



QUICK LIGHT LUNCHES

Quick Light Lunches in King Street Halls on Wednesday
6 February 2019
between 12 noon and 1.30 p.m.

Soup ,rolls , bannocks , oat-cakes , Orkney
cheese ,tea , coffee , juice and yummy HOME-BAKES.
£3- per person , children free , all welcome.

Please Pray For

Each month we ask that you
remember our church
groups in your prayers.
Over the next two months,
please pray particularly for

COAS
Senior Sunday Club
Junior Sunday Club and Nursery Group
Choir, Director of Praise and Organist



Items for the March East Window should be with
by 12 February 2019

KIRKWALL EAST CONTACT NUMBERS

<p>MINISTER Rev J Meason East Church Manse, Thoms Street Kirkwall 874789</p>	<p>SESSION CLERK Mr Colin Gunn Kyrombi, Rendall 761710</p>	<p>TREASURER</p>
<p>DIRECTOR OF PRAISE Mrs Glenys Hughes Easdale House, Easdale Loan Kirkwall 872952</p>	<p>ORGANIST Dr Alan Massey Hollyfield, 7 Quoybrae, Toab 861426</p>	<p>Halls Manager Mrs Melba Leonard 871751</p>

SHAPINSAY CONTACT NUMBERS

<p>SESSION CLERK Kenny Meason 9 Helliar View 01856 711275</p>	<p>TREASURER Sheila Garson Newlot, Shapinsay 01856 711779</p>
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NEWSLETTER

KIRKWALL EAST LINKED WITH SHAPINSAY CHURCH OF SCOTLAND



February 2019

CALENDAR OF EVENTS

Sunday 3 February	11.15 am Rev Gordon Jones, Kirkwall East 12 noon Worship Group - Sunday Club, Shapinsay
Wednesday 6 February	12 noon Quick Light Lunches, Kirkwall East 7.30 pm Philosophy for Community, Shapinsay
Sunday 10 February	11.15 am Worship Team, Kirkwall East 12 noon Rev Julia Meason - communion, shared lunch, Shapinsay
Tuesday 12 February	Guild - 7:30pm in the Hub. What wonderful thing our hands can do to fill us with delight. Stained Glass Work with Lynn Bartlett
Sunday 17 February	11.15 am Rev Julia Meason, Kirkwall East 12 noon Valerie Pomfret, Shapinsay 2.30pm Service at St Rognvald's House
Wednesday 20 February	7.30 pm Kirkwall East Kirk Session
Sunday 24 February	11.15 am Rev Julia Meason - praise band, Kirkwall East. 12 noon Worship Group, Shapinsay
Tuesday 26 February	Guild - 7.30pm in the Hub. The delight of wandering in unknown places. Talk on Easter Island by Anne Moore
Wednesday 28 February	2-4 pm coffee afternoon, Boathouse, Shapinsay.

This is the magazine of Kirkwall East linked with Shapinsay Churches of Scotland,
Scottish Registered Charity Numbers SCO 018002 and SC006097 respectively.
Printed on recycled paper.

THE FOODBANK IS CURRENTLY LOW ON THESE ITEMS



**TINNED FRUIT
PASTA SAUCE
JAM**

**TINNED MEAT/FISH
UHT MILK
SHAMPOO**

THEY HAVE PLENTY OF BEANS MEANTIME

Over 90% of the food distributed by foodbanks in The Trussell Trust network is donated by the public – that’s why your food donations are absolutely vital to our ability to give everyone referred to us a balanced and nutritious three day supply of food. Our shopping list on the above shows the food items that we need right now. Please note that no items with any alcohol content should be donated.

Items for the Foodbank can be left in the tub at the lift door in the lower vestibule. Donations are delivered to the Foodbank each week and are gratefully received.

THERE IS FURTHER INFORMATION AT

<https://orkney.foodbank.org.uk/give-help/donate-food/>

KIRWALL EAST CHURCH REGISTER

Death Mr George Fotheringhame, Cot of Blinkbonny, St.Ola
Mr. Ernest Wishart, Field House, Old Scapa Road, Kirkwall
Mrs.Annie Tait, 7 Earl Thorfinn St. Kirkwall
(St.Rognvalds House)

Lectionary Readings for February

3 February	(Epiphany 4)	Luke 5:33-39 Galatians 4:8-9
10 February	(Epiphany 5)	Luke 11:5-13 Isaiah 62:6-9
17 February	(Epiphany 6)	John 6:26-71 Hebrews 8:8-12
24 February	(Epiphany 7)	John 7:1-31 John 2:1-4

**Why not find us on Facebook at
Kirkwall East Linked with Shapinsay
and give us a Like**



KIRKWALL EAST DUTIES

Church Officer for November is

If you are unable to do the Door Duty listed please swap with someone on the rota & mark the changes on the sheet in the Hub.

DATE	FLOWERS	DOOR DUTY	TRANSPORT
3 February			
10 February			
17 February			
24 February			



Life and Work is part of the Mission and Discipleship Council of the Church of Scotland. To find out more about resources and events organised by the Council look here: www.resourcingmission.org.uk

To read Different Voices, the quarterly online music magazine of the Church of Scotland look here:

www.resourcingmission.org.uk/worship/liturgies

Learn more about the wider work of the Church of Scotland here:
www.churchofscotland.org.uk

Each month Life and Work provides:

- a forum for views on current social and moral issues
- innovation and ideas from all corners of Scotland
- a monthly meditation and regular articles on the spiritual side of life
- Reviews of the latest books, videos and Christian resources
- regular features on the Church worldwide

Please contact Colin Gunn (761710) or colin.gunn@kyrombi.co.uk if you would like to take up a subscription through the East Kirk.