

Individual Top Times

Time	P/F/S	Event			
Gregor Bateman (10) M					NGRX
18.96 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
49.66 S	F	40 Free	17/01/2019	Training times - December 18 - Mar 19	
1:05.72 S	F	50 Free	11/05/2018	Nairn Grantown Friendly 2018	
1:17.66 S	F	60 Free	21/03/2019	Grantown Club Gala Age groups	
2:20.09 S	F	100 Free	17/01/2019	Training times - December 18 - Mar 19	
4:15.00 S	F	200 Free	20/09/2018	Training Times September 2018	
23.80 S	F	20 Back	17/01/2019	Training times - December 18 - Mar 19	
54.05 S	F	40 Back	17/01/2019	Training times - December 18 - Mar 19	
1:16.50 S	F	50 Back	11/05/2018	Nairn Grantown Friendly 2018	
1:21.00 S	F	60 Back	17/01/2019	Training times - December 18 - Mar 19	
2:35.00 S	F	100 Back	17/01/2019	Training times - December 18 - Mar 19	
30.77 S	F	20 Breast	17/01/2019	Training times - December 18 - Mar 19	
1:18.12 S	F	40 Breast	17/01/2019	Training times - December 18 - Mar 19	
1:45.00 S	F	60 Breast	17/01/2019	Training times - December 18 - Mar 19	
2:29.00 S	F	100 Breast	17/01/2019	Training times - December 18 - Mar 19	
17.53 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19	
54.00 S	F	40 Fly	17/01/2019	Training times - December 18 - Mar 19	
2:52.00 S	F	100 Fly	03/06/2018	Training times - Apr-June 2018	
2:06.09 S	F	80 IM	04/10/2018	Timing Session - October 2018	
Harris Burke (9) M					NGRX
20.00 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
30.50 S	F	25 Free	11/05/2018	Nairn Grantown Friendly 2018	
1:05.73 S	F	40 Free	03/06/2018	Training times - Apr-June 2018	
1:23.81 S	F	60 Free	21/03/2019	Grantown Club Gala Age groups	
3:03.00 S	F	100 Free	17/01/2019	Training times - December 18 - Mar 19	
24.27 S	F	20 Back	04/10/2018	Timing Session - October 2018	
33.75 S	F	25 Back	11/05/2018	Nairn Grantown Friendly 2018	
54.63 S	F	40 Back	08/03/2018	Grantown Club Champs	
1:01.00 S	F	50 Back	20/09/2018	Training Times September 2018	
1:21.30 S	F	60 Back	21/03/2019	Grantown Club Gala Age groups	
3:02.00 S	F	100 Back	20/09/2018	Training Times September 2018	
1:18.00 S	F	40 Breast	15/02/2018	Tranning Times Feb 2018	
1:11.00 S	F	50 Breast	20/09/2018	Training Times September 2018	
1:43.87 S	F	60 Breast	21/03/2019	Grantown Club Gala Age groups	
28.03 S	F	20 Fly	12/06/2018	Timings Session - June 2018	
1:05.00 S	F	40 Fly	17/01/2019	Training times - December 18 - Mar 19	
2:51.00 S	F	100 Fly	03/06/2018	Training times - Apr-June 2018	
2:03.00 S	F	80 IM	17/01/2019	Training times - December 18 - Mar 19	
Amye Carvill (11) F					NGRX
17.00 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
38.65 S	F	40 Free	17/01/2019	Training times - December 18 - Mar 19	
54.91 S	F	50 Free	11/05/2018	Nairn Grantown Friendly 2018	
1:16.00 S	F	60 Free	17/01/2019	Training times - December 18 - Mar 19	
1:58.76 S	F	100 Free	21/03/2019	Grantown Club Gala Age groups	
4:10.00 S	F	200 Free	17/01/2019	Training times - December 18 - Mar 19	
20.50 S	F	20 Back	20/09/2018	Training Times September 2018	
46.45 S	F	40 Back	17/01/2019	Training times - December 18 - Mar 19	
1:05.63 S	F	50 Back	11/05/2018	Nairn Grantown Friendly 2018	
2:10.73 S	F	100 Back	21/03/2019	Grantown Club Gala Age groups	
26.33 S	F	20 Breast	17/01/2019	Training times - December 18 - Mar 19	
1:01.00 S	F	40 Breast	17/01/2019	Training times - December 18 - Mar 19	
2:52.59 S	F	100 Breast	21/03/2019	Grantown Club Gala Age groups	
22.65 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19	
49.32 S	F	40 Fly	17/01/2019	Training times - December 18 - Mar 19	
2:22.54 S	F	100 Fly	21/03/2019	Grantown Club Gala Age groups	
1:47.66 S	F	80 IM	04/10/2018	Timing Session - October 2018	
Luci Carvill (8) F					NGRX

Individual Top Times

Time	P/F/S	Event		
Luci Carvill (8) F			NGRX	
16.16 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19
23.28 S	F	25 Free	11/05/2018	Nairn Grantown Friendly 2018
36.79 S	F	40 Free	17/01/2019	Training times - December 18 - Mar 19
1:02.00 S	F	60 Free	17/01/2019	Training times - December 18 - Mar 19
2:29.00 S	F	80 Free	15/02/2018	Tranning Times Feb 2018
1:53.00 S	F	100 Free	17/01/2019	Training times - December 18 - Mar 19
4:39.00 S	F	200 Free	17/01/2019	Training times - December 18 - Mar 19
8:38.00 S	F	400 Free	17/01/2019	Training times - December 18 - Mar 19
18.84 S	F	20 Back	17/01/2019	Training times - December 18 - Mar 19
25.00 S	F	25 Back	20/09/2018	Training Times September 2018
40.99 S	F	40 Back	21/03/2019	Grantown Club Gala Age groups
1:05.00 S	F	60 Back	17/01/2019	Training times - December 18 - Mar 19
2:09.00 S	F	100 Back	17/01/2019	Training times - December 18 - Mar 19
4:41.00 S	F	200 Back	17/01/2019	Training times - December 18 - Mar 19
21.05 S	F	20 Breast	17/01/2019	Training times - December 18 - Mar 19
49.09 S	F	40 Breast	21/03/2019	Grantown Club Gala Age groups
1:23.00 S	F	60 Breast	17/01/2019	Training times - December 18 - Mar 19
2:22.00 S	F	100 Breast	17/01/2019	Training times - December 18 - Mar 19
5:16.00 S	F	200 Breast	17/01/2019	Training times - December 18 - Mar 19
16.20 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19
33.00 S	F	25 Fly	11/05/2018	Nairn Grantown Friendly 2018
39.91 S	F	40 Fly	21/03/2019	Grantown Club Gala Age groups
1:15.00 S	F	60 Fly	17/01/2019	Training times - December 18 - Mar 19
5:13.00 S	F	200 Fly	17/01/2019	Training times - December 18 - Mar 19
1:31.00 S	F	80 IM	17/01/2019	Training times - December 18 - Mar 19
Isla Collins (9) F			NGRX	
16.39 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19
28.20 S	F	25 Free	07/02/2018	Tranning Times Feb 2018
35.70 S	F	40 Free	17/01/2019	Training times - December 18 - Mar 19
55.99 S	F	60 Free	21/03/2019	Grantown Club Gala Age groups
1:53.00 S	F	100 Free	17/01/2019	Training times - December 18 - Mar 19
4:03.00 S	F	200 Free	20/09/2018	Training Times September 2018
4:03.00 S	F	200 Free	17/01/2019	Training times - December 18 - Mar 19
8:35.00 S	F	400 Free	17/01/2019	Training times - December 18 - Mar 19
18.76 S	F	20 Back	04/10/2018	Timing Session - October 2018
24.51 S	F	25 Back	10/11/2018	Buckie ASC Mini Meet 2018
44.05 S	F	40 Back	17/01/2019	Training times - December 18 - Mar 19
1:03.64 S	F	60 Back	21/03/2019	Grantown Club Gala Age groups
2:13.00 S	F	100 Back	17/01/2019	Training times - December 18 - Mar 19
4:41.00 S	F	200 Back	17/01/2019	Training times - December 18 - Mar 19
24.23 S	F	20 Breast	17/01/2019	Training times - December 18 - Mar 19
27.00 S	F	25 Breast	20/09/2018	Training Times September 2018
55.49 S	F	40 Breast	17/01/2019	Training times - December 18 - Mar 19
1:23.69 S	F	60 Breast	21/03/2019	Grantown Club Gala Age groups
2:47.00 S	F	100 Breast	17/01/2019	Training times - December 18 - Mar 19
5:55.00 S	F	200 Breast	17/01/2019	Training times - December 18 - Mar 19
17.68 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19
24.11 S	F	25 Fly	10/11/2018	Buckie ASC Mini Meet 2018
48.44 S	F	40 Fly	17/01/2019	Training times - December 18 - Mar 19
1:11.29 S	F	60 Fly	21/03/2019	Grantown Club Gala Age groups
4:45.00 S	F	200 Fly	17/01/2019	Training times - December 18 - Mar 19
1:33.00 S	F	80 IM	17/01/2019	Training times - December 18 - Mar 19
3:56.00 S	F	160 IM	16/08/2018	Summer Camp 2018
Holly Corcoran (13) F			NGRX	
15.73 S	F	20 Free	26/09/2017	Training Times Aug - Sep 17
23.70 S	F	25 Free	07/06/2014	2014 Elgin Mini Meet
30.73 S	F	40 Free	15/02/2018	Tranning Times Feb 2018

Individual Top Times

Time	P/F/S	Event			
Holly Corcoran (13) F				NGRX	
40.66 S	F	50	Free	06/05/2017	Club Championships
55.65 S	F	60	Free	19/02/2016	Grantown Club Champs
1:03.29 S	F	80	Free	08/03/2018	Grantown Club Champs
1:48.74 S	F	100	Free	01/12/2015	December Training Times 2015
3:18.63 S	F	200	Free	15/04/2017	Buckie Age Groups 2017
6:29.14 S	T	400	Free	15/12/2018	HST Open Meet
15:28.12 S	F	800	Free	03/06/2018	Training times - Apr-June 2018
37:34.00 S	F	1500	Free	01/05/2015	May 2015 Training Times
14.74 S	F	20	Back	04/10/2018	Timing Session - October 2018
26.68 S	F	25	Back	07/06/2014	2014 Elgin Mini Meet
35.50 S	F	40	Back	15/02/2018	Tranning Times Feb 2018
43.87 S	F	50	Back	11/05/2018	Nairn Grantown Friendly 2018
56.82 S	F	60	Back	19/02/2016	Grantown Club Champs
1:08.53 S	F	80	Back	08/03/2018	Grantown Club Champs
1:31.82 S	T	100	Back	15/12/2018	HST Open Meet
3:14.57 S	F	200	Back	17/01/2019	Training times - December 18 - Mar 19
20.27 S	F	20	Breast	26/09/2017	Training Times Aug - Sep 17
29.60 S	F	25	Breast	07/06/2014	2014 Elgin Mini Meet
40.57 S	F	40	Breast	15/02/2018	Tranning Times Feb 2018
49.19 S	F	50	Breast	11/05/2018	Nairn Grantown Friendly 2018
1:09.78 S	F	60	Breast	19/02/2016	Grantown Club Champs
1:22.46 S	F	80	Breast	08/03/2018	Grantown Club Champs
1:49.44 S	F	100	Breast	15/04/2017	Buckie Age Groups 2017
3:41.54 S	F	200	Breast	04/10/2018	Timing Session - October 2018
15.56 S	F	20	Fly	03/06/2018	Training times - Apr-June 2018
27.23 S	F	25	Fly	07/06/2014	2014 Elgin Mini Meet
39.87 S	F	40	Fly	15/02/2018	Tranning Times Feb 2018
48.49 S	F	50	Fly	06/05/2017	Club Championships
1:14.76 S	F	60	Fly	01/05/2015	May 2015 Training Times
1:22.56 S	F	80	Fly	08/03/2018	Grantown Club Champs
1:50.31 S	F	100	Fly	29/04/2017	Inverness Graded Meet 2017
4:43.00 S	F	200	Fly	01/07/2015	July Training Times 2015
1:10.32 S	F	80	IM	04/10/2018	Timing Session - October 2018
1:34.09 S	F	100	IM	20/10/2018	Alloa Graded Meet 2018
2:28.31 S	F	160	IM	01/07/2015	July Training Times 2015
3:29.62 S	F	200	IM	20/10/2018	Alloa Graded Meet 2018
8:27.73 S	F	400	IM	20/05/2016	Training Times
Daisy Denner (10) F				NGRX	
14.00 S	F	20	Free	17/01/2019	Training times - December 18 - Mar 19
20.34 S	F	25	Free	07/02/2018	Tranning Times Feb 2018
34.71 S	F	40	Free	17/01/2019	Training times - December 18 - Mar 19
43.96 S	F	50	Free	10/11/2018	Buckie ASC Mini Meet 2018
54.34 S	F	60	Free	21/03/2019	Grantown Club Gala Age groups
1:37.00 S	F	100	Free	17/01/2019	Training times - December 18 - Mar 19
3:29.00 S	F	200	Free	17/01/2019	Training times - December 18 - Mar 19
7:31.00 S	F	400	Free	17/01/2019	Training times - December 18 - Mar 19
17:02.00 S	F	800	Free	20/09/2018	Training Times September 2018
16.00 S	F	20	Back	17/01/2019	Training times - December 18 - Mar 19
39.09 S	F	40	Back	17/01/2019	Training times - December 18 - Mar 19
55.29 S	F	50	Back	11/05/2018	Nairn Grantown Friendly 2018
59.82 S	F	60	Back	17/01/2019	Training times - December 18 - Mar 19
2:14.00 S	F	100	Back	03/06/2018	Training times - Apr-June 2018
4:15.00 S	F	200	Back	17/01/2019	Training times - December 18 - Mar 19
22.16 S	F	20	Breast	17/01/2019	Training times - December 18 - Mar 19
51.79 S	F	40	Breast	17/01/2019	Training times - December 18 - Mar 19
55.00 S	F	50	Breast	20/09/2018	Training Times September 2018
1:17.22 S	F	60	Breast	21/03/2019	Grantown Club Gala Age groups

