

## Individual Top Times

Times until: 09-Oct-14

GRANTOWN SWIM CLUB [NGRX]

| Time                       | P/F/S | Event      |            |                                          |
|----------------------------|-------|------------|------------|------------------------------------------|
| <b>Andrew Airey (11) M</b> |       |            |            |                                          |
| 30.00 S                    | F     | 40 Free    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 36.04 S                    | F     | 50 Free    | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 47.98 S                    | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:22.04 S                  | F     | 100 Free   | 19/04/2014 | Buckie Age Groups 2014                   |
| 1:25.50 L                  | F     | 100 Free   | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 2:58.64 S                  | F     | 200 Free   | 19/04/2014 | Buckie Age Groups 2014                   |
| 6:14.15 S                  | F     | 400 Free   | 19/04/2014 | Buckie Age Groups 2014                   |
| 13:32.61 S                 | F     | 800 Free   | 06/06/2014 | Training Times June 2014                 |
| 25:14.00 S                 | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14           |
| 27.00 S                    | F     | 40 Back    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 41.26 S                    | F     | 50 Back    | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 53.12 S                    | F     | 60 Back    | 05/12/2013 | Updating times Dec 13                    |
| 1:25.82 S                  | F     | 100 Back   | 21/06/2014 | HST Training Day Training Times          |
| 1:28.10 L                  | F     | 100 Back   | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 3:10.03 S                  | F     | 200 Back   | 19/04/2014 | Buckie Age Groups 2014                   |
| 50.00 S                    | F     | 40 Breast  | 30/01/2014 | Updated Training Times 30th January 2014 |
| 58.43 S                    | F     | 50 Breast  | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 1:20.56 S                  | F     | 60 Breast  | 19/09/2013 | Updated times Sept 2013                  |
| 2:04.19 S                  | F     | 100 Breast | 08/03/2014 | Forres Bluefins two-day meet             |
| 2:08.77 L                  | F     | 100 Breast | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 4:21.00 S                  | F     | 200 Breast | 02/09/2014 | September 2014 Training Times            |
| 35.00 S                    | F     | 40 Fly     | 30/01/2014 | Updated Training Times 30th January 2014 |
| 45.79 S                    | F     | 50 Fly     | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 59.13 S                    | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times            |
| 1:47.86 S                  | F     | 100 Fly    | 26/04/2014 | Inverness Graded Meet 2014               |
| 1:48.25 L                  | F     | 100 Fly    | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 3:53.22 S                  | F     | 200 Fly    | 06/06/2014 | Training Times June 2014                 |
| 1:17.28 S                  | F     | 80 IM      | 26/05/2014 | Training Times 26/5/14                   |
| 1:38.94 S                  | F     | 100 IM     | 26/04/2014 | Inverness Graded Meet 2014               |
| 3:28.04 S                  | F     | 200 IM     | 19/04/2014 | Buckie Age Groups 2014                   |
| 7:28.91 S                  | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Eoin Baike (10) M</b>   |       |            |            |                                          |
| 57.15 S                    | F     | 50 Free    | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 1:09.69 S                  | F     | 60 Free    | 03/04/2014 | Grantown Club Champs                     |
| 1:52.00 S                  | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                   |
| 4:29.61 S                  | F     | 200 Free   | 15/05/2014 | Training Times 15/5/14                   |
| 1:06.66 S                  | F     | 50 Back    | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 1:23.00 S                  | F     | 60 Back    | 17/06/2013 | Updated times June 2013                  |
| 1:23.00 S                  | F     | 60 Back    | 05/12/2013 | Updating times Dec 13                    |
| 2:23.00 S                  | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 1:14.00 S                  | F     | 50 Breast  | 05/12/2013 | Updating times Dec 13                    |
| 1:29.00 S                  | F     | 60 Breast  | 05/12/2013 | Updating times Dec 13                    |
| 2:34.00 S                  | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 57.68 S                    | F     | 40 Fly     | 03/04/2014 | Grantown Club Champs                     |
| 55.11 S                    | F     | 50 Fly     | 17/06/2013 | Updated times June 2013                  |
| 1:55.00 S                  | F     | 60 Fly     | 05/12/2013 | Updating times Dec 13                    |
| <b>Harry Baikie (12) M</b> |       |            |            |                                          |
| 28.91 S                    | F     | 25 Free    | 28/08/2010 | Diving Practise Training Times           |
| 30.00 S                    | F     | 40 Free    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 34.57 S                    | F     | 50 Free    | 13/11/2013 | Scottish Schools Highland Heats          |
| 50.59 S                    | F     | 60 Free    | 21/03/2013 | Grantown Club Championships 2013         |
| 1:22.85 S                  | F     | 100 Free   | 03/04/2014 | Grantown Club Champs                     |
| 3:11.00 S                  | F     | 200 Free   | 01/03/2014 | Updated Training Times March 2014        |
| 6:34.90 S                  | F     | 400 Free   | 25/03/2014 | Updated Training Times 25/3/14           |
| 15:04.00 S                 | F     | 800 Free   | 08/12/2012 | Updated Times Dec 2012                   |
| 27:25.00 S                 | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14           |
| 39.37 S                    | F     | 25 Back    | 28/08/2010 | Diving Practise Training Times           |
| 35.00 S                    | F     | 40 Back    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 45.70 S                    | F     | 50 Back    | 13/11/2013 | Scottish Schools Highland Heats          |
| 57.44 S                    | F     | 60 Back    | 05/12/2013 | Updating times Dec 13                    |
| 1:37.07 S                  | F     | 100 Back   | 03/04/2014 | Grantown Club Champs                     |
| 3:37.00 S                  | F     | 200 Back   | 01/03/2014 | Updated Training Times March 2014        |

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Times until: 09-Oct-14

| Time                        | P/F/S | Event      |            |                                          |
|-----------------------------|-------|------------|------------|------------------------------------------|
| <b>Harry Baikie (12) M</b>  |       |            |            |                                          |
| 44.19 S                     | F     | 25 Breast  | 28/08/2010 | Diving Practise Training Times           |
| 40.00 S                     | F     | 40 Breast  | 30/01/2014 | Updated Training Times 30th January 2014 |
| 53.28 S                     | F     | 50 Breast  | 10/11/2012 | Buckie ASC Mini Meet 2012                |
| 1:06.52 S                   | F     | 60 Breast  | 19/09/2013 | Updated times Sept 2013                  |
| 1:49.00 S                   | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 3:50.15 S                   | F     | 200 Breast | 06/06/2014 | Training Times June 2014                 |
| 39.28 S                     | F     | 20 Fly     | 16/12/2009 | GRANTOWN CLUB TIME TRIALS                |
| 29.81 S                     | F     | 25 Fly     | 03/04/2011 | Tain Swimfest                            |
| 40.00 S                     | F     | 40 Fly     | 30/01/2014 | Updated Training Times 30th January 2014 |
| 51.77 S                     | F     | 50 Fly     | 10/11/2012 | Buckie ASC Mini Meet 2012                |
| 1:05.42 S                   | F     | 60 Fly     | 01/03/2014 | Updated Training Times March 2014        |
| 1:42.88 S                   | F     | 100 Fly    | 03/04/2014 | Grantown Club Champs                     |
| 3:53.30 S                   | F     | 200 Fly    | 06/06/2014 | Training Times June 2014                 |
| 1:16.38 S                   | F     | 80 IM      | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| 1:51.57 S                   | F     | 100 IM     | 28/04/2012 | Inverness Graded Meet 2012               |
| 4:02.69 S                   | T     | 200 IM     | 27/01/2013 | HST New Year Meet                        |
| 7:15.96 S                   | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Robyn Barnett (12) F</b> |       |            |            |                                          |
| 29.62 S                     | F     | 25 Free    | 28/08/2010 | Diving Practise Training Times           |
| 31.00 S                     | F     | 40 Free    | 25/02/2014 | Updated Training Times Feb 2014          |
| 39.11 S                     | F     | 50 Free    | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 51.69 S                     | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:29.09 S                   | F     | 100 Free   | 02/09/2014 | September 2014 Training Times            |
| 3:13.00 S                   | F     | 200 Free   | 02/09/2014 | September 2014 Training Times            |
| 7:29.87 S                   | F     | 400 Free   | 01/03/2014 | Updated Training Times March 2014        |
| 14:35.99 S                  | F     | 800 Free   | 06/06/2014 | Training Times June 2014                 |
| 30:21.00 S                  | F     | 1500 Free  | 17/06/2013 | Updated times June 2013                  |
| 30.69 S                     | F     | 25 Back    | 28/08/2010 | Diving Practise Training Times           |
| 36.00 S                     | F     | 40 Back    | 25/02/2014 | Updated Training Times Feb 2014          |
| 45.53 S                     | T     | 50 Back    | 26/01/2014 | HST New Year Meet                        |
| 1:00.16 S                   | F     | 60 Back    | 19/09/2013 | Updated times Sept 2013                  |
| 1:46.32 S                   | F     | 100 Back   | 03/04/2014 | Grantown Club Champs                     |
| 3:32.00 S                   | F     | 200 Back   | 02/09/2014 | September 2014 Training Times            |
| 39.97 S                     | F     | 25 Breast  | 28/08/2010 | Diving Practise Training Times           |
| 39.00 S                     | F     | 40 Breast  | 25/02/2014 | Updated Training Times Feb 2014          |
| 49.19 S                     | F     | 50 Breast  | 13/11/2013 | Scottish Schools Highland Heats          |
| 1:06.00 S                   | F     | 60 Breast  | 08/12/2012 | Updated Times Dec 2012                   |
| 1:52.91 S                   | F     | 100 Breast | 01/03/2014 | Updated Training Times March 2014        |
| 3:50.28 S                   | F     | 200 Breast | 02/09/2014 | September 2014 Training Times            |
| 34.58 S                     | F     | 20 Fly     | 16/12/2009 | GRANTOWN CLUB TIME TRIALS                |
| 34.76 S                     | F     | 25 Fly     | 17/09/2011 | Dive Practise Training Timed Swims       |
| 41.00 S                     | F     | 40 Fly     | 25/02/2014 | Updated Training Times Feb 2014          |
| 46.60 S                     | F     | 50 Fly     | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 1:06.73 S                   | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times            |
| 1:59.92 S                   | F     | 100 Fly    | 03/04/2014 | Grantown Club Champs                     |
| 4:14.00 S                   | F     | 200 Fly    | 06/06/2014 | Training Times June 2014                 |
| 1:19.75 S                   | F     | 80 IM      | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| 1:44.84 S                   | F     | 100 IM     | 27/04/2013 | Inverness Graded Meet 2013               |
| 8:40.19 S                   | F     | 400 IM     | 08/12/2012 | Updated Times Dec 2012                   |
| <b>Erinne Bird (13) F</b>   |       |            |            |                                          |
| 28.75 S                     | F     | 20 Free    | 12/03/2009 | Development Time Trials                  |
| 22.44 S                     | F     | 25 Free    | 28/08/2010 | Diving Practise Training Times           |
| 1:02.00 S                   | F     | 40 Free    | 12/03/2009 | Development Time Trials                  |
| 36.55 S                     | F     | 50 Free    | 17/06/2013 | Updated times June 2013                  |
| 52.31 S                     | F     | 60 Free    | 17/06/2013 | Updated times June 2013                  |
| 1:20.63 S                   | F     | 100 Free   | 03/04/2014 | Grantown Club Champs                     |
| 3:32.00 S                   | F     | 200 Free   | 26/09/2012 | Training times Sep 2012                  |
| 6:54.00 S                   | F     | 400 Free   | 17/06/2013 | Updated times June 2013                  |
| 15:05.82 S                  | F     | 800 Free   | 17/06/2013 | Updated times June 2013                  |
| 30:40.76 S                  | F     | 1500 Free  | 20/03/2012 | Training Times March 2012                |
| 1:09.15 S                   | F     | 40 Back    | 12/03/2009 | Development Time Trials                  |
| 43.59 S                     | F     | 50 Back    | 10/11/2012 | Buckie ASC Mini Meet 2012                |
| 58.63 S                     | F     | 60 Back    | 29/09/2011 | Grantown Sprint Challenge                |
| 1:28.44 S                   | F     | 100 Back   | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |

## Individual Top Times

Times until: 09-Oct-14

| Time                           | P/F/S | Event      |            |                                          |
|--------------------------------|-------|------------|------------|------------------------------------------|
| <b>Erinne Bird (13) F</b>      |       |            |            |                                          |
| 3:46.35 S                      | F     | 200 Back   | 26/09/2012 | Training times Sep 2012                  |
| 36.43 S                        | F     | 25 Breast  | 28/08/2010 | Diving Practise Training Times           |
| 51.69 S                        | F     | 50 Breast  | 17/06/2013 | Updated times June 2013                  |
| 1:07.69 S                      | F     | 60 Breast  | 17/06/2013 | Updated times June 2013                  |
| 1:51.62 S                      | F     | 100 Breast | 21/03/2013 | Grantown Club Championships 2013         |
| 4:22.20 S                      | F     | 200 Breast | 22/02/2013 | Updated times Feb 2013                   |
| 30.44 S                        | F     | 25 Fly     | 18/04/2010 | Tain Swimfest                            |
| 40.32 S                        | F     | 40 Fly     | 17/03/2011 | Grantown Swim Club Championships 2011    |
| 45.81 S                        | F     | 50 Fly     | 10/11/2012 | Buckie ASC Mini Meet 2012                |
| 1:07.43 S                      | F     | 60 Fly     | 17/06/2013 | Updated times June 2013                  |
| 1:41.89 S                      | F     | 100 Fly    | 27/04/2013 | Inverness Graded Meet 2013               |
| 4:25.07 S                      | T     | 200 Fly    | 27/01/2013 | HST New Year Meet                        |
| 1:19.00 S                      | F     | 80 IM      | 17/06/2013 | Updated times June 2013                  |
| 1:30.83 S                      | F     | 100 IM     | 27/04/2013 | Inverness Graded Meet 2013               |
| 2:54.52 S                      | F     | 160 IM     | 06/10/2011 | 160 IM times                             |
| 4:13.82 S                      | F     | 200 IM     | 20/03/2012 | Training Times March 2012                |
| 8:05.82 S                      | F     | 400 IM     | 08/12/2012 | Updated Times Dec 2012                   |
| <b>Rebekah Bissett (9) F</b>   |       |            |            |                                          |
| 1:17.63 S                      | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:29.13 S                      | F     | 60 Back    | 02/09/2014 | September 2014 Training Times            |
| <b>Sophie Borthwick (10) F</b> |       |            |            |                                          |
| 47.76 S                        | F     | 50 Free    | 02/09/2014 | September 2014 Training Times            |
| 58.13 S                        | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:56.00 S                      | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                   |
| 4:23.72 S                      | F     | 200 Free   | 15/05/2014 | Training Times 15/5/14                   |
| 9:37.23 S                      | F     | 400 Free   | 02/09/2014 | September 2014 Training Times            |
| 58.76 S                        | F     | 50 Back    | 02/09/2014 | September 2014 Training Times            |
| 1:11.72 S                      | F     | 60 Back    | 02/09/2014 | September 2014 Training Times            |
| 2:16.00 S                      | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 4:48.84 S                      | F     | 200 Back   | 02/09/2014 | September 2014 Training Times            |
| 1:08.06 S                      | F     | 50 Breast  | 02/09/2014 | September 2014 Training Times            |
| 1:23.82 S                      | F     | 60 Breast  | 02/09/2014 | September 2014 Training Times            |
| 2:47.00 S                      | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 5:25.66 S                      | F     | 200 Breast | 02/09/2014 | September 2014 Training Times            |
| 48.06 S                        | F     | 40 Fly     | 03/04/2014 | Grantown Club Champs                     |
| 59.63 S                        | F     | 50 Fly     | 02/09/2014 | September 2014 Training Times            |
| 1:14.56 S                      | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times            |
| 9:42.16 S                      | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Rosie Broadhurst (11) F</b> |       |            |            |                                          |
| 35.00 S                        | F     | 40 Free    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 43.92 S                        | F     | 50 Free    | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 57.44 S                        | F     | 60 Free    | 03/04/2014 | Grantown Club Champs                     |
| 1:52.82 S                      | F     | 100 Free   | 01/03/2014 | Updated Training Times March 2014        |
| 3:48.58 S                      | F     | 200 Free   | 06/06/2014 | Training Times June 2014                 |
| 7:48.40 S                      | F     | 400 Free   | 25/03/2014 | Updated Training Times 25/3/14           |
| 16:55.00 S                     | F     | 800 Free   | 17/06/2013 | Updated times June 2013                  |
| 30:01.00 S                     | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14           |
| 40.00 S                        | F     | 40 Back    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 53.73 S                        | F     | 50 Back    | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 1:06.94 S                      | F     | 60 Back    | 03/04/2014 | Grantown Club Champs                     |
| 2:04.73 S                      | F     | 100 Back   | 01/03/2014 | Updated Training Times March 2014        |
| 4:16.00 S                      | F     | 200 Back   | 01/03/2014 | Updated Training Times March 2014        |
| 47.00 S                        | F     | 40 Breast  | 30/01/2014 | Updated Training Times 30th January 2014 |
| 56.65 S                        | F     | 50 Breast  | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 1:09.76 S                      | F     | 60 Breast  | 03/04/2014 | Grantown Club Champs                     |
| 2:18.64 S                      | F     | 100 Breast | 19/09/2013 | Updated times Sept 2013                  |
| 4:35.00 S                      | F     | 200 Breast | 01/03/2014 | Updated Training Times March 2014        |
| 42.84 S                        | F     | 40 Fly     | 03/04/2014 | Grantown Club Champs                     |
| 1:02.00 S                      | F     | 50 Fly     | 05/12/2013 | Updating times Dec 13                    |
| 1:17.00 S                      | F     | 60 Fly     | 05/12/2013 | Updating times Dec 13                    |
| 2:18.13 S                      | F     | 100 Fly    | 01/03/2014 | Updated Training Times March 2014        |
| 4:53.00 S                      | F     | 200 Fly    | 06/06/2014 | Training Times June 2014                 |
| 1:28.70 S                      | F     | 80 IM      | 26/05/2014 | Training Times 26/5/14                   |

