

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event			
Andrew Airey (12) M			NGRX		
30.00 S	F	40	Free	30/01/2014	Updated Training Times 30th January 2014
34.48 S	F	50	Free	01/02/2015	HST New Year Meet
47.98 S	F	60	Free	02/09/2014	September 2014 Training Times
1:12.60 S	F	100	Free	18/04/2015	Buckie Age Groups 2015
1:25.50 L	F	100	Free	17/05/2014	Hunting Trophy Meet 2014
2:42.76 S	F	200	Free	18/04/2015	Buckie Age Groups 2015
5:39.54 S	F	400	Free	18/04/2015	Buckie Age Groups 2015
12:43.56 S	F	800	Free	02/02/2015	February 2015 Training Times
24:53.66 S	F	1500	Free	06/01/2015	January 2015 Training Times
27.00 S	F	40	Back	30/01/2014	Updated Training Times 30th January 2014
38.85 S	F	50	Back	09/05/2015	Westhill Invitational Meet 2015
53.12 S	F	60	Back	05/12/2013	Updating times Dec 13
1:22.61 S	F	100	Back	14/03/2015	Forres Bluefins two-day meet
1:28.10 L	F	100	Back	17/05/2014	Hunting Trophy Meet 2014
2:53.17 S	F	200	Back	18/04/2015	Buckie Age Groups 2015
50.00 S	F	40	Breast	30/01/2014	Updated Training Times 30th January 2014
58.43 S	F	50	Breast	07/06/2014	2014 Elgin Mini Meet
1:20.56 S	F	60	Breast	19/09/2013	Updated times Sept 2013
1:57.67 S	F	100	Breast	25/04/2015	Inverness Graded Meet 2015
2:08.77 L	F	100	Breast	17/05/2014	Hunting Trophy Meet 2014
4:21.00 S	F	200	Breast	02/09/2014	September 2014 Training Times
35.00 S	F	40	Fly	30/01/2014	Updated Training Times 30th January 2014
45.20 S	F	50	Fly	08/11/2014	Buckie ASC Mini Meet 2014
59.13 S	F	60	Fly	02/09/2014	September 2014 Training Times
1:34.27 S	F	100	Fly	25/04/2015	Inverness Graded Meet 2015
1:48.25 L	F	100	Fly	17/05/2014	Hunting Trophy Meet 2014
3:24.85 S	F	200	Fly	01/02/2015	HST New Year Meet
1:17.28 S	F	80	IM	26/05/2014	Training Times 26/5/14
1:29.43 S	F	100	IM	25/04/2015	Inverness Graded Meet 2015
2:49.80 S	F	160	IM	06/10/2014	October 2014 Training Times
3:11.81 S	F	200	IM	18/04/2015	Buckie Age Groups 2015
7:12.26 S	F	400	IM	02/03/2015	March 2015 Training Times
Eoin Baikie (11) M			NGRX		
41.47 S	F	50	Free	08/05/2015	Grantown Friendly
54.35 S	F	60	Free	19/03/2015	Grantown Club Champs
1:37.63 S	F	100	Free	25/04/2015	Inverness Graded Meet 2015
4:29.61 S	F	200	Free	15/05/2014	Training Times 15/5/14
1:02.46 S	F	50	Back	08/05/2015	Grantown Friendly
1:05.69 S	F	60	Back	19/03/2015	Grantown Club Champs
2:23.00 S	F	100	Back	26/05/2014	Training Times 26/5/14
1:01.16 S	F	50	Breast	14/03/2015	Forres Bluefins two-day meet
1:14.91 S	F	60	Breast	19/03/2015	Grantown Club Champs
2:34.00 S	F	100	Breast	26/05/2014	Training Times 26/5/14
46.93 S	F	40	Fly	19/03/2015	Grantown Club Champs
55.11 S	F	50	Fly	17/06/2013	Updated times June 2013
1:35.38 S	F	60	Fly	01/12/2014	December Training Times
4:16.40 S	F	200	IM	01/12/2014	December Training Times
Harry Baikie (13) M			NGRX		
28.91 S	F	25	Free	28/08/2010	Diving Practise Training Times
30.00 S	F	40	Free	30/01/2014	Updated Training Times 30th January 2014
34.02 S	P	50	Free	29/11/2014	ND Age Group Meet 2014
50.59 S	F	60	Free	21/03/2013	Grantown Club Championships 2013
1:17.12 S	F	100	Free	19/03/2015	Grantown Club Champs
2:59.06 S	F	200	Free	02/03/2015	March 2015 Training Times
6:34.90 S	F	400	Free	25/03/2014	Updated Training Times 25/3/14
13:33.12 S	F	800	Free	02/02/2015	February 2015 Training Times
25:03.88 S	F	1500	Free	06/01/2015	January 2015 Training Times
39.37 S	F	25	Back	28/08/2010	Diving Practise Training Times
35.00 S	F	40	Back	30/01/2014	Updated Training Times 30th January 2014
45.70 S	F	50	Back	13/11/2013	Scottish Schools Highland Heats
57.44 S	F	60	Back	05/12/2013	Updating times Dec 13
1:27.25 S	F	100	Back	19/03/2015	Grantown Club Champs
3:18.95 S	F	200	Back	02/03/2015	March 2015 Training Times
44.19 S	F	25	Breast	28/08/2010	Diving Practise Training Times

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event		
Harry Baikie (13) M			NGRX	
40.00 S	F	40 Breast	30/01/2014	Updated Training Times 30th January 2014
53.28 S	F	50 Breast	10/11/2012	Buckie ASC Mini Meet 2012
1:06.52 S	F	60 Breast	19/09/2013	Updated times Sept 2013
1:42.04 S	F	100 Breast	14/03/2015	Forres Bluefins two-day meet
3:38.06 S	F	200 Breast	02/03/2015	March 2015 Training Times
39.28 S	F	20 Fly	16/12/2009	GRANTOWN CLUB TIME TRIALS
29.81 S	F	25 Fly	03/04/2011	Tain Swimfest
40.00 S	F	40 Fly	30/01/2014	Updated Training Times 30th January 2014
51.77 S	F	50 Fly	10/11/2012	Buckie ASC Mini Meet 2012
1:05.42 S	F	60 Fly	01/03/2014	Updated Training Times March 2014
1:36.41 S	F	100 Fly	25/04/2015	Inverness Graded Meet 2015
3:37.14 S	F	200 Fly	02/03/2015	March 2015 Training Times
1:12.30 S	F	80 IM	02/03/2015	March 2015 Training Times
1:28.65 S	F	100 IM	25/04/2015	Inverness Graded Meet 2015
2:43.80 S	F	160 IM	06/10/2014	October 2014 Training Times
4:02.69 S	T	200 IM	27/01/2013	HST New Year Meet
7:15.96 S	F	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Robyn Barnett (12) F			NGRX	
29.62 S	F	25 Free	28/08/2010	Diving Practise Training Times
31.00 S	F	40 Free	25/02/2014	Updated Training Times Feb 2014
39.11 S	F	50 Free	07/06/2014	2014 Elgin Mini Meet
51.69 S	F	60 Free	02/09/2014	September 2014 Training Times
1:29.09 S	F	100 Free	02/09/2014	September 2014 Training Times
3:13.00 S	F	200 Free	02/09/2014	September 2014 Training Times
7:29.87 S	F	400 Free	01/03/2014	Updated Training Times March 2014
14:35.99 S	F	800 Free	06/06/2014	Training Times June 2014
30:21.00 S	F	1500 Free	17/06/2013	Updated times June 2013
30.69 S	F	25 Back	28/08/2010	Diving Practise Training Times
36.00 S	F	40 Back	25/02/2014	Updated Training Times Feb 2014
45.53 S	T	50 Back	26/01/2014	HST New Year Meet
1:00.16 S	F	60 Back	19/09/2013	Updated times Sept 2013
1:36.88 S	F	100 Back	19/03/2015	Grantown Club Champs
3:32.00 S	F	200 Back	02/09/2014	September 2014 Training Times
39.97 S	F	25 Breast	28/08/2010	Diving Practise Training Times
39.00 S	F	40 Breast	25/02/2014	Updated Training Times Feb 2014
49.19 S	F	50 Breast	13/11/2013	Scottish Schools Highland Heats
1:06.00 S	F	60 Breast	08/12/2012	Updated Times Dec 2012
1:46.63 S	F	100 Breast	19/03/2015	Grantown Club Champs
3:43.50 S	F	200 Breast	05/11/2014	Scottish Schools Highland Heats
34.58 S	F	20 Fly	16/12/2009	GRANTOWN CLUB TIME TRIALS
34.76 S	F	25 Fly	17/09/2011	Dive Practise Training Timed Swims
41.00 S	F	40 Fly	25/02/2014	Updated Training Times Feb 2014
46.60 S	F	50 Fly	07/06/2014	2014 Elgin Mini Meet
1:06.73 S	F	60 Fly	02/09/2014	September 2014 Training Times
1:49.21 S	F	100 Fly	19/03/2015	Grantown Club Champs
4:14.00 S	F	200 Fly	06/06/2014	Training Times June 2014
1:19.75 S	F	80 IM	02/10/2014	Training Times 2nd & 7th October 2014
1:44.84 S	F	100 IM	27/04/2013	Inverness Graded Meet 2013
2:57.30 S	F	160 IM	06/10/2014	October 2014 Training Times
3:51.85 S	F	200 IM	01/12/2014	December Training Times
8:00.49 S	F	400 IM	02/03/2015	March 2015 Training Times
Erinne Bird (14) F			NGRX	
28.75 S	F	20 Free	12/03/2009	Development Time Trials
22.44 S	F	25 Free	28/08/2010	Diving Practise Training Times
1:02.00 S	F	40 Free	12/03/2009	Development Time Trials
36.55 S	F	50 Free	17/06/2013	Updated times June 2013
52.31 S	F	60 Free	17/06/2013	Updated times June 2013
1:18.12 S	F	100 Free	19/03/2015	Grantown Club Champs
3:32.00 S	F	200 Free	26/09/2012	Training times Sep 2012
6:54.00 S	F	400 Free	17/06/2013	Updated times June 2013
15:05.82 S	F	800 Free	17/06/2013	Updated times June 2013
30:40.76 S	F	1500 Free	20/03/2012	Training Times March 2012
1:09.15 S	F	40 Back	12/03/2009	Development Time Trials
43.59 S	F	50 Back	10/11/2012	Buckie ASC Mini Meet 2012

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event			
Erinne Bird (14) F					NGRX
58.63 S	F	60 Back	29/09/2011	Grantown Sprint Challenge	
1:26.37 S	F	100 Back	19/03/2015	Grantown Club Champs	
3:25.57 S	F	200 Back	02/02/2015	February 2015 Training Times	
36.43 S	F	25 Breast	28/08/2010	Diving Practise Training Times	
51.69 S	F	50 Breast	17/06/2013	Updated times June 2013	
1:07.69 S	F	60 Breast	17/06/2013	Updated times June 2013	
1:51.62 S	F	100 Breast	21/03/2013	Grantown Club Championships 2013	
4:00.69 S	F	200 Breast	02/02/2015	February 2015 Training Times	
30.44 S	F	25 Fly	18/04/2010	Tain Swimfest	
40.32 S	F	40 Fly	17/03/2011	Grantown Swim Club Championships 2011	
45.81 S	F	50 Fly	10/11/2012	Buckie ASC Mini Meet 2012	
1:07.43 S	F	60 Fly	17/06/2013	Updated times June 2013	
1:41.89 S	F	100 Fly	27/04/2013	Inverness Graded Meet 2013	
4:25.07 S	T	200 Fly	27/01/2013	HST New Year Meet	
1:19.00 S	F	80 IM	17/06/2013	Updated times June 2013	
1:30.83 S	F	100 IM	27/04/2013	Inverness Graded Meet 2013	
2:54.52 S	F	160 IM	06/10/2011	160 IM times	
4:13.82 S	F	200 IM	20/03/2012	Training Times March 2012	
7:42.51 S	F	400 IM	02/03/2015	March 2015 Training Times	
Rebekah Bissett (10) F					NGRX
50.72 S	F	50 Free	08/05/2015	Grantown Friendly	
1:08.86 S	F	60 Free	01/12/2014	December Training Times	
2:08.36 S	F	100 Free	01/12/2014	December Training Times	
59.36 S	F	50 Back	01/12/2014	December Training Times	
1:16.01 S	F	60 Back	01/12/2014	December Training Times	
1:10.50 S	F	50 Breast	08/05/2015	Grantown Friendly	
1:34.35 S	F	60 Breast	01/12/2014	December Training Times	
1:04.38 S	F	40 Fly	02/02/2015	February 2015 Training Times	
1:07.48 S	F	50 Fly	01/12/2014	December Training Times	
1:26.77 S	F	60 Fly	01/12/2014	December Training Times	
Sam Cooke (14) M					NGRX
37.37 S	T	50 Free	27/01/2013	HST New Year Meet	
56.93 S	F	60 Free	29/09/2011	Grantown Sprint Challenge	
1:01.56 S	F	100 Free	19/03/2015	Grantown Club Champs	
3:01.66 S	F	200 Free	02/02/2015	February 2015 Training Times	
6:43.00 S	F	400 Free	25/02/2014	Updated Training Times Feb 2014	
15:27.50 S	F	800 Free	02/02/2015	February 2015 Training Times	
46.92 S L	F	50 Back	28/04/2012	Inverness Graded Meet 2012	
1:00.78 S	F	60 Back	29/09/2011	Grantown Sprint Challenge	
1:27.06 S	F	100 Back	02/02/2015	February 2015 Training Times	
3:02.25 S	F	200 Back	02/02/2015	February 2015 Training Times	
57.23 S	F	50 Breast	02/10/2011	Forres Bluefins Mini Meet	
1:16.34 S	F	60 Breast	29/09/2011	Grantown Sprint Challenge	
1:45.81 S	F	100 Breast	19/03/2015	Grantown Club Champs	
4:00.69 S	F	200 Breast	02/02/2015	February 2015 Training Times	
31.63 S	F	20 Fly	16/12/2009	GRANTOWN CLUB TIME TRIALS	
47.56 S	F	40 Fly	17/03/2011	Grantown Swim Club Championships 2011	
52.55 S	F	50 Fly	17/06/2013	Updated times June 2013	
1:11.48 S	F	60 Fly	15/03/2012	Grantown Club Championships 2012	
1:36.50 S	F	100 Fly	19/03/2015	Grantown Club Champs	
4:03.00 S	F	200 Fly	06/06/2014	Training Times June 2014	
1:05.40 S	F	80 IM	02/02/2015	February 2015 Training Times	
2:12.08 S	F	100 IM	20/03/2012	Training Times March 2012	
2:30.05 S	F	160 IM	01/12/2014	December Training Times	
3:54.45 S	F	200 IM	08/12/2012	Updated Times Dec 2012	
8:10.91 S	F	400 IM	08/12/2012	Updated Times Dec 2012	
Holly Corcoran (9) F					NGRX
23.70 S	F	25 Free	07/06/2014	2014 Elgin Mini Meet	
43.32 S	F	50 Free	08/05/2015	Grantown Friendly	
1:00.03 S	F	60 Free	19/03/2015	Grantown Club Champs	
1:50.36 S	F	100 Free	01/02/2015	HST New Year Meet	
4:24.56 S	F	200 Free	02/03/2015	March 2015 Training Times	
9:13.00 S	F	400 Free	02/02/2015	February 2015 Training Times	

