

# Chris Cartwright

<b>Age 43</b>	<b>Date of Birth</b>	12/08/1964
<b>Telephone</b>	Mobile	+ 976 99158130
	Office	+ 976 11379097
	UK Fax	0871 900 40 60
<b>Email</b>	<a href="mailto:chris@gowildernessmongolia.com">chris@gowildernessmongolia.com</a> <a href="mailto:nomadic_chris@hotmail.com">nomadic_chris@hotmail.com</a>	
<b>Website</b>	<a href="http://www.gowildernessmongolia.com">www.gowildernessmongolia.com</a>	



<b>Physical address</b>	Khan Uul District 5 <sup>th</sup> Khoroo Yarmag 19 – 473 Ulaan Baatar Mongolia	<b>Postal address</b>	PO Box 2440 Ulaan Baatar 13 Mongolia
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## Training and Development

Event Management, Course Directing and Tutoring on Personal, Team and Management Development events.

## Mountain Guiding and Coaching

Mountain Expeditions Worldwide, White Water Coaching and River Guiding, Sea Kayaking.

## Outdoor Adventure

Guidance and support in setting up and implementation of Staff Training and Development Programmes.  
AALA (UK) Technical Advice.

## Photography

Specialist in Adventure Travel Photography. Image Bank and Commissions.

## PROFESSIONAL AND NATIONAL GOVERNING BODY QUALIFICATIONS.

## Mechanical Engineering

HTEC and HNC in Mechanical Engineering Humberside College of Higher Education (1980/84)  
Time Served Plant Maintenance Technician, Norsk Hydro Fertilizers Ltd. 1980/84

## British Canoe Union

Coach Level 5 Inland Kayak (1992)  
Coach Level 4 Open Canoe (1988)  
Coach Level 4 Sea Kayak (1991)  
Assessor A4 (Assessor Trainer)  
Five Star Inland (1990)  
Ex Regional Coaching Officer

National Quality Assurance Team

Five Star Open Canoe (1996)  
Disabled Endorsement (DE)  
WW Safety and Rescue Course Director  
Contracted Course Provider  
Aquatic First Aid Course Provider  
English Coaching Management Committee

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## UK Mountain Training Board

Mountain Instructor Trainee (1992)  
Mountain Leader - Winter Trainee (1987)

Mountain Leader - Summer (1986)  
Single Pitch Award (1995)

## Other

PADI Advanced Open Water Diver  
NCA Local Cave /Mine Leader, Level 1 trainee (1996)  
RYA National Dinghy Sailing Certificate  
Full Mongolian and UK driving license

BOF Instructor Trained  
RYA Junior Windsurf Instructor (1991)  
GNAS Archery Sports Leader

## First Aid

Ieuan Jones Mountain First Aid (1985) (1988) (1991) (1993) (1996)  
Wilderness Medical Training - Far From Help (1997) (2004)  
BCU Aquatic First Aid (1998) and BCU Aquatic First Aid Trainer (2002)  
REC Emergency First Aid level 2 (2002) (2006)

Since leaving Engineering in 1984, I have gained considerable experience within Outdoor Education. This includes; Course directing and tutoring on a wide variety of courses for corporate, industrial, financial and commercial clients, with delegates ranging from school students / apprentices through graduate / post graduate to first line and middle/senior management. Since 1995 I have concentrated on International Mountain and River Guiding, Technical/Outdoor Consultancy and Adventure Travel Photography.

## Employment Record and Positions of Responsibility:-

### Instructor and Tutor

Cumbria Outdoor Pursuits, Fallbarrow Hall. 1984-86

### Head of Canoeing

Camp Windermere, Cumbria 1986-88

### Chief Instructor

Quest Travel Outdoor Adventure, Cumbria 1988-91

### Senior Trainer

Lindley Training – The Hollowford Centre, Derbyshire 1991-95

### Safety Officer

Lindley Training – The Hollowford Centre, Derbyshire 1992-95

## Self-Employed 1995 – continuing.

1995 - continuing (UK) Mountain River Adventure (Coaching, Training and Guiding)  
1995 - continuing (UK) Adventure Images (Specialist in Adventure Travel Photography)  
2006 - continuing (Mongolia) Go Wilderness Mongolia (Inbound Mongolia Expeditions and Corporate Events and Training)

## Technical Advisor

For 2 National and 2 other outdoor providers.

