

RECORDS All Time Records

SC Meters-Female

8 & U	50	Free	37.96	18-Mar-07	NGRX	ISLA R. GOSLING at TAIN SWIMFEST
	100	Free	1:47.47	17-Jun-13	NGRX	Jessica Schulz at Updated times June 2013
	200	Free	4:17.00	16-Jun-01	NGRX	JESS SUTHERLAND at Records Udate
	400	Free	8:45.00	17-Jun-13	NGRX	Jessica Schulz at Updated times June 2013
	800	Free	16:28.00	17-Jun-13	NGRX	Jessica Schulz at Updated times June 2013
	1500	Free	40:33.00	16-Jun-01	NGRX	CATRIONA CALDER at Records Udate
	50	Back	51.07	9-Mar-13	NGRX	Jessica Schulz at Forres Bluefins two-day meet
	100	Back	2:00.42	17-Jun-13	NGRX	Jessica Schulz at Updated times June 2013
	200	Back	5:04.81	2-Sep-14	NGRX	Rianna Darroch at September 2014 Training Times
	50	Breast	57.36	30-Jan-11	NGRX	Niamh PETERS at HST New Year Meet
	100	Breast	2:07.28	30-Jan-11	NGRX	Niamh PETERS at HST New Year Meet
	200	Breast	4:57.52	6-Jun-14	NGRX	Holly Corcoran at Training Times June 2014
	50	Fly	57.44	8-Mar-14	NGRX	Isla Oakes at Forres Bluefins two-day meet
	100	Fly	2:47.91	8-Dec-12	NGRX	Jessica Schulz at Updated Times Dec 2012
	200	Fly	5:44.00	6-Jun-14	NGRX	Holly Corcoran at Training Times June 2014
	100	IM	1:54.10	27-Apr-13	NGRX	Jessica Schulz at Inverness Graded Meet 2013
	200	IM	5:03.00	28-Jun-14	NGRX	Holly Corcoran at End June Training Times
	400	IM	15:00.00	16-Feb-14		No record
9-9	50	Free	39.09	7-Jun-14	NGRX	Jessica Schulz at 2014 Elgin Mini Meet
	100	Free	1:34.57	26-May-14	NGRX	Jessica Schulz at Training Times 26/5/14
	200	Free	3:18.00	6-Jun-14	NGRX	Jessica Schulz at Training Times June 2014
	400	Free	7:07.42	25-Mar-14	NGRX	Jessica Schulz at Updated Training Times 25/3/14
	800	Free	15:29.96	6-Jun-14	NGRX	Jessica Schulz at Training Times June 2014
	1500	Free	28:01.00	5-Dec-13	NGRX	Sophie Borthwick at Updating times Dec 13
	50	Back	44.20	9-Jun-12	NGRX	Lauren Philip at Elgin Mini Meet 2012
	100	Back	1:43.48	29-Jan-12	NGRX	Lauren Philip at HST New Year Meet
	200	Back	3:45.16	6-Jun-14	NGRX	Jessica Schulz at Training Times June 2014
	50	Breast	50.38	7-Jun-14	NGRX	Jessica Schulz at 2014 Elgin Mini Meet
	100	Breast	1:52.45	26-Jan-14	NGRX	Jessica Schulz at HST New Year Meet
	200	Breast	3:55.72	26-Jan-14	NGRX	Jessica Schulz at HST New Year Meet
	50	Fly	46.81	8-Mar-14	NGRX	Katie Hay at Forres Bluefins two-day meet
	100	Fly	1:58.06	26-May-14	NGRX	Katie Hay at Training Times 26/5/14
	200	Fly	4:18.00	1-Mar-14	NGRX	Katie Hay at Updated Training Times March 2014
	100	IM	1:40.71	26-Jan-14	NGRX	Jessica Schulz at HST New Year Meet
	200	IM	3:47.75	26-Jan-14	NGRX	Katie Hay at HST New Year Meet
	400	IM	9:16.65	2-Oct-14	NGRX	Isla Oakes at Training Times 2nd & 7th October 2014
10-10	50	Free	35.08	8-Nov-14	NGRX	Nia Quinn at Highland Schoold Gala 2014
	100	Free	1:22.37	25-Oct-14	NGRX	Nia Quinn at Alloa Graded Meet 2014
	200	Free	2:56.92	25-Oct-14	NGRX	Nia Quinn at Alloa Graded Meet 2014
	400	Free	6:49.00	2-Sep-14	NGRX	Nia Quinn at September 2014 Training Times
	800	Free	14:29.15	6-Jun-14	NGRX	Nia Quinn at Training Times June 2014
	1500	Free	23:08.25	29-Sep-11	NGRX	AMELIA MCAULEY-BRAND at 1,500 & 50 timings
	50	Back	39.80	8-Nov-14	NGRX	Nia Quinn at Buckie ASC Mini Meet 2014
	100	Back	1:36.89	29-Jan-12	NGRX	Elizabeth Mills at HST New Year Meet
	200	Back	3:16.30	20-Apr-13	NGRX	Lauren Philip at Buckie Age Groups 2013
	50	Breast	47.20	8-Jun-13	NGRX	Lauren Philip at 2013 Elgin Mini Meet
	100	Breast	1:44.77	27-Jan-13	NGRX	Lauren Philip at HST New Year Meet
	200	Breast	3:39.38	20-Apr-13	NGRX	Lauren Philip at Buckie Age Groups 2013
