

Individual Top Times (Best Times and Improvement Since: 01-Jan-14)

Times until: 08-Dec-14

GRANTOWN SWIM CLUB [NGRX]

Show Short Course Only

Time	P/F/S	Event		
Andrew Airey (12) M				
30.00 S	F 0.00	40 Free	30/01/2014	Updated Training Times 30th January 2014
36.04 S	F -1.90	50 Free	07/06/2014	2014 Elgin Mini Meet
47.98 S	F 0.00	60 Free	02/09/2014	September 2014 Training Times
1:21.05 S	F -7.70	100 Free	25/10/2014	Alloa Graded Meet 2014
2:57.74 S	F -12.26	200 Free	25/10/2014	Alloa Graded Meet 2014
6:01.35 S	F -49.65	400 Free	01/12/2014	December Training Times
13:32.61 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
25:14.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
27.00 S	F 0.00	40 Back	30/01/2014	Updated Training Times 30th January 2014
39.41 S	F -3.51	50 Back	08/11/2014	Buckie ASC Mini Meet 2014
1:22.92 S	F -8.97	100 Back	05/11/2014	Scottish Schools Highland Heats
2:56.33 S	F -20.32	200 Back	29/11/2014	ND Age Group Meet 2014
50.00 S	F 0.00	40 Breast	30/01/2014	Updated Training Times 30th January 2014
58.43 S	F -0.53	50 Breast	07/06/2014	2014 Elgin Mini Meet
2:04.19 S	F -26.37	100 Breast	08/03/2014	Forres Bluefins two-day meet
4:21.00 S	F -11.00	200 Breast	02/09/2014	September 2014 Training Times
35.00 S	F 0.00	40 Fly	30/01/2014	Updated Training Times 30th January 2014
45.20 S	F -3.82	50 Fly	08/11/2014	Buckie ASC Mini Meet 2014
59.13 S	F -6.68	60 Fly	02/09/2014	September 2014 Training Times
1:45.26 S	F -10.04	100 Fly	01/12/2014	December Training Times
3:53.22 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
1:17.28 S	F -7.76	80 IM	26/05/2014	Training Times 26/5/14
1:38.94 S	F -0.25	100 IM	26/04/2014	Inverness Graded Meet 2014
2:49.80 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
3:28.04 S	F -14.56	200 IM	19/04/2014	Buckie Age Groups 2014
7:28.91 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Eoin Baikie (10) M				
48.31 S	F -18.55	50 Free	01/12/2014	December Training Times
1:00.53 S	F -20.17	60 Free	01/12/2014	December Training Times
1:42.09 S	F -9.91	100 Free	01/12/2014	December Training Times
4:29.61 S	F 0.00	200 Free	15/05/2014	Training Times 15/5/14
1:06.66 S	F -4.10	50 Back	03/04/2014	Training Times 3/4/14 (Club Gala)
1:23.02 S	F -2.78	60 Back	03/04/2014	Grantown Club Champs
2:23.00 S	F 0.00	100 Back	26/05/2014	Training Times 26/5/14
1:04.52 S	F -11.18	50 Breast	08/11/2014	Buckie ASC Mini Meet 2014
1:22.80 S	F -8.83	60 Breast	01/12/2014	December Training Times
2:34.00 S	F 0.00	100 Breast	26/05/2014	Training Times 26/5/14
57.68 S	F -8.55	40 Fly	03/04/2014	Grantown Club Champs
1:17.41 S	F 0.00	50 Fly	01/12/2014	December Training Times
1:35.38 S	F 0.00	60 Fly	01/12/2014	December Training Times
4:16.40 S	F 0.00	200 IM	01/12/2014	December Training Times
Harry Baikie (12) M				
30.00 S	F 0.00	40 Free	30/01/2014	Updated Training Times 30th January 2014
34.02 S	P 0.00	50 Free	29/11/2014	ND Age Group Meet 2014
1:22.85 S	F -9.47	100 Free	03/04/2014	Grantown Club Champs
3:11.00 S	F 0.00	200 Free	01/03/2014	Updated Training Times March 2014
6:34.90 S	F -36.10	400 Free	25/03/2014	Updated Training Times 25/3/14
27:25.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
35.00 S	F 0.00	40 Back	30/01/2014	Updated Training Times 30th January 2014
1:37.07 S	F -7.03	100 Back	03/04/2014	Grantown Club Champs
3:37.00 S	F 0.00	200 Back	01/03/2014	Updated Training Times March 2014
40.00 S	F 0.00	40 Breast	30/01/2014	Updated Training Times 30th January 2014
1:43.61 S	F -14.95	100 Breast	01/12/2014	December Training Times
3:50.15 S	F -13.85	200 Breast	06/06/2014	Training Times June 2014
40.00 S	F 0.00	40 Fly	30/01/2014	Updated Training Times 30th January 2014
1:05.42 S	F 0.00	60 Fly	01/03/2014	Updated Training Times March 2014
1:42.88 S	F 0.00	100 Fly	03/04/2014	Grantown Club Champs
3:53.30 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
1:16.38 S	F -1.29	80 IM	02/10/2014	Training Times 2nd & 7th October 2014
2:43.80 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
7:15.96 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014

Individual Top Times (Best Times and Improvement Since: 01-Jan-14)

Times until: 08-Dec-14

Show Short Course Only

Time	P/F/S	Event		
Robyn Barnett (12) F				
31.00 S	F 0.00	40 Free	25/02/2014	Updated Training Times Feb 2014
39.11 S	F 0.00	50 Free	07/06/2014	2014 Elgin Mini Meet
51.69 S	F 0.00	60 Free	02/09/2014	September 2014 Training Times
1:29.09 S	F -6.37	100 Free	02/09/2014	September 2014 Training Times
3:13.00 S	F -14.00	200 Free	02/09/2014	September 2014 Training Times
7:29.87 S	F -29.43	400 Free	01/03/2014	Updated Training Times March 2014
14:35.99 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
36.00 S	F 0.00	40 Back	25/02/2014	Updated Training Times Feb 2014
45.53 S	T 0.00	50 Back	26/01/2014	HST New Year Meet
1:43.84 S	F -4.64	100 Back	01/12/2014	December Training Times
3:32.00 S	F -2.77	200 Back	02/09/2014	September 2014 Training Times
39.00 S	F 0.00	40 Breast	25/02/2014	Updated Training Times Feb 2014
49.39 S	F -0.18	50 Breast	07/06/2014	2014 Elgin Mini Meet
1:52.91 S	F 0.00	100 Breast	01/03/2014	Updated Training Times March 2014
3:43.50 S	F -14.95	200 Breast	05/11/2014	Scottish Schools Highland Heats
41.00 S	F 0.00	40 Fly	25/02/2014	Updated Training Times Feb 2014
46.60 S	F 0.00	50 Fly	07/06/2014	2014 Elgin Mini Meet
1:06.73 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
1:55.54 S	F -7.69	100 Fly	01/12/2014	December Training Times
4:14.00 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
1:19.75 S	F -0.52	80 IM	02/10/2014	Training Times 2nd & 7th October 2014
2:57.30 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
3:51.85 S	F 0.00	200 IM	01/12/2014	December Training Times
Erinne Bird (13) F				
1:20.63 S	F 0.00	100 Free	03/04/2014	Grantown Club Champs
7:00.00 S	F 0.00	400 Free	25/02/2014	Updated Training Times Feb 2014
1:28.44 S	F 0.00	100 Back	03/04/2014	Training Times 3/4/14 (Club Gala)
1:51.91 S	F 0.00	100 Breast	03/04/2014	Grantown Club Champs
1:42.85 S	F 0.00	100 Fly	03/04/2014	Grantown Club Champs
Rebekah Bissett (9) F				
53.26 S	F 0.00	50 Free	01/12/2014	December Training Times
1:08.86 S	F -8.77	60 Free	01/12/2014	December Training Times
2:08.36 S	F 0.00	100 Free	01/12/2014	December Training Times
59.36 S	F 0.00	50 Back	01/12/2014	December Training Times
1:16.01 S	F -13.12	60 Back	01/12/2014	December Training Times
1:15.00 S	F 0.00	50 Breast	01/12/2014	December Training Times
1:34.35 S	F 0.00	60 Breast	01/12/2014	December Training Times
1:07.48 S	F 0.00	50 Fly	01/12/2014	December Training Times
1:26.77 S	F 0.00	60 Fly	01/12/2014	December Training Times
Sophie Borthwick (10) F				
45.63 S	F -15.72	50 Free	08/11/2014	Buckie ASC Mini Meet 2014
58.13 S	F -18.09	60 Free	02/09/2014	September 2014 Training Times
1:40.60 S	F -15.40	100 Free	01/12/2014	December Training Times
4:23.72 S	F 0.00	200 Free	15/05/2014	Training Times 15/5/14
8:51.16 S	F -46.07	400 Free	01/12/2014	December Training Times
51.40 S	F -10.75	50 Back	08/11/2014	Buckie ASC Mini Meet 2014
1:11.72 S	F -4.67	60 Back	02/09/2014	September 2014 Training Times
1:55.68 S	F -20.32	100 Back	01/12/2014	December Training Times
4:48.84 S	F 0.00	200 Back	02/09/2014	September 2014 Training Times
1:02.91 S	F -18.03	50 Breast	08/11/2014	Buckie ASC Mini Meet 2014
1:23.82 S	F -15.38	60 Breast	02/09/2014	September 2014 Training Times
2:15.76 S	F -31.24	100 Breast	01/12/2014	December Training Times
5:25.66 S	F 0.00	200 Breast	02/09/2014	September 2014 Training Times
48.06 S	F -4.84	40 Fly	03/04/2014	Grantown Club Champs
59.63 S	F 0.00	50 Fly	02/09/2014	September 2014 Training Times
1:14.56 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
2:01.27 S	F 0.00	100 Fly	01/12/2014	December Training Times
1:29.26 S	F 0.00	80 IM	06/10/2014	October 2014 Training Times
3:21.56 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
9:42.16 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Sam Cooke (14) M				
1:23.12 S	F -3.42	100 Free	03/04/2014	Grantown Club Champs

