

Church of Scotland: Orphir and Stenness Parish

Interim Moderator: Rev June Freeth 721449

Locum Minister Rev Martin Prentice **Session Clerk:** Nicol Sclater 811242

Intimations

- The church building is currently closed. Do keep in touch with others in the community by phone or through email. The Orcadian will not be available at the kirk until further notice
- Orphir and Stenness kirk will send an email each weekend with the Link and a service prepared by Martin. "Just a thought" emails, which Martin will select/prepare, will also be forwarded. Please let Nicol know if you are in contact with anyone who would like their email address added to the mailing list.
- If you, or someone you are in contact with, would like to access pastoral care by telephone please contact Olivia Tait 811392, Carol Mainland 873596, Nicol Sclater 811242 or Martin Prentice 851139.

Do Not Worry.

"I tell you not to worry about your life. Don't worry about having something to eat, drink, or wear. Isn't life more than food or clothing? Look at the birds in the sky! They don't plant or harvest. They don't even store grain in barns. Yet your Father in heaven takes care of them. Aren't you worth more than birds?"

Can worry make you live longer? Why worry about clothes? Look how the wildflowers grow. They don't work hard to make their clothes. But I tell you that Solomon with all his wealth wasn't as well clothed as one of them. God gives such beauty to everything that grows in the fields, even though it is here today and thrown into a fire tomorrow. He will surely do even more for you! Why do you have such little faith?

Don't worry and ask yourselves, "Will we have anything to eat? Will we have anything to drink? Will we have any clothes to wear?" Only people who don't know God are always worrying about such things. Your Father in heaven knows that you need all of these. But more than anything else, put God's work first and do what he wants. Then the other things will be yours as well.

Don't worry about tomorrow. It will take care of itself. You have enough to worry about today."
Matthew 6:25-34 (Contemporary English Version)

'The fact that things change and flow, is their life. Try to make them static and you die of worry.'
George MacLeod.

If I can be of particular help to anyone, please contact me by phone on 01856-851139 or by email on MPrentice@churchofscotland.org.uk

May God bless you all.
Martin