Individual Top Times

Time	P/F/S	Event			
Daisy Denner (10) F				NGRX	
2:10.00 S	F	100	Breast	17/01/2019	Training times - December 18 - Mar 19
5:11.00 S	F	200	Breast	17/01/2019	Training times - December 18 - Mar 19
15.85 S	F	20	Fly	17/01/2019	Training times - December 18 - Mar 19
43.04 S	F	40	Fly	17/01/2019	Training times - December 18 - Mar 19
59.00 S	F	50	Fly	20/09/2018	Training Times September 2018
1:07.00 S	F	60	Fly	17/01/2019	Training times - December 18 - Mar 19
5:07.00 S	F	200	Fly	17/01/2019	Training times - December 18 - Mar 19
1:28.16 S	F	80	IM	04/10/2018	Timing Session - October 2018
3:15.00 S	F	160	IM	17/01/2019	Training times - December 18 - Mar 19
Rebecca Eaves (16) F				NGRX	
12.85 S	F	20	Free	17/01/2019	Training times - December 18 - Mar 19
30.75 S	F	25	Free	18/06/2012	training times June 2012
33.04 S	F	40	Free	26/09/2017	Training Times Aug - Sep 17
39.19 S	F	50	Free	17/06/2016	Grantown Friendly
51.26 S	F	60	Free	17/01/2019	Training times - December 18 - Mar 19
1:14.48 S	F	80	Free	08/03/2018	Grantown Club Champs
1:29.21 S	F	100	Free	23/04/2016	Inverness Graded Meet 2016
2:51.00 S	F	200	Free	26/09/2017	Training Times Aug - Sep 17
7:05.15 S	F	400	Free	09/03/2016	Training Times
15:45.07 S	F	800	Free	20/05/2016	Training Times
38:14.00 S	F	1500	Free	05/12/2013	Updating times Dec 13
18.29 S	F	20	Back	20/09/2018	Training Times September 2018
41.80 S	F	40	Back	26/09/2017	Training Times Aug - Sep 17
48.30 S	F	50	Back	06/05/2017	Club Championships
1:04.00 S	F	60	Back	17/01/2019	Training times - December 18 - Mar 19
1:23.53 S	F	80	Back	08/03/2018	Grantown Club Champs
1:49.00 S	F	100	Back	03/06/2018	Training times - Apr-June 2018
4:00.00 S	F	200	Back	26/09/2017	Training Times Aug - Sep 17
15.16 S	F	20	Breast	26/09/2017	Training Times Aug - Sep 17
35.28 S	F	25	Breast	18/06/2012	training times June 2012
35.26 S	F	40	Breast	26/09/2017	Training Times Aug - Sep 17
44.19 S	F	50	Breast	11/05/2018	Nairn Grantown Friendly 2018
59.00 S	F	60	Breast	17/01/2019	Training times - December 18 - Mar 19
1:19.94 S	F	80	Breast	08/03/2018	Grantown Club Champs
1:39.94 S	F	100	Breast	23/04/2016	Inverness Graded Meet 2016
3:49.18 S	F	200	Breast	02/11/2016	Highland School Swimming Championships 2016
14.79 S	F	20	Fly	12/06/2018	Timings Session - June 2018
39.46 S	F	25	Fly	18/06/2012	training times June 2012
35.84 S	F	40	Fly	26/09/2017	Training Times Aug - Sep 17
48.48 S	F	50	Fly	06/05/2017	Club Championships
1:02.04 S	F	60	Fly	17/01/2019	Training times - December 18 - Mar 19
1:22.66 S	F	80	Fly	08/03/2018	Grantown Club Champs
1:57.87 S	F	100	Fly	19/03/2015	Grantown Club Champs
4:10.00 S	F	200	Fly	17/01/2019	Training times - December 18 - Mar 19
1:26.85 S	F	80	IM	09/03/2016	Training Times
2:01.81 S	F	100	IM	28/06/2014	End June Training Times
4:25.04 S	F	200	IM	28/06/2014	End June Training Times
Robyn Eaves (13) F				NGRX	
12.34 S	F	20	Free	17/01/2019	Training times - December 18 - Mar 19
35.72 S	F	50	Free	11/05/2018	Nairn Grantown Friendly 2018
46.58 S	F	60	Free	17/01/2019	Training times - December 18 - Mar 19
1:06.23 S	F	80	Free	08/03/2018	Grantown Club Champs
1:24.38 S	F	100	Free	21/03/2019	Grantown Club Gala Age groups
3:19.00 S	F	200	Free	17/01/2019	Training times - December 18 - Mar 19
7:18.10 S	F	400	Free	20/09/2018	Training Times September 2018
7:18.10 S	F	400	Free	17/01/2019	Training times - December 18 - Mar 19
20:59.69 S	F	800	Free	01/10/2015	October Training Times 2015

Individual Top Times

Time	P/F/S	Event			
Robyn Eaves (13) F			NGRX		
20:59.69 S	F	800 Free	01/12/2015	December Training Times 2015	
44:58.00 S	F	1500 Free	01/05/2015	May 2015 Training Times	
15.76 S	F	20 Back	04/10/2018	Timing Session - October 2018	
43.29 S	F	40 Back	26/09/2017	Training Times Aug - Sep 17	
48.03 S	F	50 Back	06/05/2017	Club Championships	
1:02.78 S	F	60 Back	19/03/2015	Grantown Club Champs	
1:17.14 S	F	80 Back	08/03/2018	Grantown Club Champs	
1:36.81 S	F	100 Back	21/03/2019	Grantown Club Gala Age groups	
4:03.00 S	F	200 Back	26/09/2017	Training Times Aug - Sep 17	
17.31 S	F	20 Breast	17/01/2019	Training times - December 18 - Mar 19	
44.78 S	F	40 Breast	26/09/2017	Training Times Aug - Sep 17	
53.29 S	F	50 Breast	06/05/2017	Club Championships	
1:03.00 S	F	60 Breast	17/01/2019	Training times - December 18 - Mar 19	
1:27.61 S	F	80 Breast	08/03/2018	Grantown Club Champs	
1:46.13 S	F	100 Breast	21/03/2019	Grantown Club Gala Age groups	
4:45.00 S	F	200 Breast	20/05/2016	Training Times	
15.41 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19	
24.00 S	F	25 Fly	19/05/2017	Training times May 17 to June 17	
43.44 S	F	40 Fly	19/02/2016	Grantown Club Champs	
47.83 S	F	50 Fly	12/11/2016	Buckie ASC Mini Meet 2016	
59.62 S	F	60 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:26.13 S	F	80 Fly	08/03/2018	Grantown Club Champs	
1:40.44 S	F	100 Fly	21/03/2019	Grantown Club Gala Age groups	
4:01.00 S	F	200 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:13.90 S	F	80 IM	04/10/2018	Timing Session - October 2018	
2:13.94 S	F	100 IM	27/09/2015	September 2015	
2:48.00 S	F	160 IM	20/09/2018	Training Times September 2018	
5:27.07 S	F	200 IM	01/12/2014	December Training Times	
7:50.00 S	F	400 IM	17/01/2019	Training times - December 18 - Mar 19	
Klaudia GANDERSKA (11) F			NGRX		
17.79 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
40.07 S	F	40 Free	17/01/2019	Training times - December 18 - Mar 19	
1:19.00 S	F	60 Free	17/01/2019	Training times - December 18 - Mar 19	
2:02.00 S	F	80 Free	15/02/2018	Tranning Times Feb 2018	
1:59.64 S	F	100 Free	21/03/2019	Grantown Club Gala Age groups	
5:10.00 S	F	200 Free	17/01/2019	Training times - December 18 - Mar 19	
21.25 S	F	20 Back	17/01/2019	Training times - December 18 - Mar 19	
48.05 S	F	40 Back	17/01/2019	Training times - December 18 - Mar 19	
2:19.00 S	F	100 Back	17/01/2019	Training times - December 18 - Mar 19	
23.80 S	F	20 Breast	17/01/2019	Training times - December 18 - Mar 19	
54.45 S	F	40 Breast	17/01/2019	Training times - December 18 - Mar 19	
20.17 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19	
55.88 S	F	40 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:48.27 S	F	80 IM	04/10/2018	Timing Session - October 2018	
Alice Kemsley (14) F			NGRX		
12.06 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
1:00.00 S	F	40 Free	20/09/2018	Training Times September 2018	
37.19 S	F	50 Free	11/05/2018	Nairn Grantown Friendly 2018	
44.82 S	F	60 Free	17/01/2019	Training times - December 18 - Mar 19	
1:05.66 S	F	80 Free	08/03/2018	Grantown Club Champs	
1:18.98 S	F	100 Free	21/03/2019	Grantown Club Gala Age groups	
2:59.00 S	F	200 Free	17/01/2019	Training times - December 18 - Mar 19	
6:21.87 S	F	400 Free	04/10/2018	Timing Session - October 2018	
13:44.55 S	F	800 Free	03/06/2018	Training times - Apr-June 2018	
27:29.84 S	F	1500 Free	17/01/2019	Training times - December 18 - Mar 19	
17.16 S	F	20 Back	04/10/2018	Timing Session - October 2018	
55.00 S	F	60 Back	17/01/2019	Training times - December 18 - Mar 19	

