

THE NOTICEBOARD

THE NEWSLETTER FOR ALL THE COMMUNITIES IN THE FERINTOSH AREA- www.ferintoshcc.co.uk



Hello all,



I hope you are keeping safe and well at this crazy time.

Due to the lockdown restriction We are unable to produce a physical copy of The Noticeboard this month. However, I thought I would produce an electronic copy with some different content to the norm.

In this issue you will find interesting articles and fun activities (I hope!) for both adults and Kids.

I do appreciate that not everyone has access to an electronic copy so can I please ask that if you are aware of neighbours who may not get this, that you maybe print on off and leave it on their doorstep. That way nobody is missing out and we look out for everyone.

At the back of this issue you will find an information page with a list of contacts for businesses doing deliveries, education links and other services.

Please look after yourselves at this time and keep yourselves as safe as possible. If your are in need of any help please don't hesitate to get in touch with FCC.

Stay safe and well

Eilidh Richmond
(Editor)



On track for the Black Isle Photographic Competition 2020



— THE BLACK ISLE —
PHOTOGRAPHIC
Competition
2020

Open to all ages - first-time photographers and keen amateurs

Enter a **maximum of three** digital photographs

ENTER NOW

entry deadline
June 1st 2020 at 6pm

CATEGORIES

1. Child 12 or under
2. Teenager 13 to 17
3. Adult 18 and above

THEME
Colours of the Black Isle

black isle renewables

Rules and entry forms available on the CCT website
www.culbokiect.org or email event@culbokiect.org

In the light of current Government guidelines, the CCT Spring Celebration event will no longer be taking place on May 2nd, although Culbokie Community Trust hope to run a similar event later in the year, no doubt in a different season. However, the good news is that:

- ✚ The 2020 Black Isle Photograph Competition is still on track as all entries can be sent in digitally.
- ✚ The deadline has been extended to **6.00pm on Monday, June 1st**.
- ✚ We welcome photographs that fit the topic and criteria, as long as they have been taken in the last three years.
- ✚ With current restrictions, and less opportunity to explore the Black Isle, why not consider reflecting *Colours of the Black Isle* through images of what's actually happening *at home*: the inventive ways we are occupying ourselves during Lockdown; finding novel methods of keeping fit; spending more time in the garden; capturing images of wildlife, spring plants and flowers etc.
- ✚ The prize-winners will be announced and all entries displayed at an event later in the year. Watch this space!

Here is a reminder of the details of the competition:

Whether a first-time photographer or a keen amateur, you are invited to enter 3 digital photographs for the Black Isle Photographic Competition. Sponsored by Black Isle Renewables, the competition with the theme, *Colours of the Black Isle*, has three categories:

- Child 12 and under,
- Teenage 13 to 17 and
- Adult 18 and above

In each category, there will be prizes offered by sponsors, Black Isle Renewables, namely £25 (1st), £15 (2nd) and £10 (3rd). Follow this link for the entry form and the rules: <https://www.culbokiect.org/index.asp?pageid=707277>

If you have any queries, please do email us at event@culbokiect.org

FERINTOSH AND RESOLIS FREE CHURCH - SERVICES AND ACTIVITIES

Due to the Covid-19 virus and in line with current guidelines, all church services and meetings have been cancelled for the time being. They will of course resume as soon as possible.

As a church, we are praying for safety and the good health of all those in our community and that knock-on effects will be limited. If you are confined to the house and need any help with, for example, shopping, please contact us via our Facebook page – Urquhart (Ferintosh) and Resolis Free Church - or phone Rev Calum Iain Macleod, 01349 866067.

Sunday Services: Resolis Free Church at 10.30am and Ferintosh Free Church at 12 noon & 6.00pm (Creche and Sunday School at the morning services and Youth Fellowship fortnightly after the evening service) Minister: Rev Calum Iain Macleod, 01349 866067

Prayer Meeting: Ferintosh Free Church, Wednesday, 7.30pm

Evergreen Soup Lunch, first Monday of each month, 12.00 to 1.30pm, (October to May), at Ferintosh Free Church. Friendly conversation, a bowl of soup and a generous selection of cakes! Open to all! (Contact: Helen Macdonald 01349 862546)

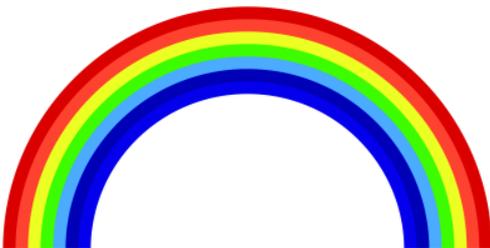
Women for Mission – All ladies are warmly invited to our meetings (usually the last Monday of each month from September to April).