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Time	P/F/S	Event		
Sam Cooke (14) M				
3:07.00 S	F 0.00	200 Free	06/06/2014	Training Times June 2014
6:43.00 S	F 0.00	400 Free	25/02/2014	Updated Training Times Feb 2014
1:31.16 S	F 0.00	100 Back	01/03/2014	Updated Training Times March 2014
1:51.50 S	F -7.07	100 Breast	03/04/2014	Grantown Club Champs
1:48.30 S	F 0.00	100 Fly	03/04/2014	Training Times 3/4/14 (Club Gala)
4:03.00 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
1:08.72 S	F 0.00	80 IM	01/12/2014	December Training Times
Holly Corcoran (9) F				
23.70 S	F 0.00	25 Free	07/06/2014	2014 Elgin Mini Meet
49.08 S	F -12.54	50 Free	08/11/2014	Buckie ASC Mini Meet 2014
1:11.48 S	F -4.26	60 Free	03/04/2014	Grantown Club Champs
1:53.08 S	F -33.00	100 Free	25/10/2014	Alloa Graded Meet 2014
4:35.97 S	F 0.00	200 Free	06/06/2014	Training Times June 2014
9:42.64 S	F 0.00	400 Free	01/12/2014	December Training Times
21:36.33 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
41:55.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
26.68 S	F 0.00	25 Back	07/06/2014	2014 Elgin Mini Meet
50.57 S	F -11.58	50 Back	11/10/2014	Forres Mini-Meet 2014
1:12.24 S	F -4.15	60 Back	02/09/2014	September 2014 Training Times
1:55.48 S	F -19.16	100 Back	01/12/2014	December Training Times
4:55.72 S	F -12.10	200 Back	02/09/2014	September 2014 Training Times
29.60 S	F 0.00	25 Breast	07/06/2014	2014 Elgin Mini Meet
1:01.25 S	F -7.88	50 Breast	11/10/2014	Forres Mini-Meet 2014
1:20.92 S	F -3.64	60 Breast	03/04/2014	Grantown Club Champs
2:10.10 S	F -21.40	100 Breast	01/12/2014	December Training Times
4:57.52 S	F 0.00	200 Breast	06/06/2014	Training Times June 2014
27.23 S	F 0.00	25 Fly	07/06/2014	2014 Elgin Mini Meet
53.99 S	F -7.77	40 Fly	03/04/2014	Grantown Club Champs
56.40 S	F -13.00	50 Fly	11/10/2014	Forres Mini-Meet 2014
1:28.70 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
2:26.43 S	F -25.66	100 Fly	01/12/2014	December Training Times
5:44.00 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
1:34.46 S	F -2.80	80 IM	01/12/2014	December Training Times
2:31.88 S	F 0.00	100 IM	28/06/2014	End June Training Times
3:40.96 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
5:03.00 S	F 0.00	200 IM	28/06/2014	End June Training Times
9:51.97 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Rianna Darroch (9) F				
49.51 S	F -12.79	50 Free	08/11/2014	Buckie ASC Mini Meet 2014
1:09.81 S	F -8.33	60 Free	02/09/2014	September 2014 Training Times
2:05.00 S	F -18.00	100 Free	02/09/2014	September 2014 Training Times
5:13.20 S	F -5.24	200 Free	02/09/2014	September 2014 Training Times
10:21.23 S	F 0.00	400 Free	02/09/2014	September 2014 Training Times
1:07.18 S	F -8.28	50 Back	02/09/2014	September 2014 Training Times
1:22.18 S	F -10.82	60 Back	02/09/2014	September 2014 Training Times
2:24.45 S	F -18.55	100 Back	01/12/2014	December Training Times
5:04.81 S	F 0.00	200 Back	02/09/2014	September 2014 Training Times
1:03.98 S	F -10.58	50 Breast	08/11/2014	Buckie ASC Mini Meet 2014
1:31.87 S	F -0.13	60 Breast	03/04/2014	Training Times 3/4/14 (Club Gala)
2:20.55 S	F -30.45	100 Breast	01/12/2014	December Training Times
5:36.63 S	F 0.00	200 Breast	02/09/2014	September 2014 Training Times
1:04.94 S	F -8.04	40 Fly	03/04/2014	Training Times 3/4/14 (Club Gala)
1:19.94 S	F 0.00	50 Fly	02/09/2014	September 2014 Training Times
1:39.16 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
2:22.71 S	F 0.00	100 Fly	01/12/2014	December Training Times
1:46.38 S	F 0.00	80 IM	01/12/2014	December Training Times
4:35.28 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
10:05.22 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Euan Dingwall (9) M				
48.66 S	F 0.00	50 Free	01/12/2014	December Training Times
1:01.06 S	F 0.00	60 Free	01/12/2014	December Training Times
1:49.65 S	F -5.35	100 Free	01/12/2014	December Training Times

Individual Top Times (Best Times and Improvement Since: 01-Jan-14)

Times until: 08-Dec-14

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Time	P/F/S	Event		
Euan Dingwall (9) M				
1:12.27 S	F 0.00	50 Back	01/12/2014	December Training Times
1:30.63 S	F 0.00	60 Back	01/12/2014	December Training Times
2:30.75 S	F -6.25	100 Back	01/12/2014	December Training Times
1:14.22 S	F 0.00	50 Breast	01/12/2014	December Training Times
1:31.09 S	F 0.00	60 Breast	01/12/2014	December Training Times
3:53.00 S	F 0.00	100 Breast	26/05/2014	Training Times 26/5/14
1:33.40 S	F 0.00	50 Fly	01/12/2014	December Training Times
2:01.83 S	F 0.00	60 Fly	01/12/2014	December Training Times
Rebecca Eaves (12) F				
40.00 S	F 0.00	40 Free	30/01/2014	Updated Training Times 30th January 2014
47.97 S	F 0.00	50 Free	28/06/2014	End June Training Times
1:44.77 S	F -19.14	100 Free	26/04/2014	Inverness Graded Meet 2014
4:24.00 S	F 0.00	200 Free	25/02/2014	Updated Training Times Feb 2014
8:57.60 S	F -39.40	400 Free	25/03/2014	Updated Training Times 25/3/14
50.00 S	F 0.00	40 Back	30/01/2014	Updated Training Times 30th January 2014
2:15.80 S	F -9.31	100 Back	03/04/2014	Grantown Club Champs
4:56.49 S	F 0.00	200 Back	01/03/2014	Updated Training Times March 2014
45.00 S	F 0.00	40 Breast	30/01/2014	Updated Training Times 30th January 2014
56.84 S	F 0.00	50 Breast	28/06/2014	End June Training Times
1:54.06 S	F -14.26	100 Breast	08/03/2014	Forres Bluefins two-day meet
3:56.40 S	F -33.60	200 Breast	05/11/2014	Scottish Schools Highland Heats
50.00 S	F 0.00	40 Fly	30/01/2014	Updated Training Times 30th January 2014
1:23.41 S	F 0.00	60 Fly	01/03/2014	Updated Training Times March 2014
2:12.59 S	F -19.35	100 Fly	03/04/2014	Grantown Club Champs
1:37.42 S	F -1.67	80 IM	06/06/2014	Training Times June 2014
2:01.81 S	F -0.01	100 IM	28/06/2014	End June Training Times
4:25.04 S	F 0.00	200 IM	28/06/2014	End June Training Times
Robyn Eaves (8) F				
58.66 S	F -13.64	50 Free	01/12/2014	December Training Times
1:15.41 S	F 0.00	60 Free	01/12/2014	December Training Times
2:17.13 S	F -7.87	100 Free	01/12/2014	December Training Times
1:13.90 S	F 0.00	50 Back	01/12/2014	December Training Times
1:32.09 S	F 0.00	60 Back	01/12/2014	December Training Times
2:37.09 S	F -3.91	100 Back	01/12/2014	December Training Times
1:13.72 S	F -0.30	50 Breast	01/12/2014	December Training Times
1:31.82 S	F 0.00	60 Breast	01/12/2014	December Training Times
2:46.18 S	F 0.00	100 Breast	26/05/2014	Training Times 26/5/14
6:20.75 S	F 0.00	200 Breast	28/06/2014	End June Training Times
1:22.28 S	F 0.00	50 Fly	01/12/2014	December Training Times
1:43.72 S	F 0.00	60 Fly	01/12/2014	December Training Times
2:32.19 S	F 0.00	100 IM	28/06/2014	End June Training Times
5:27.07 S	F 0.00	200 IM	01/12/2014	December Training Times
Hannah Green (11) F				
40.00 S	F 0.00	40 Free	30/01/2014	Updated Training Times 30th January 2014
38.48 S	F -6.43	50 Free	08/11/2014	Buckie ASC Mini Meet 2014
55.37 S	F -5.65	60 Free	02/09/2014	September 2014 Training Times
1:37.29 S	F 0.00	100 Free	26/05/2014	Training Times 26/5/14
4:04.56 S	F -9.44	200 Free	02/09/2014	September 2014 Training Times
7:49.00 S	F -71.00	400 Free	02/09/2014	September 2014 Training Times
33:22.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
45.00 S	F 0.00	40 Back	30/01/2014	Updated Training Times 30th January 2014
55.78 S	F 0.00	50 Back	02/09/2014	September 2014 Training Times
1:02.00 S	F -8.10	60 Back	03/04/2014	Grantown Club Champs
1:57.46 S	F 0.00	100 Back	26/05/2014	Training Times 26/5/14
4:04.67 S	F -33.82	200 Back	06/06/2014	Training Times June 2014
50.00 S	F 0.00	40 Breast	30/01/2014	Updated Training Times 30th January 2014
50.47 S	F -4.51	50 Breast	08/11/2014	Buckie ASC Mini Meet 2014
1:07.03 S	F -7.42	60 Breast	03/04/2014	Grantown Club Champs
2:11.12 S	F 0.00	100 Breast	26/05/2014	Training Times 26/5/14
4:28.73 S	F -6.27	200 Breast	06/06/2014	Training Times June 2014
41.34 S	F -13.66	40 Fly	03/04/2014	Grantown Club Champs
1:01.47 S	F 0.00	50 Fly	02/09/2014	September 2014 Training Times