	50	Fly	39.85	8-Jun-13	NGRX	Lauren Philip at 2013 Elgin Mini Meet
	100	Fly	1:43.48	25-Oct-14	NGRX	Katie Hay at Alloa Graded Meet 2014
	200	Fly	4:11.00	6-Jun-14	NGRX	Katie Hay at Training Times June 2014
	100	IM	1:33.15	8-Mar-14	NGRX	Daisy Wisely at Forres Bluefins two-day meet

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10-10	200 IM	3:31.24	25-Oct-14	NGRX	Nia Quinn	at Alloa Graded Meet 2014
	400 IM	7:33.47	2-Oct-14	NGRX	Jessica Schulz	at Training Times 2nd & 7th October 2014
11-11	50 Free	34.53	14-Jun-08	NGRX	HOLLY DUNBAR	at Elgin Mini Meet
	100 Free	1:16.48	14-Mar-09	NGRX	Lesley Davis	at Forres Two Day Meet
	200 Free	2:49.16	26-Jan-14	NGRX	Lauren Philip	at HST New Year Meet
	400 Free	6:11.07	25-Sep-02	SASA	JENNY ASH	at Records update
	800 Free	12:12.00	25-Sep-02	SASA	JENNY ASH	at Records update
	1500 Free	25:03.00	22-May-14	NGRX	Lauren Philip	at Updated training times 22/5/14
	50 Back	39.75	5-Nov-14	NGRX	Nia Quinn	at Scottish Schools Highland Heats
	100 Back	1:25.66	3-Apr-14	NGRX	Lauren Philip	at Grantown Club Champs
	200 Back	3:12.66	1-Jun-13	NGRX	Lauren Philip	at ND Development Meet
	50 Breast	42.83	18-May-08	NGRX	HOLLY DUNBAR	at Grantown Club Championships
	100 Breast	1:34.44	8-Mar-08	NGRX	HOLLY DUNBAR	at Forres Two Day Meet
	200 Breast	3:18.04	26-Jan-14	NGRX	Lauren Philip	at HST New Year Meet
	50 Fly	39.23	7-Jun-14	NGRX	Lauren Philip	at 2014 Elgin Mini Meet
	100 Fly	1:28.38	3-Apr-14	NGRX	Lauren Philip	at Grantown Club Champs
	200 Fly	3:27.95	25-Sep-02	SASA	JENNY ASH	at Records update
	100 IM	1:26.79	28-Jun-09	NGRX	Rhona Davis	at HST June 09 Meet
	200 IM	3:00.90	19-Apr-14	NGRX	Lauren Philip	at Buckie Age Groups 2014
	400 IM	6:29.91	19-Apr-14	NGRX	Lauren Philip	at Buckie Age Groups 2014
12-12	50 Free	32.18	26-Jan-14	NGRX	Elizabeth Mills	at HST New Year Meet
	100 Free	1:11.88	4-Jun-09	NGRX	HOLLY DUNBAR	at Grantown Club Championship 2009
	200 Free	2:34.96	7-Nov-09	NGRX	Lesley Davis	at Aberdeen Dolphin Mitchell Trophy
	400 Free	5:33.39	26-Jan-14	NGRX	Elizabeth Mills	at HST New Year Meet
	800 Free	13:13.16	19-Sep-13	NGRX	Elizabeth Mills	at Updated times Sept 2013
	1500 Free	24:33.18	29-Sep-11	NGRX	Beth Rutledge	at 1,500 & 50 timings
	50 Back	38.55	17-Jun-13	NGRX	Elizabeth Mills	at Updated times June 2013
	100 Back	1:21.00	5-Dec-09	NGRX	Lesley Davis	at North District Age Group Meet
	200 Back	2:48.78	7-Nov-09	NGRX	Lesley Davis	at Aberdeen Dolphin Mitchell Trophy
	50 Breast	43.21	7-Nov-09	NGRX	Rhona Davis	at Aberdeen Dolphin Mitchell Trophy
	100 Breast	1:28.13	26-Mar-09	NGRX	HOLLY DUNBAR	at GRANTOWN BREAST SPLASH CHALLENGE
	200 Breast	3:02.02	28-Jun-14	NGRX	Rhona Taylor	at End June Training Times
	50 Fly	37.35	7-Nov-09	NGRX	Lesley Davis	at Aberdeen Dolphin Mitchell Trophy
	100 Fly	1:25.62	5-Dec-09	NGRX	Lesley Davis	at North District Age Group Meet
	200 Fly	3:13.82	14-Jun-14	NGRX	Lauren Philip	at ND Development Meet 2014
	100 IM	1:27.84	26-Jan-14	NGRX	Anna Metcalfe	at HST New Year Meet
	200 IM	2:54.39	5-Dec-09	NGRX	Lesley Davis	at North District Age Group Meet
	400 IM	6:14.79	14-Jun-14	NGRX	Lauren Philip	at ND Development Meet 2014
13-13	50 Free	30.62	3-Apr-11	NGRX	Carla Sermanni	at Tain Swimfest
	50 Free	30.62	3-Apr-11	NGRX	Carla Sermanni	at Tain Swimfest
	100 Free	1:07.55	13-Mar-10	NGRX	Ciara Peters	at Forres Two Day Meet
	200 Free	2:25.90	24-Apr-10	NGRX	Ciara Peters	at Buckie Age Group 10
	400 Free	5:09.27	31-Jan-10	NGRX	Ciara Peters	at HST New Year Meet
	800 Free	10:40.61	31-Jan-10	NGRX	Ciara Peters	at HST New Year Meet
	1500 Free	20:57.87	31-Oct-09	NGRX	Ciara Peters	at ND Distance Meet 2009 - L1/262/ND/NOV09
