



Dumfries and Galloway Integration Joint Board 2021 -2024

Planning health and social care for the next 3 years

Easy Read

Draft Consultation Document

Engagement closes 17th January 2021

**If you would like some help understanding
this document please
email us on dg.spcp@nhs.scot
or telephone 01387 272734**

This document includes

1 Introduction

2 What we are trying to do

3 The model of care and support

4 What we plan to do over the next 3 years

5 How we are going to make it happen

6 Challenges or things that can make it difficult

7 Tell us what you think

1. Introduction



The Dumfries and Galloway Integration Joint Board (IJB) make a new plan for health and social care every 3 years.

The IJB is made up of the NHS, Dumfries and Galloway Council, Third Sector and Independent Sector.

The Third Sector includes voluntary organisations for example Day Centres and Charities.

Independent Sector are Care Homes and Care at Home services.

To help us we would like to hear what you think about the plan. There are some questions at the end.

The plan is for everyone who lives in Dumfries and Galloway.

It says



- How we will work together
- How we put people at the centre of all that we do
- What things are most important
- Why we need to change how we do things
- What we will do to help people living in Dumfries and Galloway feel good

2. What we are trying to do

We want everyone in Dumfries and Galloway to be active, safe and healthy.



We want to help people who need support, their families, friends and people working in Health and Social Care.



We want to meet the National Health and Wellbeing Outcomes that are set by the Scottish Government.

Here is a link:

[National Health and Wellbeing Outcomes](#)



A **vision statement** says what our aim is.

We asked people what they thought our '**vision statement**' should be.

The 4 most popular ideas were:

'Dumfries and Galloway where people live well together'



'Dumfries and Galloway where people live happier, healthier lives'

'Dumfries and Galloway, living well together'

'Happier and Healthier in Dumfries and Galloway'

3. The model of care and support



This is about how we will make the plan work.

It is about supporting people to

- have choice and control
- make decisions about their own health and wellbeing
- get the care and support they need
- get care and support at home or as close to home as possible
- support people to stay well
- get equal access to care and support





Things that help us to do this are

- technology (mobile phones, computers and ipads)



- people working together



- new ideas of how we can do things differently

4. What we plan to do over the next three years



We want to know what you think about these 9 statements.

1. We will support people to live in their own homes and get care and support where they live as much as possible.



2. We will work together to support people to stay well and get people care and support as soon as they need it.



3. We will make sure care and support is safe and works well



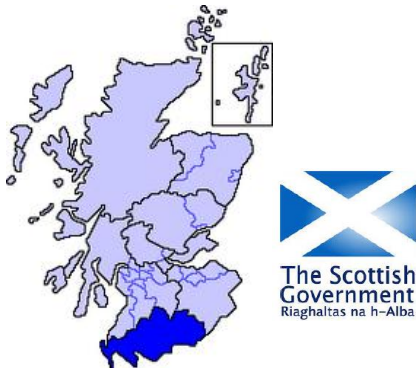
4. We will make sure there are new ways of supporting people in the future



5. We will use the money we have in the best way possible.



6. Support people who work in health and social care, including Carers and volunteers



7. Make sure that we develop care and support services that meet Scottish Government and local people's needs



8. Support communities and groups to help people have equal access to health, care and support services



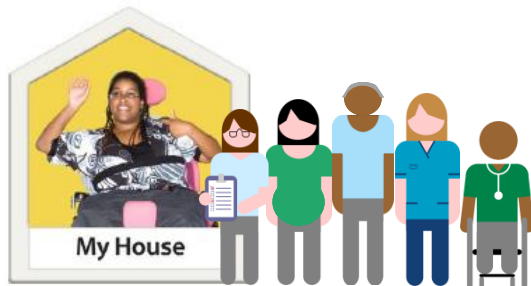
9. Work together to give good care and support

These 9 ideas are called
Strategic Commissioning Intentions

5. How we are going to make it happen



The Sustainability and Modernisation (SAM) Programme is a team who help people plan and work together to make things happen.



Examples of things that will happen

- 'Home Teams' will support people to live independently in their own homes
 - People will be able to get the information they need about their health and care
 - Partners will work together to make plans for health and social care in Dumfries and Galloway
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- People will be supported to use technology to help them stay independent

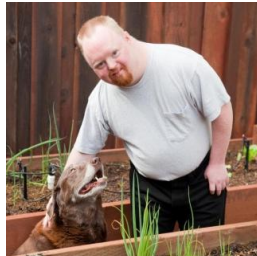




- We will work with Carers to plan health and social care
- We will help people living in poverty or at risk of living in poverty
- We will work with partners to deliver health care and support.

6. Challenges or things that can make it difficult

There are things that can make it hard to help people:



- Lots of people need care and support
- Some groups of people have poor health and live shorter lives
- Some people have illnesses that can last a long time like dementia and diabetes
- More people going to hospital and taking longer to get them back home.



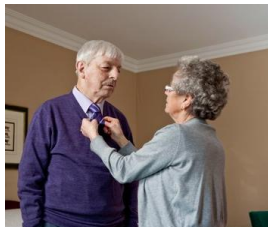
- More people don't have family or friends to support them.



