

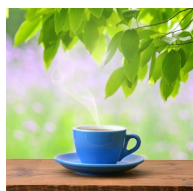
TIMEBANK UPDATE

May 2021



Houghton & Wyton Timebank — a division of the H&W Parish Council

TOP NEWS STORIES:



H&W Timebank – A COVID-19 Trusted RO

Pop-Up Coffee Gatherings Return

Individual Exchanges are Back!

Virtual Craft Meetings Include Giveaways!

Feast Week Afternoon Tea Event Planning

PLUS: ADOPT-A-TREE, HEALTH WALKS, ZOOM BOOK CLUB, & MORE!

H&W Timebank – your COVID-19 Trusted RO. Still shielding? We can help!



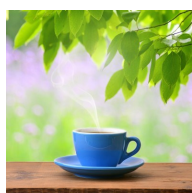
Houghton & Wyton Timebank is a designated Huntingdonshire Covid-19 Responsible Organisation. **We continue to be here to meet your pandemic needs—so please, do not hesitate to get in touch if you need assistance with shopping, prescription medicine pickup, or any other item**—including just a friendly call — we will do everything in our purview to assist you.

Digital Inclusion Programme Update



First, thank you to the many people who completed our survey. And, great news— our joint application with other local Timebanks was APPROVED! With our co-applicants we are developing some technology skill-up offerings based on the responses we received to the surveys in all our communities. It will take some time for before we receive funding, training, and are launch ready, so stay tuned!

Pop-Up Coffee Gatherings Are Back!



Now that the weather has turned a bit more palatable, we are pleased to bring back Pop-Up Coffee Gatherings! These are small (6 person) outdoor gatherings held in various green spaces around the village. We provide the coffee/tea, chairs, tables, and host. **These events are by reservation only, so please contact the Timebank to put yourself on the list as being interested in attending. Events will be cancelled if there is insufficient interest so please support this series; if you're worried about leaving room for others, please still reserve a spot, you can always ask to be on 'standby'.** There is no cost and no limit to the number of events you may attend. Here are the intended dates:

26 May, Weds, 2 PM	09 Jun, Weds, 2 PM	29 Jun, Tues, 2 PM	5 Aug Thurs, 2 PM
27 May, Thurs, 2 PM	10 Jun, Thurs, 2 PM	14 Jul, Weds, 2 PM	10 Aug Tues, 2 PM
01 Jun, Tues, 2 PM	15 Jun, Tues, 2 PM	22 Jul Weds, 2 PM	18 Aug Weds, 2 PM
03 Jun, Thurs, 2 PM	16 Jun, Weds, 2 PM	28 Jul Weds, 2 PM	

Locations are TBA and can be discussed with you at time of reservation.

Houghton & Wyton Timebank | Lane Thompson, Coordinator

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www.houghtonwytontimebank.co.uk

Houghton & Wyton Talks—A Phone Calling Scheme for Everyone



Since the first lockdown, our members have made hundreds of friendly phone calls to other Timebank members and to members of the broader community. The purpose of these calls has varied—sometimes to ensure that the person called had access to needed services, and most often to provide a bit of social relief from isolation. ***Houghton & Wyton Talks — is a Timebank sponsored programme where members aged 18 and over can volunteer to make or receive a phone call up to twice monthly.*** This programme aims to keep our community talking and the spirit of neighbourliness thriving during and beyond COVID-19. Whether you want to meet new neighbours or be a friendly voice to someone experiencing loneliness, we welcome your participation. Please contact the Timebank to learn more. If you previously signed up for this but have not received or made calls as of late and would like to renew your participation, please do contact Lane—any omission is simply an administrative error and we'd be pleased to correct it!

Mask Making Fundraiser



Thank you to all the volunteers who have made masks over the past year plus! We have run through our current stock and would like to replenish our supply at least one more time. Please contact the Timebank if you can help. We can supply fabric and a pattern if you wish.