Individual Top Times

Time	P/F/S	Event				
Alice Kemsley (14) F						NGRX
1:22.40 S	F	80	Back	08/03/2018	Grantown Club Champs	
1:33.06 S	F	100	Back	21/03/2019	Grantown Club Gala Age groups	
15.35 S	F	20	Breast	17/01/2019	Training times - December 18 - Mar 19	
47.61 S	F	50	Breast	20/10/2018	Alloa Graded Meet 2018	
58.00 S	F	60	Breast	17/01/2019	Training times - December 18 - Mar 19	
1:27.56 S	F	80	Breast	15/02/2018	Tranning Times Feb 2018	
1:39.85 S	F	100	Breast	21/03/2019	Grantown Club Gala Age groups	
3:52.34 S	F	200	Breast	20/09/2018	Training Times September 2018	
15.18 S	F	20	Fly	17/01/2019	Training times - December 18 - Mar 19	
50.09 S	F	50	Fly	20/09/2018	Training Times September 2018	
53.03 S	F	60	Fly	17/01/2019	Training times - December 18 - Mar 19	
1:32.94 S	F	80	Fly	08/03/2018	Grantown Club Champs	
1:34.88 S	F	100	Fly	21/03/2019	Grantown Club Gala Age groups	
3:40.00 S	F	200	Fly	17/01/2019	Training times - December 18 - Mar 19	
1:16.50 S	F	80	IM	04/10/2018	Timing Session - October 2018	
1:37.75 S	F	100	IM	20/10/2018	Alloa Graded Meet 2018	
2:49.66 S	F	160	IM	20/09/2018	Training Times September 2018	
3:29.00 S	F	200	IM	20/09/2018	Training Times September 2018	
7:37.00 S	F	400	IM	17/01/2019	Training times - December 18 - Mar 19	
Archie Laing (11) M						NGRX
14.46 S	F	20	Free	17/01/2019	Training times - December 18 - Mar 19	
34.30 S	F	40	Free	17/01/2019	Training times - December 18 - Mar 19	
53.76 S	F	50	Free	06/05/2017	Club Championships	
1:40.00 S	F	100	Free	17/01/2019	Training times - December 18 - Mar 19	
3:56.00 S	F	200	Free	17/01/2019	Training times - December 18 - Mar 19	
8:16.00 S	F	400	Free	17/01/2019	Training times - December 18 - Mar 19	
18.32 S	F	20	Back	17/01/2019	Training times - December 18 - Mar 19	
45.00 S	F	40	Back	17/01/2019	Training times - December 18 - Mar 19	
1:59.20 S	F	100	Back	21/03/2019	Grantown Club Gala Age groups	
5:17.00 S	F	200	Back	17/01/2019	Training times - December 18 - Mar 19	
20.41 S	F	20	Breast	17/01/2019	Training times - December 18 - Mar 19	
47.22 S	F	40	Breast	08/03/2018	Grantown Club Champs	
1:08.70 S	F	50	Breast	06/05/2017	Club Championships	
2:05.13 S	F	100	Breast	21/03/2019	Grantown Club Gala Age groups	
4:32.29 S	F	200	Breast	04/10/2018	Timing Session - October 2018	
18.57 S	F	20	Fly	17/01/2019	Training times - December 18 - Mar 19	
47.75 S	F	40	Fly	08/03/2018	Grantown Club Champs	
1:28.90 S	F	80	IM	04/10/2018	Timing Session - October 2018	
3:26.00 S	F	160	IM	17/01/2019	Training times - December 18 - Mar 19	
Ewan MacKintosh (16) M						NGRX
28.35 S	F	25	Free	12/06/2010	Elgin Mini Meet 2010	
24.37 S	F	40	Free	17/01/2019	Training times - December 18 - Mar 19	
40.83 S	F	50	Free	13/11/2013	Scottish Schools Highland Heats	
1:12.03 S	F	60	Free	12/09/2011	Training Times 80IM & 60&400m free	
1:08.59 S	F	80	Free	15/02/2018	Tranning Times Feb 2018	
25:06.16 S	F	1500	Free	17/01/2019	Training times - December 18 - Mar 19	
27.77 S	F	25	Back	03/10/2010	Forres Bluefins Mini Meet	
34.14 S	F	40	Back	17/01/2019	Training times - December 18 - Mar 19	
44.58 S	F	50	Back	13/11/2013	Scottish Schools Highland Heats	
1:09.28 S	F	60	Back	29/09/2011	Grantown Sprint Challenge	
1:05.14 S	F	80	Back	15/02/2018	Tranning Times Feb 2018	
33.98 S	F	25	Breast	12/06/2010	Elgin Mini Meet 2010	
34.80 S	F	40	Breast	17/01/2019	Training times - December 18 - Mar 19	
1:08.47 S	F	50	Breast	29/09/2011	1,500 & 50 timings	
1:24.62 S	F	60	Breast	29/09/2011	Grantown Sprint Challenge	
1:27.11 S	F	80	Breast	15/02/2018	Tranning Times Feb 2018	
2:31.75 S	F	100	Breast	22/09/2011	Grantown Training Times 100 br	

Individual Top Times

Time	P/F/S	Event			
Ewan MacKintosh (16) M			NGRX		
32.78 S	F	25 Fly	03/04/2011	Tain Swimfest	
30.71 S	F	40 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:25.94 S	F	50 Fly	29/09/2011	1,500 & 50 timings	
1:44.41 S	F	60 Fly	29/09/2011	Grantown Sprint Challenge	
1:30.41 S	F	80 Fly	15/02/2018	Tranning Times Feb 2018	
Danielle McMaster (14) F			NGRX		
10.20 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
24.74 S	F	40 Free	17/01/2019	Training times - December 18 - Mar 19	
29.16 S	T	50 Free	15/12/2018	HST Open Meet	
31.49 L	F	50 Free	27/05/2017	North District Long Course Time Trials 2017	
41.06 S	F	60 Free	17/01/2019	Training times - December 18 - Mar 19	
54.50 S	F	80 Free	08/03/2018	Grantown Club Champs	
1:05.89 S	F	100 Free	21/03/2019	Grantown Club Gala Age groups	
2:30.33 S	F	200 Free	24/06/2017	ND Development Meet 2017	
5:26.92 S	F	400 Free	20/10/2018	Alloa Graded Meet 2018	
17:08.47 S	F	800 Free	01/12/2015	December Training Times 2015	
17:08.47 S	F	800 Free	01/10/2015	October Training Times 2015	
26:26.07 S	F	1500 Free	17/01/2019	Training times - December 18 - Mar 19	
12.91 S	F	20 Back	04/10/2018	Timing Session - October 2018	
28.95 S	F	40 Back	17/01/2019	Training times - December 18 - Mar 19	
34.68 S	T	50 Back	15/12/2018	HST Open Meet	
38.13 L	F	50 Back	27/05/2017	North District Long Course Time Trials 2017	
45.00 S	F	60 Back	17/01/2019	Training times - December 18 - Mar 19	
1:02.63 S	F	80 Back	08/03/2018	Grantown Club Champs	
1:15.81 S	F	100 Back	16/02/2019	Elgin ASC Spring Meet 2019 L2/ND/031/FEB19	
1:21.16 L	F	100 Back	27/05/2017	North District Long Course Time Trials 2017	
2:45.76 S	F	200 Back	25/11/2017	ND Age Group Meet 2017	
13.41 S	F	20 Breast	17/01/2019	Training times - December 18 - Mar 19	
33.56 S	F	40 Breast	17/01/2019	Training times - December 18 - Mar 19	
42.16 S	F	50 Breast	06/05/2017	Club Championships	
52.00 S	F	60 Breast	17/01/2019	Training times - December 18 - Mar 19	
1:12.10 S	F	80 Breast	08/03/2018	Grantown Club Champs	
1:30.20 S	F	100 Breast	21/03/2019	Grantown Club Gala Age groups	
3:27.46 S	F	200 Breast	11/02/2017	Elgin Spring Meet 2017	
11.04 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19	
26.07 S	F	40 Fly	26/09/2017	Training Times Aug - Sep 17	
31.81 S	F	50 Fly	16/02/2019	Elgin ASC Spring Meet 2019 L2/ND/031/FEB19	
32.25 L	F	50 Fly	04/02/2017	North District Age Group Championships Feb 17	
45.18 S	F	60 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:01.16 S	F	80 Fly	08/03/2018	Grantown Club Champs	
1:14.06 S	F	100 Fly	16/02/2019	Elgin ASC Spring Meet 2019 L2/ND/031/FEB19	
1:16.48 L	F	100 Fly	04/02/2017	North District Age Group Championships 2017	
2:51.54 S	F	200 Fly	24/06/2017	ND Development Meet 2017	
1:01.79 S	F	80 IM	04/10/2018	Timing Session - October 2018	
1:19.14 S	T	100 IM	21/01/2017	HST Timing Session	
2:21.10 S	F	160 IM	26/09/2017	Training Times Aug - Sep 17	
2:48.49 S	F	200 IM	20/10/2018	Alloa Graded Meet 2018	
6:23.00 S	F	400 IM	17/01/2019	Training times - December 18 - Mar 19	
Lucy-Ella McMaster (12) F			NGRX		
10.85 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
26.13 S	F	40 Free	15/02/2018	Tranning Times Feb 2018	
30.27 S	P	50 Free	16/02/2019	Elgin ASC Spring Meet 2019 L2/ND/031/FEB19	
35.75 L S	P	50 Free	04/02/2017	North District Age Group Championships 2017	
39.48 S	F	60 Free	17/01/2019	Training times - December 18 - Mar 19	
56.23 S	F	80 Free	08/03/2018	Grantown Club Champs	
1:07.98 S	F	100 Free	16/02/2019	Elgin ASC Spring Meet 2019 L2/ND/031/FEB19	
2:31.62 S	F	200 Free	16/02/2019	Elgin ASC Spring Meet 2019 L2/ND/031/FEB19	

Individual Top Times

Time	P/F/S	Event			
Lucy-Ella McMaster (12) F			NGRX		
x5:42.80 S	F	400 Free	20/10/2018	Alloa Graded Meet 2018	
17:15.80 S	F	800 Free	09/03/2016	Training Times	
12.95 S	F	20 Back	04/10/2018	Timing Session - October 2018	
29.38 S	F	40 Back	17/01/2019	Training times - December 18 - Mar 19	
38.78 S	F	50 Back	11/05/2018	Nairn Grantown Friendly 2018	
50.00 S	F	60 Back	17/01/2019	Training times - December 18 - Mar 19	
1:04.51 S	F	80 Back	08/03/2018	Grantown Club Champs	
1:19.79 S	F	100 Back	21/03/2019	Grantown Club Gala Age groups	
3:13.00 S	F	200 Back	17/01/2019	Training times - December 18 - Mar 19	
14.35 S	F	20 Breast	26/09/2017	Training Times Aug - Sep 17	
34.07 S	F	40 Breast	17/01/2019	Training times - December 18 - Mar 19	
41.19 S	F	50 Breast	20/10/2018	Alloa Graded Meet 2018	
46.68 L S	P	50 Breast	04/02/2017	North District Age Group Championships Feb 17	
53.00 S	F	60 Breast	17/01/2019	Training times - December 18 - Mar 19	
1:11.06 S	F	80 Breast	08/03/2018	Grantown Club Champs	
1:30.15 S	F	100 Breast	21/03/2019	Grantown Club Gala Age groups	
3:31.23 S	F	200 Breast	24/06/2017	ND Development Meet 2017	
11.40 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19	
27.70 S	F	40 Fly	17/01/2019	Training times - December 18 - Mar 19	
32.77 S	F	50 Fly	16/02/2019	Elgin ASC Spring Meet 2019 L2/ND/031/FEB19	
38.98 L	P	50 Fly	04/02/2017	North District Age Group Championships Feb 17	
42.96 S	F	60 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:07.00 S	F	80 Fly	08/03/2018	Grantown Club Champs	
1:16.03 S	F	100 Fly	17/01/2019	Training times - December 18 - Mar 19	
3:18.00 S	F	200 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:02.57 S	F	80 IM	04/10/2018	Timing Session - October 2018	
1:26.64 S	F	100 IM	30/09/2017	Forres Mini Meet	
2:32.22 S	F	160 IM	26/09/2017	Training Times Aug - Sep 17	
6:40.00 S	F	400 IM	17/01/2019	Training times - December 18 - Mar 19	
Elizabeth Mills (18) F			NGRX		
12.84 S	F	20 Free	01/12/2015	December Training Times 2015	
22.20 S	F	25 Free	14/11/2009	Buckie ASC Mini Meet	
24.59 S	F	40 Free	20/11/2017	Trainning Times Nov 2017	
31.48 S	F	50 Free	24/10/2015	Alloa Graded Meet 2015	
31.96 L	P	50 Free	02/05/2015	North District Open Champs LC 2015	
43.17 S	F	60 Free	02/09/2014	September 2014 Training Times	
57.08 S	F	80 Free	15/02/2018	Tranning Times Feb 2018	
1:07.79 S	F	100 Free	21/03/2019	Grantown Club Gala Age groups	
2:33.83 S	F	200 Free	24/10/2015	Alloa Graded Meet 2015	
5:31.31 S	F	400 Free	24/10/2015	Alloa Graded Meet 2015	
11:42.39 S	F	800 Free	01/10/2015	October Training Times 2015	
23:30.00 S	F	1500 Free	22/05/2014	Updated training times 22/5/14	
14.91 S	F	20 Back	01/12/2015	December Training Times 2015	
27.08 S	F	25 Back	14/11/2009	Buckie ASC Mini Meet	
29.53 S	F	40 Back	20/11/2017	Trainning Times Nov 2017	
38.15 S	F	50 Back	17/06/2016	Grantown Friendly	
38.15 S	F	50 Back	08/05/2015	Grantown Friendly	
51.09 S	F	60 Back	22/02/2013	Updated times Feb 2013	
1:04.99 S	F	80 Back	15/02/2018	Tranning Times Feb 2018	
1:16.42 S	F	100 Back	21/03/2019	Grantown Club Gala Age groups	
2:52.81 S	F	200 Back	24/10/2015	Alloa Graded Meet 2015	
22.64 S	F	20 Breast	28/03/2018	Training Times March 2018	
38.31 S	F	25 Breast	14/11/2009	Buckie ASC Mini Meet	
40.00 S	F	40 Breast	25/02/2014	Updated Training Times Feb 2014	
49.37 S	F	50 Breast	22/02/2013	Updated times Feb 2013	
1:02.07 S	F	60 Breast	22/02/2013	Updated times Feb 2013	
1:39.23 S	F	100 Breast	19/02/2016	Grantown Club Champs	