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Time	P/F/S	Event		
Hannah Green (11) F				
1:16.90 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
2:11.77 S	F -31.51	100 Fly	01/12/2014	December Training Times
1:27.75 S	F -12.76	80 IM	01/12/2014	December Training Times
3:29.67 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
8:43.57 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Max Green (10) M				
57.17 S	F 0.00	50 Free	01/12/2014	December Training Times
1:11.98 S	F 0.00	60 Free	01/12/2014	December Training Times
2:09.26 S	F -9.74	100 Free	01/12/2014	December Training Times
1:12.97 S	F 0.00	50 Back	01/12/2014	December Training Times
1:31.26 S	F 0.00	60 Back	01/12/2014	December Training Times
2:37.60 S	F -19.40	100 Back	01/12/2014	December Training Times
1:16.98 S	F 0.00	50 Breast	01/12/2014	December Training Times
1:35.79 S	F 0.00	60 Breast	01/12/2014	December Training Times
3:13.00 S	F 0.00	100 Breast	26/05/2014	Training Times 26/5/14
1:24.26 S	F 0.00	50 Fly	01/12/2014	December Training Times
1:44.85 S	F 0.00	60 Fly	01/12/2014	December Training Times
5:27.35 S	F 0.00	200 IM	01/12/2014	December Training Times
James Hay (8) M				
54.36 S	F 0.00	50 Free	01/12/2014	December Training Times
1:08.83 S	F 0.00	60 Free	01/12/2014	December Training Times
2:06.06 S	F 0.00	100 Free	01/12/2014	December Training Times
1:04.56 S	F 0.00	50 Back	01/12/2014	December Training Times
1:20.48 S	F 0.00	60 Back	01/12/2014	December Training Times
1:34.51 S	F 0.00	50 Breast	01/12/2014	December Training Times
1:59.85 S	F 0.00	60 Breast	01/12/2014	December Training Times
1:14.85 S	F 0.00	50 Fly	01/12/2014	December Training Times
1:32.15 S	F 0.00	60 Fly	01/12/2014	December Training Times
Katie Hay (10) F				
33.00 S	F 0.00	40 Free	30/01/2014	Updated Training Times 30th January 2014
37.37 S	F -3.56	50 Free	11/10/2014	Forres Mini-Meet 2014
50.22 S	F -7.88	60 Free	02/09/2014	September 2014 Training Times
1:23.18 S	F -14.11	100 Free	01/12/2014	December Training Times
3:11.16 S	F -7.37	200 Free	02/09/2014	September 2014 Training Times
6:34.35 S	F -85.65	400 Free	01/12/2014	December Training Times
15:28.03 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
35.00 S	F 0.00	40 Back	30/01/2014	Updated Training Times 30th January 2014
46.80 S	F -4.13	50 Back	08/11/2014	Buckie ASC Mini Meet 2014
1:02.12 S	F -3.19	60 Back	03/04/2014	Grantown Club Champs
1:39.28 S	F -11.05	100 Back	01/12/2014	December Training Times
3:44.00 S	F 0.00	200 Back	06/06/2014	Training Times June 2014
49.00 S	F 0.00	40 Breast	30/01/2014	Updated Training Times 30th January 2014
51.42 S	F -3.52	50 Breast	08/11/2014	Buckie ASC Mini Meet 2014
1:12.09 S	F -2.86	60 Breast	02/09/2014	September 2014 Training Times
1:54.55 S	F -12.26	100 Breast	01/12/2014	December Training Times
3:55.85 S	F -34.15	200 Breast	25/10/2014	Alloa Graded Meet 2014
37.97 S	F -11.03	40 Fly	03/04/2014	Grantown Club Champs
43.10 S	F -3.71	50 Fly	11/10/2014	Forres Mini-Meet 2014
1:04.84 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
1:43.48 S	F -19.53	100 Fly	25/10/2014	Alloa Graded Meet 2014
4:11.00 S	F -7.00	200 Fly	06/06/2014	Training Times June 2014
1:16.34 S	F -10.18	80 IM	01/12/2014	December Training Times
1:37.33 S	F -9.07	100 IM	25/10/2014	Alloa Graded Meet 2014
2:58.13 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
3:31.59 S	F -16.16	200 IM	25/10/2014	Alloa Graded Meet 2014
7:37.51 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Ailsa Hepburn (16) F				
1:14.42 S	F -16.50	100 Free	05/11/2014	Scottish Schools Highland Heats
1:29.55 S	F -5.09	100 Back	05/11/2014	Scottish Schools Highland Heats
1:26.10 S	F 0.00	100 Breast	01/03/2014	Updated Training Times March 2014
1:43.84 S	F 0.00	100 Fly	03/04/2014	Training Times 3/4/14 (Club Gala)
1:13.00 S	F 0.00	80 IM	06/06/2014	Training Times June 2014

Individual Top Times (Best Times and Improvement Since: 01-Jan-14)

Times until: 08-Dec-14

Show Short Course Only

Time	P/F/S	Event		
Caitlin Hollands (10) F				
35.00 S	F 0.00	40 Free	30/01/2014	Updated Training Times 30th January 2014
43.06 S	F 0.00	50 Free	08/03/2014	Forres Bluefins two-day meet
59.75 S	F -7.93	60 Free	03/04/2014	Grantown Club Champs
1:57.63 S	F 0.00	100 Free	26/05/2014	Training Times 26/5/14
4:08.00 S	F 0.00	200 Free	01/03/2014	Updated Training Times March 2014
8:31.00 S	F -45.00	400 Free	02/09/2014	September 2014 Training Times
19:09.89 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
36:55.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
40.00 S	F 0.00	40 Back	30/01/2014	Updated Training Times 30th January 2014
50.03 S	F -0.14	50 Back	05/11/2014	Scottish Schools Highland Heats
1:03.12 S	F -3.17	60 Back	03/04/2014	Grantown Club Champs
2:01.15 S	F 0.00	100 Back	26/05/2014	Training Times 26/5/14
4:08.12 S	F -25.88	200 Back	06/06/2014	Training Times June 2014
45.00 S	F 0.00	40 Breast	30/01/2014	Updated Training Times 30th January 2014
1:01.68 S	F -1.32	50 Breast	11/10/2014	Forres Mini-Meet 2014
1:18.19 S	F -5.93	60 Breast	03/04/2014	Grantown Club Champs
2:15.48 S	F -20.70	100 Breast	01/12/2014	December Training Times
4:55.18 S	F -16.82	200 Breast	06/06/2014	Training Times June 2014
49.81 S	F -15.19	40 Fly	03/04/2014	Grantown Club Champs
1:11.95 S	F 0.00	50 Fly	02/09/2014	September 2014 Training Times
1:30.94 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
2:48.79 S	F 0.00	100 Fly	01/03/2014	Updated Training Times March 2014
6:10.00 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
1:37.90 S	F -3.42	80 IM	01/12/2014	December Training Times
1:57.21 S	F 0.00	100 IM	26/04/2014	Inverness Graded Meet 2014
4:07.06 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
9:45.72 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Carys Hollands (7) F				
1:05.16 S	F 0.00	50 Free	01/12/2014	December Training Times
1:23.09 S	F 0.00	60 Free	01/12/2014	December Training Times
2:24.58 S	F 0.00	100 Free	01/12/2014	December Training Times
1:06.56 S	F 0.00	50 Back	01/12/2014	December Training Times
1:20.00 S	F 0.00	60 Back	01/12/2014	December Training Times
1:13.51 S	F 0.00	50 Breast	01/12/2014	December Training Times
1:30.57 S	F 0.00	60 Breast	01/12/2014	December Training Times
1:32.83 S	F 0.00	50 Fly	01/12/2014	December Training Times
1:59.82 S	F 0.00	60 Fly	01/12/2014	December Training Times
Jamie Kant (10) M				
45.81 S	F -9.54	50 Free	08/11/2014	Buckie ASC Mini Meet 2014
1:01.21 S	F -13.61	60 Free	02/09/2014	September 2014 Training Times
2:00.97 S	F -2.03	100 Free	02/09/2014	September 2014 Training Times
4:05.93 S	F -86.15	200 Free	02/09/2014	September 2014 Training Times
8:13.09 S	F -41.58	400 Free	01/12/2014	December Training Times
57.46 S	F -22.12	50 Back	11/10/2014	Forres Mini-Meet 2014
1:24.74 S	F -14.22	60 Back	02/09/2014	September 2014 Training Times
2:29.00 S	F 0.00	100 Back	26/05/2014	Training Times 26/5/14
5:02.51 S	F 0.00	200 Back	02/09/2014	September 2014 Training Times
1:04.31 S	F -14.77	50 Breast	08/11/2014	Buckie ASC Mini Meet 2014
1:24.82 S	F -13.49	60 Breast	02/09/2014	September 2014 Training Times
2:34.00 S	F 0.00	100 Breast	26/05/2014	Training Times 26/5/14
5:14.03 S	F 0.00	200 Breast	02/09/2014	September 2014 Training Times
57.75 S	F -8.13	40 Fly	03/04/2014	Training Times 3/4/14 (Club Gala)
1:14.00 S	F 0.00	50 Fly	02/09/2014	September 2014 Training Times
1:34.00 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
1:30.62 S	F -8.04	80 IM	01/12/2014	December Training Times
3:30.25 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
9:41.75 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Siana Lambie (9) F				
1:06.26 S	F 0.00	50 Free	01/12/2014	December Training Times
1:24.51 S	F -4.25	60 Free	01/12/2014	December Training Times
2:32.27 S	F 0.00	100 Free	01/12/2014	December Training Times
1:06.94 S	F 0.00	50 Back	01/12/2014	December Training Times

Individual Top Times (Best Times and Improvement Since: 01-Jan-14)