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event			
Holly Corcoran (9) F			NGRX		
21:36.33 S	F	800 Free	06/06/2014	Training Times June 2014	
37:50.98 S	F	1500 Free	06/01/2015	January 2015 Training Times	
26.68 S	F	25 Back	07/06/2014	2014 Elgin Mini Meet	
49.90 S	F	50 Back	14/03/2015	Forres Bluefins two-day meet	
1:00.00 S	F	60 Back	19/03/2015	Grantown Club Champs	
1:45.66 S	F	100 Back	01/02/2015	HST New Year Meet	
4:00.72 S	F	200 Back	02/03/2015	March 2015 Training Times	
29.60 S	F	25 Breast	07/06/2014	2014 Elgin Mini Meet	
56.10 S	F	50 Breast	08/05/2015	Grantown Friendly	
1:12.87 S	F	60 Breast	19/03/2015	Grantown Club Champs	
2:10.10 S	F	100 Breast	01/12/2014	December Training Times	
4:41.61 S	F	200 Breast	02/03/2015	March 2015 Training Times	
27.23 S	F	25 Fly	07/06/2014	2014 Elgin Mini Meet	
41.97 S	F	40 Fly	19/03/2015	Grantown Club Champs	
53.32 S	F	50 Fly	25/04/2015	Inverness Graded Meet 2015	
1:17.73 S	F	60 Fly	02/02/2015	February 2015 Training Times	
2:26.43 S	F	100 Fly	01/12/2014	December Training Times	
4:58.42 S	F	200 Fly	02/03/2015	March 2015 Training Times	
1:34.46 S	F	80 IM	01/12/2014	December Training Times	
1:50.97 S	F	100 IM	25/04/2015	Inverness Graded Meet 2015	
3:40.96 S	F	160 IM	06/10/2014	October 2014 Training Times	
5:03.00 S	F	200 IM	28/06/2014	End June Training Times	
9:44.51 S	F	400 IM	06/01/2015	January 2015 Training Times	
Rianna Darroch (9) F			NGRX		
44.38 S	F	50 Free	14/03/2015	Forres Bluefins two-day meet	
1:01.78 S	F	60 Free	19/03/2015	Grantown Club Champs	
2:01.20 S	F	100 Free	02/02/2015	February 2015 Training Times	
4:15.98 S	F	200 Free	02/03/2015	March 2015 Training Times	
10:21.23 S	F	400 Free	02/09/2014	September 2014 Training Times	
38:52.70 S	F	1500 Free	06/01/2015	January 2015 Training Times	
52.44 S	F	50 Back	25/04/2015	Inverness Graded Meet 2015	
1:03.90 S	F	60 Back	19/03/2015	Grantown Club Champs	
2:14.52 S	F	100 Back	02/02/2015	February 2015 Training Times	
4:11.63 S	F	200 Back	02/03/2015	March 2015 Training Times	
1:01.03 S	F	50 Breast	25/04/2015	Inverness Graded Meet 2015	
1:19.50 S	F	60 Breast	02/02/2015	February 2015 Training Times	
2:20.55 S	F	100 Breast	01/12/2014	December Training Times	
5:36.63 S	F	200 Breast	02/09/2014	September 2014 Training Times	
44.86 S	F	40 Fly	02/02/2015	February 2015 Training Times	
54.80 S	F	50 Fly	25/04/2015	Inverness Graded Meet 2015	
1:18.90 S	F	60 Fly	02/02/2015	February 2015 Training Times	
2:22.71 S	F	100 Fly	01/12/2014	December Training Times	
4:45.88 S	F	200 Fly	02/03/2015	March 2015 Training Times	
1:36.99 S	F	80 IM	02/03/2015	March 2015 Training Times	
4:35.28 S	F	160 IM	06/10/2014	October 2014 Training Times	
10:05.22 S	F	400 IM	02/10/2014	Training Times 2nd & 7th October 2014	
Euan Dingwall (10) M			NGRX		
47.57 S	F	50 Free	02/02/2015	February 2015 Training Times	
56.40 S	F	60 Free	19/03/2015	Grantown Club Champs	
1:49.65 S	F	100 Free	01/12/2014	December Training Times	
3:51.91 S	F	200 Free	02/03/2015	March 2015 Training Times	
59.22 S	F	50 Back	02/02/2015	February 2015 Training Times	
1:10.42 S	F	60 Back	19/03/2015	Grantown Club Champs	
2:30.75 S	F	100 Back	01/12/2014	December Training Times	
4:35.25 S	F	200 Back	02/03/2015	March 2015 Training Times	
1:05.13 S	F	50 Breast	02/02/2015	February 2015 Training Times	
1:20.53 S	F	60 Breast	02/02/2015	February 2015 Training Times	
3:53.00 S	F	100 Breast	26/05/2014	Training Times 26/5/14	
5:23.00 S	F	200 Breast	02/03/2015	March 2015 Training Times	
54.53 S	F	40 Fly	19/03/2015	Grantown Club Champs	
1:33.40 S	F	50 Fly	01/12/2014	December Training Times	
2:01.83 S	F	60 Fly	01/12/2014	December Training Times	
3:09.60 S	F	100 Fly	02/03/2015	March 2015 Training Times	
Lily Dunbar (8) F			NGRX		

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event			
Lily Dunbar (8) F					NGRX
17.15 S	F	20 Free	19/03/2015	Grantown Club Champs	
21.38 S	F	25 Free	08/05/2015	Grantown Friendly	
1:38.66 S	F	60 Free	02/02/2015	February 2015 Training Times	
19.62 S	F	20 Back	19/03/2015	Grantown Club Champs	
26.65 S	F	25 Back	08/05/2015	Grantown Friendly	
1:42.95 S	F	60 Back	02/02/2015	February 2015 Training Times	
30.17 S	F	20 Breast	19/03/2015	Grantown Club Champs	
26.16 S	F	20 Fly	19/03/2015	Grantown Club Champs	
Rebecca Eaves (12) F					NGRX
30.75 S	F	25 Free	18/06/2012	training times June 2012	
40.00 S	F	40 Free	30/01/2014	Updated Training Times 30th January 2014	
42.35 S	F	50 Free	08/05/2015	Grantown Friendly	
1:12.78 S	F	60 Free	05/12/2013	Updating times Dec 13	
1:34.60 S	F	100 Free	25/04/2015	Inverness Graded Meet 2015	
4:24.00 S	F	200 Free	25/02/2014	Updated Training Times Feb 2014	
8:57.60 S	F	400 Free	25/03/2014	Updated Training Times 25/3/14	
38:14.00 S	F	1500 Free	05/12/2013	Updating times Dec 13	
50.00 S	F	40 Back	30/01/2014	Updated Training Times 30th January 2014	
1:02.80 S	F	50 Back	19/09/2013	Updated times Sept 2013	
1:20.42 S	F	60 Back	05/12/2013	Updating times Dec 13	
1:58.62 S	F	100 Back	19/03/2015	Grantown Club Champs	
4:56.49 S	F	200 Back	01/03/2014	Updated Training Times March 2014	
35.28 S	F	25 Breast	18/06/2012	training times June 2012	
45.00 S	F	40 Breast	30/01/2014	Updated Training Times 30th January 2014	
47.56 S	F	50 Breast	08/05/2015	Grantown Friendly	
1:13.57 S	F	60 Breast	21/03/2013	Grantown Club Championships 2013	
1:43.23 S	F	100 Breast	25/04/2015	Inverness Graded Meet 2015	
3:56.40 S	F	200 Breast	05/11/2014	Scottish Schools Highland Heats	
39.46 S	F	25 Fly	18/06/2012	training times June 2012	
50.00 S	F	40 Fly	30/01/2014	Updated Training Times 30th January 2014	
1:02.53 S	F	50 Fly	19/09/2013	Updated times Sept 2013	
1:22.82 S	F	60 Fly	05/12/2013	Updating times Dec 13	
1:57.87 S	F	100 Fly	19/03/2015	Grantown Club Champs	
1:37.42 S	F	80 IM	06/06/2014	Training Times June 2014	
2:01.81 S	F	100 IM	28/06/2014	End June Training Times	
4:25.04 S	F	200 IM	28/06/2014	End June Training Times	
Robyn Eaves (9) F					NGRX
46.39 S	F	50 Free	25/04/2015	Inverness Graded Meet 2015	
1:01.25 S	F	60 Free	19/03/2015	Grantown Club Champs	
1:52.39 S	F	100 Free	01/02/2015	HST New Year Meet	
1:13.90 S	F	50 Back	01/12/2014	December Training Times	
1:02.78 S	F	60 Back	19/03/2015	Grantown Club Champs	
2:37.09 S	F	100 Back	01/12/2014	December Training Times	
1:03.00 S	F	50 Breast	08/05/2015	Grantown Friendly	
1:19.59 S	F	60 Breast	19/03/2015	Grantown Club Champs	
2:46.18 S	F	100 Breast	26/05/2014	Training Times 26/5/14	
6:20.75 S	F	200 Breast	28/06/2014	End June Training Times	
46.75 S	F	40 Fly	19/03/2015	Grantown Club Champs	
1:03.34 S	F	50 Fly	08/05/2015	Grantown Friendly	
1:43.72 S	F	60 Fly	01/12/2014	December Training Times	
2:32.19 S	F	100 IM	28/06/2014	End June Training Times	
5:27.07 S	F	200 IM	01/12/2014	December Training Times	
Jess Farquhar (9) F					NGRX
23.82 S	F	20 Free	19/03/2015	Grantown Club Champs	
1:22.75 S	F	50 Free	08/05/2015	Grantown Friendly	
1:57.57 S	F	60 Free	02/02/2015	February 2015 Training Times	
24.62 S	F	20 Back	19/03/2015	Grantown Club Champs	
1:49.77 S	F	60 Back	02/02/2015	February 2015 Training Times	
33.85 S	F	20 Breast	19/03/2015	Grantown Club Champs	
1:32.07 S	F	50 Breast	08/05/2015	Grantown Friendly	
28.07 S	F	20 Fly	19/03/2015	Grantown Club Champs	
Rachel Gordon (9) F					NGRX
17.69 S	F	20 Free	19/03/2015	Grantown Club Champs	

