

## Sections from the ASIIP Counsellor Accreditation Process

### Application of SPIRALS

3.5 provide evidence and 4 copies of a written summary of a personal philosophy of Adlerian counselling which integrates training, experience, further development and practice.

Use SPIRALS to identify and validate a personal philosophy of Adlerian Counselling.

4.5 an account of the counselling contract, goals and process, including number and frequency of sessions, and use of assignments and their effectiveness, any particular difficulties the client presented for the counsellor, and other evidence of the counsellor's creativity, flexibility, encouragement and responsiveness to the client.

Use SPIRALS to explore the use and effectiveness of addressing any particular difficulties that your case study client presented and evidence of your creativity, flexibility, encouragement and responsiveness to the client.

4.9 reference to how the client's data has been used and interpreted:

- 4.91 how the data relates to the presenting problem and the here-and-now, in particular the extent to which the client has been helped to gain insight through collaborative work;

Use SPIRALS to consider the client's presenting problem in the light of the data gathered from the Psychological Investigation

- 4.92 how the client has been enabled to become re-oriented from useless to useful behaviour;

Use SPIRALS to explore how you have enabled the client to become re-orientated

- 4.93 how the client has been helped to increase his/her social interest with regard to the life tasks.

Use SPIRALS to identify how you helped the client increase his/her social interest with regards to the life tasks

4.11 ...demonstrate awareness of issues of difference and equality.

Use SPIRALS to discover how you use your awareness of difference and equality