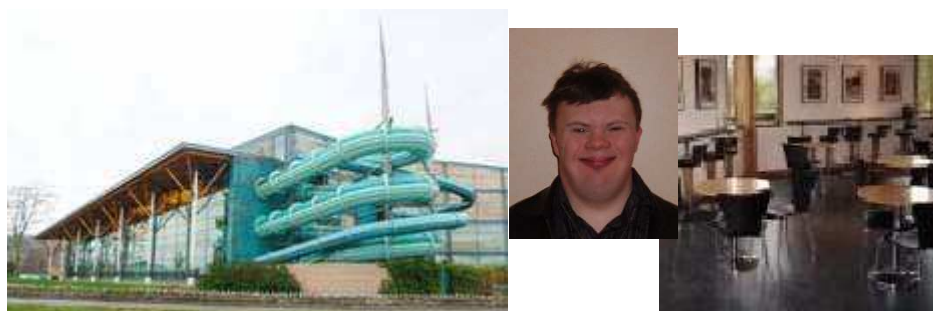


Christine said:

The New Year brought new placement for me. I started my work at the Inverness Museum Cafe. I am happy to meet new people. Of course I continue to work with Michael at the Aquadome Cafe once a week, which we enjoy. Here are our placement photos, hope you come and see us soon and we promise to make a lovely cup of coffee for you and serve it with a smile.

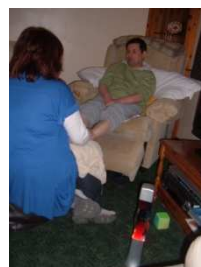
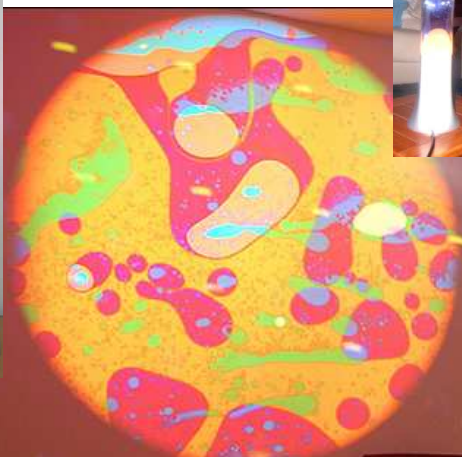


Jessie and Willie

We are the two most senior residents at Maple Ridge. In order to help us remain active and socialise we attend the Merkinch group at Kirk care twice a week. This is a new place for us but with our old friends and staff. There are a number of activities that we are encouraged to take part in such as gentle exercise, listening to music and looking at our, favourite photographs. We look forward to spending time here.



Willie and David



When the bad weather came, we had to change our Thursday activities group, so we cancelled our Puffin Pool day and staff organised a sensory session, which is in our comfortable lounge.

We use special projectors, lava lamps,

music. Staff give us a nice massage which helps us relax. We really enjoy a relaxing time.



All of the residents and staff at Maple Ridge hope you have enjoyed reading this current news letter and find it informative on the day to day activities we share at Maple Ridge.

A new news letter will be posted out to you every three months with the main events and what's happening at Maple Ridge. If you have some ideas yourselves, we would love to hear from you. Pop in and see us or come along to our meetings – Ian or Kath will tell you when the next one is.



All the best

See you soon ~ the Maple Ridge Residents

We would like you to meet our support team, most you'll know...



Ruth Foy Manager



*Ellen Coyne
Support Worker*



*Angela Macrae
Snr Support Worker
(maternity leave)*



*Violet Ross
Support Worker*



Shena Breau



Rose Edwards



Lorraine Obree

These three staff work full time as Support Workers & Senior Support Assistants and work between our High Dependency Unit and our Core/Semi-independent Units

Full time support assistants

Liz Gallie, Laura Robertson, Sheila Reid, Lee Noble.

Part time support assistants

Leeanne Curry, Caroline Sleet.

Night shift support assistants

Rosa Garcia and Nikki Boyd

General assistant

Timea Gunics



.....and not forgetting Bill – the handyman!!