## Individual Top Times

Times until: 09-Oct-14

| Time                           | P/F/S | Event      |            |                                       |
|--------------------------------|-------|------------|------------|---------------------------------------|
| <b>Rosie Broadhurst (11) F</b> |       |            |            |                                       |
| 2:24.16 S                      | F     | 100 IM     | 08/12/2012 | Updated Times Dec 2012                |
| <b>Sam Cooke (14) M</b>        |       |            |            |                                       |
| 37.37 S                        | T     | 50 Free    | 27/01/2013 | HST New Year Meet                     |
| 56.93 S                        | F     | 60 Free    | 29/09/2011 | Grantown Sprint Challenge             |
| 1:23.12 S                      | F     | 100 Free   | 03/04/2014 | Grantown Club Champs                  |
| 3:07.00 S                      | F     | 200 Free   | 06/06/2014 | Training Times June 2014              |
| 6:43.00 S                      | F     | 400 Free   | 25/02/2014 | Updated Training Times Feb 2014       |
| 15:52.64 S                     | F     | 800 Free   | 08/12/2012 | Updated Times Dec 2012                |
| 46.92 S L                      | F     | 50 Back    | 28/04/2012 | Inverness Graded Meet 2012            |
| 1:00.78 S                      | F     | 60 Back    | 29/09/2011 | Grantown Sprint Challenge             |
| 1:31.16 S                      | F     | 100 Back   | 01/03/2014 | Updated Training Times March 2014     |
| 3:44.00 S                      | F     | 200 Back   | 26/09/2012 | Training times Sep 2012               |
| 57.23 S                        | F     | 50 Breast  | 02/10/2011 | Forres Bluefins Mini Meet             |
| 1:16.34 S                      | F     | 60 Breast  | 29/09/2011 | Grantown Sprint Challenge             |
| 1:51.50 S                      | F     | 100 Breast | 03/04/2014 | Grantown Club Champs                  |
| 4:25.85 S                      | F     | 200 Breast | 14/11/2012 | Highland School Championships         |
| 31.63 S                        | F     | 20 Fly     | 16/12/2009 | GRANTOWN CLUB TIME TRIALS             |
| 47.56 S                        | F     | 40 Fly     | 17/03/2011 | Grantown Swim Club Championships 2011 |
| 52.55 S                        | F     | 50 Fly     | 17/06/2013 | Updated times June 2013               |
| 1:11.48 S                      | F     | 60 Fly     | 15/03/2012 | Grantown Club Championships 2012      |
| 1:48.30 S                      | F     | 100 Fly    | 03/04/2014 | Training Times 3/4/14 (Club Gala)     |
| 4:03.00 S                      | F     | 200 Fly    | 06/06/2014 | Training Times June 2014              |
| 1:15.52 S                      | F     | 80 IM      | 05/12/2013 | Updating times Dec 13                 |
| 2:12.08 S                      | F     | 100 IM     | 20/03/2012 | Training Times March 2012             |
| 3:22.91 S                      | F     | 160 IM     | 06/10/2011 | 160 IM times                          |
| 3:54.45 S                      | F     | 200 IM     | 08/12/2012 | Updated Times Dec 2012                |
| 8:10.91 S                      | F     | 400 IM     | 08/12/2012 | Updated Times Dec 2012                |
| <b>Holly Corcoran (9) F</b>    |       |            |            |                                       |
| 23.70 S                        | F     | 25 Free    | 07/06/2014 | 2014 Elgin Mini Meet                  |
| 55.33 S                        | F     | 50 Free    | 26/04/2014 | Inverness Graded Meet 2014            |
| 1:11.48 S                      | F     | 60 Free    | 03/04/2014 | Grantown Club Champs                  |
| 2:12.00 S                      | F     | 100 Free   | 02/09/2014 | September 2014 Training Times         |
| 4:35.97 S                      | F     | 200 Free   | 06/06/2014 | Training Times June 2014              |
| 21:36.33 S                     | F     | 800 Free   | 06/06/2014 | Training Times June 2014              |
| 41:55.00 S                     | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14        |
| 26.68 S                        | F     | 25 Back    | 07/06/2014 | 2014 Elgin Mini Meet                  |
| 56.33 S                        | F     | 50 Back    | 26/04/2014 | Inverness Graded Meet 2014            |
| 1:12.24 S                      | F     | 60 Back    | 02/09/2014 | September 2014 Training Times         |
| 2:14.64 S                      | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                |
| 4:55.72 S                      | F     | 200 Back   | 02/09/2014 | September 2014 Training Times         |
| 29.60 S                        | F     | 25 Breast  | 07/06/2014 | 2014 Elgin Mini Meet                  |
| 1:03.96 S                      | F     | 50 Breast  | 08/03/2014 | Forres Bluefins two-day meet          |
| 1:20.92 S                      | F     | 60 Breast  | 03/04/2014 | Grantown Club Champs                  |
| 2:31.50 S                      | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                |
| 4:57.52 S                      | F     | 200 Breast | 06/06/2014 | Training Times June 2014              |
| 27.23 S                        | F     | 25 Fly     | 07/06/2014 | 2014 Elgin Mini Meet                  |
| 53.99 S                        | F     | 40 Fly     | 03/04/2014 | Grantown Club Champs                  |
| 1:09.40 S                      | F     | 50 Fly     | 26/04/2014 | Inverness Graded Meet 2014            |
| 1:28.70 S                      | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times         |
| 2:52.09 S                      | F     | 100 Fly    | 26/05/2014 | Training Times 26/5/14                |
| 5:44.00 S                      | F     | 200 Fly    | 06/06/2014 | Training Times June 2014              |
| 2:31.88 S                      | F     | 100 IM     | 28/06/2014 | End June Training Times               |
| 5:03.00 S                      | F     | 200 IM     | 28/06/2014 | End June Training Times               |
| 9:51.97 S                      | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014 |
| <b>Rianna Darroch (9) F</b>    |       |            |            |                                       |
| 56.65 S                        | F     | 50 Free    | 02/09/2014 | September 2014 Training Times         |
| 1:09.81 S                      | F     | 60 Free    | 02/09/2014 | September 2014 Training Times         |
| 2:05.00 S                      | F     | 100 Free   | 02/09/2014 | September 2014 Training Times         |
| 5:13.20 S                      | F     | 200 Free   | 02/09/2014 | September 2014 Training Times         |
| 10:21.23 S                     | F     | 400 Free   | 02/09/2014 | September 2014 Training Times         |
| 1:07.18 S                      | F     | 50 Back    | 02/09/2014 | September 2014 Training Times         |
| 1:22.18 S                      | F     | 60 Back    | 02/09/2014 | September 2014 Training Times         |
| 2:43.00 S                      | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                |

## Individual Top Times

Times until: 09-Oct-14

| Time                        | P/F/S | Event      |            |                                          |
|-----------------------------|-------|------------|------------|------------------------------------------|
| <b>Rianna Darroch (9) F</b> |       |            |            |                                          |
| 5:04.81 S                   | F     | 200 Back   | 02/09/2014 | September 2014 Training Times            |
| 1:14.00 S                   | F     | 50 Breast  | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 1:31.87 S                   | F     | 60 Breast  | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 2:51.00 S                   | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 5:36.63 S                   | F     | 200 Breast | 02/09/2014 | September 2014 Training Times            |
| 1:04.94 S                   | F     | 40 Fly     | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 1:19.94 S                   | F     | 50 Fly     | 02/09/2014 | September 2014 Training Times            |
| 1:39.16 S                   | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times            |
| 10:05.22 S                  | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Euan Dingwall (9) M</b>  |       |            |            |                                          |
| 1:55.00 S                   | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                   |
| 2:37.00 S                   | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 3:53.00 S                   | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| <b>Rebecca Eaves (12) F</b> |       |            |            |                                          |
| 30.75 S                     | F     | 25 Free    | 18/06/2012 | training times June 2012                 |
| 40.00 S                     | F     | 40 Free    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 47.97 S                     | F     | 50 Free    | 28/06/2014 | End June Training Times                  |
| 1:12.78 S                   | F     | 60 Free    | 05/12/2013 | Updating times Dec 13                    |
| 1:44.77 S                   | F     | 100 Free   | 26/04/2014 | Inverness Graded Meet 2014               |
| 4:24.00 S                   | F     | 200 Free   | 25/02/2014 | Updated Training Times Feb 2014          |
| 8:57.60 S                   | F     | 400 Free   | 25/03/2014 | Updated Training Times 25/3/14           |
| 38:14.00 S                  | F     | 1500 Free  | 05/12/2013 | Updating times Dec 13                    |
| 50.00 S                     | F     | 40 Back    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 1:02.80 S                   | F     | 50 Back    | 19/09/2013 | Updated times Sept 2013                  |
| 1:20.42 S                   | F     | 60 Back    | 05/12/2013 | Updating times Dec 13                    |
| 2:15.80 S                   | F     | 100 Back   | 03/04/2014 | Grantown Club Champs                     |
| 4:56.49 S                   | F     | 200 Back   | 01/03/2014 | Updated Training Times March 2014        |
| 35.28 S                     | F     | 25 Breast  | 18/06/2012 | training times June 2012                 |
| 45.00 S                     | F     | 40 Breast  | 30/01/2014 | Updated Training Times 30th January 2014 |
| 52.51 S                     | F     | 50 Breast  | 09/11/2013 | Buckie ASC Mini Meet 2013                |
| 1:13.57 S                   | F     | 60 Breast  | 21/03/2013 | Grantown Club Championships 2013         |
| 1:54.06 S                   | F     | 100 Breast | 08/03/2014 | Forres Bluefins two-day meet             |
| 4:23.23 S                   | F     | 200 Breast | 28/06/2014 | End June Training Times                  |
| 39.46 S                     | F     | 25 Fly     | 18/06/2012 | training times June 2012                 |
| 50.00 S                     | F     | 40 Fly     | 30/01/2014 | Updated Training Times 30th January 2014 |
| 1:02.53 S                   | F     | 50 Fly     | 19/09/2013 | Updated times Sept 2013                  |
| 1:22.82 S                   | F     | 60 Fly     | 05/12/2013 | Updating times Dec 13                    |
| 2:12.59 S                   | F     | 100 Fly    | 03/04/2014 | Grantown Club Champs                     |
| 1:37.42 S                   | F     | 80 IM      | 06/06/2014 | Training Times June 2014                 |
| 2:01.81 S                   | F     | 100 IM     | 28/06/2014 | End June Training Times                  |
| 4:25.04 S                   | F     | 200 IM     | 28/06/2014 | End June Training Times                  |
| <b>Robyn Eaves (8) F</b>    |       |            |            |                                          |
| 1:12.30 S                   | F     | 50 Free    | 28/06/2014 | End June Training Times                  |
| 2:25.00 S                   | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                   |
| 2:41.00 S                   | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 1:14.02 S                   | F     | 50 Breast  | 28/06/2014 | End June Training Times                  |
| 2:46.18 S                   | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 6:20.75 S                   | F     | 200 Breast | 28/06/2014 | End June Training Times                  |
| 2:32.19 S                   | F     | 100 IM     | 28/06/2014 | End June Training Times                  |
| <b>Hannah Green (11) F</b>  |       |            |            |                                          |
| 30.54 S                     | F     | 25 Free    | 18/06/2012 | training times June 2012                 |
| 40.00 S                     | F     | 40 Free    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 44.71 S                     | F     | 50 Free    | 09/03/2013 | Forres Bluefins two-day meet             |
| 55.37 S                     | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:37.29 S                   | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                   |
| 4:04.56 S                   | F     | 200 Free   | 02/09/2014 | September 2014 Training Times            |
| 7:49.00 S                   | F     | 400 Free   | 02/09/2014 | September 2014 Training Times            |
| 19:58.00 S                  | F     | 800 Free   | 19/09/2013 | Updated times Sept 2013                  |
| 33:21.00 S                  | F     | 1500 Free  | 05/12/2013 | Updating times Dec 13                    |
| 45.00 S                     | F     | 40 Back    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 52.19 S                     | F     | 50 Back    | 05/12/2013 | Updating times Dec 13                    |
| 1:02.00 S                   | F     | 60 Back    | 03/04/2014 | Grantown Club Champs                     |
| 1:57.46 S                   | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |

## Individual Top Times

Times until: 09-Oct-14

| Time                        | P/F/S | Event      |            |                                          |
|-----------------------------|-------|------------|------------|------------------------------------------|
| <b>Hannah Green (11) F</b>  |       |            |            |                                          |
| 4:04.67 S                   | F     | 200 Back   | 06/06/2014 | Training Times June 2014                 |
| 33.66 S                     | F     | 25 Breast  | 18/06/2012 | training times June 2012                 |
| 50.00 S                     | F     | 40 Breast  | 30/01/2014 | Updated Training Times 30th January 2014 |
| 54.98 S                     | F     | 50 Breast  | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 1:07.03 S                   | F     | 60 Breast  | 03/04/2014 | Grantown Club Champs                     |
| 2:08.56 S                   | F     | 100 Breast | 19/09/2013 | Updated times Sept 2013                  |
| 4:22.15 S                   | F     | 200 Breast | 05/12/2013 | Updating times Dec 13                    |
| 37.51 S                     | F     | 25 Fly     | 18/06/2012 | training times June 2012                 |
| 41.34 S                     | F     | 40 Fly     | 03/04/2014 | Grantown Club Champs                     |
| 1:01.47 S                   | F     | 50 Fly     | 02/09/2014 | September 2014 Training Times            |
| 1:13.63 S                   | F     | 60 Fly     | 05/12/2013 | Updating times Dec 13                    |
| 2:26.60 S                   | F     | 100 Fly    | 26/05/2014 | Training Times 26/5/14                   |
| 1:38.00 S                   | F     | 80 IM      | 19/09/2013 | Updated times Sept 2013                  |
| 1:59.79 S                   | F     | 100 IM     | 09/03/2013 | Forres Bluefins two-day meet             |
| 8:43.57 S                   | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Max Green (10) M</b>     |       |            |            |                                          |
| 2:19.00 S                   | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                   |
| 2:57.00 S                   | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 3:13.00 S                   | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| <b>Katie Hay (10) F</b>     |       |            |            |                                          |
| 22.32 S                     | F     | 25 Free    | 07/10/2012 | Forres Mini-Meet 2012                    |
| 33.00 S                     | F     | 40 Free    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 37.81 S                     | F     | 50 Free    | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 50.22 S                     | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:28.50 S                   | F     | 100 Free   | 02/09/2014 | September 2014 Training Times            |
| 1:31.98 L                   | F     | 100 Free   | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 3:11.16 S                   | F     | 200 Free   | 02/09/2014 | September 2014 Training Times            |
| 6:56.00 S                   | F     | 400 Free   | 02/09/2014 | September 2014 Training Times            |
| 15:28.03 S                  | F     | 800 Free   | 06/06/2014 | Training Times June 2014                 |
| 31:35.00 S                  | F     | 1500 Free  | 05/12/2013 | Updating times Dec 13                    |
| 26.27 S                     | F     | 25 Back    | 09/06/2012 | Elgin Mini Meet 2012                     |
| 35.00 S                     | F     | 40 Back    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 46.91 S                     | F     | 50 Back    | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 1:02.12 S                   | F     | 60 Back    | 03/04/2014 | Grantown Club Champs                     |
| 1:50.33 S                   | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 3:44.00 S                   | F     | 200 Back   | 06/06/2014 | Training Times June 2014                 |
| 30.99 S                     | F     | 25 Breast  | 10/11/2012 | Buckie ASC Mini Meet 2012                |
| 49.00 S                     | F     | 40 Breast  | 30/01/2014 | Updated Training Times 30th January 2014 |
| 52.95 S                     | F     | 50 Breast  | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 1:12.09 S                   | F     | 60 Breast  | 02/09/2014 | September 2014 Training Times            |
| 2:06.81 S                   | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 4:10.10 S                   | F     | 200 Breast | 06/06/2014 | Training Times June 2014                 |
| 31.86 S                     | F     | 25 Fly     | 07/10/2012 | Forres Mini-Meet 2012                    |
| 37.97 S                     | F     | 40 Fly     | 03/04/2014 | Grantown Club Champs                     |
| 46.81 S                     | F     | 50 Fly     | 08/03/2014 | Forres Bluefins two-day meet             |
| 1:04.84 S                   | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times            |
| 1:52.50 L                   | F     | 100 Fly    | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 1:58.06 S                   | F     | 100 Fly    | 26/05/2014 | Training Times 26/5/14                   |
| 4:11.00 S                   | F     | 200 Fly    | 06/06/2014 | Training Times June 2014                 |
| 1:24.00 S                   | F     | 80 IM      | 26/05/2014 | Training Times 26/5/14                   |
| 1:46.40 S                   | F     | 100 IM     | 28/06/2014 | End June Training Times                  |
| 3:42.07 S                   | F     | 200 IM     | 28/06/2014 | End June Training Times                  |
| 7:37.51 S                   | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Ailsa Hepburn (16) F</b> |       |            |            |                                          |
| 38.04 S                     | F     | 50 Free    | 20/03/2012 | Training Times March 2012                |
| 49.47 S                     | F     | 60 Free    | 20/05/2010 | Grantown FC Splash Challenge 3           |
| 1:19.80 S                   | F     | 100 Free   | 13/11/2013 | Scottish Schools Highland Heats          |
| 2:55.02 S                   | F     | 200 Free   | 10/11/2011 | Highland School Championships            |
| 6:59.00 S                   | F     | 400 Free   | 22/09/2011 | Grantown Training Times 100 br           |
| 43.36 S                     | F     | 50 Back    | 20/03/2012 | Training Times March 2012                |
| 1:03.49 S                   | F     | 60 Back    | 04/06/2009 | Grantown Club Championship 2009          |
| 1:30.00 S                   | F     | 100 Back   | 13/11/2013 | Scottish Schools Highland Heats          |
| 3:16.48 S                   | T     | 200 Back   | 29/01/2012 | HST New Year Meet                        |

