

## Children of adults who are terminally/Seriously ill

### GP

Speak to own GP or call NHS 111

### Penhaligon's Friends – **Must be a terminal illness**

[www.penhaligonsfriends.org.uk](http://www.penhaligonsfriends.org.uk) - Information and advice on website

01209 210624 /01209 215889 Advice to parents, carers and professionals available over the phone

Open 9am – 5pm Monday to Friday

### The Cove

The Cove is closed for the foreseeable future. However we are running a virtual Cove service.

Email: [thecove@nhs.net](mailto:thecove@nhs.net)

Phone 01872 256363

For information, advice and support

The team will be available from 9 to 5pm Monday to Friday and will respond to your query as soon as possible.

### Hope Support

[www.hopesupport.org.uk](http://www.hopesupport.org.uk) Online support for under 25 year olds who have a loved one with a serious illness including COVID-19.

Facebook support groups and online chat.