

GREAT WILDERNESS CHALLENGE 2023 ENTRY FORM – ALL ROUTES

We prefer you register online at https://bit.ly/GWCRegistration2023.

Please use this form only if online registration is not possible. Thank you.

Participant			
First Name:	Surname:		
Date of birth:	Gender:		
Address:			
Telephone:	Mobile:		
Email:			
Emergency contact details			
Name:	Relationship:		
Phone:			
Other information			
If you are a member of a running club, please provide that here:			
Have you taken part in the GWC before?:	If yes, how many times?		
Agreement (please tick to agree to each of the	ne statements below)		
All participants must abide by our Rules of Entry provided overleaf. Please confirm you have read and agreed to these.			
I am in good health and physically capable of completing the event.			
I agree to abide by the event rules and accept the terms of the GWC Privacy Policy as stated on the GWC website.			
I understand that no liability can be accepted by the organisers or land-owners for any injury, illness or loss sustained by me before, during or after the event.			

Continued overleaf

Entry fee			
Please select the event you are entering and send this form together with a cheque payable to Great Wilderness Challenge to the address below.			
25 Mile Run (18 and over only)	£25.00		
25 Mile Walk (18 and over)	£25.00		
25 Mile Walk (12 - 17)	£12.50		
25 Mile Walk (Under 12) - must be accompanied by a named adult.	Free		
13 Mile Linear Run (18 and over only)	£20.00		
13 Mile Linear Walk (18 and over)	£20.00		
13 Mile Linear Walk (12 - 17)	£10.00		
13 Mile Linear Walk (Under 12) - must be accompanied by a named adult.	Free		
13 Mile Circular Walk (18 and over)	£20.00		
13 Mile Circular Walk (12 - 17)	£10.00		
13 Mile Circular Walk (Under 12) - must be accompanied by a named adult.	Free		
7 Mile Circular Walk (18 and over)	£20.00		
7 Mile Circular Walk (12 - 17)	£10.00		
7 Mile Circular Walk (Under 12) - must be accompanied by a named adult.	Free		
10K Run (16 and over only)	£20.00		
3 Mile Limited Mobility	£20.00		
1.5 Mile Limited Mobility	£20.00		

Rules of entry

- 1. Entrants under 18 on 12th August 2023 must have consenting signature of parent/guardian.
- 2. Minimum age for entry to 13 and 25 mile races is 18 years.
- 3. Minimum age for entry to 10k Run is 16 years.
- 4. Entrants must be physically fit and experienced walkers/runners.
- 5. The Great Wilderness Challenge is primarily a charity fundraising event as such all entrants must pledge to raise minimum £100 sponsorship (adults); £50 (Children 12 17years).
- 6. Equipment: See Event Information. Kit checks will take place and entry will be refused to those not adequately equipped.
- 7. The Country Code must be observed.
- 8. All checkpoints must be visited.
- 9. 25 Mile Walkers Please Note Cut off time is 5pm at Kernsary. This allows an approx time of 9 and a half hours to complete the whole route. If you feel unable to complete in this time please consider entering one of the smaller events. Anyone not at Kernsary by 5pm will be offered transport back to Poolewe or the option to continue at their own risk. No responsibility can be taken by the organisers for entrants who decide to continue on their own.
- 10. The organisers reserve the right to alter the rules, or change the route if they consider it necessary.
- 11. The organisers' decision is final in all matters relating to the Great Wilderness Challenge 2023.

Signature		
Signed:	Date:	
If you are under 18 please ask your parent or guardian to countersign this form.	Parent or guardian (for under 16's only):	

Return address for entry forms

Great Wilderness Challenge Registrations c/o Highland Hospice, Ness House, 1 Bishops Road, Inverness IV3 5SB