

Kirkwall Kayak Club

2016 Summer Sea Session Programme

<u>Month</u>	<u>Day/Date</u>	<u>Session Type</u>
May	Thursday 5 th	Evening trip
	Thursday 12 th	Evening trip
	Tuesday 17 th	Junior and beginner skills session
	Thursday 19 th	Evening trip
	Saturday 21 st	Nature Festival taster session/journey
	Tuesday 24 th	Junior and beginner skills session
	Thursday 26 th	Evening trip
June	Tuesday 31 st	Junior and beginner skills session
	Thursday 2 nd	Evening trip
	Tuesday 7 th	Junior and beginner skills session
	Thursday 9 th	Evening trip
	Tuesday 14 th	Junior and beginner skills session
	Thursday 16 th	Evening trip
	Tuesday 21 st	Junior and beginner skills session
	Thursday 23 rd	Evening trip
July	Tuesday 28 th	Junior and beginner skills session
	Thursday 30 th	Evening trip
	Tuesday 5 th	Junior and beginner skills session
	Thursday 7 th	Evening trip
	Tuesday 12 th	Junior and beginner skills session
	Thursday 14 th	Evening trip
	Tuesday 19 th	Junior and beginner skills session
	Thursday 21 st	No session planned – Shetland
Tuesday 26 th	No session planned – Shetland	
August	Thursday 28 th	No session planned – Shetland
	Tuesday 2 nd	Junior and beginner skills session
	Thursday 4 th	Evening trip
	Tuesday 9 th	Junior and beginner skills session
	Thursday 11 th	No session planned – Dounby Show
	Tuesday 16 th	Junior and beginner skills session
	Thursday 18 th	Evening trip
	Tuesday 23 rd	Junior and beginner skills session
Thursday 25 th	Evening trip	
Tuesday 30 th	Junior and beginner skills session	

September	Thursday 1st	Evening trip
	Tuesday 6 th	Junior and beginner skills session
	Thursday 8th	Evening trip
	Tuesday 13 th	Junior and beginner skills session
	Thursday 15th	Evening trip
	Thursday 22th	Evening trip

Meeting times and Locations

Tuesdays:

All Tuesday evening sessions are to be based at Hatston and start at 6.30pm. We aim to be off the water by 9:00pm.

Thursdays:

Thursday evening sessions run from 6:15pm to darkness. The gathering point this year will be Hatston Slip.

When possible, when the group is known and there is a favourable and reliable weather forecast, Leaders and Coaches will try to agree a location for the paddle on Thursday morning. That should allow paddlers who do not need to be in Kirkwall to go straight to the get-in point and allow them to help other members when they arrive and/or to set up a shuttle run.

When a paddle has been decided in advance, that will be advised on the KKC Facebook page and, when possible, by email before 2:00pm on the day of the paddle.

If paddlers have any ideas for Thursday night trips then these can be discussed with Coaches or Leaders and or suggested on the KKC Facebook page.

Decisions upon paddles and paddle locations will be based upon forecasts and information provided about the group in advance. Conditions on site will at times vary and it will at times be necessary to change plans at short notice or even no with no advance notice. The more information that Leaders and Coaches have ahead of planned sessions the better. [Speak to Coaches and Leaders, keep an eye on your email and use the KKC Facebook page.](#)

Training

Paddle Power

It is hoped that it will be possible to complete a number of Paddle Power courses during the summer season. These are most likely to be finishing courses started in the pool.

Two Star Training

If there is demand for it, training for the British Canoeing/Scottish Canoe Association Two Star award for Kayak and Canoe could be run this summer. If there is demand and that goes ahead then that will most likely take place over a series of Saturday mornings. If you are interested in that then please speak to a Coach or email KKC.

Three Star Training

An opportunity to take a Three Star assessment in Orkney in July this year has arisen. If you wish to make use of that then please speak to a Coach or email KKC for further details of that assessment and training leading up to it.

Cancellations

When it is necessary to cancel sessions then information on that will be posted on Facebook and by email. Ideally that will be done the day before a planned session but it may be necessary to do that on the day.

If you have any questions on the programme or wish to take part in any of the planned training then please speak to a Coach or email KKC.