There are several Bible Study groups which take place throughout the week.

You are very welcome to join us at any of our services or other activities once they resume. Please check out our website – www.ferintosh.org.uk – and Facebook page: Urquhart (Ferintosh) and Resolis Free Church.

Culbokie Church

Culbokie Church Centre has gone virtual! You can now join the Culbokie and Cromarty church congregations online every Sunday. Services are live streamed at 11am. The link to the live streaming service is cruparish.online.church If you're a Facebook fan, you can join live from the Culbokie Church Centre FB page and whilst you're there you might want to check out the wonderful hymns that mother and daughter team Mairi and Catriona Mackenzie have been recording from the comfort of their home. If you haven't done Church for a while, now is a great time to dip your toe in that virtual pool. You might be surprised at what you find.



BEATITUDES

FOR A GLOBAL PANDEMIC

BLESSED ARE THOSE WHO STAY INDOORS



FOR THEY HAVE PROTECTED OTHERS

BLESSED ARE THE UNEMPLOYED AND THE SELF-EMPLOYED



FOR THEIR NEED OF GOD IS GREAT

BLESSED ARE THE CORNER SHOPKEEPERS



FOR THEY ARE THE PURVEYORS OF SCARCE THINGS

BLESSED ARE THE DELIVERY DRIVERS AND THE POSTAL WORKERS



FOR THEY ARE THE BRINGERS OF ESSENTIAL THINGS

BLESSED ARE THE HOSPITAL WORKERS; THE AMBULANCE CREWS, THE DOCTORS, THE NURSES, THE CARE ASSISTANTS, AND THE CLEANERS



FOR THEY STAND BETWEEN US AND THE GRAVE, AND THE KINGDOM OF HEAVEN IS SURELY THEIRS

BLESSED ARE THE CHECKOUT WORKERS



FOR THEY HAVE PATIENCE AND FORTITUDE IN THE FACE OF OVERWORK AND FRUSTRATION

BLESSED ARE THE REFUSE COLLECTORS



FOR THEY WILL SEE GOD DESPITE THE MOUNTAINS OF WASTE

BLESSED ARE THE TEACHERS



FOR THEY REMAIN STEADFAST AND CONSTANT IN DISTURBING TIMES

BLESSED ARE THE CHURCH WORKERS; THE DEACONS, PRIESTS AND BISHOPS



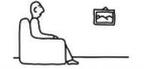
FOR THEY ARE A COMFORTING PRESENCE IN A HURTING WORLD AS THEY CONTINUE TO SIGNPOST TOWARDS GOD

BLESSED ARE THE SINGLE PARENTS,



FOR THEY ARE COPING ALONE WITH THEIR RESPONSIBILITIES AND THERE IS NO RESPIRE

BLESSED ARE THOSE WHO ARE ALONE,



FOR THEY ARE CHILDREN OF GOD AND WITH HIM THEY WILL NEVER BE LONELY

BLESSED ARE THE BEREAVED,



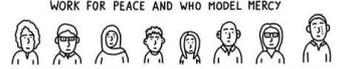
FOR WHOM THE WORST HAS ALREADY HAPPENED THEY SHALL BE COMFORTED

BLESSED ARE THOSE WHO ARE ISOLATED WITH THEIR ABUSERS



FOR ONE DAY - WE PRAY THEY WILL KNOW SAFETY

BLESSED ARE ALL DURING THIS TIME WHO HAVE PURE HEARTS: ALL WHO STILL HUNGER AND THIRST FOR JUSTICE; ALL WHO WORK FOR PEACE AND WHO MODEL MERCY



MAY YOU KNOW COMFORT, MAY YOU KNOW CALM, AND MAY THE GRACE OF OUR LORD JESUS CHRIST, AND THE LOVE OF GOD, AND THE FELLOWSHIP OF THE HOLY SPIRIT, BE WITH US ALL. AMEN

TEXT: JAYNE HANFREDI

CartoonChurch.com

"We should take comfort that while we may have more still to endure, better days will return: we will be with our friends again; we will be with our families again; we will meet again."

