grade C+: 7mls **Depart:** KRSN at 09:15 **Walk start:** Aberdour Railway Station car park at 10:00 **OS:** 66 **GR:** NT191853 **Description:** Circular walk on various tracks and paths, rough ground and some tarmac. Taking in Otterston Loch and The Murrel with easy gradients and good views. **Note:** RADO. NoSC.

Leader: Kathleen Curley, 01592 643318

Perth: Spittalfield - Dunkeld

Grade B: 10mils ▲160m/524ft. **Depart:** Bus no.34 from Mill, Street Perth at 09:30 **Walk start:** Spittalfield by the Green at 10:10 **OS:** 53 **GR:** NO108409 **Description:** Linear walk. Follow river to Caputh. Steep climb up Caputh Hill through fields to Dhu Loch then woods and moorland into Dunkeld (return by bus to Perth). Some wonderful views also some off piste walking. **Note:** RADO. **Leader:** John Whitehurst, 01738 637286

Sunday 28th February

Broughty Ferry: Cupar Town Circular

Grade D: 4mils/3hrs **Depart:** TBCP at 10:30 **Walk start:** Cupar Car Park (opposite public park on A91) at 11:00 **OS:** 59 **GR:** NO378146 **Description:** Walk the historic centre of the medieval market town taking in the expansion during the 17th and 18th centuries to the present day. Walking mainly on pavements and roads. **Note:** DWOL.

Leader: Dave Banks, 01382 858495, 07719 382703

Glenrothes: Glenfarg Circular

Grade C+: 6mils/3.5hrs **Depart:** LCCP at 10:00 **Walk start:** Glenfarg Village nr Hotel at 10:45 **OS:** 58 **GR:** NO134104 **Description:** Meet to car share up to Wallace Road as limited parking space available at start. Circular walk mainly on tracks and farm roads. Beautiful view over Bridge of Earn and Abernethy. **Note:** RADO. CWRA.

Leader: Don Mathieson, 07535 813423, don2908@yahoo.co.uk

Kinross and Ochil: The River Almond Walkway - "Trains & Boats & Planes....."

Grade C: 7mils **Depart:** RASCP at 09:45 **Walk start:** Car Park, Cramond Glebe Road at 10:30 **OS:** 65 **GR:** NT190770 **Description:** The walk heads upstream thro' a lovely wooded river valley as far as the railway line on the E boundary of Edinburgh airport. Return to the river via tracks and minor roads and an old pack horse bridge. **Note:** DWOL. CWRA.

Leader: Edna Burnett, 01577 862977

Perth: Forteviot by Invermay Estate

Grade C: 6mils ▲70m/229ft. **Depart:** ASDACP at 09:00 **Walk start:** At Forteviot Bowling Club at 09:30 **OS:** 58 **GR:** NO053175 **Description:** Walk through Invermay Estate past the old chapel of Muckersie and back to Forteviot. Some road walking. **Note:** RADO. NoSC.

Leader: Donald Purvis, 01738 813294, 07478 247825

Stirling & Falkirk: Norman's Law (Coach)

Grade B+: 7mils/5hrs ▲548m/1800ft. **Depart:** LACP at 09:15 **Walk start:** Luthrie. at 10:30 **OS:** 59 **GR:** NO330196 **Description:** A steep climb to gain great views followed by woodland descent. **Note:** RADO. NoSC. Coach Walk £12 - Names to Babs by 14th February

Leader: Colin Thomson, 01786 472726, 07702 636505, colinbthomson@gmail.com

Stirling & Falkirk: Wormit to Balmerino Abbey circular (Coach)

Grade C+: 6.5mils/3.5hrs ▲60m/200ft. **Depart:** LACP at 09:15 **Walk start:** Wormit at 10:40 **OS:** 54 **GR:** NO392261 **Description:** Lovely easy C+ coastal walk along the Tay, including a visit to Balmerino Abbey. **Note:** RADO. CWRA. Coach Walk £12 - Names to Babs by 14th February

Leader: Babs Butler, 01324 720165, 07711 575561, barbarabutler@btinternet.com

Strathay: Glengoulandie Circuit

Grade C+: 5mils ▲274m/900ft. **Depart:** CGCP at 09:30 **Walk start:** Dun Coilich at 10:00 **OS:** 52 **GR:** NN768528 **Description:** Circular route mainly on tracks up Creag Chean, Sliabh Fada and past Creag Odhar. **Note:** RADO.

