



## FIRST INTERIM NEWSLETTER

I will be publishing a newsletter containing any information, news or local interest more frequently than once a month. This is due to the fact that situations can change rapidly or at least quicker than the normal time frame. Depending on what comes through will determine the frequency but I will not send out a newsletter for single items unless the circumstances dictate otherwise.

This means that I will NOT be bombarding you with multiple emails !!

THANKS – JUDY - EDITOR

IF YOU KNOW OF ANYONE WHO WISHES TO RECEIVE THE NEWSLETTER BY EMAIL THEN PLEASE SEND AN EMAIL TO [CUBERTNEWSLETTER@GMAIL.COM](mailto:CUBERTNEWSLETTER@GMAIL.COM) REQUESTING TO BE PLACED ON THE DISTRIBUTION LIST. YOU CAN ALSO ACCESS A COPY ON OUR WEBSITE <http://www.spanglefish.com/cubertnews/>

DO YOU WANT TO PASS ON INFORMATION TO PEOPLE OR SEND IN PHOTOS, AMUSING ITEMS, PUZZLES ETC ? EMAIL THEM TO ME ON THE ABOVE EMAIL ADDRESS OR PLACE A NOTE IN THE NEWSLETTER BOX AT THE POST OFFICE.

**REMEMBER** that all messages, information, reports etc are free of charge in the newsletter for the Cubert, Crantock and St Newlyn East Parishioners.

PLEASE NOTE THAT ANY ITEM THAT HAS AN UNDERLINE IS A LINK TO A WEBSITE OR AN EMAIL ADDRESS AND CAN BE CLICKED FOR ACCESS

## ADVERTISERS

This issue of the newsletter is not carrying any advertising except for the notifications of how the very local businesses are trading. i.e. in Cubert Parish.

I have emailed out to all our advertisers to see if they are trading and wish to continue advertising in the newsletter and I am waiting for the responses to come in.

I hope to have this all sorted for the next issue

JUDY - EDITOR

## DO YOU NEED HELP DURING THE COVID-19 CRISIS ?

Claire Bradder and Tabby Corbett have got a group of people together who are happy to help with getting shopping etc for those who are isolating and vulnerable in the Cubert and Holywell area.

This is all completely voluntary and no payment needed.

Please call

Tabby 01637 830165 OR

Claire 01637 831960 / 07885 981201

They have also created a Facebook page where volunteers can sign up.

**Cubert&Holywell&Crantock help in the community**



MANY THANKS TO CLAIRE AND TABBY FOR THIS WONDERFUL OFFER - JUDY - EDITOR

## ISOLATED ? NEED A READ ?...

### BOOKS NOW AVAILABLE AT A BUS STOP NEAR YOU

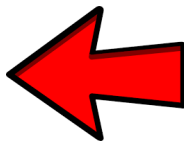
Thanks to an idea from Josie of HBSLSC there are books available to take away that are in a box in the bus shelter in Holywell.

Polly has also done the same in the Cubert bus shelter with books furnished from the church room book store.

If anyone has any books that they wish to share in this way then please add to the boxes. Children's books are of a particular need.



CUBERT



HOLYWELL



To those self isolating  
...please take a book.  
Reading gives us a place  
to go when we have to  
stay where we are. ♥♥

## Listen to radio Cornwall on your computer

[https://www.bbc.co.uk/sounds/play/live:bbc\\_radio\\_cornwall](https://www.bbc.co.uk/sounds/play/live:bbc_radio_cornwall)

These website links are for Martin Lewis's Money Savings Expert pages and may be of help ?