PUZZLES

	7			8	5			
		5	3			8		1
	3		7	1			4	
7				9		4	1	
		9	8	4	2	3		
	4	3		5				6
	6			7	4		8	
3		7			8	1		
			9	3			6	

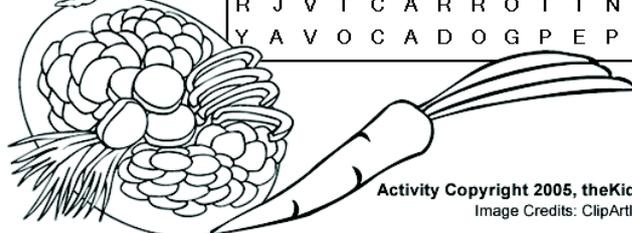
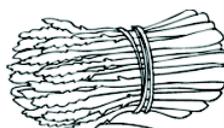


Vegetables Word Search

Search the puzzle for the words shown in the word list. Circle each word that you find until you find all of the 24 vegetable-related words.

- Word List**
- brussels sprouts
 - potato
 - pumpkin
 - alfalfa
 - artichoke
 - asparagus
 - avocado
 - broccoli
 - cabbage
 - cauliflower
 - celery
 - corn
 - sprouts
 - cucumber
 - lettuce
 - parsley
 - pepper
 - rhubarb
 - carrot
 - radish
 - beans
 - spinach
 - zucchini
 - yam
 - pea

Y	A	M	B	R	O	C	C	O	L	I	R	B	A	G
C	A	U	L	I	F	L	O	W	E	R	D	Q	L	P
C	U	C	U	M	B	E	R	N	Z	T	T	C	F	A
Y	Y	N	S	P	I	N	A	C	H	S	J	O	A	R
Z	R	O	A	E	C	A	B	B	A	G	E	R	L	S
M	Z	O	R	A	D	I	S	H	M	V	B	N	F	L
K	A	A	S	P	A	R	A	G	U	S	G	X	A	E
R	F	A	Q	M	B	P	U	M	P	K	I	N	Y	Y
B	R	U	S	S	E	L	S	S	P	R	O	U	T	S
C	Q	O	P	N	A	L	E	T	T	U	C	E	L	M
E	K	G	O	S	N	A	R	T	I	C	H	O	K	E
L	O	U	T	I	S	R	H	U	B	A	R	B	D	T
E	B	F	A	L	Y	Z	U	C	C	H	I	N	I	H
R	J	V	T	C	A	R	R	O	T	T	N	E	F	F
Y	A	V	O	C	A	D	O	G	P	E	P	P	E	R



Activity Copyright 2005, theKidzpage.com
Image Credits: ClipArtInc

HAVE YOU BEEN CONSIDERING 'GROWING YOUR OWN'?

Has the present situation made you think about food security, about trying a new pastime or ways of getting more fresh air and exercise? Or maybe you have children at home in need of something new to occupy their time or a project to concentrate on while school is out.

Many people must have been thinking about growing as it seems to be difficult to buy seeds, most sellers being sold out – so why not grow potatoes? You really can't go wrong.

Transition Black Isle (TBI) held a sale of seed potatoes in early March and there are still many varieties available. These are sold singly so you only need to buy as many as you will use. For information on where to get seed potatoes in Culbokie (or in N Kessock or Killen) [see website for details](#).

TBI has published its own Growing Guide, written with specific reference to growing conditions in this area of Scotland. This local bias is very important as most information on the internet, in magazines and books, and on seed packets is relevant to the south of England where the growing season is longer and warmer. The [TBI Growing Guide](#) can be read in full online or a printed copy can be purchased (£10) from Martin Sherring or Anne Thomas. For information on 'Making a Start with Potatoes' go to Chapter 17 Page 97. The internet too is full of information so by looking up 'How to grow potatoes' you will not be short of information – just remember that planting times will differ up here in the north. Or try growing in a pot, again just google 'growing potatoes in a pot/bag/container'. For a project for children go to www.growyourowmpotatoes.org.uk where you will find information on how to grow, through to history and lots of activities.

Good growing and good eating and if you really want to, just dig a 15cm deep hole among the flowers and pop in a potato! You'll not get a large crop but it will grow! P.S- Macdonalds Hardware on Dingwall High Street still have seeds, onion sets and compost in stock. As an 'essential supplier' they are still open, but on reduced hours of Monday, Wednesday, Friday and Saturday from 10-1.

ARTICLE PROVIDED BY LESLEY ROBB



History Group report, April 2020

In order to facilitate readers accessing the History site on the Culbokie Community trust website www.culbokiect.org to access new material we have created a page "History recent additions". New material will be displayed on this page at the same time as it will be permanently located.