## Individual Top Times

Times until: 09-Oct-14

| Time                           | P/F/S | Event      |            |                                          |
|--------------------------------|-------|------------|------------|------------------------------------------|
| <b>Ailsa Hepburn (16) F</b>    |       |            |            |                                          |
| 48.06 S                        | F     | 50 Breast  | 20/03/2012 | Training Times March 2012                |
| 1:10.29 S                      | F     | 60 Breast  | 04/06/2009 | Grantown Club Championship 2009          |
| 1:26.10 S                      | F     | 100 Breast | 01/03/2014 | Updated Training Times March 2014        |
| 3:40.38 S                      | F     | 200 Breast | 09/02/2012 | Training times updated                   |
| 43.22 S                        | F     | 40 Fly     | 04/06/2009 | Grantown Club Championship 2009          |
| 43.22 S                        | F     | 40 Fly     | 04/06/2009 | Grantown Club Championship 2009          |
| 45.99 S                        | F     | 50 Fly     | 20/03/2012 | Training Times March 2012                |
| 57.76 S                        | F     | 60 Fly     | 15/03/2012 | Grantown Club Championships 2012         |
| 1:43.84 S                      | F     | 100 Fly    | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 3:47.03 S                      | F     | 200 Fly    | 09/02/2012 | Training times updated                   |
| 1:13.00 S                      | F     | 80 IM      | 06/06/2014 | Training Times June 2014                 |
| 1:45.44 S                      | F     | 100 IM     | 31/01/2010 | HST New Year Meet                        |
| 2:37.12 S                      | F     | 160 IM     | 06/10/2011 | 160 IM times                             |
| <b>Caitlin Hollands (10) F</b> |       |            |            |                                          |
| 24.28 S                        | F     | 25 Free    | 10/11/2012 | Buckie ASC Mini Meet 2012                |
| 35.00 S                        | F     | 40 Free    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 43.06 S                        | F     | 50 Free    | 08/03/2014 | Forres Bluefins two-day meet             |
| 59.75 S                        | F     | 60 Free    | 03/04/2014 | Grantown Club Champs                     |
| 1:57.63 S                      | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                   |
| 4:08.00 S                      | F     | 200 Free   | 01/03/2014 | Updated Training Times March 2014        |
| 8:31.00 S                      | F     | 400 Free   | 02/09/2014 | September 2014 Training Times            |
| 19:09.89 S                     | F     | 800 Free   | 06/06/2014 | Training Times June 2014                 |
| 36:55.00 S                     | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14           |
| 25.13 S                        | F     | 25 Back    | 10/11/2012 | Buckie ASC Mini Meet 2012                |
| 40.00 S                        | F     | 40 Back    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 50.17 S                        | F     | 50 Back    | 08/03/2014 | Forres Bluefins two-day meet             |
| 1:03.12 S                      | F     | 60 Back    | 03/04/2014 | Grantown Club Champs                     |
| 2:01.15 S                      | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 4:08.12 S                      | F     | 200 Back   | 06/06/2014 | Training Times June 2014                 |
| 45.00 S                        | F     | 40 Breast  | 30/01/2014 | Updated Training Times 30th January 2014 |
| 1:03.00 S                      | F     | 50 Breast  | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 1:18.19 S                      | F     | 60 Breast  | 03/04/2014 | Grantown Club Champs                     |
| 2:32.36 S                      | F     | 100 Breast | 05/12/2013 | Updating times Dec 13                    |
| 4:55.18 S                      | F     | 200 Breast | 06/06/2014 | Training Times June 2014                 |
| 49.81 S                        | F     | 40 Fly     | 03/04/2014 | Grantown Club Champs                     |
| 1:11.95 S                      | F     | 50 Fly     | 02/09/2014 | September 2014 Training Times            |
| 1:30.94 S                      | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times            |
| 2:48.79 S                      | F     | 100 Fly    | 01/03/2014 | Updated Training Times March 2014        |
| 6:10.00 S                      | F     | 200 Fly    | 06/06/2014 | Training Times June 2014                 |
| 1:41.32 S                      | F     | 80 IM      | 01/03/2014 | Updated Training Times March 2014        |
| 1:57.21 S                      | F     | 100 IM     | 26/04/2014 | Inverness Graded Meet 2014               |
| 9:45.72 S                      | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Jamie Kant (9) M</b>        |       |            |            |                                          |
| 50.28 S                        | F     | 50 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:01.21 S                      | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 2:00.97 S                      | F     | 100 Free   | 02/09/2014 | September 2014 Training Times            |
| 4:05.93 S                      | F     | 200 Free   | 02/09/2014 | September 2014 Training Times            |
| 8:54.67 S                      | F     | 400 Free   | 02/09/2014 | September 2014 Training Times            |
| 1:01.97 S                      | F     | 50 Back    | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 1:24.74 S                      | F     | 60 Back    | 02/09/2014 | September 2014 Training Times            |
| 2:29.00 S                      | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 5:02.51 S                      | F     | 200 Back   | 02/09/2014 | September 2014 Training Times            |
| 1:09.00 S                      | F     | 50 Breast  | 02/09/2014 | September 2014 Training Times            |
| 1:24.82 S                      | F     | 60 Breast  | 02/09/2014 | September 2014 Training Times            |
| 2:34.00 S                      | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 5:14.03 S                      | F     | 200 Breast | 02/09/2014 | September 2014 Training Times            |
| 57.75 S                        | F     | 40 Fly     | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 1:14.00 S                      | F     | 50 Fly     | 02/09/2014 | September 2014 Training Times            |
| 1:34.00 S                      | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times            |
| 9:41.75 S                      | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Siana Lambie (8) F</b>      |       |            |            |                                          |
| 1:28.76 S                      | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:34.60 S                      | F     | 60 Back    | 02/09/2014 | September 2014 Training Times            |

## Individual Top Times

Times until: 09-Oct-14

| Time                          | P/F/S | Event      |            |                                          |
|-------------------------------|-------|------------|------------|------------------------------------------|
| <b>Calum Langmuir (11) M</b>  |       |            |            |                                          |
| 18.91 S                       | F     | 25 Free    | 02/10/2011 | Forres Bluefins Mini Meet                |
| 30.00 S                       | F     | 40 Free    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 38.76 S                       | F     | 50 Free    | 13/11/2013 | Scottish Schools Highland Heats          |
| 38.76 S                       | F     | 50 Free    | 17/06/2013 | Updated times June 2013                  |
| 48.09 S                       | F     | 60 Free    | 21/03/2013 | Grantown Club Championships 2013         |
| 1:23.00 S                     | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                   |
| 3:07.00 S                     | F     | 200 Free   | 25/02/2014 | Updated Training Times Feb 2014          |
| 6:46.16 S                     | F     | 400 Free   | 02/09/2014 | September 2014 Training Times            |
| 13:53.99 S                    | F     | 800 Free   | 06/06/2014 | Training Times June 2014                 |
| 27:25.00 S                    | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14           |
| 25.71 S                       | F     | 25 Back    | 02/10/2011 | Forres Bluefins Mini Meet                |
| 30.00 S                       | F     | 40 Back    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 44.20 S                       | F     | 50 Back    | 13/11/2013 | Scottish Schools Highland Heats          |
| 57.16 S                       | F     | 60 Back    | 21/03/2013 | Grantown Club Championships 2013         |
| 1:37.00 S                     | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 3:46.19 S                     | F     | 200 Back   | 26/09/2012 | Training times Sep 2012                  |
| 29.72 S                       | F     | 25 Breast  | 02/10/2011 | Forres Bluefins Mini Meet                |
| 40.00 S                       | F     | 40 Breast  | 30/01/2014 | Updated Training Times 30th January 2014 |
| 52.51 S                       | F     | 50 Breast  | 27/04/2013 | Inverness Graded Meet 2013               |
| 1:06.41 S                     | F     | 60 Breast  | 21/03/2013 | Grantown Club Championships 2013         |
| 1:53.46 S                     | F     | 100 Breast | 03/04/2014 | Grantown Club Champs                     |
| 4:15.00 S                     | F     | 200 Breast | 01/03/2014 | Updated Training Times March 2014        |
| 24.91 S                       | F     | 25 Fly     | 02/10/2011 | Forres Bluefins Mini Meet                |
| 39.00 S                       | F     | 40 Fly     | 30/01/2014 | Updated Training Times 30th January 2014 |
| 52.93 S                       | F     | 50 Fly     | 07/10/2012 | Forres Mini-Meet 2012                    |
| 43.06 S                       | F     | 60 Fly     | 22/02/2013 | Updated times Feb 2013                   |
| 1:56.00 S                     | F     | 100 Fly    | 26/05/2014 | Training Times 26/5/14                   |
| 5:05.34 S                     | F     | 200 Fly    | 18/06/2012 | training times June 2012                 |
| 1:15.46 S                     | F     | 80 IM      | 01/03/2014 | Updated Training Times March 2014        |
| 1:34.81 S                     | F     | 100 IM     | 27/04/2013 | Inverness Graded Meet 2013               |
| 3:32.62 S                     | F     | 160 IM     | 06/10/2011 | 160 IM times                             |
| 4:34.37 S                     | F     | 200 IM     | 20/03/2012 | Training Times March 2012                |
| 7:37.98 S                     | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Nula Langmuir (15) F</b>   |       |            |            |                                          |
| 24.35 S                       | F     | 25 Free    | 28/08/2010 | Diving Practise Training Times           |
| 36.69 S                       | F     | 50 Free    | 17/06/2013 | Updated times June 2013                  |
| 44.64 S                       | F     | 60 Free    | 17/06/2013 | Updated times June 2013                  |
| 1:15.00 S                     | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                   |
| 2:42.00 S                     | F     | 200 Free   | 25/02/2014 | Updated Training Times Feb 2014          |
| 5:52.80 S                     | F     | 400 Free   | 02/09/2014 | September 2014 Training Times            |
| 12:42.43 S                    | F     | 800 Free   | 19/09/2013 | Updated times Sept 2013                  |
| 23:00.00 S                    | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14           |
| 41.86 S                       | F     | 50 Back    | 17/06/2013 | Updated times June 2013                  |
| 51.75 S                       | F     | 60 Back    | 17/06/2013 | Updated times June 2013                  |
| 1:24.00 S                     | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 3:09.00 S                     | F     | 200 Back   | 02/09/2014 | September 2014 Training Times            |
| 34.28 S                       | F     | 25 Breast  | 28/08/2010 | Diving Practise Training Times           |
| 50.07 S                       | F     | 50 Breast  | 17/06/2013 | Updated times June 2013                  |
| 1:00.56 S                     | F     | 60 Breast  | 17/06/2013 | Updated times June 2013                  |
| 1:40.62 S                     | F     | 100 Breast | 13/11/2013 | Scottish Schools Highland Heats          |
| 3:33.00 S                     | F     | 200 Breast | 02/09/2014 | September 2014 Training Times            |
| 45.08 S                       | F     | 50 Fly     | 17/06/2013 | Updated times June 2013                  |
| 55.72 S                       | F     | 60 Fly     | 17/06/2013 | Updated times June 2013                  |
| 1:35.74 S                     | F     | 100 Fly    | 03/04/2014 | Grantown Club Champs                     |
| 3:42.67 S                     | F     | 200 Fly    | 05/12/2013 | Updating times Dec 13                    |
| 1:11.57 S                     | F     | 80 IM      | 19/09/2013 | Updated times Sept 2013                  |
| 1:30.64 S                     | F     | 100 IM     | 27/04/2013 | Inverness Graded Meet 2013               |
| 3:06.00 S                     | F     | 160 IM     | 06/10/2011 | 160 IM times                             |
| 3:18.60 S                     | T     | 200 IM     | 27/01/2013 | HST New Year Meet                        |
| 6:41.23 S                     | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Candy MacDonald (11) F</b> |       |            |            |                                          |
| 26.00 S                       | F     | 25 Free    | 17/06/2013 | Updated times June 2013                  |
| 41.25 S                       | F     | 40 Free    | 17/06/2013 | Updated times June 2013                  |
| 51.03 S                       | F     | 50 Free    | 17/06/2013 | Updated times June 2013                  |

## Individual Top Times

Times until: 09-Oct-14

| Time                           | P/F/S | Event      |            |                                          |
|--------------------------------|-------|------------|------------|------------------------------------------|
| <b>Candy MacDonald (11) F</b>  |       |            |            |                                          |
| 1:03.06 S                      | F     | 60 Free    | 17/06/2013 | Updated times June 2013                  |
| 2:13.00 S                      | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                   |
| 5:02.80 S                      | F     | 200 Free   | 15/05/2014 | Training Times 15/5/14                   |
| 29.28 S                        | F     | 25 Back    | 17/06/2013 | Updated times June 2013                  |
| 48.95 S                        | F     | 40 Back    | 17/06/2013 | Updated times June 2013                  |
| 53.00 S                        | F     | 50 Back    | 05/12/2013 | Updating times Dec 13                    |
| 1:04.00 S                      | F     | 60 Back    | 05/12/2013 | Updating times Dec 13                    |
| 2:38.00 S                      | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 1:05.10 S                      | F     | 50 Breast  | 01/03/2014 | Updated Training Times March 2014        |
| 1:19.63 S                      | F     | 60 Breast  | 03/04/2014 | Grantown Club Champs                     |
| 2:37.00 S                      | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 53.50 S                        | F     | 40 Fly     | 03/04/2014 | Grantown Club Champs                     |
| 1:14.00 S                      | F     | 50 Fly     | 17/06/2013 | Updated times June 2013                  |
| 1:35.00 S                      | F     | 60 Fly     | 17/06/2013 | Updated times June 2013                  |
| 2:08.79 S                      | F     | 80 IM      | 08/12/2012 | Updated Times Dec 2012                   |
| <b>Calum Mackintosh (10) M</b> |       |            |            |                                          |
| 19.78 S                        | F     | 25 Free    | 07/10/2012 | Forres Mini-Meet 2012                    |
| 30.00 S                        | F     | 40 Free    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 38.76 S                        | F     | 50 Free    | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 48.34 S                        | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:34.00 S                      | F     | 100 Free   | 02/09/2014 | September 2014 Training Times            |
| 3:23.00 S                      | F     | 200 Free   | 06/06/2014 | Training Times June 2014                 |
| 7:17.00 S                      | F     | 400 Free   | 02/09/2014 | September 2014 Training Times            |
| 15:39.95 S                     | F     | 800 Free   | 06/06/2014 | Training Times June 2014                 |
| 30:01.00 S                     | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14           |
| 23.54 S                        | F     | 25 Back    | 10/11/2012 | Buckie ASC Mini Meet 2012                |
| 30.00 S                        | F     | 40 Back    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 43.75 S                        | F     | 50 Back    | 02/09/2014 | September 2014 Training Times            |
| 53.47 S                        | F     | 60 Back    | 02/09/2014 | September 2014 Training Times            |
| 1:38.69 S                      | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 3:24.00 S                      | F     | 200 Back   | 06/06/2014 | Training Times June 2014                 |
| 25.20 S                        | F     | 25 Breast  | 10/11/2012 | Buckie ASC Mini Meet 2012                |
| 45.00 S                        | F     | 40 Breast  | 30/01/2014 | Updated Training Times 30th January 2014 |
| 51.99 S                        | F     | 50 Breast  | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 1:05.63 S                      | F     | 60 Breast  | 02/09/2014 | September 2014 Training Times            |
| 2:01.42 S                      | F     | 100 Breast | 05/12/2013 | Updating times Dec 13                    |
| 4:07.31 S                      | F     | 200 Breast | 28/06/2014 | End June Training Times                  |
| 29.19 S                        | F     | 20 Fly     | 29/09/2011 | 1,500 & 50 timings                       |
| 25.53 S                        | F     | 25 Fly     | 10/11/2012 | Buckie ASC Mini Meet 2012                |
| 38.69 S                        | F     | 40 Fly     | 03/04/2014 | Grantown Club Champs                     |
| 49.25 S                        | F     | 50 Fly     | 08/03/2014 | Forres Bluefins two-day meet             |
| 52.00 S                        | F     | 60 Fly     | 22/02/2013 | Updated times Feb 2013                   |
| 2:05.58 S                      | F     | 100 Fly    | 01/03/2014 | Updated Training Times March 2014        |
| 4:48.53 S                      | F     | 200 Fly    | 05/12/2013 | Updating times Dec 13                    |
| 1:18.48 S                      | F     | 80 IM      | 26/05/2014 | Training Times 26/5/14                   |
| 1:39.72 S                      | F     | 100 IM     | 08/03/2014 | Forres Bluefins two-day meet             |
| 3:41.79 S                      | F     | 200 IM     | 28/06/2014 | End June Training Times                  |
| 7:37.51 S                      | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Ryan MacLean (14) M</b>     |       |            |            |                                          |
| 30.54 S                        | F     | 25 Free    | 18/05/2008 | Grantown Club Championships              |
| 34.57 S                        | F     | 40 Free    | 20/05/2010 | Grantown FC Splash Challenge 3           |
| 31.25 S                        | T     | 50 Free    | 26/01/2014 | HST New Year Meet                        |
| 40.59 S                        | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:08.76 S                      | F     | 100 Free   | 02/09/2014 | September 2014 Training Times            |
| 2:27.55 S                      | T     | 200 Free   | 26/01/2014 | HST New Year Meet                        |
| 5:20.17 S                      | F     | 400 Free   | 02/09/2014 | September 2014 Training Times            |
| 12:21.40 S                     | F     | 800 Free   | 19/09/2013 | Updated times Sept 2013                  |
| 22:46.17 S                     | F     | 1500 Free  | 05/12/2013 | Updating times Dec 13                    |
| 22.77 S                        | F     | 20 Back    | 18/06/2009 | Grantown Mini Splash & Dash Fun Meet     |
| 30.09 S                        | F     | 25 Back    | 18/05/2008 | Grantown Club Championships              |
| 38.87 S                        | F     | 50 Back    | 02/09/2014 | September 2014 Training Times            |
| 48.73 S                        | F     | 60 Back    | 17/06/2013 | Updated times June 2013                  |
| 1:17.83 S                      | F     | 100 Back   | 03/04/2014 | Grantown Club Champs                     |
| 2:50.19 S                      | F     | 200 Back   | 05/12/2013 | Updating times Dec 13                    |