## Employment & Self-Employment Coronavirus Help

<https://www.moneysavingexpert.com/news/2020/03/coronavirus-self-employed-and-employment-help/>

## Coronavirus Finance & Bills Help

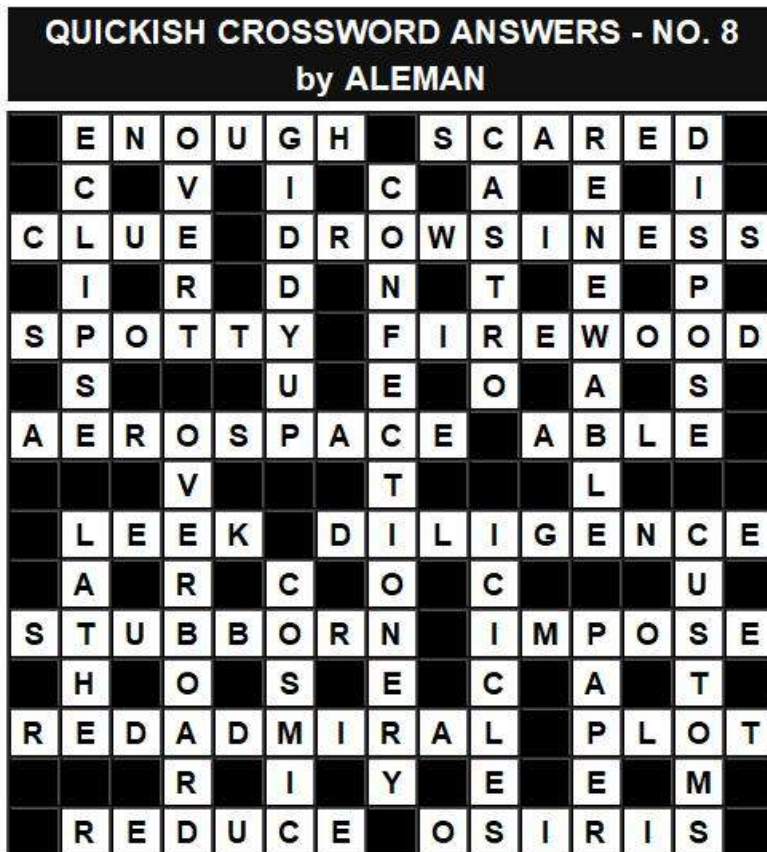
<https://www.moneysavingexpert.com/news/2020/03/uk-coronavirus-help-and-your-rights/>

## Coronavirus life-in-lockdown help

<https://www.moneysavingexpert.com/news/2020/03/coronavirus-help-and-support/>

## Coronavirus Travel Rights

<https://www.moneysavingexpert.com/news/2020/02/coronavirus-travel-help-and-your-rights/>



## Looking after your second most valuable asset

It is one of those statistics that for many people their most valuable possession after their house is their car. In this day and age for many households it necessitates the need for two vehicles as both partners are working so they need their own transport. During this restrictive time just what is required to protect that asset sat on the drive or in the garage.

Extended long stationary periods are not the best thing for your vehicle(s).

So here we are just a few advisory tips on ensuring your vehicle is ready for use when things return to "Normal".

### The Battery

Always ignored until the car won't start.

Keep it charged, there are many cost effective small chargers around that will keep your battery charged.

Some state you can leave them charging? I am not an advocate of this for safety reasons but a three to four hours charge once a fortnight should be sufficient or until the charger indicates your battery is charged.

### Tyres

The obvious one is keep the pressures checked.

The other one do not leave the parked in the same position for a long period.

A simple move of the car by hand, a push to turn the wheels a  $\frac{1}{4}$  turn this stops possible cracking of the tyre walls, and when you drive after its been parked or a long time will stop the vibration where the tyre as flat spotted after being parked in the same position for a long period. It also aids the life expectancy of the wheel bearings by not being in the same position for long periods.

### The Hand Brake

Cars left for long periods with the handbrake on, the handbrake cable or the actuators on the brake disc or brake drum can become seized.

For those cars with a manual handbrake it is best to choc the wheel front and back, then release the handbrake lever.