Leader: Alistair Cameron, 01887 820555, alistair@cameron2.plus.com

Tuesday 1st March

Kinross and Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. Details on first page of this programme.

Kirkcaldy: Langtoun Daundersers - Chapel & Cluny

Grade C: 5.5mls **Depart:** KRSN at 10:00 **Walk start:** Retail Park car park (Frankie & Benny's section) at 10:15 **OS:** 59 **GR:** NT254941 **Description:** Footpaths by Coalden, Cluny Den and River Ore. Return by same route. Very short section may be muddy. Proposed lunch venue is at Sainsburys. **Note:** DWOL. CWRA.

Leader: Ruth Beddall, 01592 260578

Wednesday 2nd March

Dunfermline & West Fife: Bishop Hill

Grade B: 5mls/3hrs **▲** 300m/984ft. **Depart:** LPRCP at 09:30 **Walk start:** Portmoak Church car park at 10:00 **OS:** 58 **GR:** NO183020 **Description:** Circular walk taking in Bishop Hill and Carlin Maggie rock. **Note:** DWOL.

Leader: Alan McGuckin, 01383 731557, 07970 172593, atmccg53@gmail.com

Thursday 3rd March

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 5th March

Blairgowrie: Glen Banvie Circular

Grade B: 10mls **▲** 371m/1220ft. **Depart:** WBCP at 09:00 **Walk start:** Glen Tilt Car Park at 10:00 **OS:** 43 **GR:** NN874662 **Description:** We start with a very short road walk to Old Blair then enter the wooded area on good tracks. We will make slight detours to a viewpoint at The Whim, overlooking Blair Castle, and to the Falls of Bruar. **Note:** RADO.

Leader: Nina Bell, 01250 874301, blairbelles@tiscali.co.uk

Dalgety Bay: Livingston and Almond River Circular (negligible ascent)

Grade C: 6mls/3hrs **Depart:** DBSCCP at 09:30 **Walk start:** Livingston North Railway Station CP at 10:15 **OS:** 65 **GR:** NT035686 **Description:** Walk on good paths through Livingston to River Almond, then along riverside, could be muddy after heavy rain. **Note:** RADO.

Leader: Ken Wright, 01383 822358

Dundee: Craigancash, Glenesk

Grade B+: 8mls/5hrs **▲** 450m/1476ft. **Depart:** OCCP at 09:00 **Walk start:** Off road parking 1 km beyond Auchmull at 10:00 **OS:** 44 **GR:** NO578748 **Description:** Circular walk on upland tracks, riverside with some road walking. There is a lower level path of approx 6.5 miles.

Leaders: Stewart MacDonald, 01382 642728, 07960 624539 and V MacDonald 01382 642728, 07852 815900

Glenrothes: Elie - Shell Bay Circular

Grade C+: 8mls/4.5hrs **Depart:** LCCP at 10:00 **Walk start:** Ruby Bay CP Elie at 10:45 **OS:** 59 **GR:** NT497997 **Description:** Walk along the coastal path to Shell Bay, then returning by Kilconquhar Loch. Lovely coastal views and pleasant estate paths alongside loch. One short steep climb to Kincaig Point. **Note:** RADO. CWRA.

Leader: S. Fury, 01592 756497, sheena_fury@yahoo.co.uk

Perth: Auchtermuchty and Strathmiglo

Grade B: 9mls **▲** 250m/820ft. **Depart:** ASDACP at 09:00 **Walk start:** Cycle Tavern, Auchtermuchty at 09:45 **OS:** 58 **GR:** NO239117 **Description:** Via Leckiebank to Pitlour Hill, then descending to Strathmiglo and returning via Dunshalt. **Note:** RADO.