Individual Top Times

Time	P/F/S	Event			
Elizabeth Mills (18) F					NGRX
3:31.66 S	F	200 Breast	01/12/2015	December Training Times 2015	
15.94 S	F	20 Fly	01/12/2015	December Training Times 2015	
31.22 S	F	25 Fly	18/04/2010	Tain Swimfest	
37.00 S	F	40 Fly	25/02/2014	Updated Training Times Feb 2014	
39.00 S	F	50 Fly	17/06/2016	Grantown Friendly	
54.18 S	F	60 Fly	02/09/2014	September 2014 Training Times	
1:10.23 S	F	80 Fly	15/02/2018	Tranning Times Feb 2018	
1:28.88 S	F	100 Fly	17/01/2019	Training times - December 18 - Mar 19	
3:22.97 S	F	200 Fly	01/12/2015	December Training Times 2015	
1:07.09 S	F	80 IM	02/02/2015	February 2015 Training Times	
1:22.55 S	F	100 IM	24/10/2015	Alloa Graded Meet 2015	
2:25.84 S	F	160 IM	01/07/2015	July Training Times 2015	
2:58.88 S	F	200 IM	24/10/2015	Alloa Graded Meet 2015	
6:20.30 S	F	400 IM	27/09/2015	September 2015	
Adam Moore (8) M					NGRX
22.23 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
34.00 S	F	25 Free	20/09/2018	Training Times September 2018	
51.47 S	F	40 Free	21/03/2019	Grantown Club Gala Age groups	
1:28.00 S	F	60 Free	17/01/2019	Training times - December 18 - Mar 19	
2:37.00 S	F	100 Free	17/01/2019	Training times - December 18 - Mar 19	
23.32 S	F	20 Back	04/10/2018	Timing Session - October 2018	
27.28 S	F	25 Back	10/11/2018	Buckie ASC Mini Meet 2018	
50.57 S	F	40 Back	21/03/2019	Grantown Club Gala Age groups	
1:40.00 S	F	60 Back	17/01/2019	Training times - December 18 - Mar 19	
2:58.00 S	F	100 Back	20/09/2018	Training Times September 2018	
1:17.93 S	F	40 Breast	21/03/2019	Grantown Club Gala Age groups	
2:29.72 S	F	60 Breast	17/01/2019	Training times - December 18 - Mar 19	
33.57 S	F	20 Fly	12/06/2018	Timings Session - June 2018	
32.25 S	F	25 Fly	10/11/2018	Buckie ASC Mini Meet 2018	
55.63 S	F	40 Fly	21/03/2019	Grantown Club Gala Age groups	
2:56.00 S	F	100 Fly	03/06/2018	Training times - Apr-June 2018	
2:04.00 S	F	80 IM	17/01/2019	Training times - December 18 - Mar 19	
Eleanor Moore (10) F					NGRX
14.00 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
18.87 S	F	25 Free	07/02/2018	Tranning Times Feb 2018	
35.35 S	F	40 Free	17/01/2019	Training times - December 18 - Mar 19	
43.63 S	T	50 Free	15/12/2018	HST Open Meet	
56.00 S	F	60 Free	17/01/2019	Training times - December 18 - Mar 19	
1:35.36 S	T	100 Free	15/12/2018	HST Open Meet	
3:44.34 S	F	200 Free	12/06/2018	Timings Session - June 2018	
7:31.00 S	F	400 Free	17/01/2019	Training times - December 18 - Mar 19	
17:17.00 S	F	800 Free	20/09/2018	Training Times September 2018	
35:34.00 S	F	1500 Free	17/01/2019	Training times - December 18 - Mar 19	
18.00 S	F	20 Back	17/01/2019	Training times - December 18 - Mar 19	
24.02 S	F	25 Back	11/11/2017	Buckie ASC Mini Meet 2017	
40.10 S	F	40 Back	08/03/2018	Grantown Club Champs	
52.06 S	F	50 Back	20/10/2018	Alloa Graded Meet 2018	
1:02.22 S	F	60 Back	21/03/2019	Grantown Club Gala Age groups	
1:50.99 S	T	100 Back	15/12/2018	HST Open Meet	
4:26.00 S	F	200 Back	17/01/2019	Training times - December 18 - Mar 19	
21.28 S	F	20 Breast	17/01/2019	Training times - December 18 - Mar 19	
29.29 S	F	25 Breast	30/09/2017	Forres Mini Meet	
47.57 S	F	40 Breast	08/03/2018	Grantown Club Champs	
1:00.22 S	F	50 Breast	11/05/2018	Nairn Grantown Friendly 2018	
1:10.50 S	F	60 Breast	21/03/2019	Grantown Club Gala Age groups	
2:17.00 S	F	100 Breast	17/01/2019	Training times - December 18 - Mar 19	
4:43.41 S	F	200 Breast	04/10/2018	Timing Session - October 2018	

Individual Top Times

Time	P/F/S	Event			
Eleanor Moore (10) F					NGRX
17.00 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19	
24.68 S	F	25 Fly	11/11/2017	Buckie ASC Mini Meet 2017	
45.66 S	F	40 Fly	08/03/2018	Grantown Club Champs	
52.24 S	F	50 Fly	20/10/2018	Alloa Graded Meet 2018	
1:04.79 S	F	60 Fly	21/03/2019	Grantown Club Gala Age groups	
5:24.02 S	F	160 Fly	07/02/2018	Training Times Feb 2018	
4:55.00 S	F	200 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:28.00 S	F	80 IM	17/01/2019	Training times - December 18 - Mar 19	
1:52.50 S	F	100 IM	20/10/2018	Alloa Graded Meet 2018	
3:20.00 S	F	160 IM	17/01/2019	Training times - December 18 - Mar 19	
13:15.17 S	F	400 IM	26/09/2017	Training Times Aug - Sep 17	
Andrew Murphie (13) M					NGRX
10.86 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
30.37 S	F	40 Free	07/12/2017	Training Times Dec 2017	
35.61 S	F	50 Free	11/11/2017	Buckie ASC Mini Meet 2017	
37.84 S	F	60 Free	17/01/2019	Training times - December 18 - Mar 19	
1:04.93 S	F	80 Free	08/03/2018	Grantown Club Champs	
1:10.78 S	F	100 Free	21/03/2019	Grantown Club Gala Age groups	
2:41.00 S	F	200 Free	17/01/2019	Training times - December 18 - Mar 19	
6:19.67 S	F	400 Free	04/10/2018	Timing Session - October 2018	
13:54.40 S	F	800 Free	20/09/2018	Training Times September 2018	
22:27.00 S	F	1500 Free	17/01/2019	Training times - December 18 - Mar 19	
14.73 S	F	20 Back	04/10/2018	Timing Session - October 2018	
35.35 S	F	40 Back	05/09/2017	Training Times August 2017 - October 2017	
44.56 S	F	50 Back	11/11/2017	Buckie ASC Mini Meet 2017	
52.00 S	F	60 Back	17/01/2019	Training times - December 18 - Mar 19	
1:13.33 S	F	80 Back	15/02/2018	Tranning Times Feb 2018	
1:26.00 S	F	100 Back	17/01/2019	Training times - December 18 - Mar 19	
3:18.00 S	F	200 Back	17/01/2019	Training times - December 18 - Mar 19	
14.98 S	F	20 Breast	17/01/2019	Training times - December 18 - Mar 19	
44.48 S	F	40 Breast	26/09/2017	Training Times Aug - Sep 17	
49.45 S	F	50 Breast	11/11/2017	Buckie ASC Mini Meet 2017	
51.00 S	F	60 Breast	17/01/2019	Training times - December 18 - Mar 19	
1:21.03 S	F	80 Breast	08/03/2018	Grantown Club Champs	
1:37.00 S	F	100 Breast	21/03/2019	Grantown Club Gala Age groups	
3:28.00 S	F	200 Breast	17/01/2019	Training times - December 18 - Mar 19	
11.84 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19	
30.00 S	F	40 Fly	17/01/2019	Training times - December 18 - Mar 19	
44.89 S	F	50 Fly	11/11/2017	Buckie ASC Mini Meet 2017	
48.70 S	F	60 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:22.08 S	F	80 Fly	08/03/2018	Grantown Club Champs	
1:26.54 S	F	100 Fly	21/03/2019	Grantown Club Gala Age groups	
2:22.00 S	F	200 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:05.80 S	F	80 IM	04/10/2018	Timing Session - October 2018	
2:50.53 S	F	160 IM	26/09/2017	Training Times Aug - Sep 17	
4:48.41 S	F	200 IM	01/12/2014	December Training Times	
6:45.00 S	F	400 IM	17/01/2019	Training times - December 18 - Mar 19	
Matthew Murphie (15) M					NGRX
11.21 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
26.48 S	F	40 Free	20/11/2017	Training Times Nov 2017	
32.40 S	F	50 Free	11/05/2018	Nairn Grantown Friendly 2018	
38.16 S	F	60 Free	17/01/2019	Training times - December 18 - Mar 19	
55.96 S	F	80 Free	08/03/2018	Grantown Club Champs	
1:05.83 S	F	100 Free	21/03/2019	Grantown Club Gala Age groups	
2:37.00 S	F	200 Free	17/01/2019	Training times - December 18 - Mar 19	
7:05.78 S	F	400 Free	26/09/2017	Training Times Aug - Sep 17	
12:56.00 S	F	800 Free	20/09/2018	Training Times September 2018	