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I have extensive White Water Coaching and River Guiding experience, guiding and coaching in advanced situations regularly. Included in my experience are over 4000 kilometres of high quality Himalayan and Alpine white water, from 4 continents.

My interests are not solely with moving water;

I Mountain Guide and Expedition Lead in all the Worlds great Mountain and wilderness areas.

## SUMMARY OF EXPEDITION GUIDING EXPERIENCE

1985, 1986, 1987, 1989,	France, Austria, Germany and Italy:-
1990, 1992, 1996, 1997.	Alpine White Water Kayaking and Canoeing
1988	Nepal: Himalayan Trekking and climbing to 6000m
1989	Switzerland: Alpine Climbing (4 x 4000 m peaks)
1992	Nepal: Himalayan Trekking and White Water Kayaking
1993-94	India, Nepal and Thailand: WW Kayaking / Rafting and Mountain Trekking
1994-95	India, Nepal and Thailand: WW Kayaking / Rafting, Scuba Diving and Mountain Trekking
1995-96	New Zealand and Indonesia: WW / Sea Kayaking, Scuba Diving and Mountain Biking and Mountain Trekking
1996	Zimbabwe: World Challenge Expedition.
1997	Zimbabwe, Botswana and Zambia: Photographic, WW Kayaking / Rafting and Canoeing
1997	India Himalayan: World Challenge Expedition
1998	Morocco (Toubkal): First Challenge Expedition
1998	Peru: World Challenge Expedition
1999	India Himalayan: World Challenge Expedition
1998-2001	Personal Expedition; New Zealand, Australia, Indonesia, Thailand, Laos, Hong Kong, China, Tibet, Nepal and India. Mountain Trekking, Mountain Climbing, Interpretive Guiding, WW Kayaking, / Rafting, Sea Kayaking, Scuba Diving, voluntary work and photographic assignments
2001	Greece (Mt Olympus): First Challenge Expedition
2001	Ecuador: World Challenge Expedition
2002	Argentina: World Challenge Expedition
2003	Spain (Sierra Nevada): First Challenge Expedition. Canada (Rockies): World Challenge Expedition
2004	Morocco (Jebel M'Goun): First Challenge Expedition. Mongolia: World Challenge Expedition. Ladakh Expedition: Palanquin Adventure and Discovery. KE Adventure Travel The Ultimate Everest Trek x 2.
2005	Mongolia: World Challenge Expedition. Mongolia: World Challenge Expedition. Argentina; Technical Advisor World Challenge Expeditions. KE Adventure Travel; Pakistan,K2 & Concordia Trek, Tibet: Kangshung – The Unseen Face of Everest Trek, Nepal: The Ultimate Everest Trek. Tanzania: Kilimanjaro – Shira Route & The Western Breach Trek.
2006	Tanzania, Kilimanjaro Ascent: World Challenge Expedition. Tanzania Kilimanjaro Ascent: KE Adventure Travel. Nepal: Everest Base-camp Trek and India (Sikkim) Kanchenjunga and the Goeche La Trek.
2007	KE Adventure Travel; Beneath Kanchenjunga – the Singilalia Ridge Expedition (India Himalaya), King Edward VI Five Ways School Expedition. Go Wilderness Mongolia; Commberton Village College, Mongolia Expedition. KE Adventure Travel; Underneath Nanda Devi Trek (India Himalaya). KE Adventure Travel; Kanchenjunga from Nepal (Himalaya) Trek.
2008	Go Wilderness Mongolia- Trent College Mongolia Expedition, Go Wilderness Mongolia - Derbyshire Youth Exploration Group and Yorkshire Schools Exploring Society Mongolia Expedition. KE Adventure Travel. The Ultimate Everest Trek, The Annapurna Circuit and Trekking North of Dhaulagiri – The Tarap Valley, Hidden Dolpo. The Everest Base Camp Trek, The Laya Trek, Bhutan.

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June 2008