Roadmap to Riding

Plans and Preparation required to enable delivery of MRT Services

Our Decision Making Framework

- ► At all stages of our Roadmap to Riding we will make decisions based on the following :
 - Is it safe? (recognising that working with horses comes with its own set of risks)
 - ▶ Is it in line with Scottish Government Guidelines?
 - ▶ Is it in line with RDA National Office Guidelines?
 - Will the resultant activity still be of benefit to our riders?

The Journey

Planning

All planning work carried out remotely

Consultation with Coaches, review of RDA NO materials, etc Developing safety approach for volunteers, riders and equines

Preparation

On site work begins with a very small team

Implementation of physical environment changes, signage etc

Training of volunteers and equines, Relevant forms completed.

Phased Return

Riders return in line with planning and prep

Ongoing review of protocols

Key to all of this will be how we communicate to volunteers and riders about the steps we are taking and how it will impact them.

What we need to do for RDA NO

- ► There are 5 key steps which have been set by RDA National Office which we need to be complete prior to any riders coming on site.
 - 1. Equine Assessment forms to be completed for all ponies we intend to use.
 - Volunteer consent forms to be completed (having completed the volunteer tool to help identify volunteers who can help)
 - 3. Participant consent forms to be completed (having completed the rider tool to identify riders who can ride and who want to take part)
 - 4. RDA COVID Risk Assessment to be completed
 - 5. Trustee Checklist to be signed by Chair. This includes items on venue, riders, horses, volunteers, etc.

Full details can be found at https://www.myrda.org.uk/runningyourgroup/getting-started-after-lockdown/

Planning - phase 1

All completed remotely

- Things to consider
 - Rider Journey from car park to horse and back again identify safety protocols required for each step of the journey -use of spaces, hat fitting, mounting, dismounting, etc.
 - Volunteer Journey from arrival identify safety protocols required for each step of the journey - use of club room, tack room, collecting ponies, grooming, etc.
 - Equine journey changes that will impact our ponies and what needs to happen PPE, smell of handwash, getting back into work.
 - Environment what does this mean to how we use the arena, gallery, clubroom, tie ups, headcollar room, etc. Cleaning protocols for equipment and touch points established.
- Work to be led by SL with MS and SD. Consultation with Coaches and Operating Group.
- Plans to be signed off by Board before beginning phase 2.

Planning - phase 2

All completed remotely

- Things to consider
 - ▶ Riders who could we include bearing in mind protocols? Approach carers, schools, parents and explain new protocols and check whether they would want to take part or why they are not included in phase 1 returns.
 - ▶ Volunteers contact all volunteers to determine who might want to come back and who doesn't. Also explain likely that we won't need everyone as reduced numbers etc.
 - ► Equine journey identify which ponies will have work in phase 1 return. Consider plans for retiring 'extra' ponies where appropriate.
 - ► Environment identify what needs to be bought for PPE, handwash, signage, etc. likely costs identified.
- Work to be led by SL with MS and SD. Consultation with Coaches and Operating Group.
- ▶ Health and Safety Manager to review plans to identify areas for improvement.
- ▶ Plans and budget to be signed off by Board prior to any work beginning at the arena.

Preparation

Work starts at the arena, with social distancing maintained at all times

- ► Environment Purchase materials required, signage put up, hand wash hygiene facilities put in place.
- Riders who are coming issue forms to signing prior to attending.
- Volunteers establish teams and issue forms for signing prior to attending, essential training completed in small groups (only once environment is set up safely).
- ▶ Equines inform sharers, equine retraining and assessment begins.
- Health and Safety Manager to assess preparation for any additional actions
- ▶ Board to assess preparation, then sign off and return Trustee Checklist from RDA NO. Only when this is completed can we start any form of rider activity.

Questions for consideration

- Any feedback on slides? What's missing?
- Likely we will not be back to full class sizes within 12 months. Significant reduction in rider numbers will mean a lighter work-load for all ponies. Bearing in mind our fundraising restrictions, we will be looking at whether retiring some of our elderly ponies should be accelerated. The Board have asked the PWMT to review the herd and make recommendations.
- Risk we lose volunteers however in the medium term we won't need as many? How do we try to keep them engaged?