

# JUNIOR CLUB GUIDANCE (OIC) updated 15.1.21



## Before

- Ensure you have signed your child up for the block and provided contact details and medical information on the online form
- **Contact the lead coach prior to the session if your child is not able to attend.**
- **Parents/carers MUST advise if they wish to accompany their child into the games hall for the session. If so they MUST remain in the games hall for the duration and be included in the group register for Track and Trace purposes.**
- Adhere to the [latest Scottish Government guidelines](#) for transport
- Arrive exactly on time, not early, to limit waiting time and avoid congestion
- Players should arrive on their own if possible, or if necessary, players can be accompanied by one adult and dropped off at the games hall doors.
- Arrive ready for play as changing rooms will not be open
- Physical distancing restrictions should be maintained before the activity and face masks should be worn on entering the venue through the front door (left hand side) and not removed until players are in the hall at their allocated court.
- Use the hand sanitiser stationed outside the games hall door before entering the hall.

## During

- Register with the return to sport co-ordinator on arrival
- Players must let a leader/coach know if they feel unwell at any point before, during or after the session
- If a player is displaying symptoms during a session they must inform the return to sport co-ordinator. They will be isolated and parents will be contacted then they must [go home immediately, isolate and book a test.](#)
- Players may be advised to go home if they have been in close contact with someone who has developed symptoms. Your co-operation in such instances will be much appreciated.
- Store personal items at the back of your allocated court and do not share
- Sanitise hands regularly (i.e. between games) and practice good hygiene
- Physical distancing restrictions (2m) should be maintained at all time off court
- Remain at your allocated court for the session
- Players will be allocated playing groups of max 6
- Any time a player is outwith their allocated court (i.e. toilet) face coverings should be worn

## After

- Take all personal equipment away with you
- Sanitise/wash hands after the session and again when you get home
- Physical distancing restrictions should be maintained after the activity and face masks should be worn on exiting the venue via the PE doors (KGS)

**DO NOT attend any OBA session if you, or anyone in your household, have any symptoms of COVID-19**