Elsbeth Weir gave a very interesting talk to the Senior Citizens' Group of the Church on the subject of "Culbokie in bygone days". This provided us with some new material which is posted, especially from the exchange of reminiscences amongst the audience relating to the photographs on display. A very useful source of information re. Culbokie has been the book "Earth's Crammed with Heaven" by Annie Smith Mackenzie who grew up in Ceylon Croft and wrote of her experiences of Culbokie. This book is no longer available and if you have a copy then look after it or consider donating it to the Group.

We still require identification of the Group photograph and suggestions regarding the request for family history. Any help is much appreciated.

We have received the following request from David Mackay; "I wonder if you could assist me with my research? I am writing a book about the United States military presence in Scotland during the Cold War. RAF Evanton played a notable part in this history. One hundred reconnaissance balloons were launched by the USAF from the site in 1955. The matter caused a great international controversy and President Eisenhower personally cancelled the project a few weeks later.

However, it has proved almost impossible to obtain any local memories of the event. The balloons were huge, the same height as a ten-storey building. They carried a large container which housed various cameras. Many of them fell into the Cromarty Firth and the local area. However, it has proved almost impossible to obtain any local memories of the event. If anyone has any information about this event I would be delighted to hear from them. My email: d.g.mackay@btinternet.com.

Whilst we were unable to supply David with specific information, as none had surfaced during our researches we have provided him with a list of possible sources of information. But this is now where our readers come in. There must still be significant numbers of folk around who were of an age in 1955 that they would have remembered either seeing the balloons or hearing stories related to them. After all a ten-storey building sized balloon isn't easily missed. The History Group history@culbokiect.org is more than happy to forward your memories to David or contact him direct d.g.mackay@btinternet.com.

ARTICLE PROVIDED BY ROGER PIERCY ON BEHALF OF THE HISTORY GROUP

Herb Omelette with fried tomatoes

- 1 tsp rapeseed oil
- 3 tomatoes, halved
- 4 large eggs
- 1tbs chopped parsley
- 1tbs chopped basil



1. heat the oil in a small non-stick frying pan, then cook the tomatoes cut-side down until starting to soften and colour.

Meanwhile, beat the eggs with the herbs and some black pepper in a small bowl.

2. Put the tomatoes on two plates. Pour the egg into the pan and stir gently with a wooden spoon to move the egg that sets on the base of the pan and allow the uncooked egg to flow into the space. Stop stirring when its nearly cooked to allow it to set into an omelette

Cut into four and serve with the tomatoes.

(Vegetarian, preps 5mins, cook time 5mins)

RECIPE PROVIDED BY MAUREEN ROSE

Ferintosh Scottish Women's Institute UPDATE

Due to the Coronavirus situation, the current SWI meetings are suspended. We hope that we will be able to meet again at the start of the next session in September 2020. (First Wednesday of the month at 7.30pm Ferintosh Hall. We will let you know).

Before 'lockdown' hit us all, our last meeting featured a talk on the British Red Cross which was founded seven years after the International Red Cross and Red Crescent, in 1870. It has been going strong for 150 years and celebrates World Red Cross and Red Crescent day on 8 May 2020. It relies on volunteers, fundraising and charitable donations. One of our members, Sarah, is the manager of the Dingwall branch, and together with the NoS area manager, Katie, gave an enlightening talk. We tend to think the Red Cross only operates in famine or war torn regions of the world, but there is a wealth of help available closer to home as well.

The Red Cross will help anyone, anywhere in the UK and around world to get the support they need in crisis situations, be it flood, fire, terrorism, helping a refugee or asylum seeker. The Red Cross even have a fully kitted out minibus/van, shared between Grampian, Moray and Highland that can support a family if there are problems with their accommodation such as fire or flood. In addition help is available in, for example, supplying a wheelchair and other occupational aids, giving support at home on discharge from hospital and helping to cope with loneliness and connecting with the community. They can also help tracing missing relatives abroad through their international tracing services.

There was much that we learnt about the Red Cross, and locally, the challenges of fundraising, managing the many bags and boxes and sorting through the donations of stock for the Dingwall shop.

At the annual Ross shire Federation Bulb and Baking Show, held in Dingwall Academy, in March 2020. Ferintosh SWI was once again, successful, picking up 3 pieces of silverware. The trophies won were the **Margaret Mackie Challenge Cup** as the institute with the most points in proportion to its membership as runners up in the Baking Section. Ferintosh also won the **Mrs Laidlaw Trophy** as the institute in the Central area with most points

overall in the show in proportion to its membership and Christine Pokornieki won the **Lady McEwan Cup** as the member with most points overall in the Baking Section. There were many successful entries in the other sections of the show from elaborate floral arrangements to pots of daffodils and blooming Amaryllis. Well done everyone.

