















OUVERT 7j/ 7 5h / MINUIT		MEGA FORM				Planning été tel / 04.90.74.34.42	
	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI		
9h	 pilates	 pilates	GYM souplesse	 pilates	 pilates		
10h	TBC	Bike	STRETCHING				
12h30	Bike Zumba ^{12h15}	POWER	Pilates Bike	SCULPT	Pilates Bike		
14h30							
17h45	TBC	Circuit minceur	POWER	TAF	AFC		
18h30		ZUMBA			STRETCHING		
19h30		CARDIO BOXING					

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12h30	
14h30	
17h45	
18h30	
19h30	






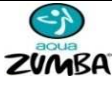

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