



# Charity 5K Fun Run

## 28th August 2016

### ALL ABILITIES WELCOME!

**REGISTRATION FOR ALL 1.00PM**

**WALKERS (START 2.15PM)**

**WHEELCHAIR USERS (START 2.30PM)**

**RUNNERS (START 2.45PM)**

**FOR FURTHER INFORMATION AND ENTRY & SPONSORSHIP FORMS,  
PLEASE ASK AT THE PUFFIN POOL RECEPTION OR CALL 01349 864414**

**RACE MARSHALS & VOLUNTEERS ALSO REQUIRED.**

