Why study Sport BTEC Level 3?

This course in an alternative or can be taken as an additional subject to the traditional A Level PE course. The course is a combination of assignments, tasks and a written exam. The course provides a more vocational approach to learning about the various topics cover, however, recent changes mean that externally assessed units have increased the rigour of the course and it is highly regarded amongst universities and UCAS admission departments. The two year course must be completed in its entirety to achieve final accreditation (either Pass, Merit, Distinction or Distinction*.)

The course investigates the topics of anatomy and physiology, fitness training and programming, professional development in the sports industry, and an additional optional unit. The course provides all students with the opportunity to develop a range of skills to prepare them for the world of sport. Additional opportunities such as trips, visits and working with neighbouring primary schools will enable students to gain a wide range of experiences which will all add to any UCAS, job or training application.

The course also offers opportunities to be involved in trips and excursions that broaden the students’ experience and knowledge in preparation for higher education or employment.

What new skills will I learn?  

Students will develop a diverse range of skills throughout the two year course. The nature of the coursework based assessment allows learners to develop their organisational skills, leadership skills, communication skills, as well as the ability to research projects in details independently. The externally assessed unit also enables students to prepare for a traditional examination process.

Career routes with Sport …

This Level 3 course would be relevant to students who are wanting to pursue any career in the sport or leisure industry, this includes professions such as sports centre management, fitness instructor, sports coaching, teacher training and physiotherapy. Students often progress to university.

Excellent facilities, outstanding results and experienced teaching staff ensure this course is a winner!
Course Outline ...

Students will study four units:

• Anatomy and physiology – which investigates the structure and function of the body systems and the relationship to real sporting examples. The energy systems will also be covered and the way in which different athletes respond and train in unique ways. This will prepare students for progression to a university course that includes a sports science element.

• Fitness training and programming – students will have the opportunity to develop and deliver fitness programmes for their selected target audience. This includes investigating a variety of training methods.

• Professional development in the sports industry – this unit explores the way the sports industry is organised and how this impacts on grass roots and elite level sport.

• Optional unit.—Leadership

Students will have the opportunity to deliver and be involved in real life leadership opportunities that will prepare them for progress in the world of sport. This is a unique opportunity on this particular course and students will also have the option of gaining a second qualification through the HSLA programme.

Lead Teacher: Mr Ragan

Exam Board: Edexcel

Sixth Form Entry Requirements:
To study Level 3 (academic A Level) courses students must have a minimum of at least five GCSEs at grade 9-4 (or equivalent) including Maths and English

Assessment:
Assessment is a combination of examinations, external tasks, externally moderated and internally assessed units.

Additional requirements:
A recognised qualification in PE, such as GCSE PE or BTEC PE.