Individual Top Times

Time	P/F/S	Event				
Matthew Murphie (15) M						NGRX
22:15.35 S	F	1500	Free	17/01/2019	Training times - December 18 - Mar 19	
14.00 S	F	20	Back	04/10/2018	Timing Session - October 2018	
35.15 S	F	40	Back	26/09/2017	Training Times Aug - Sep 17	
44.91 S	F	50	Back	06/05/2017	Club Championships	
44.00 S	F	60	Back	17/01/2019	Training times - December 18 - Mar 19	
1:05.43 S	F	80	Back	08/03/2018	Grantown Club Champs	
1:20.96 S	F	100	Back	21/03/2019	Grantown Club Gala Age groups	
3:17.71 S	F	200	Back	01/12/2015	December Training Times 2015	
15.29 S	F	20	Breast	17/01/2019	Training times - December 18 - Mar 19	
35.32 S	F	40	Breast	20/11/2017	Trainning Times Nov 2017	
46.15 S	F	50	Breast	11/05/2018	Nairn Grantown Friendly 2018	
51.00 S	F	60	Breast	17/01/2019	Training times - December 18 - Mar 19	
1:14.07 S	F	80	Breast	08/03/2018	Grantown Club Champs	
1:28.78 S	F	100	Breast	21/03/2019	Grantown Club Gala Age groups	
3:15.53 S	F	200	Breast	17/01/2019	Training times - December 18 - Mar 19	
11.74 S	F	20	Fly	12/06/2018	Timings Session - June 2018	
30.99 S	F	40	Fly	20/11/2017	Trainning Times Nov 2017	
45.62 S	F	50	Fly	06/05/2017	Club Championships	
43.33 S	F	60	Fly	17/01/2019	Training times - December 18 - Mar 19	
1:08.75 S	F	80	Fly	08/03/2018	Grantown Club Champs	
1:16.25 S	F	100	Fly	21/03/2019	Grantown Club Gala Age groups	
3:01.00 S	F	200	Fly	17/01/2019	Training times - December 18 - Mar 19	
1:02.54 S	F	80	IM	20/09/2018	Training Times September 2018	
2:31.78 S	F	160	IM	26/09/2017	Training Times Aug - Sep 17	
4:19.58 S	F	200	IM	01/12/2014	December Training Times	
6:34.00 S	F	400	IM	17/01/2019	Training times - December 18 - Mar 19	
Josie O'Kane (10) F						NGRX
56.79 S	F	40	Free	15/02/2018	Tranning Times Feb 2018	
58.50 S	F	50	Free	11/05/2018	Nairn Grantown Friendly 2018	
1:27.00 S	F	60	Free	17/01/2019	Training times - December 18 - Mar 19	
1:57.00 S	F	80	Free	15/02/2018	Tranning Times Feb 2018	
2:20.00 S	F	100	Free	03/06/2018	Training times - Apr-June 2018	
24.28 S	F	20	Back	20/09/2018	Training Times September 2018	
1:01.67 S	F	40	Back	15/02/2018	Tranning Times Feb 2018	
1:06.44 S	F	50	Back	11/05/2018	Nairn Grantown Friendly 2018	
1:29.00 S	F	60	Back	17/01/2019	Training times - December 18 - Mar 19	
1:09.00 S	F	40	Breast	17/01/2019	Training times - December 18 - Mar 19	
2:01.00 S	F	60	Breast	17/01/2019	Training times - December 18 - Mar 19	
28.20 S	F	20	Fly	12/06/2018	Timings Session - June 2018	
1:05.00 S	F	40	Fly	17/01/2019	Training times - December 18 - Mar 19	
1:46.00 S	F	60	Fly	17/01/2019	Training times - December 18 - Mar 19	
1:54.00 S	F	80	IM	17/01/2019	Training times - December 18 - Mar 19	
Ella Paul (8) F						NGRX
27.30 S	F	20	Free	17/01/2019	Training times - December 18 - Mar 19	
57.19 S	F	40	Free	21/03/2019	Grantown Club Gala Age groups	
1:48.79 S	F	60	Free	17/01/2019	Training times - December 18 - Mar 19	
3:03.00 S	F	100	Free	17/01/2019	Training times - December 18 - Mar 19	
31.70 S	F	20	Back	04/10/2018	Timing Session - October 2018	
54.78 S	F	40	Back	21/03/2019	Grantown Club Gala Age groups	
1:52.00 S	F	60	Back	17/01/2019	Training times - December 18 - Mar 19	
1:41.35 S	F	40	Breast	21/03/2019	Grantown Club Gala Age groups	
2:48.10 S	F	60	Breast	17/01/2019	Training times - December 18 - Mar 19	
1:04.71 S	F	40	Fly	21/03/2019	Grantown Club Gala Age groups	
2:20.00 S	F	80	IM	20/09/2018	Training Times September 2018	
Linnea Perch (11) F						NGRX
19.93 S	F	20	Free	17/01/2019	Training times - December 18 - Mar 19	
1:19.24 S	F	60	Free	21/03/2019	Grantown Club Gala Age groups	

Individual Top Times

Time	P/F/S	Event			
Linnea Perch (11) F					NGRX
2:28.00 S	F	100 Free	17/01/2019	Training times - December 18 - Mar 19	
23.08 S	F	20 Back	04/10/2018	Timing Session - October 2018	
1:24.90 S	F	60 Back	21/03/2019	Grantown Club Gala Age groups	
2:37.00 S	F	100 Breast	17/01/2019	Training times - December 18 - Mar 19	
25.13 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:52.00 S	F	40 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:47.00 S	F	60 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:50.00 S	F	80 IM	17/01/2019	Training times - December 18 - Mar 19	
Lauren Philip (16) F					NGRX
13.20 S	F	20 Free	26/09/2017	Training Times Aug - Sep 17	
19.17 S	F	25 Free	11/06/2011	Elgin Mini Meet 2011	
28.43 S	F	40 Free	26/09/2017	Training Times Aug - Sep 17	
34.61 S	F	50 Free	07/06/2014	2014 Elgin Mini Meet	
44.80 S	F	60 Free	01/12/2015	December Training Times 2015	
59.63 S	F	80 Free	08/03/2018	Grantown Club Champs	
1:15.59 S	F	100 Free	19/03/2015	Grantown Club Champs	
2:38.68 S	F	200 Free	20/06/2015	ND Development Meet 2015	
5:51.26 S	F	400 Free	01/12/2014	December Training Times	
12:00.57 S	F	800 Free	02/02/2015	February 2015 Training Times	
24:06.00 S	F	1500 Free	06/01/2015	January 2015 Training Times	
15.31 S	F	20 Back	26/09/2017	Training Times Aug - Sep 17	
22.53 S	F	25 Back	11/06/2011	Elgin Mini Meet 2011	
32.14 S	F	40 Back	26/09/2017	Training Times Aug - Sep 17	
40.75 S	F	50 Back	01/12/2015	December Training Times 2015	
50.62 S	F	60 Back	01/12/2015	December Training Times 2015	
1:03.95 S	F	80 Back	08/03/2018	Grantown Club Champs	
1:20.52 S	F	100 Back	19/02/2016	Grantown Club Champs	
2:33.00 S	F	200 Back	26/09/2017	Training Times Aug - Sep 17	
15.70 S	F	20 Breast	26/09/2017	Training Times Aug - Sep 17	
25.23 S	F	25 Breast	11/06/2011	Elgin Mini Meet 2011	
37.08 S	F	40 Breast	26/09/2017	Training Times Aug - Sep 17	
42.28 S	F	50 Breast	01/02/2015	HST New Year Meet	
42.43 L	P	50 Breast	07/03/2015	North District Age Group Championships	
57.13 S	F	60 Breast	01/12/2015	December Training Times 2015	
1:12.99 S	F	80 Breast	08/03/2018	Grantown Club Champs	
1:31.75 S	F	100 Breast	19/03/2015	Grantown Club Champs	
1:34.25 L S	P	100 Breast	07/03/2015	North District Age Group Championships	
3:16.34 S	F	200 Breast	01/02/2015	HST New Year Meet	
3:20.65 L	F	200 Breast	07/03/2015	North District Age Group Championships	
13.46 S	F	20 Fly	26/09/2017	Training Times Aug - Sep 17	
22.07 S	F	25 Fly	11/06/2011	Elgin Mini Meet 2011	
30.70 S	F	40 Fly	26/09/2017	Training Times Aug - Sep 17	
39.23 S	F	50 Fly	07/06/2014	2014 Elgin Mini Meet	
53.40 S	F	60 Fly	01/12/2015	December Training Times 2015	
1:05.26 S	F	80 Fly	08/03/2018	Grantown Club Champs	
1:20.70 S	F	100 Fly	21/03/2019	Grantown Club Gala Age groups	
1:23.67 L	P	100 Fly	07/03/2015	North District Age Group Championships	
3:01.32 S	F	200 Fly	20/06/2015	ND Development Meet 2015	
1:06.50 S	F	80 IM	26/09/2017	Training Times Aug - Sep 17	
1:22.27 S	F	100 IM	01/02/2015	HST New Year Meet	
2:25.86 S	F	160 IM	06/10/2014	October 2014 Training Times	
2:50.81 S	F	200 IM	20/06/2015	ND Development Meet 2015	
2:57.85 L	F	200 IM	07/03/2015	North District Age Group Championships	
6:06.12 S	F	400 IM	20/06/2015	ND Development Meet 2015	
Gregory Price (18) M					NGRX
12.30 S	F	20 Free	26/09/2017	Training Times Aug - Sep 17	
24.35 S	F	40 Free	26/09/2017	Training Times Aug - Sep 17	

Individual Top Times

Time	P/F/S	Event			
Gregory Price (18) M			NGRX		
33.99 S	F	50 Free	06/05/2017	Club Championships	
1:09.63 S	F	60 Free	26/09/2012	Training times Sep 2012	
55.81 S	F	80 Free	08/03/2018	Grantown Club Champs	
1:14.11 S	F	100 Free	03/06/2018	Training times - Apr-June 2018	
3:07.00 S	F	200 Free	19/09/2016	Training times Sept 16 - Mar 17	
6:39.07 S	F	400 Free	27/09/2015	September 2015	
15:12.93 S	F	800 Free	02/02/2015	February 2015 Training Times	
13.86 S	F	20 Back	26/09/2017	Training Times Aug - Sep 17	
30.01 S	F	40 Back	26/09/2017	Training Times Aug - Sep 17	
38.40 S	F	50 Back	06/05/2017	Club Championships	
1:10.69 S	F	60 Back	26/09/2012	Training times Sep 2012	
1:02.03 S	F	80 Back	08/03/2018	Grantown Club Champs	
1:27.07 S	F	100 Back	27/01/2016	Training Times	
3:23.32 S	F	200 Back	02/02/2015	February 2015 Training Times	
17.61 S	F	20 Breast	26/09/2017	Training Times Aug - Sep 17	
33.20 S	F	40 Breast	20/11/2017	Training Times Nov 2017	
42.97 S	F	50 Breast	06/05/2017	Club Championships	
1:12.82 S	F	80 Breast	08/03/2018	Grantown Club Champs	
1:37.37 S	F	100 Breast	27/01/2016	Training Times	
3:29.90 S	F	200 Breast	03/06/2018	Training times - Apr-June 2018	
14.06 S	F	20 Fly	26/09/2017	Training Times Aug - Sep 17	
27.88 S	F	40 Fly	26/09/2017	Training Times Aug - Sep 17	
37.19 S	F	50 Fly	06/05/2017	Club Championships	
1:01.81 S	F	80 Fly	08/03/2018	Grantown Club Champs	
1:43.44 S	F	100 Fly	27/01/2016	Training Times	
1:06.28 S	F	80 IM	02/02/2015	February 2015 Training Times	
2:15.22 S	F	100 IM	22/02/2013	Updated times Feb 2013	
2:21.94 S	F	160 IM	26/09/2017	Training Times Aug - Sep 17	
Catriona Ratcliffe (9) F			NGRX		
22.00 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
53.78 S	F	40 Free	17/01/2019	Training times - December 18 - Mar 19	
1:33.54 S	F	60 Free	21/03/2019	Grantown Club Gala Age groups	
22.09 S	F	20 Back	17/01/2019	Training times - December 18 - Mar 19	
53.41 S	F	40 Back	17/01/2019	Training times - December 18 - Mar 19	
1:30.12 S	F	60 Back	21/03/2019	Grantown Club Gala Age groups	
26.49 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:10.67 S	F	40 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:59.65 S	F	60 Fly	21/03/2019	Grantown Club Gala Age groups	
Jack Roberts (17) M			NGRX		
38.07 S	F	50 Free	13/11/2013	Scottish Schools Highland Heats	
1:04.94 S	F	60 Free	15/03/2012	Grantown Club Championships 2012	
1:03.27 S	F	80 Free	15/02/2018	Tranning Times Feb 2018	
1:56.90 S	F	100 Free	18/06/2012	training times June 2012	
4:14.75 S	F	200 Free	18/06/2012	training times June 2012	
9:25.46 S	F	400 Free	18/06/2012	training times June 2012	
18:38.00 S	F	800 Free	18/06/2012	training times June 2012	
23:07.54 S	F	1500 Free	17/01/2019	Training times - December 18 - Mar 19	
14.00 S	F	20 Back	20/09/2018	Training Times September 2018	
56.06 S	F	50 Back	20/03/2012	Training Times March 2012	
1:10.71 S	F	60 Back	15/03/2012	Grantown Club Championships 2012	
1:08.78 S	F	80 Back	15/02/2018	Tranning Times Feb 2018	
2:06.98 S	F	100 Back	18/06/2012	training times June 2012	
4:11.46 S	F	200 Back	18/06/2012	training times June 2012	
1:39.25 S	F	50 Breast	20/03/2012	Training Times March 2012	
1:46.37 S	F	60 Breast	09/02/2012	Training times updated	
1:27.19 S	F	80 Breast	15/02/2018	Tranning Times Feb 2018	
2:55.72 S	F	100 Breast	18/06/2012	training times June 2012	