Feast Week Timebank Event - Weds, 7 July



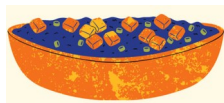
Who is excited for Feast Week? We are!!! The Timebank will once again sponsor a Feast Week event, an afternoon tea as we have done before, on Weds 7 July. We invite everyone to attend. We also need help planning the event as well as staffing it. Please contact Lane if you can help.

Bag Making Fundraiser



Our Shop has offered us another fundraising opportunity— tote shopping bags which will be sold on site. If you're a sewer, we would greatly appreciate your help making bags! This joint initiative both assists the Timebank and furthers its mutual goals with Our Shop of sustainability and reducing local waste. Please contact Lane if you can assist- we have patterns and fabric to supply.

Online Indian Cookery



Our friends at Somersham and Pidley Timebank are inviting all of us to join them for 6 sessions of Indian cookery sessions online. These will be suitable for children and adults alike! We are offering a free item to anyone who completes 2 sessions with us as well!!! If you are interested for more information, please register your details on this link - <https://forms.gle/TPVYASYXJqQc15Y87>. Dates are: 25 & 29 May, 7 and 22 June, and 12 and 17 July. You can also contact them directly at timebank@somersham-pc.gov.uk.



Litter Picks

We were delighted to see so many of you at our March Litter Pick, where there was a good queue of volunteers! Many noted that with the expected local tourism increase this summer, and some of the accumulated rubbish they discovered in March, that we could do with scheduling several of these over the summer. We are waiting to hear back from HDC but are tentatively looking at Sat 12 June, Sat 17 July, Sat 7 August, and Sat 28 August for our litter picks, which would be held from 10 AM to noon on those days. Stay tuned for date confirmation!



Adopt-A-Tree Programme

Almost here! Last year, we were ready to begin an “Adopt A Tree” programme, through which interested families or individuals would take responsibility for keeping an eye on a tree on Parish land throughout the seasons, with light work such as keeping the ivy off. Unfortunately, the pandemic intervened and delayed this programme. But now, with the help of the PC’s newly appointed Tree Wardens whom we met with last week, we are ready to launch this initiative June 1. If you have already put your name on the list, look for our communication direct to you later this month. We are still seeking a few more households to join up, so please get in touch if you or your family are interested in participating.

Spending Your Time Credits



Have you earned Time Credits over the past year? Find out how you can spend your Time Credits by visiting timecredits.com, and contact Lane at the Timebank to learn how to redeem. Please allow at least 1 week processing time for time credit currency conversion requests.

Individual Exchanges Are Back!



Thanks to the recent relaxation of laws, we can get back to our core activity—individual exchanges! Please contact Lane—or even better!!!!- request your activity online yourself. Not sure how to do that? Not a problem—contact Lane and she will get you set up so that going forward you can make your own requests, and view others’, at your leisure. Current requests (all yield time credits) are:

- ◆ A member requests assistance with a dimmer switch and checking a wall socket. Per our membership booklet, the person fulfilling this request should be a qualified electrician.
- ◆ The toddler’s group requests someone to assist with their snacktime, every Tuesday from 10:45-11:45 You’ll be joining an existing volunteer. If you can only do some dates please still get in touch
- ◆ Toddler’s group’s shed needs some attention—they request someone to refelt the roof and fix up the door.
- ◆ Several members requesting gardening help
- ◆ A member requests help cleaning out a shed

Please get in touch with Lane if you can help!

Flood Group Assistance



Kudos to all who are participating in the community’s working flood action group. We are told that the group will need some help in future putting their plans into action, for instance- Identifying who might be vulnerable in the event of a flood - and need for example help in getting evacuated, help with some of the things people might do to prepare for the risk of a flood, and with preparations in the event of a flood. If this topic area interests you, please get in touch with Lane.

TIMEBANK UPDATE

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Houghton & Wyton Timebank — a H&W Parish Council division

Activity—Virtual Coffee Morning



While we still cannot meet en masse inside, we're going to try one more virtual coffee morning! So, **grab your mug and smartphone, tablet, or computer and joining your Timebank friends via zoom on Weds 2 June at 10 AM.** All are welcome! <https://zoom.us/j/91227773233> . Nothing scheduled yet for July as we wait to see if we can return to our traditional, in-person gathering then.

