

Protect Our Seas!

Imagine this. Vibrant colours and distinct patterns of tropical fish, darting between rocks, creating a constantly evolving, spectacular display. Luminous fish weaving through intricately shaped corals, sponges and seaweed.



And now, imagine this. Dead fish. Dead corals. No seaweed. No vibrant colours. Only plastic waste. Now which one would you prefer?

Surely, the first one. However, if we aren't bothered to pick up our waste and put it into the bin, how are we meant to keep the vibrant fish, and the sponges, and the intricately shaped corals alive? We need to act immediately.

Knowing that there are such amazing places left on our planet that aren't yet completely ruined by humans, has made us more determined than ever to do everything in our power to protect them.

I've seen plenty of rubbish on land and I'm sure you have too. There are roads, parks, beaches and all sorts of places that are strewn with litter. You don't have to put in massive effort: just replace plastic with another re-usable material.

We don't yet know how dangerous these are to fish and other marine life, and ultimately us, but we do know that it is going to cause industrial and plastic pollution. The next large mammals affected would ultimately be us.

We don't have to travel to the Caribbean, the Arctic, or the infamous Great Pacific Garbage Patch to see evidence of how plastic is polluting our planet. We can see it any time we go for a walk near our homes or work. We use way too much plastic, and we need to put an end to it. And because it lasts for hundreds of years, the problem is building up daily. Not just building up but building up rapidly.

Yet, plastic pollution is a relatively recent phenomenon. Twenty years ago, you wouldn't expect to find plastic litter every time you went somewhere. Today's children are growing up seeing plastic in nature as normal, in a way that most adults never had to.

When plastic gets into the sea it causes havoc for marine birds and wildlife; entangling, choking or starving them, as it fills their stomachs leaving no room for real nutrition. Imagine if we were eating plastic, what would happen to us?



Whilst the suffering happens at sea, the problem starts on land, with us and our everyday actions. So, the solutions lie with us too and a shift in thinking, leading us to make better everyday choices.

Single-use plastic is convenient in the short term but it's not logical to use a material designed to last forever for a product designed to be used once. Do we want to continue prioritising how to make our life easier by buying a single-use plastic, or do we want to look around us and make a change for us and our animal friends? If we are going to have any chance of saving the beautiful natural places still left, for the sake of our survival as well as our enjoyment, we have got to stem the flow of plastic pollution.

And the only way to do this is to tackle it at source. We can turn off the plastic production tap, by reducing demand through learning to live with less plastic. Remember, small changes can make big differences.

Let's not deny the fact that the clock is ticking for every one of us and we need to act. So, let's do something important, something that really matters with our limited time. Let's leave a more positive legacy and a beautiful world for us and the next generation to inherit.

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