## Individual Top Times

Times until: 09-Oct-14

| Time                            | P/F/S | Event      |            |                                        |
|---------------------------------|-------|------------|------------|----------------------------------------|
| <b>Ryan MacLean (14) M</b>      |       |            |            |                                        |
| 32.47 S                         | F     | 20 Breast  | 18/06/2009 | Grantown Mini Splash & Dash Fun Meet   |
| 47.45 S                         | F     | 25 Breast  | 18/05/2008 | Grantown Club Championships            |
| 44.82 S                         | F     | 50 Breast  | 02/09/2014 | September 2014 Training Times          |
| 1:00.15 S                       | F     | 60 Breast  | 17/06/2013 | Updated times June 2013                |
| 1:33.48 S                       | F     | 100 Breast | 03/04/2014 | Grantown Club Champs                   |
| 3:29.13 S                       | F     | 200 Breast | 06/06/2014 | Training Times June 2014               |
| 27.16 S                         | F     | 20 Fly     | 18/06/2009 | Grantown Mini Splash & Dash Fun Meet   |
| 26.53 S                         | F     | 25 Fly     | 18/04/2010 | Tain Swimfest                          |
| 37.62 S                         | F     | 40 Fly     | 17/03/2011 | Grantown Swim Club Championships 2011  |
| 38.47 S                         | F     | 50 Fly     | 02/09/2014 | September 2014 Training Times          |
| 47.16 S                         | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times          |
| 1:20.50 S                       | F     | 100 Fly    | 03/04/2014 | Grantown Club Champs                   |
| 3:14.79 S                       | F     | 200 Fly    | 13/11/2013 | Scottish Schools Highland Heats        |
| 1:03.19 S                       | F     | 80 IM      | 25/02/2014 | Updated Training Times Feb 2014        |
| 1:20.12 S                       | T     | 100 IM     | 26/01/2014 | HST New Year Meet                      |
| 3:01.14 S                       | T     | 200 IM     | 27/01/2013 | HST New Year Meet                      |
| 6:03.20 S                       | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014  |
| <b>Sophie MacLean (12) F</b>    |       |            |            |                                        |
| 22.96 S                         | F     | 25 Free    | 18/06/2012 | training times June 2012               |
| 39.82 S                         | F     | 50 Free    | 13/11/2013 | Scottish Schools Highland Heats        |
| 49.28 S                         | F     | 60 Free    | 05/12/2013 | Updating times Dec 13                  |
| 1:25.00 S                       | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                 |
| 3:05.79 S                       | T     | 200 Free   | 26/01/2014 | HST New Year Meet                      |
| 6:53.00 S                       | F     | 400 Free   | 25/02/2014 | Updated Training Times Feb 2014        |
| 15:21.00 S                      | F     | 800 Free   | 08/12/2012 | Updated Times Dec 2012                 |
| 26:12.00 S                      | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14         |
| 46.41 S                         | F     | 50 Back    | 05/12/2013 | Updating times Dec 13                  |
| 56.41 S                         | F     | 60 Back    | 05/12/2013 | Updating times Dec 13                  |
| 1:35.00 S                       | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                 |
| 3:27.00 S                       | F     | 200 Back   | 02/09/2014 | September 2014 Training Times          |
| 32.86 S                         | F     | 25 Breast  | 18/06/2012 | training times June 2012               |
| 53.68 S                         | F     | 50 Breast  | 08/06/2013 | 2013 Elgin Mini Meet                   |
| 1:08.59 S                       | F     | 60 Breast  | 21/03/2013 | Grantown Club Championships 2013       |
| 1:52.00 S                       | F     | 100 Breast | 03/04/2014 | Grantown Club Champs                   |
| 3:54.10 S                       | F     | 200 Breast | 02/09/2014 | September 2014 Training Times          |
| 27.08 S                         | F     | 25 Fly     | 18/06/2012 | training times June 2012               |
| 37.97 S                         | F     | 40 Fly     | 21/03/2013 | Grantown Club Championships 2013       |
| 47.67 S                         | F     | 50 Fly     | 13/11/2013 | Scottish Schools Highland Heats        |
| 59.47 S                         | F     | 60 Fly     | 05/12/2013 | Updating times Dec 13                  |
| 1:44.00 S                       | F     | 100 Fly    | 26/05/2014 | Training Times 26/5/14                 |
| 4:14.19 S                       | F     | 200 Fly    | 05/12/2013 | Updating times Dec 13                  |
| 1:15.18 S                       | F     | 80 IM      | 02/10/2014 | Training Times 2nd & 7th October 2014  |
| 1:41.82 S                       | T     | 100 IM     | 26/01/2014 | HST New Year Meet                      |
| 3:49.82 S                       | T     | 200 IM     | 27/01/2013 | HST New Year Meet                      |
| 8:09.09 S                       | F     | 400 IM     | 08/12/2012 | Updated Times Dec 2012                 |
| <b>Stephanie Macleod (17) F</b> |       |            |            |                                        |
| 25.00 S                         | F     | 40 Free    | 25/02/2014 | Updated Training Times Feb 2014        |
| 34.58 S                         | F     | 50 Free    | 02/09/2014 | September 2014 Training Times          |
| 41.15 S                         | F     | 60 Free    | 17/06/2013 | Updated times June 2013                |
| 1:08.22 S                       | F     | 100 Free   | 08/03/2014 | Forres Bluefins two-day meet           |
| 2:23.99 S                       | F     | 200 Free   | 22/03/2014 | North District Age Group Championships |
| 5:04.91 S S                     | F     | 400 Free   | 02/02/2013 | Aberdeen Dolphin Mitchell Trophy 2013  |
| 10:48.25 S                      | F     | 800 Free   | 20/05/2012 | Highland Swim Team Distance Time Trial |
| 20:09.59 S                      | F     | 1500 Free  | 19/09/2013 | Updated times Sept 2013                |
| 27.76 S                         | F     | 40 Back    | 25/02/2014 | Updated Training Times Feb 2014        |
| 35.03 S                         | P     | 50 Back    | 05/10/2013 | ND Sprint Championships 2013           |
| 44.47 S                         | F     | 60 Back    | 17/06/2013 | Updated times June 2013                |
| 1:13.44 S                       | T     | 100 Back   | 26/01/2014 | HST New Year Meet                      |
| 2:40.00 S                       | P     | 200 Back   | 15/11/2013 | ND open Championships & Scottish GP    |
| 2:40.00 S                       | P     | 200 Back   | 15/11/2013 | ND open Championships & Scottish GP    |
| 34.00 S                         | F     | 40 Breast  | 25/02/2014 | Updated Training Times Feb 2014        |
| 44.94 S                         | F     | 50 Breast  | 02/09/2014 | September 2014 Training Times          |
| 53.28 S                         | F     | 60 Breast  | 17/06/2013 | Updated times June 2013                |
| 1:28.44 S                       | F     | 100 Breast | 08/03/2014 | Forres Bluefins two-day meet           |

## Individual Top Times

Times until: 09-Oct-14

| Time                            | P/F/S | Event      |            |                                          |
|---------------------------------|-------|------------|------------|------------------------------------------|
| <b>Stephanie Macleod (17) F</b> |       |            |            |                                          |
| 3:05.19 S                       | T     | 200 Breast | 27/01/2013 | HST New Year Meet                        |
| 27.66 S                         | F     | 40 Fly     | 25/02/2014 | Updated Training Times Feb 2014          |
| 35.39 S                         | F     | 50 Fly     | 17/06/2013 | Updated times June 2013                  |
| 45.35 S                         | F     | 60 Fly     | 17/06/2013 | Updated times June 2013                  |
| 1:18.24 S                       | T     | 100 Fly    | 26/01/2014 | HST New Year Meet                        |
| 3:04.30 S                       | F     | 200 Fly    | 05/12/2013 | Updating times Dec 13                    |
| 1:00.93 S                       | F     | 80 IM      | 19/09/2013 | Updated times Sept 2013                  |
| 1:16.64 S                       | P     | 100 IM     | 05/10/2013 | ND Sprint Championships 2013             |
| 2:12.66 S                       | F     | 160 IM     | 26/09/2012 | Training times Sep 2012                  |
| 2:41.77 S                       | F     | 200 IM     | 13/11/2013 | Scottish Schools Highland Heats          |
| 5:58.08 S                       | F     | 400 IM     | 25/02/2014 | Updated Training Times Feb 2014          |
| <b>Zac Marshall (10) M</b>      |       |            |            |                                          |
| 1:00.94 S                       | F     | 50 Free    | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 1:15.65 S                       | F     | 60 Free    | 03/04/2014 | Grantown Club Champs                     |
| 2:17.00 S                       | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                   |
| 5:27.51 S                       | F     | 200 Free   | 15/05/2014 | Training Times 15/5/14                   |
| 1:19.55 S                       | F     | 50 Back    | 01/03/2014 | Updated Training Times March 2014        |
| 1:24.78 S                       | F     | 60 Back    | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 2:33.00 S                       | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 1:51.91 S                       | F     | 60 Breast  | 03/04/2014 | Grantown Club Champs                     |
| 4:18.00 S                       | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 1:05.59 S                       | F     | 40 Fly     | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| <b>Elise Masson (11) F</b>      |       |            |            |                                          |
| 32.98 S                         | F     | 25 Free    | 17/06/2013 | Updated times June 2013                  |
| 52.41 S                         | F     | 40 Free    | 17/06/2013 | Updated times June 2013                  |
| 1:02.16 S                       | F     | 50 Free    | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 1:02.16 S                       | F     | 50 Free    | 01/03/2014 | Updated Training Times March 2014        |
| 1:16.13 S                       | F     | 60 Free    | 03/04/2014 | Grantown Club Champs                     |
| 2:19.00 S                       | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                   |
| 5:43.76 S                       | F     | 200 Free   | 17/06/2013 | Updated times June 2013                  |
| 1:02.80 S                       | F     | 50 Back    | 01/03/2014 | Updated Training Times March 2014        |
| 1:19.18 S                       | F     | 60 Back    | 01/03/2014 | Updated Training Times March 2014        |
| 2:31.00 S                       | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 1:06.88 S                       | F     | 50 Breast  | 01/03/2014 | Updated Training Times March 2014        |
| 1:21.89 S                       | F     | 60 Breast  | 01/03/2014 | Updated Training Times March 2014        |
| 2:37.00 S                       | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 59.82 S                         | F     | 40 Fly     | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| <b>Bailey Matheson (9) M</b>    |       |            |            |                                          |
| 2:12.00 S                       | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                   |
| 2:44.00 S                       | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 3:10.00 S                       | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| <b>Kaitlyn McGibbon (11) F</b>  |       |            |            |                                          |
| 1:40.98 S                       | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:33.28 S                       | F     | 60 Back    | 02/09/2014 | September 2014 Training Times            |
| 2:15.74 S                       | F     | 60 Breast  | 02/09/2014 | September 2014 Training Times            |
| <b>Paul McGovern (12) M</b>     |       |            |            |                                          |
| 35.00 S                         | F     | 40 Free    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 46.70 S                         | F     | 50 Free    | 05/12/2013 | Updating times Dec 13                    |
| 58.78 S                         | F     | 60 Free    | 05/12/2013 | Updating times Dec 13                    |
| 1:41.76 S                       | F     | 100 Free   | 03/04/2014 | Grantown Club Champs                     |
| 3:44.17 S                       | F     | 200 Free   | 05/12/2013 | Updating times Dec 13                    |
| 8:31.00 S                       | F     | 400 Free   | 25/02/2014 | Updated Training Times Feb 2014          |
| 8:31.00 S                       | F     | 400 Free   | 01/03/2014 | Updated Training Times March 2014        |
| 18:22.00 S                      | F     | 800 Free   | 17/06/2013 | Updated times June 2013                  |
| 33:53.00 S                      | F     | 1500 Free  | 05/12/2013 | Updating times Dec 13                    |
| 45.00 S                         | F     | 40 Back    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 1:00.00 S                       | F     | 50 Back    | 05/12/2013 | Updating times Dec 13                    |
| 1:13.07 S                       | F     | 60 Back    | 05/12/2013 | Updating times Dec 13                    |
| 2:00.24 S                       | F     | 100 Back   | 03/04/2014 | Grantown Club Champs                     |
| 4:43.00 S                       | F     | 200 Back   | 01/03/2014 | Updated Training Times March 2014        |
| 45.00 S                         | F     | 40 Breast  | 30/01/2014 | Updated Training Times 30th January 2014 |
| 1:04.84 S                       | F     | 50 Breast  | 08/06/2013 | 2013 Elgin Mini Meet                     |
| 1:24.28 S                       | F     | 60 Breast  | 19/09/2013 | Updated times Sept 2013                  |

## Individual Top Times

Times until: 09-Oct-14

| Time                          | P/F/S | Event      |            |                                          |
|-------------------------------|-------|------------|------------|------------------------------------------|
| <b>Paul McGovern (12) M</b>   |       |            |            |                                          |
| 2:16.69 S                     | F     | 100 Breast | 03/04/2014 | Grantown Club Champs                     |
| 4:50.12 S                     | F     | 200 Breast | 05/12/2013 | Updating times Dec 13                    |
| 41.00 S                       | F     | 40 Fly     | 30/01/2014 | Updated Training Times 30th January 2014 |
| 1:09.72 S                     | F     | 50 Fly     | 05/12/2013 | Updating times Dec 13                    |
| 1:19.70 S                     | F     | 60 Fly     | 01/03/2014 | Updated Training Times March 2014        |
| 2:28.75 S                     | F     | 100 Fly    | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 5:27.00 S                     | F     | 200 Fly    | 01/03/2014 | Updated Training Times March 2014        |
| 1:36.03 S                     | F     | 80 IM      | 01/03/2014 | Updated Training Times March 2014        |
| 2:15.01 S                     | F     | 100 IM     | 27/04/2013 | Inverness Graded Meet 2013               |
| <b>Anna Metcalfe (13) F</b>   |       |            |            |                                          |
| 29.00 S                       | F     | 40 Free    | 25/02/2014 | Updated Training Times Feb 2014          |
| 35.66 S                       | F     | 50 Free    | 10/11/2012 | Buckie ASC Mini Meet 2012                |
| 44.82 S                       | F     | 60 Free    | 17/06/2013 | Updated times June 2013                  |
| 1:16.64 S                     | F     | 100 Free   | 26/04/2014 | Inverness Graded Meet 2014               |
| 1:16.85 L                     | F     | 100 Free   | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 2:49.91 S                     | T     | 200 Free   | 26/01/2014 | HST New Year Meet                        |
| 6:31.49 S                     | F     | 400 Free   | 17/06/2013 | Updated times June 2013                  |
| 12:16.88 S                    | F     | 800 Free   | 06/06/2014 | Training Times June 2014                 |
| 24:45.00 S                    | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14           |
| 31.00 S                       | F     | 40 Back    | 25/02/2014 | Updated Training Times Feb 2014          |
| 39.68 S                       | P     | 50 Back    | 05/10/2013 | ND Sprint Championships 2013             |
| 53.45 S                       | F     | 60 Back    | 17/06/2013 | Updated times June 2013                  |
| 1:23.33 S                     | F     | 100 Back   | 30/11/2013 | ND Age Group Meet 2013                   |
| 1:25.54 L                     | F     | 100 Back   | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 3:05.78 S                     | F     | 200 Back   | 06/06/2014 | Training Times June 2014                 |
| 39.00 S                       | F     | 40 Breast  | 25/02/2014 | Updated Training Times Feb 2014          |
| 47.93 S                       | F     | 50 Breast  | 10/11/2012 | Buckie ASC Mini Meet 2012                |
| 1:06.00 S                     | F     | 60 Breast  | 17/06/2013 | Updated times June 2013                  |
| 1:44.76 S                     | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 3:40.22 S                     | F     | 200 Breast | 06/06/2014 | Training Times June 2014                 |
| 33.14 S                       | F     | 20 Fly     | 16/12/2009 | GRANTOWN CLUB TIME TRIALS                |
| 37.00 S                       | F     | 40 Fly     | 25/02/2014 | Updated Training Times Feb 2014          |
| 43.09 S                       | F     | 50 Fly     | 10/11/2012 | Buckie ASC Mini Meet 2012                |
| 55.90 S                       | F     | 60 Fly     | 08/12/2012 | Updated Times Dec 2012                   |
| 1:36.02 S                     | F     | 100 Fly    | 27/04/2013 | Inverness Graded Meet 2013               |
| 1:39.76 L                     | F     | 100 Fly    | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 3:46.14 S                     | F     | 200 Fly    | 06/06/2014 | Training Times June 2014                 |
| 1:09.08 S                     | F     | 80 IM      | 26/05/2014 | Training Times 26/5/14                   |
| 1:27.84 S                     | T     | 100 IM     | 26/01/2014 | HST New Year Meet                        |
| 3:11.42 S                     | F     | 200 IM     | 01/06/2013 | ND Development Meet                      |
| 7:02.61 S                     | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Elizabeth Mills (13) F</b> |       |            |            |                                          |
| 22.20 S                       | F     | 25 Free    | 14/11/2009 | Buckie ASC Mini Meet                     |
| 29.00 S                       | F     | 40 Free    | 25/02/2014 | Updated Training Times Feb 2014          |
| 32.18 S                       | T     | 50 Free    | 26/01/2014 | HST New Year Meet                        |
| 43.17 S                       | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:16.62 S                     | F     | 100 Free   | 02/09/2014 | September 2014 Training Times            |
| 2:39.20 S                     | F     | 200 Free   | 13/11/2013 | Scottish Schools Highland Heats          |
| 5:33.39 S                     | T     | 400 Free   | 26/01/2014 | HST New Year Meet                        |
| 12:10.86 S                    | F     | 800 Free   | 06/06/2014 | Training Times June 2014                 |
| 23:30.00 S                    | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14           |
| 23.81 S                       | F     | 20 Back    | 18/06/2009 | Grantown Mini Splash & Dash Fun Meet     |
| 27.08 S                       | F     | 25 Back    | 14/11/2009 | Buckie ASC Mini Meet                     |
| 32.00 S                       | F     | 40 Back    | 25/02/2014 | Updated Training Times Feb 2014          |
| 38.55 S                       | F     | 50 Back    | 17/06/2013 | Updated times June 2013                  |
| 51.09 S                       | F     | 60 Back    | 22/02/2013 | Updated times Feb 2013                   |
| 1:26.75 S                     | F     | 100 Back   | 03/04/2014 | Grantown Club Champs                     |
| 3:05.66 S                     | F     | 200 Back   | 06/06/2014 | Training Times June 2014                 |
| 32.91 S                       | F     | 20 Breast  | 18/06/2009 | Grantown Mini Splash & Dash Fun Meet     |
| 38.31 S                       | F     | 25 Breast  | 14/11/2009 | Buckie ASC Mini Meet                     |
| 40.00 S                       | F     | 40 Breast  | 25/02/2014 | Updated Training Times Feb 2014          |
| 49.37 S                       | F     | 50 Breast  | 22/02/2013 | Updated times Feb 2013                   |
| 1:02.07 S                     | F     | 60 Breast  | 22/02/2013 | Updated times Feb 2013                   |
| 1:43.60 S                     | F     | 100 Breast | 03/04/2014 | Grantown Club Champs                     |