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event			
Rachel Gordon (9) F					NGRX
1:11.81 S	F	60	Free	02/02/2015	February 2015 Training Times
18.98 S	F	20	Back	19/03/2015	Grantown Club Champs
1:01.03 S	F	50	Back	08/05/2015	Grantown Friendly
1:19.47 S	F	60	Back	02/02/2015	February 2015 Training Times
27.50 S	F	20	Breast	19/03/2015	Grantown Club Champs
24.50 S	F	20	Fly	19/03/2015	Grantown Club Champs
Hannah Green (11) F					NGRX
30.54 S	F	25	Free	18/06/2012	training times June 2012
40.00 S	F	40	Free	30/01/2014	Updated Training Times 30th January 2014
37.19 S	F	50	Free	01/02/2015	HST New Year Meet
55.37 S	F	60	Free	02/09/2014	September 2014 Training Times
1:27.75 S	F	100	Free	14/03/2015	Forres Bluefins two-day meet
3:22.84 S	F	200	Free	06/01/2015	January 2015 Training Times
7:48.36 S	F	400	Free	02/02/2015	February 2015 Training Times
19:58.00 S	F	800	Free	19/09/2013	Updated times Sept 2013
33:21.00 S	F	1500	Free	05/12/2013	Updating times Dec 13
45.00 S	F	40	Back	30/01/2014	Updated Training Times 30th January 2014
47.00 S	F	50	Back	08/05/2015	Grantown Friendly
59.50 S	F	60	Back	02/02/2015	February 2015 Training Times
1:50.08 S	F	100	Back	02/02/2015	February 2015 Training Times
3:49.88 S	F	200	Back	02/03/2015	March 2015 Training Times
33.66 S	F	25	Breast	18/06/2012	training times June 2012
50.00 S	F	40	Breast	30/01/2014	Updated Training Times 30th January 2014
50.47 S	F	50	Breast	08/11/2014	Buckie ASC Mini Meet 2014
1:07.03 S	F	60	Breast	03/04/2014	Grantown Club Champs
1:07.03 S	F	60	Breast	02/02/2015	February 2015 Training Times
1:54.43 S	F	100	Breast	19/03/2015	Grantown Club Champs
4:22.15 S	F	200	Breast	05/12/2013	Updating times Dec 13
37.51 S	F	25	Fly	18/06/2012	training times June 2012
41.34 S	F	40	Fly	03/04/2014	Grantown Club Champs
1:01.47 S	F	50	Fly	02/09/2014	September 2014 Training Times
1:13.63 S	F	60	Fly	05/12/2013	Updating times Dec 13
2:08.20 S	F	100	Fly	02/02/2015	February 2015 Training Times
4:51.50 S	F	200	Fly	02/03/2015	March 2015 Training Times
1:27.75 S	F	80	IM	01/12/2014	December Training Times
1:59.79 S	F	100	IM	09/03/2013	Forres Bluefins two-day meet
3:29.67 S	F	160	IM	06/10/2014	October 2014 Training Times
8:00.98 S	F	400	IM	06/01/2015	January 2015 Training Times
Max Green (10) M					NGRX
56.03 S	F	50	Free	08/05/2015	Grantown Friendly
1:11.98 S	F	60	Free	01/12/2014	December Training Times
2:09.26 S	F	100	Free	01/12/2014	December Training Times
1:12.97 S	F	50	Back	01/12/2014	December Training Times
1:16.56 S	F	60	Back	19/03/2015	Grantown Club Champs
2:37.60 S	F	100	Back	01/12/2014	December Training Times
1:06.25 S	F	50	Breast	08/05/2015	Grantown Friendly
1:19.97 S	F	60	Breast	19/03/2015	Grantown Club Champs
3:13.00 S	F	100	Breast	26/05/2014	Training Times 26/5/14
54.44 S	F	40	Fly	19/03/2015	Grantown Club Champs
1:24.26 S	F	50	Fly	01/12/2014	December Training Times
1:44.85 S	F	60	Fly	01/12/2014	December Training Times
5:27.35 S	F	200	IM	01/12/2014	December Training Times
James Hay (8) M					NGRX
20.75 S	F	25	Free	08/05/2015	Grantown Friendly
47.95 S	F	50	Free	25/04/2015	Inverness Graded Meet 2015
59.19 S	F	60	Free	19/03/2015	Grantown Club Champs
2:06.06 S	F	100	Free	01/12/2014	December Training Times
1:04.56 S	F	50	Back	01/12/2014	December Training Times
1:20.36 S	F	60	Back	02/02/2015	February 2015 Training Times
1:34.51 S	F	50	Breast	01/12/2014	December Training Times
1:41.19 S	F	60	Breast	19/03/2015	Grantown Club Champs
26.69 S	F	25	Fly	08/05/2015	Grantown Friendly
48.63 S	F	40	Fly	19/03/2015	Grantown Club Champs

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event			
James Hay (8) M					NGRX
1:02.38 S	F	50 Fly	25/04/2015	Inverness Graded Meet 2015	
1:32.15 S	F	60 Fly	01/12/2014	December Training Times	
Katie Hay (10) F					NGRX
22.32 S	F	25 Free	07/10/2012	Forres Mini-Meet 2012	
33.00 S	F	40 Free	30/01/2014	Updated Training Times 30th January 2014	
37.37 S	F	50 Free	11/10/2014	Forres Mini-Meet 2014	
44.31 S	F	60 Free	19/03/2015	Grantown Club Champs	
1:15.12 L	P	100 Free	07/03/2015	North District Age Group Championships	
1:15.53 S	F	100 Free	18/04/2015	Buckie Age Groups 2015	
2:43.65 S	F	200 Free	18/04/2015	Buckie Age Groups 2015	
6:32.00 S	F	400 Free	02/02/2015	February 2015 Training Times	
15:28.03 S	F	800 Free	06/06/2014	Training Times June 2014	
26:29.78 S	F	1500 Free	06/01/2015	January 2015 Training Times	
26.27 S	F	25 Back	09/06/2012	Elgin Mini Meet 2012	
35.00 S	F	40 Back	30/01/2014	Updated Training Times 30th January 2014	
44.66 S	F	50 Back	02/02/2015	February 2015 Training Times	
49.78 S	F	60 Back	19/03/2015	Grantown Club Champs	
1:29.92 S	F	100 Back	18/04/2015	Buckie Age Groups 2015	
3:11.09 S	F	200 Back	18/04/2015	Buckie Age Groups 2015	
30.99 S	F	25 Breast	10/11/2012	Buckie ASC Mini Meet 2012	
49.00 S	F	40 Breast	30/01/2014	Updated Training Times 30th January 2014	
51.42 S	F	50 Breast	08/11/2014	Buckie ASC Mini Meet 2014	
1:01.75 S	F	60 Breast	19/03/2015	Grantown Club Champs	
1:45.05 S	F	100 Breast	18/04/2015	Buckie Age Groups 2015	
3:55.85 S	F	200 Breast	25/10/2014	Alloa Graded Meet 2014	
31.86 S	F	25 Fly	07/10/2012	Forres Mini-Meet 2012	
33.22 S	F	40 Fly	19/03/2015	Grantown Club Champs	
39.81 S	F	50 Fly	08/05/2015	Grantown Friendly	
1:04.84 S	F	60 Fly	02/09/2014	September 2014 Training Times	
1:37.64 S	F	100 Fly	18/04/2015	Buckie Age Groups 2015	
1:52.50 L	F	100 Fly	17/05/2014	Hunting Trophy Meet 2014	
3:31.55 S	F	200 Fly	18/04/2015	Buckie Age Groups 2015	
1:11.04 S	F	80 IM	02/03/2015	March 2015 Training Times	
1:32.58 S	F	100 IM	01/02/2015	HST New Year Meet	
2:58.13 S	F	160 IM	06/10/2014	October 2014 Training Times	
3:12.34 S	F	200 IM	18/04/2015	Buckie Age Groups 2015	
6:35.79 S	F	400 IM	18/04/2015	Buckie Age Groups 2015	
Ailsa Hepburn (16) F					NGRX
38.04 S	F	50 Free	20/03/2012	Training Times March 2012	
49.47 S	F	60 Free	20/05/2010	Grantown FC Splash Challenge 3	
1:14.42 S	F	100 Free	05/11/2014	Scottish Schools Highland Heats	
2:55.02 S	F	200 Free	10/11/2011	Highland School Championships	
6:59.00 S	F	400 Free	22/09/2011	Grantown Training Times 100 br	
43.36 S	F	50 Back	20/03/2012	Training Times March 2012	
1:03.49 S	F	60 Back	04/06/2009	Grantown Club Championship 2009	
1:29.55 S	F	100 Back	05/11/2014	Scottish Schools Highland Heats	
3:16.48 S	T	200 Back	29/01/2012	HST New Year Meet	
48.06 S	F	50 Breast	20/03/2012	Training Times March 2012	
1:10.29 S	F	60 Breast	04/06/2009	Grantown Club Championship 2009	
1:26.10 S	F	100 Breast	01/03/2014	Updated Training Times March 2014	
3:40.38 S	F	200 Breast	09/02/2012	Training times updated	
43.22 S	F	40 Fly	04/06/2009	Grantown Club Championship 2009	
43.22 S	F	40 Fly	04/06/2009	Grantown Club Championship 2009	
45.99 S	F	50 Fly	20/03/2012	Training Times March 2012	
57.76 S	F	60 Fly	15/03/2012	Grantown Club Championships 2012	
1:40.09 S	F	100 Fly	19/03/2015	Grantown Club Champs	
3:47.03 S	F	200 Fly	09/02/2012	Training times updated	
1:13.00 S	F	80 IM	06/06/2014	Training Times June 2014	
1:45.44 S	F	100 IM	31/01/2010	HST New Year Meet	
2:37.12 S	F	160 IM	06/10/2011	160 IM times	
Caitlin Hollands (11) F					NGRX
24.28 S	F	25 Free	10/11/2012	Buckie ASC Mini Meet 2012	
35.00 S	F	40 Free	30/01/2014	Updated Training Times 30th January 2014	

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event			
Caitlin Hollands (11) F					NGRX
43.06 S	F	50 Free	08/03/2014	Forres Bluefins two-day meet	
59.12 S	F	60 Free	19/03/2015	Grantown Club Champs	
1:47.51 S	F	100 Free	02/02/2015	February 2015 Training Times	
4:05.00 S	F	200 Free	06/01/2015	January 2015 Training Times	
8:31.00 S	F	400 Free	02/09/2014	September 2014 Training Times	
19:09.89 S	F	800 Free	06/06/2014	Training Times June 2014	
33:43.22 S	F	1500 Free	06/01/2015	January 2015 Training Times	
25.13 S	F	25 Back	10/11/2012	Buckie ASC Mini Meet 2012	
40.00 S	F	40 Back	30/01/2014	Updated Training Times 30th January 2014	
50.03 S	F	50 Back	05/11/2014	Scottish Schools Highland Heats	
59.66 S	F	60 Back	19/03/2015	Grantown Club Champs	
1:51.27 S	F	100 Back	01/02/2015	HST New Year Meet	
4:01.13 S	F	200 Back	02/03/2015	March 2015 Training Times	
45.00 S	F	40 Breast	30/01/2014	Updated Training Times 30th January 2014	
58.00 S	F	50 Breast	25/04/2015	Inverness Graded Meet 2015	
1:15.31 S	F	60 Breast	19/03/2015	Grantown Club Champs	
2:15.48 S	F	100 Breast	01/12/2014	December Training Times	
4:40.93 S	F	200 Breast	02/03/2015	March 2015 Training Times	
46.94 S	F	40 Fly	19/03/2015	Grantown Club Champs	
1:11.95 S	F	50 Fly	02/09/2014	September 2014 Training Times	
1:30.94 S	F	60 Fly	02/09/2014	September 2014 Training Times	
2:48.79 S	F	100 Fly	01/03/2014	Updated Training Times March 2014	
6:10.00 S	F	200 Fly	06/06/2014	Training Times June 2014	
1:37.86 S	F	80 IM	02/02/2015	February 2015 Training Times	
1:44.85 S	F	100 IM	25/04/2015	Inverness Graded Meet 2015	
4:07.06 S	F	160 IM	06/10/2014	October 2014 Training Times	
9:17.76 S	F	400 IM	06/01/2015	January 2015 Training Times	
Carys Hollands (8) F					NGRX
25.84 S	F	25 Free	08/05/2015	Grantown Friendly	
1:05.16 S	F	50 Free	01/12/2014	December Training Times	
1:16.62 S	F	60 Free	19/03/2015	Grantown Club Champs	
2:24.58 S	F	100 Free	01/12/2014	December Training Times	
1:06.56 S	F	50 Back	01/12/2014	December Training Times	
1:20.00 S	F	60 Back	01/12/2014	December Training Times	
32.94 S	F	25 Breast	08/05/2015	Grantown Friendly	
1:13.51 S	F	50 Breast	01/12/2014	December Training Times	
1:30.57 S	F	60 Breast	01/12/2014	December Training Times	
1:04.00 S	F	40 Fly	19/03/2015	Grantown Club Champs	
1:32.83 S	F	50 Fly	01/12/2014	December Training Times	
1:59.82 S	F	60 Fly	01/12/2014	December Training Times	
Jamie Kant (10) M					NGRX
40.11 S	F	50 Free	25/04/2015	Inverness Graded Meet 2015	
53.37 S	F	60 Free	19/03/2015	Grantown Club Champs	
1:33.76 S	F	100 Free	18/04/2015	Buckie Age Groups 2015	
3:39.00 S	F	200 Free	06/01/2015	January 2015 Training Times	
8:13.09 S	F	400 Free	01/12/2014	December Training Times	
33:26.92 S	F	1500 Free	06/01/2015	January 2015 Training Times	
52.00 S	F	50 Back	25/04/2015	Inverness Graded Meet 2015	
1:04.19 S	F	60 Back	19/03/2015	Grantown Club Champs	
2:00.81 S	F	100 Back	02/02/2015	February 2015 Training Times	
4:07.67 S	F	200 Back	02/03/2015	March 2015 Training Times	
1:02.86 S	F	50 Breast	25/04/2015	Inverness Graded Meet 2015	
1:16.94 S	F	60 Breast	19/03/2015	Grantown Club Champs	
2:04.29 S	F	100 Breast	18/04/2015	Buckie Age Groups 2015	
4:48.75 S	F	200 Breast	02/03/2015	March 2015 Training Times	
44.31 S	F	40 Fly	19/03/2015	Grantown Club Champs	
1:01.52 S	F	50 Fly	25/04/2015	Inverness Graded Meet 2015	
1:22.20 S	F	60 Fly	02/02/2015	February 2015 Training Times	
5:29.13 S	F	200 Fly	02/03/2015	March 2015 Training Times	
1:30.62 S	F	80 IM	01/12/2014	December Training Times	
3:30.25 S	F	160 IM	06/10/2014	October 2014 Training Times	
9:24.75 S	F	400 IM	06/01/2015	January 2015 Training Times	
Ruby Kant (8) F					NGRX

