

1	A	Enter in working trot and proceed down centre line without halting	10	Regularity, balance, contact, straightness.
	C	Track left		Regularity, suppleness, tempo.
2	S	Circle left 20 metres diameter	10	Regularity, bend, balance, fluency, size, shape.
3	E	Turn left	10	Regularity, suppleness, tempo.
	Over X	Transition to medium walk (one horse's length)		Fluency, clarity of walk, relaxation.
	Before B	Proceed in working trot		Regularity, tempo, freedom.
4	P	Turn right	10	Regularity, suppleness, tempo.
		Circle right 20 metres diameter		Regularity, bend, balance, fluency, size, shape.
5	Between F & A	Transition to working canter right	10	Fluency, balance, contact.
6	A	Circle right 20 metres diameter	10	Regularity, bend, balance, fluency, size, shape.
7	VR	Change the rein	10	Regularity, tempo, freedom.
	Between X & R	Transition to working trot		Fluency, balance, contact.
8	RM	Working trot	10	Regularity, tempo, freedom.
	Between M & C	Transition to working canter left		Fluency, balance, contact.
9	C	Circle left 20 metres diameter	10	Regularity, bend, balance, fluency, size, shape.
	CS	Working canter		Regularity, tempo, freedom.
10	SP	Change the rein	10	Regularity, tempo, freedom.
	Between X & P	Transition to working trot		Fluency, balance, contact.
11	PA	Working trot	10	Regularity, tempo, freedom.
	A	Transition to medium walk		Fluency, balance, contact.
	AKV	Medium walk		Regularity, purpose, relaxation, freedom.
12	VP	Half circle right 20 metres in free walk on a long rein	10 x 2	Regularity, purpose, relaxation, stretching forwards & down, ground cover, suppleness of whole body.
13	P	Medium walk	10	Regularity, purpose, relaxation, freedom.
	F	Transition to working trot		Fluency, balance, contact.
	A	Turn down the centre line		Regularity, balance, contact, straightness.
	X	Halt. Immobility. Salute.		Balance, contact, immobility.

Leave the arena in a free walk on a long rein where appropriate.