



Dear Residents of St Tudy and Michaelstow

In these unprecedented times, we are fully aware that the coronavirus threat is a concern for everyone.

STCS will continue to closely monitor and follow the guidance of the local and national health authorities, to ensure we are doing our part to keep our customers, volunteers, staff and the wider community safe.

It is our intention to maintain our shop and Post Office services as far as possible and to offer a delivery service to those in need from **Monday 23rd March.**

We have taken measures to safeguard our customers, volunteers and staff and to prepare so that we can continue to support our customers through this situation. We have reinforced and improved our existing health and hygiene protocols with volunteers and staff in the shop.

We would appreciate it if our customers adopt a similar degree of health and hygiene care to keep our staff, volunteers and community safe and recommend sensible communication and interactions where appropriate.

If you are in self-isolation and require a delivery of goods or prescriptions, please contact us as set out overleaf.

On behalf of STCS thank you for being a loyal customer. We are proud to be part of the community and are committed to helping everyone through this extremely challenging time.

If you know of anyone who needs help please inform the shop. Alternatively, if you feel you could help the person yourself, you could collect and complete one of the forms below from the shop and drop it through their letter box so they can contact you.

HELLO! If you are self-isolating, I can help.

My name is
.....

I live locally at
.....

My phone number is
.....

If you are self-isolating due to COVID-19 I can help with:

Picking up shopping Posting mail

A friendly phone call Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep. #ViralKindness





DELIVERIES

To help those having to self-isolate the Community Shop will deliver within the Parishes of St Tudy & Michaelstow

Delivery Timing

Tuesday afternoons (2.00pm – 6.00pm)

Friday afternoons (2.00pm – 6.00pm)

Please place your order, remembering to add your telephone number, with one of the delivery team below by e-mail (preferred) or phone, between 10.00am and 1.00pm on Monday or Thursday. ***Please DO NOT contact the shop to arrange orders.***

Anna 850990 annaambrose@yahoo.co.uk

Denise 851866 denise@fradds.co.uk

We will confirm your order, and collect payment over the phone by debit / credit card, on the Tuesday / Friday morning prior to delivery. **Minimum spend £10.00.**

Regret we are unable to deliver or save newspapers

Many of our volunteers will have to self-isolate at some stage. We will need help to keep the shop going in these tricky times (till, cleaning, restocking, deliveries).

Please join our team if you can - even a couple of hours will help.

KEEP WELL AND SAFE

PRESCRIPTIONS

If you wish to also arrange delivery of your prescription or re-ordering of a repeat prescription please discuss with the delivery team as above.

Please note that as the situation evolves these arrangements may have to change – if so, we will keep you informed by e-mail, phone, posters or mail drops.



The European Agricultural Fund
for Rural Development:
Europe investing in rural areas

The St Tudy Community Shop Ltd
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