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event				
Ruby Kant (8) F						NGRX
23.46 S	F	20 Free	02/02/2015	February 2015 Training Times		
31.62 S	F	25 Free	08/05/2015	Grantown Friendly		
1:47.73 S	F	60 Free	02/02/2015	February 2015 Training Times		
27.16 S	F	20 Back	02/02/2015	February 2015 Training Times		
33.04 S	F	25 Back	08/05/2015	Grantown Friendly		
1:51.39 S	F	60 Back	02/02/2015	February 2015 Training Times		
40.57 S	F	20 Breast	19/03/2015	Grantown Club Champs		
32.18 S	F	20 Fly	02/02/2015	February 2015 Training Times		
Mia Kilduff (10) F						NGRX
18.75 S	F	20 Free	19/03/2015	Grantown Club Champs		
1:19.39 S	F	60 Free	02/02/2015	February 2015 Training Times		
21.59 S	F	20 Back	19/03/2015	Grantown Club Champs		
1:38.93 S	F	60 Back	02/02/2015	February 2015 Training Times		
36.09 S	F	20 Breast	19/03/2015	Grantown Club Champs		
27.57 S	F	20 Fly	19/03/2015	Grantown Club Champs		
Siana Lambie (9) F						NGRX
1:06.26 S	F	50 Free	01/12/2014	December Training Times		
1:05.69 S	F	60 Free	02/02/2015	February 2015 Training Times		
2:32.27 S	F	100 Free	01/12/2014	December Training Times		
1:06.94 S	F	50 Back	01/12/2014	December Training Times		
1:15.20 S	F	60 Back	02/02/2015	February 2015 Training Times		
1:22.59 S	F	50 Breast	01/12/2014	December Training Times		
1:20.78 S	F	60 Breast	19/03/2015	Grantown Club Champs		
1:02.98 S	F	40 Fly	02/02/2015	February 2015 Training Times		
1:35.37 S	F	50 Fly	01/12/2014	December Training Times		
2:00.06 S	F	60 Fly	01/12/2014	December Training Times		
Calum Langmuir (12) M						NGRX
18.91 S	F	25 Free	02/10/2011	Forres Bluefins Mini Meet		
30.00 S	F	40 Free	30/01/2014	Updated Training Times 30th January 2014		
38.76 S	F	50 Free	17/06/2013	Updated times June 2013		
38.76 S	F	50 Free	13/11/2013	Scottish Schools Highland Heats		
48.09 S	F	60 Free	21/03/2013	Grantown Club Championships 2013		
1:20.19 S	F	100 Free	05/11/2014	Scottish Schools Highland Heats		
3:07.00 S	F	200 Free	25/02/2014	Updated Training Times Feb 2014		
6:46.16 S	F	400 Free	02/09/2014	September 2014 Training Times		
13:53.99 S	F	800 Free	06/06/2014	Training Times June 2014		
27:25.00 S	F	1500 Free	22/05/2014	Updated training times 22/5/14		
25.71 S	F	25 Back	02/10/2011	Forres Bluefins Mini Meet		
30.00 S	F	40 Back	30/01/2014	Updated Training Times 30th January 2014		
44.20 S	F	50 Back	13/11/2013	Scottish Schools Highland Heats		
57.16 S	F	60 Back	21/03/2013	Grantown Club Championships 2013		
1:37.00 S	F	100 Back	26/05/2014	Training Times 26/5/14		
3:46.19 S	F	200 Back	26/09/2012	Training times Sep 2012		
29.72 S	F	25 Breast	02/10/2011	Forres Bluefins Mini Meet		
40.00 S	F	40 Breast	30/01/2014	Updated Training Times 30th January 2014		
52.51 S	F	50 Breast	27/04/2013	Inverness Graded Meet 2013		
1:06.41 S	F	60 Breast	21/03/2013	Grantown Club Championships 2013		
1:52.32 S	F	100 Breast	02/03/2015	March 2015 Training Times		
4:15.00 S	F	200 Breast	01/03/2014	Updated Training Times March 2014		
24.91 S	F	25 Fly	02/10/2011	Forres Bluefins Mini Meet		
39.00 S	F	40 Fly	30/01/2014	Updated Training Times 30th January 2014		
52.93 S	F	50 Fly	07/10/2012	Forres Mini-Meet 2012		
43.06 S	F	60 Fly	22/02/2013	Updated times Feb 2013		
1:53.82 S	F	100 Fly	02/03/2015	March 2015 Training Times		
5:05.34 S	F	200 Fly	18/06/2012	training times June 2012		
1:15.46 S	F	80 IM	01/03/2014	Updated Training Times March 2014		
1:34.81 S	F	100 IM	27/04/2013	Inverness Graded Meet 2013		
2:51.39 S	F	160 IM	06/10/2014	October 2014 Training Times		
4:34.37 S	F	200 IM	20/03/2012	Training Times March 2012		
7:28.56 S	F	400 IM	06/01/2015	January 2015 Training Times		
Nula Langmuir (15) F						NGRX
24.35 S	F	25 Free	28/08/2010	Diving Practise Training Times		
36.69 S	F	50 Free	17/06/2013	Updated times June 2013		

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event		
Nula Langmuir (15) F			NGRX	
44.64 S	F	60 Free	17/06/2013	Updated times June 2013
1:15.00 S	F	100 Free	26/05/2014	Training Times 26/5/14
2:42.00 S	F	200 Free	25/02/2014	Updated Training Times Feb 2014
5:46.57 S	F	400 Free	01/12/2014	December Training Times
12:42.43 S	F	800 Free	19/09/2013	Updated times Sept 2013
23:00.00 S	F	1500 Free	22/05/2014	Updated training times 22/5/14
41.86 S	F	50 Back	17/06/2013	Updated times June 2013
51.75 S	F	60 Back	17/06/2013	Updated times June 2013
1:24.00 S	F	100 Back	26/05/2014	Training Times 26/5/14
3:09.00 S	F	200 Back	02/09/2014	September 2014 Training Times
34.28 S	F	25 Breast	28/08/2010	Diving Practise Training Times
50.07 S	F	50 Breast	17/06/2013	Updated times June 2013
1:00.56 S	F	60 Breast	17/06/2013	Updated times June 2013
1:40.62 S	F	100 Breast	13/11/2013	Scottish Schools Highland Heats
3:33.00 S	F	200 Breast	02/09/2014	September 2014 Training Times
45.08 S	F	50 Fly	17/06/2013	Updated times June 2013
55.72 S	F	60 Fly	17/06/2013	Updated times June 2013
1:35.74 S	F	100 Fly	03/04/2014	Grantown Club Champs
3:42.67 S	F	200 Fly	05/12/2013	Updating times Dec 13
1:09.20 S	F	80 IM	02/02/2015	February 2015 Training Times
1:30.64 S	F	100 IM	27/04/2013	Inverness Graded Meet 2013
2:29.86 S	F	160 IM	06/10/2014	October 2014 Training Times
3:18.60 S	T	200 IM	27/01/2013	HST New Year Meet
6:40.89 S	F	400 IM	06/01/2015	January 2015 Training Times
Calum Mackintosh (11) M			NGRX	
19.78 S	F	25 Free	07/10/2012	Forres Mini-Meet 2012
30.00 S	F	40 Free	30/01/2014	Updated Training Times 30th January 2014
35.61 S	F	50 Free	05/11/2014	Scottish Schools Highland Heats
47.16 S	F	60 Free	02/02/2015	February 2015 Training Times
1:20.57 S	F	100 Free	19/03/2015	Grantown Club Champs
3:08.78 S	F	200 Free	25/10/2014	Alloa Graded Meet 2014
6:37.73 S	F	400 Free	01/12/2014	December Training Times
15:39.95 S	F	800 Free	06/06/2014	Training Times June 2014
26:32.76 S	F	1500 Free	06/01/2015	January 2015 Training Times
23.54 S	F	25 Back	10/11/2012	Buckie ASC Mini Meet 2012
30.00 S	F	40 Back	30/01/2014	Updated Training Times 30th January 2014
39.28 S	F	50 Back	02/02/2015	February 2015 Training Times
40.44 L	F	50 Back	31/01/2015	Scottish Schools Finals (Non accredited time
48.80 S	F	60 Back	02/02/2015	February 2015 Training Times
1:24.94 S	F	100 Back	19/03/2015	Grantown Club Champs
3:03.81 S	F	200 Back	14/02/2015	2015 Elgin Spring Meet
25.20 S	F	25 Breast	10/11/2012	Buckie ASC Mini Meet 2012
45.00 S	F	40 Breast	30/01/2014	Updated Training Times 30th January 2014
49.68 S	F	50 Breast	08/11/2014	Buckie ASC Mini Meet 2014
1:04.94 S	F	60 Breast	02/02/2015	February 2015 Training Times
1:44.32 S	F	100 Breast	19/03/2015	Grantown Club Champs
3:40.51 S	F	200 Breast	14/02/2015	2015 Elgin Spring Meet
29.19 S	F	20 Fly	29/09/2011	1,500 & 50 timings
25.53 S	F	25 Fly	10/11/2012	Buckie ASC Mini Meet 2012
38.46 S	F	40 Fly	02/02/2015	February 2015 Training Times
43.22 S	F	50 Fly	01/02/2015	HST New Year Meet
52.00 S	F	60 Fly	22/02/2013	Updated times Feb 2013
1:41.32 S	F	100 Fly	01/02/2015	HST New Year Meet
4:48.53 S	F	200 Fly	05/12/2013	Updating times Dec 13
1:12.92 S	F	80 IM	02/03/2015	March 2015 Training Times
1:32.30 S	F	100 IM	01/02/2015	HST New Year Meet
2:48.98 S	F	160 IM	06/10/2014	October 2014 Training Times
3:39.10 S	F	200 IM	01/12/2014	December Training Times
7:37.51 S	F	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Ryan MacLean (14) M			NGRX	
30.54 S	F	25 Free	18/05/2008	Grantown Club Championships
34.57 S	F	40 Free	20/05/2010	Grantown FC Splash Challenge 3
29.09 S	F	50 Free	08/05/2015	Grantown Friendly
40.59 S	F	60 Free	02/09/2014	September 2014 Training Times