Times until: 08-Dec-14

Show Short Course Only

Time	P/F/S	Event		
Siana Lambie (9) F				
1:23.03 S	F -11.57	60 Back	01/12/2014	December Training Times
1:22.59 S	F 0.00	50 Breast	01/12/2014	December Training Times
1:40.78 S	F 0.00	60 Breast	01/12/2014	December Training Times
1:35.37 S	F 0.00	50 Fly	01/12/2014	December Training Times
2:00.06 S	F 0.00	60 Fly	01/12/2014	December Training Times
Calum Langmuir (12) M				
30.00 S	F 0.00	40 Free	30/01/2014	Updated Training Times 30th January 2014
40.99 S	F 0.00	50 Free	02/09/2014	September 2014 Training Times
49.09 S	F 0.00	60 Free	02/09/2014	September 2014 Training Times
1:20.19 S	F -8.23	100 Free	05/11/2014	Scottish Schools Highland Heats
3:07.00 S	F 0.00	200 Free	25/02/2014	Updated Training Times Feb 2014
6:46.16 S	F -25.84	400 Free	02/09/2014	September 2014 Training Times
13:53.99 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
27:25.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
30.00 S	F 0.00	40 Back	30/01/2014	Updated Training Times 30th January 2014
49.16 S	F 0.00	50 Back	02/09/2014	September 2014 Training Times
1:37.00 S	F -4.36	100 Back	26/05/2014	Training Times 26/5/14
3:48.98 S	F 0.00	200 Back	01/03/2014	Updated Training Times March 2014
40.00 S	F 0.00	40 Breast	30/01/2014	Updated Training Times 30th January 2014
54.84 S	F 0.00	50 Breast	02/09/2014	September 2014 Training Times
1:52.41 S	F -6.17	100 Breast	01/12/2014	December Training Times
4:15.00 S	F 0.00	200 Breast	01/03/2014	Updated Training Times March 2014
39.00 S	F 0.00	40 Fly	30/01/2014	Updated Training Times 30th January 2014
55.00 S	F 0.00	50 Fly	02/09/2014	September 2014 Training Times
1:07.49 S	F 0.00	60 Fly	01/03/2014	Updated Training Times March 2014
1:54.67 S	F -8.18	100 Fly	01/12/2014	December Training Times
1:15.46 S	F 0.00	80 IM	01/03/2014	Updated Training Times March 2014
2:51.39 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
7:37.98 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Nula Langmuir (15) F				
1:15.00 S	F 0.00	100 Free	26/05/2014	Training Times 26/5/14
2:42.00 S	F 0.00	200 Free	25/02/2014	Updated Training Times Feb 2014
5:46.57 S	F -7.92	400 Free	01/12/2014	December Training Times
23:00.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
1:24.00 S	F -3.22	100 Back	26/05/2014	Training Times 26/5/14
3:09.00 S	F -5.13	200 Back	02/09/2014	September 2014 Training Times
1:41.00 S	F -1.45	100 Breast	26/05/2014	Training Times 26/5/14
3:33.00 S	F -10.56	200 Breast	02/09/2014	September 2014 Training Times
1:35.74 S	F 0.00	100 Fly	03/04/2014	Grantown Club Champs
2:29.86 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
6:41.23 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Rowan Langmuir (13) F				
1:22.05 S	F -7.58	100 Free	05/11/2014	Scottish Schools Highland Heats
3:02.00 S	F 0.00	200 Free	06/06/2014	Training Times June 2014
6:24.72 S	F 0.00	400 Free	01/03/2014	Updated Training Times March 2014
1:29.39 S	F -10.46	100 Back	03/04/2014	Grantown Club Champs
1:52.09 S	F -7.18	100 Breast	03/04/2014	Grantown Club Champs
1:57.01 S	F 0.00	100 Fly	01/03/2014	Updated Training Times March 2014
3:58.00 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
1:14.84 S	F 0.00	80 IM	25/02/2014	Updated Training Times Feb 2014
7:19.73 S	F 0.00	400 IM	25/02/2014	Updated Training Times Feb 2014
Calum Mackintosh (10) M				
30.00 S	F 0.00	40 Free	30/01/2014	Updated Training Times 30th January 2014
35.61 S	F -4.24	50 Free	05/11/2014	Scottish Schools Highland Heats
48.34 S	F -3.79	60 Free	02/09/2014	September 2014 Training Times
1:30.46 S	F -7.16	100 Free	01/12/2014	December Training Times
3:08.78 S	F -24.24	200 Free	25/10/2014	Alloa Graded Meet 2014
6:37.73 S	F -81.27	400 Free	01/12/2014	December Training Times
15:39.95 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
30:01.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
30.00 S	F 0.00	40 Back	30/01/2014	Updated Training Times 30th January 2014
40.73 S	F -5.04	50 Back	05/11/2014	Scottish Schools Highland Heats

Individual Top Times (Best Times and Improvement Since: 01-Jan-14)

Times until: 08-Dec-14

Show Short Course Only

Time	P/F/S	Event		
Calum Mackintosh (10) M				
53.47 S	F -2.66	60 Back	02/09/2014	September 2014 Training Times
1:29.60 S	F -11.04	100 Back	01/12/2014	December Training Times
3:12.95 S	F -25.00	200 Back	25/10/2014	Alloa Graded Meet 2014
45.00 S	F 0.00	40 Breast	30/01/2014	Updated Training Times 30th January 2014
49.68 S	F -4.73	50 Breast	08/11/2014	Buckie ASC Mini Meet 2014
1:05.63 S	F -2.73	60 Breast	02/09/2014	September 2014 Training Times
1:49.92 S	F -12.24	100 Breast	01/12/2014	December Training Times
4:07.31 S	F -11.69	200 Breast	28/06/2014	End June Training Times
38.69 S	F -1.31	40 Fly	03/04/2014	Grantown Club Champs
45.52 S	F -3.73	50 Fly	08/11/2014	Buckie ASC Mini Meet 2014
1:03.70 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
1:51.71 S	F -14.53	100 Fly	01/12/2014	December Training Times
5:03.00 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
1:14.62 S	F -4.79	80 IM	01/12/2014	December Training Times
1:33.13 S	F -6.89	100 IM	25/10/2014	Alloa Graded Meet 2014
2:48.98 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
3:39.10 S	F -2.69	200 IM	01/12/2014	December Training Times
7:37.51 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Ryan MacLean (14) M				
29.27 S	P -1.98	50 Free	29/11/2014	ND Age Group Meet 2014
40.59 S	F 0.00	60 Free	02/09/2014	September 2014 Training Times
1:04.23 S	F -7.96	100 Free	05/11/2014	Scottish Schools Highland Heats
2:18.49 S	F -9.06	200 Free	29/11/2014	ND Age Group Meet 2014
5:08.83 S	F -27.20	400 Free	01/12/2014	December Training Times
38.87 S	F 0.00	50 Back	02/09/2014	September 2014 Training Times
1:17.83 S	F -5.58	100 Back	03/04/2014	Grantown Club Champs
2:54.00 S	F 0.00	200 Back	06/06/2014	Training Times June 2014
44.82 S	F 0.00	50 Breast	02/09/2014	September 2014 Training Times
1:33.48 S	F -8.05	100 Breast	03/04/2014	Grantown Club Champs
3:29.13 S	F 0.00	200 Breast	06/06/2014	Training Times June 2014
38.47 S	F 0.00	50 Fly	02/09/2014	September 2014 Training Times
47.16 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
1:15.93 S S	F -17.23	100 Fly	29/11/2014	ND Age Group Meet 2014
1:03.19 S	F 0.00	80 IM	25/02/2014	Updated Training Times Feb 2014
1:20.12 S	T 0.00	100 IM	26/01/2014	HST New Year Meet
2:13.88 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
6:03.20 S	F -12.05	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Sophie MacLean (12) F				
40.19 S	T 0.00	50 Free	26/01/2014	HST New Year Meet
1:22.67 S	F -6.60	100 Free	05/11/2014	Scottish Schools Highland Heats
3:05.79 S	T 0.00	200 Free	26/01/2014	HST New Year Meet
6:53.00 S	F 0.00	400 Free	25/02/2014	Updated Training Times Feb 2014
26:12.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
1:31.57 S	F -10.54	100 Back	01/12/2014	December Training Times
3:27.00 S	F -3.00	200 Back	02/09/2014	September 2014 Training Times
1:45.39 S	F -7.27	100 Breast	01/12/2014	December Training Times
3:54.10 S	F -1.52	200 Breast	02/09/2014	September 2014 Training Times
1:39.06 S	F -10.94	100 Fly	01/12/2014	December Training Times
1:15.18 S	F -1.57	80 IM	02/10/2014	Training Times 2nd & 7th October 2014
1:41.82 S	T 0.00	100 IM	26/01/2014	HST New Year Meet
2:39.48 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
3:28.00 S	F 0.00	200 IM	01/12/2014	December Training Times
Abbie MacLeod (10) F				
49.36 S	F 0.00	50 Free	01/12/2014	December Training Times
1:01.28 S	F 0.00	60 Free	01/12/2014	December Training Times
1:50.77 S	F 0.00	100 Free	01/12/2014	December Training Times
1:11.03 S	F 0.00	50 Back	01/12/2014	December Training Times
1:28.16 S	F 0.00	60 Back	01/12/2014	December Training Times
2:32.11 S	F 0.00	100 Back	01/12/2014	December Training Times
1:09.14 S	F 0.00	50 Breast	01/12/2014	December Training Times
1:24.31 S	F 0.00	60 Breast	01/12/2014	December Training Times
1:14.52 S	F 0.00	50 Fly	01/12/2014	December Training Times

Individual Top Times (Best Times and Improvement Since: 01-Jan-14)

