



My personal profile

Your personal profile is designed to help you understand how your personality and values affect the way you work.
Pick one of the four areas below to share with your colleague in your next one-to-one.

A story about my values

Take a look at your values on your Saberr report. Pick one or two values and explain why you do or don't value it.
You can just note down some prompts to start the conversation e.g. "my best friend and the frozen peas"

Strengths and weaknesses

Based on the personality section of the Saberr report think about....

My superpower!

My biggest strength I have at work

My Achilles' heel

One thing that regularly holds me up at work

If someone wants help I'm good at...

I'd like to be better at...

My development

What I'd like to bring to my team

One of my personal goals is...

Think about how these relate to your values and personality results

Under stress

When I'm stressed I...

It really annoys me when...

Think about how these relate to your values and personality results