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event			
Ryan MacLean (14) M			NGRX		
1:04.23 S	F	100 Free	05/11/2014	Scottish Schools Highland Heats	
2:18.49 S	F	200 Free	29/11/2014	ND Age Group Meet 2014	
5:08.83 S	F	400 Free	01/12/2014	December Training Times	
11:02.29 S	F	800 Free	02/02/2015	February 2015 Training Times	
22:46.17 S	F	1500 Free	05/12/2013	Updating times Dec 13	
22.77 S	F	20 Back	18/06/2009	Grantown Mini Splash & Dash Fun Meet	
30.09 S	F	25 Back	18/05/2008	Grantown Club Championships	
38.87 S	F	50 Back	02/09/2014	September 2014 Training Times	
48.73 S	F	60 Back	17/06/2013	Updated times June 2013	
1:13.84 S	F	100 Back	19/03/2015	Grantown Club Champs	
2:44.12 S	F	200 Back	02/03/2015	March 2015 Training Times	
32.47 S	F	20 Breast	18/06/2009	Grantown Mini Splash & Dash Fun Meet	
47.45 S	F	25 Breast	18/05/2008	Grantown Club Championships	
44.82 S	F	50 Breast	02/09/2014	September 2014 Training Times	
1:00.15 S	F	60 Breast	17/06/2013	Updated times June 2013	
1:28.25 S	F	100 Breast	19/03/2015	Grantown Club Champs	
3:18.82 S	F	200 Breast	02/03/2015	March 2015 Training Times	
27.16 S	F	20 Fly	18/06/2009	Grantown Mini Splash & Dash Fun Meet	
26.53 S	F	25 Fly	18/04/2010	Tain Swimfest	
37.62 S	F	40 Fly	17/03/2011	Grantown Swim Club Championships 2011	
33.65 S	F	50 Fly	08/05/2015	Grantown Friendly	
47.16 S	F	60 Fly	02/09/2014	September 2014 Training Times	
1:15.93 S S	F	100 Fly	29/11/2014	ND Age Group Meet 2014	
3:03.34 S	F	200 Fly	02/03/2015	March 2015 Training Times	
59.38 S	F	80 IM	02/03/2015	March 2015 Training Times	
1:20.12 S	T	100 IM	26/01/2014	HST New Year Meet	
2:13.88 S	F	160 IM	06/10/2014	October 2014 Training Times	
3:01.14 S	T	200 IM	27/01/2013	HST New Year Meet	
6:03.20 S	F	400 IM	02/10/2014	Training Times 2nd & 7th October 2014	
Sophie MacLean (12) F			NGRX		
22.96 S	F	25 Free	18/06/2012	training times June 2012	
39.82 S	F	50 Free	13/11/2013	Scottish Schools Highland Heats	
49.28 S	F	60 Free	05/12/2013	Updating times Dec 13	
1:20.12 S	F	100 Free	19/03/2015	Grantown Club Champs	
3:04.80 S	F	200 Free	02/03/2015	March 2015 Training Times	
6:53.00 S	F	400 Free	25/02/2014	Updated Training Times Feb 2014	
15:21.00 S	F	800 Free	08/12/2012	Updated Times Dec 2012	
26:12.00 S	F	1500 Free	22/05/2014	Updated training times 22/5/14	
42.37 S	F	50 Back	08/05/2015	Grantown Friendly	
56.41 S	F	60 Back	05/12/2013	Updating times Dec 13	
1:29.65 S	F	100 Back	19/03/2015	Grantown Club Champs	
3:18.12 S	F	200 Back	02/03/2015	March 2015 Training Times	
32.86 S	F	25 Breast	18/06/2012	training times June 2012	
53.68 S	F	50 Breast	08/06/2013	2013 Elgin Mini Meet	
1:08.59 S	F	60 Breast	21/03/2013	Grantown Club Championships 2013	
1:43.16 S	F	100 Breast	19/03/2015	Grantown Club Champs	
3:40.00 S	F	200 Breast	02/03/2015	March 2015 Training Times	
27.08 S	F	25 Fly	18/06/2012	training times June 2012	
37.97 S	F	40 Fly	21/03/2013	Grantown Club Championships 2013	
43.06 S	F	50 Fly	08/05/2015	Grantown Friendly	
59.47 S	F	60 Fly	05/12/2013	Updating times Dec 13	
1:37.35 S	F	100 Fly	19/03/2015	Grantown Club Champs	
4:14.19 S	F	200 Fly	05/12/2013	Updating times Dec 13	
1:11.04 S	F	80 IM	02/02/2015	February 2015 Training Times	
1:41.82 S	T	100 IM	26/01/2014	HST New Year Meet	
2:39.48 S	F	160 IM	06/10/2014	October 2014 Training Times	
3:28.00 S	F	200 IM	01/12/2014	December Training Times	
7:20.56 S	F	400 IM	06/01/2015	January 2015 Training Times	
Abbie MacLeod (11) F			NGRX		
45.72 S	F	50 Free	08/05/2015	Grantown Friendly	
1:01.28 S	F	60 Free	01/12/2014	December Training Times	
1:44.55 S	F	100 Free	25/04/2015	Inverness Graded Meet 2015	
4:44.66 S	F	200 Free	02/03/2015	March 2015 Training Times	
59.66 S	F	50 Back	08/05/2015	Grantown Friendly	

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event				
Abbie MacLeod (11) F						NGRX
1:15.45 S	F	60	Back	02/02/2015	February 2015 Training Times	
2:04.72 S	F	100	Back	25/04/2015	Inverness Graded Meet 2015	
5:11.65 S	F	200	Back	02/03/2015	March 2015 Training Times	
1:00.94 S	F	50	Breast	02/02/2015	February 2015 Training Times	
1:14.44 S	F	60	Breast	02/02/2015	February 2015 Training Times	
2:20.43 S	F	100	Breast	19/03/2015	Grantown Club Champs	
4:59.00 S	F	200	Breast	02/03/2015	March 2015 Training Times	
55.19 S	F	40	Fly	02/02/2015	February 2015 Training Times	
1:14.52 S	F	50	Fly	01/12/2014	December Training Times	
1:34.32 S	F	60	Fly	01/12/2014	December Training Times	
2:37.78 S	F	100	Fly	19/03/2015	Grantown Club Champs	
Stephanie Macleod (17) F						NGRX
25.00 S	F	40	Free	25/02/2014	Updated Training Times Feb 2014	
34.58 S	F	50	Free	02/09/2014	September 2014 Training Times	
41.15 S	F	60	Free	17/06/2013	Updated times June 2013	
1:08.22 S	F	100	Free	08/03/2014	Forres Bluefins two-day meet	
2:23.99 S	F	200	Free	22/03/2014	North District Age Group Championships	
5:04.91 S S	F	400	Free	02/02/2013	Aberdeen Dolphin Mitchell Trophy 2013	
10:48.25 S	F	800	Free	20/05/2012	Highland Swim Team Distance Time Trial	
20:09.59 S	F	1500	Free	19/09/2013	Updated times Sept 2013	
27.76 S	F	40	Back	25/02/2014	Updated Training Times Feb 2014	
35.03 S	P	50	Back	05/10/2013	ND Sprint Championships 2013	
44.47 S	F	60	Back	17/06/2013	Updated times June 2013	
1:13.44 S	T	100	Back	26/01/2014	HST New Year Meet	
2:40.00 S	P	200	Back	15/11/2013	ND open Championships & Scottish GP	
2:40.00 S	P	200	Back	15/11/2013	ND open Championships & Scottish GP	
34.00 S	F	40	Breast	25/02/2014	Updated Training Times Feb 2014	
44.94 S	F	50	Breast	02/09/2014	September 2014 Training Times	
53.28 S	F	60	Breast	17/06/2013	Updated times June 2013	
1:28.44 S	F	100	Breast	08/03/2014	Forres Bluefins two-day meet	
3:05.19 S	T	200	Breast	27/01/2013	HST New Year Meet	
27.66 S	F	40	Fly	25/02/2014	Updated Training Times Feb 2014	
35.39 S	F	50	Fly	17/06/2013	Updated times June 2013	
45.35 S	F	60	Fly	17/06/2013	Updated times June 2013	
1:18.24 S	T	100	Fly	26/01/2014	HST New Year Meet	
3:04.30 S	F	200	Fly	05/12/2013	Updating times Dec 13	
1:00.93 S	F	80	IM	19/09/2013	Updated times Sept 2013	
1:16.64 S	P	100	IM	05/10/2013	ND Sprint Championships 2013	
2:12.66 S	F	160	IM	26/09/2012	Training times Sep 2012	
2:41.77 S	F	200	IM	13/11/2013	Scottish Schools Highland Heats	
5:58.08 S	F	400	IM	25/02/2014	Updated Training Times Feb 2014	
Zac Marshall (10) M						NGRX
55.10 S	F	50	Free	08/05/2015	Grantown Friendly	
1:04.00 S	F	60	Free	19/03/2015	Grantown Club Champs	
2:17.00 S	F	100	Free	26/05/2014	Training Times 26/5/14	
5:27.51 S	F	200	Free	15/05/2014	Training Times 15/5/14	
1:02.06 S	F	50	Back	08/05/2015	Grantown Friendly	
1:19.31 S	F	60	Back	19/03/2015	Grantown Club Champs	
2:33.00 S	F	100	Back	26/05/2014	Training Times 26/5/14	
1:38.75 S	F	60	Breast	19/03/2015	Grantown Club Champs	
4:18.00 S	F	100	Breast	26/05/2014	Training Times 26/5/14	
1:00.50 S	F	40	Fly	19/03/2015	Grantown Club Champs	
Bailey Matheson (10) M						NGRX
39.47 S	F	50	Free	14/03/2015	Forres Bluefins two-day meet	
48.44 S	F	60	Free	19/03/2015	Grantown Club Champs	
1:40.83 S	F	100	Free	01/12/2014	December Training Times	
3:30.60 S	F	200	Free	02/03/2015	March 2015 Training Times	
52.97 S	F	50	Back	02/02/2015	February 2015 Training Times	
59.47 S	F	60	Back	19/03/2015	Grantown Club Champs	
2:18.56 S	F	100	Back	01/12/2014	December Training Times	
4:07.64 S	F	200	Back	02/03/2015	March 2015 Training Times	
59.56 S	F	50	Breast	14/03/2015	Forres Bluefins two-day meet	
1:14.82 S	F	60	Breast	02/02/2015	February 2015 Training Times	

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event				
Bailey Matheson (10) M						NGRX
3:10.00 S	F	100	Breast	26/05/2014	Training Times 26/5/14	
4:43.91 S	F	200	Breast	02/03/2015	March 2015 Training Times	
42.47 S	F	40	Fly	19/03/2015	Grantown Club Champs	
1:10.64 S	F	50	Fly	01/12/2014	December Training Times	
1:28.90 S	F	60	Fly	01/12/2014	December Training Times	
2:24.91 S	F	100	Fly	02/03/2015	March 2015 Training Times	
1:34.37 S	F	80	IM	02/03/2015	March 2015 Training Times	
3:50.65 S	F	200	IM	01/12/2014	December Training Times	
Kaitlyn McGibbon (11) F						NGRX
1:01.09 S	F	50	Free	01/12/2014	December Training Times	
1:15.81 S	F	60	Free	01/12/2014	December Training Times	
1:58.69 S	F	100	Free	25/04/2015	Inverness Graded Meet 2015	
1:14.83 S	F	50	Back	01/12/2014	December Training Times	
1:32.60 S	F	60	Back	01/12/2014	December Training Times	
2:13.70 S	F	100	Back	25/04/2015	Inverness Graded Meet 2015	
1:30.72 S	F	50	Breast	01/12/2014	December Training Times	
1:52.50 S	F	60	Breast	01/12/2014	December Training Times	
2:30.30 S	F	100	Breast	25/04/2015	Inverness Graded Meet 2015	
1:03.36 S	F	40	Fly	02/02/2015	February 2015 Training Times	
1:32.69 S	F	50	Fly	01/12/2014	December Training Times	
1:56.03 S	F	60	Fly	01/12/2014	December Training Times	
Anna Metcalfe (14) F						NGRX
29.00 S	F	40	Free	25/02/2014	Updated Training Times Feb 2014	
35.66 S	F	50	Free	10/11/2012	Buckie ASC Mini Meet 2012	
44.82 S	F	60	Free	17/06/2013	Updated times June 2013	
1:06.81 S	F	100	Free	19/03/2015	Grantown Club Champs	
1:16.85 L	F	100	Free	17/05/2014	Hunting Trophy Meet 2014	
2:49.91 S	T	200	Free	26/01/2014	HST New Year Meet	
6:10.82 S	F	400	Free	02/02/2015	February 2015 Training Times	
12:16.88 S	F	800	Free	06/06/2014	Training Times June 2014	
24:45.00 S	F	1500	Free	22/05/2014	Updated training times 22/5/14	
31.00 S	F	40	Back	25/02/2014	Updated Training Times Feb 2014	
36.69 S	F	50	Back	14/02/2015	2015 Elgin Spring Meet	
53.45 S	F	60	Back	17/06/2013	Updated times June 2013	
1:20.39 S	F	100	Back	01/02/2015	HST New Year Meet	
1:25.54 L	F	100	Back	17/05/2014	Hunting Trophy Meet 2014	
2:54.05 S	F	200	Back	14/02/2015	2015 Elgin Spring Meet	
39.00 S	F	40	Breast	25/02/2014	Updated Training Times Feb 2014	
47.93 S	F	50	Breast	10/11/2012	Buckie ASC Mini Meet 2012	
1:06.00 S	F	60	Breast	17/06/2013	Updated times June 2013	
1:38.15 S	F	100	Breast	14/03/2015	Forres Bluefins two-day meet	
3:37.87 S	F	200	Breast	02/03/2015	March 2015 Training Times	
33.14 S	F	20	Fly	16/12/2009	GRANTOWN CLUB TIME TRIALS	
37.00 S	F	40	Fly	25/02/2014	Updated Training Times Feb 2014	
43.09 S	F	50	Fly	10/11/2012	Buckie ASC Mini Meet 2012	
55.90 S	F	60	Fly	08/12/2012	Updated Times Dec 2012	
1:31.35 S	F	100	Fly	14/03/2015	Forres Bluefins two-day meet	
1:39.76 L	F	100	Fly	17/05/2014	Hunting Trophy Meet 2014	
3:46.14 S	F	200	Fly	06/06/2014	Training Times June 2014	
1:07.49 S	F	80	IM	02/02/2015	February 2015 Training Times	
1:23.32 S	F	100	IM	01/02/2015	HST New Year Meet	
2:39.48 S	F	160	IM	06/10/2014	October 2014 Training Times	
3:02.12 S	F	200	IM	01/02/2015	HST New Year Meet	
6:50.78 S	F	400	IM	02/03/2015	March 2015 Training Times	
Elizabeth Mills (14) F						NGRX
22.20 S	F	25	Free	14/11/2009	Buckie ASC Mini Meet	
29.00 S	F	40	Free	25/02/2014	Updated Training Times Feb 2014	
31.63 S	P	50	Free	29/11/2014	ND Age Group Meet 2014	
31.96 L	P	50	Free	02/05/2015	North District Open Champs LC 2015	
43.17 S	F	60	Free	02/09/2014	September 2014 Training Times	
1:11.91 S	F	100	Free	19/03/2015	Grantown Club Champs	
2:38.45 S	F	200	Free	01/02/2015	HST New Year Meet	
5:33.39 S	T	400	Free	26/01/2014	HST New Year Meet	

