



BRITISH DRESSAGE

Preliminary

(Revised 2016)

Arena 20m x 40m

Approximate time 5 minutes

18

2002

1	A	Enter in working trot and proceed down centre line without halting	10	Straightness, evenness of contact, balance
	C	Track right		Regularity, tempo, freedom
2	B	Half circle right 20 metres diameter to E	10	Balance, bend, size, shape
	EH	Working trot		Regularity, tempo, freedom
3	C	Down centre line	10	Straightness, evenness of contact, balance
	A	Turn left		
4	B	Half circle left 20 metres diameter to E	10	Balance, bend, size, shape
	EK	Working trot		Regularity, tempo, freedom
5	A	Serpentine 3 loops, each loop to go to the side of the arena finishing at C on the left rein	10	Balance, bend, size, shape
				Regularity, tempo, freedom
6	CEK	Working trot	10	Regularity, tempo, freedom
7	Between K & A	Working canter left	10	Fluency, balance, contact
	A	Circle left 20 metres diameter		Balance, bend, size, shape
8	AFM	Working canter	10	Regularity, tempo, freedom
9	M	Working trot	10	Fluency, balance, contact
	C	Medium walk		Regularity, purpose, relaxation, freedom
10	HXF	Change rein in a free walk on a long rein	10 x 2	Regularity, purpose, relaxation, stretching forwards & down, ground cover, suppleness of whole body
11	F	Medium walk	10	Fluency, balance, contact
	AEH	Working trot		Regularity, tempo, freedom
12	Between H & C	Working canter right	10	Fluency, balance, contact
	C	Circle right 20 metres diameter		Regularity, tempo, freedom
				Balance, bend, size, shape
13	CMF	Working canter	10	Regularity, tempo, freedom
14	F	Working trot	10	Fluency, balance, contact
	A	Turn down the centre line		Regularity, tempo, freedom
				Straightness, evenness of contact, balance
15	X	Halt, Immobility, Salute.	10	Balance, acceptance of the halt
		Leave the arena in a free walk on a long rein where appropriate		

Collective Marks

16	Rhythm	Correct footfalls, regularity, suitable and consistent tempo	10 x 2
17	Suppleness	Relaxed mentally and physically. Works over the back and through neck. Follows line of curves equally in both directions	10 x 2
18	Contact	Works from behind into a consistent elastic contact	10 x 2
19	Rider's position	Balance, straightness and correctness	10 x 2
20	Rider's results	Effectiveness and correctness of aids	10 x 2
	Total Marks		260

All directives include the correctness of pace, rhythm, suppleness, contact, impulsion, straightness, collection & balance. Regularity covers the correct beat e.g. four time walk, two time trot, three time canter. Tempo is the speed of the rhythm.

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