	50 Back	35.90	3-Apr-11	NGRX	Carla Sermanni	at Tain Swimfest
	100 Back	1:17.49	13-Mar-10	NGRX	Ciara Peters	at Forres Two Day Meet
	200 Back	2:43.64	5-Dec-09	NGRX	Ciara Peters	at North District Age Group Meet
	50 Breast	40.63	5-Feb-10	NGRX	HOLLY DUNBAR	at Nairn v Grantown friendly
	100 Breast	1:27.24	5-Dec-09	NGRX	HOLLY DUNBAR	at North District Age Group Meet
	200 Breast	2:48.47	6-Jun-14	NGRX	Elizabeth Mills	at Training Times June 2014
	50 Fly	36.65	18-Apr-10	NGRX	Ciara Peters	at Tain Swimfest
	100 Fly	1:21.41	1-May-10	NGRX	Ciara Peters	at Inverness Graded Meet 2010

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13-13	200 Fly	3:08.42	5-Nov-14	NGRX	Lauren Philip at Scottish Schools Highland Heats
	100 IM	1:20.10	28-Jun-09	NGRX	HOLLY DUNBAR at HST June 09 Meet
	200 IM	2:51.00	5-Dec-09	NGRX	Ciara Peters at North District Age Group Meet
	400 IM	6:05.89	20-Feb-10	NGRX	Ciara Peters at Elgin Spring Meet 2010
14-14	50 Free	30.94	2-Oct-10	NGRX	Ciara Peters at North District Sprint Championships
	100 Free	1:06.50	12-Mar-11	NGRX	Ciara Peters at Forres Two Day Meet
	200 Free	2:20.86	5-Feb-11	NGRX	Ciara Peters at North District Age Group Meet
	400 Free	4:50.71	5-Mar-11	NGRX	Ciara Peters at ND Age Group Championships
	800 Free	9:56.63	5-Mar-11	NGRX	Ciara Peters at ND Age Group Championships
	1500 Free	19:25.59	7-May-11	NGRX	Ciara Peters at Westhill Invitational 2011
	50 Back	34.73	7-May-11	NGRX	Ciara Peters at Westhill Invitational 2011
	100 Back	1:12.82	5-Mar-11	NGRX	Ciara Peters at ND Age Group Championships
	200 Back	2:31.00	5-Feb-11	NGRX	Ciara Peters at North District Age Group Meet
	50 Breast	40.03	3-Apr-11	NGRX	HOLLY DUNBAR at Tain Swimfest
	100 Breast	1:27.20	5-Feb-11	NGRX	Ciara Peters at North District Age Group Meet
	200 Breast	3:04.93	7-May-11	NGRX	Ciara Peters at Westhill Invitational 2011
	50 Fly	34.50	26-Jan-14	NGRX	Rebecca SMITH at HST New Year Meet
	100 Fly	1:16.92	22-Mar-14	NGRX	Rebecca SMITH at North District Age Group Championships
	200 Fly	3:05.10	5-Dec-13	NGRX	Rebecca SMITH at Updating times Dec 13
	100 IM	1:15.94	30-Jan-11	NGRX	Ciara Peters at HST New Year Meet
	200 IM	2:38.07	5-Mar-11	NGRX	Ciara Peters at ND Age Group Championships
	400 IM	5:40.00	5-Feb-11	NGRX	Ciara Peters at North District Age Group Meet
15-15	50 Free	30.45	29-Jan-12	NGRX	Ciara Peters at HST New Year Meet
	100 Free	1:06.12	29-Jan-12	NGRX	Ciara Peters at HST New Year Meet
	200 Free	2:18.80	3-Mar-12	NGRX	Ciara Peters at Age Group Championships 2012
	400 Free	4:44.32	3-Mar-12	NGRX	Ciara Peters at Age Group Championships 2012
	800 Free	9:55.82	15-Dec-11	NGRX	Ciara Peters at Scottish National S.C.Open Championships
	1500 Free	20:09.59	19-Sep-13	NGRX	Stephanie Macleod at Updated times Sept 2013
	50 Back	33.83	15-Dec-11	NGRX	Ciara Peters at Scottish National S.C.Open Championships
	100 Back	1:12.33	29-Jan-12	NGRX	Ciara Peters at HST New Year Meet
	200 Back	2:31.35	15-Dec-11	NGRX	Ciara Peters at Scottish National S.C.Open Championships
	50 Breast	40.55	1-Oct-11	NGRX	Ciara Peters at North District Sprint Championships
	100 Breast	1:26.10	1-Mar-14	NGRX	Ailsa Hepburn at Updated Training Times March 2014
	200 Breast	2:51.57	2-Sep-14	NGRX	Rebecca SMITH at September 2014 Training Times
	50 Fly	33.25	25-Oct-14	NGRX	Rebecca SMITH at Alloa Graded Meet 2014
	100 Fly	1:17.70	26-Mar-07	NGRX	JENNY ASH at GRANTOWN CLUB Championships 07
	200 Fly	2:49.08	3-Jul-11	NGRX	Ciara Peters at HST Summer Meet 2011
	100 IM	1:13.79	1-Oct-11	NGRX	Ciara Peters at North District Sprint Championships