## Individual Top Times

Times until: 09-Oct-14

| Time                          | P/F/S | Event      |            |                                       |
|-------------------------------|-------|------------|------------|---------------------------------------|
| <b>Elizabeth Mills (13) F</b> |       |            |            |                                       |
| 2:48.47 S                     | F     | 200 Breast | 06/06/2014 | Training Times June 2014              |
| 31.07 S                       | F     | 20 Fly     | 18/06/2009 | Grantown Mini Splash & Dash Fun Meet  |
| 31.22 S                       | F     | 25 Fly     | 18/04/2010 | Tain Swimfest                         |
| 37.00 S                       | F     | 40 Fly     | 25/02/2014 | Updated Training Times Feb 2014       |
| 44.75 S                       | F     | 50 Fly     | 02/09/2014 | September 2014 Training Times         |
| 54.18 S                       | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times         |
| 1:38.19 S                     | F     | 100 Fly    | 03/04/2014 | Grantown Club Champs                  |
| 3:46.14 S                     | F     | 200 Fly    | 06/06/2014 | Training Times June 2014              |
| 1:08.85 S                     | F     | 80 IM      | 02/10/2014 | Training Times 2nd & 7th October 2014 |
| 1:36.78 S                     | F     | 100 IM     | 07/10/2012 | Forres Mini-Meet 2012                 |
| 3:13.07 S                     | F     | 160 IM     | 06/10/2011 | 160 IM times                          |
| 3:07.44 S                     | T     | 200 IM     | 26/01/2014 | HST New Year Meet                     |
| 7:18.91 S                     | F     | 400 IM     | 08/12/2012 | Updated Times Dec 2012                |
| <b>Jake Mills (16) M</b>      |       |            |            |                                       |
| 34.30 S                       | F     | 40 Free    | 29/01/2009 | GRANTOWN F/C SPLASH CHALLENGE         |
| 29.75 S                       | P     | 50 Free    | 06/10/2012 | ND Sprint Championships 2012          |
| 42.06 S                       | F     | 60 Free    | 29/09/2011 | Grantown Sprint Challenge             |
| 1:03.39 S                     | F     | 100 Free   | 03/04/2014 | Grantown Club Champs                  |
| 2:21.42 S                     | F     | 200 Free   | 01/12/2012 | North District Age Group Meet         |
| 5:16.96 S                     | F     | 400 Free   | 23/06/2012 | North District Development Meet       |
| 12:29.21 S                    | F     | 800 Free   | 18/06/2012 | training times June 2012              |
| 22:55.00 S                    | F     | 1500 Free  | 18/06/2012 | training times June 2012              |
| 33.05 S                       | F     | 50 Back    | 17/06/2013 | Updated times June 2013               |
| 49.59 S                       | F     | 60 Back    | 29/09/2011 | Grantown Sprint Challenge             |
| 1:13.72 S                     | F     | 100 Back   | 21/03/2013 | Grantown Club Championships 2013      |
| 3:01.25 S                     | F     | 200 Back   | 18/06/2012 | training times June 2012              |
| 44.16 S                       | F     | 40 Breast  | 26/03/2009 | GRANTOWN BREAST SPLASH CHALLENGE      |
| 36.33 S                       | P     | 50 Breast  | 05/10/2013 | ND Sprint Championships 2013          |
| 53.53 S                       | F     | 60 Breast  | 29/09/2011 | Grantown Sprint Challenge             |
| 1:20.51 S                     | F     | 100 Breast | 13/11/2013 | Scottish Schools Highland Heats       |
| 2:57.74 S                     | F     | 200 Breast | 14/11/2012 | Highland School Championships         |
| 36.79 S                       | F     | 50 Fly     | 20/03/2012 | Training Times March 2012             |
| 46.21 S                       | F     | 60 Fly     | 15/03/2012 | Grantown Club Championships 2012      |
| 1:17.25 S                     | F     | 100 Fly    | 03/04/2014 | Grantown Club Champs                  |
| 3:24.00 S                     | F     | 200 Fly    | 06/06/2014 | Training Times June 2014              |
| 58.44 S                       | F     | 80 IM      | 05/12/2013 | Updating times Dec 13                 |
| 1:30.89 S                     | F     | 100 IM     | 22/01/2011 | Winter League Meet 1                  |
| 2:26.50 S                     | F     | 160 IM     | 06/10/2011 | 160 IM times                          |
| 2:54.48 S                     | T     | 200 IM     | 01/07/2012 | HST Summer Meet                       |
| <b>Andrew Murphie (8) M</b>   |       |            |            |                                       |
| 1:05.23 S                     | F     | 50 Free    | 03/04/2014 | Training Times 3/4/14 (Club Gala)     |
| 1:19.65 S                     | F     | 60 Free    | 03/04/2014 | Grantown Club Champs                  |
| 2:17.79 S                     | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                |
| 5:20.48 S                     | F     | 200 Free   | 15/05/2014 | Training Times 15/5/14                |
| 1:14.50 S                     | F     | 50 Back    | 01/03/2014 | Updated Training Times March 2014     |
| 1:25.74 S                     | F     | 60 Back    | 03/04/2014 | Grantown Club Champs                  |
| 2:53.36 S                     | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                |
| 1:20.20 S                     | F     | 50 Breast  | 01/03/2014 | Updated Training Times March 2014     |
| 1:37.75 S                     | F     | 60 Breast  | 03/04/2014 | Grantown Club Champs                  |
| 2:49.98 S                     | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                |
| 1:03.93 S                     | F     | 40 Fly     | 03/04/2014 | Training Times 3/4/14 (Club Gala)     |
| 1:34.00 S                     | F     | 50 Fly     | 05/12/2013 | Updating times Dec 13                 |
| 1:56.00 S                     | F     | 60 Fly     | 05/12/2013 | Updating times Dec 13                 |
| <b>Mathew Murphie (10) M</b>  |       |            |            |                                       |
| 55.47 S                       | F     | 50 Free    | 03/04/2014 | Training Times 3/4/14 (Club Gala)     |
| 1:03.61 S                     | F     | 60 Free    | 03/04/2014 | Grantown Club Champs                  |
| 2:11.00 S                     | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                |
| 5:33.97 S                     | F     | 200 Free   | 15/05/2014 | Training Times 15/5/14                |
| 58.09 S                       | F     | 50 Back    | 03/04/2014 | Training Times 3/4/14 (Club Gala)     |
| 1:10.72 S                     | F     | 60 Back    | 03/04/2014 | Grantown Club Champs                  |
| 2:43.00 S                     | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                |
| 1:16.83 S                     | F     | 50 Breast  | 01/03/2014 | Updated Training Times March 2014     |
| 1:31.53 S                     | F     | 60 Breast  | 03/04/2014 | Grantown Club Champs                  |

## Individual Top Times

Times until: 09-Oct-14

| Time                         | P/F/S | Event      |            |                                       |
|------------------------------|-------|------------|------------|---------------------------------------|
| <b>Mathew Murphie (10) M</b> |       |            |            |                                       |
| 3:13.00 S                    | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                |
| 52.52 S                      | F     | 40 Fly     | 03/04/2014 | Training Times 3/4/14 (Club Gala)     |
| 1:35.00 S                    | F     | 50 Fly     | 05/12/2013 | Updating times Dec 13                 |
| 1:58.00 S                    | F     | 60 Fly     | 05/12/2013 | Updating times Dec 13                 |
| <b>Isla Oakes (9) F</b>      |       |            |            |                                       |
| 22.44 S                      | F     | 25 Free    | 09/11/2013 | Buckie ASC Mini Meet 2013             |
| 46.47 S                      | F     | 50 Free    | 02/09/2014 | September 2014 Training Times         |
| 57.37 S                      | F     | 60 Free    | 02/09/2014 | September 2014 Training Times         |
| 1:51.19 S                    | F     | 100 Free   | 02/09/2014 | September 2014 Training Times         |
| 4:24.80 S                    | F     | 200 Free   | 02/09/2014 | September 2014 Training Times         |
| 9:07.32 S                    | F     | 400 Free   | 02/09/2014 | September 2014 Training Times         |
| 20:22.26 S                   | F     | 800 Free   | 06/06/2014 | Training Times June 2014              |
| 41:10.00 S                   | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14        |
| 53.49 S                      | F     | 50 Back    | 26/04/2014 | Inverness Graded Meet 2014            |
| 1:09.48 S                    | F     | 60 Back    | 03/04/2014 | Grantown Club Champs                  |
| 2:05.06 S                    | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                |
| 1:12.20 S                    | F     | 50 Breast  | 03/04/2014 | Training Times 3/4/14 (Club Gala)     |
| 1:30.04 S                    | F     | 60 Breast  | 02/09/2014 | September 2014 Training Times         |
| 2:33.04 S                    | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                |
| 45.44 S                      | F     | 40 Fly     | 03/04/2014 | Grantown Club Champs                  |
| 57.44 S                      | F     | 50 Fly     | 08/03/2014 | Forres Bluefins two-day meet          |
| 1:18.44 S                    | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times         |
| 2:35.90 S                    | F     | 100 Fly    | 26/05/2014 | Training Times 26/5/14                |
| 1:43.54 S                    | F     | 80 IM      | 26/05/2014 | Training Times 26/5/14                |
| 2:55.37 S                    | F     | 100 IM     | 19/09/2013 | Updated times Sept 2013               |
| 9:16.65 S                    | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014 |
| <b>Alex Philip (14) M</b>    |       |            |            |                                       |
| 19.53 S                      | F     | 25 Free    | 15/11/2008 | Buckie ASC Mini Meet                  |
| 27.00 S                      | F     | 40 Free    | 25/02/2014 | Updated Training Times Feb 2014       |
| 33.94 S                      | F     | 50 Free    | 02/09/2014 | September 2014 Training Times         |
| 42.19 S                      | F     | 60 Free    | 02/09/2014 | September 2014 Training Times         |
| 1:11.18 S                    | F     | 100 Free   | 02/09/2014 | September 2014 Training Times         |
| 2:27.25 S                    | F     | 200 Free   | 30/11/2013 | ND Age Group Meet 2013                |
| 5:07.75 S                    | T     | 400 Free   | 26/01/2014 | HST New Year Meet                     |
| 11:02.88 S                   | F     | 800 Free   | 02/11/2013 | ND Distance Meet                      |
| 20:42.33 S                   | F     | 1500 Free  | 03/11/2012 | ND Distance Meet                      |
| 22.31 S                      | F     | 25 Back    | 18/05/2008 | Grantown Club Championships           |
| 29.00 S                      | F     | 40 Back    | 25/02/2014 | Updated Training Times Feb 2014       |
| 38.34 S                      | F     | 50 Back    | 17/06/2013 | Updated times June 2013               |
| 47.81 S                      | F     | 60 Back    | 29/09/2011 | Grantown Sprint Challenge             |
| 1:17.27 S                    | F     | 100 Back   | 03/04/2014 | Grantown Club Champs                  |
| 2:41.37 S                    | F     | 200 Back   | 14/06/2014 | ND Development Meet 2014              |
| 27.45 S                      | F     | 25 Breast  | 15/11/2008 | Buckie ASC Mini Meet                  |
| 36.00 S                      | F     | 40 Breast  | 25/02/2014 | Updated Training Times Feb 2014       |
| 46.76 S                      | F     | 50 Breast  | 02/09/2014 | September 2014 Training Times         |
| 1:01.11 S                    | F     | 60 Breast  | 17/06/2013 | Updated times June 2013               |
| 1:33.14 S                    | F     | 100 Breast | 03/04/2014 | Grantown Club Champs                  |
| 3:16.64 S                    | T     | 200 Breast | 26/01/2014 | HST New Year Meet                     |
| 21.67 S                      | F     | 25 Fly     | 15/11/2008 | Buckie ASC Mini Meet                  |
| 30.00 S                      | F     | 40 Fly     | 25/02/2014 | Updated Training Times Feb 2014       |
| 37.45 S                      | F     | 50 Fly     | 02/10/2011 | Forres Bluefins Mini Meet             |
| 47.19 S                      | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times         |
| 1:18.82 S                    | F     | 100 Fly    | 19/04/2014 | Buckie Age Groups 2014                |
| 2:52.32 S                    | F     | 200 Fly    | 30/11/2013 | ND Age Group Meet 2013                |
| 1:05.56 S                    | F     | 80 IM      | 19/09/2013 | Updated times Sept 2013               |
| 1:25.35 S                    | F     | 100 IM     | 02/10/2011 | Forres Bluefins Mini Meet             |
| 2:25.32 S                    | F     | 160 IM     | 06/10/2011 | 160 IM times                          |
| 2:47.73 S                    | F     | 200 IM     | 13/11/2013 | Scottish Schools Highland Heats       |
| 5:56.79 S                    | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014 |
| <b>Lauren Philip (12) F</b>  |       |            |            |                                       |
| 25.98 S                      | F     | 20 Free    | 12/03/2009 | Development Time Trials               |
| 19.17 S                      | F     | 25 Free    | 11/06/2011 | Elgin Mini Meet 2011                  |
| 40.52 S                      | F     | 40 Free    | 20/05/2010 | Grantown FC Splash Challenge 3        |

