## 1485 Triathlon Club Bosworth Water Trust Open Water Swimming Risk Assessment

Risk Assessment – Swimming – Open Water

## Risk Assessment carried out by Steven Robinson

	RISK RATINGS							
≽	5	5	10	15	20	25		
ÉRIT	4	4	8	12	16	20		
. SEV	3	3	6	9	12	15		
POTENTIAL SEVERITY	2	2	4	6	8	10		
)TEN	1	1	2	3	4	5		
A		1	2	3	4	5		

PROBABILITY

Poter	itiai Seve	rity	Proba	Probability			
5	=	Fatality	1	=	Improbable		
4	=	Major	2	=	Remote		
3	=	Minor	3	=	Possible		
2	=	Negligible	4	=	Probable		
		• •	_				

Certainty

## **Overall Risk**

1-6 Lov

8-12 Medium (judgement needed)

None

15-25 High

## POTENTIAL SEVERITY X PROBABILITY = RISK RATING

Event: Open Water Swim Training		Date:	May – Sep	t Start Tin	t Time: Each Sat 7am-9am Thurs 6.30pm-			
		2014 8.30pm						
Maximum number of athletes: 200			Special needs Entrie			eds Entries: None		
Age of Athletes: 8 to 80				- Proficier				
	Lead Name		Stev			tri club named official on the	day	
	Location of First Aid I			Regist	ration. And Wa	ter Trust Shop when Open		
;	Stocked and Maintain				Yes	No		
	Location of First Aide	er				and water park office		
	Location of Telephon	e		Wate		nd Club Members Mobiles		
	Location of Toilets					k main building		
Lo	cation of Changing Ro	oms			Water par	k main building		
	Venue Contact			teve Robi		Tel Number: 07810 467593		
S	SAFETY REQUIREMEN	ITS	ACTION	TO BE IN	<b>IPLEMENTED</b>	BY WHOM		
S	Safety boat function (C	)W)	Safety	boat to be r	made available	B.W.T./1485 TRI CLUB		
Safety Officer		Club Safety Officer will keep careful watch of all session attendees throughout the swim time.			1485 Tri Club			
Emergency Procedures			All swimmers will need to complete the 1485 Tri Club safety code for open water swimming at Bosworth Water Trust and will abide by the conditions (see example). On shore there will be a First Aid station with rescue kit.  The master registration file will be kept in the safety car at Bosworth Water Trust with names in alphabetical order – only those that complete a form will be allowed to enter the water.			1485 Tri Club		
Normal Operating Procedures			Yes No			1485 Tri Club		
Health & Safety Policy			YesNo			1485 Tri Club		
Emergency Action Plan			YesNo			1485 Tri Club		
Transfer to notified hospital			Nuneaton George Elliot Hospital. Or Leicester Royal Hospital.			1485 Tri Club		
Doctor Present (OW)			No			1485 Tri Club		
No	Hazard	Persons at Risk	Potential Severity	Probability	Risk Rating	Control Measures	Revised Risk Rating	