	200 IM	2:36.57	3-Mar-12	NGRX	Ciara Peters at Age Group Championships 2012
	400 IM	5:31.08	12-Nov-11	NGRX	Ciara Peters at Aberdeen Dolphin Mitchell Trophy 2011
16-16	50 Free	30.01	2-Feb-13	NGRX	Ciara Peters at Aberdeen Dolphin Mitchell Trophy
	100 Free	1:06.07	21-Mar-13	NGRX	Ciara Peters at Grantown Club Championships 2013
	200 Free	2:17.92	2-Mar-13	NGRX	Ciara Peters at N D Age Group Championships
	400 Free	4:45.65	2-Feb-13	NGRX	Ciara Peters at Aberdeen Dolphin Mitchell Trophy 2013
	800 Free	10:01.91	14-Dec-12	NGRX	Ciara Peters at Scottish Gas National Open SC Championships
	1500 Free	19:12.95	3-Nov-12	NGRX	Ciara Peters at ND Distance Meet
	50 Back	34.76	6-Oct-12	NGRX	Ciara Peters at ND Sprints
	100 Back	1:13.44	26-Jan-14	NGRX	Stephanie Macleod at HST New Year Meet
	200 Back	2:36.08	2-Feb-13	NGRX	Ciara Peters at Aberdeen Dolphin Mitchell Trophy 2013
	50 Breast	41.78	6-Oct-12	NGRX	Ciara Peters at ND Sprint Championships 2012
	100 Breast	1:28.44	8-Mar-14	NGRX	Stephanie Macleod at Forres Bluefins two-day meet
	200 Breast	3:17.03	1-Jul-12	NGRX	Ciara Peters at HST Summer Meet
	50 Fly	32.76	6-Oct-12	NGRX	Ciara Peters at ND Sprint Championships 2012

RECORDS All Time Records

16-16	100 Fly	1:15.81	2-Feb-13	NGRX	Ciara Peters	at Aberdeen Dolphin Mitchell Trophy 2013
	200 Fly	2:51.65	9-Nov-07	NGRX	JENNY ASH	at HIGHLAND SCHOOLS 2007
	100 IM	1:13.31	6-Oct-12	NGRX	Ciara Peters	at ND Sprint Championships 2012
	200 IM	2:37.91	2-Feb-13	NGRX	Ciara Peters	at Aberdeen Dolphin Mitchell Trophy 2013
	400 IM	5:37.18	2-Feb-13	NGRX	Ciara Peters	at Aberdeen Dolphin Mitchell Trophy 2013
17-17	50 Free	29.90	26-Jan-14	NGRX	Ciara Peters	at HST New Year Meet
	100 Free	1:05.59	3-Apr-14	NGRX	Ciara Peters	at Grantown Club Champs
	200 Free	2:25.50	26-Jan-14	NGRX	Ciara Peters	at HST New Year Meet
	400 Free	4:45.81	14-Nov-12	NGRX	Ciara Peters	at Highland School Championships
	800 Free	10:03.61	29-Jun-13	NGRX	Ciara Peters	at ND EoS Champs 2013
	1500 Free	19:31.37	29-Jun-13	NGRX	Ciara Peters	at ND EoS Champs 2013
	50 Back	34.70	5-Oct-13	NGRX	Ciara Peters	at ND Sprint Championships 2013
	100 Back	1:14.81	5-Nov-14	NGRX	Carla Sermanni	at Scottish Schools Highland Heats
	200 Back	2:46.55	14-Jun-14	NGRX	Stephanie Macleod	at ND Development Meet 2014
	50 Breast	41.63	5-Oct-13	NGRX	Ciara Peters	at ND Sprint Championships 2013
	100 Breast	1:30.53	3-Apr-14	NGRX	Ciara Peters	at Grantown Club Champs
	200 Breast	3:19.92	5-Dec-13	NGRX	Ciara Peters	at Updating times Dec 13
	50 Fly	34.09	5-Oct-13	NGRX	Ciara Peters	at ND Sprint Championships 2013
	100 Fly	1:15.88	3-Apr-14	NGRX	Ciara Peters	at Grantown Club Champs
	200 Fly	2:54.95	5-Dec-13	NGRX	Ciara Peters	at Updating times Dec 13
	100 IM	1:16.58	5-Oct-13	NGRX	Ciara Peters	at ND Sprint Championships 2013
	200 IM	2:38.93	14-Nov-12	NGRX	Ciara Peters	at Highland School Championships
	400 IM	5:48.56	25-Feb-14	NGRX	Ciara Peters	at Updated Training Times Feb 2014
18-18	50 Free	15.00	1-Jan-11		no record	
18 & O	100 Free	1:06.44	13-Nov-13	NGRX	Ciara Peters	at Scottish Schools Highland Heats
	200 Free	2:29.00	6-Jun-14	NGRX	Ciara Peters	at Training Times June 2014
	400 Free	4:53.06	13-Nov-13	NGRX	Ciara Peters	at Scottish Schools Highland Heats
	800 Free	20:00.00	16-Feb-14		No record	
	1500 Free	18:45.00	22-May-14	NGRX	Ciara Peters	at Updated training times 22/5/14
	50 Back	41.57	8-Dec-12	NGRX	Alexandrea Macleod	at Updated Times Dec 2012
	100 Back	1:17.00	26-May-14	NGRX	Ciara Peters	at Training Times 26/5/14