Individual Top Times

Time	P/F/S	Event			
Jack Roberts (17) M					NGRX
5:52.75 S	F	200 Breast	18/06/2012	training times June 2012	
56.37 S	F	40 Fly	15/03/2012	Grantown Club Championships 2012	
1:10.12 S	F	80 Fly	15/02/2018	Tranning Times Feb 2018	
2:44.68 S	F	100 Fly	18/06/2012	training times June 2012	
1:31.00 S	F	80 IM	20/09/2018	Training Times September 2018	
Olivia Robinson (13) F					NGRX
14.07 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
53.30 S	F	60 Free	17/01/2019	Training times - December 18 - Mar 19	
1:33.75 S	F	100 Free	21/03/2019	Grantown Club Gala Age groups	
3:52.00 S	F	200 Free	17/01/2019	Training times - December 18 - Mar 19	
8:03.00 S	F	400 Free	17/01/2019	Training times - December 18 - Mar 19	
33:11.58 S	F	1500 Free	17/01/2019	Training times - December 18 - Mar 19	
16.98 S	F	20 Back	04/10/2018	Timing Session - October 2018	
1:12.00 S	F	60 Back	17/01/2019	Training times - December 18 - Mar 19	
18.50 S	F	20 Breast	17/01/2019	Training times - December 18 - Mar 19	
1:07.00 S	F	60 Breast	17/01/2019	Training times - December 18 - Mar 19	
17.09 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:10.79 S	F	60 Fly	17/01/2019	Training times - December 18 - Mar 19	
5:11.00 S	F	200 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:28.60 S	F	80 IM	04/10/2018	Timing Session - October 2018	
Annabelle Schulz (11) F					NGRX
13.96 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
28.94 S	F	25 Free	17/06/2016	Grantown Friendly	
32.48 S	F	40 Free	17/01/2019	Training times - December 18 - Mar 19	
38.20 S	T	50 Free	15/12/2018	HST Open Meet	
1:20.98 S	F	60 Free	19/02/2016	Grantown Club Champs	
1:26.39 S	F	100 Free	21/03/2019	Grantown Club Gala Age groups	
3:29.00 S	F	200 Free	17/01/2019	Training times - December 18 - Mar 19	
7:11.00 S	F	400 Free	17/01/2019	Training times - December 18 - Mar 19	
16:11.00 S	F	800 Free	20/09/2018	Training Times September 2018	
28:53.00 S	F	1500 Free	17/01/2019	Training times - December 18 - Mar 19	
18.35 S	F	20 Back	17/01/2019	Training times - December 18 - Mar 19	
28.75 S	F	25 Back	12/11/2016	Buckie ASC Mini Meet 2016	
39.27 S	F	40 Back	17/01/2019	Training times - December 18 - Mar 19	
49.46 S	T	50 Back	15/12/2018	HST Open Meet	
1:21.57 S	F	60 Back	19/02/2016	Grantown Club Champs	
1:45.46 S	F	100 Back	21/03/2019	Grantown Club Gala Age groups	
4:05.00 S	F	200 Back	17/01/2019	Training times - December 18 - Mar 19	
19.22 S	F	20 Breast	17/01/2019	Training times - December 18 - Mar 19	
38.00 S	F	25 Breast	19/09/2016	Training times Sept 16 - Mar 17	
43.66 S	F	40 Breast	17/01/2019	Training times - December 18 - Mar 19	
53.44 S	F	50 Breast	10/11/2018	Buckie ASC Mini Meet 2018	
1:45.00 S	F	60 Breast	17/01/2019	Training times - December 18 - Mar 19	
1:57.45 S	F	100 Breast	21/03/2019	Grantown Club Gala Age groups	
4:20.00 S	F	200 Breast	17/01/2019	Training times - December 18 - Mar 19	
16.99 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19	
32.00 S	F	25 Fly	19/09/2016	Training times Sept 16 - Mar 17	
41.71 S	F	40 Fly	17/01/2019	Training times - December 18 - Mar 19	
48.20 S	T	50 Fly	15/12/2018	HST Open Meet	
2:05.00 S	F	60 Fly	01/12/2015	December Training Times 2015	
1:50.45 S	F	100 Fly	21/03/2019	Grantown Club Gala Age groups	
5:22.24 S	F	200 Fly	07/02/2018	Tranning Times Feb 2018	
1:21.00 S	F	80 IM	17/01/2019	Training times - December 18 - Mar 19	
1:41.98 S	T	100 IM	15/12/2018	HST Open Meet	
3:07.00 S	F	160 IM	17/01/2019	Training times - December 18 - Mar 19	
6:22.90 S	F	400 IM	19/09/2016	Training times Sept 16 - Mar 17	
Gary Sinclair (9) M					NGRX

Individual Top Times

Time	P/F/S	Event			
Gary Sinclair (9) M				NGRX	
14.88 S	F	20	Free	17/01/2019	Training times - December 18 - Mar 19
37.00 S	F	40	Free	17/01/2019	Training times - December 18 - Mar 19
43.75 S	F	50	Free	10/11/2018	Buckie ASC Mini Meet 2018
53.62 S	F	60	Free	21/03/2019	Grantown Club Gala Age groups
1:40.13 S	F	100	Free	20/10/2018	Alloa Graded Meet 2018
3:48.00 S	F	200	Free	20/09/2018	Training Times September 2018
8:12.00 S	F	400	Free	17/01/2019	Training times - December 18 - Mar 19
18.00 S	F	20	Back	20/09/2018	Training Times September 2018
46.48 S	F	40	Back	08/03/2018	Grantown Club Champs
49.90 S	F	50	Back	10/11/2018	Buckie ASC Mini Meet 2018
1:01.12 S	F	60	Back	21/03/2019	Grantown Club Gala Age groups
2:08.00 S	F	100	Back	17/01/2019	Training times - December 18 - Mar 19
4:20.00 S	F	200	Back	17/01/2019	Training times - December 18 - Mar 19
20.50 S	F	20	Breast	17/01/2019	Training times - December 18 - Mar 19
48.00 S	F	40	Breast	17/01/2019	Training times - December 18 - Mar 19
53.92 S	F	50	Breast	10/11/2018	Buckie ASC Mini Meet 2018
1:03.39 S	F	60	Breast	21/03/2019	Grantown Club Gala Age groups
2:01.00 S	F	100	Breast	17/01/2019	Training times - December 18 - Mar 19
4:20.00 S	F	200	Breast	17/01/2019	Training times - December 18 - Mar 19
16.50 S	F	20	Fly	17/01/2019	Training times - December 18 - Mar 19
37.00 S	F	40	Fly	17/01/2019	Training times - December 18 - Mar 19
47.10 S	F	50	Fly	16/03/2019	Forres 2 day meet 2019
55.40 S	F	60	Fly	21/03/2019	Grantown Club Gala Age groups
1:23.43 S	F	80	IM	04/10/2018	Timing Session - October 2018
1:47.88 S	F	100	IM	20/10/2018	Alloa Graded Meet 2018
3:10.00 S	F	160	IM	17/01/2019	Training times - December 18 - Mar 19
Jayden Sinclair (11) F				NGRX	
14.84 S	F	20	Free	17/01/2019	Training times - December 18 - Mar 19
23.60 S	F	25	Free	17/06/2016	Grantown Friendly
34.65 S	F	40	Free	17/01/2019	Training times - December 18 - Mar 19
40.16 S	F	50	Free	11/05/2018	Nairn Grantown Friendly 2018
1:35.77 S	F	60	Free	19/02/2016	Grantown Club Champs
1:32.30 S	F	100	Free	16/03/2019	Forres 2 day meet 2019
3:22.70 S	F	200	Free	20/10/2018	Alloa Graded Meet 2018
8:08.00 S	F	400	Free	17/01/2019	Training times - December 18 - Mar 19
29:59.00 S	F	1500	Free	17/01/2019	Training times - December 18 - Mar 19
18.09 S	F	20	Back	04/10/2018	Timing Session - October 2018
27.00 S	F	25	Back	19/09/2016	Training times Sept 16 - Mar 17
38.43 S	F	40	Back	08/03/2018	Grantown Club Champs
53.43 S	F	50	Back	11/03/2017	Forres Bluefins two-day meet
1:17.32 S	F	60	Back	19/02/2016	Grantown Club Champs
1:49.00 S	F	100	Back	17/01/2019	Training times - December 18 - Mar 19
4:11.00 S	F	200	Back	17/01/2019	Training times - December 18 - Mar 19
17.66 S	F	20	Breast	28/03/2018	Training Times March 2018
36.00 S	F	25	Breast	19/09/2016	Training times Sept 16 - Mar 17
44.06 S	F	40	Breast	08/03/2018	Grantown Club Champs
56.68 S	F	50	Breast	11/11/2017	Buckie ASC Mini Meet 2017
1:11.00 S	F	60	Breast	20/09/2018	Training Times September 2018
1:54.88 S	F	100	Breast	21/03/2019	Grantown Club Gala Age groups
3:56.70 S	F	200	Breast	20/10/2018	Alloa Graded Meet 2018
16.00 S	F	20	Fly	17/01/2019	Training times - December 18 - Mar 19
33.00 S	F	25	Fly	19/09/2016	Training times Sept 16 - Mar 17
38.72 S	F	40	Fly	17/01/2019	Training times - December 18 - Mar 19
44.44 S	F	50	Fly	10/11/2018	Buckie ASC Mini Meet 2018
1:46.43 S	F	100	Fly	16/03/2019	Forres 2 day meet 2019
1:19.78 S	F	80	IM	04/10/2018	Timing Session - October 2018
1:39.56 S	F	100	IM	16/03/2019	Forres 2 day meet 2019

Individual Top Times

Time	P/F/S	Event			
Jayden Sinclair (11) F					NGRX
3:09.00 S	F	160 IM	17/01/2019	Training times - December 18 - Mar 19	
3:09.00 S	F	160 IM	20/09/2018	Training Times September 2018	
3:36.07 S	F	200 IM	20/10/2018	Alloa Graded Meet 2018	
10:55.89 S	F	400 IM	26/09/2017	Training Times Aug - Sep 17	
Duncan Sparham (11) M					NGRX
12.54 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
18.35 S	F	25 Free	07/02/2018	Training Times Feb 2018	
28.84 S	F	40 Free	17/01/2019	Training times - December 18 - Mar 19	
36.67 S	F	50 Free	10/11/2018	Buckie ASC Mini Meet 2018	
1:27.00 S	F	60 Free	27/01/2016	Training Times	
1:26.81 S	F	100 Free	21/03/2019	Grantown Club Gala Age groups	
3:15.00 S	F	200 Free	17/01/2019	Training times - December 18 - Mar 19	
6:19.00 S	F	400 Free	17/01/2019	Training times - December 18 - Mar 19	
16:14.00 S	F	800 Free	20/09/2018	Training Times September 2018	
27:42.00 S	F	1500 Free	17/01/2019	Training times - December 18 - Mar 19	
15.85 S	F	20 Back	17/01/2019	Training times - December 18 - Mar 19	
26.41 S	F	25 Back	17/06/2016	Grantown Friendly	
33.71 S	F	40 Back	08/03/2018	Grantown Club Champs	
43.70 S	F	50 Back	17/01/2019	Training times - December 18 - Mar 19	
1:17.00 S	F	60 Back	19/02/2016	Grantown Club Champs	
1:27.82 S	T	100 Back	15/12/2018	HST Open Meet	
3:46.00 S	F	200 Back	17/01/2019	Training times - December 18 - Mar 19	
19.29 S	F	20 Breast	17/01/2019	Training times - December 18 - Mar 19	
46.00 S	F	25 Breast	19/09/2016	Training times Sept 16 - Mar 17	
43.41 S	F	40 Breast	17/01/2019	Training times - December 18 - Mar 19	
1:18.59 S	F	50 Breast	19/09/2016	Training times Sept 16 - Mar 17	
2:08.00 S	F	60 Breast	01/12/2015	December Training Times 2015	
2:02.00 S	F	100 Breast	17/01/2019	Training times - December 18 - Mar 19	
4:45.00 S	F	200 Breast	17/01/2019	Training times - December 18 - Mar 19	
14.63 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19	
30.00 S	F	25 Fly	19/05/2017	Training times May 17 to June 17	
34.35 S	F	40 Fly	17/01/2019	Training times - December 18 - Mar 19	
59.29 S	F	50 Fly	11/11/2017	Buckie ASC Mini Meet 2017	
2:28.00 S	F	60 Fly	01/12/2015	December Training Times 2015	
4:57.00 S	F	200 Fly	17/01/2019	Training times - December 18 - Mar 19	
1:13.00 S	F	80 IM	17/01/2019	Training times - December 18 - Mar 19	
3:15.00 S	F	160 IM	20/09/2018	Training Times September 2018	
Anna Stirling (8) F					NGRX
18.98 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
28.60 S	F	25 Free	11/05/2018	Nairn Grantown Friendly 2018	
45.13 S	F	40 Free	21/03/2019	Grantown Club Gala Age groups	
1:15.00 S	F	60 Free	17/01/2019	Training times - December 18 - Mar 19	
1:57.22 S	F	80 Free	15/02/2018	Tranning Times Feb 2018	
2:42.09 S	F	100 Free	12/06/2018	Timings Session - June 2018	
5:09.00 S	F	200 Free	17/01/2019	Training times - December 18 - Mar 19	
22.38 S	F	20 Back	17/01/2019	Training times - December 18 - Mar 19	
30.56 S	F	25 Back	11/05/2018	Nairn Grantown Friendly 2018	
49.41 S	F	40 Back	17/01/2019	Training times - December 18 - Mar 19	
1:31.00 S	F	60 Back	17/01/2019	Training times - December 18 - Mar 19	
27.01 S	F	20 Breast	17/01/2019	Training times - December 18 - Mar 19	
59.79 S	F	40 Breast	21/03/2019	Grantown Club Gala Age groups	
24.26 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19	
56.45 S	F	40 Fly	21/03/2019	Grantown Club Gala Age groups	
1:59.80 S	F	80 IM	17/01/2019	Training times - December 18 - Mar 19	
Maya Stirling (8) F					NGRX
21.85 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
28.06 S	F	25 Free	11/05/2018	Nairn Grantown Friendly 2018	

