

Adult End of Life /Pre Bereavement Support

GP

Speak to own GP or call NHS 111

Cornwall Hospice Care

www.cornwallhospicecare.co.uk Self Help ideas on website

01726 829874 to arrange a support call.

Hope Support

www.hopesupport.org.uk Online support for under 25 year olds who have a loved one with a serious illness including COVID-19.

Facebook support groups and online chat.

Macmillan

www.macmillan.org.uk - Information and advice on website

0808 8080000 The Macmillan Cancer Support line is also available please phone

For **Benefits Advice** phone **01872 672090** (This is an answer phone so please leave a message and someone will phone you back).

or email macmillan@citizensadvicecornwall.org.uk

Marie Curie

www.mariecurie.org.uk - Useful info & advice on website

Marie Curie support services are free to call

open 8am-6pm Monday to Friday, 11am-5pm Saturday to Sunday, and 10am-4pm on bank holidays.

The Cove

The Cove is closed for the foreseeable future. However we are running a virtual Cove service.

Email: thecove@nhs.net

Phone 01872 256363

For information, advice and support

The team will be available from 9 to 5pm Monday to Friday and will respond to your query as soon as possible.

Also consider :The Palliative Care Team RCHT