Electronic handbrakes are dependent on the manufacturer of the vehicle but most have a manual override to release it, some are in obvious places, by the gear lever or under the dashboard, some are tucked away under the rear seats or even under the bonnet.

Best to check your owner's manual.

Make sure you have placed a choc either side of the wheel before releasing the hand brake.

### Wipers

If left for long periods they can become stuck to the windscreen.

The result of this can be when you switch them on the motor blows a fuse because it can't move or the wiper gearbox can break.

All it takes is to lift the wiper blade gently from the screen starting at one end of the wiper blade, don't lift the arm. If really stuck wet them first with a sponge.

### Washer Bottle

Keep it full and run it occasionally so that it does not become seized.

### The Engine

Starting the engine and running it for short periods should be avoided if possible.

The reason for this is running the engine for a short time generates condensation inside the engine and when mixed with the chemicals in the engine oil can create a corrosive atmosphere inside the engine which could damage the life expectancy of your engine.

The options are

A. Do not start it but turn the engine over on a monthly basis by putting it in gear and moving the car manually.

This is particularly applicable to a classic car or motorbike stored in a garage or on a drive to ensure that valve springs in the cylinder head do not stay compressed in the same position for a long period. It also protects many other items from damage such as oil seals, water pump, dynamo or alternator.



B. Approximately at three month intervals take the vehicle for a ten mile run.

All the condensation inside the engine is vaporised off because the engine has reached the correct operating temperature.

The ideal solution if you have two or more vehicles in the household is to alternate there use for that necessary journey.

## Pre-Check

Before any journey after the car has been left unused for a long period check the following-;

All Fluid levels, Brake fluid, Clutch fluid, Engine oil, Coolant and Washer bottle.

Tyre Pressures and any sign of damage or deterioration from non-use.

Wipers and washers function correctly.

Lighting and indicators function correctly.

Check the brakes function correctly on your drive before moving off.

**Please note all the above is for guidance only and vehicle owners should check the “vehicle owner’s handbook” with regard to long term storage of their vehicle.**

by “The Yellow Peril”driver.

And for those interested, “The Yellow Peril” is a 1970 Lotus Europa S2.



# CUBERT CROSSROADS UPDATE

The Parish Council continues to press Cornwall Council for a roundabout scheme at Cubert Crossroads.

Cornwall Council has now submitted a bid for funding for the Cubert scheme through the Department for Transport's local Pinch Point programme.

This is a competitive fund for local authorities to bid for high-impact schemes to help address congestion pinch points and to reduce congestion on local roads. The fund is £150m in total, with £75 million available in each financial year 2021 to 2022 and 2022 to 2023. The funding will take the form of a capital contribution towards projects to be built by local highway authorities in the two financial years above. It is therefore essential that local authorities are able to demonstrate that any scheme put forward can be delivered within this time period.

Phase 1 of the application process required local authorities to submit an expression of interest by 31 January 2020. This will be assessed by the Department for Transport against the eligibility criteria set out in guidance issued to all local authorities. If successful, authorities are then required to submit a further more detailed submission for consideration within what is a competitive process. The Department for Transport is yet to set a timetable for responding to the expressions of interest received or when they anticipate making the final decisions on the schemes which will ultimately receive funding.

In the interim, discussions with landowners have already commenced with the aim of securing the additional land required by agreement. If the scheme is successful in Phase 1, then Cornwall Council will look to progress the land acquisition, so that tight deadlines associated with Pinch Point funding can be achieved. It has also been confirmed that the scheme can be done as permitted highway development and would not therefore require planning permission, which again is helpful in demonstrating the scheme can be delivered within a certain timeframe. Some environmental issues would still need to be addressed, but this would be covered within the proposals for the main scheme.

Cornwall Council have submitted two bids - A3075 Cubert Crossroads and A390 Holmbush Road Rail Bridge - with Cubert being the Council's first priority for Pinch Point funding.

Cherilyn Mackrory MP has been briefed on the Cubert bid and she is very supportive of the scheme and keen to make the case for funding within Government.