Individual Top Times

Time	P/F/S	Event			
Maya Stirling (8) F				NGRX	
45.50 S	F	40	Free	21/03/2019	Grantown Club Gala Age groups
1:20.00 S	F	60	Free	17/01/2019	Training times - December 18 - Mar 19
2:30.00 S	F	80	Free	15/02/2018	Tranning Times Feb 2018
2:42.00 S	F	100	Free	17/01/2019	Training times - December 18 - Mar 19
9:06.00 S	F	400	Free	17/01/2019	Training times - December 18 - Mar 19
28.00 S	F	20	Back	20/09/2018	Training Times September 2018
49.16 S	F	40	Back	21/03/2019	Grantown Club Gala Age groups
1:24.00 S	F	60	Back	17/01/2019	Training times - December 18 - Mar 19
40.16 S	F	25	Breast	11/05/2018	Nairn Grantown Friendly 2018
2:04.60 S	F	60	Breast	17/01/2019	Training times - December 18 - Mar 19
32.00 S	F	20	Fly	03/06/2018	Training times - Apr-June 2018
2:05.00 S	F	80	IM	17/01/2019	Training times - December 18 - Mar 19
Sarah Szczypior (9) F				NGRX	
15.00 S	F	20	Free	17/01/2019	Training times - December 18 - Mar 19
23.40 S	F	25	Free	11/05/2018	Nairn Grantown Friendly 2018
36.82 S	F	40	Free	17/01/2019	Training times - December 18 - Mar 19
54.38 S	F	60	Free	21/03/2019	Grantown Club Gala Age groups
1:58.00 S	F	80	Free	15/02/2018	Tranning Times Feb 2018
1:44.00 S	F	100	Free	17/01/2019	Training times - December 18 - Mar 19
4:09.00 S	F	200	Free	17/01/2019	Training times - December 18 - Mar 19
8:59.00 S	F	400	Free	17/01/2019	Training times - December 18 - Mar 19
36:51.00 S	F	1500	Free	17/01/2019	Training times - December 18 - Mar 19
17.83 S	F	20	Back	17/01/2019	Training times - December 18 - Mar 19
38.57 S	F	40	Back	17/01/2019	Training times - December 18 - Mar 19
1:00.00 S	F	60	Back	21/03/2019	Grantown Club Gala Age groups
1:56.00 S	F	100	Back	17/01/2019	Training times - December 18 - Mar 19
4:27.00 S	F	200	Back	17/01/2019	Training times - December 18 - Mar 19
23.13 S	F	20	Breast	17/01/2019	Training times - December 18 - Mar 19
30.75 S	F	25	Breast	11/05/2018	Nairn Grantown Friendly 2018
47.54 S	F	40	Breast	17/01/2019	Training times - December 18 - Mar 19
57.00 S	F	80	Breast	15/02/2018	Tranning Times Feb 2018
2:13.00 S	F	100	Breast	17/01/2019	Training times - December 18 - Mar 19
4:55.00 S	F	200	Breast	17/01/2019	Training times - December 18 - Mar 19
18.75 S	F	20	Fly	17/01/2019	Training times - December 18 - Mar 19
42.26 S	F	40	Fly	17/01/2019	Training times - December 18 - Mar 19
1:01.21 S	F	60	Fly	21/03/2019	Grantown Club Gala Age groups
1:30.00 S	F	80	IM	17/01/2019	Training times - December 18 - Mar 19
3:36.00 S	F	160	IM	17/01/2019	Training times - December 18 - Mar 19
Freddie Talbot-Heigh (13) M				NGRX	
11.01 S	F	20	Free	16/08/2018	Summer Camp 2018
20.72 S	F	25	Free	07/06/2014	2014 Elgin Mini Meet
28.50 S	F	40	Free	20/11/2017	Trainning Times Nov 2017
30.05 S	T	50	Free	15/12/2018	HST Open Meet
34.75 L	P	50	Free	04/02/2017	North District Age Group Championships 2017
38.81 S	F	60	Free	17/01/2019	Training times - December 18 - Mar 19
1:01.40 S	F	80	Free	08/03/2018	Grantown Club Champs
1:07.52 S	T	100	Free	15/12/2018	HST Open Meet
2:33.96 S	F	200	Free	17/01/2019	Training times - December 18 - Mar 19
5:45.72 S	T	400	Free	15/12/2018	HST Open Meet
13:31.32 S	F	800	Free	03/06/2018	Training times - Apr-June 2018
22:08.27 S	F	1500	Free	17/01/2019	Training times - December 18 - Mar 19
12.63 S	F	20	Back	16/08/2018	Summer Camp 2018
24.09 S	F	25	Back	07/06/2014	2014 Elgin Mini Meet
30.50 S	F	40	Back	20/11/2017	Trainning Times Nov 2017
34.36 S	F	50	Back	16/02/2019	Elgin ASC Spring Meet 2019 L2/ND/031/FEB19
43.74 L S	P	50	Back	05/03/2016	North District Age Group Championships
44.00 S	F	60	Back	17/01/2019	Training times - December 18 - Mar 19

Individual Top Times

Time	P/F/S	Event				NGRX
Freddie Talbot-Heigh (13) M						
1:00.34 S	F	80	Back	08/03/2018	Grantown Club Champs	
1:16.90 S	F	100	Back	21/03/2019	Grantown Club Gala Age groups	
1:27.80 L	P	100	Back	04/02/2017	North District Age Group Championships 2017	
2:50.58 S	F	200	Back	20/10/2018	Alloa Graded Meet 2018	
14.59 S	F	20	Breast	16/08/2018	Summer Camp 2018	
28.15 S	F	25	Breast	07/06/2014	2014 Elgin Mini Meet	
38.22 S	F	40	Breast	20/11/2017	Trainning Times Nov 2017	
40.91 S	F	50	Breast	16/02/2019	Elgin ASC Spring Meet 2019 L2/ND/031/FEB19	
54.00 S	F	60	Breast	17/01/2019	Training times - December 18 - Mar 19	
1:18.19 S	F	80	Breast	08/03/2018	Grantown Club Champs	
1:32.19 S	T	100	Breast	15/12/2018	HST Open Meet	
3:24.66 S	F	200	Breast	04/10/2018	Timing Session - October 2018	
12.27 S	F	20	Fly	16/08/2018	Summer Camp 2018	
21.00 S	F	25	Fly	19/05/2017	Training times May 17 to June 17	
32.27 S	F	40	Fly	20/11/2017	Trainning Times Nov 2017	
35.28 S	F	50	Fly	20/10/2018	Alloa Graded Meet 2018	
43.92 S	F	60	Fly	17/01/2019	Training times - December 18 - Mar 19	
1:11.67 S	F	80	Fly	08/03/2018	Grantown Club Champs	
1:25.12 S	F	100	Fly	21/03/2019	Grantown Club Gala Age groups	
3:13.00 S	F	200	Fly	17/01/2019	Training times - December 18 - Mar 19	
1:01.78 S	F	80	IM	04/10/2018	Timing Session - October 2018	
1:16.48 S	F	100	IM	16/02/2019	Elgin ASC Spring Meet 2019 L2/ND/031/FEB19	
2:24.70 S	F	160	IM	20/09/2018	Training Times September 2018	
2:52.86 S	F	200	IM	20/10/2018	Alloa Graded Meet 2018	
6:20.00 S	F	400	IM	17/01/2019	Training times - December 18 - Mar 19	
Joshua Talbot-Heigh (14) M						NGRX
11.50 S	F	20	Free	26/09/2017	Training Times Aug - Sep 17	
20.88 S	F	25	Free	08/06/2013	2013 Elgin Mini Meet	
24.91 S	F	40	Free	20/11/2017	Trainning Times Nov 2017	
27.51 S	F	50	Free	16/02/2019	Elgin ASC Spring Meet 2019 L2/ND/031/FEB19	
37.29 S	F	60	Free	17/01/2019	Training times - December 18 - Mar 19	
54.40 S	F	80	Free	08/03/2018	Grantown Club Champs	
1:02.95 S	F	100	Free	21/03/2019	Grantown Club Gala Age groups	
1:15.39 L S	P	100	Free	05/03/2016	North District Age Group Championships	
2:18.54 S	F	200	Free	17/01/2019	Training times - December 18 - Mar 19	
5:38.77 S	F	400	Free	02/11/2016	Highland School Swimming Championships 2016	
10:35.87 S	T	800	Free	15/12/2018	HST Open Meet	
32:25.00 S	F	1500	Free	05/12/2013	Updating times Dec 13	
12.18 S	F	20	Back	20/09/2018	Training Times September 2018	
24.53 S	F	25	Back	08/06/2013	2013 Elgin Mini Meet	
30.00 S	F	40	Back	20/11/2017	Trainning Times Nov 2017	
30.00 S	F	40	Back	07/02/2018	Trainning Times Feb 2018	
31.37 S	F	50	Back	16/02/2019	Elgin ASC Spring Meet 2019 L2/ND/031/FEB19	
39.43 L S	P	50	Back	05/03/2016	North District Age Group Championships	
43.00 S	F	60	Back	17/01/2019	Training times - December 18 - Mar 19	
57.54 S	F	80	Back	08/03/2018	Grantown Club Champs	
1:09.60 S	T	100	Back	15/12/2018	HST Open Meet	
1:41.66 L	F	100	Back	17/05/2014	Hunting Trophy Meet 2014	
2:35.40 S	F	200	Back	20/10/2018	Alloa Graded Meet 2018	
3:10.29 L	F	200	Back	07/03/2015	North District Age Group Championships	
13.63 S	F	20	Breast	17/01/2019	Training times - December 18 - Mar 19	
27.39 S	F	25	Breast	08/06/2013	2013 Elgin Mini Meet	
32.00 S	F	40	Breast	07/02/2018	Trainning Times Feb 2018	
34.73 S	F	50	Breast	16/02/2019	Elgin ASC Spring Meet 2019 L2/ND/031/FEB19	
44.97 L	P	50	Breast	05/03/2016	North District Age Group Championships	
45.00 S	F	60	Breast	17/01/2019	Training times - December 18 - Mar 19	
1:05.15 S	F	80	Breast	08/03/2018	Grantown Club Champs	