Activity— Virtual Craft & Share



Our first crafting zoom had a couple of attendees, and I've heard others would like to attend. We have reworked the timing to ensure some availability, and also added a HUGE INCENTIVE for all you creative types. Thanks to the generosity of the wonderful, late Joy Birley, we are conducting several give-aways to attendees. Joy was a great crafter and an ardent Timebank supporter. Her family has donated a sizeable collection of crafting materials to the Timebank to support the creative efforts of its members. So, pour a cup of tea, gather up your most recent project(s), and come share! **We will select one attendee at random who can then pick a grouping from the large collection, which ranges from knitting supplies to Christmas cracker kits and even a sewing machine. All skill levels and all mediums are welcome.**

2 PM Mon 7 June <https://zoom.us/j/91331567899>

2 PM Mon 14 June <https://zoom.us/j/91331567899>

2 PM Mon 28 June <https://zoom.us/j/99640033763>

Activity—Timebank Book Club



For the second installment of our online book club, we're continuing with our historical fiction theme, and following the recommendation of an attendee from our first meeting: "The Guernsey Literary and Potato Peel Pie Society," by Annie Barrows and Mary Ann Shaffer. No time this month to read? You can alternatively watch the 2018 cinematic version. A very short list of conversation guiding questions—no doubt featuring at least one "compare to the present day lockdown" type query- will be posted on the Timebank Facebook page and website prior to our group Zoom discussion at **7pm on Weds 20 June.** All are welcome— and may we suggest a glass of wine recommended by Our Shop's wine club is a great pairing with this activity? <https://zoom.us/j/97630258083> .

Activity—Health Walk



We're happy to welcome back our Health Walks! Our monthly health walk - ALL welcome. Good for seasoned walkers, beginners, those on mobility devices, kids, dogs, etc - we split into groups as appropriate. Meet outside the St. Mary's Centre at **10 AM on Weds 16 June and Weds 21 July.**

HWCF Fund Application



HWCF has made available a funds application for residents of (or those closely connected with) the Parish to apply for economic assistance. Please contact the Timebank to receive a copy.

Save the date—Quiz Night!



Last year we sadly had to cancel our quiz night. We have a new date—Thurs 16 September! Please save this date and stay tuned for more info.

TIMEBANK UPDATE

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Houghton & Wyton Timebank — a H&W Parish Council division



Thank you for staying in touch, involved, and all the other ways in which you support Houghton & Wyton Timebank. To sum up,

We are seeking people to:

- ◆ Make masks
- ◆ Adopt-a-Tree
- ◆ Make shopping bags
- ◆ Participate in our pop-up coffee gatherings as attendees or volunteers
- ◆ Help with the Timebank's afternoon tea during Feast Week (event on Weds 7 July, planning before and day-of help needed)
- ◆ Participate in individual exchanges (gardening, volunteering, shed repair and cleanout, small electrical repairs)
- ◆ Assist the flood action group

We currently have on offer:

- ◆ Shopping/medicine delivery, lifts to medical appointments
- ◆ Timecredits vouchers
- ◆ Telephone scheme
- ◆ Pop-up coffee gatherings— 2 PM on 26 & 27 May, 1, 3, 9, 10, 15, 16, and 29 June, 14, 22, and 28 July, and 5, 10, and 18 August.
- ◆ Zoom coffee morning— 10 AM Weds 2 June
- ◆ Zoom Craft & Share— 2pm on Mondays 7, 14, and 28 June
- ◆ Zoom book club- 7pm Weds 30 June
- ◆ Community litter pick— tentative Sat 12 June, Sat 17 July, Sat 7 August, and Sat 28 August,
- ◆ Feast Week Afternoon Tea— 7 July
- ◆ Health Walks—10 AM on 16 June and 21 July

Please call or email to indicate your interest in any of the above, or simply tear off this page, circle the items of interest to you, complete the contact info below, & drop it through the mailbox at the St. Mary's Centre.

Name:

Address (incl postcode):

Phone Number:

Email:

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