Leader: John Andrews, 01738 827275, 07526 884953, john@jdandrews.co.uk

St. Andrews & NE Fife: Loch Leven Circular

Grade B: 13mls/6hrs ▲0m/0ft. **Depart:** FCPC at 09:00 **Walk start:** Fishery Car Park in Pier Road, Kinross at 10:00 **OS:** 58 **GR:** NO122017 **Description:** Opportunity to enjoy the complete circular walk around Loch Leven. Mainly flat with well defined walking paths. **Note:** DWOL. CWRA.
Leader: R. Stirrat, 01334 653481, 07980 371588, robertstirrat@hotmail.co.uk

Sunday 6th March

Forfar: Pearsie/Clash Reservoir

Grade C+: 6.5mls **Depart:** EGCP at 10:00 **Walk start:** Tin Church Pearsie at 10:30 **OS:** 54 **GR:** NO360588 **Description:** A Lollipop shaped walk just north of Kirriemuir on farm roads, woodlands and hillside tracks, lovely views all around, short part road walking. **Note:** RADO.
Leader: Dave Phillip, 01307 463181

Stirling & Falkirk: Linlithgow to Bo'ness linear

Grade C+: 7.5mls/4hrs ▲91m/300ft. **Depart:** LACP at 09:15 **Walk start:** Car Park at Pier Street, Bo'ness (adjacent to Bo'ness bus station) at 10:05 **OS:** 65 **GR:** NS999818 **Description:** Moderate walking on good tracks and roads. The route includes Linlithgow Loch, Kinneil Estate & Kinneil Nature Reserve. **Note:** RADO. NoSC. Catch F45 bus to Linlithgow at 10.15am - post code EH51 9AA. Walk starts at GR NT002771

Leader: Colin Thomson, 01786 472726, 07702 636505, colinbthomson@gmail.com

Thursday 10th March

Dalgety Bay: Roamers - Braefoot Point Circular

Grade D: 4mls/2.5hrs ▲25m/82ft. **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156835 **Description:** A walk to the old ammunition pier on woodland tracks and the Coastal Path. **Note:** RADO.

Leader: Alice McEwan, 01383 822013

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 12th March

Brechin: Kirriemuir Circular

Grade C+: 7.5mls **Depart:** SNSB at 09:30 **Walk start:** Kirriemuir Camera Obscura car park at 10:00 **OS:** 54 **GR:** NO388545 **Description:** To Kinnordy Loch via Kirriemuir Den. Return via Caddam Wood and Kate's Wood.

Leaders: Peter Fiabane, 01307 461121, fiabanes@gmail.com and Anna Fiabane 01307 461121, fiabanes@gmail.com

Dalgety Bay: Benarty Hill via Harran Hill Wood

Grade B: 7mls/4hrs ▲350m/1148ft. **Depart:** DBSCCP at 09:30 **Walk start:** Lochore Meadows CP near Kely off B996 at 10:00 **OS:** 58 **GR:** NT152949 **Description:** A walk on paths, tracks and some open countryside. **Note:** RADO.

Leader: David Thomson, 01383 860324, 07922 050562, davidthomson@tesco.net

Dunfermline & West Fife: Cademuir Hill Forts and the Tweed

Grade B: 8mls/4.5hrs ▲243m/797ft. **Depart:** LPRCP at 09:00 **Walk start:** Kingsmeadow car park, Peebles at 09:15 **OS:** 337 **GR:** NT252403 **Description:** Follow John Buchan Way on to Cademuir Hill, descending to Kirkton Manor and walk along River Tweed back to the start. Fine views and ancient hill forts. Short section of road walking, grassy hill path and riverside path. **Note:** DWOL.

Leader: Anne Laird, 01383 727515, 07768 860066, anne-laird@hotmail.co.uk

Kinross and Ochil: Exploration of the east side of Loch Leven

Grade C+: 7.5mls **Depart:** RASCP at 09:30 **Walk start:** Portmoak Church at 09:50 **OS:** 58 **GR:** NO182020 **Description:** Portmoak Moss, Loch Leven and lower slopes of Bishop Hill. Some short, steep and possibly muddy sections, short flights of steps and some road walking. Good views, weather permitting. **Note:** RADO. CWRA.