Times until: 08-Dec-14

Show Short Course Only

Time	P/F/S	Event		
Abbie MacLeod (10) F				
1:34.32 S	F 0.00	60 Fly	01/12/2014	December Training Times
Stephanie Macleod (17) F				
25.00 S	F 0.00	40 Free	25/02/2014	Updated Training Times Feb 2014
34.58 S	F 0.00	50 Free	02/09/2014	September 2014 Training Times
41.90 S	F 0.00	60 Free	02/09/2014	September 2014 Training Times
1:08.22 S	F -4.71	100 Free	08/03/2014	Forres Bluefins two-day meet
2:23.99 S	F -1.07	200 Free	22/03/2014	North District Age Group Championships
5:05.02 S	F 0.00	400 Free	25/02/2014	Updated Training Times Feb 2014
10:54.00 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
27.76 S	F 0.00	40 Back	25/02/2014	Updated Training Times Feb 2014
39.59 S	F 0.00	50 Back	02/09/2014	September 2014 Training Times
1:13.44 S	T 0.00	100 Back	26/01/2014	HST New Year Meet
2:45.70 S	F 0.00	200 Back	06/06/2014	Training Times June 2014
34.00 S	F 0.00	40 Breast	25/02/2014	Updated Training Times Feb 2014
44.94 S	F 0.00	50 Breast	02/09/2014	September 2014 Training Times
1:28.44 S	F -8.50	100 Breast	08/03/2014	Forres Bluefins two-day meet
3:20.35 S	F 0.00	200 Breast	06/06/2014	Training Times June 2014
27.66 S	F 0.00	40 Fly	25/02/2014	Updated Training Times Feb 2014
39.13 S	F 0.00	50 Fly	02/09/2014	September 2014 Training Times
1:18.24 S	T 0.00	100 Fly	26/01/2014	HST New Year Meet
3:18.65 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
1:01.88 S	F 0.00	80 IM	25/02/2014	Updated Training Times Feb 2014
1:16.84 S	F 0.00	100 IM	08/03/2014	Forres Bluefins two-day meet
2:16.45 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
2:41.98 S	T 0.00	200 IM	26/01/2014	HST New Year Meet
5:58.08 S	F 0.00	400 IM	25/02/2014	Updated Training Times Feb 2014
Zac Marshall (10) M				
1:00.94 S	F -6.17	50 Free	03/04/2014	Training Times 3/4/14 (Club Gala)
1:15.65 S	F -7.56	60 Free	03/04/2014	Grantown Club Champs
2:17.00 S	F 0.00	100 Free	26/05/2014	Training Times 26/5/14
5:27.51 S	F 0.00	200 Free	15/05/2014	Training Times 15/5/14
1:19.55 S	F 0.00	50 Back	01/03/2014	Updated Training Times March 2014
1:24.78 S	F -14.36	60 Back	03/04/2014	Training Times 3/4/14 (Club Gala)
2:33.00 S	F 0.00	100 Back	26/05/2014	Training Times 26/5/14
1:51.91 S	F 0.00	60 Breast	03/04/2014	Grantown Club Champs
4:18.00 S	F 0.00	100 Breast	26/05/2014	Training Times 26/5/14
1:05.59 S	F -0.72	40 Fly	03/04/2014	Training Times 3/4/14 (Club Gala)
Bailey Matheson (10) M				
46.06 S	F 0.00	50 Free	01/12/2014	December Training Times
57.70 S	F 0.00	60 Free	01/12/2014	December Training Times
1:40.83 S	F -31.17	100 Free	01/12/2014	December Training Times
1:04.98 S	F 0.00	50 Back	01/12/2014	December Training Times
1:20.22 S	F 0.00	60 Back	01/12/2014	December Training Times
2:18.56 S	F -25.44	100 Back	01/12/2014	December Training Times
1:09.46 S	F 0.00	50 Breast	01/12/2014	December Training Times
1:24.96 S	F 0.00	60 Breast	01/12/2014	December Training Times
3:10.00 S	F 0.00	100 Breast	26/05/2014	Training Times 26/5/14
1:10.64 S	F 0.00	50 Fly	01/12/2014	December Training Times
1:28.90 S	F 0.00	60 Fly	01/12/2014	December Training Times
3:50.65 S	F 0.00	200 IM	01/12/2014	December Training Times
Kaitlyn McGibbon (11) F				
1:01.09 S	F 0.00	50 Free	01/12/2014	December Training Times
1:15.81 S	F -25.17	60 Free	01/12/2014	December Training Times
2:15.25 S	F 0.00	100 Free	01/12/2014	December Training Times
1:14.83 S	F 0.00	50 Back	01/12/2014	December Training Times
1:32.60 S	F -0.68	60 Back	01/12/2014	December Training Times
1:30.72 S	F 0.00	50 Breast	01/12/2014	December Training Times
1:52.50 S	F -23.24	60 Breast	01/12/2014	December Training Times
1:32.69 S	F 0.00	50 Fly	01/12/2014	December Training Times
1:56.03 S	F 0.00	60 Fly	01/12/2014	December Training Times
Anna Metcalfe (13) F				
29.00 S	F 0.00	40 Free	25/02/2014	Updated Training Times Feb 2014

Individual Top Times (Best Times and Improvement Since: 01-Jan-14)

Times until: 08-Dec-14

Show Short Course Only

Time	P/F/S	Event		
Anna Metcalfe (13) F				
37.34 S	F 0.00	50 Free	02/09/2014	September 2014 Training Times
45.81 S	F 0.00	60 Free	02/09/2014	September 2014 Training Times
1:16.64 S	F -7.45	100 Free	26/04/2014	Inverness Graded Meet 2014
2:49.91 S	T 0.00	200 Free	26/01/2014	HST New Year Meet
6:15.91 S	F -18.68	400 Free	01/12/2014	December Training Times
12:16.88 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
24:45.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
31.00 S	F 0.00	40 Back	25/02/2014	Updated Training Times Feb 2014
40.27 S	F -0.32	50 Back	02/09/2014	September 2014 Training Times
1:21.74 S	F -5.42	100 Back	05/11/2014	Scottish Schools Highland Heats
3:05.78 S	F -2.17	200 Back	06/06/2014	Training Times June 2014
39.00 S	F 0.00	40 Breast	25/02/2014	Updated Training Times Feb 2014
49.16 S	F 0.00	50 Breast	02/09/2014	September 2014 Training Times
1:43.44 S	F -2.94	100 Breast	05/11/2014	Scottish Schools Highland Heats
3:40.22 S	F 0.00	200 Breast	06/06/2014	Training Times June 2014
37.00 S	F 0.00	40 Fly	25/02/2014	Updated Training Times Feb 2014
48.72 S	F 0.00	50 Fly	02/09/2014	September 2014 Training Times
1:01.00 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
1:36.35 S	F 0.00	100 Fly	26/04/2014	Inverness Graded Meet 2014
3:46.14 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
1:09.08 S	F 0.00	80 IM	26/05/2014	Training Times 26/5/14
1:27.84 S	T 0.00	100 IM	26/01/2014	HST New Year Meet
2:39.48 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
7:02.61 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Elizabeth Mills (13) F				
29.00 S	F 0.00	40 Free	25/02/2014	Updated Training Times Feb 2014
31.63 S	P -0.55	50 Free	29/11/2014	ND Age Group Meet 2014
43.17 S	F 0.00	60 Free	02/09/2014	September 2014 Training Times
1:16.62 S	F -9.51	100 Free	02/09/2014	September 2014 Training Times
2:38.95 S	F -15.05	200 Free	05/11/2014	Scottish Schools Highland Heats
5:33.39 S	T 0.00	400 Free	26/01/2014	HST New Year Meet
12:10.86 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
23:30.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
32.00 S	F 0.00	40 Back	25/02/2014	Updated Training Times Feb 2014
40.17 S	F 0.00	50 Back	02/09/2014	September 2014 Training Times
1:26.75 S	F -12.31	100 Back	03/04/2014	Grantown Club Champs
3:05.66 S	F 0.00	200 Back	06/06/2014	Training Times June 2014
40.00 S	F 0.00	40 Breast	25/02/2014	Updated Training Times Feb 2014
50.40 S	F 0.00	50 Breast	02/09/2014	September 2014 Training Times
1:43.60 S	F -23.22	100 Breast	03/04/2014	Grantown Club Champs
37.00 S	F 0.00	40 Fly	25/02/2014	Updated Training Times Feb 2014
44.75 S	F 0.00	50 Fly	02/09/2014	September 2014 Training Times
54.18 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
1:38.19 S	F -21.86	100 Fly	03/04/2014	Grantown Club Champs
3:46.14 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
1:08.85 S	F -5.07	80 IM	02/10/2014	Training Times 2nd & 7th October 2014
3:07.44 S	T 0.00	200 IM	26/01/2014	HST New Year Meet
Jake Mills (16) M				
1:03.39 S	F 0.00	100 Free	03/04/2014	Grantown Club Champs
2:37.00 S	F 0.00	200 Free	06/06/2014	Training Times June 2014
5:30.42 S	F 0.00	400 Free	25/02/2014	Updated Training Times Feb 2014
1:16.06 S	F 0.00	100 Back	03/04/2014	Grantown Club Champs
1:18.82 S	F -3.38	100 Breast	05/11/2014	Scottish Schools Highland Heats
1:17.25 S	F 0.00	100 Fly	03/04/2014	Grantown Club Champs
3:24.00 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
58.94 S	F 0.00	80 IM	06/06/2014	Training Times June 2014
Andrew Murphie (8) M				
50.26 S	F -19.43	50 Free	01/12/2014	December Training Times
1:03.98 S	F -22.40	60 Free	01/12/2014	December Training Times
1:56.07 S	F -21.72	100 Free	01/12/2014	December Training Times
5:20.48 S	F 0.00	200 Free	15/05/2014	Training Times 15/5/14
1:06.73 S	F -7.77	50 Back	01/12/2014	December Training Times

Individual Top Times (Best Times and Improvement Since: 01-Jan-14)

