

# PSHE

Year 6

Celebrating Difference

WALT: I know my learning strengths and set challenging but realistic goals for myself and understand why it is important to stretch the boundaries of my current learning.

- ▶ Look at the strength cards on the next slide, which of these would you class as a strength. You can have more than one. How does your strength make you feel?

**Handwriting**

**Writing stories**

**Looking after a pet**

**Looking after a  
brother or sister**

**Dance**

**Reading**

**Maths**

**Football**

**Drawing**

**Cooking**

**Science**

**Listening to others**

**Computer games**

**Netball**

**Music**

**Being a good friend**

**Being helpful**

**Cycling**

**Running**

**Other**

# Realistic/Unrealistic

- ▶ Talk to your partner about a realistic goal/ dream you have for yourselves. Think about why it is important to have goals and to stretch yourselves to reach them. Why is it important to speak your dreams and goals out loud or to write them down?
- ▶ What is a realistic goal? Do you have a realistic or unrealistic goal?

My Goal

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My Goal

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- ▶ Complete these templates. Think of two goals for yourselves, one needs to be a school based goal, e.g. to speak confidently in assembly, to become better at spelling, to become a peer mediator, to get picked for the hockey team, etc. The other goal can be an aspiration for outside school, e.g. to gain my yellow belt in Karate, to play for the local football team, to gain a piano/music certificate, to have a pet dog.
- ▶ Next lesson we will be thinking about the steps you might take to reach your goal.