<b>Event: Open Water Swim Training</b>			Date: May – Sept 2014		t Start Tin	Start Time: Each Sat 7am-9am Thurs 6.30pm- 8.30pm		
1	DROWNING	ALL PARTICIP ANTS	5	3	15	PARTICPANTS HAVE DECLARED THAT THEY ARE COMPETANT SWIMMERS. THROUGHOUT THE ACTIVITY. STAFF TO ENSURE THAT ALL PARTICIPANTS INVOLVED ARE ACCOUNTED FOR AND SAFE.  STAFF VIGILANCE THROUGHOUT THE SESSION SUPERVISING STAFF TO BE ON THE BANK IN A POSITION TO SUPERVISE THE ACTIVITY.	6	
2	LOW WATER QUALITY – INCLUDING BACTERIOLOGICAL TESTS	ALL PARTICIP ANTS	3	2	6	IF WATER QUALITY IS DEEMED UNSUITABLE THEN THE SWIM WILL NOT TAKE PLACE.	2	
3	LOW WATER TEMPERATURE	ALL PARTICIP ANTS	5	3	15	IF BELOW 12 DEGREES SWIM WILL NOT TAKE PLACE.	6	
4	SWIMMER IDENTIFICATION, ENTRY AND EXIT AND HEADCOUNT	ALL PARTICIP ANTS	5	2	10	SWIMMERS MUST WEAR A BRIGHTLY COLOURED SWIM HAT. SWIM ENTRY AND EXIT WILL TAKE PLACE AS ADVISED BY THE SUPERVISORS. HEADCOUNT WILL BE TAKEN IN AND OUT OF THE WATER.	4	
5	BEING SWEPT AWAY	ALL PARTICIP ANTS	4	2	8	SUPERVISING STAFF TO EXAMINE THE AREA TO BE USED BOTH ABOVE AND BELOW TO EXAMINE FOR POSSIBLE OBSTRUCTIONS OR HAZARDS. LOCAL KNOWLEDGE TO BE SOUGHT TO CLARIFY PROBLEMS. SUPERVISING STAFF TO HAVE RELEVANT SAFETY EQUIPMENT READILY AT HAND INCLUDING FIRST AID EQUIPMENT.	4	
6	ENTRAPMENT	ALL PARTICIP ANTS	4	2	8	SUPERVISING STAFF TO EXAMINE AREAS TO BE USED CAREFULLY TO CHECK FOR POSSIBLE ENTRAPMENTS. SPECIAL ATTENTION TO BE PAID TO THE LAKE BED TO CHECK FOR POSSIBLE FOOT ENTRAPMENT SITES.	4	
7	HYPOTHERMIA	ALL PARTICIP ANTS	4	2	8	ALL PARTICIPANTS STAFF TO ENSURE THAT CLOTHING IS APPROPRIATE TO THE PREVAILING WEATHER CONDITIONS. SPECIAL ATTENTION TO BE PAID TO APPROPRIATE HEADWEAR. PARTICIPANTS TO BE SHOWN ACCESS TO 'WATERFRON' AND FIRST AID SAFETY KIT. LOCATION OF LOCAL TELEPHONES TO BE KNOWN BY SUPERVISING STAFF OR MOBILE TELEPHONES TO BE CARRIED. PARTICIPANTS TO CARRY APPROPRIATE SPARE CLOTHING.	4	
8	WEIL'S DISEASE	ALL PARTICIP ANTS	5	2	10	ENSURE THAT ALL PARTICIPANTS ARE AWARE OF WATERBORNE DISEASE AND THE GENERAL SIGNS AND SYMPTOMS OF THE DISEASE. ENSURE THAT ALL PARTICIPANTS TAKE SHOWERS FOLLOWING A SWIM IN THE LAKE. PARTICIPANTS TO BE WARNED TO CONTACT DOCTOR IF THEY SUSPECT THEY MAY HAVE BEEN INFECTED.	4	
9	HITTING BOTTOM	ALL PARTICIP ANTS	4	2	8	PARTICIPANTS ARE NOT TO BE ALLOWED TO DIVE INTO THE WATER OWING TO THE SHALLOW LEVELS NEAR THE BANKS. PUSHING OR THROWING OTHER PARTICIPANTS INTO THE RIVER IS NOT TO BE ALLOWED. STAFF TO MAKE REGULAR INSPECTIONS OF THE BOTTOM NEAR THE EDGE TO CHECK FOR POSSIBLE DANGERS AND ENTRAPMENT HAZARDS.	4	
10	GENERAL DANGERS	ALL PARTICIP ANTS	4	3	12	SWIMMING TO BE SUPERVISED BY STAFF FROM THE BANKS. IT IS NOT ADVISABLE TO JUMP INTO THE WATER FROM EITHER BOATS OR BANKS AS THE DEPTH IS VARIABLE.	4	
11	WEEDS	ALL PARTICIP ANTS	4	2	8	PARTICIPANTS TO BE MADE AWARE OF THE RISK OF ENTRAPMENT WITHIN WEEDS AROUND THE LAKE. SWIMMING NOT TO BE ALLOWED IN THESE AREAS.	2	
12	INJURY FROM ROCKS	ALL PARTICIP ANTS	3	2	6	SWIMMING AROUND THE MAIN ROUTE ONLY IS TO BE PERMITTED BY. PARTICIPANTS.	2	
13	WATER FOWLS, DOGS AND OTHER ANIMALS	ALL PARTICIP ANTS	3	2	6	ENSURE PARTICIPANTS ARE AWARE THAT VARIOUS FOWL AND OTHER ANIMALS ROAM THE LAKE AREA AND SURROUNDING TRACKS.	2	