The arrival of the Corona Virus means that we are in uncertain times, with massive rescue packages being made to ensure that families and businesses survive the current financial squeeze. Hopefully, the Pinch Point funding will remain in place, and that the Cornwall Council bid for the Crossroads proves to be a success.

**Alan Percy, Chairman, Cubert Parish Council**

The views and opinions expressed in this Newsletter do not necessarily reflect those of the editor. The editor reserves the right to refuse material for any reason whatsoever and cannot be held responsible for any errors or omissions which may occur in this publication.

# Including part of Penhale Camp, Holywell into Cubert Parish boundary

(Includes the National Trust Car Park, pumping station, and St Pirans Inn)

The Community Governance Review for Cornwall has now reached Stage 4.

The Cornwall wide boundary review is being conducted by Cornwall Council in order to consider changes to town and parish council boundaries, and Cubert Parish Council has applied for a boundary change to include the immediate area of the old Penhale Camp accommodation areas, and the land to the east, including the National Trust Car Park, sewage pumping station, and St Pirans Inn. The area(s) concerned are currently within the Perranzabuloe Parish Council boundary.

Any changes by Cornwall Council have to ensure that they are “Reflective of the identities and interests of the community in that area; and:  
Effective and convenient (this relates to the ability of parishes to provide services for its residents)”.

Applications for boundary changes were requested by Cornwall Council in January 2019, and the applications were initially reviewed by a Panel of Cornwall Councillors in July 2019 (Stage 2). The recommendations of that Review Panel were then to be put before the Full Cornwall Council on 10<sup>th</sup> December 2019. There were 200+ applications for changes from the 213 city, town, and parish councils of Cornwall.

Unfortunately, the Review Panel recommendation was that there be no change at the Holywell border.

With the help of our Local Cornwall Councillor, Adrian Harvey, Cubert Parish Council applied for an amendment to be made to the Review Panel recommendations, in order to overturn the “No Change” recommendation. Over twenty other parishes submitted amendments, with only half a dozen succeeding to overturn the Panel recommendations at the 10<sup>th</sup> December County Hall meeting. Cubert Parish was one of the few that succeeded in overturning the Panel recommendation.

Prior to the meeting at County Hall, a personal letter was sent by the Parish Council to each of the 123 Cornwall Councillors providing clear detail of what was being proposed, and how it would affect our current Holywell and Cubert residents, as well as the parish council financial and service arrangements. The truth was, that with so many applications, and then amendments to those applications at Review Panel stage, it was difficult for the individual Cornwall Councillors, representing areas throughout Cornwall, to grasp the unique cul-de-sac situation of Penhale Camp.

Following the overturn of the Review Panel recommendations, in the Parish Council favour, the review entered the public consultation stage 3 of the review, now ended on 24<sup>th</sup> March.

You may recall that the Parish Council asked for residents help in the Newsletter, and later by some personal letter drops. Some 713 residents replied by sending or dropping off at the Post Office, individually signed, dated, and addressed letters of support for the Parish Council amendment. These 713 responses and a final letter of representation were delivered to County Hall on 13<sup>th</sup> March.

A huge thank you to all who responded to the call for support. It represents a 70% response from the electoral roll base of 1020 electors.

We have now entered Stage 4 of the Review, where the “Council considers contributions received and formulates final recommendations”. This stage takes place over the period of March to June (Corona Virus restrictions permitting), with the final recommendations being presented to Full Council in July 2020.

Any boundary change will take effect from April/May 2021.

There has been some opposition from Perranzabuloe Parish Council and Perranporth residents, including a face-book page and petition. The final representations from the two parish councils and individual residents have yet to be published (including the 713 Cubert Parish responses), so there is no knowing what further arguments may have been put forward against the boundary change.

Again, thank you for your support in this boundary change application.