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event			
Elizabeth Mills (14) F					NGRX
12:10.86 S	F	800 Free	06/06/2014	Training Times June 2014	
23:30.00 S	F	1500 Free	22/05/2014	Updated training times 22/5/14	
23.81 S	F	20 Back	18/06/2009	Grantown Mini Splash & Dash Fun Meet	
27.08 S	F	25 Back	14/11/2009	Buckie ASC Mini Meet	
32.00 S	F	40 Back	25/02/2014	Updated Training Times Feb 2014	
38.15 S	F	50 Back	08/05/2015	Grantown Friendly	
51.09 S	F	60 Back	22/02/2013	Updated times Feb 2013	
1:19.06 S	F	100 Back	19/03/2015	Grantown Club Champs	
2:56.07 S	F	200 Back	02/03/2015	March 2015 Training Times	
32.91 S	F	20 Breast	18/06/2009	Grantown Mini Splash & Dash Fun Meet	
38.31 S	F	25 Breast	14/11/2009	Buckie ASC Mini Meet	
40.00 S	F	40 Breast	25/02/2014	Updated Training Times Feb 2014	
49.37 S	F	50 Breast	22/02/2013	Updated times Feb 2013	
1:02.07 S	F	60 Breast	22/02/2013	Updated times Feb 2013	
1:43.60 S	F	100 Breast	03/04/2014	Grantown Club Champs	
3:39.18 S	F	200 Breast	02/03/2015	March 2015 Training Times	
31.07 S	F	20 Fly	18/06/2009	Grantown Mini Splash & Dash Fun Meet	
31.22 S	F	25 Fly	18/04/2010	Tain Swimfest	
37.00 S	F	40 Fly	25/02/2014	Updated Training Times Feb 2014	
44.75 S	F	50 Fly	02/09/2014	September 2014 Training Times	
54.18 S	F	60 Fly	02/09/2014	September 2014 Training Times	
1:38.19 S	F	100 Fly	03/04/2014	Grantown Club Champs	
3:32.59 S	F	200 Fly	02/03/2015	March 2015 Training Times	
1:07.09 S	F	80 IM	02/02/2015	February 2015 Training Times	
1:36.78 S	F	100 IM	07/10/2012	Forres Mini-Meet 2012	
3:13.07 S	F	160 IM	06/10/2011	160 IM times	
3:04.46 S	F	200 IM	01/02/2015	HST New Year Meet	
7:18.91 S	F	400 IM	08/12/2012	Updated Times Dec 2012	
Andrew Murphie (9) M					NGRX
50.26 S	F	50 Free	01/12/2014	December Training Times	
58.94 S	F	60 Free	19/03/2015	Grantown Club Champs	
1:56.07 S	F	100 Free	01/12/2014	December Training Times	
5:20.48 S	F	200 Free	15/05/2014	Training Times 15/5/14	
53.37 S	F	50 Back	08/05/2015	Grantown Friendly	
1:11.07 S	F	60 Back	19/03/2015	Grantown Club Champs	
2:18.39 S	F	100 Back	01/12/2014	December Training Times	
1:04.50 S	F	50 Breast	08/05/2015	Grantown Friendly	
1:18.18 S	F	60 Breast	19/03/2015	Grantown Club Champs	
2:49.98 S	F	100 Breast	26/05/2014	Training Times 26/5/14	
45.75 S	F	40 Fly	19/03/2015	Grantown Club Champs	
1:05.64 S	F	50 Fly	01/12/2014	December Training Times	
1:23.46 S	F	60 Fly	01/12/2014	December Training Times	
4:48.41 S	F	200 IM	01/12/2014	December Training Times	
Matthew Murphie (11) M					NGRX
47.19 S	F	50 Free	08/05/2015	Grantown Friendly	
1:03.61 S	F	60 Free	03/04/2014	Grantown Club Champs	
1:49.13 S	F	100 Free	19/03/2015	Grantown Club Champs	
5:33.97 S	F	200 Free	15/05/2014	Training Times 15/5/14	
58.09 S	F	50 Back	03/04/2014	Training Times 3/4/14 (Club Gala)	
1:10.72 S	F	60 Back	03/04/2014	Grantown Club Champs	
2:04.75 S	F	100 Back	02/02/2015	February 2015 Training Times	
1:08.57 S	F	50 Breast	01/12/2014	December Training Times	
1:22.45 S	F	60 Breast	01/12/2014	December Training Times	
2:29.34 S	F	100 Breast	19/03/2015	Grantown Club Champs	
52.00 S	F	40 Fly	02/02/2015	February 2015 Training Times	
1:20.61 S	F	50 Fly	01/12/2014	December Training Times	
1:40.36 S	F	60 Fly	01/12/2014	December Training Times	
4:19.58 S	F	200 IM	01/12/2014	December Training Times	
Isla Oakes (10) F					NGRX
22.44 S	F	25 Free	09/11/2013	Buckie ASC Mini Meet 2013	
40.43 S	F	50 Free	14/03/2015	Forres Bluefins two-day meet	
51.88 S	F	60 Free	19/03/2015	Grantown Club Champs	
1:33.09 S	F	100 Free	01/02/2015	HST New Year Meet	

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event			
Isla Oakes (10) F			NGRX		
4:17.08 S	F	200 Free	06/01/2015	January 2015 Training Times	
8:20.76 S	F	400 Free	02/02/2015	February 2015 Training Times	
20:22.26 S	F	800 Free	06/06/2014	Training Times June 2014	
33:44.09 S	F	1500 Free	06/01/2015	January 2015 Training Times	
47.03 S	F	50 Back	14/03/2015	Forres Bluefins two-day meet	
57.25 S	F	60 Back	19/03/2015	Grantown Club Champs	
1:54.38 S	F	100 Back	02/02/2015	February 2015 Training Times	
1:00.89 S	F	50 Breast	25/04/2015	Inverness Graded Meet 2015	
1:20.56 S	F	60 Breast	02/02/2015	February 2015 Training Times	
2:21.19 S	F	100 Breast	02/02/2015	February 2015 Training Times	
38.93 S	F	40 Fly	19/03/2015	Grantown Club Champs	
47.40 S	F	50 Fly	14/03/2015	Forres Bluefins two-day meet	
1:10.96 S	F	60 Fly	02/02/2015	February 2015 Training Times	
2:12.93 S	F	100 Fly	01/12/2014	December Training Times	
4:24.94 S	F	200 Fly	06/01/2015	January 2015 Training Times	
1:29.42 S	F	80 IM	02/02/2015	February 2015 Training Times	
1:41.78 S	F	100 IM	25/04/2015	Inverness Graded Meet 2015	
9:16.65 S	F	400 IM	02/10/2014	Training Times 2nd & 7th October 2014	
Alex Philip (15) M			NGRX		
19.53 S	F	25 Free	15/11/2008	Buckie ASC Mini Meet	
27.00 S	F	40 Free	25/02/2014	Updated Training Times Feb 2014	
31.49 S	F	50 Free	01/02/2015	HST New Year Meet	
42.19 S	F	60 Free	02/09/2014	September 2014 Training Times	
1:11.03 S	F	100 Free	19/03/2015	Grantown Club Champs	
2:24.70 S	F	200 Free	25/10/2014	Alloa Graded Meet 2014	
5:07.39 S	F	400 Free	01/02/2015	HST New Year Meet	
10:58.05 S	F	800 Free	02/02/2015	February 2015 Training Times	
20:42.33 S	F	1500 Free	03/11/2012	ND Distance Meet	
22.31 S	F	25 Back	18/05/2008	Grantown Club Championships	
29.00 S	F	40 Back	25/02/2014	Updated Training Times Feb 2014	
35.61 S	F	50 Back	25/10/2014	Alloa Graded Meet 2014	
47.81 S	F	60 Back	29/09/2011	Grantown Sprint Challenge	
1:15.53 S	F	100 Back	19/03/2015	Grantown Club Champs	
2:41.37 S	F	200 Back	14/06/2014	ND Development Meet 2014	
27.45 S	F	25 Breast	15/11/2008	Buckie ASC Mini Meet	
36.00 S	F	40 Breast	25/02/2014	Updated Training Times Feb 2014	
46.76 S	F	50 Breast	02/09/2014	September 2014 Training Times	
1:01.11 S	F	60 Breast	17/06/2013	Updated times June 2013	
1:33.14 S	F	100 Breast	03/04/2014	Grantown Club Champs	
3:16.64 S	T	200 Breast	26/01/2014	HST New Year Meet	
21.67 S	F	25 Fly	15/11/2008	Buckie ASC Mini Meet	
30.00 S	F	40 Fly	25/02/2014	Updated Training Times Feb 2014	
37.45 S	F	50 Fly	02/10/2011	Forres Bluefins Mini Meet	
47.19 S	F	60 Fly	02/09/2014	September 2014 Training Times	
1:17.22 S	F	100 Fly	01/02/2015	HST New Year Meet	
2:48.42 S	F	200 Fly	05/11/2014	Scottish Schools Highland Heats	
1:00.76 S	F	80 IM	02/02/2015	February 2015 Training Times	
1:19.56 S	F	100 IM	01/02/2015	HST New Year Meet	
2:16.13 S	F	160 IM	06/10/2014	October 2014 Training Times	
2:39.44 S	F	200 IM	25/10/2014	Alloa Graded Meet 2014	
5:38.90 S	F	400 IM	29/11/2014	ND Age Group Meet 2014	
Lauren Philip (12) F			NGRX		
25.98 S	F	20 Free	12/03/2009	Development Time Trials	
19.17 S	F	25 Free	11/06/2011	Elgin Mini Meet 2011	
40.52 S	F	40 Free	20/05/2010	Grantown FC Splash Challenge 3	
34.61 S	F	50 Free	07/06/2014	2014 Elgin Mini Meet	
47.90 S	F	60 Free	21/03/2013	Grantown Club Championships 2013	
1:15.59 S	F	100 Free	19/03/2015	Grantown Club Champs	
2:40.68 S	F	200 Free	25/10/2014	Alloa Graded Meet 2014	
5:51.26 S	F	400 Free	01/12/2014	December Training Times	
12:00.57 S	F	800 Free	02/02/2015	February 2015 Training Times	
24:06.00 S	F	1500 Free	06/01/2015	January 2015 Training Times	
25.26 S	F	20 Back	18/06/2009	Grantown Mini Splash & Dash Fun Meet	
22.53 S	F	25 Back	11/06/2011	Elgin Mini Meet 2011	

