



## Coronavirus Support

In response to the current viral pandemic, many people are being advised to self isolate, either because they are showing symptoms of the illness or because of age or vulnerability. West Witton Parish Council and A Good Life are coordinating volunteers and those who may need help to get through this difficult and challenging time.

## Are you Self Isolating?

If you and your family are self-isolating, it can be difficult to arrange food shopping and other essential tasks. There are volunteers in the village who can help by collecting items from town etc. If you are in this situation and need some assistance, please contact one of the people listed below and we will make sure you are not forgotten about!

## Contacts

Graham Bottley - Parish Councillor - 01969 663107 - bottg@yahoo.com

Tc Harker - Parish Clerk - 01969) 624279 - westwittonparishclerk@yahoo.co.uk

Christine Gard - Benefice Administrator - 01969 663097 - penhill.benefice@btconnect.com

## Could You Volunteer?

We also need a list of people who would be willing to run the odd errand for those who cannot leave home. Unfortunately we cannot use volunteers who fall into one of the "Priority" groups: Pregnant, Over 70's or anyone with serious health issues. If you think you could spare a little time, please contact one of the people above to be added to our list.

## Useful Websites

<https://healthwatchnorthyorkshire.co.uk/information/coronavirus/>

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

<https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk->