

HIGHLAND WHOLEFOODS WORKERS' CO-OPERATIVE

GLUTEN FREE PRICELIST

FEBRUARY 2020



Highland Wholefoods Terms of Trade

Please read our terms of trade as the placing of an order is held to be acceptance of them. Highland Wholefoods reserve the right to refuse trade to any customer.

RE-PRESENTED CHEQUES: A charge of £4 will be made on re-presented cheques, or those returned because of errors or discrepancies; a charge of £12 will be made on those returned because of insufficient funds.

PRICES: *Prices are correct at time of going to print, but are subject to change without prior notice. Please contact our sales team for up-to-date information.*

TITLE TO GOODS: This does not pass from the seller to the purchaser until the seller's bankers have received payment in full. Responsibility for the safekeeping of the goods passes on delivery of the goods from the seller to the purchaser.

ORDERS FOR DELIVERY: This service is **free of charge** to mainland and Skye addresses provided our minimum order value is met, currently £200. If the invoice value is under that amount there is a charge of £7.50 towards carriage costs. Customers in other areas should contact the sales office for delivery information. We reserve the right to refuse delivery if our terms of trade are not met.

CREDIT CLAIMS: By prior agreement with our sales department only. We reserve the right to dismiss claims. We do not give cash refunds. **Verbal claims must be made within 2 working days of receipt of goods;** invoice number and product code must be quoted. Credits will not be issued until any returns have been received.

RETURNS: By prior agreement with our sales department only. We do not offer goods on a sale or return basis. We reserve the right to dismiss requests for the return of goods. Returns of goods ordered in error will be at the customers' expense.

OUT OF STOCKS: We do not operate a back order system for out of stock items – customers must re-order these items. **Normal delivery terms and conditions apply.**

SPECIAL ORDER ITEMS: We may be able to obtain items for you which are not part of our normal stock holding. The minimum order for special order items is 1 full case. If goods are ordered in this way, we ask customers to guarantee purchase of goods once they have arrived at our warehouse. We cannot accept return of special order items. Please note these items may take over four weeks from ordering to delivery.

PRICELISTS: We can provide one hard copy price list free of charge. If further copies are required, they will be subject to a charge. This charge is subject to change without prior notice. Acrobat pdf versions of the pricelist are downloadable from our website or can be sent via email – contact the sales office for further details.

| CODE | DESCRIPTION | UNIT | CASE | RRP | VAT |
|-------------------------------|----------------------------------|--------|------|-------|-----|
| BABYFOOD | | | | | |
| | ELLAS KITCHEN | | | | |
| 18284 | BANANA & APPLES BABYFOOD ORG | 120g | 7 | 1.25 | N |
| 18285 | BROCCOLI PEAR&PEA BABYFOOD ORG | 120g | 7 | 1.25 | N |
| 18286 | CAR.APPLE & PARSNIP BABYFOOD ORG | 120g | 7 | 1.25 | N |
| 19391 | STRAWBERRIES & APPLE ORG | 120g | 7 | 1.25 | N |
| SUPERFOODS | | | | | |
| | THE RAW CHOCOLATE CO | | | | |
| 22743 | COCONUT BLOSSOM SUGAR ORG V | 230g | 6 | 3.63 | N |
| 21204 | RAW CACAO POWDER FT GF ORG V | 180g | 6 | 4.20 | N |
| 23243 | RAW CHOC GOJI BERRIES FT ORG V | 28g | 12 | 1.78 | Y |
| 23765 | RAW CHOC MULBERRIES FT ORG V | 28g | 12 | 1.78 | Y |
| 23245 | RAW CHOC RAISINS SNACKP ORG V | 28g | 12 | 1.78 | Y |
| 22742 | VIRGIN CACAO BUTTER ORG V | 240g | 6 | 7.99 | N |
| | NATURYA | | | | |
| 23350 | SPIRULINA POWDER ORG V | 200g | 6 | 11.40 | N |
| | PREWETT'S | | | | |
| 21752 | GROUND FLAXSEED ORG V | 175g | 6 | 2.19 | N |
| | ARTISAN GRAINS | | | | |
| 21994 | CHIA SEEDS GF V | 125g | 6 | 2.99 | N |
| | LINWOODS | | | | |
| 24209 | FLAXSEED MILLED GF ORG V | 425g | 12 | 5.90 | N |
| BISCUITS & COOKIES | | | | | |
| | DOVES FARM | | | | |
| 23466 | CHOC CHIP COOKIE GF FT ORG V | 180g | 12 | 2.25 | N |
| 23467 | DOUBLE CHOC COOKIES GF FT ORG V | 180g | 12 | 2.25 | N |
| 20950 | LEMON ZEST COOKIES GF FT ORGV | 150g | 12 | 1.59 | N |
| 21543 | STEM GINGER COOKIES GF FT V ORG | 150g | 12 | 1.59 | N |
| | PREWETT'S | | | | |
| 22026 | MILK CHOCOLATE DIGESTIVES GF | 165g | 7 | 2.02 | Y |
| | NAIRNS | | | | |
| 25614 | FLATBREADS ONION GF | 150g | 6 | 2.09 | N |
| 25613 | FLATBREADS ROSEMARY SALT GF | 150g | 6 | 2.09 | N |
| 23712 | WHOLEGRAIN CRACKERS GF | 137g | 8 | 2.09 | N |
| | LAZY DAY | | | | |
| 23698 | BELGIAN CHOC ROCKY ROAD GF | 5pack | 8 | 3.35 | N |
| 19446 | BELGIAN DARK CHOC TIFFIN V GF | 5pack | 8 | 3.35 | N |
| 25521 | CHOCOLATE CHIP OATIE V GF | 150g | 8 | 2.85 | N |
| 22130 | CHOCOLATE ORANGE SLICE V GF | 5pack | 8 | 3.35 | N |
| 19437 | DARK CHOCO GINGER BISCS V GF | 8biscs | 8 | 3.99 | Y |
| 25520 | GOLDEN SYRUP OATIE V GF | 150g | 8 | 2.85 | N |

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|---------------------------------|-------------------------------------|--------|------|-------|-----|
| 19445 | MILLIONAIRES SHORTBREAD V GF | 5pack | 8 | 3.35 | N |
| 19439 | SCOTTISH SHORTBREAD V GF | 8biscs | 8 | 3.35 | N |
| 25522 | STEM GINGER OATIES V GF | 150g | 8 | 2.85 | N |
| | ANGELIC GLUTEN FREE | | | | |
| 22004 | ANGELIC MIXED CASE TPACK GF V SO 48 | 40g | 48 | 1.20 | N |
| 21105 | CRANBERRY CRUNCH GF COOKIES V | 125g | 8 | 2.60 | N |
| 21109 | DOUBLE CHOC GF COOKIES V | 125g | 8 | 2.60 | N |
| 21110 | GINGER CRUNCH GF COOKIES V | 125g | 8 | 2.60 | N |
| 21108 | ORANGE CHOC COOKIES GF V | 125g | 8 | 2.60 | N |
| 22297 | ROSEMARY & SALT BISCUITS GF V | 150g | 8 | 2.60 | N |
| 22821 | SEA SALT BISCUITS GF V | 145g | 8 | 2.60 | N |
| 22299 | SWEET CHILLI BISCUITS GF V | 150g | 8 | 2.60 | N |
| | PULSETTA | | | | |
| 22923 | LEMON OAT THINS GF V | 150g | 8 | 2.99 | N |
| BREADS & CRISPBREADS | | | | | |
| | BIONA | | | | |
| 24009 | MILLET BREAD GF ORG | 250g | 6 | 4.15 | N |
| | GLUTAMEL | | | | |
| 23886 | PIZZA BASES GLUTEN FREE | 2x150g | 4 | 3.91 | N |
| | KALLO | | | | |
| 14839 | CORN CAKE SALT THIN SLCE GF ORG | 130g | 12 | 1.79 | N |
| | PULSETTA | | | | |
| 25081 | PULSETTA BREADCRUMBS GF | 1kg | 1 | 12.67 | N |
| | ANGELIC GLUTEN FREE | | | | |
| 23576 | MULTI SEED CRACKERS GF V | 150g | 8 | 2.60 | N |
| | AMISA | | | | |
| 24408 | CRISPBREAD BUCKWHEAT GF V | 120g | 12 | 2.69 | N |
| | RUDE HEALTH | | | | |
| 25543 | BUCKWHEAT BEAN CRACKERS GF ORG | 120g | 5 | 2.99 | N |
| 25544 | CHICKPEA LENTIL CRACKERS GF ORG | 120g | 5 | 2.99 | N |
| | EVERFRESH | | | | |
| 78 | RYE SOURDOUGH BREAD ORG V | 400g | 8 | 1.61 | N |
| CAKES | | | | | |
| | ANGELIC GLUTEN FREE | | | | |
| 23990 | CHOC COCONUT & OAT SLICE GF V | 185g | 6 | 2.80 | N |
| 23993 | CHOCOLATE BROWNIE SQUARE V | 200g | 6 | 2.80 | N |
| CHILLED - MARGARINES | | | | | |
| | SUMA | | | | |
| 917 | SOYA SPREAD NO GMO V | 500g | 8 | 1.99 | N |
| 924 | SUNFLOWER SPREAD NO GMO V | 2kg | 6 | 7.55 | N |

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|-------|----------------------------------|--------|------|-------|-----|
| | PURE | | | | |
| 22676 | OLIVE SPREAD GF V | 500g | 16 | 3.09 | N |
| 20606 | SUNFLOWER SPREAD-DAIRY FREE V | 500g | 16 | 2.66 | N |
| | NATURLI | | | | |
| 25245 | VEGAN BUTTER SPREAD G V ORG | 225g | 24 | 2.15 | N |
| | CHILLED CHEESE SUBSTITUTE | | | | |
| | VIOLIFE | | | | |
| 23443 | CHEDDAR CHEESE SUB SOYA FREE GF | 400g | 7 | 5.89 | N |
| 23616 | CREAMY CHEESE ORIGINAL V GF | 200g | 8 | 2.68 | N |
| 24576 | MEDITERRANEAN HALLOUMI STYLE V | 200g | 12 | 3.94 | N |
| 23375 | ORIGINAL CHEESE SUB GF SOYAFRE V | 400g | 7 | 6.55 | N |
| 23500 | PIZZA CHEESE SUB SOYA FREE | 400g | 7 | 5.89 | N |
| 23726 | PROSOCIANO PARMESAN SUB GF V | 150g | 11 | 4.50 | N |
| 24296 | SMOKED CHEESE SUB GF VGN | 400g | 7 | 5.89 | N |
| | KOKO | | | | |
| 25060 | CHEDDAR CHEESE ALTERNATIVE V | 200g | 12 | 2.80 | N |
| 25080 | SOFT CHEESE ALTERNATIVE GV | 150g | 6 | 2.24 | N |
| | LEFT COAST CULTURE | | | | |
| 25787 | AULD SMOKY MOZZARELLA GF V | per kg | 1 | 36.67 | N |
| 25789 | CHEDDAR SPREAD CANADIAN GF V | 1 | 1 | 6.87 | N |
| 25451 | HAVARTI GF V SLICE | per kg | 1 | 36.67 | N |
| 25453 | MURIETA MUENSTER GF V SLICE | per kg | 1 | 36.67 | N |
| 25452 | NOZZA MOZZA GF V SLICE | per kg | 1 | 36.67 | N |
| 25788 | SPICY JUAN GF V SLICE | per kg | 1 | 36.67 | N |
| 25697 | TO BRIE OR NOT GF V SLICE | per kg | 1 | 36.67 | N |
| | CHILLED CONVENIENCE FOOD | | | | |
| | CLEAR SPOT | | | | |
| 23123 | TOFU PLAIN ORG GF CLEARSPOT V | 280g | 8 | 2.25 | N |
| 24093 | TOFU PLAIN ORG GF LARGE V | 450g | 6 | 3.53 | N |
| 23124 | TOFU SMOKED ORG GF CLEARSPOT | 225g | 8 | 3.09 | N |
| | RAW HEALTH | | | | |
| 24017 | SAUERKRAUT FRESH ORG GF V | 410g | 6 | 4.94 | N |
| | LAURIE'S TUMMY LOVING | | | | |
| 24124 | SAUERKRAUT KIMCHI ORG V | 410g | 8 | 7.85 | N |
| | FOLLOW YOUR HEART | | | | |
| 24649 | ORIGINAL VEGENAISE V GF | 340g | 6 | 3.47 | N |
| 24915 | VEGENAISE GARLIC AIOLI V G ORG | 340g | 6 | 3.71 | N |
| | TIDEFORD ORGANIC | | | | |
| 25751 | FRESH BROWN RICE MISO ORG V GF | 320g | 8 | 6.00 | N |
| 24579 | FRESH WHITE MISO GF V ORG | 320g | 8 | 6.00 | N |

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|-------|----------------------------------|------|------|-------|-----|
| | BONSAN | | | | |
| 24873 | KOFU GRILL SAUSAGES GF V ORG | 170g | 5 | 4.71 | N |
| 24872 | VEGAN BR'FAST SCRAMBLE ORG GF | 200g | 5 | 4.97 | N |
| | TOFURKY | | | | |
| 25731 | CHORIZO PLANTBASED CRUMBLES V GF | 340g | 5 | 4.93 | N |
| | PLANT POWER | | | | |
| 25741 | BLACK BEAN TEMPEH GF V ORG | 200g | 8 | 3.75 | N |
| 25742 | CHICKPEA TEMPEH GF V ORG | 200g | 8 | 3.75 | N |
| | CHILLED DAIRY PRODUCTS | | | | |
| | YEO VALLEY | | | | |
| 25096 | KEFIR YOGHURT NATURAL ORG | 350g | 6 | 1.62 | N |
| 25095 | KEFIR YOGHURT STRAWBERRY ORG | 350g | 6 | 1.62 | N |
| | CHOC & CAROB SNACKS | | | | |
| | BOOJA BOOJA | | | | |
| 25253 | ALMOND SALT CARAMEL TRUFFLE ORG | 104g | 8 | 6.99 | Y |
| 15359 | CHAMPAGNE TRUFFLES ORG V | 138g | 6 | 9.50 | Y |
| 22265 | GIFT COLLECT.TRUFFLE No.1 ORG | 138g | 4 | 12.95 | Y |
| 22266 | GIFT COLLECT.TRUFFLE No.2 ORG | 138g | 4 | 12.95 | Y |
| 22263 | GIFT COLLECTION CHAMPAGNE ORG | 138g | 4 | 13.55 | Y |
| 14232 | GOURMET TRUFFLE SELECT BOX ORG | 230g | 4 | 16.99 | Y |
| 14231 | MIDNIGHT ESPRESSO TRUFFLES ORG | 105g | 8 | 6.99 | Y |
| | ORGANICA | | | | |
| 22143 | CREAMY MARZIPAN DREAM ORG V | 40g | 24 | 0.99 | Y |
| 16180 | HAZELNUT NOUGAT DELIGHT ORG V | 40g | 24 | 0.99 | Y |
| | MONTEZUMA'S | | | | |
| 25784 | DARK CHOC 100% HEMP SALT V GF | 90g | 12 | 2.59 | Y |
| 24150 | DARK CHOC ABSOLUTE BLACK 100% | 100g | 12 | 2.59 | Y |
| 25786 | DARK CHOC PEPPERMINT V GF ORG | 90G | 12 | 2.59 | Y |
| 17742 | DARK CHOC.ORANGE & GERANIUM ORG | 100g | 12 | 2.59 | Y |
| 17743 | DARK CHOCOLATE CHILLI ORG V | 100g | 12 | 2.59 | Y |
| 25782 | DARK CHOCOLATE FITZROY V GF ORG | 90g | 12 | 2.59 | Y |
| 25783 | DARK CHOCOLATE HIPPY V GF ORG | 90g | 12 | 2.59 | Y |
| 21684 | GIANT BUTTONS DARK CHOC ORG V | 180g | 8 | 3.75 | Y |
| 19971 | GIANT BUTTONS MILK CHOC ORG | 180g | 8 | 3.75 | Y |
| 21685 | GIANT BUTTONS WHITE CHOC. ORG | 180g | 8 | 3.75 | Y |
| 21686 | MILK CHOC CHILLI & LIME ORG | 100g | 12 | 2.59 | Y |
| 25785 | MILK CHOCOLATE PICKLE G | 90g | 12 | 2.59 | Y |
| 17748 | SMOOTH MILK CHOC 37% COCOA ORG | 100g | 12 | 2.59 | Y |
| 17754 | VERY DARK CHOC 73% ORG V | 100g | 12 | 2.59 | Y |
| | EQUAL EXCHANGE | | | | |
| 23009 | DARK CHOC CARAMEL CR GF FT ORG | 100g | 12 | 2.79 | Y |

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|-------------------|---------------------------------|-------|------|------|-----|
| 23013 | DARK CHOC LEM GING GF FT V ORG | 100g | 12 | 2.79 | Y |
| 23011 | DARK CHOC ORNGE 65% GF FT V ORG | 100g | 12 | 2.79 | Y |
| 23010 | VERY DARK CHOC FT GF V ORG | 100g | 12 | 2.79 | Y |
| | RAW HALO | | | | |
| 25580 | DARK 76% CHOCOLATE GF V ORG | 35g | 10 | 1.99 | Y |
| 25581 | DARK CHOCOLATE CARAMEL GF V ORG | 35g | 10 | 1.99 | Y |
| 25584 | DARK CHOCOLATE MINT GF V ORG | 35g | 10 | 1.99 | Y |
| 25583 | DARK CHOCOLATE ORANGE GF V ORG | 35g | 10 | 1.99 | Y |
| 25582 | DARK CHOCOLATE RASPBERRY GFV OR | 35g | 10 | 1.99 | Y |
| 25586 | MYLK CHOCOLATE CARAMEL GF V ORG | 35g | 10 | 1.99 | Y |
| 25587 | MYLK CHOCOLATE SALTED GF V ORG | 35g | 10 | 1.99 | Y |
| 25585 | MYLK CHOCOLATE VANILLA GF V ORG | 35g | 10 | 1.99 | Y |
| | VEGO GOOD FOOD | | | | |
| 24018 | HAZEL CHOC GF FT V ORG | 150g | 30 | 4.27 | Y |
| 24112 | VEGO PRALINES FT GF V ORG | 180g | 8 | 6.80 | Y |
| | SO FREE | | | | |
| 24549 | 87% DK CHOC G V ORG | 80g | 12 | 2.74 | Y |
| 24528 | WHITE CHOC ALT GF V ORG | 70g | 12 | 2.74 | Y |
| BEVERAGES | | | | | |
| | BARLEYCUP | | | | |
| 24100 | CHICORY CUP GF ORG V | 100g | 6 | 4.13 | N |
| | DIVINE | | | | |
| 16690 | DIVINE COCOA FT GF V | 125g | 12 | 3.15 | N |
| | PREWETT'S | | | | |
| 21751 | CHICORY DRINK GF ORG V | 100g | 6 | 3.12 | N |
| | SWEET FREEDOM | | | | |
| 23524 | CHOC SHOT COCONUT GF V | 320G | 6 | 4.48 | N |
| 23522 | CHOC SHOT LIQUID HOT CHOC GF V | 320G | 6 | 4.48 | N |
| CONDIMENTS | | | | | |
| | BIONA | | | | |
| 20906 | WORCESTER SAUCE V GF ORG | 140ml | 6 | 3.69 | N |
| | MERIDIAN | | | | |
| 10368 | TOMATO KETCHUP ORG GF V | 285g | 6 | 2.49 | N |
| | GEO ORGANICS | | | | |
| 13496 | ATLANTIC SEA SALT ORG | 250g | 6 | 1.35 | N |
| | A.VOGEL | | | | |
| 20871 | HERBAMARE HERB SALT GF ORG V | 125g | 6 | 2.97 | N |
| 16081 | HERBAMARE HERB SALT GF ORG V | 250g | 6 | 4.77 | N |
| 24178 | HERBAMARE SPICY GF ORG V | 125g | 6 | 2.55 | N |
| | THE SALT SELLER | | | | |
| 21427 | HIMALAYAN PINK SALT COARSE | 300g | 6 | 3.08 | N |

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|-----------------------------------|----------------------------------|-------|------|------|-----|
| 21428 | HIMALAYAN PINK SALT FINE | 300g | 6 | 3.08 | N |
| | THAI TASTE | | | | |
| 23446 | TAMARIND PASTE GF V | 130g | 6 | 2.29 | N |
| 24659 | THAI VEGAN FISH SAUCE GF | 180ml | 6 | 2.36 | N |
| CONVENIENCE FOOD AMBIENT | | | | | |
| | JUST WHOLEFOODS | | | | |
| 1580 | FALAFEL MIX ORG V | 120g | 6 | 1.55 | N |
| 13770 | HUMMUS MIX ORG V | 125g | 6 | 1.55 | N |
| | WHOLE EARTH | | | | |
| 8789 | BAKED BEANS CANS ORG V | 420g | 12 | 1.19 | N |
| | ESSENTIAL | | | | |
| 23366 | ONION GRAVY POWDER GF ORG V | 125g | 6 | 2.62 | N |
| 17652 | TVP MINCE PLAIN ORG V | 250g | 6 | 2.81 | N |
| | MARIGOLD | | | | |
| 24372 | INSTANT GRAVY GRANULES GF V | 170g | 6 | 1.59 | N |
| | FREE & EASY | | | | |
| 16551 | CHEESE FLAVOUR SAUCE MIX V GF | 130g | 6 | 1.79 | N |
| 16656 | CHICKPEA & VEG CURRY ORG V | 400g | 6 | 2.34 | N |
| 16552 | GRAVY POWDER G V | 130g | 6 | 1.65 | N |
| 16657 | THREE BEAN CHILLI CANS ORG V | 400g | 6 | 2.34 | N |
| 24183 | VEG BALTI TIN READY MEAL GF ORG | 400g | 6 | 2.34 | N |
| | CLEARSPRING | | | | |
| 23553 | BROWN & WILD RICE 90SECS GF ORG | 250g | 5 | 2.99 | N |
| 23554 | QUINOA TRIO 90 SECS GF ORG V | 250g | 5 | 3.45 | N |
| | ARTISAN GRAINS | | | | |
| 25706 | BEETROOT & CHILLI FALAFEL V GF | 150g | 6 | 1.89 | N |
| 23280 | CASHEW & CRANBERRY NUT ROAST GF | 200g | 6 | 2.99 | N |
| 25708 | PUMPKIN & QUINOA FALAFEL V GF | 150g | 6 | 1.89 | N |
| 25707 | SUPER GREENS FALAFEL V GF | 150g | 6 | 1.89 | N |
| | AMY'S KITCHEN | | | | |
| 25076 | CHILLI SPICY V GF ORG TIN | 416g | 6 | 2.62 | N |
| | AMAIZIN | | | | |
| 24817 | RICE PAPER V G ORG | 110g | 12 | 1.89 | N |
| | YAKSO | | | | |
| 25048 | RICE PAPER ORG GF V | 150g | 15 | 2.89 | N |
| JUICE CONC. & CORDIALS | | | | | |
| | BOTTLE GREEN | | | | |
| 25424 | APPLE AND PLUM CORDIAL V | 500ml | 6 | 4.46 | Y |
| 25425 | POMEGRANATE ELDERFLOER CORDIAL V | 500ml | 6 | 4.46 | Y |
| 25426 | SLOE AND JUNIPER CORDIAL V | 500ml | 6 | 4.46 | Y |

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| DESSERTS PUDDINGS YOGHURT | | | | | |
| PROVAMEL | | | | | |
| 19059 | CARAMEL DESSERT POTS ORG V | 4x125g | 6 | 2.30 | N |
| 21006 | CHOCOLATE DESSERT POTS ORG V | 4x125g | 6 | 2.30 | N |
| 21010 | VANILLA DESSERT POTS ORG V | 4x125g | 6 | 2.30 | N |
| CLEARSPRING | | | | | |
| 23512 | APPLE & MANGO PUREE GF ORG V | 2x100g | 12 | 1.59 | N |
| DESSERTS - TO PREPARE | | | | | |
| JUST WHOLEFOODS | | | | | |
| 1111 | CUSTARD POWDER V | 100g | 12 | 1.47 | N |
| DRINKS ALCOHOLIC | | | | | |
| BLACK ISLE BREWERY | | | | | |
| 24294 | GOLDFINCH GF V | 330ml | 24 | 2.35 | Y |
| WESTONS | | | | | |
| 13059 | WYLD WOOD CIDER ORG 6% V | 500ml | 12 | 3.39 | Y |
| FENTIMANS | | | | | |
| 24205 | HOLLOWS ALC 4% GINGER BEER GF | 330ml | 12 | 1.90 | Y |
| 21731 | HOLLOWS ALC 4% GINGER BEER GF | 500ml | 8 | 2.97 | Y |
| 24206 | HOLLOWS SPICE GING BEER 4% GF | 330ml | 12 | 1.95 | Y |
| DAAS | | | | | |
| 22171 | DAAS BLONDE LAGER GF V | 330ml | 24 | 3.10 | Y |
| THISTLY CROSS CIDER | | | | | |
| 24216 | TRAD THISTLY CROSS CIDER | 500ml | 12 | 3.28 | Y |
| FLOURS + MEALS | | | | | |
| DOVES FARM | | | | | |
| 15298 | BROWN BREAD FLOUR GF | 1kg | 5 | 2.50 | N |
| 10229 | GLUTEN FREE PLAIN WHITE FLOUR | 1kg | 5 | 2.35 | N |
| 20168 | GLUTEN FREE WHITE SR FLOUR WF | 1kg | 5 | 2.35 | N |
| 5736 | GRAM FLOUR GF | 1kg | 5 | 2.49 | N |
| 24526 | PIZZA BASE MIX GF V | 350g | 5 | 2.55 | N |
| 24708 | PLAIN FLOUR GF 16KG | 16kg | 1 | 27.00 | N |
| 5737 | RICE FLOUR GF | 1kg | 5 | 1.85 | N |
| 19792 | SELF RAISING WHITE GF | 16kg | 1 | 29.50 | N |
| 15213 | WHITE BREAD FLOUR GF | 1kg | 5 | 2.35 | N |
| SHIPTON MILL | | | | | |
| 24743 | BROWN RICE FLOUR V GF ORG | 750g | 6 | 2.69 | N |
| 20427 | CHESTNUT FLOUR GF ORG | 500g | 6 | 7.28 | N |
| 25084 | SORGHUM FLOUR G V | 750g | 6 | 3.44 | N |
| INFINITY | | | | | |
| 22144 | BUCKWHEAT FLOUR GF ORG | 500g | 6 | 3.76 | N |
| 24246 | POLENTA FLOUR GF ORG | 500g | 6 | 3.08 | N |

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|--------------------------------------|-------------------------------|-------|------|-------|-----|
| 19770 | TAPIOCA FLOUR GF ORG | 500g | 6 | 2.93 | N |
| FOOD FLAVOURINGS & BAKING | | | | | |
| | CERTO | | | | |
| 2436 | LIQUID PECTIN 250ml V | 250ml | 6 | 2.39 | N |
| | LITTLE POD | | | | |
| 24801 | PURE BOURBON VANILLA EXTRACT | 100ml | 6 | 19.38 | N |
| | JUST WHOLEFOODS | | | | |
| 20883 | VEGESET (SETTING AGENT) GF V | 25g | 10 | 2.28 | N |
| | ORGRAN | | | | |
| 9809 | NO EGG REPLACER GF V | 200g | 8 | 2.69 | N |
| | SUMA | | | | |
| 17954 | VEGE SUET NON HYDROGENATED | 250g | 6 | 2.24 | N |
| | SUNITA | | | | |
| 10887 | LEMON JUICE ORG V | 250ml | 12 | 2.49 | N |
| 13866 | LEMON JUICE ORG V | 1lt | 6 | 6.59 | N |
| 8106 | LIME JUICE LIME SHAPED V | 200ml | 12 | 0.99 | N |
| 17147 | LIME JUICE ORG V | 250ml | 12 | 2.21 | N |
| | GREEN & BLACKS | | | | |
| 13198 | DARK COOKING CHOC FT ORG | 150g | 15 | 2.77 | N |
| 19622 | MILK COOKING CHOC FT ORG | 150g | 15 | 2.77 | N |
| | HIGHLAND WHOLEFOODS | | | | |
| 878 | BAKING POWDER GF 500g V | 500g | 1 | 3.99 | N |
| | ESSENTIAL | | | | |
| 21967 | CREAMED COCONUT ESSENTIAL ORG | 200g | 6 | 1.99 | N |
| | MONTEZUMA'S | | | | |
| 19801 | COUVERTURE MILK CHOC COOK ORG | 2kg | 1 | 32.80 | N |
| 17470 | DARK COUVERTURE 73% CHOC ORG | 2kg | 1 | 32.80 | N |
| | BARKAT | | | | |
| 18941 | BAKING POWDER GF V | 100g | 6 | 1.69 | N |
| | DOVES FARM | | | | |
| 20854 | BAKING POWDER GF ORG V | 1kg | 3 | 4.89 | N |
| 22962 | BAKING POWDER GF ORG V | 130g | 5 | 1.50 | N |
| 20855 | BICARBONATE OF SODA GF V | 1kg | 3 | 3.60 | Y |
| 22961 | BICARBONATE OF SODA GF V | 200g | 5 | 1.60 | Y |
| 22963 | CORNFLOUR GF ORG V | 110g | 5 | 1.75 | N |
| 22964 | VITAMIN C GF V | 120g | 5 | 4.99 | Y |
| 20856 | XANTHAN GUM 1kg GF V | 1kg | 3 | 16.38 | Y |
| 22965 | XANTHAN GUM GF V | 100g | 5 | 3.15 | Y |
| | STEENBERGS ORGANIC | | | | |
| 21593 | PEPPERMINT EXTRACT ORG V | 100ml | 6 | 5.05 | N |

| CODE | DESCRIPTION | UNIT | CASE | RRP | VAT |
|-------|--------------------------------------|-------|------|-------|-----|
| | NATURE'S CHARM | | | | |
| 25793 | CONDENSED COCONUT MILK V GF | 320g | 12 | 3.21 | N |
| 24541 | EVAPORATED COCONUT MILK V GF | 360ml | 12 | 2.72 | N |
| | HI-HO ORGANIC 1KG | | | | |
| 24548 | COCOA POWDER ORG V 1KG | 1kg | 6 | 8.24 | N |
| | HI-HO ORGANIC 3KG | | | | |
| 12150 | COCOA POWDER ORG V 3KG | 3kg | 4 | 22.38 | N |
| | BULK | | | | |
| 495 | BAKING POWDER GF (3kg) | 3kg | 1 | 13.35 | N |
| | FROZEN - CONVENIENCE FOOD | | | | |
| | WICKEN FEN | | | | |
| 25633 | CARROT & CORIANDER SAUSAGES V GF | 280g | 6 | 3.21 | N |
| | FRYS | | | | |
| 23889 | QUINOA FALAFEL BURGER GF FRZN | 260g | 6 | 4.00 | N |
| | NATURAL COOL | | | | |
| 18905 | BERRY MIX FROZEN ORG V | 300g | 10 | 3.93 | N |
| 25768 | TROPICAL MIX FROZEN ORG V | 300g | 10 | 4.12 | N |
| | CLIVE'S | | | | |
| 24679 | LENTIL & KALE TART FROZEN V GF | 190g | 6 | 4.00 | N |
| 22397 | MINTY CHICKPEA PIE GF ORG V | 250g | 6 | 3.39 | N |
| 24908 | MUSHROOM LEEK PIE GF V ORG | 235g | 6 | 3.56 | N |
| 25745 | NUT ROAST FROZEN GF V ORG | 280g | 6 | 6.04 | N |
| 24680 | PEA CARROT CUMIN TART FRZN GF V | 190g | 6 | 4.00 | N |
| 24667 | TOMATO & OLIVE TART FRZN V | 190g | 6 | 3.99 | N |
| 24516 | VEGETABLE CHILLI PIE GF V ORG | 235g | 6 | 3.39 | N |
| | AMY'S KITCHEN | | | | |
| 21556 | BEAN & RICE BURRITO GF V | 170g | 12 | 2.20 | N |
| 27554 | BROCCOLI AND CHEDDAR BAKE GF | 270g | 6 | 4.68 | N |
| 21558 | INDIAN MATTAR PANEER GF | 238g | 6 | 4.03 | N |
| 24870 | INDIAN VEGETABLE KORMA GF | 269g | 6 | 4.03 | N |
| 21555 | MAC CHEESE DAIRY & GLUTEN FREE | 255g | 6 | 3.56 | N |
| 25773 | PAD THAI V GF | 296g | 6 | 4.68 | N |
| 21559 | RICE MACARONI CHEESE GF | 255g | 6 | 3.38 | N |
| | ONE PLANET PIZZA | | | | |
| 25779 | GLUTEN FREE CHEESE PIZZA V | 404g | 10 | 6.75 | N |
| | FRUIT & CARBONATED DRINKS | | | | |
| | KARMA COLA | | | | |
| 23233 | GINGERELLA GINGER GLASS FT ORG | 330ml | 24 | 1.77 | Y |
| 23234 | KARMA COLA GLASS FT ORG | 330ml | 24 | 1.88 | Y |
| 23235 | LEMMY LEMONADE GLASS FT ORG | 330ml | 24 | 1.77 | Y |

| CODE | DESCRIPTION | UNIT | CASE | RRP | VAT |
|-------|-----------------------------------|--------|------|-------|-----|
| | BUMBLEZEST | | | | |
| 25757 | TONIC WATER WITH CBD | 200ml | 12 | 1.95 | Y |
| | FRUIT JUICES | | | | |
| | BUMBLEZEST | | | | |
| 25685 | ACV MILK THISTLE SHOT V GF | 60ml | 10 | 2.89 | Y |
| 25683 | CHAMOMILE LAVEND SHOT V GF | 60ml | 10 | 2.89 | Y |
| 25756 | GINGER TURM CBD SHOT V GF | 60ml | 10 | 2.89 | Y |
| 25684 | MATCHA MORINGA GI SHOT V GF | 60ml | 10 | 2.89 | Y |
| 25682 | ROSEMARY THYME SHOT V GF | 60ml | 10 | 2.89 | Y |
| | GRAIN & GRAIN PRODUCTS | | | | |
| | BIONA | | | | |
| 7071 | POLENTA GLUTEN FREE ORG | 500g | 12 | 2.19 | N |
| | LA TERRA E IL CIELO | | | | |
| 22146 | PEARLED SPELT GRAIN ORG | 500g | 12 | 2.00 | N |
| | HERBS & SPICES | | | | |
| | SPICE POTS | | | | |
| 24700 | BHUNA SPICE POT V GF | 35g | 6 | 3.95 | N |
| 24702 | EXPRESS SELECTION BOX V GF | 3x35g | 2 | 12.95 | N |
| 14701 | GOAN SPICE POT V GF | 35g | 6 | 3.95 | N |
| 24699 | KORMA SPICE POT V GF | 35g | 6 | 3.95 | N |
| 14702 | TANDOORI MASALA SPICE POT V GF | 35g | 6 | 3.95 | N |
| 24701 | VEGAN SELECTION BOX GF | 3x35g | 2 | 12.95 | N |
| | LA PASTORA | | | | |
| 25271 | HOT PAPRIKA PEARLS VG ORG | 50g | 12 | 4.75 | N |
| 25270 | HOT PAPRIKA TIN VG ORG | 75g | 36 | 3.09 | N |
| 25273 | SMOKED PAPRIKA PEARLS VG ORG | 50g | 12 | 4.75 | N |
| 25272 | SMOKED PAPRIKA TIN VG ORG | 75g | 36 | 3.09 | N |
| 25274 | SWEET PAPRIKA TIN VG ORG | 75g | 36 | 3.09 | N |
| | HONEYS | | | | |
| | RAW HEALTH | | | | |
| 24152 | RAW ACACIA HONEY SQUEEZY ORG | 350g | 6 | 5.29 | N |
| 22239 | RAW MAYA HONEY SQUEEZY ORG | 350g | 6 | 5.29 | N |
| 22240 | RAW PURE BLOSSOM SQUEEZY ORG | 340g | 6 | 5.69 | N |
| 24153 | RAW TROP FOREST HONEY SQUEEZ ORG | 350g | 6 | 6.29 | N |
| | JAPANESE FOODS | | | | |
| | CLEARSPRING | | | | |
| 2263 | KUZU MOUNTAIN STARCH ORG V | 125g | 6 | 6.49 | N |
| 2222 | MISO SWEET WHITE RICE ORG V | 250g | 6 | 4.69 | N |
| 7007 | SUSHI GINGER V | 50gnet | 10 | 3.69 | N |
| 7013 | TAMARI DOUBLE STRENGTH ORG | 500ml | 6 | 9.79 | N |
| 23799 | UMEBOSHI PLUMS ORG V | 200g | 6 | 9.99 | N |

| CODE | DESCRIPTION | UNIT | CASE | RRP | VAT |
|----------------|-------------------------------|-------|------|-------|-----|
| 22894 | WASABI POWDER ORG V | 25g | 6 | 3.79 | N |
| | SANCHI | | | | |
| 12905 | TAMARI ORG SANCHI V | 150ml | 6 | 4.52 | N |
| 732 | TAMARI SAUCE 5LT V | 5lt | 1 | 50.39 | N |
| 15107 | TAMARI V | 300ml | 6 | 4.58 | N |
| | ESSENTIAL | | | | |
| 12897 | TAMARI ORGANIC V | 250ml | 6 | 4.69 | N |
| | MERIDIAN | | | | |
| 7740 | TAMARI SOYA SAUCE V | 150ml | 12 | 3.00 | N |
| 8857 | TAMARI SOYA SAUCE V | 500ml | 6 | 5.99 | N |
| | MARIGOLD | | | | |
| 25546 | TEMPEH FERMENTED IN CANS GF V | 170g | 6 | 2.99 | N |
| LENTILS | | | | | |
| | HI-HO PRE-PACK | | | | |
| 6140 | BROWN LENTILS | 500g | 6 | 1.90 | N |
| 6173 | GREEN LENTILS | 500g | 6 | 2.20 | N |
| 6242 | PUY STYLE LENTILS | 500g | 6 | 2.25 | N |
| 6246 | RED LENTILS | 500g | 6 | 1.81 | N |
| | HI-HO 1KG PACKS | | | | |
| 4919 | BROWN LENTILS | 1kg | 6 | 3.19 | N |
| 4920 | GREEN LENTILS | 1kg | 6 | 3.70 | N |
| 4921 | PUY STYLE LENTILS | 1kg | 6 | 3.92 | N |
| 4922 | RED LENTILS | 1kg | 6 | 3.02 | N |
| | OSPRIO | | | | |
| 20 | GREEN LENTILS | 3kg | 4 | 7.99 | N |
| 1656 | PUY STYLE LENTILS | 3kg | 4 | 8.50 | N |
| 23 | RED LENTILS | 3kg | 4 | 5.99 | N |
| | ESSENTIAL | | | | |
| 10966 | BROWN LENTILS ORG | 500g | 6 | 1.80 | N |
| 6312 | GREEN LENTILS ORG | 500g | 6 | 1.95 | N |
| 6334 | RED LENTILS ORG 500g | 500g | 6 | 2.55 | N |
| | HI-HO 3KG PACKS | | | | |
| 18 | BROWN LENTILS | 3kg | 1 | 7.20 | N |
| | HI-HO ORGANIC 1KG | | | | |
| 4892 | RED LENTILS ORG | 1kg | 6 | 3.60 | N |
| | HI-HO ORGANIC 3KG | | | | |
| 7635 | BROWN LENTILS ORG | 3kg | 4 | 8.18 | N |
| 22 | GREEN LENTILS ORG 3KG | 3kg | 4 | 6.46 | N |
| 10000 | PUY STYLE LENTILS ORG 3KG | 3kg | 4 | 16.55 | N |
| 639 | RED LENTILS ORG 3KG | 3kg | 4 | 8.46 | N |

| CODE | DESCRIPTION | UNIT | CASE | RRP | VAT |
|-------------------------------------|---------------------------------|------|------|------|-----|
| MUESLIS & B'FAST CEREALS | | | | | |
| DOVES FARM | | | | | |
| 24936 | CEREAL FLAKES GF ORG | 375g | 5 | 3.49 | N |
| 24992 | CHOCO STARS ORG GF ORG | 300g | 5 | 2.75 | N |
| 20988 | COCOA RICE CEREAL GF ORG | 375g | 5 | 3.53 | N |
| 24977 | CORNFLAKES GF ORG | 325g | 5 | 2.75 | N |
| 24937 | FIBRE FLAKES GF ORG | 375g | 5 | 3.29 | N |
| KALLO | | | | | |
| 600 | PUFFED RICE CEREAL V GF ORG | 225g | 8 | 2.99 | N |
| NATURES PATH | | | | | |
| 22033 | GRANOLA STRAWB RASP BLUE GF ORG | 312g | 8 | 4.76 | N |
| 21124 | MAPLE SUNRISE GF V | 300g | 4 | 4.05 | N |
| 9803 | MESA SUNRISE GF ORG V | 300g | 4 | 4.21 | N |
| 21126 | O's CEREAL GF V | 325g | 4 | 4.35 | N |
| WHOLE EARTH | | | | | |
| 8611 | CORNFLAKES V GF ORG | 375g | 12 | 2.49 | N |
| 15362 | MAPLE FROSTED FLAKES GF ORG | 375g | 10 | 3.33 | N |
| ESSENTIAL | | | | | |
| 10784 | MILLET FLAKE GF ORG V | 500g | 6 | 4.29 | N |
| ALARA | | | | | |
| 18908 | ACTIVE MUESLI GF ORG V | 250g | 6 | 4.48 | N |
| TILQUHILLIE | | | | | |
| 20873 | 100% OAT MUESLI CRANBERRY GF | 425g | 5 | 4.82 | N |
| NAIRNS | | | | | |
| 20925 | GLUTEN FREE OAT MUESLI V | 450g | 5 | 3.14 | N |
| OATCAKES | | | | | |
| NAIRNS | | | | | |
| 24144 | CHEESE OATCAKES GLUTEN FREE | 180g | 8 | 2.26 | N |
| 24142 | OATCAKES GLUTEN FREE | 213g | 8 | 2.26 | N |
| 24470 | SEEDED OATCAKES GLUTEN FREE | 180g | 8 | 2.26 | N |
| ANGELIC GLUTEN FREE | | | | | |
| 22820 | COCKTAIL OATCAKES GF V | 150g | 8 | 2.60 | N |
| OATS & OAT PRODUCTS | | | | | |
| MORNFLAKE | | | | | |
| 25068 | COARSE OATMEAL | 750g | 6 | 1.99 | N |
| 23625 | GLUTEN FREE JUMBO OATS V | 500g | 6 | 2.72 | N |
| 23626 | GLUTEN FREE PORRIDGE OATS V | 500g | 6 | 2.72 | N |
| 25066 | MEDIUM OATMEAL | 750g | 6 | 1.99 | N |
| TILQUHILLIE | | | | | |
| 20894 | 100% OAT FLAKES GF V | 425g | 5 | 4.26 | N |

| CODE | DESCRIPTION | UNIT | CASE | RRP | VAT |
|-------|--------------------------------------|-------|------|-------|-----|
| | NAIRNS | | | | |
| 20924 | SCOTTISH PORRIDGE OATS GF V | 450g | 5 | 2.72 | N |
| | ALARA | | | | |
| 23058 | PORRIDGE SCOTTISH OATS GF ORG | 500g | 6 | 4.48 | N |
| | OILS UNREFINED | | | | |
| | CLEARSPRING | | | | |
| 21833 | WALNUT OIL ORG | 250ml | 8 | 11.49 | N |
| | PASTA & NOODLES | | | | |
| | ORGRAN | | | | |
| 7399 | BUCKWHEAT SPIRALS GF V | 250g | 7 | 2.19 | N |
| 7403 | CORN AND VEGETABLE SHELLS GF | 250g | 7 | 1.99 | N |
| 7405 | VEGETABLE RICE SPIRALS GF V | 250g | 7 | 2.09 | N |
| | KING SOBA | | | | |
| 15780 | 100% BROWN RICE NOODLES GF ORG | 250g | 12 | 2.36 | N |
| 18309 | BLACK RICE NOODLES ORG GF | 250g | 12 | 2.46 | N |
| 24155 | BRWN RICE WAKAME NOODLES GF ORG | 250g | 12 | 2.36 | N |
| 15782 | BUCKWHEAT NOODLES GF ORG V | 250g | 12 | 2.46 | N |
| 18311 | SWEET POT BCKWHT NOOD ORG GF | 250g | 12 | 2.46 | N |
| 15786 | THAI RICE NOODLES ORG V | 250g | 12 | 2.36 | N |
| | CLEARSPRING | | | | |
| 24007 | GREEN PEA & QUINOA FUSILLI GF ORG | 250g | 8 | 2.89 | N |
| | RIZOPIA GLUTEN FREE | | | | |
| 17732 | BROWN RICE ELBOWS GF ORG V | 500g | 12 | 3.95 | N |
| 17734 | BROWN RICE FUSILLI GF ORG | 500g | 12 | 3.95 | N |
| 22162 | BROWN RICE LASAGNE GF ORG V | 375g | 12 | 3.95 | N |
| | DOVES FARM | | | | |
| 20208 | BROWN RICE FUSILLI GF ORG V | 500g | 8 | 2.99 | N |
| 20209 | BROWN RICE PENNE GF ORG V | 500g | 8 | 2.99 | N |
| 20210 | BROWN RICE SPAGHETTI GF ORG V | 500g | 12 | 2.99 | N |
| 23841 | BUCKWHEAT PENNE PASTA GF ORG V | 500g | 8 | 3.99 | N |
| 20211 | MAIZE & RICE FUSILLI GF ORG V | 500g | 8 | 2.49 | N |
| 20212 | MAIZE & RICE PENNE GF ORG V | 500g | 8 | 2.49 | N |
| 20214 | MAIZE & RICE SPAGHETTI GF ORG | 500g | 12 | 2.49 | N |
| 23994 | MULTIGRAIN PENNE PASTA GF ORG | 500g | 8 | 2.99 | N |
| | PROFUSION | | | | |
| 25423 | YELLOW LENTIL LASAGNE V GF ORG | 250g | 12 | 3.99 | N |
| | PASTA SAUCES & TOM PRODUC | | | | |
| | MERIDIAN | | | | |
| 15654 | GREEN PESTO FREE FROM V | 170g | 6 | 2.99 | N |
| 12376 | PASTA SAUCE TOM & PEPP GF ORG | 440g | 6 | 2.99 | N |
| 1999 | PASTA SAUCE TOMATO & HERB GF ORG | 440g | 6 | 2.99 | N |

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|----------------------------------|-----------------------------------|------|------|------|-----|
| 17877 | TOMATO & BASIL PASTA SAUCE GF ORG | 350g | 6 | 2.69 | N |
| | ZEST | | | | |
| 5538 | PASTA SAUCE BASIL & OREGANO | 355g | 6 | 2.38 | N |
| 1668 | PASTA SAUCE MUSH SMOKE GARLIC | 340g | 6 | 2.38 | N |
| 715 | PESTO VEGAN 165g | 165g | 6 | 2.61 | N |
| 714 | PESTO VEGAN 340g | 340g | 6 | 4.41 | N |
| | SEGGIANO | | | | |
| 25041 | BLACK KALE PESTO V GF | 200g | 6 | 6.87 | N |
| 24703 | RAW BASIL PESTO V GF | 200g | 12 | 6.83 | N |
| 25042 | WILD FENNEL TOM PESTO V GF | 200g | 6 | 5.66 | N |
| PASTES & PUREES | | | | | |
| | PATAKS | | | | |
| 14996 | BALTI CURRY PASTE GF | 283g | 6 | 2.59 | N |
| 1773 | BHUNA PASTE GF | 283g | 6 | 2.59 | N |
| 2302 | BIRYANI PASTE GF | 283g | 6 | 2.59 | N |
| 14999 | JALFREZI CURRY PASTE GF | 283g | 6 | 2.59 | N |
| 6362 | KASHMIRI MASALA PASTE GF | 283g | 6 | 2.59 | N |
| 2723 | KORMA CURRY PASTE GF | 283g | 6 | 2.59 | N |
| 2283 | MADRAS CURRY PASTE GF V | 283g | 6 | 2.59 | N |
| 2721 | ROGAN JOSH PASTE V GF | 283g | 6 | 2.59 | N |
| 8385 | TIKKA MASALA PASTE GF | 293g | 6 | 2.59 | N |
| 2287 | VINDALOO CURRY PASTE GF | 283g | 6 | 2.59 | N |
| | GEO ORGANICS | | | | |
| 14003 | BALTI CURRY PASTE ORG V | 180g | 6 | 2.67 | N |
| 22283 | BHUNA PASTE ORG V | 180g | 6 | 2.72 | N |
| 13799 | KORMA PASTE ORG V | 180g | 6 | 2.48 | N |
| 13801 | MADRAS CURRY PASTE ORG V | 180g | 6 | 2.72 | N |
| 13862 | THAI GREEN CURRY PASTE ORG V | 180g | 6 | 2.67 | N |
| 13863 | THAI RED CURRY PASTE ORG V | 180g | 6 | 2.67 | N |
| 13864 | THAI YELLOW CURRY PASTE ORG V | 180g | 6 | 2.67 | N |
| 13802 | TIKKA MASALA PASTE ORG V | 180g | 6 | 2.52 | N |
| | HARRY BRAND | | | | |
| 23538 | HARISSA CHILLI SAUCE JAR GF | 210g | 6 | 3.50 | N |
| PICKLES CHUTNEYS RELISHES | | | | | |
| | PATAKS | | | | |
| 2718 | AUBERGINE PICKLE | 312g | 6 | 2.39 | N |
| 2280 | CHILLI PICKLE GF | 283g | 6 | 2.39 | N |
| 2279 | GARLIC PICKLE GF | 300g | 6 | 2.39 | N |
| 2281 | HOT LIME PICKLE HOT GF | 283g | 6 | 2.39 | N |
| 25570 | HOT MANGO CHUTNEY G V | 340g | 6 | 1.89 | N |
| 2278 | LIME PICKLE MEDIUM GF | 283g | 6 | 2.39 | N |

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|-------|------------------------------------|------|------|------|-----|
| 2717 | MANGO PICKLE MEDIUM | 283g | 6 | 2.39 | N |
| 2720 | MIXED PICKLE GF | 283g | 6 | 2.39 | N |
| 16840 | SWEET MANGO CHUTNEY GF | 340g | 6 | 1.89 | N |
| | HUNTLY HERBS | | | | |
| 19627 | BEETROOT & APPLE CHUTNEY GF ORG | 286g | 6 | 3.99 | N |
| 19629 | CORIANDER CHUTNEY GF ORG | 300g | 6 | 3.99 | N |
| 20768 | GREEN TOMATO CHUTNEY GF ORG | 300g | 6 | 3.99 | N |
| 20510 | HOT PUMPKIN CHUTNEY GF ORG | 300g | 6 | 3.99 | N |
| 19624 | STRATHBOGIE SIZZLE CHUT GF ORG | 300g | 6 | 3.99 | N |
| | RICE | | | | |
| | BIONA | | | | |
| 23941 | RISOTTO RICE MIX ORG | 500g | 6 | 4.15 | N |
| | RICE CAKES | | | | |
| | KALLO | | | | |
| 25528 | LENTIL CAKES V G | 100g | 6 | 1.99 | N |
| 23229 | RICE CAKE MINI MILK CHOC ORG | 40g | 12 | 0.99 | Y |
| 94 | RICE CAKE SESAME SALT NO.7 ORG | 130g | 6 | 1.48 | N |
| 10246 | RICE CAKES DARK CHOC ORG | 90g | 16 | 2.39 | Y |
| 15450 | RICE CAKES MILK CHOC ORG | 90g | 16 | 2.38 | Y |
| 93 | RICE CAKES NO SALT NO.2 ORG | 130g | 12 | 1.69 | N |
| 92 | RICE CAKES SALT NO.1 ORG | 130g | 12 | 1.69 | N |
| 8151 | RICE CAKES SAVOURY GF | 110g | 12 | 2.05 | N |
| 2776 | RICE CAKES THIN NO SALT ORG | 130g | 12 | 1.59 | N |
| | CLEARSPRING | | | | |
| 24693 | RICE CAKES 7 SUPER SEED ORG V | 120g | 6 | 1.49 | N |
| 24694 | RICE CAKES BWHEAT&AMARANTH ORG V | 120g | 6 | 1.49 | N |
| 24695 | RICE CAKES QUINOA & CHIA ORG V | 120g | 6 | 1.49 | N |
| | SAUCES HEAT & SERVE | | | | |
| | MERIDIAN | | | | |
| 15653 | KORMA SAUCE FREE FROM V | 350g | 6 | 2.59 | N |
| 24737 | PEANUT SATAY COOKING SAUCE V GF | 350g | 6 | 2.59 | N |
| 24738 | THAI PEANUT COOKING SAUCE GF V | 350g | 6 | 2.59 | N |
| 15652 | TIKKA MASALA SAUCE FREE FROM | 350g | 6 | 2.59 | N |
| 24739 | XIM XIM COOKING SAUCE V GF | 350g | 6 | 2.59 | N |
| | SEaweeds & S/W PRODUCTS | | | | |
| | CLEARSPRING | | | | |
| 24188 | SEAVEG CRISPIES CHILLI GF ORG | 5g | 16 | 1.15 | N |
| 24189 | SEAVEG CRISPIES ORIGINAL GF ORG | 5g | 16 | 0.99 | N |
| | SEAVEG | | | | |
| 21820 | IRISH CARRAGEEN | 50g | 4 | 4.93 | N |
| 21821 | IRISH DULSE | 50g | 4 | 4.94 | N |

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|-------------------------|--------------------------------|------|------|------|-----|
| 21824 | IRISH SEA SPAGHETTI | 50g | 4 | 4.94 | N |
| 21825 | IRISH WAKAM4 | 50g | 4 | 4.94 | N |
| 21822 | KOMBU | 50g | 4 | 4.94 | N |
| 21823 | MIXED SEAVEG | 50g | 4 | 4.94 | N |
| SNACKS - SAVOURY | | | | | |
| | AMAIZIN' | | | | |
| 12777 | TORTILLA CHIPS NATURAL GF ORG | 75g | 16 | 1.25 | N |
| 12778 | TORTILLA CHIPS PAPRIKA GF ORG | 75g | 16 | 1.25 | N |
| | CLEARSPRING | | | | |
| 24697 | BROWN RICE CHIPS BWHEAT&CHIA V | 60g | 8 | 1.49 | Y |
| 24696 | BROWN RICE CHIPS ORG V | 60g | 8 | 1.49 | Y |
| 24698 | BROWN RICE CHIPS RED LENTIL | 60g | 8 | 1.49 | Y |
| | TYRRELLS | | | | |
| 19026 | LIGHTLY SEA SALTED CHIPS | 150g | 12 | 2.62 | Y |
| | EAT REAL | | | | |
| 24285 | HUMMUS CHIPS CHILLI & LEM GF | 135g | 10 | 1.89 | N |
| 22519 | HUMMUS CHIPS CHILLI & LEM GF | 45g | 12 | 0.83 | N |
| 24287 | HUMMUS CHIPS CREAMY DILL GF | 135g | 10 | 1.89 | N |
| 22518 | HUMMUS CHIPS CREAMY DILL GF | 45g | 12 | 0.83 | N |
| 24284 | HUMMUS CHIPS SEA SALT GF | 135g | 10 | 1.89 | N |
| 24286 | HUMMUS CHIPS TOM & BASIL GF | 135g | 10 | 1.89 | N |
| 22521 | HUMMUS CHIPS TOMATO & BASIL GF | 45g | 12 | 0.83 | N |
| 24280 | LENTIL CHIPS CHILLI & LEM GF | 113g | 10 | 1.89 | N |
| 24282 | LENTIL CHIPS CREAMY DILL GF | 113g | 10 | 1.89 | N |
| 25501 | LENTIL CHIPS MANGO MINT | 113g | 10 | 1.89 | N |
| 22524 | LENTIL CHIPS SALT GF | 40g | 12 | 0.83 | N |
| 24279 | LENTIL CHIPS SEA SALT GF | 113g | 10 | 1.89 | N |
| 24281 | LENTIL CHIPS TOM & BASIL GF | 113g | 10 | 1.89 | N |
| 22525 | LENTIL CHIPS TOMATO & BASIL GF | 40g | 12 | 0.83 | N |
| 24283 | VEGGIE & KALE STRAWS GF | 113g | 10 | 1.89 | Y |
| SNACKS - SWEET | | | | | |
| | AGROS | | | | |
| 845 | SESAME SNAPS | 30g | 24 | 0.34 | Y |
| | YUMEarth | | | | |
| 24057 | FRUIT FLAVOUR LOLIPOPS GF ORG | 85g | 6 | 3.49 | Y |
| | NAKD | | | | |
| 25807 | BERRY DELIGHT BAR V GF | 35g | 18 | 0.88 | Y |
| 25808 | BLUEBERRY MUFFIN BAR V GF | 35g | 18 | 0.88 | Y |
| 25809 | CARROT CAKE BAR V GF | 35g | 18 | 0.88 | Y |
| 24820 | GINGER BREAD BAR GF V | 35g | 18 | 0.88 | Y |
| 24821 | LEMON DRIZZLE BAR GF V | 35g | 18 | 0.88 | Y |

| CODE | DESCRIPTION | UNIT | CASE | RRP | VAT |
|-------|--------------------------------|------|------|------|-----|
| 22055 | PECAN PIE BAR GF V | 35g | 18 | 0.88 | Y |
| 25810 | SALTED CARAMEL BAR V GF | 35g | 18 | 0.88 | Y |
| | BIONA | | | | |
| 24350 | COOL COLA BOTTLES GF ORG | 75g | 10 | 1.89 | Y |
| 24351 | JELLY DINOS GF ORG | 75g | 10 | 1.89 | Y |
| 24352 | POMEGRANATE HEARTS GF ORG | 75g | 10 | 1.89 | Y |
| 24353 | SOUR SNAKES GF ORG | 75g | 12 | 2.08 | Y |
| 24354 | TUTTI FRUTTI GUMS GF ORG | 75g | 10 | 1.89 | Y |
| | SQUIRREL SISTERS | | | | |
| 24687 | CACAO BROWNIE GF | 40g | 16 | 1.99 | Y |
| 24688 | CACAO ORANGE BROWNIE GF | 40g | 16 | 1.99 | Y |
| 24689 | COCONUT CASHEW BROWNIE | 40g | 16 | 1.99 | Y |
| 24690 | RASPBERRY RIPPLE BROWNIE | 40g | 16 | 1.99 | Y |
| | FREEDOM MALLOWS | | | | |
| 23859 | MARSHMALLOWS STRAWBERRY V GF | 75g | 10 | 1.88 | Y |
| 22172 | MARSHMALLOWS VANILLA VEGAN GF | 75g | 10 | 2.35 | Y |
| 25743 | STRAWBERRY CHOC BITES V GF | 100g | 10 | 3.25 | Y |
| 25744 | VANILLA CHOC BITES V GF | 100g | 10 | 3.25 | Y |
| | TREK | | | | |
| 22679 | COCOA COCONUT FLAPJACK | 50g | 16 | 1.01 | N |
| 22680 | COCOA OAT FLAPJACK | 50g | 16 | 1.01 | N |
| 23484 | TREK COCOA CHAOS GF | 55g | 16 | 1.23 | Y |
| | BONSAN | | | | |
| 25233 | FRUITY STARS G V ORG | 50g | 12 | 1.78 | Y |
| 25234 | TROPICAL KISSES V G ORG | 50g | 12 | 1.99 | Y |
| | SUNITA | | | | |
| 6974 | SESAME BAR WITH HONEY ORG | 30g | 24 | 0.89 | Y |
| | BEAR | | | | |
| 25721 | YOYO FRUIT ROLL B'CURRANT V GF | 20g | 18 | 0.68 | N |
| 25722 | YOYO FRUIT ROLL RASPBERRY V GF | 20g | 18 | 0.68 | N |
| 25720 | YOYO FRUIT ROLLS STRAWB V GF | 20g | 18 | 0.68 | N |
| | RUDE HEALTH | | | | |
| 25806 | BEETROOT SNACK BAR V GF | 35g | 18 | 1.18 | Y |
| 24746 | OAT & ALMOND SQUARES GF | 45g | 10 | 1.59 | N |
| 24747 | OAT & CAROB SQUARES GF | 45g | 18 | 1.59 | N |
| 24877 | OAT & RASP SQUARE GF | 45g | 10 | 1.59 | N |
| | NINE | | | | |
| 24546 | NINE CAROB BERRY & CHIA GF V | 40g | 20 | 0.88 | Y |
| 24512 | NINE CAROB HEMP BAR GF V | 40g | 20 | 0.88 | Y |
| 24520 | NINE PUMPKIN SUN SEED BAR GF V | 40g | 20 | 0.88 | Y |

| CODE | DESCRIPTION | UNIT | CASE | RRP | VAT |
|-------|--------------------------------------|-------|------|------|-----|
| | WHOLEBAKE | | | | |
| 22537 | APPLE & RASPBERRY FLAPJACK GF | 80g | 20 | 0.70 | N |
| 22539 | APRICOT & ALMOND FLAPJACK GF | 80g | 20 | 0.70 | N |
| 22361 | CARAMEL FUDGE FLAPJACK GF | 80g | 20 | 0.75 | N |
| 22353 | CASHEW & COCONUT FLAPJACK GF | 80g | 20 | 0.70 | N |
| 22360 | CHOCOLATE FLAPJACK GF | 80g | 20 | 0.75 | N |
| 22354 | CRANBERRY FLAPJACK GF | 80g | 20 | 0.70 | N |
| 22362 | DARK CHOC & GINGER FLAPJACK GF | 80g | 20 | 0.75 | N |
| 22355 | PECAN FLAPJACK GF | 80g | 20 | 0.70 | N |
| 22356 | PISTACHIO FLAPJACK GF | 80g | 20 | 0.70 | N |
| 22352 | SUMMER BERRY FLAPJACK GF | 80g | 20 | 0.70 | N |
| | BOUNCE | | | | |
| 20308 | ALMOND PROTEIN BALL GF | 45g | 12 | 1.85 | N |
| 24492 | ALMOND SPIRULINA SNACK GF V | 40g | 12 | 1.79 | N |
| 23026 | CACAO MINT PROTEIN BOMB GF | 42g | 12 | 1.85 | N |
| 21944 | COCONUT MACAD PROTEIN BLISS GF | 40g | 12 | 1.85 | N |
| | PEPPERSMITH | | | | |
| 21788 | EXTRA STRONG EUC & PEPPERMINT | 15g | 12 | 1.59 | Y |
| 21195 | LEMON & PEPPERMINT FRESH MINTS | 15g | 12 | 1.59 | Y |
| 21192 | PEPPERMINT CHEWING GUM | 15g | 12 | 1.39 | Y |
| 21194 | PEPPERMINT FRESH MINTS | 15g | 12 | 1.59 | Y |
| 21193 | SPEARMINT CHEWING GUM | 15g | 12 | 1.39 | Y |
| | VEGEBEAR'S | | | | |
| 14032 | VEGEBEAR'S FROOTY FRUITS ORG | 100g | 8 | 1.89 | Y |
| | DOVES FARM | | | | |
| 23195 | APPLE & SULT FJACK FREE FROM GF | 35g | 18 | 0.69 | N |
| 23191 | APRICOT & CHIA FJACK FREE FROM GF | 4x35g | 7 | 2.49 | N |
| 23197 | APRICOT CHIA FJACK FREE FROM GF | 35g | 18 | 0.69 | N |
| 23190 | BANANA & HEMP FJACK FREE FROM GF | 4x35g | 7 | 2.49 | N |
| 23196 | BANANA & HEMP FJACK FREE FROM GF | 35g | 18 | 0.69 | N |
| 23200 | CHOC CHIP FJACK FREE FROM GF | 35g | 18 | 0.69 | N |
| 23194 | CHOC CHIP FJACK FREE FROM GF | 4x35g | 7 | 2.49 | N |
| | EAT NATURAL | | | | |
| 14809 | FRUIT & NUT ASSORTED 1 BARS | 45g | 28 | 0.98 | Y |
| | RICOLA | | | | |
| 25737 | HONEY LEMON & ECHINACEA BAG | 75g | 12 | 1.79 | Y |
| 25735 | ORIGINAL SWISS HERB DROP V GF | 75g | 12 | 1.79 | Y |
| 25736 | SOOTHE & CLEAR HONEY HERB BAG | 75g | 12 | 1.79 | Y |
| | SOYA DRINK & MILK PRODUCT | | | | |
| | PROVAMEL | | | | |
| 21614 | ALMOND DRINK UNSWEETENED ORG | 1lt | 12 | 2.80 | N |

| CODE | DESCRIPTION | UNIT | CASE | RRP | VAT |
|---------------------------|-------------------------------|--------|------|------|-----|
| 19049 | CHOCOLATE DRINK GF ORG | 1lt | 8 | 2.31 | N |
| 22559 | COCONUT & RICE DRINK GF ORG | 1lt | 12 | 2.47 | N |
| | ECOMIL | | | | |
| 14164 | ALMOND DRINK AGAVE SYR GF ORG | 1lt | 6 | 3.93 | N |
| 23462 | HEMP MILK SUGAR FREE ORG GF | 1lt | 6 | 3.93 | N |
| 20948 | NAT ALMOND DRINK NAS GF ORG | 1lt | 6 | 3.93 | N |
| | KARA | | | | |
| 21963 | COCONUT DRINK&CALCIUM VEGAN | 3x250 | 8 | 1.99 | N |
| | BLUE DIAMOND | | | | |
| 21968 | ALMOND MILK ORIGINAL | 1lt | 8 | 1.79 | N |
| 21969 | ALMOND MILK UNSWEETENED | 1lt | 8 | 1.79 | N |
| | KOKO | | | | |
| 22780 | COCONUT DRINK & CALCIUM | 1lt | 12 | 1.79 | N |
| | RUDE HEALTH | | | | |
| 23485 | ALMOND DRINK ORG | 1lt | 6 | 2.49 | N |
| 23986 | BROWN RICE DRINK ORG | 1lt | 6 | 2.30 | N |
| 24742 | COCONUT DRINK V GF ORG | 1lt | 6 | 2.99 | N |
| 25055 | OAT MILK DRINK V GF ORG | 1lt | 6 | 2.30 | N |
| 25563 | TIGER NUT MILK G V ORG | 1lt | 6 | 3.36 | N |
| | PLENISH | | | | |
| 25460 | OAT MILK GF V ORGANIC | 1lt | 10 | 2.99 | N |
| | SPROUD | | | | |
| 25465 | SPROUD PEA MILK BARISTA GF V | 1lt | 6 | 2.36 | N |
| | FOOD HEAVEN | | | | |
| 25672 | HEAVENLY VEGAN CREAM SPRAY | 200ml | 12 | 2.37 | N |
| SPREADS - SAVOURY | | | | | |
| | GRANOVITA | | | | |
| 13633 | READY SPREADY HERB PATE ORG | 200g | 12 | 2.89 | N |
| 5777 | TOFU PATE SPICY MEX GF ORG | 200g | 12 | 3.45 | N |
| | TARTEX | | | | |
| 18914 | CLASSIC PATE TUBES ORG | 200g | 12 | 2.79 | N |
| 18918 | GREEN OLIVE PATE TUBES ORG | 200g | 12 | 2.79 | N |
| 18915 | HERB & GARLIC PATE TUBES ORG | 200g | 12 | 2.79 | N |
| 18916 | HERB PATE TUBES ORG | 200g | 12 | 2.79 | N |
| 18917 | MUSHROOM PATE TUBES ORG | 200g | 12 | 2.79 | N |
| STOCKS & SOUPS | | | | | |
| | KALLO | | | | |
| 12537 | LOW SALT VEG STOCK CUBES ORG | 6cubes | 15 | 1.59 | N |
| 9087 | STOCK CUBES FRENCH ONION ORG | 6cubes | 15 | 1.59 | N |
| 9089 | STOCK CUBES GARLIC & HERB ORG | 6cubes | 15 | 1.59 | N |
| 9091 | STOCK CUBES MUSHROOM ORG | 6cubes | 15 | 1.59 | N |

