

# TAIN GALA 10KM, 5KM & FUN RUN

ORGANISED BY TAIN GALA ASSOCIATION & TAIN RUNNERS



**Wednesday 3<sup>rd</sup> July 2019**  
**@ 7pm**

**10 km race - £12 (age 16 or over)**

ENTER ONLINE AT [www.sientries.co.uk](http://www.sientries.co.uk)

**5km Fun Race - £5 (age 9 or over)**

prizes for under 18s only

**1 mile Fun Run/walk - £3 open to all ages**

(Un-timed and under 8s must be accompanied by an adult)

**Register from 6pm at Tain Links on day of race or online (10km only)**

**Refreshments in marquee after race.**

**Prize-giving at 8.15pm.**

For further information please contact:

Alison Johnston email [alij666@hotmail.co.uk](mailto:alij666@hotmail.co.uk) or Anne MacKay tel 01862 893789

OR VISIT: [www.tainrunners.co.uk](http://www.tainrunners.co.uk) or [www.facebook.com/TainRunners](http://www.facebook.com/TainRunners)