Given we all have a bit more time on our hands, there are many things we can do that perhaps usually get put off for another day...cleaning out the kitchen cupboards and drawers; discovering out of date flour and other ancient packets of this and that lurking. Sorting through the wardrobes and clothes drawers revealed a nice big bag to deliver to Red Cross when I am next allowed out of the house!

For all you bakers out there, and those who want to try something new, I recommend the recipe below. Elaine Slinn, from the Ferintosh Institute entered the Hamlyns of Scotland Afternoon Treats competition. 5 winning recipes were published in a leaflet. Here's Elaine's:

GINGER ICED OATIES

INGREDIENTS

For the base:

375g (13ozs) Hamlyns Scottish Porridge Oats
3 level teaspoons ground ginger
175g (6ozs) margarine
175g (6ozs) soft brown sugar
3 level tablespoons golden syrup

For the topping:

50g (2ozs) butter
3level tablespoons golden syrup
175g (6ozs) sifted icing sugar
1 ½ level teaspoons ground ginger

METHOD

Preheat oven to 350F, 180C, 160 Fan, Gas 4
Grease an 18x28 cm baking tin

1. Mix the oats, ginger and sugar together
2. Melt the margarine and syrup, stir into the dry ingredients and spread evenly in the tin
3. Bake for 20-30 minutes, then leave to cool in the tin.
4. For the topping, melt the butter and syrup together
5. Stir in the icing sugar and ground ginger, then leave to cool until firm
6. Spread over the oatie base, mark with forked lines and leave until the icing is fully set, then cut into squares.

Ferintosh Community Council Report

Let me start by wishing you a Happy Easter and saying a great big THANK YOU to all of you – those of you who have come forward as volunteers, the staff at the shop and to the Doctors, nurses, carers, maintenance workers in our community who are still working to keep the rest of us safe. Lastly, thank you to everyone in our community who is doing their bit by following the lock down rules.

Bruce and I have been blown away by the response to a call for volunteers, and also from friends and neighbours. We know a lot of you are looking out for, and being looked out for, by those living nearby. We have over 40 volunteers who have come forward to help anyone in need. Remember, if you're in the seventies and over bracket, these volunteers are there to assist you, including getting your shopping. Don't feel that you have to continue doing it yourself.

Adam Fletcher, our Associate Member has done a huge overhaul of the website and has created a large resource of information relating to the help that is available to anyone shielding, self-isolating or finds themselves having to close their doors on their businesses and jobs for now. Our website is: www.ferintoshcc.co.uk

The Highland Council is doing a phenomenal amount of work in the background. They are preparing for a worst-case scenario with the creation of ten Humanitarian Assistance Centres across the Highlands. Our HAC is being referred to as a Community Hub and is based in Dingwall.

The Hub is purely a coordination centre. It is not a drop in centre for members of the public. The Hub is co-ordinating food deliveries for anyone who is unable to provide food for themselves and has no one nearby to assist them. The service is currently free. If you are in need of assistance then you can either phone Bruce Morrison on: 01349 877127 or the Highland Council Helpline:

0300 303 1362 Please note, the Helpline number is free. British Sign Language (BSL) users can contact the Helpline using [ContactSCOTLAND-BSL](#).

I have been joining a weekly Covid-19 Conference Call along with the Chairs of the other Black Isle Community Councils, representatives from Black Isle and Cromarty Cares, a Highland Council member involved with the Community Hub and our three Highland Councillors. The call was instigated by and is chaired by Cllr Gordon Adam. It's been really useful to find out what is happening elsewhere on the Black Isle.

We are all having to adapt to different ways of doing things and Ferintosh Community Council is no different. We have trialled a Zoom meeting and will be holding our April meeting using Zoom.

Access details will be provided when the Agenda goes out, so you can join us in a virtual capacity, should you wish to do so.

As you can see The Noticeboard has a very different feel to it. Many thanks to those of you who replied to Eilidh's request for some different material and thank you to Eilidh for putting together a great looking issue. Let us know if you have any ideas for the next issue.

To those of you who are enjoying your daily exercise, please remember we live in a farming community. This is lambing and calving season. Please remember to keep dogs on a lead. If you have to go through gates, think twice about how necessary it really is just now. Covid-19 can linger on metal. Our farmers, who are classed as essential key workers have to go through these gates on a daily basis, so please think about keeping them and their families safe.