Leaders: Ann Eve, 01577 863887, 07960 973866 and Liz Douglas 01337 827582

Kirkcaldy: Star Moss & Coaltown of Balgonie

Grade C+: 8.5mls **Depart:** KRSN at 09:45 **Walk start:** Balbirnie Park (main entrance car park) at 10:15 **OS:** 59 **GR:** NO292018 **Description:** Figure of eight walk centred on Balbirnie Park. North to Star Moss and south to Coaltown of Balgonie. **Note:** RADO. CWRA.

Leader: Bill Gibson, 01592 891319

Perth: Circular North of Loch Leven

Grade C+: 9.5mls **Depart:** ASDACP at 09:15 **Walk start:** Loch Leven Health Centre at Lathro on road between Milnathort and Kinross at 10:00 **OS:** 58 **GR:** NO115039 **Description:** Circular walk to the north of Loch Leven on good paths and tracks with some road walking. Lovely views of the loch and Bishop Hill. **Note:** RADO.

Leader: Elspeth Bryce, 01738 632645, 07787 140509

Strathlay: Glen Tarken

Grade B: 8mls ▲426m/1400ft. **Depart:** CGCP at 09:30 **Walk start:** St Fillans at 10:30 **OS:** 51 **GR:** NN687246 **Description:** Walk on tracks up one side of Glen Tarken and return down the other side. **Note:** RADO.

Leader: Jenny Rees, 01887 830521, jenny.rees@virgin.net

Sunday 13th March

Broughty Ferry: Scone Circular

Grade C+: 6mls/4hrs **Depart:** CWCP at 09:45 **Walk start:** Car Park next to Scone Old Church at 10:30 **OS:** 58 **GR:** NO131255 **Description:** A circular walk with a challenging climb to visit a Folly and Obelisk with good views and a gentle descent over golf course. Then return to Car Park via minor roads. **Note:** DWOL.

Leader: Steve Carmichael, 01382 534119

Glenrothes: Loch Leven Circular

Grade C+: 12.5mls/6hrs **Depart:** LCCP at 09:30 **Walk start:** RSPB Nature Reserve at 10:00 **OS:** 367 **GR:** NT161991 **Description:** A walk completing the full circuit of the loch, on easy tracks. Lovely views. **Note:** RADO. CWRA. **Leader:** Kath Wilcock, 01592 654143, kathwilcock@gmail.com

Stirling & Falkirk: Around Newbattle

Grade C: 7mls/3.5hrs ▲71m/233ft. **Depart:** LACP at 09:30 **Walk start:** Newbattle Abbey College CP at 10:45 **OS:** 66 **GR:** NT331659 **Description:** The walk takes in the grounds of the College, stretches of the River South Esk, Lord Ancrum's Wood and other areas of forest. Good paths throughout. **Note:** RADO. NoSC. This may be a Coach Walk if there are sufficient numbers. **Leader:** James Higgins, 01786 470641, jameshig0@gmail.com



Tuesday 15th March

Kinross and Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. Details on first page of this programme.

Thursday 17th March

Dundee: Fish Supper Night

Meet: Lochee Bowling Club, Muirton Road, Dundee at 19:00 **Description:** As our Fish Supper Night falls on St Patrick's Day wear something Irish if you like. It is an open night so feel free to bring friends and family. Please be prompt as the Fish Suppers will arrive at 7.15pm. Cost £7. **Note:** Please send cheques to Jean by 1st March along with any dietary requirements.

Contact: J MacGillivray, 01382 623052, 07932 014859, jean.macgillivray@btinternet.com

Dunfermline & West Fife: Kinghorn Pettycur Bay & Kinghorn Loch

Grade C: 5.5mls/3.5hrs ▲ 100m/328ft. **Depart:** LPRCP at 09:30 **Walk start:** Pettycur Bay car park at 10:00 **OS:** 367 **GR:** NT265861 **Description:** A circular walk on paths and tracks via Kinghorn Loch Ecology Centre. **Note:** DWOL. A few inclines

Leader: Olive Inglis, 01383 842693, 07773 995015, oliveminglis@aol.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Friday 18th March

Brechin: Cheese & Wine Open Night

Meet: Lower Hall, Mechanics' Institute, Brechin at 19:30 **Description:** Annual informal get-together. **Note:** Open to members and non-members. Tickets available in advance from Colin Whyte or Moira Dunbar.

