

Long Term PE Planning 2018/2019

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
EYFS and KEY STAGE 1						
Ash	Yoga	Dance	Gymnastics	Gymnastics	Multi-skills	Athletics
Real PE- Reception unit	RealPE (Social skills)	RealPE (Personal skills)	RealPE (Physical skills)	RealPE (Cognitive skills)	RealPE (Creative skills)	RealPE (Health and Fitness)
Alder	Yoga	Dance	Gymnastics	Gymnastics	Multi-skills	Athletics
Real PE- Year 1 unit	RealPE (Social skills)	RealPE (Personal skills)	RealPE (Physical skills)	RealPE (Cognitive skills)	RealPE (Creative skills)	RealPE (Health and Fitness)
Intra-House competitions				Gymnastics	Multi-skills	Sports Day
Beech/Birch	Handball Forest School	Dance	Gymnastics	Gymnastics	Multi-skills	Athletics
Real PE- Year 2 unit		RealPE (Personal skills)	RealPE (Physical skills)	RealPE (Cognitive skills)	RealPE (Creative skills)	RealPE (Health and Fitness)
Intra-House competitions	Handball			Gymnastics		Multi-Skills Sports Day

KEY STAGE 2

Chestnut/Cedar /Cherry	Swimming (yr4) Hockey (Yr 3/4)	Swimming (yr4) Dance (Yr 3/4)	Swimming (yr4) Gymnastics (Yr 3/4)	Swimming (yr4). Gymnastics (Yr 3/4)	Swimming (yr 4) Tennis/Badminton (Yr 3/4)	Swimming (yr4) Athletics
Real PE -Year 3 unit of work	Term 1 Social skills	Term 2 Personal skills	Term 3 Physical skills	Term 4 Cognitive skills	Term 5 Creative skills	Term 6 Health and Fitness
	FUNS station 1&8 Static balance - 1 leg standing & Coordination with equipment Personal Best self assessment	FUNS station 9&4 Coordination ball skills - Static balance - small base Personal Best self assessment	FUNS station 5&7 Dynamic balance & Counter balance in pairs Personal Best self assessment	FUNS station 11&2 agility ball chasing & static balance seated Personal Best self assessment	FUNS station 10&6 Coordination floor movement patterns & dynamic balance to agility Personal Best self assessment	FUNS station 12&3 Agility reaction & Static balance floor work Personal Best self assessment
Intra-House competitions	Hockey			Gymnastics	Tennis/Badminton	Sports Day
Holly/Hawthorn /Hazel	Badminton	Dance/Handball	Gymnastics	Gymnastics	Cricket	Athletics
Real PE- Year 5/6 unit of work	Term 1 Social skills	Term 2 Personal skills	Term 3 Physical	Term 4 Cognitive skills	Term 5 Creative skills	Term 6 Health and Fitness
	FUNS station 5&7 Dynamic balance & Counter balance in pairs	FUNS station 8&6 Coordination with equipment and agility: ball chasing. Personal Best self assessment	FUNS station 1 &6 static balance & dynamic balance to agility Personal Best self assessment	FUNS station 9 & 12 Coordination ball skills & agility reaction/respons es Personal Best	FUNS station 2&3 static balance seated & static balance floor work Personal Best self assessment	FUNS station 4& 10 Static balance small base & coordination: floor movement pattern. Personal Best self assessment

	FUNS station 1&8 Static balance - 1 leg standing & Coordination with equipment Personal Best self assessment			self assessment		
Intra-House competitions	Kabadi inter- house competition within classes.	Handball	Multi-Skills	Gymnastics	Cricket	Sports Day