

## 5. Neasham – Dinsdale Golf Course – Dinsdale Park

Length	4.5 miles
Duration	1 ½ hours – 2 hours
Start	With the Millennium Garden behind you facing the road
Terrain	Easy pavements, country road, public footpaths and bridleway
Note	After wet weather, the public footpath sections of this route can be muddy



- a) Turn right and walk along Teesway until the crossroads. Cross over and walk up Neasham Hill. As it flattens out you will have a good view of the North York Moors and the tip of Roseberry Topping in front of you. Continue on past Neasham Hill farm and 100 metres along on your left where there is a right hand kink in the road, take the signed public footpath on your left. The entrance here can be muddy so take care.
- b) Continue straight on keeping to the right hand field edge, crossing one stile, then another stile next to a gate. Immediately after the stile, take the waymarked footpath on your right and walk diagonally left through the small wood. Emerging onto a field, turn left and follow the hedge line to the far left corner of the field, where you come to a stile.
- c) Cross the stile onto the golf course. Walk straight ahead to the waymarked footpath which hugs the left hand boundary of the golf course all the way to the hedge just before the club house. At the hedge, there is a waymarked post, turn right here and walk directly across the golf course, keeping the drainage ditch to your left. It seems counter intuitive to walk across a golf course, but it is a public footpath and you have every right to be there. When you reach the main gravel track, turn left and walk as far as the exit, bringing you to a road.
- d) Turn right and follow the road downhill, passing Dinsdale Park on your right and some cottages on your left. Once you pass a row of terraced houses on the right, cross over the stile next to a gate. Continue downhill to another stile to a narrow path leading down to the River Tees.
- e) A large house is in front of you to the right and the footpath crosses directly over the patio in front of it leading to a stile which takes you into Dinsdale Wood. Follow the footpath through the wood crossing a small bridge. You will come to a fork, ignore the right hand waymarked sign pointing up some steps to the golf course and take the left hand route over the bridge. Continue until after a steep incline there is a fork in the route. Take the left route and continue until the end of the wood and pass through a metal kissing gate.
- f) Head towards two telegraph poles in the middle of the field towards the church. When you reach the first telegraph pole, turn right and follow the telegraph wires to a set of two metal gates in the hedge. Turn right and walk uphill on a poorly defined path on the field edge and pass through another metal kissing gate onto a track. Turn left and follow the track to the metaled road.
- g) Turn right and walk towards Neasham passing Neasham Hill Farm on your right. You will see the hills of Teesdale in front of you in the distance. The route continues downhill into the village to the crossroads with the Pump House on your right. Cross over and carry straight on through the village back to the start.