**Alan Percy, Chairman, Cubert Parish Council**



Sunset – 31<sup>st</sup> March 2020 – From Jubilee Close  
Photo courtesy of Julia



While Coronavirus has restricted our ability to make the best of our Parish, could it be a good time to think of our lives after the pandemic and how we would like to see our area develop?

We all love Cubert Parish and our community which at present we can't enjoy quite the same.

So why not get creative and put your thoughts as to how you see the future into words or pictures. Whether you decide to draw a picture, write a poem, a few sentences or make a model of what you would like to see happen in the Parish after lockdown - we want your creative input - and you could win an Easter Egg or a Pasty for your trouble (courtesy of Cubert Post Office and Stores).

The Prime Minister has pointed out that there is community. With your help we aim to make ours a better one.

So get creative Cubert - this competition is open to all ages.

Send your entries to [info@cubertndp.co.uk](mailto:info@cubertndp.co.uk) or share to us via our Facebook page <https://facebook.com/CubertNDP/> or Instagram <https://www.instagram.com/cubertndp>

**The closing date is the 14th April 2020 - Good Luck! Get Creative Cubert**

**Get Creative Cubert**

**WIN AN EASTER EGG OR A PASTY**

**CLOSING DATE - 14TH APRIL 2020  
OPEN TO ALL AGES**

**FULL DETAILS ON OUR FACEBOOK PAGE  
AND OUR WEBSITE  
WWW.CUBERTNDP.CO.UK**

## CUBERT PARISH BUSINESS NEWS

On the next few pages are details of the businesses still trading in the parish or sending messages to our readers. The information is also on facebook and is up to date at the time of publishing so information could change at any time.



Following the advice from the National Federation of Fish Friers and in the interest of keeping our family, team, customers and community safe we will be closed until further notice. Please share!

Thank you so very, very much for the incredible support and kindness you have shown us, particularly in the last few weeks. We live and work in a fabulous community. 🙏

Stay safe everybody and see you when we reopen.

Ryan, Katy and the Team

## THE BAKER'S DOZEN + THE CORNISH MILL AND BAKEHOUSE

**SHOP OPEN 09:00 TO 14:30**  
**DELIVERY SERVICE NOW IN PLACE**



Hello Everyone!

At this point our shop is still open operating under the government guidelines and with restriction on how many can enter at one time.

However we understand not all can leave their homes and are in need of basic baked food goods, flour, eggs and milk supplies to be delivered. We are now offering a delivery service in the immediate local area surrounding our farm and shop in a hope to reach those unable to leave their homes.

Please find the details of how to order and what products we are able to offer on the next page.

If you would like an email copy then please send a message with your email contact. The delivery charge is £3.00 for orders up to the amount of £50. Free delivery on orders over £50.

We are only a small family business with a limited work force so please bear with us as we do our best to work with and provide for our local community which in turn we sincerely thank for continuing to support us also.

Stay safe x Email contact: [chaz\\_buscombe@hotmail.co.uk](mailto:chaz_buscombe@hotmail.co.uk)

Shop number: 01637 831900

**The Cornish Mill & Bakehouse:**  
**Produce selection & prices**

The delivery charge is £3.00 for orders up to the amount of £50. Free delivery for orders over £50.  
The delivery service is running in and around Cubert, St Newlyn East and the local Newquay area.

**HOW TO ORDER**

Use the list of products below to work out what you require and the amount.

Please then email this order to [chaz\\_buscombe@hotmail.co.uk](mailto:chaz_buscombe@hotmail.co.uk)

Alternatively phone it through to our shop: 01637 831900

**With ALL orders please also provide: The delivery address, contact number and an email contact.**

We will then contact you as to whether we can fulfil your order and all being well email you an invoice which will include payment details for a bank transfer. This way we can keep a vital non- contact system.

For any further information about our products or any allergen advice please call Chaz Buscombe on 07772698966.

We are only a small family business with a limited work force so please bear with us as we do our best to work with and provide for our local community which in turn we also sincerely thank for continuing to support us also.