I would like to finish with a big thank you to my Community Council colleagues, old and new for all their support and continued guidance. What a time to be a new councillor, but they are rising to the challenges presented.

As always, please don't hesitate to get in touch with us if there is anything at all we can do to help.

If we don't have an answer, we will find someone who does.

Take care. Stay safe and keep on protecting our NHS. We look forward to seeing those of you who embrace the challenges of modern technology by joining us virtually at our monthly meeting on Monday 20th April at 7pm.

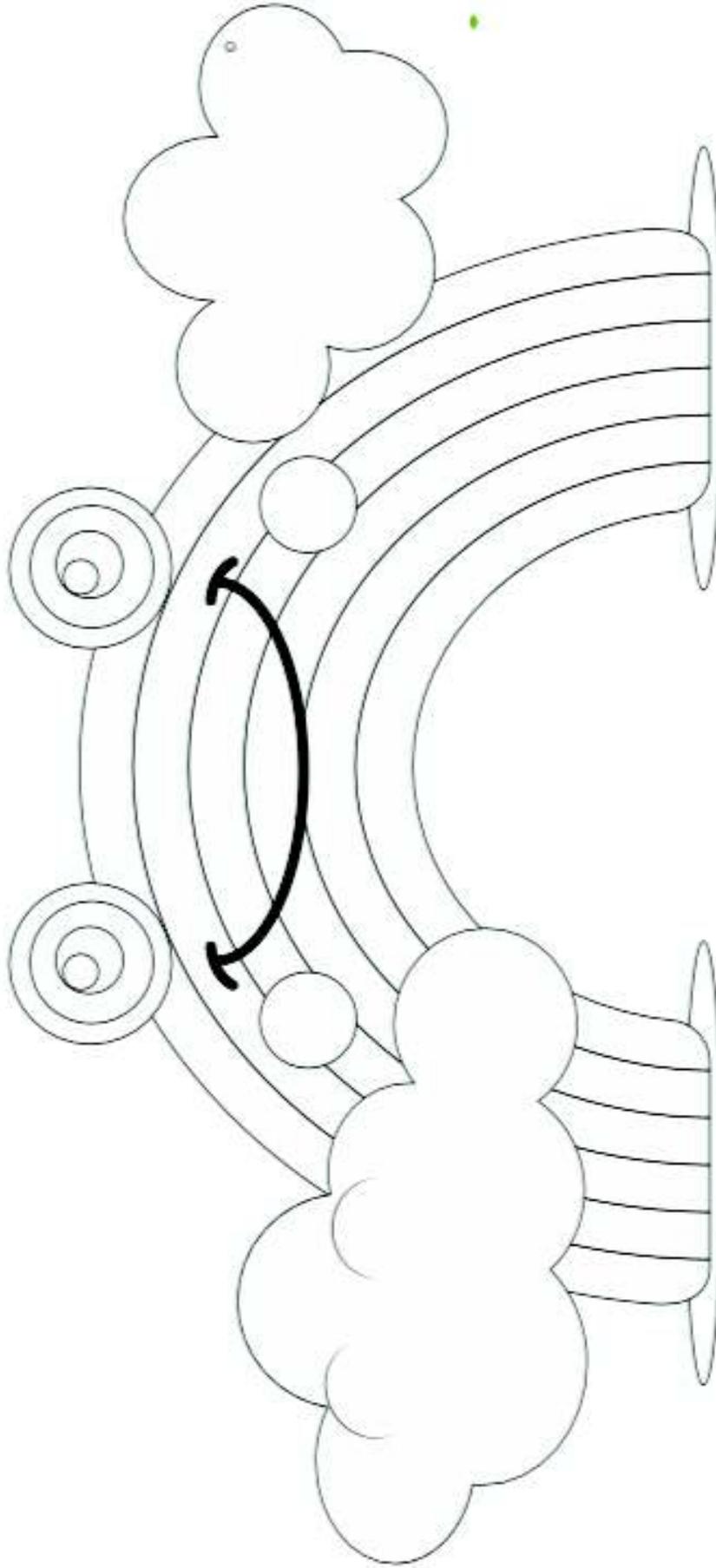
Becky Richmond
Chair

A COLOURFUL VILLAGE

Let's fill the village with colour! Why not print off one of these images (or create your own), colour them in and put it up in your windows. This will give the village that extra bit of colour and give people some nice pictures to look at in their daily walk.