	200 Back	2:53.02	6-Jun-14	NGRX	Ciara Peters	at Training Times June 2014
	50 Breast	53.07	8-Dec-12	NGRX	Alexandrea Macleod	at Updated Times Dec 2012
	100 Breast	1:46.00	26-May-14	NGRX	Ciara Peters	at Training Times 26/5/14
	200 Breast	5:00.00	16-Feb-14		No record	
	50 Fly	49.76	8-Dec-12	NGRX	Alexandrea Macleod	at Updated Times Dec 2012
	100 Fly	1:23.00	26-May-14	NGRX	Ciara Peters	at Training Times 26/5/14
	200 Fly	2:58.00	6-Jun-14	NGRX	Ciara Peters	at Training Times June 2014
	100 IM	2:00.00	16-Feb-14		No record	
	200 IM	2:53.04	5-Nov-14	NGRX	Stephanie Macleod	at Scottish Schools Highland Heats
	400 IM	10:00.00	16-Feb-14		No record	

RECORDS All Time Records
SC Meters-Male

8 & U	50	Free	42.64	1-Jan-03	NGRX	Ian MacKeller Missing Record
	100	Free	1:43.00	12-Jan-00	NGRX	Michael Wells Missing Record
	200	Free	4:10.72	26-Sep-12	NGRX	Calum Mackintosh at Training times Sep 2012
	800	Free	17:06.65	8-Dec-12	NGRX	Calum Mackintosh at Updated Times Dec 2012
	1500	Free	33:28.00	26-Sep-12	NGRX	Calum Mackintosh at Training times Sep 2012
	50	Back	44.44	12-Jan-00	NGRX	Michael Wells missing Record
	100	Back	1:44.97	3-Jul-11	NGRX	Angus Harrold at HST Summer Meet 2011
	200	Back	4:22.20	26-Sep-12	NGRX	Calum Mackintosh at Training times Sep 2012
	50	Breast	58.54	18-May-08	NGRX	Edward Fletcher at Grantown Club Championships
	100	Breast	2:19.46	8-Dec-12	NGRX	Calum Mackintosh at Updated Times Dec 2012
	200	Breast	4:40.36	26-Sep-12	NGRX	Calum Mackintosh at Training times Sep 2012
	50	Fly	49.00	12-Jan-00	NGRX	Michael Wells missing Record
	100	Fly	2:31.55	20-Sep-11	NGRX	Calum Langmuir at Grantown Training 100 Fly & 100 Back
	200	Fly	6:13.00	6-Jun-14	NGRX	Freddie Talbot-Heigh at Training Times June 2014
	100	IM	1:48.64	3-Jul-11	NGRX	Angus Harrold at HST Summer Meet 2011
	200	IM	6:00.00	16-Feb-14		No record
	400	IM	9:31.34	8-Dec-12	NGRX	Calum Mackintosh at Updated Times Dec 2012
9-9	50	Free	36.02	1-Jan-02	NGRX	Angus Crake Missing Record
	100	Free	1:23.61	1-Jan-99	NGRX	Hamish Crake Missing Record
	200	Free	3:05.00	1-Jan-99	NGRX	Hamish Crake Missing Record
	400	Free	6:46.21	1-Jan-99	NGRX	Hamish Crake Missing Record
	800	Free	14:57.08	18-Jun-12	NGRX	Angus Harrold at training times June 2012
	1500	Free	29:16.00	1-Jan-02	NGRX	David Murray Missing Record
	50	Back	42.72	1-Jan-99	NGRX	Hamish Crake Missing Record
	100	Back	1:27.72	1-Jan-99	NGRX	Hamish Crake Missing Record
	200	Back	3:06.49	1-Jan-99	NGRX	Hamish Crake Missing Record
	50	Breast	51.62	7-Jun-14	NGRX	Joshua Talbot-Heigh at 2014 Elgin Mini Meet
	100	Breast	2:01.42	5-Dec-13	NGRX	Calum Mackintosh at Updating times Dec 13
	200	Breast	4:09.90	6-Jun-14	NGRX	Joshua Talbot-Heigh at Training Times June 2014
	50	Fly	32.96	18-Mar-07	NGRX	Ciaran Robertson at TAIN SWIMFEST
	100	Fly	1:44.37	1-Jan-99	NGRX	Hamish Crake Missing Record
	200	Fly	4:27.89	9-Feb-12	NGRX	Angus Harrold at Training times updated
	100	IM	1:34.06	1-Jan-99	NGRX	Hamish Crake Missing Record
	200	IM	3:22.00	1-Jan-99	NGRX3	Hamish Crake
	400	IM	9:21.31	2-Oct-14	NGRX	Freddie Talbot-Heigh at Training Times 2nd & 7th October 2014
10-10	50	Free	34.07	1-Jan-01	NGRX	Duncan Wells Missing Record
	100	Free	1:14.91	1-Jan-01	NGRX	Duncan Wells Missing Records
	200	Free	2:43.62	1-Jan-01	NGRX	Duncan Wells Missing Records
	400	Free	55:01.33	1-Jan-01	NGRX	Duncan Wells Missing Records
	800	Free	1:41:02.00	1-Jan-01	NGRX	Hamish Crake
	1500	Free	25:44.00	1-Jan-01	NGRX	Duncan Wells at Missing Records
	50	Back	39.86	1-Jan-01	NGRX	Duncan Wells Missing Record
	100	Back	1:25.14	1-Jan-01	NGRX	Hamish Crake Missing Records