Times until: 08-Dec-14

Show Short Course Only

Time	P/F/S	Event		
Andrew Murphie (8) M				
1:22.92 S	F -7.21	60 Back	01/12/2014	December Training Times
2:18.39 S	F -34.97	100 Back	01/12/2014	December Training Times
1:08.20 S	F -12.00	50 Breast	01/12/2014	December Training Times
1:23.57 S	F -15.56	60 Breast	01/12/2014	December Training Times
2:49.98 S	F 0.00	100 Breast	26/05/2014	Training Times 26/5/14
1:03.93 S	F -6.77	40 Fly	03/04/2014	Training Times 3/4/14 (Club Gala)
1:05.64 S	F 0.00	50 Fly	01/12/2014	December Training Times
1:23.46 S	F 0.00	60 Fly	01/12/2014	December Training Times
4:48.41 S	F 0.00	200 IM	01/12/2014	December Training Times
Matthew Murphie (10) M				
51.67 S	F -9.56	50 Free	01/12/2014	December Training Times
1:03.61 S	F -12.11	60 Free	03/04/2014	Grantown Club Champs
1:55.80 S	F -15.20	100 Free	01/12/2014	December Training Times
5:33.97 S	F 0.00	200 Free	15/05/2014	Training Times 15/5/14
58.09 S	F -2.85	50 Back	03/04/2014	Training Times 3/4/14 (Club Gala)
1:10.72 S	F -3.84	60 Back	03/04/2014	Grantown Club Champs
2:09.45 S	F -33.55	100 Back	01/12/2014	December Training Times
1:08.57 S	F -8.26	50 Breast	01/12/2014	December Training Times
1:22.45 S	F -13.65	60 Breast	01/12/2014	December Training Times
3:13.00 S	F 0.00	100 Breast	26/05/2014	Training Times 26/5/14
52.52 S	F -3.54	40 Fly	03/04/2014	Training Times 3/4/14 (Club Gala)
1:20.61 S	F 0.00	50 Fly	01/12/2014	December Training Times
1:40.36 S	F 0.00	60 Fly	01/12/2014	December Training Times
4:19.58 S	F 0.00	200 IM	01/12/2014	December Training Times
Isla Oakes (9) F				
41.55 S	F -12.60	50 Free	11/10/2014	Forres Mini-Meet 2014
57.37 S	F -9.32	60 Free	02/09/2014	September 2014 Training Times
1:36.50 S	F -25.01	100 Free	25/10/2014	Alloa Graded Meet 2014
4:24.80 S	F 0.00	200 Free	02/09/2014	September 2014 Training Times
9:07.32 S	F 0.00	400 Free	02/09/2014	September 2014 Training Times
20:22.26 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
41:10.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
49.59 S	F -7.16	50 Back	11/10/2014	Forres Mini-Meet 2014
1:09.48 S	F -1.42	60 Back	03/04/2014	Grantown Club Champs
1:55.48 S	F -9.58	100 Back	01/12/2014	December Training Times
1:12.20 S	F -1.96	50 Breast	03/04/2014	Training Times 3/4/14 (Club Gala)
1:30.04 S	F -1.56	60 Breast	02/09/2014	September 2014 Training Times
2:28.09 S	F -4.95	100 Breast	01/12/2014	December Training Times
45.44 S	F -2.39	40 Fly	03/04/2014	Grantown Club Champs
49.74 S	F -7.70	50 Fly	08/11/2014	Buckie ASC Mini Meet 2014
1:18.44 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
2:12.93 S	F -22.97	100 Fly	01/12/2014	December Training Times
1:33.60 S	F -9.94	80 IM	01/12/2014	December Training Times
1:51.34 S	F 0.00	100 IM	11/10/2014	Forres Mini-Meet 2014
9:16.65 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Alex Philip (15) M				
27.00 S	F 0.00	40 Free	25/02/2014	Updated Training Times Feb 2014
33.94 S	F 0.00	50 Free	02/09/2014	September 2014 Training Times
42.19 S	F 0.00	60 Free	02/09/2014	September 2014 Training Times
1:11.18 S	F -4.72	100 Free	02/09/2014	September 2014 Training Times
2:24.70 S	F -3.52	200 Free	25/10/2014	Alloa Graded Meet 2014
5:07.75 S	T 0.00	400 Free	26/01/2014	HST New Year Meet
21:20.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
29.00 S	F 0.00	40 Back	25/02/2014	Updated Training Times Feb 2014
35.61 S	F -3.19	50 Back	25/10/2014	Alloa Graded Meet 2014
1:17.27 S	F -0.76	100 Back	03/04/2014	Grantown Club Champs
2:41.37 S	F -5.13	200 Back	14/06/2014	ND Development Meet 2014
36.00 S	F 0.00	40 Breast	25/02/2014	Updated Training Times Feb 2014
46.76 S	F 0.00	50 Breast	02/09/2014	September 2014 Training Times
1:33.14 S	F -2.70	100 Breast	03/04/2014	Grantown Club Champs
3:16.64 S	T 0.00	200 Breast	26/01/2014	HST New Year Meet
30.00 S	F 0.00	40 Fly	25/02/2014	Updated Training Times Feb 2014

Individual Top Times (Best Times and Improvement Since: 01-Jan-14)

Times until: 08-Dec-14

Show Short Course Only

Time	P/F/S	Event		
Alex Philip (15) M				
38.85 S	F 0.00	50 Fly	02/09/2014	September 2014 Training Times
47.19 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
1:18.82 S	F -10.57	100 Fly	19/04/2014	Buckie Age Groups 2014
2:48.42 S	F -18.58	200 Fly	05/11/2014	Scottish Schools Highland Heats
1:18.00 S	F 0.00	80 IM	06/06/2014	Training Times June 2014
2:16.13 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
2:39.44 S	F 0.00	200 IM	25/10/2014	Alloa Graded Meet 2014
5:38.90 S	F -25.50	400 IM	29/11/2014	ND Age Group Meet 2014
Lauren Philip (12) F				
34.61 S	F 0.00	50 Free	07/06/2014	2014 Elgin Mini Meet
49.81 S	F 0.00	60 Free	02/09/2014	September 2014 Training Times
1:17.39 S	F -6.41	100 Free	19/04/2014	Buckie Age Groups 2014
2:40.68 S	F -8.48	200 Free	25/10/2014	Alloa Graded Meet 2014
5:51.26 S	F -38.04	400 Free	01/12/2014	December Training Times
12:27.27 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
25:03.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
43.51 S	F 0.00	50 Back	02/09/2014	September 2014 Training Times
1:25.66 S	F -4.36	100 Back	03/04/2014	Grantown Club Champs
2:53.97 S	F -4.16	200 Back	29/11/2014	ND Age Group Meet 2014
42.95 S	F -0.43	50 Breast	07/06/2014	2014 Elgin Mini Meet
1:32.83 S	F -11.44	100 Breast	29/11/2014	ND Age Group Meet 2014
3:16.77 S	F -1.27	200 Breast	14/06/2014	ND Development Meet 2014
39.23 S	F 0.00	50 Fly	07/06/2014	2014 Elgin Mini Meet
53.97 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
1:24.42 S	F -9.81	100 Fly	29/11/2014	ND Age Group Meet 2014
3:07.08 S	F -28.35	200 Fly	29/11/2014	ND Age Group Meet 2014
1:10.21 S	F -1.56	80 IM	02/10/2014	Training Times 2nd & 7th October 2014
2:25.86 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
2:55.60 S	F -7.93	200 IM	29/11/2014	ND Age Group Meet 2014
6:14.79 S	F -37.59	400 IM	14/06/2014	ND Development Meet 2014
Gregory Price (14) M				
1:21.99 S	F -4.05	100 Free	02/09/2014	September 2014 Training Times
1:37.57 S	F 0.00	100 Back	01/03/2014	Updated Training Times March 2014
1:51.83 S	F -3.49	100 Breast	03/04/2014	Grantown Club Champs
1:47.75 S	F 0.00	100 Fly	03/04/2014	Grantown Club Champs
1:16.27 S	F 0.00	80 IM	06/06/2014	Training Times June 2014
Nia Quinn (10) F				
30.00 S	F 0.00	40 Free	30/01/2014	Updated Training Times 30th January 2014
35.09 S	F -6.46	50 Free	05/11/2014	Scottish Schools Highland Heats
50.10 S	F -2.76	60 Free	02/09/2014	September 2014 Training Times
1:22.37 S	F -10.62	100 Free	25/10/2014	Alloa Graded Meet 2014
2:56.92 S	F -29.08	200 Free	25/10/2014	Alloa Graded Meet 2014
6:24.09 S	F -72.91	400 Free	01/12/2014	December Training Times
14:29.15 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
29:02.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
37.00 S	F 0.00	40 Back	30/01/2014	Updated Training Times 30th January 2014
39.75 S	F -5.82	50 Back	05/11/2014	Scottish Schools Highland Heats
56.90 S	F -2.70	60 Back	03/04/2014	Grantown Club Champs
1:29.10 S	F -12.81	100 Back	01/12/2014	December Training Times
3:17.62 S	F -29.38	200 Back	25/10/2014	Alloa Graded Meet 2014
50.00 S	F 0.00	40 Breast	30/01/2014	Updated Training Times 30th January 2014
53.58 S	F -10.97	50 Breast	08/11/2014	Buckie ASC Mini Meet 2014
1:16.95 S	F -1.85	60 Breast	02/09/2014	September 2014 Training Times
1:58.00 S	F -18.58	100 Breast	01/12/2014	December Training Times
4:31.70 S	F -10.02	200 Breast	02/09/2014	September 2014 Training Times
40.00 S	F 0.00	40 Fly	30/01/2014	Updated Training Times 30th January 2014
45.71 S	F -7.32	50 Fly	08/11/2014	Buckie ASC Mini Meet 2014
1:11.17 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
1:52.43 S	F -10.00	100 Fly	01/12/2014	December Training Times
4:22.00 S	F 0.00	200 Fly	01/03/2014	Updated Training Times March 2014
1:21.28 S	F -2.72	80 IM	06/10/2014	October 2014 Training Times
1:40.31 S	F -4.33	100 IM	11/10/2014	Forres Mini-Meet 2014

Individual Top Times (Best Times and Improvement Since: 01-Jan-14)