| CODE | DESCRIPTION | UNIT | CASE | RRP | VAT |
|-------|----------------------------------|--------|------|-------|-----|
| 9088 | STOCK CUBES TOM & HERB ORG | 6cubes | 15 | 1.59 | N |
| 6050 | STOCK CUBES VEG YEAST FREE | 6cubes | 15 | 1.59 | N |
| 5350 | STOCK CUBES VEGETABLE ORG | 6cubes | 15 | 1.59 | N |
| | MARIGOLD | | | | |
| 12033 | BOUILLON VEGAN (RED) ORG | 900g | 1 | 11.90 | N |
| 2383 | BOUILLON 500G (GREEN) | 500g | 6 | 6.35 | N |
| 5537 | BOUILLON LO SALT VEGAN (PURPLE) | 1kg | 1 | 11.67 | N |
| 21066 | BOUILLON REDUCE SALT GF V ORG | 140g | 6 | 2.35 | N |
| 16452 | BOUILLON REDUCE SALT VEGAN PURPL | 500g | 6 | 6.36 | N |
| 880 | BOUILLON STOCK (GREEN) BIG TUB | 1kg | 1 | 11.67 | N |
| 899 | BOUILLON STOCK POWDER (GREEN) | 150g | 6 | 2.09 | N |
| 8491 | BOUILLON VEGAN (RED) ORG | 150g | 6 | 2.39 | N |
| 16451 | BOUILLON VEGAN (RED) ORG | 500g | 6 | 7.15 | N |
| 1680 | BOUILLON VEGAN LO SALT (PURPLE) | 150g | 6 | 2.09 | N |
| 20870 | LIQUID AMINOS SEASONING GF | 250ml | 6 | 3.59 | N |
| | MODERN HEALTH | | | | |
| 962 | VECON VEGETABLE EXTRACT | 1kg | 1 | 14.62 | N |
| | SANCHI | | | | |
| 247 | MISO SOUP INSTANT | 6x8g | 6 | 3.68 | N |
| | ESSENTIAL | | | | |
| 17314 | LENTIL & PUMPKIN SOUP GF V ORG | 680g | 6 | 2.85 | N |
| 17315 | LENTIL SOUP GF V ORG | 680g | 6 | 2.85 | N |
| 17317 | PEA SOUP GF V ORG | 680g | 6 | 2.85 | N |
| 17318 | TOMATO SOUP GF ORG V | 680g | 6 | 2.85 | N |
| 17319 | VEGETABLE & TOMATO SOUP V GF ORG | 680g | 6 | 2.85 | N |
| | FREE & EASY | | | | |
| 24373 | BROCCOLI & KALE SOUP GF ORG | 400g | 6 | 1.65 | N |
| 24374 | BUTTERNUT SQUASH & GINGER GF ORG | 400g | 6 | 1.75 | N |
| 24375 | CARROT & COCONUT SOUP GF ORG | 400g | 6 | 1.65 | N |
| 12714 | LENTIL & RED PEPPER SOUP GF ORG | 400g | 6 | 1.75 | N |
| 24377 | PEA & MINT SOUP GF ORG | 400g | 6 | 1.65 | N |
| 24376 | SWEET POTATO & CHIA SOUP GF ORG | 400g | 6 | 1.75 | N |
| 24378 | TOMATO SOUP GF ORG | 400g | 6 | 1.65 | N |
| | AMY'S KITCHEN | | | | |
| 22575 | CHUNKY TOMATO SOUP GF ORG | 400g | 6 | 2.09 | N |
| 25675 | CREAM OF MUSHROOM SOUP ORG GF | 400g | 6 | 2.09 | N |
| 22576 | RUSTIC ITALIAN VEG SOUP GF ORG | 397g | 6 | 2.10 | N |
| 25674 | SPLIT PEA SOUP ORG V GF | 400g | 6 | 2.09 | N |
| | SUGARS & SWEETENERS | | | | |
| | MERIDIAN | | | | |
| 403 | DATE SYRUP | 330g | 6 | 2.99 | N |

| CODE | DESCRIPTION | UNIT | CASE | RRP | VAT |
|-------|-----------------------------------|--------|------|-------|-----|
| | SHADY MAPLE | | | | |
| 23392 | MAPLE SYRUP POUCH GF ORG | 125ml | 8 | 5.09 | N |
| | GEO ORGANICS | | | | |
| 22284 | DARK AGAVE SYRUP GF ORG | 250g | 6 | 3.09 | N |
| 23826 | LIGHT AGAVE SYRUP GF ORG | 250g | 6 | 3.49 | N |
| | TEABAGS HERBAL | | | | |
| | YOGI | | | | |
| 25064 | FOR THE SENSES FRESH GF ORG | 20bags | 6 | 2.99 | N |
| 25065 | FOR THE SENSES HAPPY V GF ORG | 20bags | 6 | 3.29 | N |
| 25062 | FOR THE SENSES NIGHT V GF ORG | 20bags | 6 | 3.29 | N |
| 25063 | PEACEFUL MOMENT V GF ORG | 20bags | 6 | 3.29 | N |
| | TEAS ICED | | | | |
| | YOGI | | | | |
| 25072 | HIBISCUS COLD TEA V GF ORG | 330ml | 10 | 1.89 | N |
| 25073 | MATE LEMON COLD TEA V GF ORG | 330ml | 10 | 1.89 | N |
| 25074 | ORANGE COLD TEA V GF ORG | 330ml | 10 | 1.89 | N |
| 25075 | SPEARMINT COLD TEA V GF ORG | 330ml | 10 | 1.89 | N |
| | VEGETABLE JUICE | | | | |
| | BIONA | | | | |
| 21649 | BEETROOT JUICE PRESSED ORG | 500ml | 12 | 2.19 | Y |
| 21650 | VEGETABLE PRESSED JUICE ORG | 500ml | 12 | 1.99 | Y |
| | CAWSTON PRESS | | | | |
| 24049 | BRILLIANT BEETROOT JUICE | 1lt | 6 | 3.15 | Y |
| | VEG.-DRIED CANS FRESH JAR | | | | |
| | AMAIZIN | | | | |
| 24816 | JALAPENO PEPPERS V GF ORG | 150g | 6 | 2.29 | N |
| | VITAMINS & SUPPLEMENTS | | | | |
| | SALUS HAUS | | | | |
| 16602 | FLORAVITAL YF GF | 500ml | 12 | 19.42 | Y |
| | NATURES AID | | | | |
| 25235 | TURMERIC CAPSULES 200MG G V | 30caps | 1 | 9.96 | Y |
| 25561 | TURMERIC CAPSULES 200MG GV | 60caps | 1 | 17.97 | Y |
| | YEAST | | | | |
| | ALLINSONS | | | | |
| 9810 | YEAST DRIED | 125g | 10 | 2.00 | N |
| 38 | YEAST EASYBAKE SACHETS BOX | 6x7g | 12 | 2.00 | N |
| 1118 | YEAST EASYBAKE SACHETS TWIN | 2x7g | 48 | 0.42 | N |
| | DOVES FARM | | | | |
| 13211 | QUICK YEAST | 125g | 16 | 1.12 | N |
| | MARIGOLD | | | | |
| 24878 | ENGEVITA YEAST FLAKES B12 VITD | 100g | 6 | 3.99 | N |

Highland Wholefoods Workers Cooperative

SINCE 1989 Highland Wholefoods Workers Cooperative has been supplying the Highlands, Islands & NE Scotland with vegetarian, vegan, gluten free, cruelty free, organic, fair trade and eco-friendly products. We believe that ethically minded consumers, when given the choice, can change the world for the better.

We have a delivery service—delivery is free to mainland and Skye addresses for ex-VAT order values over £200; orders below £200 incur a £7.50 (ex-vat) charge towards carriage costs.

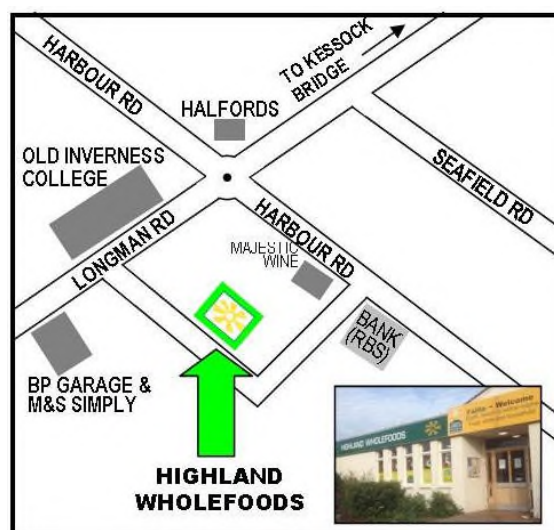
We operate a discount structure, for non-trade customers, as follows:

| Ex VAT invoice total | Total discount applied |
|----------------------|------------------------|
| £10 – £49.99 | 10.0% |
| £50 – £99.99 | 12.5% |
| £100 – £249.99 | 15.0% |
| £250 + | 20.0% |

Pop in for a browse—everyone is welcome!

(We are on the Longman, across the dual carriageway from the old Inverness College)

| | | |
|----------------------|-----------------------|--|
| Sales office: | Opening hours: | Monday—Friday, 9am—5pm |
| Tel: | | 01463 712393 |
| Email: | | sales@highlandwholefoods.co.uk |
| Fax: | | 01463 715586 |
| Showroom: | Opening hours: | Monday—Saturday, 9am—5pm |
| | Tel: | 01463 712405 |
| | Email: | showroom@highlandwholefoods.co.uk |



Highland Wholefoods Workers Co-operative Ltd
13 Harbour Road, Inverness IV1 1SY