	200	Back	2:59.63	1-Jan-01	NGRX	Hamish Crake Missing Records
	50	Breast	49.27	8-Nov-14	NGRX	Joshua Talbot-Heigh at Buckie ASC Mini Meet 2014
	100	Breast	1:40.48	1-Jan-01	NGRX	Duncan Wells
	200	Breast	3:50.83	25-Oct-14	NGRX	Joshua Talbot-Heigh at Alloa Graded Meet 2014
	50	Fly	36.52	1-Jan-01	NGRX	Duncan Wells Missing Records
	100	Fly	1:27.74	31-Jan-10	NGRX	Duncan Wells Missing Record
	200	Fly	3:45.58	1-Jan-02	NGRX	Michael Wells Missing Record
	100	IM	1:27.00	1-Jan-01	NGRX	Duncan Wells Missing Record
	200	IM	3:04.70	1-Jan-01	NGRX	Duncan Wells Missing Record

RECORDS All Time Records

10-10	400 IM	7:14.00	2-Oct-14	NGRX	Hamish Crake Missing Record
11-11	50 Free	32.69	1-Jan-03	NGRX	Michael Wells Missing Record
	100 Free	1:10.72	1-Jan-02	NGRX	Duncan Wells Missing Record
	200 Free	2:38.59	5-Feb-11	NGRX	Alex Philip at North District Age Group Meet
	400 Free	5:22.80	5-Nov-11	NGRX	Alex Philip at North District Distance Meet 2011
	800 Free	11:55.00	1-Jan-03	NGRX	Michael Wells Missing Records
	1500 Free	22:33.16	29-Sep-11	NGRX	Alex Philip at Grantown Sprint Challenge
	50 Back	37.48	1-Jan-02	NGRX	Duncan Wells Missing Records
	100 Back	1:20.00	26-May-14	NGRX	Angus Harrold at Training Times 26/5/14
	200 Back	2:34.09	1-Jan-02	NGRX	Duncan Wells Missing Records
	50 Breast	45.81	18-Apr-10	NGRX	Jake Mills at Tain Swimfest
	100 Breast	1:41.25	31-Jan-10	NGRX	Jake Mills at HST New Year Meet
	200 Breast	3:37.96	26-Jan-14	NGRX	Angus Harrold at HST New Year Meet
	50 Fly	35.68	1-Jan-02	NGRX	Duncan Wells Missing Records
	100 Fly	1:21.96	1-Jan-02	NGRX	Duncan Wells Missing Records
	200 Fly	3:36.19	20-Dec-01	NGRX	Duncan Wells Missing Records
	100 IM	1:25.35	2-Oct-11	NGRX	Alex Philip at Forres Bluefins Mini Meet
	200 IM	2:57.23	1-Jan-02	NGRX	Duncan Wells Missing Record
	400 IM	6:45.27	5-Feb-11	NGRX	Alex Philip at North District Age Group Meet
12-12	50 Free	30.37	3-Apr-02	NGRX	Duncan Wells - missing records
	100 Free	1:04.78	9-Mar-03	NGRX	Duncan Wells -missing record
	200 Free	2:00.00	3-Dec-03	NGRX	Duncan Wells - missing record
	400 Free	5:07.11	3-Mar-03	NGRX	Duncan Wells - missing record ionships 2012
	800 Free	11:06.18	3-Nov-12	NGRX	Alex Philip at ND Distance Meet
	1500 Free	20:42.33	3-Nov-12	NGRX	Alex Philip at ND Distance Meet
	50 Back	35.53	7-Mar-02	NGRX	Duncan Wells - missing record ols Swimming Championships
	100 Back	1:16.00	18-Jun-03	NGRX	Duncan Wells - missing record June 2012
	200 Back	2:34.33	14-Jun-03	NGRX	Duncan Wells - missing record
	50 Breast	41.16	3-Apr-02	NGRX	Duncan Wells - missing record
	100 Breast	1:29.56	5-Mar-03	NGRX	Duncan Wells - missing record
	200 Breast	3:12.00	18-Jun-03	NGRX	Duncan Wells - missing record June 2012
	50 Fly	32.50	3-Apr-02	NGRX	Duncan Wells - missing record
	100 Fly	1:14.16	1-Jan-03	NGRX	Duncan Wells Missing Time
	200 Fly	2:58.68	1-Jan-03	NGRX	Duncan Wells Missing Records
	100 IM	1:16.03	1-Jan-01	NGRX	Duncan Wells Missing Records
	200 IM	2:42.55	1-Jan-03	NGRX	Duncan Wells Missing Records
	400 IM	6:11.17	3-Nov-12	NGRX	Alex Philip at ND Distance Meet
13-13	50 Free	30.30	1-Jan-03	NGRX	Ducan Wells Missing Record
	100 Free	1:07.82	1-Jan-01	NGRX	Robert Laird Missing Times
	200 Free	20.00	23-Nov-14		no record
	400 Free	5:10.77	27-Jan-13	NGRX	Alex Philip at HST New Year Meet
	800 Free	11:02.88	2-Nov-13	NGRX	Alex Philip at ND Distance Meet
	1500 Free	22:09.93	17-Jun-13	NGRX	Alex Philip at Updated times June 2013
	50 Back	33.40	18-Mar-07	NGRX	David Murray at TAIN SWIMFEST
	100 Back	1:13.54	1-Jan-03	NGRX	Duncan Wells Missing Records
