

TUESDAY

DAYTIME

Art Afternoon - with Douglas Matthews

Embracing all media, some experience helpful but not essential. Beginners are welcome.

Aytoun Hall (ground floor) 1.30 - 3.30 pm.

£45 for 9 weeks starting 11 February 2020

EVENING

Scottish Country Dancing - with Jane Rattray

Learn and enjoy the basics in an informal, friendly atmosphere. A great way of exercising the body and the mind whilst having fun. Dancers change partners for every dance, and whilst we welcome couples you do not need a partner to take part. Suitable for beginners and continuers.

Auchterarder Community Church Centre (small hall) 7-9 pm.

£50 for 10 weeks starting 14 January 2020

Tai Chi - with Iain Naylor

Iain has studied taichi since 1980 and has been a registered teacher since 1995. From 2005 until 2011 he regularly trained in China and now trains in the UK with Internationally renowned teachers, Masters Chen Lisheng and Gordon Faulkner. Now entering his 25th year of teaching this course offers an introduction to tai chi & qi gong that develops term by term into a deeper understanding of everything it entails. The class is in two parts; qi gong - a general full body routine designed specifically for its health benefits and tai chi - the simplified Wudang 9 powers form. Beginners welcome. Light clothing and soft-soled shoes are required.

Community School Drama Room 6.30 - 8.00pm

£50 for 10 weeks starting 14 January 2020

TUESDAY

EVENING continued

Introduction to Microsoft Publisher - **NEW!** with Joan Fleming

Learn how to use Microsoft Publisher to create a variety of publications including posters, birthday cards, calendars and certificates. Learn the basic tasks in the Publisher interface, add content to a publication, manage text, work with graphics and prepare publications for printing and sharing.

There will be an additional charge for paper and printing. Community School IT suite 7pm - 9pm

£20 for 4 weeks starting 14 January 2020

Upholstery - with Bob Farmer

Learn how to re-upholster small to medium pieces of furniture. We will contact new starters prior to the first class to discuss what you need to bring with you.

Community School Metalwork Room 7-9 pm.

£50 for 10 weeks starting 14 January 2020

WEDNESDAY

EVENING

Community Choir - with Sandra Miller

All the research shows that singing is good for your health and wellbeing. So why not come along and sing some songs, meet new people and feel all the better for it? It will help cheer you up on dark winter nights. No experience necessary and you don't need to be able to read music. No audition!

Auchterarder Community Church Centre (main hall) 7.30pm to 9pm

£40 for 8 weeks starting 15 January 2020

THURSDAY

DAYTIME

Chair Yoga - with Julie Henderson

Are you interested in the many benefits of yoga and meditation but uncomfortable sitting on the floor? Kundalini Chair-led yoga is a gentle series of exercises practised from a chair and focusing on building strength, balance and flexibility. Each class finishes with relaxation and meditation helping to reduce stress and increase overall wellbeing. All welcome. Wear comfortable clothing.

Aytoun Hall (Giral Hall) 11am to 12noon

£35 for 10 weeks starting 16 January 2020

Art Afternoon - with Douglas Matthews

General art class embracing all media, some experience helpful but not essential, plus the Sculpture in Clay will be continuing. For those interested in this medium you will have the opportunity to work with armatures to create small sculptures depicting the human figure, facial sculpture, and both animal and bird studies. Beginners welcome.

There will be an additional cost for clay materials Auchterarder Community Church Centre (Garden Room) 1.30 - 3.30 pm.

£45 for 9 weeks starting 13 February 2020

THURSDAY

EVENING

**Making the most of your iPhone -
with Joan Fleming**

Learn how to get the most from your iPhone and/or iPad. Over the course of four weeks we will explore a wide range of iPhone tips and tricks, learn about iPhone settings, downloading and managing Apps, customising your home screen and lock screen, creating folders, how to browse the web, take notes, shoot and edit photos and back them up on iCloud, PC or Mac.

Bring along your device fully charged together with its charger. Please note this is a course for Apple devices only.

Auchterarder Community Church Centre
Boardroom 7pm - 9 pm.

£20 for 4 weeks starting 13 February 2020



Auchterarder & District Leisure Classes



Prospectus January - March 2020

Run by volunteers for the people of
Auchterarder and District



Auchterarder Adult Education Association is a charity registered in
Scotland. No. sco20304

All students must be aged 18 or over.
We do not send out acknowledgements, please
assume that the class will run unless you are
notified of a cancellation.

In the event of a class not being run at all, students
will be informed as soon as is practical and fees will
be returned.

There may be a small extra charge for materials for
some classes.

An up to date tetanus injection is advised for all
practical subjects.

Please note that the AAEA is unable to refund class
fees once the class is confirmed as running.

ALL ENROLMENTS:

Please send the enclosed enrolment form with your
cheque, made out to AAEA, to

AAEA Secretary
17 Beech Tree Place
Auchterarder, PH3 1JQ

**TO ASSIST THE ADMINISTRATOR PLEASE
RETURN ENROLMENT FORMS BY
8 January 2020. CLASSES START FROM
TUESDAY 14TH JANUARY 2020**

For further information visit our website

www.AAEA.org.uk

find us on Facebook 

or call 07887 735597

You can view this brochure and print off an
enrolment form on-line, but we regret we cannot
process your enrolment on-line