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event				
Lauren Philip (12) F						NGRX
1:25.64 S	F	40	Back	12/03/2009	Development Time Trials	
42.21 S	F	50	Back	08/06/2013	2013 Elgin Mini Meet	
52.60 S	F	60	Back	21/03/2013	Grantown Club Championships 2013	
1:23.31 S	F	100	Back	19/03/2015	Grantown Club Champs	
2:53.70 S	F	200	Back	01/02/2015	HST New Year Meet	
27.15 S	F	20	Breast	18/06/2009	Grantown Mini Splash & Dash Fun Meet	
25.23 S	F	25	Breast	11/06/2011	Elgin Mini Meet 2011	
42.28 S	F	50	Breast	01/02/2015	HST New Year Meet	
42.43 L	P	50	Breast	07/03/2015	North District Age Group Championships	
1:00.56 S	F	60	Breast	21/03/2013	Grantown Club Championships 2013	
1:31.75 S	F	100	Breast	19/03/2015	Grantown Club Champs	
1:34.25 L S	P	100	Breast	07/03/2015	North District Age Group Championships	
3:16.34 S	F	200	Breast	01/02/2015	HST New Year Meet	
3:20.65 L	F	200	Breast	07/03/2015	North District Age Group Championships	
32.16 S	F	20	Fly	18/06/2009	Grantown Mini Splash & Dash Fun Meet	
22.07 S	F	25	Fly	11/06/2011	Elgin Mini Meet 2011	
34.13 S	F	40	Fly	21/03/2013	Grantown Club Championships 2013	
39.23 S	F	50	Fly	07/06/2014	2014 Elgin Mini Meet	
53.97 S	F	60	Fly	02/09/2014	September 2014 Training Times	
1:23.67 L	P	100	Fly	07/03/2015	North District Age Group Championships	
1:24.42 S	F	100	Fly	29/11/2014	ND Age Group Meet 2014	
3:07.08 S	F	200	Fly	29/11/2014	ND Age Group Meet 2014	
1:07.90 S	F	80	IM	02/03/2015	March 2015 Training Times	
1:22.27 S	F	100	IM	01/02/2015	HST New Year Meet	
2:25.86 S	F	160	IM	06/10/2014	October 2014 Training Times	
2:55.60 S	F	200	IM	29/11/2014	ND Age Group Meet 2014	
2:57.85 L	F	200	IM	07/03/2015	North District Age Group Championships	
6:14.79 S	F	400	IM	14/06/2014	ND Development Meet 2014	
Gregory Price (14) M						NGRX
45.85 S	F	50	Free	17/06/2013	Updated times June 2013	
1:09.63 S	F	60	Free	26/09/2012	Training times Sep 2012	
1:17.75 S	F	100	Free	02/02/2015	February 2015 Training Times	
4:50.72 S	F	200	Free	26/09/2012	Training times Sep 2012	
15:12.93 S	F	800	Free	02/02/2015	February 2015 Training Times	
49.76 S	F	50	Back	17/06/2013	Updated times June 2013	
1:10.69 S	F	60	Back	26/09/2012	Training times Sep 2012	
1:37.57 S	F	100	Back	01/03/2014	Updated Training Times March 2014	
3:23.32 S	F	200	Back	02/02/2015	February 2015 Training Times	
1:04.73 S	F	50	Breast	17/06/2013	Updated times June 2013	
1:43.21 S	F	100	Breast	02/02/2015	February 2015 Training Times	
3:47.46 S	F	200	Breast	02/02/2015	February 2015 Training Times	
1:47.75 S	F	100	Fly	03/04/2014	Grantown Club Champs	
1:06.28 S	F	80	IM	02/02/2015	February 2015 Training Times	
2:15.22 S	F	100	IM	22/02/2013	Updated times Feb 2013	
Beth Rutledge (16) F						NGRX
25.53 S	F	40	Free	25/02/2014	Updated Training Times Feb 2014	
33.74 S	T	50	Free	27/01/2013	HST New Year Meet	
42.47 S	F	60	Free	17/06/2013	Updated times June 2013	
1:11.03 S	F	100	Free	03/04/2014	Grantown Club Champs	
2:33.00 S	F	200	Free	02/09/2014	September 2014 Training Times	
5:28.03 S	F	400	Free	14/11/2012	Highland School Championships	
11:42.11 S	F	800	Free	02/02/2015	February 2015 Training Times	
23:32.84 S	F	1500	Free	18/06/2012	training times June 2012	
28.00 S	F	40	Back	25/02/2014	Updated Training Times Feb 2014	
37.26 S	F	50	Back	17/06/2013	Updated times June 2013	
47.31 S	F	60	Back	17/06/2013	Updated times June 2013	
1:16.70 S	F	100	Back	03/04/2014	Grantown Club Champs	
2:47.00 S	F	200	Back	17/06/2013	Updated times June 2013	
36.00 S	F	40	Breast	25/02/2014	Updated Training Times Feb 2014	
50.08 S	F	50	Breast	17/06/2013	Updated times June 2013	
1:05.44 S	F	60	Breast	29/09/2011	Grantown Sprint Challenge	
1:42.76 S	F	100	Breast	03/04/2014	Grantown Club Champs	
3:51.03 S	F	200	Breast	18/06/2012	training times June 2012	
32.00 S	F	40	Fly	25/02/2014	Updated Training Times Feb 2014	

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event		
Beth Rutledge (16) F			NGRX	
43.62 S	F	50 Fly	20/03/2012	Training Times March 2012
53.25 S	F	60 Fly	17/06/2013	Updated times June 2013
1:25.60 S	F	100 Fly	03/04/2014	Grantown Club Champs
3:36.82 S	F	200 Fly	05/12/2013	Updating times Dec 13
1:04.80 S	F	80 IM	19/09/2013	Updated times Sept 2013
1:46.07 S	F	100 IM	22/01/2011	Winter League Meet 1
2:17.39 S	F	160 IM	06/10/2014	October 2014 Training Times
2:59.09 S	F	200 IM	05/11/2014	Scottish Schools Highland Heats
6:30.42 S	F	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Jessica Schulz (10) F			NGRX	
27.62 S	F	25 Free	18/06/2012	training times June 2012
36.44 S	F	50 Free	08/05/2015	Grantown Friendly
45.34 S	F	60 Free	19/03/2015	Grantown Club Champs
1:16.46 S	F	100 Free	18/04/2015	Buckie Age Groups 2015
1:17.56 L	P	100 Free	07/03/2015	North District Age Group Championships
2:48.21 S	F	200 Free	18/04/2015	Buckie Age Groups 2015
6:39.39 S	F	400 Free	01/12/2014	December Training Times
15:29.96 S	F	800 Free	06/06/2014	Training Times June 2014
26:28.28 S	F	1500 Free	06/01/2015	January 2015 Training Times
43.19 S	F	50 Back	02/02/2015	February 2015 Training Times
53.31 S	F	60 Back	19/03/2015	Grantown Club Champs
1:32.25 S	F	100 Back	02/02/2015	February 2015 Training Times
3:15.71 S	F	200 Back	01/02/2015	HST New Year Meet
39.52 S	F	25 Breast	18/06/2012	training times June 2012
45.39 S	F	50 Breast	01/02/2015	HST New Year Meet
46.48 L	P	50 Breast	07/03/2015	North District Age Group Championships
58.63 S	F	60 Breast	19/03/2015	Grantown Club Champs
1:38.62 S	F	100 Breast	01/02/2015	HST New Year Meet
1:43.93 L S	P	100 Breast	07/03/2015	North District Age Group Championships
3:31.80 S	F	200 Breast	18/04/2015	Buckie Age Groups 2015
38.11 S	F	25 Fly	18/06/2012	training times June 2012
35.68 S	F	40 Fly	19/03/2015	Grantown Club Champs
50.28 S	F	50 Fly	08/11/2014	Buckie ASC Mini Meet 2014
1:07.85 S	F	60 Fly	02/09/2014	September 2014 Training Times
1:49.40 S	F	100 Fly	02/02/2015	February 2015 Training Times
2:02.44 L	F	100 Fly	17/05/2014	Hunting Trophy Meet 2014
4:04.26 S	F	200 Fly	02/03/2015	March 2015 Training Times
1:14.86 S	F	80 IM	02/02/2015	February 2015 Training Times
1:32.06 S	F	100 IM	01/02/2015	HST New Year Meet
2:53.31 S	F	160 IM	06/10/2014	October 2014 Training Times
3:44.15 S	F	200 IM	28/06/2014	End June Training Times
7:18.63 S	F	400 IM	06/01/2015	January 2015 Training Times
Adele Sellars (9) F			NGRX	
54.68 S	F	50 Free	08/05/2015	Grantown Friendly
1:13.29 S	F	60 Free	19/03/2015	Grantown Club Champs
2:18.03 S	F	100 Free	01/12/2014	December Training Times
1:04.28 S	F	50 Back	01/12/2014	December Training Times
1:18.91 S	F	60 Back	01/12/2014	December Training Times
1:19.37 S	F	50 Breast	01/12/2014	December Training Times
1:35.76 S	F	60 Breast	02/02/2015	February 2015 Training Times
52.93 S	F	40 Fly	19/03/2015	Grantown Club Champs
1:18.41 S	F	50 Fly	08/05/2015	Grantown Friendly
1:56.12 S	F	60 Fly	01/12/2014	December Training Times
Hamish Smith (16) M			NGRX	
19.16 S	F	25 Free	28/08/2010	Diving Practise Training Times
36.44 S	F	40 Free	17/09/2009	GRANTOWN F/C SPLASH CHALLENGE 2
36.00 S	F	50 Free	20/03/2012	Training Times March 2012
45.03 S	F	60 Free	17/06/2013	Updated times June 2013
1:20.00 S	P	100 Free	06/06/2014	Training Times June 2014
2:46.00 S	F	200 Free	06/06/2014	Training Times June 2014
5:55.00 S	F	400 Free	25/02/2014	Updated Training Times Feb 2014
12:58.80 S	F	800 Free	17/06/2013	Updated times June 2013
25:00.00 S	F	1500 Free	18/06/2012	training times June 2012

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event			
Hamish Smith (16) M					
NGRX					
46.86 S	F	40	Back	14/05/2009	GRANTOWN BACK STROKE CHALLENGE
40.07 S	F	50	Back	08/12/2012	Updated Times Dec 2012
48.59 S	F	60	Back	17/06/2013	Updated times June 2013
1:26.85 S	F	100	Back	02/03/2015	March 2015 Training Times
3:46.06 S	F	200	Back	06/09/2011	TRAINING TIMES 200M FC & BC
29.66 S	F	25	Breast	28/08/2010	Diving Practise Training Times
51.45 S	F	50	Breast	08/12/2012	Updated Times Dec 2012
1:01.53 S	F	60	Breast	17/06/2013	Updated times June 2013
1:38.48 S	F	100	Breast	26/05/2014	Training Times 26/5/14
3:29.92 S	F	200	Breast	17/06/2013	Updated times June 2013
1:01.63 S	F	40	Fly	04/06/2009	Grantown Club Championship 2009
1:01.63 S	F	40	Fly	04/06/2009	Grantown Club Championship 2009
45.95 S	F	50	Fly	08/12/2012	Updated Times Dec 2012
47.81 S	F	60	Fly	17/06/2013	Updated times June 2013
1:37.08 S	F	100	Fly	02/02/2015	February 2015 Training Times
1:02.13 S	F	80	IM	05/12/2013	Updating times Dec 13
1:55.65 S	F	100	IM	28/08/2010	Diving Practise Training Times
2:51.00 S	F	160	IM	06/10/2011	160 IM times
Rebecca SMITH (16) F					
NGRX					
15.72 S	F	25	Free	28/08/2010	Diving Practise Training Times
26.00 S	F	40	Free	25/02/2014	Updated Training Times Feb 2014
35.38 S S	F	50	Free	12/11/2011	Aberdeen Dolphin Mitchell Trophy 2011
43.72 S	F	60	Free	02/09/2014	September 2014 Training Times
1:10.03 S	F	100	Free	08/03/2014	Forres Bluefins two-day meet
2:40.67 S	F	200	Free	23/06/2012	North District Development Meet
5:27.84 S	F	400	Free	01/03/2014	Updated Training Times March 2014
11:41.31 S	F	800	Free	02/02/2015	February 2015 Training Times
21:50.00 S	F	1500	Free	22/05/2014	Updated training times 22/5/14
28.00 S	F	40	Back	25/02/2014	Updated Training Times Feb 2014
34.84 S	P	50	Back	04/10/2014	NDOpen inc Sprints 2014
35.99 L	F	50	Back	03/05/2014	Westhill Invitational Meet 2014
47.25 S	F	60	Back	17/06/2013	Updated times June 2013
1:13.19 S	F	100	Back	08/03/2014	Forres Bluefins two-day meet
1:16.28 L	F	100	Back	03/05/2014	Westhill Invitational Meet 2014
2:35.70 S S	F	200	Back	22/03/2014	North District Age Group Championships
26.00 S	F	25	Breast	28/08/2010	Diving Practise Training Times
36.00 S	F	40	Breast	25/02/2014	Updated Training Times Feb 2014
43.30 L	F	50	Breast	03/05/2014	Westhill Invitational Meet 2014
46.62 S	F	50	Breast	17/06/2013	Updated times June 2013
58.02 S	F	60	Breast	17/06/2013	Updated times June 2013
1:29.85 S	F	100	Breast	08/03/2014	Forres Bluefins two-day meet
3:09.66 S	F	200	Breast	30/11/2013	ND Age Group Meet 2013
28.21 S	F	40	Fly	25/02/2014	Updated Training Times Feb 2014
33.22 S	F	50	Fly	01/02/2015	HST New Year Meet
48.97 S	F	60	Fly	02/09/2014	September 2014 Training Times
1:16.92 S	P	100	Fly	22/03/2014	North District Age Group Championships
3:05.10 S	F	200	Fly	05/12/2013	Updating times Dec 13
1:04.61 S	F	80	IM	25/02/2014	Updated Training Times Feb 2014
1:18.12 S	F	100	IM	08/03/2014	Forres Bluefins two-day meet
2:16.85 S	F	160	IM	06/10/2014	October 2014 Training Times
2:42.97 S	T	200	IM	26/01/2014	HST New Year Meet
2:49.64 L	F	200	IM	03/05/2014	Westhill Invitational Meet 2014
6:09.84 S	F	400	IM	06/01/2015	January 2015 Training Times
Tilly Swan (8) F					
NGRX					
24.31 S	F	20	Free	19/03/2015	Grantown Club Champs
1:57.00 S	F	60	Free	02/02/2015	February 2015 Training Times
23.63 S	F	20	Back	19/03/2015	Grantown Club Champs
32.28 S	F	25	Back	08/05/2015	Grantown Friendly
1:43.00 S	F	60	Back	02/02/2015	February 2015 Training Times
29.15 S	F	20	Breast	19/03/2015	Grantown Club Champs
31.87 S	F	20	Fly	19/03/2015	Grantown Club Champs
36.28 S	F	25	Fly	08/05/2015	Grantown Friendly

