

Church of Scotland: Orphir and Stenness Parish

Interim Moderator: Rev June Freeth 721449

Locum Minister Rev Martin Prentice **Session Clerk:** Nicol Sclater 811242

Intimations

- Life and Work have made their digital copy of the May magazine available for free! Click on the link below to get your copy and please do forward this to anyone who would enjoy reading!
https://www.lifeandwork.org/resources/free-download-may-2020?fbclid=IwAR1i3oB37mRe_hGjGqn-DkvKv48jJIT-0iCMdXzz1cMZ4Rk-zCPf0D0ajyE
Stay safe, June
- If you, or someone you are in contact with, would like to access pastoral care by telephone please contact Olivia Tait 811392, Carol Mainland 873596, Nicol Sclater 811242 or Martin Prentice 851139.

Hymn 755:

Be still and know that I am God,
be still and know that I am God,
be still and know that I am God.

I am the Lord who saves and heals,
I am the Lord who saves and heals,
I am the Lord who saves and heals.

In you, Lord God, I put my trust,
In you, Lord God, I put my trust,
In you, Lord God, I put my trust.

In these uncertain times, it can be easy to get caught up in fear, worry and apprehension that we may be overcome. These are natural responses, and we can welcome and acknowledge them. At the same time, we are invited to remember that God is present within this situation, working for our good and the good of all the world. This God is inviting us to trust in and collaborate with that work.

Use this mantra to still yourself and help you tune into this truth:

Be still and know that I am God...

Be still and know that I am

Be still and know...

Be still...

Keep safe. Blessings to you all.
Martin.