THANK YOU! WHS

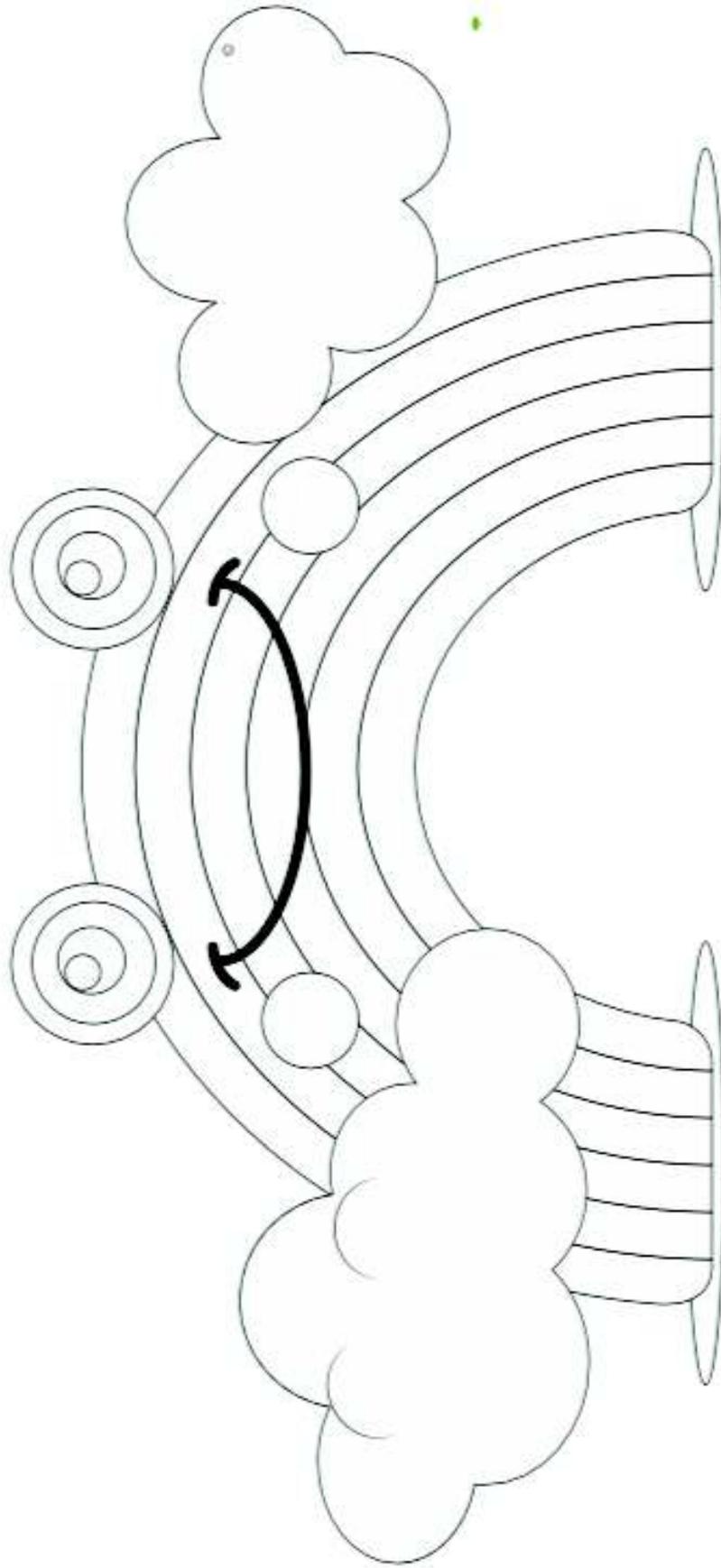


#STAYHOME

#ArchieTheRainbow

@the_mark_makers

Thank you - Key Workers



#STAYHOME



#ArchieTheRainbow

Businesses & Organisations Helping Community

The following Businesses/Organisations are helping with the current situation, by offering specific services, deliveries or other non-contact purchasing methods:

Ferintosh Community Council are co-ordinating efforts of local volunteers, [find help or offer help here](#)

Shopping:

Culbokie Spar Shop are now offering a delivery service. You can phone the shop on: [01349 877 201](tel:01349877201) to place an order and make a payment.

Meals and Food:

Culbokie Community Market Will be open on Saturdays between 1000 and 1100 - A few food market traders including Profish and the Chocolate Place will be bring their vans to the car park beside Culbokie Church Centre. If you are able, please come and support them during this difficult time and buy locally. Social distancing will be observed.