## Individual Top Times

Times until: 09-Oct-14

| Time                         | P/F/S | Event      |            |                                       |
|------------------------------|-------|------------|------------|---------------------------------------|
| <b>Lauren Philip (12) F</b>  |       |            |            |                                       |
| 34.61 S                      | F     | 50 Free    | 07/06/2014 | 2014 Elgin Mini Meet                  |
| 47.90 S                      | F     | 60 Free    | 21/03/2013 | Grantown Club Championships 2013      |
| 1:17.39 S                    | F     | 100 Free   | 19/04/2014 | Buckie Age Groups 2014                |
| 2:42.36 S                    | F     | 200 Free   | 14/06/2014 | ND Development Meet 2014              |
| 6:15.83 S                    | F     | 400 Free   | 02/09/2014 | September 2014 Training Times         |
| 12:27.27 S                   | F     | 800 Free   | 06/06/2014 | Training Times June 2014              |
| 25:03.00 S                   | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14        |
| 25.26 S                      | F     | 20 Back    | 18/06/2009 | Grantown Mini Splash & Dash Fun Meet  |
| 22.53 S                      | F     | 25 Back    | 11/06/2011 | Elgin Mini Meet 2011                  |
| 1:25.64 S                    | F     | 40 Back    | 12/03/2009 | Development Time Trials               |
| 42.21 S                      | F     | 50 Back    | 08/06/2013 | 2013 Elgin Mini Meet                  |
| 52.60 S                      | F     | 60 Back    | 21/03/2013 | Grantown Club Championships 2013      |
| 1:25.66 S                    | F     | 100 Back   | 03/04/2014 | Grantown Club Champs                  |
| 2:58.13 S                    | F     | 200 Back   | 14/06/2014 | ND Development Meet 2014              |
| 27.15 S                      | F     | 20 Breast  | 18/06/2009 | Grantown Mini Splash & Dash Fun Meet  |
| 25.23 S                      | F     | 25 Breast  | 11/06/2011 | Elgin Mini Meet 2011                  |
| 42.95 S                      | F     | 50 Breast  | 07/06/2014 | 2014 Elgin Mini Meet                  |
| 1:00.56 S                    | F     | 60 Breast  | 21/03/2013 | Grantown Club Championships 2013      |
| 1:38.52 S                    | F     | 100 Breast | 03/04/2014 | Grantown Club Champs                  |
| 3:16.77 S                    | F     | 200 Breast | 14/06/2014 | ND Development Meet 2014              |
| 32.16 S                      | F     | 20 Fly     | 18/06/2009 | Grantown Mini Splash & Dash Fun Meet  |
| 22.07 S                      | F     | 25 Fly     | 11/06/2011 | Elgin Mini Meet 2011                  |
| 34.13 S                      | F     | 40 Fly     | 21/03/2013 | Grantown Club Championships 2013      |
| 39.23 S                      | F     | 50 Fly     | 07/06/2014 | 2014 Elgin Mini Meet                  |
| 53.97 S                      | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times         |
| 1:28.38 S                    | F     | 100 Fly    | 03/04/2014 | Grantown Club Champs                  |
| 3:13.82 S                    | F     | 200 Fly    | 14/06/2014 | ND Development Meet 2014              |
| 1:10.21 S                    | F     | 80 IM      | 02/10/2014 | Training Times 2nd & 7th October 2014 |
| 1:33.37 S                    | T     | 100 IM     | 27/01/2013 | HST New Year Meet                     |
| 2:58.64 S                    | F     | 200 IM     | 14/06/2014 | ND Development Meet 2014              |
| 6:14.79 S                    | F     | 400 IM     | 14/06/2014 | ND Development Meet 2014              |
| <b>Danielle Pirie (10) F</b> |       |            |            |                                       |
| 26.70 S                      | F     | 25 Free    | 17/06/2013 | Updated times June 2013               |
| 46.51 S                      | F     | 40 Free    | 17/06/2013 | Updated times June 2013               |
| 47.38 S                      | F     | 50 Free    | 01/03/2014 | Updated Training Times March 2014     |
| 58.92 S                      | F     | 60 Free    | 01/03/2014 | Updated Training Times March 2014     |
| 4:17.38 S                    | F     | 200 Free   | 06/06/2014 | Training Times June 2014              |
| 38:33.00 S                   | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14        |
| 57.66 S                      | F     | 50 Back    | 01/03/2014 | Updated Training Times March 2014     |
| 1:12.60 S                    | F     | 60 Back    | 01/03/2014 | Updated Training Times March 2014     |
| 1:06.34 S                    | F     | 50 Breast  | 01/03/2014 | Updated Training Times March 2014     |
| 1:21.18 S                    | F     | 60 Breast  | 01/03/2014 | Updated Training Times March 2014     |
| 4:55.57 S                    | F     | 200 Breast | 06/06/2014 | Training Times June 2014              |
| 44.32 S                      | F     | 40 Fly     | 01/03/2014 | Updated Training Times March 2014     |
| 1:00.95 S                    | F     | 50 Fly     | 05/12/2013 | Updating times Dec 13                 |
| 1:16.00 S                    | F     | 60 Fly     | 05/12/2013 | Updating times Dec 13                 |
| 1:36.45 S                    | F     | 80 IM      | 26/05/2014 | Training Times 26/5/14                |
| <b>Gregory Price (13) M</b>  |       |            |            |                                       |
| 45.85 S                      | F     | 50 Free    | 17/06/2013 | Updated times June 2013               |
| 1:09.63 S                    | F     | 60 Free    | 26/09/2012 | Training times Sep 2012               |
| 1:21.99 S                    | F     | 100 Free   | 02/09/2014 | September 2014 Training Times         |
| 4:50.72 S                    | F     | 200 Free   | 26/09/2012 | Training times Sep 2012               |
| 49.76 S                      | F     | 50 Back    | 17/06/2013 | Updated times June 2013               |
| 1:10.69 S                    | F     | 60 Back    | 26/09/2012 | Training times Sep 2012               |
| 1:37.57 S                    | F     | 100 Back   | 01/03/2014 | Updated Training Times March 2014     |
| 1:04.73 S                    | F     | 50 Breast  | 17/06/2013 | Updated times June 2013               |
| 1:51.83 S                    | F     | 100 Breast | 03/04/2014 | Grantown Club Champs                  |
| 5:01.80 S                    | F     | 200 Breast | 17/06/2013 | Updated times June 2013               |
| 1:47.75 S                    | F     | 100 Fly    | 03/04/2014 | Grantown Club Champs                  |
| 1:16.27 S                    | F     | 80 IM      | 06/06/2014 | Training Times June 2014              |
| 2:15.22 S                    | F     | 100 IM     | 22/02/2013 | Updated times Feb 2013                |
| <b>Nia Quinn (10) F</b>      |       |            |            |                                       |
| 32.07 S                      | F     | 25 Free    | 18/06/2012 | training times June 2012              |

## Individual Top Times

Times until: 09-Oct-14

| Time                         | P/F/S | Event      |            |                                          |
|------------------------------|-------|------------|------------|------------------------------------------|
| <b>Nia Quinn (10) F</b>      |       |            |            |                                          |
| 30.00 S                      | F     | 40 Free    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 38.09 S                      | F     | 50 Free    | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 50.10 S                      | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:28.76 L                    | F     | 100 Free   | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 1:30.39 S                    | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                   |
| 3:13.41 S                    | F     | 200 Free   | 02/09/2014 | September 2014 Training Times            |
| 6:49.00 S                    | F     | 400 Free   | 02/09/2014 | September 2014 Training Times            |
| 14:29.15 S                   | F     | 800 Free   | 06/06/2014 | Training Times June 2014                 |
| 29:02.00 S                   | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14           |
| 26.25 S                      | F     | 25 Back    | 10/11/2012 | Buckie ASC Mini Meet 2012                |
| 37.00 S                      | F     | 40 Back    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 45.57 S                      | F     | 50 Back    | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 47.63 L L                    | F     | 50 Back    | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 56.90 S                      | F     | 60 Back    | 03/04/2014 | Grantown Club Champs                     |
| 1:37.04 S                    | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 1:38.16 L                    | F     | 100 Back   | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 3:27.65 S                    | F     | 200 Back   | 06/06/2014 | Training Times June 2014                 |
| 59.17 S                      | F     | 25 Breast  | 18/06/2012 | training times June 2012                 |
| 50.00 S                      | F     | 40 Breast  | 30/01/2014 | Updated Training Times 30th January 2014 |
| 57.56 S                      | F     | 50 Breast  | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 1:16.95 S                    | F     | 60 Breast  | 02/09/2014 | September 2014 Training Times            |
| 2:16.58 S                    | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 4:31.70 S                    | F     | 200 Breast | 02/09/2014 | September 2014 Training Times            |
| 43.45 S                      | F     | 25 Fly     | 18/06/2012 | training times June 2012                 |
| 40.00 S                      | F     | 40 Fly     | 30/01/2014 | Updated Training Times 30th January 2014 |
| 50.73 S                      | F     | 50 Fly     | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 1:11.17 S                    | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times            |
| 2:00.67 L                    | F     | 100 Fly    | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 2:02.43 S                    | F     | 100 Fly    | 26/05/2014 | Training Times 26/5/14                   |
| 4:22.00 S                    | F     | 200 Fly    | 01/03/2014 | Updated Training Times March 2014        |
| 1:23.27 S                    | F     | 80 IM      | 22/02/2013 | Updated times Feb 2013                   |
| 1:44.64 S                    | T     | 100 IM     | 26/01/2014 | HST New Year Meet                        |
| 3:44.10 S                    | F     | 200 IM     | 28/06/2014 | End June Training Times                  |
| 7:36.68 S                    | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Beth Rutledge (15) F</b>  |       |            |            |                                          |
| 25.53 S                      | F     | 40 Free    | 25/02/2014 | Updated Training Times Feb 2014          |
| 33.74 S                      | T     | 50 Free    | 27/01/2013 | HST New Year Meet                        |
| 42.47 S                      | F     | 60 Free    | 17/06/2013 | Updated times June 2013                  |
| 1:11.03 S                    | F     | 100 Free   | 03/04/2014 | Grantown Club Champs                     |
| 2:33.00 S                    | F     | 200 Free   | 02/09/2014 | September 2014 Training Times            |
| 5:28.03 S                    | F     | 400 Free   | 14/11/2012 | Highland School Championships            |
| 11:46.83 S                   | F     | 800 Free   | 06/06/2014 | Training Times June 2014                 |
| 23:32.84 S                   | F     | 1500 Free  | 18/06/2012 | training times June 2012                 |
| 28.00 S                      | F     | 40 Back    | 25/02/2014 | Updated Training Times Feb 2014          |
| 37.26 S                      | F     | 50 Back    | 17/06/2013 | Updated times June 2013                  |
| 47.31 S                      | F     | 60 Back    | 17/06/2013 | Updated times June 2013                  |
| 1:16.70 S                    | F     | 100 Back   | 03/04/2014 | Grantown Club Champs                     |
| 2:47.00 S                    | F     | 200 Back   | 17/06/2013 | Updated times June 2013                  |
| 36.00 S                      | F     | 40 Breast  | 25/02/2014 | Updated Training Times Feb 2014          |
| 50.08 S                      | F     | 50 Breast  | 17/06/2013 | Updated times June 2013                  |
| 1:05.44 S                    | F     | 60 Breast  | 29/09/2011 | Grantown Sprint Challenge                |
| 1:42.76 S                    | F     | 100 Breast | 03/04/2014 | Grantown Club Champs                     |
| 3:51.03 S                    | F     | 200 Breast | 18/06/2012 | training times June 2012                 |
| 32.00 S                      | F     | 40 Fly     | 25/02/2014 | Updated Training Times Feb 2014          |
| 43.62 S                      | F     | 50 Fly     | 20/03/2012 | Training Times March 2012                |
| 53.25 S                      | F     | 60 Fly     | 17/06/2013 | Updated times June 2013                  |
| 1:25.60 S                    | F     | 100 Fly    | 03/04/2014 | Grantown Club Champs                     |
| 3:36.82 S                    | F     | 200 Fly    | 05/12/2013 | Updating times Dec 13                    |
| 1:04.80 S                    | F     | 80 IM      | 19/09/2013 | Updated times Sept 2013                  |
| 1:46.07 S                    | F     | 100 IM     | 22/01/2011 | Winter League Meet 1                     |
| 2:42.87 S                    | F     | 160 IM     | 06/10/2011 | 160 IM times                             |
| 6:30.42 S                    | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Jessica Schulz (10) F</b> |       |            |            |                                          |
| 27.62 S                      | F     | 25 Free    | 18/06/2012 | training times June 2012                 |

## Individual Top Times

Times until: 09-Oct-14

| Time                         | P/F/S | Event      |            |                                       |
|------------------------------|-------|------------|------------|---------------------------------------|
| <b>Jessica Schulz (10) F</b> |       |            |            |                                       |
| 37.95 S                      | F     | 50 Free    | 02/09/2014 | September 2014 Training Times         |
| 47.33 S                      | F     | 60 Free    | 02/09/2014 | September 2014 Training Times         |
| 1:34.57 S                    | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                |
| 3:18.00 S                    | F     | 200 Free   | 06/06/2014 | Training Times June 2014              |
| 7:07.42 S                    | F     | 400 Free   | 25/03/2014 | Updated Training Times 25/3/14        |
| 15:29.96 S                   | F     | 800 Free   | 06/06/2014 | Training Times June 2014              |
| 28:53.00 S                   | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14        |
| 45.71 S                      | F     | 50 Back    | 07/06/2014 | 2014 Elgin Mini Meet                  |
| 58.56 S                      | F     | 60 Back    | 03/04/2014 | Grantown Club Champs                  |
| 1:45.42 S                    | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                |
| 3:45.16 S                    | F     | 200 Back   | 06/06/2014 | Training Times June 2014              |
| 39.52 S                      | F     | 25 Breast  | 18/06/2012 | training times June 2012              |
| 50.38 S                      | F     | 50 Breast  | 07/06/2014 | 2014 Elgin Mini Meet                  |
| 1:03.97 S                    | F     | 60 Breast  | 02/09/2014 | September 2014 Training Times         |
| 1:52.45 S                    | T     | 100 Breast | 26/01/2014 | HST New Year Meet                     |
| 3:55.72 S                    | T     | 200 Breast | 26/01/2014 | HST New Year Meet                     |
| 38.11 S                      | F     | 25 Fly     | 18/06/2012 | training times June 2012              |
| 39.91 S                      | F     | 40 Fly     | 21/03/2013 | Grantown Club Championships 2013      |
| 53.05 S                      | F     | 50 Fly     | 07/06/2014 | 2014 Elgin Mini Meet                  |
| 1:07.85 S                    | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times         |
| 2:02.44 L                    | F     | 100 Fly    | 17/05/2014 | Hunting Trophy Meet 2014              |
| 2:08.07 S                    | F     | 100 Fly    | 26/05/2014 | Training Times 26/5/14                |
| 4:24.00 S                    | F     | 200 Fly    | 06/06/2014 | Training Times June 2014              |
| 1:21.00 S                    | F     | 80 IM      | 26/05/2014 | Training Times 26/5/14                |
| 1:40.71 S                    | T     | 100 IM     | 26/01/2014 | HST New Year Meet                     |
| 3:44.15 S                    | F     | 200 IM     | 28/06/2014 | End June Training Times               |
| 7:33.47 S                    | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014 |
| <b>Adele Sellars (9) F</b>   |       |            |            |                                       |
| 1:25.15 S                    | F     | 60 Free    | 02/09/2014 | September 2014 Training Times         |
| 1:22.12 S                    | F     | 60 Back    | 02/09/2014 | September 2014 Training Times         |
| <b>Carla Sermanni (16) F</b> |       |            |            |                                       |
| 29.78 S                      | F     | 40 Free    | 17/09/2009 | GRANTOWN F/C SPLASH CHALLENGE 2       |
| 30.62 S                      | F     | 50 Free    | 03/04/2011 | Tain Swimfest                         |
| 42.57 S                      | F     | 60 Free    | 29/09/2011 | Grantown Sprint Challenge             |
| 1:06.36 S                    | F     | 100 Free   | 13/11/2013 | Scottish Schools Highland Heats       |
| 2:32.03 S                    | F     | 200 Free   | 10/11/2011 | Highland School Championships         |
| 5:37.11 S                    | F     | 400 Free   | 10/11/2011 | Highland School Championships         |
| 22:55.50 S                   | F     | 1500 Free  | 19/09/2013 | Updated times Sept 2013               |
| 36.16 S                      | F     | 40 Back    | 14/05/2009 | GRANTOWN BACK STROKE CHALLENGE        |
| 34.98 S                      | F     | 50 Back    | 17/06/2013 | Updated times June 2013               |
| 48.48 S                      | F     | 60 Back    | 29/09/2011 | Grantown Sprint Challenge             |
| 1:15.04 S                    | F     | 100 Back   | 01/03/2014 | Updated Training Times March 2014     |
| 2:47.93 S                    | F     | 200 Back   | 09/02/2012 | Training times updated                |
| 46.24 S                      | F     | 50 Breast  | 29/09/2011 | 1,500 & 50 timings                    |
| 57.53 S                      | F     | 60 Breast  | 29/09/2011 | Grantown Sprint Challenge             |
| 1:38.53 S                    | F     | 100 Breast | 21/03/2013 | Grantown Club Championships 2013      |
| 3:32.21 S                    | F     | 200 Breast | 09/02/2012 | Training times updated                |
| 36.10 S                      | F     | 50 Fly     | 17/06/2013 | Updated times June 2013               |
| 49.03 S                      | F     | 60 Fly     | 29/09/2011 | Grantown Sprint Challenge             |
| 1:25.75 S                    | F     | 100 Fly    | 21/03/2013 | Grantown Club Championships 2013      |
| 3:14.59 S                    | F     | 200 Fly    | 09/02/2012 | Training times updated                |
| 1:03.92 S                    | F     | 80 IM      | 23/10/2013 | Times for 23rd October 2013           |
| 1:33.40 S                    | F     | 100 IM     | 20/11/2010 | Winter League Meet 1                  |
| 2:22.00 S                    | F     | 160 IM     | 26/09/2012 | Training times Sep 2012               |
| <b>Chloe Sim (11) F</b>      |       |            |            |                                       |
| 51.01 S                      | F     | 50 Free    | 02/09/2014 | September 2014 Training Times         |
| 1:04.14 S                    | F     | 60 Free    | 02/09/2014 | September 2014 Training Times         |
| 2:07.59 S                    | F     | 100 Free   | 02/09/2014 | September 2014 Training Times         |
| 4:49.38 S                    | F     | 200 Free   | 15/05/2014 | Training Times 15/5/14                |
| 11:01.00 S                   | F     | 400 Free   | 02/09/2014 | September 2014 Training Times         |
| 1:02.00 S                    | F     | 50 Back    | 02/09/2014 | September 2014 Training Times         |
| 1:11.33 S                    | F     | 60 Back    | 03/04/2014 | Grantown Club Champs                  |
| 2:36.00 S                    | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                |