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event		
Nicola Szczypior (8) F			NGRX	
1:02.94 S	F	50 Free	01/12/2014	December Training Times
1:08.88 S	F	60 Free	19/03/2015	Grantown Club Champs
2:17.20 S	F	100 Free	01/12/2014	December Training Times
25.90 S	F	25 Back	08/05/2015	Grantown Friendly
1:05.88 S	F	50 Back	01/12/2014	December Training Times
1:08.90 S	F	60 Back	19/03/2015	Grantown Club Champs
32.59 S	F	25 Breast	08/05/2015	Grantown Friendly
1:13.51 S	F	50 Breast	01/12/2014	December Training Times
1:27.62 S	F	60 Breast	19/03/2015	Grantown Club Champs
50.50 S	F	40 Fly	19/03/2015	Grantown Club Champs
1:14.50 S	F	50 Fly	01/12/2014	December Training Times
1:30.83 S	F	60 Fly	01/12/2014	December Training Times
Freddie Talbot-Heigh (9) M			NGRX	
20.72 S	F	25 Free	07/06/2014	2014 Elgin Mini Meet
42.12 S	F	50 Free	01/02/2015	HST New Year Meet
54.00 S	F	60 Free	19/03/2015	Grantown Club Champs
1:39.71 S	F	100 Free	01/02/2015	HST New Year Meet
3:42.00 S	F	200 Free	06/01/2015	January 2015 Training Times
7:38.45 S	F	400 Free	02/02/2015	February 2015 Training Times
20:17.42 S	F	800 Free	06/06/2014	Training Times June 2014
32:44.69 S	F	1500 Free	06/01/2015	January 2015 Training Times
24.09 S	F	25 Back	07/06/2014	2014 Elgin Mini Meet
48.03 S	F	50 Back	08/05/2015	Grantown Friendly
55.50 S	F	60 Back	19/03/2015	Grantown Club Champs
1:53.88 S	F	100 Back	02/02/2015	February 2015 Training Times
3:49.57 S	F	200 Back	02/03/2015	March 2015 Training Times
28.15 S	F	25 Breast	07/06/2014	2014 Elgin Mini Meet
55.10 S	F	50 Breast	14/03/2015	Forres Bluefins two-day meet
1:10.16 S	F	60 Breast	19/03/2015	Grantown Club Champs
2:04.07 S	F	100 Breast	01/02/2015	HST New Year Meet
4:40.42 S	F	200 Breast	02/03/2015	March 2015 Training Times
24.90 S	F	25 Fly	07/06/2014	2014 Elgin Mini Meet
45.09 S	F	40 Fly	19/03/2015	Grantown Club Champs
54.74 S	F	50 Fly	14/03/2015	Forres Bluefins two-day meet
1:19.96 S	F	60 Fly	02/02/2015	February 2015 Training Times
2:21.00 S	F	100 Fly	01/12/2014	December Training Times
6:13.00 S	F	200 Fly	06/06/2014	Training Times June 2014
1:27.57 S	F	80 IM	02/02/2015	February 2015 Training Times
1:42.00 S	F	100 IM	14/03/2015	Forres Bluefins two-day meet
3:29.62 S	F	160 IM	06/10/2014	October 2014 Training Times
4:37.34 S	F	200 IM	28/06/2014	End June Training Times
9:21.31 S	F	400 IM	02/10/2014	Training Times 2nd & 7th October 2014
Joshua Talbot-Heigh (10) M			NGRX	
20.88 S	F	25 Free	08/06/2013	2013 Elgin Mini Meet
34.00 S	F	40 Free	30/01/2014	Updated Training Times 30th January 2014
35.88 S	F	50 Free	08/11/2014	Buckie ASC Mini Meet 2014
45.56 S	F	60 Free	02/02/2015	February 2015 Training Times
1:16.26 S	F	100 Free	01/02/2015	HST New Year Meet
1:19.89 L S	P	100 Free	07/03/2015	North District Age Group Championships
2:45.46 S	F	200 Free	14/02/2015	2015 Elgin Spring Meet
6:19.00 S	F	400 Free	02/02/2015	February 2015 Training Times
15:20.83 S	F	800 Free	06/06/2014	Training Times June 2014
32:25.00 S	F	1500 Free	05/12/2013	Updating times Dec 13
24.53 S	F	25 Back	08/06/2013	2013 Elgin Mini Meet
36.00 S	F	40 Back	30/01/2014	Updated Training Times 30th January 2014
40.66 S	F	50 Back	08/05/2015	Grantown Friendly
41.97 L S	P	50 Back	07/03/2015	North District Age Group Championships
50.10 S	F	60 Back	19/03/2015	Grantown Club Champs
1:29.18 S	F	100 Back	02/02/2015	February 2015 Training Times
1:41.66 L	F	100 Back	17/05/2014	Hunting Trophy Meet 2014
3:02.70 S	F	200 Back	14/02/2015	2015 Elgin Spring Meet
3:10.29 L	F	200 Back	07/03/2015	North District Age Group Championships
27.39 S	F	25 Breast	08/06/2013	2013 Elgin Mini Meet
44.00 S	F	40 Breast	30/01/2014	Updated Training Times 30th January 2014

Individual Top Times

Times until: 18-May-15

Time	P/F/S	Event				
Joshua Talbot-Heigh (10) M						NGRX
49.19 S	F	50	Breast	08/05/2015	Grantown Friendly	
51.19 L	P	50	Breast	07/03/2015	North District Age Group Championships	
1:01.32 S	F	60	Breast	02/02/2015	February 2015 Training Times	
1:43.49 S	F	100	Breast	18/04/2015	Buckie Age Groups 2015	
2:09.89 L	F	100	Breast	17/05/2014	Hunting Trophy Meet 2014	
3:50.83 S	F	200	Breast	25/10/2014	Alloa Graded Meet 2014	
25.57 S	F	25	Fly	08/06/2013	2013 Elgin Mini Meet	
34.35 S	F	40	Fly	19/03/2015	Grantown Club Champs	
43.16 S	F	50	Fly	01/02/2015	HST New Year Meet	
1:09.16 S	F	60	Fly	02/09/2014	September 2014 Training Times	
1:36.74 S	F	100	Fly	18/04/2015	Buckie Age Groups 2015	
3:57.48 S	F	200	Fly	02/03/2015	March 2015 Training Times	
1:10.88 S	F	80	IM	02/03/2015	March 2015 Training Times	
1:41.91 S	F	100	IM	26/04/2014	Inverness Graded Meet 2014	
2:49.37 S	F	160	IM	06/10/2014	October 2014 Training Times	
3:35.56 S	F	200	IM	01/12/2014	December Training Times	
6:51.31 S	F	400	IM	18/04/2015	Buckie Age Groups 2015	
Rhona Taylor (13) F						NGRX
22.76 S	F	25	Free	03/10/2010	Forres Bluefins Mini Meet	
30.00 S	F	40	Free	30/01/2014	Updated Training Times 30th January 2014	
37.41 S	F	50	Free	28/06/2014	End June Training Times	
48.22 S	F	60	Free	02/09/2014	September 2014 Training Times	
1:17.36 S	F	100	Free	01/02/2015	HST New Year Meet	
3:04.00 S	F	200	Free	06/01/2015	January 2015 Training Times	
6:28.29 S	F	400	Free	02/09/2014	September 2014 Training Times	
12:52.98 S	F	800	Free	02/02/2015	February 2015 Training Times	
25:14.00 S	F	1500	Free	22/05/2014	Updated training times 22/5/14	
29.25 S	F	25	Back	03/10/2010	Forres Bluefins Mini Meet	
35.00 S	F	40	Back	30/01/2014	Updated Training Times 30th January 2014	
45.20 S	F	50	Back	05/12/2013	Updating times Dec 13	
55.19 S	F	60	Back	05/12/2013	Updating times Dec 13	
1:32.44 S	F	100	Back	19/03/2015	Grantown Club Champs	
3:20.97 S	F	200	Back	02/03/2015	March 2015 Training Times	
35.41 S	F	25	Breast	03/10/2010	Forres Bluefins Mini Meet	
40.00 S	F	40	Breast	30/01/2014	Updated Training Times 30th January 2014	
49.98 S	F	50	Breast	28/06/2014	End June Training Times	
1:05.86 S	F	60	Breast	19/09/2013	Updated times Sept 2013	
1:44.26 S	F	100	Breast	01/12/2014	December Training Times	
3:32.48 S	F	200	Breast	01/02/2015	HST New Year Meet	
33.67 S	F	20	Fly	16/12/2009	GRANTOWN CLUB TIME TRIALS	
29.98 S	F	25	Fly	17/09/2011	Dive Practise Training Timed Swims	
35.00 S	F	40	Fly	30/01/2014	Updated Training Times 30th January 2014	
48.58 S	F	50	Fly	02/09/2014	September 2014 Training Times	
59.32 S	F	60	Fly	01/03/2014	Updated Training Times March 2014	
1:43.16 S	F	100	Fly	01/12/2014	December Training Times	
3:50.20 S	F	200	Fly	02/03/2015	March 2015 Training Times	
1:10.77 S	F	80	IM	02/02/2015	February 2015 Training Times	
1:35.12 S	F	100	IM	28/06/2014	End June Training Times	
2:36.23 S	F	160	IM	06/10/2014	October 2014 Training Times	
3:24.62 S	F	200	IM	28/06/2014	End June Training Times	
7:12.33 S	F	400	IM	06/01/2015	January 2015 Training Times	
Iris Westbrook (10) F						NGRX
34.70 S	F	25	Free	17/06/2013	Updated times June 2013	
58.95 S	F	40	Free	17/06/2013	Updated times June 2013	
51.43 S	F	50	Free	03/04/2014	Training Times 3/4/14 (Club Gala)	
1:06.51 S	F	60	Free	02/02/2015	February 2015 Training Times	
2:05.84 S	F	100	Free	01/12/2014	December Training Times	
4:20.48 S	F	200	Free	02/03/2015	March 2015 Training Times	
9:11.00 S	F	400	Free	02/02/2015	February 2015 Training Times	
39:40.94 S	F	1500	Free	06/01/2015	January 2015 Training Times	
36.38 S	F	25	Back	17/06/2013	Updated times June 2013	
36.38 S	F	40	Back	17/06/2013	Updated times June 2013	
54.53 S	F	50	Back	02/02/2015	February 2015 Training Times	
1:07.19 S	F	60	Back	02/02/2015	February 2015 Training Times	

Individual Top Times**Times until: 18-May-15**

Time	P/F/S	Event				NGRX
Iris Westbrook (10) F						
2:13.70 S	F	100	Back	01/12/2014	December Training Times	
4:08.78 S	F	200	Back	02/03/2015	March 2015 Training Times	
59.63 S	F	50	Breast	08/11/2014	Buckie ASC Mini Meet 2014	
1:15.24 S	F	60	Breast	02/02/2015	February 2015 Training Times	
2:26.17 S	F	100	Breast	01/12/2014	December Training Times	
4:48.03 S	F	200	Breast	02/03/2015	March 2015 Training Times	
52.13 S	F	40	Fly	03/04/2014	Grantown Club Champs	
1:20.40 S	F	50	Fly	02/09/2014	September 2014 Training Times	
1:38.12 S	F	60	Fly	02/09/2014	September 2014 Training Times	
2:34.58 S	F	100	Fly	01/12/2014	December Training Times	
5:19.47 S	F	200	Fly	02/03/2015	March 2015 Training Times	
1:40.90 S	F	80	IM	02/03/2015	March 2015 Training Times	
4:06.61 S	F	160	IM	06/10/2014	October 2014 Training Times	
9:30.74 S	F	400	IM	06/01/2015	January 2015 Training Times	