	200 Back	2:45.00	20-Apr-13	NGRX	Alex Philip at Buckie Age Groups 2013
	50 Breast	39.94	1-Jan-03	NGRX	Duncan Wells Missing Records
	100 Breast	1:26.44	15-Mar-12	NGRX	Jake Mills at Grantown Club Championships 2012
	200 Breast	3:14.32	18-Feb-12	NGRX	Jake Mills at Elgin Spring Meet 2012
	50 Fly	32.32	1-Jan-03	NGRX	Duncan Wells Missing Records
	100 Fly	1:20.50	3-Apr-14	NGRX	Ryan MacLean at Grantown Club Champs
	200 Fly	2:59.38	23-Jun-12	NGRX	Alex Philip at North District Development Meet
	100 IM	1:14.94	1-Jan-03	NGRX	Duncan Wells Missing Records

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13-13	200 IM	15.00	1-Jan-11		no record
	400 IM	6:15.25	25-Feb-14	NGRX	Ryan MacLean at Updated Training Times Feb 2014
14-14	50 Free	28.83	1-Jan-00	NGRX	Billy Laird Missing Records
	100 Free	1:01.30	26-Mar-07	NGRX	MICHAEL WELLS at GRANTOWN CLUB Championships 07
	200 Free	2:18.84	9-Dec-06	NGRX	David Murray at North District Age Group Meet 2006
	400 Free	4:46.73	9-Dec-06	NGRX	David Murray at North District Age Group Meet 2006
	800 Free	12:29.21	18-Jun-12	NGRX	Jake Mills at training times June 2012
	1500 Free	21:20.00	22-May-14	NGRX	Alex Philip at Updated training times 22/5/14
	50 Back	35.31	18-Apr-10	NGRX	Duncan Miller at Tain Swimfest
	100 Back	1:12.20	26-Mar-07	NGRX	MICHAEL WELLS at GRANTOWN CLUB Championships 07
	200 Back	2:35.96	3-Mar-07	NGRX	David Murray at ND Age Group Championships
	50 Breast	38.20	6-Oct-12	NGRX	Jake Mills at ND Sprint Championships 2012
	100 Breast	1:21.55	2-Mar-13	NGRX	Jake Mills at N D Age Group Championships
	200 Breast	3:04.73	28-Jun-09	NGRX	Iain Mackellar at HST June 09 Meet
	50 Fly	36.38	1-Jan-01	NGRX	Robert Laird Missing Records
	100 Fly	1:12.48	26-Mar-07	NGRX	MICHAEL WELLS at GRANTOWN CLUB Championships 07
	200 Fly	2:52.32	30-Nov-13	NGRX	Alex Philip at ND Age Group Meet 2013
	100 IM	1:16.76	1-Jan-02	NGRX	Robert Laird Missing Records
	200 IM	2:39.44	25-Oct-14	NGRX	Alex Philip at Alloa Graded Meet 2014
	400 IM	5:56.79	2-Oct-14	NGRX	Alex Philip at Training Times 2nd & 7th October 2014
15-15	50 Free	27.56	18-Mar-07	NGRX	MICHAEL WELLS at TAIN SWIMFEST
	100 Free	1:00.93	1-Jan-02	NGRX	Billy Laird Missing Records
	200 Free	2:14.38	21-Jun-08	NGRX	David Murray at North District Development Meet
	400 Free	4:42.58	21-Jun-08	NGRX	David Murray at North District Development Meet
	800 Free	10:12.65	4-Feb-07	NGRX	David Murray at HST New Year Meet 2007
	1500 Free	19:15.01	1-Jan-01	NGRX	Billy Laird Missing Record
	50 Back	33.05	17-Jun-13	NGRX	Jake Mills at Updated times June 2013
	100 Back	1:12.41	1-Jan-02	NGRX	Billy Laird
	200 Back	2:30.59	21-Jun-08	NGRX	David Murray at North District Development Meet
	50 Breast	36.33	5-Oct-13	NGRX	Jake Mills at ND Sprint Championships 2013
	100 Breast	1:22.20	3-Apr-14	NGRX	Jake Mills at Grantown Club Champs
	200 Breast	2:54.00	26-Sep-12	NGRX	Adam Barnett at Training times Sep 2012
	50 Fly	31.15	18-Mar-07	NGRX	MICHAEL WELLS at TAIN SWIMFEST
	100 Fly	1:09.48	18-May-08	NGRX	David Murray at Grantown Club Championships
	200 Fly	2:23.00	6-Jun-14	NGRX	Hamish Smith at Training Times June 2014
	100 IM	1:11.49	8-Mar-08	NGRX	David Murray at Forres Two Day Meet
	200 IM	15.00	1-Jan-11		no record
	400 IM	15.00	11-Jan-11		no record
16-16	50 Free	27.76	17-Feb-08	NGRX	JOHN RUTLEDGE at Tain Swim Fest
	100 Free	58.81	3-Dec-08	NGRX	JOHN RUTLEDGE at Highland Schools Championships 2009
	200 Free	2:18.19	22-Nov-08	NGRX	David Murray at Upper Deeside Challenge 2007
	400 Free	5:15.06	12-Sep-11	NGRX	CALLUM SMITH at Training Times 80IM & 60&400m free
