

# Culbokie Lockdown Quilt

## Patch-making Instructions

If you are wondering how easy it will be to make a patch for the community quilt, the answer is 'easier than you think'. You don't need to be artistic or experienced in sewing. All you have to do is:

- ✚ Design it
- ✚ Make it
- ✚ Submit it

We want to tell you about some of the many easy ways you can make your patch and the variety of materials you can use.

If you intend to make a patch it would be really helpful if you would drop us a line to [event@culbokiect.org](mailto:event@culbokiect.org) to let us know. Knowing the numbers in advance will help us plan the final quilt.

### Step 1: inspiration for the design

Think about what the COVID-19 crisis and lockdown has meant for you. Maybe a word, an activity, your work, a location - anything that has been a significant part of your daily life; your 'story' and how it might be represented within an area 20cm x 20cm (see below for final patch size).

### Step 2: materials and techniques

Next think about what materials and techniques you want to use. This is a long list because there are so many options. Ideally, we want you to use recycled materials. The patch itself could be made from any lightweight, cotton-like fabric, maybe an old garment, a shirt, pillowcase or some fabric leftover from another project.

What about embellishments? Here's a list for you to start thinking about: buttons, sequins, bits of felt, bits of wool, bits of fabric, string, garden twine, pipe-cleaners or you may want to use your embroidery, applique, crochet, macramé skills - it's endless. Embellishments can be stitched or glued. If that all sounds too complicated, then you could simply draw something on your square with fabric pens or fabric paints (they need to be colour fast).

If wool is your medium then you can knit or crochet a square but please attach it to a piece of fabric to make life easier for the folks sewing the quilt together.

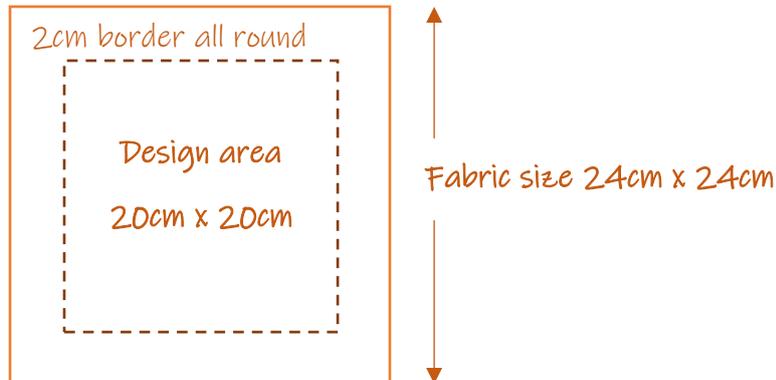
If 'digital' is your thing, have a look online at turtle stitch and machine embroidery.



You might like to add your initials somewhere on your patch. If you want to be more ambitious, you could add a wee pocket with a very lightweight significant object which will add to the 'story' of your patch.

### Step 3: make your patch

The finished size of your patch will be 24cm x 24cm and that will include a 2cm border all round. This means your design will fit within a 20cm x 20cm square. See drawing:



Remember to use a fairly lightweight cotton fabric for the patch, preferably recycled. Let us know if you are struggling for ideas or materials and we will try to help you out.

### Step 4: submit your patch

Give your patch a title and, if you like, write a short paragraph (50 words max) telling us about your patch (the inspiration, the material choice etc). Add your name, address, and either email or phone number. Now all you have to do is put it, with your finished patch(es), in an envelope and take it to the Spar shop in Culbokie or to the Saturday Community Market in Culbokie. If you've any problem doing that, then drop us an email at [event@culbokiect.org](mailto:event@culbokiect.org) and we'll make alternative arrangements for you.

All patches must be submitted by the revised deadline, 31st October 2020.

### Queries

If you have any questions on the above, have a look at the CCT website [www.culbokiect.org](http://www.culbokiect.org), join our Facebook group 'Culbokie Lockdown Page' or email us at [event@culbokiect.org](mailto:event@culbokiect.org).