Contacts: Colin Whyte, 01356 622283, 07949 402506, colinwhyte@colinwhyte.plus.com and Moira Dunbar 01356 622327, 07759 215616, moiradunbar@talktalk.net

Saturday 19th March

Blairgowrie: Hill of Couternach, Glen Prosen

Grade B: 8mls ▲ 420m/1377ft. **Depart:** WBCP at 09:00 **Walk start:** Glen Prosen Church at 10:00 **OS:** 44 **GR:** NO328657 **Description:** Minister's Path, taking in Cairn Leith and Hill of Balbae before ascending Hill of Couternach, which gives a good view to Glen Clova. A moderately challenging upland walk following paths and tracks for most part. **Note:** RADO. There is a downhill section on rough ground and a short road walk at the end.

Leader: Pat Fraser, 01250 873577, patriciafraser@btinternet.com

Dalgety Bay: Tay Bridge /Tayport Circular

Grade C+: 9.5mls/5hrs ▲ 250m/820ft. **Depart:** DBSCCP at 09:15 **Walk start:** Tay Bridge Car Park at 10:30 **OS:** 59 **GR:** NO426287 **Description:** Good tracks and paths and a little road walking. Track to Scotsraig, Causewayhead and Easter Friarton on to Morton Lochs. Return by River Tay. **Note:** RADO.

Leader: Andrew Lees, 01383 824795, 07901 806024, piano.man@btinternet.com

Dundee: Lindores Loch Collesie

Grade C+: 8mls/5hrs ▲ 290m/951ft. **Depart:** TBCP at 09:30 **Walk start:** Victory Hall on northern edge of Collesie at 10:15 **OS:** 370 **GR:** NO286133 **Description:** Moderate route following tracks and paths with some road walking and some well graded ascent. Route crossed some grazing land. Lovely views.

Leaders: J Cumming, 01382 642752, 07526 237526 and L Beveridge 01382 730832, 07811 462266

Forfar: Easthaven to Elliot Circular

Grade C: 6.5mls **Depart:** EGCP at 10:00 **Walk start:** Easthaven Car Park at 10:30 **OS:** 54 **GR:** NO591364 **Description:** A level easy costal walk starting at Easthaven and following the cycle/walking path to Elliot. Returning via Dunes and Beach. Nice estuary scenery. Ideal walk for beginners.

Leader: Christine Ferguson, 01382 532384

Glenrothes: Limekilns - Charlestown and Pattiesmuir Circular

Grade C+: 8mls/4hrs **Depart:** LCCP at 10:00 **Walk start:** CP at Shore at 11:00 **OS:** 65 **GR:** NT075834 **Description:** A walk along good paths, with some road and pavement walking, through Gallowbridge Hill, Wester Gellet and Bellknowes. Two short ascents. **Note:** RADO. CWRA.

Leader: M. Laing, 01337 832724, mlaing@glenrothesramblers.co.uk

Perth: Newburgh and Ormiston Hill

Grade B: 6mls **▲**235m/770ft. **Depart:** ASDACP at 09:15 **Walk start:** CP on left just before entering Newburgh at 10:00 **OS:** 58 **GR:** NO228182 **Description:** A walk steep in places on tracks and rough ground up to top of Ormiston Hill. Descend gradually down to Newburgh, then past Lindores Abbey, to join the coastal path and walk westwards back through a park to the cars. Walk is also on map 59. **Note:** RADO. CWRA.

Leader: Lynn Rankin, 01738 632580, 07928 758259

Sunday 20th March

St. Andrews & NE Fife: River Erich Path--Blairgowrie

Grade C+: 8mls/4.5hrs **▲**30m/98ft. **Depart:** FCPC at 09:00 **Walk start:** Wellmeadow car park on the north side of the centre of Blairgowrie. at 10:00 **OS:** 53 **GR:** NO179456 **Description:** Easy walk, mainly following the north and south banks of the river up to Kitty Swanson Bridge. The start and finish of the route is on minor roads. The off-road sections follow a field edge and flood banks which could be muddy. **Note:** RADO. NoSC.