	800 Free	9:59.24	1-Nov-08	NGRX	JOHN RUTLEDGE at North District Distance Meet 2008
	1500 Free	21:29.27	29-Sep-11	NGRX	CALLUM SMITH at 1,500 & 50 timings
	50 Back	32.37	3-Apr-11	NGRX	Iain Mackellar at Tain Swimfest
	100 Back	1:09.83	3-Dec-08	NGRX	David Murray at Highland Schools Championships 2009
	200 Back	2:45.00	2-Sep-14	NGRX	Lewis Taylor at September 2014 Training Times
	50 Breast	36.19	3-Apr-11	NGRX	Iain Mackellar at Tain Swimfest
	100 Breast	1:20.51	13-Nov-13	NGRX	Jake Mills at Scottish Schools Highland Heats
	200 Breast	3:04.36	30-Jan-11	NGRX	Iain Mackellar at HST New Year Meet
	50 Fly	31.21	1-Feb-09	NGRX	David Murray at HST NEW YEAR MEET FEB. '09
	100 Fly	1:09.49	3-Dec-08	NGRX	JOHN RUTLEDGE at Highland Schools Championships 2009
	200 Fly	3:17.00	6-Jun-14	NGRX	Lewis Taylor at Training Times June 2014

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16-16	100 IM	1:12.87	21-Mar-09	NGRX	David Murray at DEVERON SPRINT GALA
	200 IM	2:29.27	3-Dec-08	NGRX	David Murray at Highland Schools Championships 2009
	400 IM	5:34.90	1-Nov-08	NGRX	JOHN RUTLEDGE at North District Distance Meet 2008
17-17	50 Free	27.13	28-Jun-09	NGRX	JOHN RUTLEDGE at HST June 09 Meet
	100 Free	58.40	30-May-09	NGRX	JOHN RUTLEDGE at North District Open Championships
	200 Free	2:14.80	28-Jun-09	NGRX	JOHN RUTLEDGE at HST June 09 Meet
	400 Free	4:44.09	1-Feb-09	NGRX	JOHN RUTLEDGE at HST NEW YEAR MEET FEB. '09
	800 Free	9:53.83	30-May-09	NGRX	JOHN RUTLEDGE at North District Open Championships
	1500 Free	23:07.86	19-Sep-13	NGRX	Bruce Smith at Updated times Sept 2013
	50 Back	37.47	8-Dec-12	NGRX	Duncan Miller at Updated Times Dec 2012
	100 Back	1:10.30	1-Feb-09	NGRX	JOHN RUTLEDGE at HST NEW YEAR MEET FEB. '09
	200 Back	2:55.28	9-Feb-12	NGRX	CALLUM SMITH at Training times updated
	50 Breast	48.07	17-Jun-13	NGRX	Bruce Smith at Updated times June 2013
	100 Breast	1:18.82	5-Nov-14	NGRX	Jake Mills at Scottish Schools Highland Heats
	200 Breast	3:38.15	9-Feb-12	NGRX	CALLUM SMITH at Training times updated
	50 Fly	30.26	28-Jun-09	NGRX	JOHN RUTLEDGE at HST June 09 Meet
	100 Fly	1:07.23	7-Mar-09	NGRX	JOHN RUTLEDGE at ND Age Group Championships
	200 Fly	2:48.42	5-Nov-14	NGRX	Alex Philip at Scottish Schools Highland Heats
	100 IM	15.00	1-Jan-11	NGRX	no record
	200 IM	2:45.18	5-Nov-14	NGRX	Alex Philip at Scottish Schools Highland Heats
	400 IM	5:37.57	7-Mar-09	NGRX	JOHN RUTLEDGE at ND Age Group Championships
18-18	100 IM	15.00	1-Jan-11		no record
18 & O	50 Free	25.89	1-Oct-11	NGRX	JOHN RUTLEDGE at North District Sprint Championships
	100 Free	58.60	31-Jan-10	NGRX	JOHN RUTLEDGE at HST New Year Meet
	200 Free	2:16.06	29-Jan-12	NGRX	JOHN RUTLEDGE at HST New Year Meet
	400 Free	4:45.52	31-Jan-10	NGRX	JOHN RUTLEDGE at HST New Year Meet
	800 Free	20:00.00	16-Feb-14		No record
	1500 Free	30:00.00	16-Feb-14		No record
	50 Back	32.61	29-Sep-11	NGRX	JOHN RUTLEDGE at 1,500 & 50 timings
	100 Back	1:10.06	15-Mar-12	NGRX	JOHN RUTLEDGE at Grantown Club Championships 2012
	200 Back	5:00.00	16-Feb-14		No record
	50 Breast	37.76	29-Sep-11	NGRX	JOHN RUTLEDGE at 1,500 & 50 timings
	100 Breast	1:24.69	15-Mar-12	NGRX	JOHN RUTLEDGE at Grantown Club Championships 2012
	200 Breast	2:54.05	13-Nov-13	NGRX	Hamish Hepburn at Scottish Schools Highland Heats
	50 Fly	28.12	1-Oct-11	NGRX	JOHN RUTLEDGE at North District Sprint Championships
	100 Fly	1:07.82	29-Jan-12	NGRX	JOHN RUTLEDGE at HST New Year Meet
	200 Fly	5:00.00	16-Feb-14		No record
	200 IM	2:36.39	13-Nov-13	NGRX	Hamish Hepburn at Scottish Schools Highland Heats
	400 IM	10:00.00	16-Feb-14		No record