Individual Top Times

Time	P/F/S	Event			
Joshua Talbot-Heigh (14) M				NGRX	
1:25.99 S	F	100	Breast	21/03/2019	Grantown Club Gala Age groups
2:09.89 L	F	100	Breast	17/05/2014	Hunting Trophy Meet 2014
2:52.04 S	F	200	Breast	16/02/2019	Elgin ASC Spring Meet 2019 L2/ND/031/FEB19
12.26 S	F	20	Fly	12/06/2018	Timings Session - June 2018
25.57 S	F	25	Fly	08/06/2013	2013 Elgin Mini Meet
28.00 S	F	40	Fly	17/01/2019	Training times - December 18 - Mar 19
33.07 S	T	50	Fly	15/12/2018	HST Open Meet
48.16 S	F	60	Fly	17/01/2019	Training times - December 18 - Mar 19
1:08.29 S	F	80	Fly	08/03/2018	Grantown Club Champs
1:16.31 S	T	100	Fly	15/12/2018	HST Open Meet
3:23.00 S	F	200	Fly	17/01/2019	Training times - December 18 - Mar 19
1:03.20 S	F	80	IM	03/06/2018	Training times - Apr-June 2018
1:10.02 S	F	100	IM	16/02/2019	Elgin ASC Spring Meet 2019 L2/ND/031/FEB19
2:21.00 S	F	160	IM	15/02/2018	Tranning Times Feb 2018
2:39.94 S	F	200	IM	17/01/2019	Training times - December 18 - Mar 19
6:42.87 S	F	400	IM	03/10/2015	ND Distance Meet
Rhona Taylor (17) F				NGRX	
12.37 S	F	20	Free	26/09/2017	Training Times Aug - Sep 17
22.76 S	F	25	Free	03/10/2010	Forres Bluefins Mini Meet
26.36 S	F	40	Free	26/09/2017	Training Times Aug - Sep 17
34.53 S	F	50	Free	17/06/2016	Grantown Friendly
48.22 S	F	60	Free	02/09/2014	September 2014 Training Times
1:14.55 S	F	100	Free	21/03/2019	Grantown Club Gala Age groups
2:39.00 S	F	200	Free	26/09/2017	Training Times Aug - Sep 17
6:10.66 S	F	400	Free	01/05/2015	May 2015 Training Times
12:52.98 S	F	800	Free	02/02/2015	February 2015 Training Times
25:14.00 S	F	1500	Free	22/05/2014	Updated training times 22/5/14
25:14.00 S	F	1500	Free	19/09/2016	Training times Sept 16 - Mar 17
14.80 S	F	20	Back	26/09/2017	Training Times Aug - Sep 17
29.25 S	F	25	Back	03/10/2010	Forres Bluefins Mini Meet
33.15 S	F	40	Back	26/09/2017	Training Times Aug - Sep 17
45.20 S	F	50	Back	05/12/2013	Updating times Dec 13
55.19 S	F	60	Back	05/12/2013	Updating times Dec 13
1:32.44 S	F	100	Back	19/03/2015	Grantown Club Champs
3:19.00 S	F	200	Back	26/09/2017	Training Times Aug - Sep 17
15.03 S	F	20	Breast	26/09/2017	Training Times Aug - Sep 17
35.41 S	F	25	Breast	03/10/2010	Forres Bluefins Mini Meet
34.05 S	F	40	Breast	26/09/2017	Training Times Aug - Sep 17
45.41 S	F	50	Breast	19/09/2016	Training times Sept 16 - Mar 17
1:05.86 S	F	60	Breast	19/09/2013	Updated times Sept 2013
1:32.49 S	F	100	Breast	17/01/2019	Training times - December 18 - Mar 19
3:25.54 S	F	200	Breast	17/01/2019	Training times - December 18 - Mar 19
13.55 S	F	20	Fly	26/09/2017	Training Times Aug - Sep 17
29.98 S	F	25	Fly	17/09/2011	Dive Practise Training Timed Swims
32.34 S	F	40	Fly	26/09/2017	Training Times Aug - Sep 17
41.38 S	F	50	Fly	17/06/2016	Grantown Friendly
59.32 S	F	60	Fly	01/03/2014	Updated Training Times March 2014
1:41.43 S	F	100	Fly	19/03/2015	Grantown Club Champs
3:42.32 S	F	200	Fly	01/07/2015	July Training Times 2015
1:07.59 S	F	80	IM	26/09/2017	Training Times Aug - Sep 17
1:35.12 S	F	100	IM	28/06/2014	End June Training Times
2:25.91 S	F	160	IM	26/09/2017	Training Times Aug - Sep 17
3:24.62 S	F	200	IM	28/06/2014	End June Training Times
6:53.54 S	F	400	IM	20/05/2016	Training Times
Emeline Thomson (11) F				NGRX	
14.49 S	F	20	Free	17/01/2019	Training times - December 18 - Mar 19
23.34 S	F	25	Free	12/11/2016	Buckie ASC Mini Meet 2016

Individual Top Times

Time	P/F/S	Event			
Emeline Thomson (11) F					NGRX
34.04 S	F	40 Free	17/01/2019	Training times - December 18 - Mar 19	
40.59 S	F	50 Free	11/05/2018	Nairn Grantown Friendly 2018	
1:29.47 S	F	60 Free	19/02/2016	Grantown Club Champs	
1:35.89 S	F	100 Free	16/03/2019	Forres 2 day meet 2019	
3:49.85 S	F	200 Free	12/06/2018	Timings Session - June 2018	
7:53.56 S	F	400 Free	04/10/2018	Timing Session - October 2018	
34:57.00 S	F	1500 Free	17/01/2019	Training times - December 18 - Mar 19	
17.00 S	F	20 Back	17/01/2019	Training times - December 18 - Mar 19	
35.00 S	F	25 Back	19/09/2016	Training times Sept 16 - Mar 17	
38.72 S	F	40 Back	08/03/2018	Grantown Club Champs	
46.83 S	F	50 Back	17/01/2019	Training times - December 18 - Mar 19	
1:02.00 S	F	60 Back	20/09/2018	Training Times September 2018	
1:02.00 S	F	60 Back	17/01/2019	Training times - December 18 - Mar 19	
1:50.00 S	F	100 Back	17/01/2019	Training times - December 18 - Mar 19	
3:38.43 S	F	200 Back	20/10/2018	Alloa Graded Meet 2018	
20.98 S	F	20 Breast	17/01/2019	Training times - December 18 - Mar 19	
39.00 S	F	25 Breast	19/09/2016	Training times Sept 16 - Mar 17	
49.03 S	F	40 Breast	17/01/2019	Training times - December 18 - Mar 19	
2:28.00 S	F	60 Breast	27/01/2016	Training Times	
2:16.00 S	F	100 Breast	17/01/2019	Training times - December 18 - Mar 19	
6:07.19 S	F	200 Breast	07/02/2018	Trainning Times Feb 2018	
15.77 S	F	20 Fly	17/01/2019	Training times - December 18 - Mar 19	
31.00 S	F	25 Fly	19/09/2016	Training times Sept 16 - Mar 17	
38.45 S	F	40 Fly	17/01/2019	Training times - December 18 - Mar 19	
50.47 S	F	50 Fly	11/05/2018	Nairn Grantown Friendly 2018	
1:52.73 S	F	100 Fly	16/03/2019	Forres 2 day meet 2019	
5:46.07 S	F	200 Fly	07/02/2018	Trainning Times Feb 2018	
1:24.00 S	F	80 IM	17/01/2019	Training times - December 18 - Mar 19	
1:46.25 S	F	100 IM	17/01/2019	Training times - December 18 - Mar 19	
1:48.00 S	F	160 IM	20/09/2018	Training Times September 2018	
Andrew Unda (7) M					NGRX
26.00 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
56.07 S	F	40 Free	21/03/2019	Grantown Club Gala Age groups	
1:43.00 S	F	60 Free	17/01/2019	Training times - December 18 - Mar 19	
1:05.16 S	F	40 Back	21/03/2019	Grantown Club Gala Age groups	
1:50.71 S	F	60 Back	17/01/2019	Training times - December 18 - Mar 19	
1:35.73 S	F	40 Breast	21/03/2019	Grantown Club Gala Age groups	
1:07.76 S	F	40 Fly	21/03/2019	Grantown Club Gala Age groups	
Ailsa Urquhart (9) F					NGRX
21.43 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
29.16 S	F	25 Free	11/05/2018	Nairn Grantown Friendly 2018	
57.40 S	F	40 Free	08/03/2018	Grantown Club Champs	
1:21.69 S	F	60 Free	21/03/2019	Grantown Club Gala Age groups	
2:40.26 S	F	100 Free	12/06/2018	Timings Session - June 2018	
21.60 S	F	20 Back	04/10/2018	Timing Session - October 2018	
53.07 S	F	40 Back	08/03/2018	Grantown Club Champs	
1:22.16 S	F	60 Back	21/03/2019	Grantown Club Gala Age groups	
1:30.00 S	F	40 Breast	15/02/2018	Tranning Times Feb 2018	
1:32.54 S	F	60 Breast	21/03/2019	Grantown Club Gala Age groups	
25.20 S	F	20 Fly	12/06/2018	Timings Session - June 2018	
34.16 S	F	25 Fly	11/05/2018	Nairn Grantown Friendly 2018	
1:04.48 S	F	40 Fly	08/03/2018	Grantown Club Champs	
1:36.33 S	F	60 Fly	21/03/2019	Grantown Club Gala Age groups	
1:55.24 S	F	80 IM	04/10/2018	Timing Session - October 2018	
Imogen Wallace (10) F					NGRX
15.05 S	F	20 Free	17/01/2019	Training times - December 18 - Mar 19	
26.39 S	F	25 Free	07/02/2018	Trainning Times Feb 2018	

Individual Top Times

Time	P/F/S	Event			
Imogen Wallace (10) F				NGRX	
35.35 S	F	40	Free	17/01/2019	Training times - December 18 - Mar 19
48.28 S	F	50	Free	11/05/2018	Nairn Grantown Friendly 2018
51.97 S	F	60	Free	21/03/2019	Grantown Club Gala Age groups
1:45.00 S	F	100	Free	17/01/2019	Training times - December 18 - Mar 19
3:29.00 S	F	200	Free	17/01/2019	Training times - December 18 - Mar 19
7:31.00 S	F	400	Free	17/01/2019	Training times - December 18 - Mar 19
18.05 S	F	20	Back	17/01/2019	Training times - December 18 - Mar 19
38.73 S	F	40	Back	17/01/2019	Training times - December 18 - Mar 19
57.66 S	F	50	Back	11/05/2018	Nairn Grantown Friendly 2018
57.64 S	F	60	Back	21/03/2019	Grantown Club Gala Age groups
1:59.00 S	F	100	Back	17/01/2019	Training times - December 18 - Mar 19
4:11.00 S	F	200	Back	17/01/2019	Training times - December 18 - Mar 19
22.23 S	F	20	Breast	17/01/2019	Training times - December 18 - Mar 19
49.03 S	F	40	Breast	17/01/2019	Training times - December 18 - Mar 19
1:13.35 S	F	60	Breast	21/03/2019	Grantown Club Gala Age groups
2:24.00 S	F	100	Breast	17/01/2019	Training times - December 18 - Mar 19
5:05.00 S	F	200	Breast	17/01/2019	Training times - December 18 - Mar 19
15.90 S	F	20	Fly	17/01/2019	Training times - December 18 - Mar 19
41.68 S	F	40	Fly	17/01/2019	Training times - December 18 - Mar 19
1:08.00 S	F	60	Fly	17/01/2019	Training times - December 18 - Mar 19
5:12.00 S	F	200	Fly	17/01/2019	Training times - December 18 - Mar 19
1:29.00 S	F	80	IM	17/01/2019	Training times - December 18 - Mar 19
3:26.00 S	F	160	IM	17/01/2019	Training times - December 18 - Mar 19
Orlagh Wallace (7) F				NGRX	
25.00 S	F	20	Free	17/01/2019	Training times - December 18 - Mar 19
1:02.00 S	F	40	Free	17/01/2019	Training times - December 18 - Mar 19
1:56.16 S	F	60	Free	17/01/2019	Training times - December 18 - Mar 19
47.00 S	F	40	Back	17/01/2019	Training times - December 18 - Mar 19
1:47.20 S	F	60	Back	17/01/2019	Training times - December 18 - Mar 19
1:31.25 S	F	40	Breast	21/03/2019	Grantown Club Gala Age groups