- Less people to provide care and support
- Less people to work in health and social care and support



- Not enough houses that meet peoples needs where they want to live



- Unpaid Carers needing more support to help them to care for loved ones

- There are less volunteers



- Less money and people to provide care and support
- Medicine and equipment costs more to buy

7. Tell us what you think



You can help us to make a plan by:

- Doing our survey online, on your phone, tablet or computer on the [Smart Survey](#)
- Emailing your answers to dg.spcp@nhs.scot
- Filling in the survey and posting it to Strategic Planning, Mountainhall Treatment Centre, Bankend Road, Dumfries DG1 4AP

Please do this by 17 January 2021

If you need a paper copy of the survey please phone **01387 272734** or email dg.scsp@nhs.scot

You can ask someone to help you complete the survey if you need support.



Data Protection

If you need any information on how we will use your information please look at:

www.nhsdg.co.uk/data-protection-notice

Consent

If you put an **X** in the 'Agree' box at the bottom of the page, it means that:



- You have read this
- You want to do the survey
- You know your information will be kept private
- You know your answers will be kept safe until the results are out, then they will be destroyed
- You are over 16 years old (if you are under 16 years old your parent or guardian says it's ok to do this survey)



'Agree' ☐

1. Tell us about you



1.1 Please tell us where you live by ticking the box next to your postcode

DG1	<input type="checkbox"/>	DG2	<input type="checkbox"/>	DG3	<input type="checkbox"/>
DG4	<input type="checkbox"/>	DG5	<input type="checkbox"/>	DG6	<input type="checkbox"/>
DG7	<input type="checkbox"/>	DG8	<input type="checkbox"/>	DG9	<input type="checkbox"/>
DG10	<input type="checkbox"/>	DG11	<input type="checkbox"/>	DG12	<input type="checkbox"/>
DG13	<input type="checkbox"/>	DG14	<input type="checkbox"/>	DG16	<input type="checkbox"/>
KA6	<input type="checkbox"/>	ML12	<input type="checkbox"/>	Other	<input type="checkbox"/>

1.2 If you don't know your postcode, please write where you live

1.3 Please tell us who you are doing this survey for



Myself	<input type="checkbox"/>
A group (with friends or people you work or volunteer with)	<input type="checkbox"/>
If you are filling it in for a group, please tell us how many people are in the group	<input type="text"/>
If you are filling it in for a group, please tell us what the group is called	<input type="text"/>

2. Vision Statement



2.1 Which of the 4 'Vision Statements' (on pages 8 and 9) do you like the best? You can score them from 1 – 4 with 1 being your favourite and 4 being the one you like the least

Vision Statement	Score 1 😊 to 4 ☹️
1. Dumfries and Galloway, where people live well together	
2. Dumfries and Galloway, where people live happier, healthier lives	
3. Dumfries and Galloway, living well together	
4. Happier and healthier in Dumfries and Galloway	

2.2 If you have your own ideas or comments, please tell us



3. What people have said is important



3.1 Do you think the 9 points on pages 12, 13 and 14 are important for health and social care in Dumfries and Galloway?

Yes		No	
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3.2 If your answer is **no**, please tell us what ones you don't agree with and why

Number	Reason why you don't agree

3.3 If you have any other comments or ideas please tell us



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4. How we are going to make it happen

My comment is...



4.1 If you have any comments about the plan, please tell us here

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5. Other comments



Is there anything important we have missed?
If **yes**, please tell us here

6. Keeping in touch

6.1 Would you like us to keep in touch about the plan?

Yes	No

If you do not want to know more, please leave the rest of this page blank and go to question 7.

6.2 How would you like us to keep in touch with you about the plan? (Please tick or put an X at all that apply)



Council Intranet		Newspaper	
Health and Social Care Partnership web page		Newsletters	
Facebook		Twitter	
Email		Text message	
NHS Intranet		Other (please tell us):	

6.3 If you want us to keep in touch please tell us your name, email address or telephone number below.



Name	
Email	
Phone number	

7. Equality Monitoring Form

You do not need to answer these questions. If you do, we will only use it to see who is answering questions about the plan.

7.1 Please tell us if you are

Someone who is getting care and support	
Someone who currently works in health or social care	
An unpaid Carer/Young Carer, family member or friend providing care and support	
Someone who has had care and support in the past	
I do not want to say	
Other (please say)	



7.2 to 7.8 What is your ethnic identity – which country do you feel part of or are you from? You could be White Scottish or African or Indian British or Polish or any other.

Please tell us in this box. You do not have to answer this if you do not want to.

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7.9 What is your religion?

Buddhist		Other Christian	
Church of Scotland		Pagan	
Hindu		Roman Catholic	
Jewish		Sikh	
Muslim		Prefer not to say	
None		Other (please tell us)	



7.10 What is your gender?

Female (woman)	
Male (man)	
Non-binary (do not identify as a male or female)	
Prefer not to say	




7.11 Are you transgender?

Yes	
No	
Prefer not to say	



7.12 What is your sexual orientation?

Bi-sexual (someone who is attracted to both men and women)	
Gay/lesbian (a woman who is attracted to women or a man who is attracted to men)	
Heterosexual/straight (a woman who is attracted to men or a man who is attracted to women)	
Prefer not to say	
Other, please specify	

	7.13 How old are you?		
16-24		55-64	
25-34		65-74	
35-44		75+	
45-54		Don't want to say	

This is the end of the survey.

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