Times until: 08-Dec-14

Show Short Course Only

Time	P/F/S	Event		
Nia Quinn (10) F				
2:48.23 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
3:31.24 S	F -12.86	200 IM	25/10/2014	Alloa Graded Meet 2014
7:36.68 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Beth Rutledge (15) F				
25.53 S	F 0.00	40 Free	25/02/2014	Updated Training Times Feb 2014
1:11.03 S	F 0.00	100 Free	03/04/2014	Grantown Club Champs
2:33.00 S	F -7.00	200 Free	02/09/2014	September 2014 Training Times
5:36.13 S	F -5.71	400 Free	05/11/2014	Scottish Schools Highland Heats
11:46.83 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
28.00 S	F 0.00	40 Back	25/02/2014	Updated Training Times Feb 2014
1:16.70 S	F 0.00	100 Back	03/04/2014	Grantown Club Champs
2:57.92 S	F 0.00	200 Back	06/06/2014	Training Times June 2014
36.00 S	F 0.00	40 Breast	25/02/2014	Updated Training Times Feb 2014
1:42.76 S	F 0.00	100 Breast	03/04/2014	Grantown Club Champs
32.00 S	F 0.00	40 Fly	25/02/2014	Updated Training Times Feb 2014
1:25.60 S	F 0.00	100 Fly	03/04/2014	Grantown Club Champs
1:06.62 S	F 0.00	80 IM	02/10/2014	Training Times 2nd & 7th October 2014
2:17.39 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
2:59.09 S	F 0.00	200 IM	05/11/2014	Scottish Schools Highland Heats
6:30.42 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Jessica Schulz (10) F				
37.95 S	F -2.36	50 Free	02/09/2014	September 2014 Training Times
47.33 S	F -5.89	60 Free	02/09/2014	September 2014 Training Times
1:23.95 S	F -10.62	100 Free	25/10/2014	Alloa Graded Meet 2014
3:02.47 S	F -27.53	200 Free	25/10/2014	Alloa Graded Meet 2014
6:39.39 S	F -65.61	400 Free	01/12/2014	December Training Times
15:29.96 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
28:53.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
45.19 S	F -3.52	50 Back	08/11/2014	Buckie ASC Mini Meet 2014
58.56 S	F -3.54	60 Back	03/04/2014	Grantown Club Champs
1:34.77 S	F -10.65	100 Back	01/12/2014	December Training Times
3:45.16 S	F -7.36	200 Back	06/06/2014	Training Times June 2014
48.31 S	F -5.52	50 Breast	08/11/2014	Buckie ASC Mini Meet 2014
1:03.97 S	F -1.85	60 Breast	02/09/2014	September 2014 Training Times
1:48.55 S	F -3.90	100 Breast	01/12/2014	December Training Times
3:54.18 S	F -1.54	200 Breast	25/10/2014	Alloa Graded Meet 2014
41.35 S	F -2.06	40 Fly	03/04/2014	Grantown Club Champs
50.28 S	F -3.84	50 Fly	08/11/2014	Buckie ASC Mini Meet 2014
1:07.85 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
1:54.49 S	F -30.35	100 Fly	01/12/2014	December Training Times
4:24.00 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
1:15.33 S	F -8.42	80 IM	01/12/2014	December Training Times
1:37.70 S	F -3.01	100 IM	25/10/2014	Alloa Graded Meet 2014
2:53.31 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
3:44.15 S	F 0.00	200 IM	28/06/2014	End June Training Times
7:33.47 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Adele Sellars (9) F				
59.35 S	F 0.00	50 Free	01/12/2014	December Training Times
1:17.08 S	F -8.07	60 Free	01/12/2014	December Training Times
2:18.03 S	F 0.00	100 Free	01/12/2014	December Training Times
1:04.28 S	F 0.00	50 Back	01/12/2014	December Training Times
1:18.91 S	F -3.21	60 Back	01/12/2014	December Training Times
1:19.37 S	F 0.00	50 Breast	01/12/2014	December Training Times
1:37.42 S	F 0.00	60 Breast	01/12/2014	December Training Times
1:34.48 S	F 0.00	50 Fly	01/12/2014	December Training Times
1:56.12 S	F 0.00	60 Fly	01/12/2014	December Training Times
Carla Sermanni (16) F				
1:07.59 S	F -4.86	100 Free	05/11/2014	Scottish Schools Highland Heats
1:14.81 S	F -0.23	100 Back	05/11/2014	Scottish Schools Highland Heats
1:41.03 S	F -0.73	100 Breast	03/04/2014	Grantown Club Champs
1:06.00 S	F 0.00	80 IM	06/06/2014	Training Times June 2014
Hamish Smith (16) M				

Individual Top Times (Best Times and Improvement Since: 01-Jan-14)

Times until: 08-Dec-14

Show Short Course Only

Time	P/F/S	Event		
Hamish Smith (16) M				
1:20.00 S	P -7.54	100 Free	06/06/2014	Training Times June 2014
2:46.00 S	F 0.00	200 Free	06/06/2014	Training Times June 2014
5:55.00 S	F 0.00	400 Free	25/02/2014	Updated Training Times Feb 2014
1:28.82 S	F 0.00	100 Back	01/03/2014	Updated Training Times March 2014
1:38.48 S	F -15.82	100 Breast	26/05/2014	Training Times 26/5/14
2:23.00 S	P 0.00	200 Fly	06/06/2014	Training Times June 2014
1:07.00 S	F 0.00	80 IM	06/06/2014	Training Times June 2014
Rebecca SMITH (15) F				
26.00 S	F 0.00	40 Free	25/02/2014	Updated Training Times Feb 2014
35.96 S	F 0.00	50 Free	02/09/2014	September 2014 Training Times
43.72 S	F 0.00	60 Free	02/09/2014	September 2014 Training Times
1:10.03 S	F -4.92	100 Free	08/03/2014	Forres Bluefins two-day meet
2:41.00 S	F 0.00	200 Free	02/09/2014	September 2014 Training Times
5:27.84 S	F 0.00	400 Free	01/03/2014	Updated Training Times March 2014
21:50.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
28.00 S	F 0.00	40 Back	25/02/2014	Updated Training Times Feb 2014
34.84 S	P -0.52	50 Back	04/10/2014	NDOpen inc Sprints 2014
1:13.19 S	F -0.96	100 Back	08/03/2014	Forres Bluefins two-day meet
2:35.70 S S	F -1.92	200 Back	22/03/2014	North District Age Group Championships
36.00 S	F 0.00	40 Breast	25/02/2014	Updated Training Times Feb 2014
1:29.85 S	F -6.56	100 Breast	08/03/2014	Forres Bluefins two-day meet
28.21 S	F 0.00	40 Fly	25/02/2014	Updated Training Times Feb 2014
33.25 S	F -1.25	50 Fly	25/10/2014	Alloa Graded Meet 2014
48.97 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
1:16.92 S	P -11.61	100 Fly	22/03/2014	North District Age Group Championships
1:04.61 S	F 0.00	80 IM	25/02/2014	Updated Training Times Feb 2014
1:18.12 S	F 0.00	100 IM	08/03/2014	Forres Bluefins two-day meet
2:16.85 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
2:42.97 S	T 0.00	200 IM	26/01/2014	HST New Year Meet
6:16.29 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Nicola Szczypior (8) F				
1:02.94 S	F 0.00	50 Free	01/12/2014	December Training Times
1:17.70 S	F -17.75	60 Free	01/12/2014	December Training Times
2:17.20 S	F 0.00	100 Free	01/12/2014	December Training Times
1:05.88 S	F 0.00	50 Back	01/12/2014	December Training Times
1:21.55 S	F -14.47	60 Back	01/12/2014	December Training Times
1:13.51 S	F 0.00	50 Breast	01/12/2014	December Training Times
1:30.57 S	F 0.00	60 Breast	01/12/2014	December Training Times
1:14.50 S	F 0.00	50 Fly	01/12/2014	December Training Times
1:30.83 S	F 0.00	60 Fly	01/12/2014	December Training Times
Freddie Talbot-Heigh (9) M				
20.72 S	F 0.00	25 Free	07/06/2014	2014 Elgin Mini Meet
43.52 S	F -11.38	50 Free	11/10/2014	Forres Mini-Meet 2014
59.63 S	F -7.47	60 Free	02/09/2014	September 2014 Training Times
1:49.68 S	F -10.86	100 Free	01/12/2014	December Training Times
4:19.69 S	F 0.00	200 Free	06/06/2014	Training Times June 2014
8:18.92 S	F -48.08	400 Free	01/12/2014	December Training Times
20:17.42 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
35:49.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
24.09 S	F 0.00	25 Back	07/06/2014	2014 Elgin Mini Meet
48.78 S	F -8.94	50 Back	08/11/2014	Buckie ASC Mini Meet 2014
1:10.90 S	F 0.00	60 Back	01/03/2014	Updated Training Times March 2014
2:00.66 S	F -2.39	100 Back	01/12/2014	December Training Times
4:40.69 S	F -0.95	200 Back	02/09/2014	September 2014 Training Times
28.15 S	F 0.00	25 Breast	07/06/2014	2014 Elgin Mini Meet
55.97 S	F -12.53	50 Breast	11/10/2014	Forres Mini-Meet 2014
1:18.53 S	F -5.07	60 Breast	02/09/2014	September 2014 Training Times
2:13.70 S	F -14.46	100 Breast	01/12/2014	December Training Times
5:04.28 S	F 0.00	200 Breast	06/06/2014	Training Times June 2014
24.90 S	F 0.00	25 Fly	07/06/2014	2014 Elgin Mini Meet
58.19 S	F -10.70	40 Fly	03/04/2014	Grantown Club Champs
1:07.97 S	F -6.32	50 Fly	11/10/2014	Forres Mini-Meet 2014