Leader: D. Cameron, 01334 474305

Stirling & Falkirk: Killin - Glen Ogle branch line

Grade B: 10mls/5.5hrs **▲**200m/656ft. **Depart:** LACP at 09:30 **Walk start:** Killin CP on right over bridge at Falls of Dochart at 10:45 **OS:** 51 **GR:** NN570329 **Description:** Following disused railway line, then through forest tracks in Glen Ogle and back to start. **Note:** RADO. NoSC.

Leader: Ray Finlay, 01786 449135, 07792 549363, rayfin_1@hotmail.com

Tuesday 22nd March

Dalgety Bay: The Hermitage and Swanston Village, Edinburgh

Grade C+: 6mls/3hrs **▲**120m/393ft. **Depart:** Meadowfield Bus Stop for X62 at 09:05 **Walk start:** West End bus stop, Edinburgh at 09:50 **OS:** 66 **GR:** NT246737 **Description:** 11 or 15 bus to Comiston Road The Hermitage circular, then Braid Valley Park, Robert Louis Stevenson Trail to Swanston Village circular returning by bus from Lothianburn. **Note:** RADO.

Leaders: Rose Nutt, 01383 822669, 07969 198917 and Heather Haines, 07990 660724

Thursday 24th March

Dundee: Arbirlot Nature Trail

Grade C: 6mls/3hrs **Depart:** OCCP at 09:45 **Walk start:** Information Centre Near Harbour Arbroath at 10:30 **OS:** 54 **GR:** NO640405 **Description:** Semi Coastal then Nature Trail. Short climb to waterfall. check with walk leader about conditions underfoot.

Leader: Dannette Bell, 01241 879613, 07927 493287

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 26th March

Brechin: Balgavies Loch

Grade C: 6mls **Depart:** SNSB at 09:30 **Walk start:** Letham Hall at 10:00 **OS:** 54 **GR:** NO529490

Description: From Letham to Balgavies Loch then along old railway track to Milldens. Back via Balgavies House to complete the circuit of the loch and return to Letham.

Leaders: Ellen Smith, 01307 818632 and Loraig Alexander 01307 818791

Dalgety Bay: Pentland Hills: Scald Law, Carnethy Hill & Turnhouse Hill

Grade B: 8mls/5hrs **▲**620m/2034ft. **Depart:** DBSCCP at 09:00 **Walk start:** Flotterstone car park at 10:00 **OS:** 66 **GR:** NT233631 **Description:** The walk makes its way along the banks of Glencorse Reservoirs, and then over Scald Law and neighbouring peaks of Carnethy Hill and Turnhouse Hill. From these vantage points, the views stretch across Edinburgh into Fife & East Lothian. **Note:** RADO.

Leader: Audrey Robertson, 01383 860569

Dundee: Falls of Damp

Grade B+: 10mls/6hrs **Depart:** OCCP at 08:30 **Walk start:** Car Park at Invermark at 10:00 **OS:** 44 **GR:** NO446804 **Description:** Circular Walk. Falls of Damp and Falls of Unich, round Cairnlick, down Inchgrundle.

Leader: Nan Hargraves, 01307 462016

Dunfermline & West Fife: Ben Chonzie from Glen Lednock

Grade A: 7.5mls/4.5hrs **▲**740m/2427ft. **Depart:** LPRCP at 09:00 **Walk start:** 4.5 miles up Glen Lednock road from A85 at 10:20 **OS:** 51 **GR:** NN744273 **Description:** Direct ascent of Ben Chonzie from Glen Lednock and return. **Note:** DWOL.

