



Children's Orienteering Event

Culbokie Wood
 Wed 5th June 2019
 3:30 to 5:30pm



Introduction:	This event is restricted to teams of two (exceptionally three) children of primary school age and invitations have been sent to primary schools within the Black Isle area only. It is intended to be a small-scale introduction for local children who are new to orienteering while providing another event for those who have competed before. The event is aimed at children of P6 to P7 age in particular.									
Organisers:	This event has been organised jointly by Culbokie Community Trust and High Life Highland, assisted by pupils from Fortrose Academy. This is the first time we have run this event and we appreciate your support.									
Terrain:	The permanent orienteering course in Culbokie Wood is maintained by Culbokie Community Trust with permission from the landowner, Forestry and Land Scotland. It has a wide variety of woodland from dense, impenetrable plantation to beautiful open forest. The area is largely flat and has a network of tracks and paths running through it. The wood is bounded by farmland and minor single-track roads and has an area of wetland at its centre.									
Map:	Pre-marked and printed on waterproof paper, scale 1:10,000 with 5m contour interval.									
Courses:	<table border="1"> <thead> <tr> <th>Course</th> <th>Length/Duration</th> </tr> </thead> <tbody> <tr> <td>White</td> <td>2.8 km</td> </tr> <tr> <td>Yellow</td> <td>3.6km</td> </tr> <tr> <td>Score</td> <td>45 minutes</td> </tr> </tbody> </table>		Course	Length/Duration	White	2.8 km	Yellow	3.6km	Score	45 minutes
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Directions:	<p>From the A9, at the junction 3.5 km south of the Cromarty Bridge, take the B9169 east towards Culbokie. After 2 km you'll reach the outskirts of Culbokie. Continue through the village past the shop and the school, both on your right. Findon Hall is 50m down the next road on your left.</p> <p>From Avoch or Fortrose, take the Mount Eagle road heading NW past the mast until you reach Culbokie. Turn left (west) on to the B9169. Findon Hall is 50m down the 2nd road on your right.</p>									
Registration:	Registration will take place in Findon Hall (NH608597). Note that entries are for teams of two (or exceptionally three).									
Parking:	Parking is available at Findon Hall, Cairn's car-park opposite Findon Hall and at the main entrance to Culbokie Wood.									
Refreshments:	There will be no refreshments provided. Participants are encouraged to use the Spar Shop in Culbokie who are sponsors of this event.									
Toilets:	Toilet facilities are available at Findon Hall.									

Start/Finish:	The start/finish is located at the main entrance to Culbokie Wood. Starts will be accepted between 15:30 and 16:30 at the latest. The course will close promptly at 17:30.
Timing:	Timing will be done with a clock, not a special computer system. Electronic dibbers will not be used so no intermediate times will be available. Control punches will be used as proof of visiting a control.
Entries:	Please note that the information you provide when entering the event will be stored on computer and will be used solely for the purposes of the event. Event results will be published on the internet. By entering the event you are authorising the use of the information you provide in this way. Information will not be made available to parties not directly involved with the event other than as detailed above. Photographs may appear on our website or in the media. We will seek permission where this involves young people who are clearly identifiable.
Safety:	<p>Orienteering is an adventurous activity and presents a number of inherent hazards. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course. Please seek advice at the registration desk on the day if you are unsure of whether the course you are entering is appropriate.</p> <p>All participants must be accompanied to the event by a responsible adult.</p> <p>The main first-aid station is at the start/finish although first-aid will also be available at registration in Findon Hall.</p> <p>Take care crossing the B9169 which lies between Findon Hall and Culbokie Wood. Please obey supervisors posted there.</p> <p>All participants must report to the finish, even if they have not completed their course. Failure to do so may result in unnecessary searches and stoppage of the event.</p> <p>It is recommended that all children carry a whistle. If a team gets lost or is unable to continue for whatever reason, they should stay together and use their whistle. The internationally recognised distress signal is 6 short, sharp blasts followed by a pause.</p> <p>Fallen trees and simple, wooden bridges can be slippery - footwear with good grips is strongly advised. Please bring a waterproof jacket in case of bad weather.</p> <p>Please note that Culbokie Wood is a popular venue for dog walkers – watch out for dog poo, especially near the car park.</p> <p>Ticks are prevalent at this time of the year and the normal precautions should be taken.</p>