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Show Short Course Only

Time	P/F/S	Event		
Freddie Talbot-Heigh (9) M				
1:30.36 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
2:21.00 S	F -52.31	100 Fly	01/12/2014	December Training Times
6:13.00 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
1:33.25 S	F -8.75	80 IM	01/12/2014	December Training Times
1:49.85 S	F -21.78	100 IM	25/10/2014	Alloa Graded Meet 2014
3:29.62 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
4:37.34 S	F 0.00	200 IM	28/06/2014	End June Training Times
9:21.31 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Joshua Talbot-Heigh (10) M				
34.00 S	F 0.00	40 Free	30/01/2014	Updated Training Times 30th January 2014
35.88 S	F -3.83	50 Free	08/11/2014	Buckie ASC Mini Meet 2014
49.13 S	F -5.76	60 Free	02/09/2014	September 2014 Training Times
1:29.97 S	F -5.05	100 Free	02/09/2014	September 2014 Training Times
3:18.00 S	F -10.00	200 Free	06/06/2014	Training Times June 2014
6:44.86 S	F -51.14	400 Free	01/12/2014	December Training Times
15:20.83 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
36.00 S	F 0.00	40 Back	30/01/2014	Updated Training Times 30th January 2014
41.26 S	F -5.11	50 Back	08/11/2014	Buckie ASC Mini Meet 2014
58.44 S	F -1.45	60 Back	02/09/2014	September 2014 Training Times
1:36.27 S	F -5.59	100 Back	01/12/2014	December Training Times
3:09.79 S	F -24.21	200 Back	25/10/2014	Alloa Graded Meet 2014
44.00 S	F 0.00	40 Breast	30/01/2014	Updated Training Times 30th January 2014
49.27 S	F -6.47	50 Breast	08/11/2014	Buckie ASC Mini Meet 2014
1:07.93 S	F -3.60	60 Breast	02/09/2014	September 2014 Training Times
1:51.93 S	F -12.68	100 Breast	01/12/2014	December Training Times
3:50.83 S	F -43.17	200 Breast	25/10/2014	Alloa Graded Meet 2014
42.59 S	F -7.41	40 Fly	03/04/2014	Grantown Club Champs
43.84 S	F -12.53	50 Fly	08/11/2014	Buckie ASC Mini Meet 2014
1:09.16 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
1:53.12 S	F -21.47	100 Fly	01/12/2014	December Training Times
4:33.00 S	F -35.00	200 Fly	06/06/2014	Training Times June 2014
1:13.60 S	F -12.92	80 IM	01/12/2014	December Training Times
1:41.91 S	F -9.02	100 IM	26/04/2014	Inverness Graded Meet 2014
2:49.37 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
3:35.56 S	F -15.12	200 IM	01/12/2014	December Training Times
Lewis Taylor (16) M				
30.82 S	F 0.00	50 Free	02/09/2014	September 2014 Training Times
38.06 S	F 0.00	60 Free	02/09/2014	September 2014 Training Times
1:04.39 S	F -5.68	100 Free	03/04/2014	Grantown Club Champs
2:33.00 S	F 0.00	200 Free	06/06/2014	Training Times June 2014
5:25.43 S	F -5.19	400 Free	01/03/2014	Updated Training Times March 2014
11:13.54 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
22:32.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
37.00 S	F 0.00	50 Back	02/09/2014	September 2014 Training Times
1:15.00 S	F -4.95	100 Back	26/05/2014	Training Times 26/5/14
2:45.00 S	F 0.00	200 Back	02/09/2014	September 2014 Training Times
43.56 S	F 0.00	50 Breast	02/09/2014	September 2014 Training Times
1:25.63 S	F -8.53	100 Breast	03/04/2014	Grantown Club Champs
3:16.54 S	F 0.00	200 Breast	02/09/2014	September 2014 Training Times
36.70 S	F 0.00	50 Fly	02/09/2014	September 2014 Training Times
45.94 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
1:16.63 S	F -9.61	100 Fly	03/04/2014	Grantown Club Champs
3:17.00 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
2:10.58 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
2:38.34 S	F 0.00	200 IM	14/06/2014	ND Development Meet 2014
5:55.26 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Rhona Taylor (12) F				
30.00 S	F 0.00	40 Free	30/01/2014	Updated Training Times 30th January 2014
37.41 S	F 0.00	50 Free	28/06/2014	End June Training Times
48.22 S	F 0.00	60 Free	02/09/2014	September 2014 Training Times
1:19.96 S	F -9.04	100 Free	05/11/2014	Scottish Schools Highland Heats
3:05.00 S	F 0.00	200 Free	02/09/2014	September 2014 Training Times

Individual Top Times (Best Times and Improvement Since: 01-Jan-14)

Times until: 08-Dec-14

Show Short Course Only

Time	P/F/S	Event		
Rhona Taylor (12) F				
3:05.00 S	F 0.00	200 Free	25/02/2014	Updated Training Times Feb 2014
6:28.29 S	F -27.71	400 Free	02/09/2014	September 2014 Training Times
13:44.46 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
25:14.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
35.00 S	F 0.00	40 Back	30/01/2014	Updated Training Times 30th January 2014
47.42 S	F 0.00	50 Back	02/09/2014	September 2014 Training Times
1:37.00 S	F -9.32	100 Back	26/05/2014	Training Times 26/5/14
3:47.00 S	F 0.00	200 Back	06/06/2014	Training Times June 2014
3:47.00 S	F 0.00	200 Back	01/03/2014	Updated Training Times March 2014
40.00 S	F 0.00	40 Breast	30/01/2014	Updated Training Times 30th January 2014
49.98 S	F 0.00	50 Breast	28/06/2014	End June Training Times
1:44.26 S	F -12.44	100 Breast	01/12/2014	December Training Times
3:34.42 S	F -30.58	200 Breast	05/11/2014	Scottish Schools Highland Heats
35.00 S	F 0.00	40 Fly	30/01/2014	Updated Training Times 30th January 2014
48.58 S	F 0.00	50 Fly	02/09/2014	September 2014 Training Times
59.32 S	F 0.00	60 Fly	01/03/2014	Updated Training Times March 2014
1:43.16 S	F -11.18	100 Fly	01/12/2014	December Training Times
1:14.53 S	F -0.27	80 IM	02/10/2014	Training Times 2nd & 7th October 2014
1:35.12 S	F 0.00	100 IM	28/06/2014	End June Training Times
2:36.23 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
3:24.62 S	F 0.00	200 IM	28/06/2014	End June Training Times
Iris Westbrook (10) F				
51.43 S	F -4.92	50 Free	03/04/2014	Training Times 3/4/14 (Club Gala)
1:07.88 S	F -2.03	60 Free	02/09/2014	September 2014 Training Times
2:05.84 S	F -3.51	100 Free	01/12/2014	December Training Times
4:37.53 S	F 0.00	200 Free	06/06/2014	Training Times June 2014
10:02.32 S	F 0.00	400 Free	01/12/2014	December Training Times
41:16.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
56.50 S	F -3.90	50 Back	08/11/2014	Buckie ASC Mini Meet 2014
1:13.85 S	F 0.00	60 Back	01/03/2014	Updated Training Times March 2014
2:13.70 S	F 0.00	100 Back	01/12/2014	December Training Times
5:00.70 S	F -26.72	200 Back	02/09/2014	September 2014 Training Times
59.63 S	F -13.68	50 Breast	08/11/2014	Buckie ASC Mini Meet 2014
1:29.95 S	F -0.42	60 Breast	02/09/2014	September 2014 Training Times
2:26.17 S	F 0.00	100 Breast	01/12/2014	December Training Times
5:25.66 S	F -0.26	200 Breast	02/09/2014	September 2014 Training Times
52.13 S	F -10.28	40 Fly	03/04/2014	Grantown Club Champs
1:20.40 S	F 0.00	50 Fly	02/09/2014	September 2014 Training Times
1:38.12 S	F 0.00	60 Fly	02/09/2014	September 2014 Training Times
2:34.58 S	F 0.00	100 Fly	01/12/2014	December Training Times
6:10.00 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
1:43.50 S	F -5.50	80 IM	01/12/2014	December Training Times
4:06.61 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
Daisy Wisely (11) F				
35.00 S	F 0.00	40 Free	30/01/2014	Updated Training Times 30th January 2014
36.41 S	F -3.64	50 Free	08/11/2014	Buckie ASC Mini Meet 2014
50.37 S	F 0.00	60 Free	02/09/2014	September 2014 Training Times
1:23.87 S	F -12.47	100 Free	25/10/2014	Alloa Graded Meet 2014
3:23.87 S	F -10.13	200 Free	01/03/2014	Updated Training Times March 2014
6:28.26 S	F -110.74	400 Free	01/12/2014	December Training Times
14:31.06 S	F 0.00	800 Free	06/06/2014	Training Times June 2014
28:15.00 S	F 0.00	1500 Free	22/05/2014	Updated training times 22/5/14
40.00 S	F 0.00	40 Back	30/01/2014	Updated Training Times 30th January 2014
44.37 S	F -2.76	50 Back	08/11/2014	Buckie ASC Mini Meet 2014
58.88 S	F 0.00	60 Back	02/09/2014	September 2014 Training Times
1:38.49 S	F -9.46	100 Back	26/04/2014	Inverness Graded Meet 2014
3:44.28 S	F -5.37	200 Back	06/06/2014	Training Times June 2014
45.00 S	F 0.00	40 Breast	30/01/2014	Updated Training Times 30th January 2014
46.82 S	F -4.74	50 Breast	05/11/2014	Scottish Schools Highland Heats
1:04.51 S	F 0.00	60 Breast	02/09/2014	September 2014 Training Times
1:54.76 S	F -3.53	100 Breast	26/04/2014	Inverness Graded Meet 2014
4:01.26 S	F -7.74	200 Breast	02/09/2014	September 2014 Training Times
40.00 S	F 0.00	40 Fly	30/01/2014	Updated Training Times 30th January 2014

Individual Top Times (Best Times and Improvement Since: 01-Jan-14)
Times until: 08-Dec-14**Show Short Course Only**

Time	P/F/S	Event		
Daisy Wisely (11) F				
41.00 S	F -6.16	50 Fly	05/11/2014	Scottish Schools Highland Heats
59.97 S	F -4.12	60 Fly	02/09/2014	September 2014 Training Times
1:35.67 S	F -19.32	100 Fly	29/11/2014	ND Age Group Meet 2014
4:12.00 S	F 0.00	200 Fly	06/06/2014	Training Times June 2014
1:13.60 S	F -6.80	80 IM	01/12/2014	December Training Times
1:33.15 S	F -4.19	100 IM	08/03/2014	Forres Bluefins two-day meet
2:43.56 S	F 0.00	160 IM	06/10/2014	October 2014 Training Times
3:18.38 S	F -24.88	200 IM	25/10/2014	Alloa Graded Meet 2014
7:24.92 S	F 0.00	400 IM	02/10/2014	Training Times 2nd & 7th October 2014