Sutors Creek are offering Take-Away and Delivery (within Cromarty) this week from Friday 27th to Sunday 29th @ 12-8pm. Then from Thursday 2nd April to Sunday 5th @ 12-8pm. Please see [their website](#) and contact them on [01381 600 855](tel:01381600855)

The Storehouse are making meals every day and chilling them for people to take home and warm up, see their [Facebook page](#) for updates and options. Fruit & Veg is available from their shop and they are operating a delivery service too. They also operate " The Highland Cookhouse" which makes hand made meals in a kitchen in Dingwall. These are frozen and are available through their Storehouse [online shop](#). You can also contact them by telephone on [01349 830 038](tel:01349830038)

Black Isle Dairy are operating their honesty shop providing fresh milk, yoghurt, ice cream, eggs, butter, cheese and meats. Open 7.30am to 8pm every day. See thier [Facebook Page](#) for more information or Call [01349 865 313](tel:01349865313)

Black Isle Berries are open, asking that everyone is considerate and follows the advice laid out by the government. If you enter the shop please use the sanitiser provided. Allow for the 2 metre distance between customers. And if you see a queue inside please wait and only enter when it can be done so safely.

If you wish to order and collect please send us a message via [Facebook](#) or give us a ring on [01463 811 276](tel:01463811276).

Fortrose Co-op are open 7am till 8pm every day until further notice. Only 12 customers are allowed in the shop at any one time. Please queue outside if necessary, then it will be 1 in, 1 out. Only tills 1 and 3 is open to maximise spacings at the kiosk. The floor is marked out to show how you should be spaced out in the queue for the till.

Education:

Kidsactivities.com have a [huge list](#) of education companies offering Free subscriptions due to schools closing.

Glasgow Science Centre is "*Bringing a bit of Science into your home*" everyday at 10am. See their [Facebook page](#) for further details.

High Life Highland Countryside Rangers are offering various quizzes and streaming videos of walks around the countryside. See their [Facebook page](#) for more information.

BBC are offering [Free Primary and Scondary School teaching resources](#).

Google Classroom may be used by Schools whilst they are closed to the majority of Children. Here's a [handy guide](#) for parents.

Other Services:

Ross & Cromarty Citizens Advice Bureau are offering advice - Phone: [01349 883333](tel:01349883333)

Morning Calls and Visiting Service: Our free daily morning call telephone service is available to any older people in Inverness, Inverness-shire and Ross-shire communities who are lonely/isolated. Find out more on their [Facebook page](#) or Call [07514 494053](tel:07514494053)

Munro's Nurseries are offering deliveries along with a Take-Away cafe. See their [Facebook page](#) for further updates.

Conon Vets continue to operate, albeit in a slightly different way. Check their [Facebook page](#) for updates.

Stagecoach Buses are operating a [temporary timetable](#) that focuses on the Critical Routes. If you have any comments about the timetable or the number of people using the service (i.e. thus not able to observe Social Distancing), please use their [online form](#) to provide feedback.

The next newsletter is due out the in June with the final **deadline for any articles being Sunday 24th May 2020**. However, the sooner the better would be much appreciated.

If you have any items you would like included in the Noticeboard please send them to Eilidh Richmond on **eilidh@brachla.co.uk** or call **01349 877882**

Distribution

For distribution queries or to volunteer to deliver in your area please contact Becky Richmond on **becky@blackislestud.co.uk**

Community Council

If you would like to be added to the Community Council email update so you can keep up to date with all CC news and give your opinion on local matters please contact Bruce Morrison on **ferintoshcc30@gmail.com**

AW DONE

Just imagine it

The parties, nationwide

The day big Boris says;

“Lockdown’s over, go’n get back outside”.

The pubs, they’ll be jumpin’

And well all be en route

And oor grannies will be waitin’

Kettles boiled, biscuit tin oot.

The weans, they’ll be buzzin’

To see their pals in school

And we’ll be in awe at asda

To see the toilet roll shelves are full.

That first cheeky Big Mac

And first Beer Garden jaunt

First proper date with the Mrs

First day of “Dea wit ye want”

We’ll probably all be greetin’

Cuddlin’ the folk we’ve missed

And then finally, it’ll hit us

What it really mean tae exist.

Cos aye, these time are hard

And it’s scunnered everyone

But if there’s anything that’ll get us through

It’s how we’ll feel when it’s aw done!

By Ami F Torrance