

	BTEC Sport: Preparation & research summer 2020
Unit	Unit 4: Sports Leadership
Learning aim	A: Understand the roles, qualities and characteristics of an effective sports leader
Task title	The skills and qualities of a good leader
	The research task will help you prepare for the Unit 4 coursework – to complete an essay on leadership skills qualities and characteristics
Task	<p>Select 2 sports leaders</p> <ol style="list-style-type: none"> 1. Give a detailed job description (half page for each) 2. Describe and explain each with clear examples, 5 of their main skills, qualities and or characteristics. (selected from lists below) 3. Evaluate the impact of the qualities on their performance (How do these qualities help the leader do their job?)
Instructions	<p>You can choose your 2 sports leaders from the following list of roles;</p> <ul style="list-style-type: none"> • Coach, teacher, manager and official • You must discuss any 5 of the following specific skills, qualities, characteristics associated with your selected 2 roles. • Skills could include: Rapport building, confidence, vocal, good communication, authoritative, provide good feedback, motivator, goal setter, collaborator, uses strategies and tactics well, engaging, fearless, forgiving, patient, organised, good listener, good demonstrator. • Qualities could include: Knowledge of sports skills, knowledge of rules and laws, understanding the mental needs of participants, understanding the physical needs of participants, good communication, high confidence, positive, empathy. • Key characteristics could include: Committed, patient, driven, goal orientated, empowering, objective, persistent, forgiving, attentive, approachable, consistent, firm, and fair.
Checklist of evidence required	<p>An essay discussing, explaining analysing and evaluating the skills, qualities and characteristics of 2 selected leaders. The essay includes three sections</p> <p>Job descriptors discussing the differences between 2 specific leaders</p> <p>A clear description and explanation of the application of skills, qualities and characteristics in different roles and provide real life examples of the effective use of the leadership skills.</p> <p>A conclusion discussing, explaining, analysing and evaluating the impact of skills, qualities and characteristics of your different sports leadership.</p>