## Individual Top Times

Times until: 09-Oct-14

| Time                        | P/F/S | Event      |            |                                        |
|-----------------------------|-------|------------|------------|----------------------------------------|
| <b>Chloe Sim (11) F</b>     |       |            |            |                                        |
| 5:11.28 S                   | F     | 200 Back   | 02/09/2014 | September 2014 Training Times          |
| 1:07.88 S                   | F     | 50 Breast  | 02/09/2014 | September 2014 Training Times          |
| 1:25.01 S                   | F     | 60 Breast  | 02/09/2014 | September 2014 Training Times          |
| 2:48.00 S                   | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                 |
| 5:24.25 S                   | F     | 200 Breast | 02/09/2014 | September 2014 Training Times          |
| 51.12 S                     | F     | 40 Fly     | 03/04/2014 | Grantown Club Champs                   |
| 1:07.00 S                   | F     | 50 Fly     | 02/09/2014 | September 2014 Training Times          |
| 1:26.00 S                   | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times          |
| 10:07.91 S                  | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014  |
| <b>Hamish Smith (16) M</b>  |       |            |            |                                        |
| 19.16 S                     | F     | 25 Free    | 28/08/2010 | Diving Practise Training Times         |
| 36.44 S                     | F     | 40 Free    | 17/09/2009 | GRANTOWN F/C SPLASH CHALLENGE 2        |
| 36.00 S                     | F     | 50 Free    | 20/03/2012 | Training Times March 2012              |
| 45.03 S                     | F     | 60 Free    | 17/06/2013 | Updated times June 2013                |
| 1:20.00 S                   | P     | 100 Free   | 06/06/2014 | Training Times June 2014               |
| 2:46.00 S                   | F     | 200 Free   | 06/06/2014 | Training Times June 2014               |
| 5:55.00 S                   | F     | 400 Free   | 25/02/2014 | Updated Training Times Feb 2014        |
| 12:58.80 S                  | F     | 800 Free   | 17/06/2013 | Updated times June 2013                |
| 25:00.00 S                  | F     | 1500 Free  | 18/06/2012 | training times June 2012               |
| 46.86 S                     | F     | 40 Back    | 14/05/2009 | GRANTOWN BACK STROKE CHALLENGE         |
| 40.07 S                     | F     | 50 Back    | 08/12/2012 | Updated Times Dec 2012                 |
| 48.59 S                     | F     | 60 Back    | 17/06/2013 | Updated times June 2013                |
| 1:27.71 S                   | F     | 100 Back   | 15/03/2012 | Grantown Club Championships 2012       |
| 3:46.06 S                   | F     | 200 Back   | 06/09/2011 | TRAINING TIMES 200M FC & BC            |
| 29.66 S                     | F     | 25 Breast  | 28/08/2010 | Diving Practise Training Times         |
| 51.45 S                     | F     | 50 Breast  | 08/12/2012 | Updated Times Dec 2012                 |
| 1:01.53 S                   | F     | 60 Breast  | 17/06/2013 | Updated times June 2013                |
| 1:38.48 S                   | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                 |
| 3:29.92 S                   | F     | 200 Breast | 17/06/2013 | Updated times June 2013                |
| 1:01.63 S                   | F     | 40 Fly     | 04/06/2009 | Grantown Club Championship 2009        |
| 1:01.63 S                   | F     | 40 Fly     | 04/06/2009 | Grantown Club Championship 2009        |
| 45.95 S                     | F     | 50 Fly     | 08/12/2012 | Updated Times Dec 2012                 |
| 47.81 S                     | F     | 60 Fly     | 17/06/2013 | Updated times June 2013                |
| 2:08.00 S                   | F     | 100 Fly    | 17/11/2011 | 100m time update                       |
| 2:23.00 S                   | P     | 200 Fly    | 06/06/2014 | Training Times June 2014               |
| 1:02.13 S                   | F     | 80 IM      | 05/12/2013 | Updating times Dec 13                  |
| 1:55.65 S                   | F     | 100 IM     | 28/08/2010 | Diving Practise Training Times         |
| 2:51.00 S                   | F     | 160 IM     | 06/10/2011 | 160 IM times                           |
| <b>Rebecca SMITH (15) F</b> |       |            |            |                                        |
| 15.72 S                     | F     | 25 Free    | 28/08/2010 | Diving Practise Training Times         |
| 26.00 S                     | F     | 40 Free    | 25/02/2014 | Updated Training Times Feb 2014        |
| 35.38 S S                   | F     | 50 Free    | 12/11/2011 | Aberdeen Dolphin Mitchell Trophy 2011  |
| 43.72 S                     | F     | 60 Free    | 02/09/2014 | September 2014 Training Times          |
| 1:10.03 S                   | F     | 100 Free   | 08/03/2014 | Forres Bluefins two-day meet           |
| 2:40.67 S                   | F     | 200 Free   | 23/06/2012 | North District Development Meet        |
| 5:27.84 S                   | F     | 400 Free   | 01/03/2014 | Updated Training Times March 2014      |
| 14:12.60 S                  | F     | 800 Free   | 01/12/2011 | TRAINING TIMES 200, 400, 800 FC        |
| 21:50.00 S                  | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14         |
| 28.00 S                     | F     | 40 Back    | 25/02/2014 | Updated Training Times Feb 2014        |
| 34.84 S                     | P     | 50 Back    | 04/10/2014 | NDOpen inc Sprints 2014                |
| 35.99 L                     | F     | 50 Back    | 03/05/2014 | Westhill Invitational Meet 2014        |
| 47.25 S                     | F     | 60 Back    | 17/06/2013 | Updated times June 2013                |
| 1:13.19 S                   | F     | 100 Back   | 08/03/2014 | Forres Bluefins two-day meet           |
| 1:16.28 L                   | F     | 100 Back   | 03/05/2014 | Westhill Invitational Meet 2014        |
| 2:35.70 S S                 | F     | 200 Back   | 22/03/2014 | North District Age Group Championships |
| 26.00 S                     | F     | 25 Breast  | 28/08/2010 | Diving Practise Training Times         |
| 36.00 S                     | F     | 40 Breast  | 25/02/2014 | Updated Training Times Feb 2014        |
| 43.30 L                     | F     | 50 Breast  | 03/05/2014 | Westhill Invitational Meet 2014        |
| 46.62 S                     | F     | 50 Breast  | 17/06/2013 | Updated times June 2013                |
| 58.02 S                     | F     | 60 Breast  | 17/06/2013 | Updated times June 2013                |
| 1:29.85 S                   | F     | 100 Breast | 08/03/2014 | Forres Bluefins two-day meet           |
| 2:51.57 S                   | F     | 200 Breast | 02/09/2014 | September 2014 Training Times          |
| 28.21 S                     | F     | 40 Fly     | 25/02/2014 | Updated Training Times Feb 2014        |
| 34.50 S                     | T     | 50 Fly     | 26/01/2014 | HST New Year Meet                      |

## Individual Top Times

Times until: 09-Oct-14

| Time                              | P/F/S | Event      |            |                                          |
|-----------------------------------|-------|------------|------------|------------------------------------------|
| <b>Rebecca SMITH (15) F</b>       |       |            |            |                                          |
| 48.97 S                           | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times            |
| 1:16.92 S                         | P     | 100 Fly    | 22/03/2014 | North District Age Group Championships   |
| 3:05.10 S                         | F     | 200 Fly    | 05/12/2013 | Updating times Dec 13                    |
| 1:04.61 S                         | F     | 80 IM      | 25/02/2014 | Updated Training Times Feb 2014          |
| 1:18.12 S                         | F     | 100 IM     | 08/03/2014 | Forres Bluefins two-day meet             |
| 2:41.34 S                         | F     | 160 IM     | 06/10/2011 | 160 IM times                             |
| 2:42.97 S                         | T     | 200 IM     | 26/01/2014 | HST New Year Meet                        |
| 2:49.64 L                         | F     | 200 IM     | 03/05/2014 | Westhill Invitational Meet 2014          |
| 6:16.29 S                         | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Emily Strang (11) F</b>        |       |            |            |                                          |
| 29.80 S                           | F     | 25 Free    | 17/06/2013 | Updated times June 2013                  |
| 49.76 S                           | F     | 40 Free    | 17/06/2013 | Updated times June 2013                  |
| 53.83 S                           | F     | 50 Free    | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 1:07.09 S                         | F     | 60 Free    | 03/04/2014 | Grantown Club Champs                     |
| 2:11.00 S                         | F     | 100 Free   | 26/05/2014 | Training Times 26/5/14                   |
| 5:03.35 S                         | F     | 200 Free   | 15/05/2014 | Training Times 15/5/14                   |
| 1:03.00 S                         | F     | 50 Back    | 08/12/2012 | Updated Times Dec 2012                   |
| 1:11.77 S                         | F     | 60 Back    | 03/04/2014 | Grantown Club Champs                     |
| 2:24.00 S                         | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 1:14.00 S                         | F     | 50 Breast  | 05/12/2013 | Updating times Dec 13                    |
| 1:14.00 S                         | F     | 50 Breast  | 17/06/2013 | Updated times June 2013                  |
| 1:25.87 S                         | F     | 60 Breast  | 03/04/2014 | Grantown Club Champs                     |
| 2:48.00 S                         | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 56.16 S                           | F     | 40 Fly     | 03/04/2014 | Grantown Club Champs                     |
| 1:36.00 S                         | F     | 50 Fly     | 05/12/2013 | Updating times Dec 13                    |
| 2:02.00 S                         | F     | 60 Fly     | 05/12/2013 | Updating times Dec 13                    |
| 2:11.20 S                         | F     | 80 IM      | 08/12/2012 | Updated Times Dec 2012                   |
| <b>Nicola Szczypior (8) F</b>     |       |            |            |                                          |
| 1:35.45 S                         | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:36.02 S                         | F     | 60 Back    | 02/09/2014 | September 2014 Training Times            |
| <b>Freddie Talbot-Heigh (9) M</b> |       |            |            |                                          |
| 20.72 S                           | F     | 25 Free    | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 47.05 S                           | F     | 50 Free    | 26/04/2014 | Inverness Graded Meet 2014               |
| 59.63 S                           | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:53.93 S                         | F     | 100 Free   | 02/09/2014 | September 2014 Training Times            |
| 4:19.69 S                         | F     | 200 Free   | 06/06/2014 | Training Times June 2014                 |
| 9:07.00 S                         | F     | 400 Free   | 02/09/2014 | September 2014 Training Times            |
| 20:17.42 S                        | F     | 800 Free   | 06/06/2014 | Training Times June 2014                 |
| 35:49.00 S                        | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14           |
| 24.09 S                           | F     | 25 Back    | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 50.76 S                           | F     | 50 Back    | 26/04/2014 | Inverness Graded Meet 2014               |
| 1:10.90 S                         | F     | 60 Back    | 01/03/2014 | Updated Training Times March 2014        |
| 2:03.05 S                         | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 4:40.69 S                         | F     | 200 Back   | 02/09/2014 | September 2014 Training Times            |
| 28.15 S                           | F     | 25 Breast  | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 1:02.42 S                         | F     | 50 Breast  | 26/04/2014 | Inverness Graded Meet 2014               |
| 1:18.53 S                         | F     | 60 Breast  | 02/09/2014 | September 2014 Training Times            |
| 2:28.16 S                         | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 5:04.28 S                         | F     | 200 Breast | 06/06/2014 | Training Times June 2014                 |
| 24.90 S                           | F     | 25 Fly     | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 58.19 S                           | F     | 40 Fly     | 03/04/2014 | Grantown Club Champs                     |
| 1:12.99 S                         | F     | 50 Fly     | 02/09/2014 | September 2014 Training Times            |
| 1:30.36 S                         | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times            |
| 3:13.31 S                         | F     | 100 Fly    | 26/05/2014 | Training Times 26/5/14                   |
| 6:13.00 S                         | F     | 200 Fly    | 06/06/2014 | Training Times June 2014                 |
| 1:42.00 S                         | F     | 80 IM      | 26/05/2014 | Training Times 26/5/14                   |
| 2:11.63 S                         | F     | 100 IM     | 08/03/2014 | Forres Bluefins two-day meet             |
| 4:37.34 S                         | F     | 200 IM     | 28/06/2014 | End June Training Times                  |
| 9:21.31 S                         | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Joshua Talbot-Heigh (10) M</b> |       |            |            |                                          |
| 20.88 S                           | F     | 25 Free    | 08/06/2013 | 2013 Elgin Mini Meet                     |
| 34.00 S                           | F     | 40 Free    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 38.85 S                           | F     | 50 Free    | 07/06/2014 | 2014 Elgin Mini Meet                     |

## Individual Top Times

Times until: 09-Oct-14

| Time                              | P/F/S | Event      |            |                                          |
|-----------------------------------|-------|------------|------------|------------------------------------------|
| <b>Joshua Talbot-Heigh (10) M</b> |       |            |            |                                          |
| 49.13 S                           | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:29.66 L                         | F     | 100 Free   | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 1:29.97 S                         | F     | 100 Free   | 02/09/2014 | September 2014 Training Times            |
| 3:18.00 S                         | F     | 200 Free   | 06/06/2014 | Training Times June 2014                 |
| 6:50.00 S                         | F     | 400 Free   | 02/09/2014 | September 2014 Training Times            |
| 15:20.83 S                        | F     | 800 Free   | 06/06/2014 | Training Times June 2014                 |
| 32:25.00 S                        | F     | 1500 Free  | 05/12/2013 | Updating times Dec 13                    |
| 24.53 S                           | F     | 25 Back    | 08/06/2013 | 2013 Elgin Mini Meet                     |
| 36.00 S                           | F     | 40 Back    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 43.88 S                           | F     | 50 Back    | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 58.44 S                           | F     | 60 Back    | 02/09/2014 | September 2014 Training Times            |
| 1:41.66 L                         | F     | 100 Back   | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 1:41.86 S                         | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 3:26.91 S                         | F     | 200 Back   | 02/09/2014 | September 2014 Training Times            |
| 27.39 S                           | F     | 25 Breast  | 08/06/2013 | 2013 Elgin Mini Meet                     |
| 44.00 S                           | F     | 40 Breast  | 30/01/2014 | Updated Training Times 30th January 2014 |
| 51.62 S                           | F     | 50 Breast  | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 1:07.93 S                         | F     | 60 Breast  | 02/09/2014 | September 2014 Training Times            |
| 2:04.61 S                         | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 2:09.89 L                         | F     | 100 Breast | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 4:09.03 S                         | F     | 200 Breast | 02/09/2014 | September 2014 Training Times            |
| 25.57 S                           | F     | 25 Fly     | 08/06/2013 | 2013 Elgin Mini Meet                     |
| 42.59 S                           | F     | 40 Fly     | 03/04/2014 | Grantown Club Champs                     |
| 48.72 S                           | F     | 50 Fly     | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 1:09.16 S                         | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times            |
| 2:05.73 S                         | F     | 100 Fly    | 26/05/2014 | Training Times 26/5/14                   |
| 4:33.00 S                         | F     | 200 Fly    | 06/06/2014 | Training Times June 2014                 |
| 1:22.00 S                         | F     | 80 IM      | 26/05/2014 | Training Times 26/5/14                   |
| 1:41.91 S                         | F     | 100 IM     | 26/04/2014 | Inverness Graded Meet 2014               |
| 3:50.68 S                         | T     | 200 IM     | 26/01/2014 | HST New Year Meet                        |
| <b>Finlay Taylor (14) M</b>       |       |            |            |                                          |
| 26.34 S                           | F     | 20 Free    | 12/03/2009 | Development Time Trials                  |
| 22.75 S                           | F     | 25 Free    | 28/08/2010 | Diving Practise Training Times           |
| 57.01 S                           | F     | 40 Free    | 18/06/2009 | Grantown Mini Splash & Dash Fun Meet     |
| 41.50 S                           | F     | 50 Free    | 17/06/2013 | Updated times June 2013                  |
| 51.24 S                           | F     | 60 Free    | 22/02/2013 | Updated times Feb 2013                   |
| 1:21.00 S                         | F     | 100 Free   | 06/06/2014 | Training Times June 2014                 |
| 3:08.00 S                         | F     | 200 Free   | 06/06/2014 | Training Times June 2014                 |
| 6:53.00 S                         | F     | 400 Free   | 25/02/2014 | Updated Training Times Feb 2014          |
| 15:57.15 S                        | F     | 800 Free   | 08/12/2012 | Updated Times Dec 2012                   |
| 30:28.04 S                        | F     | 1500 Free  | 20/03/2012 | Training Times March 2012                |
| 24.11 S                           | F     | 20 Back    | 18/06/2009 | Grantown Mini Splash & Dash Fun Meet     |
| 47.83 S                           | F     | 50 Back    | 17/06/2013 | Updated times June 2013                  |
| 59.86 S                           | F     | 60 Back    | 08/12/2012 | Updated Times Dec 2012                   |
| 1:34.89 S                         | F     | 100 Back   | 01/03/2014 | Updated Training Times March 2014        |
| 3:53.23 S                         | F     | 200 Back   | 26/09/2012 | Training times Sep 2012                  |
| 25.65 S                           | F     | 20 Breast  | 18/06/2009 | Grantown Mini Splash & Dash Fun Meet     |
| 30.50 S                           | F     | 25 Breast  | 28/08/2010 | Diving Practise Training Times           |
| 52.40 S                           | F     | 50 Breast  | 17/06/2013 | Updated times June 2013                  |
| 1:08.95 S                         | F     | 60 Breast  | 22/02/2013 | Updated times Feb 2013                   |
| 1:51.02 S                         | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 3:39.57 S                         | F     | 200 Breast | 13/11/2013 | Scottish Schools Highland Heats          |
| 33.66 S                           | F     | 20 Fly     | 18/06/2009 | Grantown Mini Splash & Dash Fun Meet     |
| 55.58 S                           | F     | 50 Fly     | 17/06/2013 | Updated times June 2013                  |
| 1:16.12 S                         | F     | 60 Fly     | 17/03/2011 | Grantown Swim Club Championships 2011    |
| 2:07.44 S                         | F     | 100 Fly    | 21/03/2013 | Grantown Club Championships 2013         |
| 4:14.00 S                         | F     | 200 Fly    | 06/06/2014 | Training Times June 2014                 |
| 1:17.02 S                         | F     | 80 IM      | 05/12/2013 | Updating times Dec 13                    |
| 1:52.41 S                         | F     | 100 IM     | 28/04/2012 | Inverness Graded Meet 2012               |
| 3:20.88 S                         | F     | 160 IM     | 06/10/2011 | 160 IM times                             |
| 4:23.77 S                         | F     | 200 IM     | 20/03/2012 | Training Times March 2012                |
| 8:06.46 S                         | F     | 400 IM     | 08/12/2012 | Updated Times Dec 2012                   |
| <b>Lewis Taylor (16) M</b>        |       |            |            |                                          |
| 14.38 S                           | F     | 25 Free    | 28/08/2010 | Diving Practise Training Times           |