PRODUCT	PRICE	AMOUNT REQUIRED
White cob	£2.00	
Stone ground wholemeal loaf	£2.00	
Granary loaf	£2.70	
Oaty loaf	£2.70	
Seedy cob	£2.70	
Sundried tomato & cheese loaf	£3.00	
50% rye 50% wheat loaf	£2.60	
Medium steak pasty	£3.00	
Large steak pasty	£3.90	
Minced beef & onion pie	£2.20	
Sausage roll	£2.20	
Cheese & veg pasty	£3.00	
Spinach & feta roll	£2.20	
Sponge cakes: lemon, jam & vanilla, coffee & walnut, chocolate, carrot.	8 inch £9.00 6inch £5.50	
Caramel slice	£2.00	
Marshmallow crispy	£1.80	
Farmhouse fudge	£2.00	
Scones fruit & plain	60p fruit and 50p plain	
Milk	1ltr semi skimmed £1.00 1ltr full £1.00 2ltr semi skimmed £1.40 2ltr full £1.40	
Butter	£2.20	
Biscuits: chocolate & oat, syrup & oat, cherry & raisin, all butter shortbreads, choc chip all butter shortbreads, ginger biscuits.	£3.00	
Stone ground bread flour: Wholemeal Sieved	£1.80 wholemeal £2.00 sieved	
Fresh yeast	30p for 30g	(total weight in g)
Free range eggs	£1.70 half dozen £3.00 dozen	



## CUBERT POST OFFICE AND LONDIS STORES

With the coronavirus peak looming we want to help and protect our customers and staff as much as we can.

We would like to offer a delivery service for our most vulnerable customers, mainly for the elderly and people self isolating.

Please message us on this page with your order and we will endeavour to get back to you and deliver as soon as we can. Please ensure you leave a contact number so that we can call you and take card payment over the phone.

If you are able to get to the shop and would like to order ahead you can also send us a message, and we can have it ready for you so that you can quickly and easily pay by card on pick up, or can pay over the phone.

Delivery free over £20

£3 under £20

Cubert and Holywell Bay area only please.

We only have a small number of staff and our shop is very busy at the moment, so please bear with us while we roll this out.

From Monday 30th March 2020, the **Post Office counter** will close at 4.30pm instead of 5.30pm.

The last post collection for the day is still 4.30pm.

**Shop hours** will stay the same as now -

Monday to Saturday - 8am to 6pm

Sunday - 9am to 6pm

We would like to thank all our customers for your continued support and understanding, and for following the new procedures in place to enable social distancing.

Please use a card for your form of payment. It is likely that we will stop accepting cash in the next few days.

PHONE – 01637 830525



**CORONA ODE !**

As I gaze out of our window,  
 On this beautiful spring day  
 I see a lonely fishing boat  
 Fishing to earn his pay

The sun is shining proudly  
 In a sky of perfect blue  
 The silence resounds loudly  
 For the isolated, like me and you

There is not a single soul in sight  
 The world is quiet and still  
 Our dear Earth is having respite  
 From pollution, that made it ill!

There's time to watch spring flowers grow  
 Time to bake a cake  
 Time to share with precious ones  
 The , "For Granted" love we take

As we stay home isolating  
 We must all do our best  
 While Doctors, & Nurses work so hard  
 Each day with this terrible test

We pray to God this illness  
 Will pass by and let us live  
 Meanwhile enjoy your resting time  
 Think what you may give!

Thank you to our angels  
 Working in the NHS  
 For Farmers and Fishermen  
 Drivers, cleaners and the rest!

Appreciate the life you have  
 Be it all inside  
 It is not a lot to isolate  
 When so many dear souls have died

May they rest in peace  
 No more pain  
 Hearts go out to their near and dear  
 May you all stay safe, till we meet again  
 When we have overcome this fear!

**ESTELLE**