

Friendly Phone Call services available in Somerset - April 2020

Services offering regular friendly calls/phone befriending. Countywide or National. Does not include local Covid-19 groups who offer this.

Service	Client group	Contact number	Catchment	Website, details
Age UK Somerset Friendly Calls	Over 60's feeling lonely or isolated	01823 345610	Somerset	https://www.ageuk.org.uk/somerset/our-services/friendly-calls-service/
Alzheimers UK Side-by-Side	People with a diagnosis of Dementia who are already users of Side-by-Side	01458 251541	Somerset	https://www.dementiasomerset.org.uk/local-services/side-by-side-somerset/
Alzheimers UK Companion Callers	People living with Dementia or memory loss in Somerset	Coming soon	Somerset	Currently recruiting for this new service.
St. Margaret's Hospice Community Support	People with a life-limiting illness and their carers	01823 333822	Somerset	https://www.st-margarets-hospice.org.uk/community-support
Somerset Sight Telephone Support	People in Somerset with sight loss	01823 333818	Somerset	https://www.somersetsight.org.uk/
Re-Engage Call Companions	Aimed at people who are; <ul style="list-style-type: none"> • 75 or older • living alone or in sheltered housing with little or no contact with family or friends • struggle to leave their house in normal times 	Use referral form. General enquiries 01934 316578	National	After getting consent of older person, refer via https://reengage.formstack.com/forms/refer-an-older-person-cc
Independent Age	Older people	0800 319 6789	National	https://www.independentage.org/get-support/receive-regular-phone-calls
The Silver Line Telephone Friends	The Silver Line is a helpline and friendship service for people aged 55 and over.	0800 470 80 90	National	Alongside the Silver Line helpline, they offer a regular weekly friendship telephone call with a volunteer. It is not a counselling service and Silver Line Friends will not meet, or know the telephone numbers of

				the people they speak to. https://www.thesilverline.org.uk/what-we-do/
Macular Society Telephone Befriending	People with Macular disease inc degeneration	0300 3030 111	National	https://www.macularsociety.org/telephone-befriending
Farming Community Network	Supports farmers and families within the farming community through difficult times.	03000 111 999	National	https://fcn.org.uk/contact/

To add other relevant services, email support@sparksomerset.org.uk

For useful Helplines during Covid-19, please see;

<https://sparksomerset.org.uk/self-isolating>

<https://wellbeingsouthsomerset.org/category/covid-19phoneandonlinesupport/>