## Individual Top Times

Times until: 09-Oct-14

| Time                       | P/F/S | Event      |            |                                          |
|----------------------------|-------|------------|------------|------------------------------------------|
| <b>Lewis Taylor (16) M</b> |       |            |            |                                          |
| 34.04 S                    | F     | 40 Free    | 17/09/2009 | GRANTOWN F/C SPLASH CHALLENGE 2          |
| 30.82 S                    | F     | 50 Free    | 02/09/2014 | September 2014 Training Times            |
| 38.06 S                    | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:04.39 S                  | F     | 100 Free   | 03/04/2014 | Grantown Club Champs                     |
| 2:28.88 S                  | F     | 200 Free   | 01/12/2012 | North District Age Group Meet            |
| 5:25.43 S                  | F     | 400 Free   | 01/03/2014 | Updated Training Times March 2014        |
| 11:13.54 S                 | F     | 800 Free   | 06/06/2014 | Training Times June 2014                 |
| 21:28.65 S                 | F     | 1500 Free  | 05/12/2013 | Updating times Dec 13                    |
| 39.48 S                    | F     | 40 Back    | 14/05/2009 | GRANTOWN BACK STROKE CHALLENGE           |
| 37.00 S                    | F     | 50 Back    | 02/09/2014 | September 2014 Training Times            |
| 46.72 S                    | F     | 60 Back    | 29/09/2011 | Grantown Sprint Challenge                |
| 1:15.00 S                  | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 2:42.01 S                  | F     | 200 Back   | 14/11/2012 | Highland School Championships            |
| 22.94 S                    | F     | 25 Breast  | 28/08/2010 | Diving Practise Training Times           |
| 44.94 S                    | F     | 40 Breast  | 26/03/2009 | GRANTOWN BREAST SPLASH CHALLENGE         |
| 43.07 S                    | F     | 50 Breast  | 17/06/2013 | Updated times June 2013                  |
| 55.06 S                    | F     | 60 Breast  | 29/09/2011 | Grantown Sprint Challenge                |
| 1:25.63 S                  | F     | 100 Breast | 03/04/2014 | Grantown Club Champs                     |
| 3:16.54 S                  | F     | 200 Breast | 02/09/2014 | September 2014 Training Times            |
| 36.70 S                    | F     | 50 Fly     | 02/09/2014 | September 2014 Training Times            |
| 45.94 S                    | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times            |
| 1:16.63 S                  | F     | 100 Fly    | 03/04/2014 | Grantown Club Champs                     |
| 3:17.00 S                  | F     | 200 Fly    | 06/06/2014 | Training Times June 2014                 |
| 1:00.50 S                  | F     | 80 IM      | 19/09/2013 | Updated times Sept 2013                  |
| 1:26.63 S                  | F     | 100 IM     | 20/03/2012 | Training Times March 2012                |
| 2:26.51 S                  | F     | 160 IM     | 06/10/2011 | 160 IM times                             |
| 2:38.34 S                  | F     | 200 IM     | 14/06/2014 | ND Development Meet 2014                 |
| 5:55.26 S                  | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| <b>Rhona Taylor (12) F</b> |       |            |            |                                          |
| 22.76 S                    | F     | 25 Free    | 03/10/2010 | Forres Bluefins Mini Meet                |
| 30.00 S                    | F     | 40 Free    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 37.41 S                    | F     | 50 Free    | 28/06/2014 | End June Training Times                  |
| 48.22 S                    | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:24.28 S                  | F     | 100 Free   | 03/04/2014 | Grantown Club Champs                     |
| 3:05.00 S                  | F     | 200 Free   | 02/09/2014 | September 2014 Training Times            |
| 3:05.00 S                  | F     | 200 Free   | 25/02/2014 | Updated Training Times Feb 2014          |
| 6:28.29 S                  | F     | 400 Free   | 02/09/2014 | September 2014 Training Times            |
| 13:44.46 S                 | F     | 800 Free   | 06/06/2014 | Training Times June 2014                 |
| 25:14.00 S                 | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14           |
| 29.25 S                    | F     | 25 Back    | 03/10/2010 | Forres Bluefins Mini Meet                |
| 35.00 S                    | F     | 40 Back    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 45.20 S                    | F     | 50 Back    | 05/12/2013 | Updating times Dec 13                    |
| 55.19 S                    | F     | 60 Back    | 05/12/2013 | Updating times Dec 13                    |
| 1:37.00 S                  | F     | 100 Back   | 26/05/2014 | Training Times 26/5/14                   |
| 3:47.00 S                  | F     | 200 Back   | 01/03/2014 | Updated Training Times March 2014        |
| 3:47.00 S                  | F     | 200 Back   | 06/06/2014 | Training Times June 2014                 |
| 35.41 S                    | F     | 25 Breast  | 03/10/2010 | Forres Bluefins Mini Meet                |
| 40.00 S                    | F     | 40 Breast  | 30/01/2014 | Updated Training Times 30th January 2014 |
| 49.98 S                    | F     | 50 Breast  | 28/06/2014 | End June Training Times                  |
| 1:05.86 S                  | F     | 60 Breast  | 19/09/2013 | Updated times Sept 2013                  |
| 1:49.00 S                  | F     | 100 Breast | 26/05/2014 | Training Times 26/5/14                   |
| 3:02.02 S                  | F     | 200 Breast | 28/06/2014 | End June Training Times                  |
| 33.67 S                    | F     | 20 Fly     | 16/12/2009 | GRANTOWN CLUB TIME TRIALS                |
| 29.98 S                    | F     | 25 Fly     | 17/09/2011 | Dive Practise Training Timed Swims       |
| 35.00 S                    | F     | 40 Fly     | 30/01/2014 | Updated Training Times 30th January 2014 |
| 48.58 S                    | F     | 50 Fly     | 02/09/2014 | September 2014 Training Times            |
| 59.32 S                    | F     | 60 Fly     | 01/03/2014 | Updated Training Times March 2014        |
| 1:44.00 S                  | F     | 100 Fly    | 26/05/2014 | Training Times 26/5/14                   |
| 4:13.12 S                  | F     | 200 Fly    | 05/12/2013 | Updating times Dec 13                    |
| 1:14.53 S                  | F     | 80 IM      | 02/10/2014 | Training Times 2nd & 7th October 2014    |
| 1:35.12 S                  | F     | 100 IM     | 28/06/2014 | End June Training Times                  |
| 3:24.51 S                  | F     | 160 IM     | 06/10/2011 | 160 IM times                             |
| 3:24.62 S                  | F     | 200 IM     | 28/06/2014 | End June Training Times                  |
| 8:29.72 S                  | F     | 400 IM     | 08/12/2012 | Updated Times Dec 2012                   |

## Individual Top Times

Times until: 09-Oct-14

| Time                         | P/F/S | Event      |            |                                      |
|------------------------------|-------|------------|------------|--------------------------------------|
| <b>Molly Vaughan (13) F</b>  |       |            |            |                                      |
| 26.22 S                      | F     | 20 Free    | 12/03/2009 | Development Time Trials              |
| 23.75 S                      | F     | 25 Free    | 28/08/2010 | Diving Practise Training Times       |
| 31.00 S                      | F     | 40 Free    | 25/02/2014 | Updated Training Times Feb 2014      |
| 40.81 S                      | F     | 50 Free    | 22/02/2013 | Updated times Feb 2013               |
| 50.46 S                      | F     | 60 Free    | 22/02/2013 | Updated times Feb 2013               |
| 1:34.23 S                    | F     | 100 Free   | 21/03/2013 | Grantown Club Championships 2013     |
| 3:13.28 S                    | F     | 200 Free   | 17/06/2013 | Updated times June 2013              |
| 8:12.76 S                    | F     | 400 Free   | 18/06/2012 | training times June 2012             |
| 15:17.00 S                   | F     | 800 Free   | 08/12/2012 | Updated Times Dec 2012               |
| 27:50.00 S                   | F     | 1500 Free  | 17/06/2013 | Updated times June 2013              |
| 24.95 S                      | F     | 20 Back    | 18/06/2009 | Grantown Mini Splash & Dash Fun Meet |
| 32.06 S                      | F     | 25 Back    | 04/10/2009 | Forres Bluefins Mini Meet            |
| 34.00 S                      | F     | 40 Back    | 25/02/2014 | Updated Training Times Feb 2014      |
| 46.38 S                      | F     | 50 Back    | 14/11/2012 | Highland School Championships        |
| 57.28 S                      | F     | 60 Back    | 17/06/2013 | Updated times June 2013              |
| 1:35.92 S                    | F     | 100 Back   | 13/11/2013 | Scottish Schools Highland Heats      |
| 3:28.12 S                    | F     | 200 Back   | 17/06/2013 | Updated times June 2013              |
| 28.14 S                      | F     | 20 Breast  | 18/06/2009 | Grantown Mini Splash & Dash Fun Meet |
| 32.28 S                      | F     | 25 Breast  | 28/08/2010 | Diving Practise Training Times       |
| 42.00 S                      | F     | 40 Breast  | 25/02/2014 | Updated Training Times Feb 2014      |
| 53.77 S                      | F     | 50 Breast  | 22/02/2013 | Updated times Feb 2013               |
| 1:06.56 S                    | F     | 60 Breast  | 17/06/2013 | Updated times June 2013              |
| 1:51.42 S                    | F     | 100 Breast | 13/11/2013 | Scottish Schools Highland Heats      |
| 4:23.08 S                    | F     | 200 Breast | 22/02/2013 | Updated times Feb 2013               |
| 40.92 S                      | F     | 20 Fly     | 18/06/2009 | Grantown Mini Splash & Dash Fun Meet |
| 48.08 S                      | F     | 25 Fly     | 18/06/2012 | training times June 2012             |
| 43.00 S                      | F     | 40 Fly     | 25/02/2014 | Updated Training Times Feb 2014      |
| 55.23 S                      | F     | 50 Fly     | 17/06/2013 | Updated times June 2013              |
| 1:09.22 S                    | F     | 60 Fly     | 17/06/2013 | Updated times June 2013              |
| 2:28.19 S                    | F     | 100 Fly    | 18/06/2012 | training times June 2012             |
| 4:28.00 S                    | F     | 200 Fly    | 06/06/2014 | Training Times June 2014             |
| 1:22.74 S                    | F     | 80 IM      | 19/09/2013 | Updated times Sept 2013              |
| 2:14.95 S                    | F     | 100 IM     | 20/03/2012 | Training Times March 2012            |
| 3:31.41 S                    | F     | 160 IM     | 06/10/2011 | 160 IM times                         |
| 4:12.45 S                    | F     | 200 IM     | 08/12/2012 | Updated Times Dec 2012               |
| 8:22.59 S                    | F     | 400 IM     | 08/12/2012 | Updated Times Dec 2012               |
| <b>Seoras Vaughan (16) M</b> |       |            |            |                                      |
| 32.81 S                      | F     | 40 Free    | 17/09/2009 | GRANTOWN F/C SPLASH CHALLENGE 2      |
| 34.15 S                      | F     | 50 Free    | 08/12/2012 | Updated Times Dec 2012               |
| 41.95 S                      | F     | 60 Free    | 17/06/2013 | Updated times June 2013              |
| 1:10.78 S                    | F     | 100 Free   | 03/04/2014 | Grantown Club Champs                 |
| 2:42.48 S                    | F     | 200 Free   | 13/11/2013 | Scottish Schools Highland Heats      |
| 5:55.00 S                    | F     | 400 Free   | 25/02/2014 | Updated Training Times Feb 2014      |
| 12:40.72 S                   | F     | 800 Free   | 17/06/2013 | Updated times June 2013              |
| 24:58.87 S                   | F     | 1500 Free  | 18/06/2012 | training times June 2012             |
| 40.82 S                      | F     | 40 Back    | 14/05/2009 | GRANTOWN BACK STROKE CHALLENGE       |
| 38.55 S                      | F     | 50 Back    | 17/06/2013 | Updated times June 2013              |
| 47.72 S                      | F     | 60 Back    | 17/06/2013 | Updated times June 2013              |
| 1:22.19 S                    | F     | 100 Back   | 03/04/2014 | Grantown Club Champs                 |
| 3:08.66 S                    | F     | 200 Back   | 14/11/2012 | Highland School Championships        |
| 45.67 S                      | F     | 40 Breast  | 26/03/2009 | GRANTOWN BREAST SPLASH CHALLENGE     |
| 44.95 S                      | F     | 50 Breast  | 17/06/2013 | Updated times June 2013              |
| 55.03 S                      | F     | 60 Breast  | 29/09/2011 | Grantown Sprint Challenge            |
| 1:29.47 S                    | F     | 100 Breast | 03/04/2014 | Grantown Club Champs                 |
| 3:20.89 S                    | F     | 200 Breast | 13/11/2013 | Scottish Schools Highland Heats      |
| 1:05.31 S                    | F     | 40 Fly     | 04/06/2009 | Grantown Club Championship 2009      |
| 1:05.31 S                    | F     | 40 Fly     | 04/06/2009 | Grantown Club Championship 2009      |
| 40.46 S                      | F     | 50 Fly     | 17/06/2013 | Updated times June 2013              |
| 53.37 S                      | F     | 60 Fly     | 17/06/2013 | Updated times June 2013              |
| 1:31.59 S                    | F     | 100 Fly    | 03/04/2014 | Grantown Club Champs                 |
| 3:46.00 S                    | F     | 200 Fly    | 06/06/2014 | Training Times June 2014             |
| 1:03.80 S                    | F     | 80 IM      | 05/12/2013 | Updating times Dec 13                |
| 1:27.40 S                    | F     | 100 IM     | 28/04/2012 | Inverness Graded Meet 2012           |
| 2:39.65 S                    | F     | 160 IM     | 06/10/2011 | 160 IM times                         |

## Individual Top Times

Times until: 09-Oct-14

| Time                         | P/F/S | Event      |            |                                          |
|------------------------------|-------|------------|------------|------------------------------------------|
| <b>Iris Westbrook (10) F</b> |       |            |            |                                          |
| 34.70 S                      | F     | 25 Free    | 17/06/2013 | Updated times June 2013                  |
| 58.95 S                      | F     | 40 Free    | 17/06/2013 | Updated times June 2013                  |
| 51.43 S                      | F     | 50 Free    | 03/04/2014 | Training Times 3/4/14 (Club Gala)        |
| 1:07.88 S                    | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 2:09.35 S                    | F     | 100 Free   | 06/06/2014 | Training Times June 2014                 |
| 4:37.53 S                    | F     | 200 Free   | 06/06/2014 | Training Times June 2014                 |
| 41:16.00 S                   | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14           |
| 36.38 S                      | F     | 25 Back    | 17/06/2013 | Updated times June 2013                  |
| 36.38 S                      | F     | 40 Back    | 17/06/2013 | Updated times June 2013                  |
| 1:00.40 S                    | F     | 50 Back    | 01/03/2014 | Updated Training Times March 2014        |
| 1:13.85 S                    | F     | 60 Back    | 01/03/2014 | Updated Training Times March 2014        |
| 5:00.70 S                    | F     | 200 Back   | 02/09/2014 | September 2014 Training Times            |
| 1:13.31 S                    | F     | 50 Breast  | 02/09/2014 | September 2014 Training Times            |
| 1:29.95 S                    | F     | 60 Breast  | 02/09/2014 | September 2014 Training Times            |
| 5:25.66 S                    | F     | 200 Breast | 02/09/2014 | September 2014 Training Times            |
| 52.13 S                      | F     | 40 Fly     | 03/04/2014 | Grantown Club Champs                     |
| 1:20.40 S                    | F     | 50 Fly     | 02/09/2014 | September 2014 Training Times            |
| 1:38.12 S                    | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times            |
| 6:10.00 S                    | F     | 200 Fly    | 06/06/2014 | Training Times June 2014                 |
| 1:49.00 S                    | F     | 80 IM      | 26/05/2014 | Training Times 26/5/14                   |
| <b>Daisy Wisely (11) F</b>   |       |            |            |                                          |
| 35.00 S                      | F     | 40 Free    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 37.08 S                      | F     | 50 Free    | 08/03/2014 | Forres Bluefins two-day meet             |
| 39.75 L L                    | F     | 50 Free    | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 50.37 S                      | F     | 60 Free    | 02/09/2014 | September 2014 Training Times            |
| 1:25.26 S                    | F     | 100 Free   | 26/04/2014 | Inverness Graded Meet 2014               |
| 1:29.76 L                    | F     | 100 Free   | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 3:23.87 S                    | F     | 200 Free   | 01/03/2014 | Updated Training Times March 2014        |
| 7:05.04 S                    | F     | 400 Free   | 25/03/2014 | Updated Training Times 25/3/14           |
| 14:31.06 S                   | F     | 800 Free   | 06/06/2014 | Training Times June 2014                 |
| 28:15.00 S                   | F     | 1500 Free  | 22/05/2014 | Updated training times 22/5/14           |
| 40.00 S                      | F     | 40 Back    | 30/01/2014 | Updated Training Times 30th January 2014 |
| 47.09 S                      | F     | 50 Back    | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 58.88 S                      | F     | 60 Back    | 02/09/2014 | September 2014 Training Times            |
| 1:38.49 S                    | F     | 100 Back   | 26/04/2014 | Inverness Graded Meet 2014               |
| 1:41.40 L                    | F     | 100 Back   | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 3:44.28 S                    | F     | 200 Back   | 06/06/2014 | Training Times June 2014                 |
| 45.00 S                      | F     | 40 Breast  | 30/01/2014 | Updated Training Times 30th January 2014 |
| 50.43 S                      | F     | 50 Breast  | 07/06/2014 | 2014 Elgin Mini Meet                     |
| 1:04.51 S                    | F     | 60 Breast  | 02/09/2014 | September 2014 Training Times            |
| 1:50.24 L                    | F     | 100 Breast | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 1:54.76 S                    | F     | 100 Breast | 26/04/2014 | Inverness Graded Meet 2014               |
| 4:01.26 S                    | F     | 200 Breast | 02/09/2014 | September 2014 Training Times            |
| 40.00 S                      | F     | 40 Fly     | 30/01/2014 | Updated Training Times 30th January 2014 |
| 41.09 S                      | F     | 50 Fly     | 08/03/2014 | Forres Bluefins two-day meet             |
| 59.97 S                      | F     | 60 Fly     | 02/09/2014 | September 2014 Training Times            |
| 1:48.25 S                    | F     | 100 Fly    | 26/04/2014 | Inverness Graded Meet 2014               |
| 1:49.82 L                    | F     | 100 Fly    | 17/05/2014 | Hunting Trophy Meet 2014                 |
| 4:12.00 S                    | F     | 200 Fly    | 06/06/2014 | Training Times June 2014                 |
| 1:17.02 S                    | F     | 80 IM      | 26/05/2014 | Training Times 26/5/14                   |
| 1:33.15 S                    | F     | 100 IM     | 08/03/2014 | Forres Bluefins two-day meet             |
| 3:43.26 S                    | F     | 200 IM     | 28/06/2014 | End June Training Times                  |
| 7:24.92 S                    | F     | 400 IM     | 02/10/2014 | Training Times 2nd & 7th October 2014    |