Leader: Alan McGuckin, 01383 731557, 07970 172593, atmccg53@gmail.com

Perth: Murthly Estate

Grade C: 7mls **▲**50m/164ft. **Depart:** ASDACP at 09:00 **Walk start:** Small CP just off B9099 by entrance to Murthly Castle at 09:45 **OS:** 53 **GR:** NO093393 **Description:** A circular walk round grounds of Murthly Estate, Chapel & Castle return by River Tay. Limited parking please car share. **Note:** RADO. CWRA. Accompanied children if fit.

Leader: Stewart Inglis, 01738 621367

Sunday 27th March

Broughty Ferry: West End of Dundee Circular

Grade C: 6mls/4hrs **Walk start:** Car Park at Lochee Park Ancrum Road at 10:30 **OS:** 54 **GR:** NO378311 **Description:** Walk on cycle paths and footpaths on Dundee's Green Way. **Note:** DWOL.

Leader: Alex Kelman, 01382 776928, 07840 732842

Glenrothes: Dunkeld, Loch of Lowes Circular

Grade B: 8.5mls/5hrs **Depart:** LCCP at 10:00 **Walk start:** CP at end of Main St, Dunkeld (by toilets) at 11:00 **OS:** 52 **GR:** NO026428 **Description:** Walk to Polney and Cally Lochs via Crieff Hill and Fungarth to Loch of the Lowes. Returning via Haughend. **Note:** RADO. CWRA.

Leader: S. Fury, 01592 756497, sheena_fury@yahoo.co.uk

Kinross and Ochil: Devilla Forest

Grade C: 7mls **Depart:** BURN at 09:30 **Walk start:** Devilla Forest Car Park at 10:00 **OS:** 65 **GR:** NS964870 **Description:** An easy winter walk mainly on forest tracks, taking in Moor Loch and Peppermill Dam and, possibly, the Walled Garden coffee shop at Righead Farm. **Note:** DWOL. CWRA.

Leader: Sheena Bedborough, 07919 836908

Kirkcaldy: Lomond, Freuchie & Rameldry Circular

Grade B: 9mils **Depart:** KRSN at 09:15 **Walk start:** Pitcairn Centre at 10:00 **OS:** 59 **GR:** NO267035 **Description:** Circular walk through farmland and woods mainly on tracks and paths. A little road walking involved. **Note:** RADO. NoSC.

Leaders: Mike Fairgrieve, 01592 784454 and Ros Fairgrieve 01592 784454

Stirling & Falkirk: Craighorn & Alva Glen

Grade B: 7.7mils/4.5hrs ▲660m/2165ft. **Depart:** LACP at 10:00 **Walk start:** Alva Glen at 10:30 **OS:** 58 **GR:** NS884975 **Description:** The walk follows a track up into the Ochil Hills, crosses the Craighorn plateau with good views of the Forth Valley, and descends by another track into Alva Glen. **Note:** RADO. NoSC.

Leader: Phil Seale, 01506 847956, 07840 957215, phil@philseale.co.uk

Strathclyde: Ben Vuirich

Grade B: 10mils ▲609m/2000ft. **Depart:** CGCP at 09:30 **Walk start:** Clunskea on A924 at 10:15 **OS:** 43 **GR:** NO009637 **Description:** A shy Corbett 2,962ft in the shadow of Beinn a'Ghlo. It is accessed from the south on a long steadily climbing ridge. **Note:** RADO.

Leader: Bill McEwan, 01796 472780, billmcewan40@gmail.com

Tuesday 29th March

Kinross and Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. Details on first page of this programme.

Thursday 31st March

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on first page of this programme.



Forth Valley, Fife & Tayside Area Honorary Officials

The following officials were elected or re-elected at the Area AGM at Dalgety Bay on the 31st of January, 2015.

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Minutes Secretary **VACANT**

Liaison Secretary

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If you are walking with a group other than your own:

- ➔ Phone the walk leader and confirm the meeting place and time.
- ➔ Leave your full name, address and telephone number in the walks book.
- ➔ Tell the walk leader if you have any relevant medical condition.
- ➔ Socialise, particularly if there is a large number of you from another group.
- ➔ Don't leave the walk without telling the walk leader.
- ➔ Thank the walk leader at the end of the walk.



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Produced by Forth Valley, Fife and Tayside Area

Printed by Danscot, Perth



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